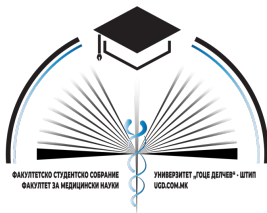




Molecular Bioinformatic Analyses for Systematic Reviews on Polyphenols and Cardiometabolic Health

Systematic reviews and Molecular meta-analyses

Prof. Tatjana Ruskovska



Systematic Reviews



SEARCH FOR PAPERS THAT HAVE
ALREADY BEEN PUBLISHED
PREPARE A NARRATIVE REVIEW



POSSIBILITY TO EXTRACT RELEVANT
EXPERIMENTAL DATA



CONDUCTING INTEGRATIVE
BIOINFORMATIC ANALYSES OF THE
EXTRACTED DATA
PREPARE A MOLECULAR META
ANALYSIS

Strategy

Keywords



Literature searches performed on PubMed and Web of Science



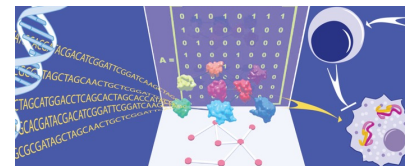
Screening of selected papers



Data extraction



Preparation of Template for the data extraction



Data integration

1. What is known about the molecular mechanisms of action of flavanols, in terms of gene regulation, in cellular models relevant to cardiometabolic diseases

 Food &
Function



PAPER

[View Article Online](#)
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Systematic bioinformatic analysis of nutrigenomic data of flavanols in cell models of cardiometabolic disease†

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Flavanol intake positively influences several cardiometabolic risk factors in humans. However, the specific

Why are these analyses important?

- To identify **MOLECULAR MECHANISMS OF ACTION** of polyphenols and cardiometabolic health.
- To identify **THE KEY MOLECULAR PLAYERS** on polyphenols and cardiometabolic health.

2. What is known about the nutrigenomic effects of polyphenols related to cardiometabolic health in humans



Article

Systematic Bioinformatic Analyses of Nutrigenomic Modifications by Polyphenols Associated with Cardiometabolic Health in Humans—Evidence from Targeted Nutrigenomic Studies

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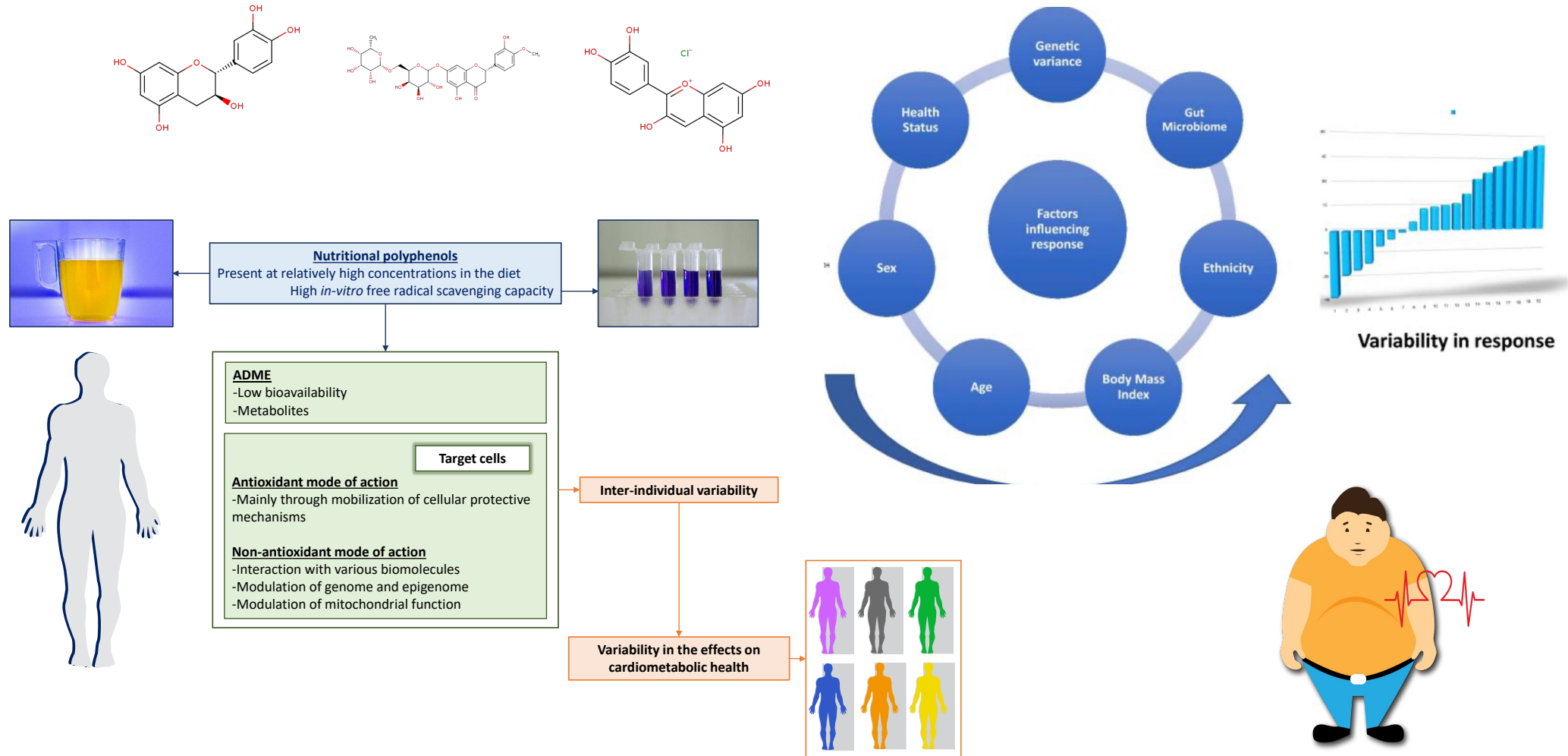


Systematic analysis of nutrigenomic effects of polyphenols related to cardiometabolic health in humans – Evidence from untargeted mRNA and miRNA studies

Tatjana Ruskovska ^a, Irena Budić-Leto ^b, Karla Fabiola Corral-Jara ^c, Vladimir Ajdžanović ^d, Anna Arola-Arnal ^e, Francisca Isabel Bravo ^e, Georgia-Eirini Deligiannidou ^f, Jaroslav Havlik ^g, Milkica Janeva ^a, Elena Kistanova ^h, Christos Kontogiorgis ^f, Irena Krga ^{c,i}, Marika Massaro ^j, Marko Miler ^d, Hicham Harnafi ^k, Verica Milosevic ^d, Christine Morand ^c, Egeria Scoditti ^l, Manuel Suárez ^e, David Vauzour ^{l,1}, Dragan Milenkovic ^{c,m,*†,1}

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(Poly)phenols and Cardiometabolic Health – Inter-individual Variabilities



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- Irena Budic-Leto
- Filip Postolov

COST POSITIVE





Thank you for your attention!

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