Medication Adherence in Kosovo - A Comprehensive Survey Study

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Medication adherence, as defined by the World Health Organization, refers to how well an individual's behavior aligns with prescribed health recommendations. This is a crucial element for achieving effective healthcare outcomes. Despite its importance, there is limited research on medication adherence within Kosovo's healthcare system. Our study aims to fill this gap by conducting a thorough survey on medication adherence involving both healthcare professionals and patients.

The study involves creating questionnaires and conducting a survey designed to capture insights into medication adherence behaviors among these two groups. The survey is available in both paper and online formats to encourage broad participation and inclusivity. Our goal is to gather data on current practices, challenges, and perceptions regarding medication adherence in Kosovo.

By involving both healthcare professionals and patients, this study seeks to provide a comprehensive understanding of the factors influencing medication adherence in Kosovo. The findings will not only add to the existing knowledge but also serve as a foundation for designing targeted interventions to improve healthcare outcomes in the region.

The study is still ongoing, but we anticipate identifying specific practical barriers to medication adherence, suitable interventions, and the most effective and cost-efficient methods for detecting adherence and non-adherence. Future recommendations to enhance medication adherence will be based on a robust theoretical framework and the final survey results.

Keywords: health benefits, medication adherence, healthcare professionals, patients, survey.