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27th Congress of the **Balkan Stomatological Society (BaSS)**

“ Past, Present and Future of Dental Implants and Gerodontology ”

November 9-11, 2023
Istanbul Atlas University
Istanbul, Türkiye



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ISTANBUL ATLAS UNIVERSITY
Atlas Vadi Kampüsü ,
Anadolu Caddesi
No:40 Kağıthane
Istanbul - TÜRKİYE
www.atlas.edu.tr



ORGANIZATION SECRETARIAT
Topkon Congress & Event Management (PCO)
Zuhtupasa Mah. Rifatbey Sok. No:24
34724 Kalamis-Kadıkoy-Istanbul / TÜRKİYE
Phone: +90 216 330 90 20 (pbx)
Fax: +90 216 330 90 05
E-mail: bass2023@topkon.com



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Diagnostic dilemmas in the most common oral lesions and diseases

Vera Radojkova Nikolovska¹, Bruno Nikolovski², Biljana Dzipunova¹, Natasa Toseska Spasova¹, Spiro Spasovski¹

¹Faculty of dentistry, Ss. Cyril and Methodius University, Skopje, North Macedonia

²Faculty of medical sciences, Goce Delcev University, Stip, North Macedonia

Objectives: The diagnosis and treatment of lesions of the oral cavity are an integral part of oral health care, hence the early detection and treatment of these lesions will greatly improve the quality of life of patients and the survival rate in cases of oral cancers.

Aim: To present the most common oral changes and lesions, their clinical characteristics and differential diagnostic possibilities, in order to avoid mistakes and ensure an accurate diagnosis.

Methods: research was done exploring specialized databases PubMed, MEDLINE, EBSCO, Science Direct, and Scopus for the period 2010-2023, by use of MeSH terms: pigmented oral lesions, diffuse and bilateral pigmented lesions, focal pigmented lesions, differential diagnosis.

Results: The most common oral manifestations were categorized in groups as follows: localized (intravascular, extravasated blood, melanocytic, tattoo) and generalized (hereditary, with systemic diseases, physiologic and medications associated).

Conclusions: In order to minimize wrong diagnoses and achieve more accurate ones, it is necessary to consider the main complaints of patients, medical and dental history, and clinical manifestation, not excluding paraclinical examinations. Laboratory tests, and in many cases histopathological examination, which is known as the gold standard in the diagnosis of oral pathology, are used to confirm the clinical diagnosis.

Keywords: oral cavity lesions, pigmented lesions, differential diagnosis