



Parallel Paths, Common Goal: Competences and professional development of classroom teachers and physical education teachers in tandem teaching

**PhD Snezana Jovanova-Mitkovska
Faculty of Educational Sciences
University Goce Delchev, Stip**



One day with a great teacher is better than a thousand days of worthwhile alone learning!

Japanese proverb

Who Is a Teacher?



Heart of Education



Knowledge Sharers



Character Builders



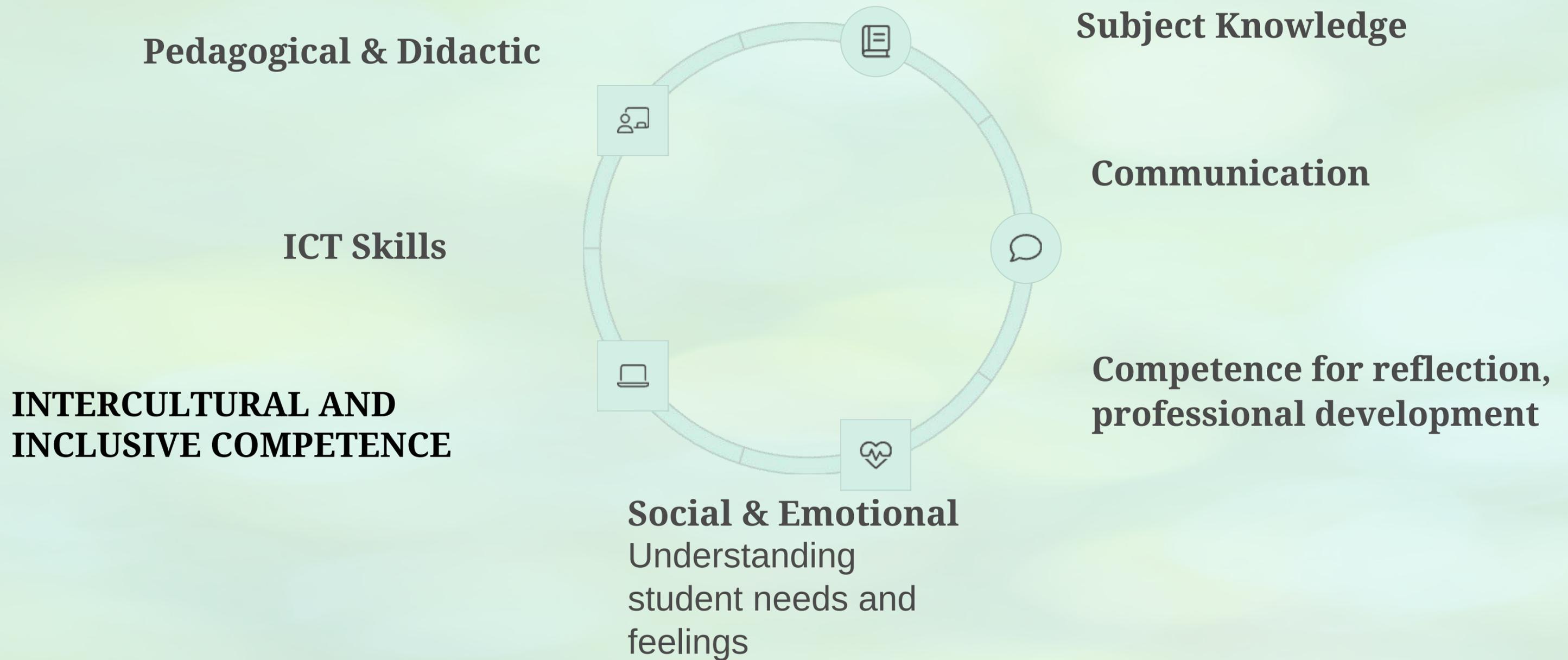
Essential Teacher Qualities

Personal Traits

Professional Skills



Key Teacher Competencies



Modern Educational Trends

Personalized Learning

Tailoring education to individual student needs and learning styles.

Digitalization

Integrating technology into all aspects of teaching and learning.

STEAM Approach

Combining science, technology, engineering, arts, and mathematics.

Application of new educational concept, new approaches



New approaches, new concept

Constructivism

Play-based Learning

Inclusive education

Active learning.

Reflective pedagogy

Playdagogy.

Physical Activity Integration, Co- teaching

Recognizing movement's role in cognitive and emotional development.



What Is Co-Teaching?



Co-teaching brings together classroom teachers and physical education specialists to jointly plan, teach, and evaluate lessons for the same group of students.



Co-Teaching Models

Team Teaching

Parallel Teaching

Supportive Teaching

Alternative Teaching

Competencies for Classroom Teachers

Pedagogical Skills



Didactic Skills



Physical Activity Integration



Competencies for Physical Education Teachers



Motor & Sports Skills



Health Knowledge



Communication Skills

Safety & Inclusivity



Common professional competencies of the PE teacher and the classroom teacher

Collaboration – Joint lesson planning and execution, exchange of experiences, flexibility in work styles.

Joint planning – Aligning activities with the curriculum, integrating physical activity, clearly defined roles

Effective communication – Openness, sharing feedback, constructive conflict resolution

Support and trust – Mutual support, confidence in each other's expertise, shared responsibility for student outcomes.





Common goal-Comprehensive student development through high-quality, safe, and motivating physical education.

- Promoting a healthy and active lifestyle

Developing students' motor and social skills

- Creating an inclusive and safe environment for physical activity

- Encouraging self-confidence, teamwork, and responsibility

Integrating physical activity into the broader educational context • Ensuring continuity and alignment between the educational objectives of both teaching roles

Professional Development for Co-Teaching Success



Initial Education

Foundation of teaching competencies from university programs.



Collaborative Training

Joint workshops for classroom and PE teachers to develop co-teaching skills.



Online Learning

Webinars, courses, and professional communities for continuous growth.



Ongoing Practice

Regular reflection and improvement of co-teaching methods.

Continuous professional development is essential for both classroom and PE teachers to enhance their co-teaching effectiveness.

"Although our paths in teaching may differ, our goal remains the same—the holistic development of the student. Only through collaboration, continuous learning, and sharing experiences can we create an inspiring and meaningful educational environment."

THANK

YOU

FOR

YOUR

ATTENTION