## APPLICATIONS AND MERITS OF CONSCIOUS SEDATION IN ADULT AND GERIATRIC DENTISTRY

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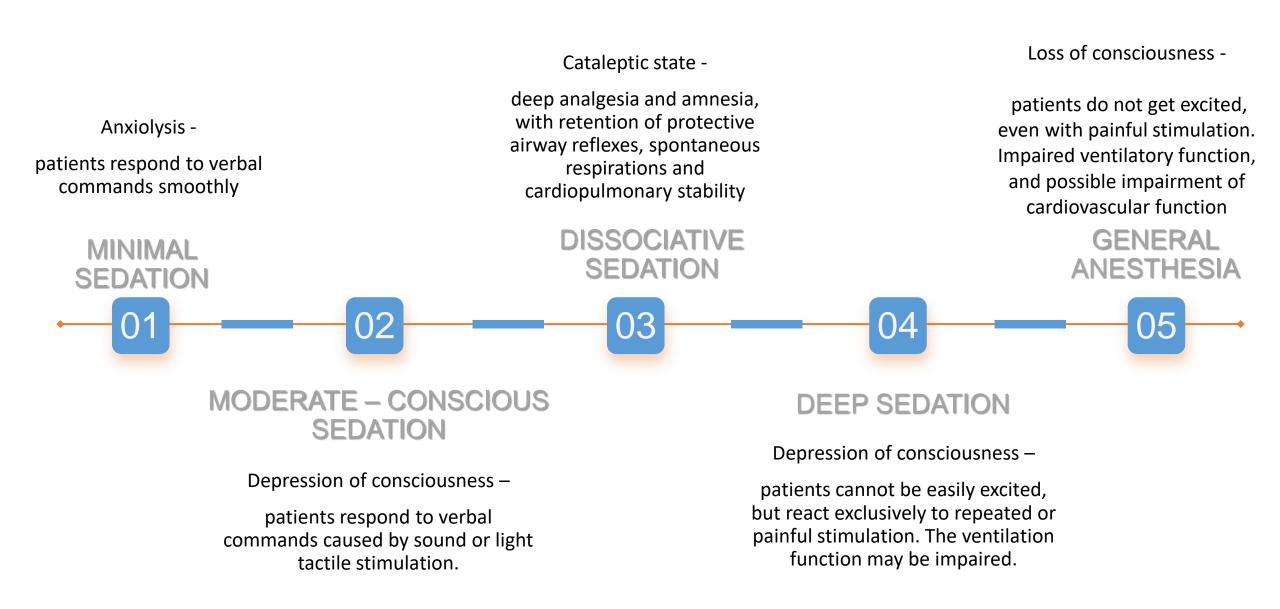
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### What are the levels of sedation?



#### NATIONAL PATIENT SAFETY AGENCY RAPID RESPONSE REPORT 2018

	Adults				Elderly			
	Loading	Titration	Time to reach a dose of		Loading	Titration	Time to reach a dose of	
			5 mg	10 mg			2 mg	5 mg
Singapore General Hospital policy	0.5–2 mg over 2 minutes	1 mg/5 minutes to effect	17 minutes	42 minutes	0.5–1 mg over 2 minutes	0.5 mg/5 minutes to effect	12 minutes	42 minutes
South African guideline	0.05–0.1 mg/kg (maximum 2 mg) every 10 minutes or when maximum recommended dose of 3 mg is reached		N.A. Maximum recommended dose is 3 mg		Not specified		10 minutes	N.A.
Craig and Boyle	2 mg over 30 seconds, wait 90 seconds	1 mg/30 seconds to effect	3.5 minutes	6 minutes	1 mg over 30 seconds, wait 4 minutes	0.5 mg/2 minutes to effect	8.5 minutes	20.5 minutes
NICE	2–2.5 mg at a rate of 2 mg/minute	Add 1 mg slowly to effect	At least 3.5 minutes	N.A. Maximum dose 7.5 mg	0.5–1 mg at a rate of 2 mg/minute	Add 0.5–1 mg slowly to effect	At least 2 minutes	N.A. Maximum dose 3.5 mg
Medscape	0.5–1 mg (maximum 2.5 mg) over 2 minutes	Repeat dose every 2–3 minutes to effect	At least 6 minutes	At least 14 minutes	1–1.5 mg in 2 minutes	Repeat 1 mg every 2–3 minutes to effect	At least 4 minutes	

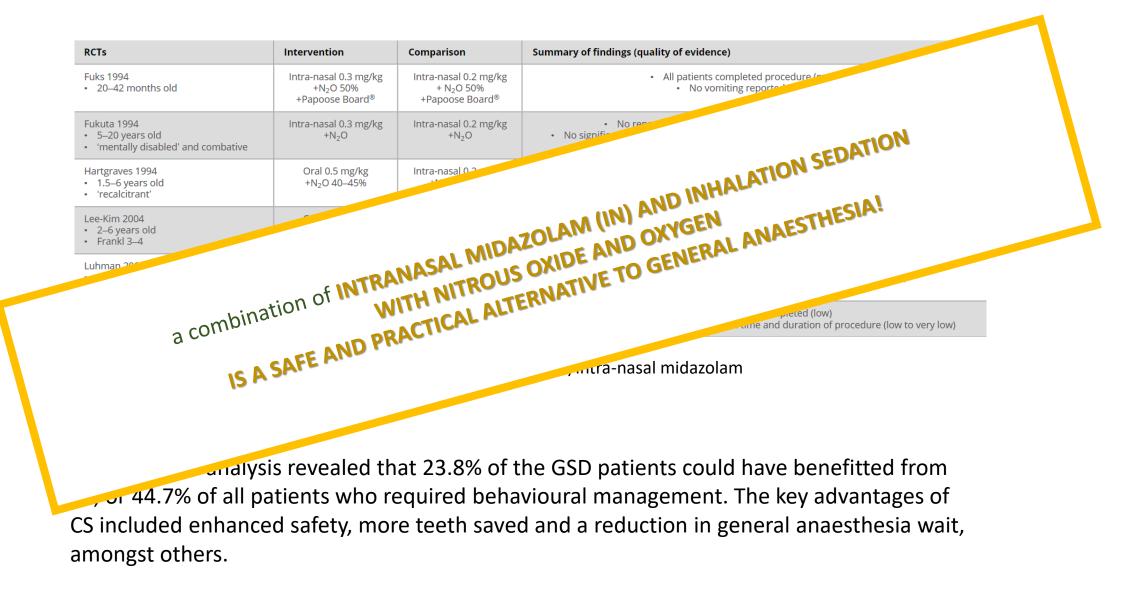
Table 1. Comparison of administration of midazolam for conscious sedation

Craig D, Boyle C. Practical conscious sedation. 2nd ed. London: Quintessence Publishing Co. Ltd, 2017, p.134.

Anaesthesia and Surgical Intensive Care Department, Singapore General Hospital. Sedation for diagnostic and therapeutic procedures by non-anaesthetist. Publication no. MB-COP-016, 29 May 2017.

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Medscape. Midazolam – dosing and uses, https://reference.medscape.com/drug/versed-midazolam-342907 (2018, accessed 11 November 2018).



Alberta Dental Association and College. Standard of practice: use of sedation in non-hospital dental practice, <u>www.dentalhealthalberta.ca/index/Sites-Management/FileDownload/DataDownload/10027/Standard-of-Practice-Use-of-Sedation-in-Non-Hospital-Dental-Practice P/pdf/1/1033</u> (11 November 2018).

Lim GXD, Boyle CA. Conscious sedation service for geriatric and special-care dentistry: A health policy brief. *Proceedings of Singapore Healthcare*. 2020;29(2):126-138. doi:10.1177/2010105820903762

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9<sup>th</sup> – 11<sup>th</sup> november / 2023

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