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21. KONGRES STOMATOLOGA SRBIJE

STOMATOLOŠKA KOMORA SRBIJE





20. Kongres stomatologa Srbije

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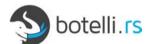


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21. KONGRES STOMATOLOGA SRBIJE

20-21. oktobar 2022.



EP22	Milos Lazarevic, Milica Jaksic Karisik, Dijana Mitic, Maja Milosevic Markovic, Uros Tomic, Jelena Milasin	76
EP23	PROCENA VELIČINE I OBLIKA GORNJIH PREDNJIH ZUBA U ODNOSU NA ZLATNU PROPORCIJU KOD SRPSKOG STANOVNIŠTVA Perić Mirjana, Juloski Jovana, Teofilović Katarina, Jovanović Dragana, Rade Živković	
EP24	PRIMENA TWIN BLOK-A Ragaj M., Kukolj I., Stojanović Lj., Ivanović T., Ivanović D., Milosavljević V	79
EP25	UTICAJ MENOPAUZE NA STANJE PARODONTALNIH TKIVA KOD ŽENA Nataša Pejčić, Ksenija Zelić Mihajlović, Ivana Ilić Dimitrijević, Neda Perunović, Mia Rakić, Boris Đuran, Vanja Petrović	80
EP26	INFLUENCE OF PROGESTERONE ON GINGIVAL HEALTH IN PUBERTY GIRLS Radojkova Nikolovska Vera, Toseska Spasova Natasa, Dzipunova Biljana, Nikolovsk Bruno, Stojanovska Vera	
EP27	FAMILY-RELATED MAXILLARY DEFICIENCY ACCOMPANIED BY DELAYED PERMANENT DENTITION: A CASE REPORT Natasha Tosheska-Spasova, Biljana Dzipunova, Natasha Stavreva, Vera Radojkova-Nikolovska, Ljuba Simjanovska, Zoran Spasov	
EP28	DIREKTNI MEHANIZAM POVEZANOSTI PARODONTITISA I PREVREMENOG POROĐAJA – ANALIZA PRISUSTVA PARODONTOPATOGENIH BAKTERIJA Neda Perunović, Nataša Pejčić, Mia Rakić, Ksenija Zelić, Saša Čakić	85
EP29	INCIDENCA ORALNIH OBOLJENJA KOD GERIJATRIJSKIH PACIJENATA Sanja Popović, Ivan Minić	87
EP30	KOMPLIKACIJE OROFARINGEALNIH INFEKCIJA Saša Z. Tabaković	88
EP31	INFORMISANOST ŠKOLSKE DECE O ZNAČAJU ORALNE HIGIJENE I ISHRANE ZA ORALNO ZDRAVLJE Kurtanović Selma, Radojević Sanja, Rašić Milena, Đorđević Marija, Martinović Brankica	90
EP32	LASER VESTIBULOPLASTY AND CONVENTIONAL VESTIBULOPLASTY COMPARISON Sonja Rogoleva Gjurovski, Tome Piperevaliev, Verica Toneva Stojmenova, Bruno Nikolovski	92
EP33	ORTHODONTICS INDICATIONS FOR UTILIZATION OF 3D ANALYSIS DURING DIAGNOSIS, TREATMENT PLAN AND CASE MONITORING Daniela Srbinoska, Vesna Trpevska, Aneta Mijoska	94
EP34	CHRONIC DISEASES IN RELATION TO ORAL HEALTH AT GERIATRIC DENTURE WEARERS IN MACEDONIA Natasha Stavreva	95

21. KONGRES STOMATOLOGA SRBIJE

20-21. oktobar 2022.



EP32 LASER VESTIBULOPLASTY AND CONVENTIONAL VESTIBULOPLASTY COMPARISON

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In order to avoid the post - surgical complications and discomfort in patients treated with vestibuloplasty, new approaches have been implemented in solving the problems that occur in patients with massive atrophy of the mandible. Vestibuloplasty provides the necessary vestibular depth and can be performed with scalpel, electrocautery or laser. Many patients often end up with feeling pain and discomfort, despite the successful outcome of the intervention. Because of that, the laser performed vestibuloplasty has been considered to be far better option due to the minimal invasion in the tissue, less bleeding during the treatment and the reduced swelling. In this study were treated 24 patients with inadequate vestibular depth that required vestibuloplasty, divided in two groups each of 12 participants. First group was treated with the scalpel method, which involves incisions made in the musoca to separate the connective tissue from the muscle attachments. Scalpel surgery was performed as Clark's vestibuloplasty. The second group was treated with the laser method. We used diode laser to remove the muscle fibers and to expand the vestibule. Local anesthesia was administrated in the same way as the first group. The postoperative parameters such as pain and swelling were evaluated after 24, 48 hours and after 7 days. The success from the therapy and the absence of relapses were evaluated after 2 and 6 months. From the gathered results, it has been shown that patients treated with laser approach have had less post – surgical complications, such as less swelling only in 1 patient (8,3%), pain in two patients (16,6%); compared to the patients from the second group treated with classic scalpel technique symptoms have been more frequent, swelling (41,6%) and pain (83,3%) in the first 24 hours. After 24 hours in the laser group there were no pain and swelling registered in the patients (0%), compared to the scalpel group where pain and swell were found in 2 patients (16,6%). Also a better healing

21. KONGRES STOMATOLOGA SRBIJE



20-21. oktobar 2022.

of the operated tissue and faster recovery have been registered in the group of patients treated with laser, with only one relapse (8,3%) after 6 months, compared to the group treated with scalpel where the relapses were found in 5 patients (41,6%) from the total number of 12 participants in the group. From this study we can conclude that when it comes to vestibuloplasty, laser treatment has been proved to be a better option and ensure better treatment success compared to the conventional approach, leaving better healing outcomes and less complications such as pain and swelling after the treatment. Therefore the laser treatment has shown that leaves less relapses compared to the conventional method.

Key words: vestibuloplasty, complications, laser treatment, postoperative parameters, scalpel metho

Conflict of Interest: None declared.