Left atrial mass

Salzburg Weill Cornell Seminar in Anesthesiology and Intensive Care - 2024

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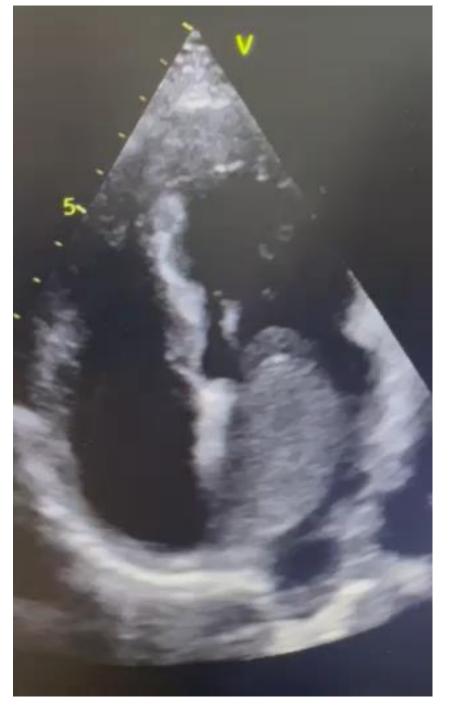
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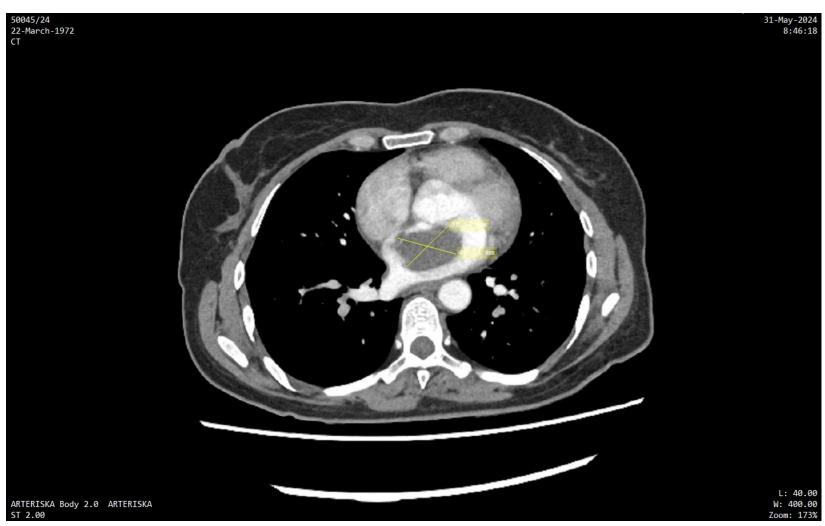
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Patient history

- 52 year old female with symptoms of persistent fatigue, dyspnea and cough in the last 9 months
- •PMH: Hypertension (tabl. Lisinopril 10 mg 1x1)
- •Pre admission work-up:
- •Labs \downarrow Hgb 103 g/L, the rest normal
- •Contrast CT: The heart is of normal size without pericardial effusion, but there is a large, clearly limited and hypodense defect in opacification of the left atrium, 4x4 cm in the axial plane.
- •Cardio exam: on TTE noted left atrial mass that takes up ¾ of the LA





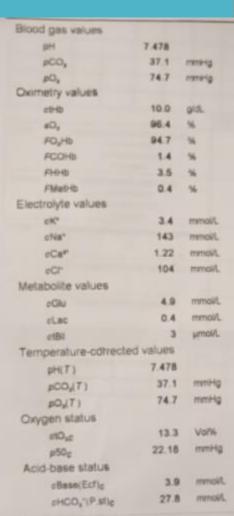
Indication for operation

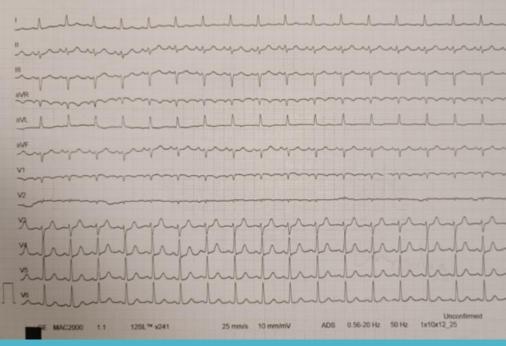
•In the left atrium there is a spherical mass with an area of 13 cm², attached to the basal third of the interatrial septum, which fills 3/4 of the left atrium, is mobile and prolapses through the mitral valve in diastole and compromises the filling of the left ventricle

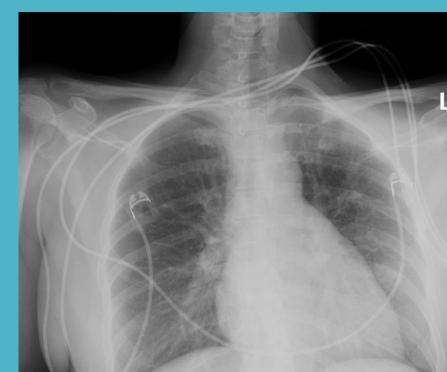
- •DDg: thrombus, tumor
- Patient was admitted for cardiosurgery treatment

Preoperative assessment

- History (HTN)
- •Physical examination, Vitals
- •Labs (HGB 100 g/L, RBCs 3.67 10^12/L)
- Blood type and order
- Microbiologic investigations
- •ECG (no abnormal findings)
- Echocardiogram (LA mass, EF=59%)
- Carotid ultrasound
- •CXR
- •ABG
- •ACT (168s)
- Airway assessment (Mallampati 2)







Anesthetic approach

- Premedication (tabl. Diazepam 5 mg)
- •Invasive blood pressure line radial artery
- •Induction (Midazolam, Fentanyl, Ketamine, Etomidate, Rocuronium), 7.5 ETT
- •CVC internal jugular vein
- •Maintenance inhalational anesthetic Sevoflurane, opioide analgesic Fentanyl and muscle relaxant Rocuronium, Propofol for sedation during CPB
- Antifibrinolityc agent Tranexamic acid
- •During CPB administered 750 ml RBCs
- •Intraoperative TEE
- •Operation: Left atrial tumor extirpation & Interatiral septum reconstruction with xenopericardial patch

Post-op

- •0 day transfer to ICU, minimal catecholamine support, ABGs, sedation stopped after 4 hours, extubation after 8 hours, CXR no complications, drainage 160 ml
- •2 day transfer to ward
- •3 day atrial arrhythmia, amiodarone added
- •4 day control TTE bill pleural effusions, placed pleurocath on the left side
- •5 day discharge
- •HPE & IHC CARDIAC MYXOMA
- •1 week after discharge right minimal pleural effusion



CARDIAC MYXOMA - DISCUSSION











Most common primary tumor of the heart – but differential diagnostic challenge Complications arrhythmias,
intracardiac flow
obstruction, embolic
phenomena
(stroke/TIA or
embolization to other
organs, such as
kidneys, spleen, aortic
bifurcation, and the
lower extremities)

May mimic other
valvular
abnormalities, such
as mitral
regurgitation,
pulmonary embolism,
tricuspid stenosis and
tricuspid
regurgitation

Definitive confirmation – pathology

THANK YOU

Current challenges in the diagnosis and treatment of cardiac myxoma. Samanidis G, Khoury M, Balanika M, Perrea DN. *Kardiol Pol.* 2020;78:269–277. Cardiac myxomas: a narrative review. Islam AK. *World J Cardiol*. 2022;14:206–219.