



BOOK OF ABSTRACTS

From:

14th Annual International Conference

- **Chapter:** Architecture and Spatial Planning
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Edited by
Edmond Hajrizi

October, 2025

Conference Book of Abstract

International Conference

Pristina, 24-26 October 2025

ISBN- 978-9951-982-41-2

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International Conference on Business, Technology and Innovation

Pristina, Kosovo 24-26 October 2025

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The most frequent subjective complaints of pregnant women regarding their periodontal health

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Abstract. The periodontal status is one of the most important segments of oral health during pregnancy. Based on the possible connection between pregnancy and periodontal health, as well as the large number of complaints by pregnant women about their periodontal health, the main goal of this investigation was set - to assess the subjective complaints related to periodontal conditions among pregnant women. To fulfill the goal of the research, an anonymous survey on 40 pregnant women was conducted. Based on the processed data, most of the subjects complained of gum-bleeding during brushing teeth and fetor ex ore, as well as dental hypersensitivity. More than half pregnant women with gingival bleeding during brushing is a worrying factor, considering that the subjects belong to the relatively young population. This further highlights the importance of planning, creating and implementing an appropriate preventive program and education of pregnant women to improve their oral health.

Keywords: pregnancy, periodontal health, pregnancy gingivitis, gingival health