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Patients' knowledge and satisfaction with porcelain veneers concerning soft tissue alteration

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Objective: The need for treatment of unaesthetic front teeth is constantly increasing. In such situations today, the use of conservative and aesthetic treatments, such as direct and indirect porcelain veneers, is increasingly preferred. The aim of this study was to evaluate a patient's knowledge and satisfaction with porcelain veneers concerning soft tissue alteration.

Materials-Methods: A survey and clinical examination was carried out on a total of 30 patients after placement of porcelain veneers. All subjects were clinically examined and filled out a specially made questionnaire consisting of questions related to aesthetics, satisfaction and oral hygiene maintaining. Clinical examination included color change, change in taste, gum hyperplasia and pain. The data analyses were based on the respondents in the questionnaires and clinical findings and were calculated using Statistical software SPSS for Windows version 23.

Results: From the total number of patients, 70% were females and 30% were males. 50% of the respondents were from 22 – 35 years old, 43,3% were from 36 – 50 years old and 6,7% were 51 years and more. According to their education level, 73,4% had or were in process of getting faculty degree and 13,3% were with high school and more than faculty degree respectively. 93,3% of the respondents didn't have any health problems and only 33,3% declined as non-smokers. 73,3% of patients brush two times a day, 16,7% more than two times and 10% once a day. 90% of the patients were satisfied with aesthetics. The most common problems were gum hyperplasia (43,3%), color change (53,3%), change in taste (30%) and pain (40%).

Conclusion: Our study showed better awareness and dental hygiene in females and satisfactory level of awareness and satisfaction with porcelain veneers. Patients who are fully familiar with the treatment, with the possible side effects as well as the importance of regular and proper oral hygiene maintenance, show a higher degree of satisfaction with the porcelain veneers.

Keywords: porcelain veneers, satisfaction, soft tissue alteration

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