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Abstract Book





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**29th Congress of the
BALKAN STOMATOLOGICAL SOCIETY**

ABSTRACT BOOK

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Session:
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MULTIDISCIPLINARY APPROACH TO SMILE RECONSTRUCTION: ADDRESSING AESTHETIC AND FUNCTIONAL NEEDS

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Objective: This case report illustrates a comprehensive, multidisciplinary approach to smile reconstruction in a young adult female patient. It showcases how a combination of conservative treatments, guided surgery, implants, and prosthetics can address both aesthetic concerns and functional needs.

Case Report: A 24-year-old female patient presented with a pronounced gummy smile, damaged teeth, and a loss of vertical dimension, all of which were impacting both her aesthetic appearance and functional oral health.

The treatment plan was executed in phases, beginning with conservative treatments. The first phase included dental fillings and endodontic therapy. To ensure structural stability and durability, post-endodontic builds were completed using fiber posts, which provided reinforcement and ensured long-term tooth stability.

The second phase involved a guided surgical procedure to correct her gummy smile, while in the third phase, three dental implants were placed in the posterior regions to restore lost vertical dimension and provide functional support. These implants played a crucial role in re-establishing the proper bite and improving the patient's ability to chew.

The final phase involved the placement of cut-back zirconia crowns, which offered both a natural aesthetic appearance and the durability needed for long-term function.

Conclusion: This case highlights the significance of a multidisciplinary approach to smile reconstruction, particularly in younger patients facing complex aesthetic and functional issues. The approach demonstrates the potential for successful, long-lasting outcomes in complex dental reconstructions, offering a high standard of care to patients seeking comprehensive smile rehabilitation.

Keywords: multidisciplinary approach, smile reconstruction, functional rehabilitation