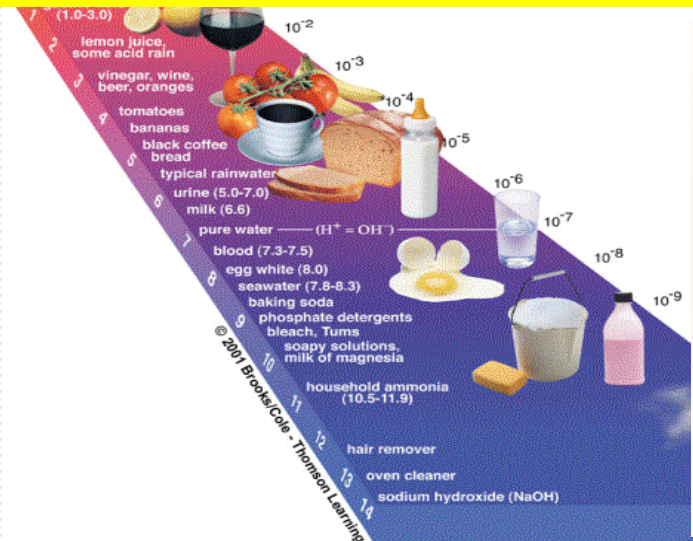




Substance	pH
Battery acid	0.5
Carbolic acid	1.0-12.0
Common acids	2.0
Coke	3.0
Orange	3.5
Orange or apple juice	3.5
Beer	4.0
Acid rain	4.5-6.0
Coffee	5.0
Tear or healthy skin	5.5
Milk	6.5
Pure water	7.0
Healthy human saliva	6.5-7.5
Blood	7.3-7.4
Sea water	8.0
Hard soap	9.0-10.0
Household ammonia	10.5
Bleach	11.5
Household lye	13.5

Courtesy of Wikipedia

Acids, Bases, and pH of water solutions

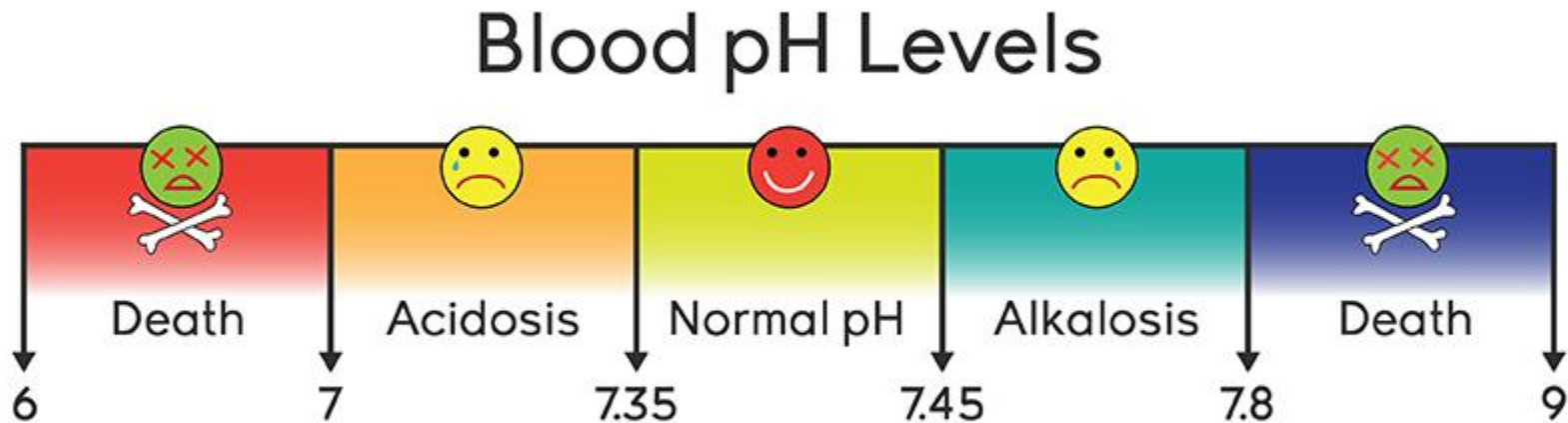


We learned previously that 400 billions reactions take place in one second in our organisms....

→many of these reactions MUST TAKE place in strict composition of solutions.

→For example, the food must be decomposed in Conditions of STRONG ACIDITY in the stomach

→reactions in blood take place in almost so-called NEUTRAL conditions...



Arrhenius –theory of acids and bases

Arrhenius, Svante August

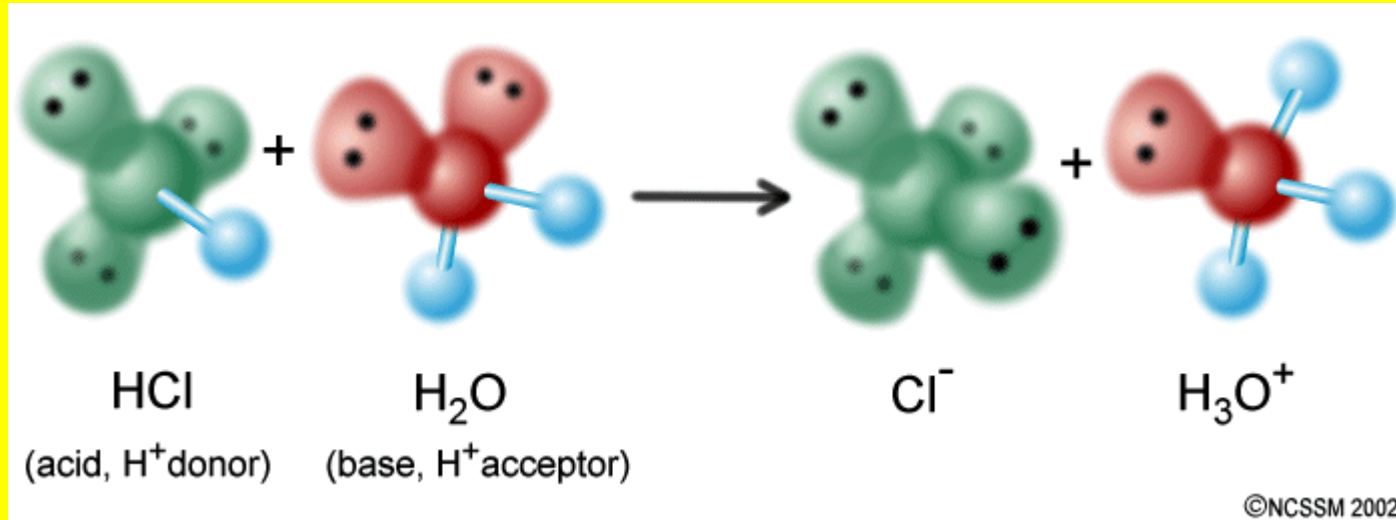
Acid—a substance that is a DONOR of protons or H^+ ions



Base – a substance that is a DONOR of hydroxide OH^- ions

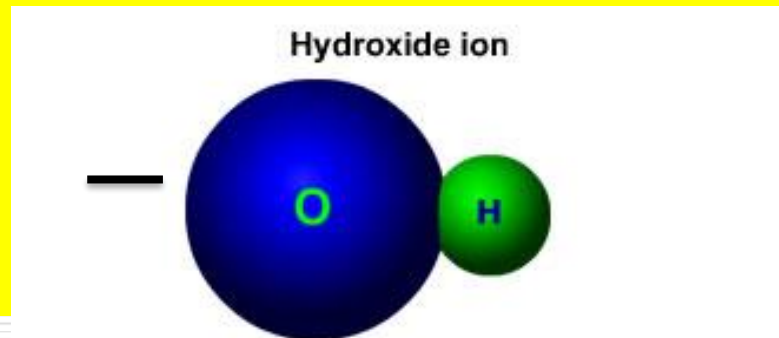


WE SHOULD BE AWARE THAT the "ACIDITY" of solutions Originates from the so-called "free" H^+ (or H_3O^+) proton ions



.....while

The "free" OH⁻ hydroxide ions contribute to the **alkalinity of water solutions**



A Hydroxide ion has a negative charge and is written OH⁻.

Definition: **STRONG ACIDS** are those acids that are COMPLETELY DISSOCIATED in WATER and give equivalent number of protons (H⁺ ions)

→ **STRONG BASES** are those acids that are COMPLETELY DISSOCIATED in WATER and give equivalent number of hydroxide OH⁻ ions

6 Strong Acids		6 Strong Bases	
HClO ₄	perchloric acid	LiOH	lithium hydroxide
HCl	hydrochloric acid	NaOH	sodium hydroxide
HBr	hydrobromic acid	KOH	potassium hydroxide
HI	hydroiodic acid	Ca(OH) ₂	calcium hydroxide
HNO ₃	nitric acid	Sr(OH) ₂	strontium hydroxide
H ₂ SO ₄	sulfuric acid	Ba(OH) ₂	barium hydroxide

This is the table of STRONG ACIDS and STRONG BASES..

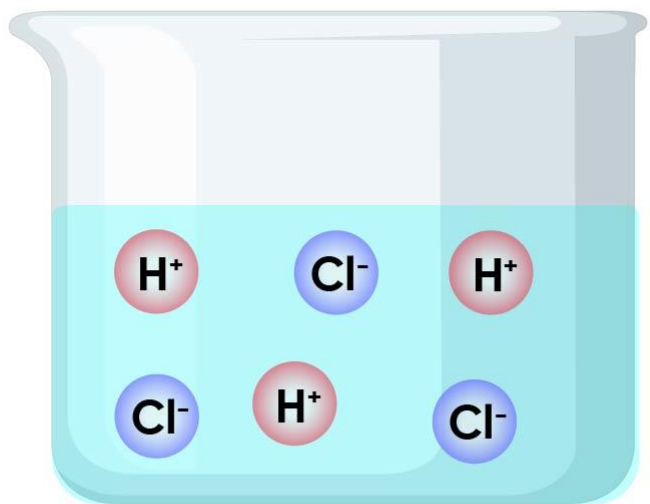
YOU MUST KNOW THE NAMES of these strong acids and strong bases!!!

DIFFERENCE between STRONG and WEAK ACIDS

teachoo

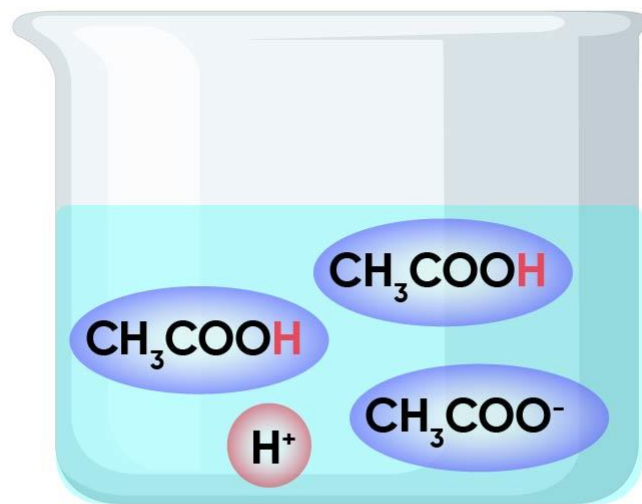
STRONG AND WEAK ACID

Strong Acid



HCl Strong Acid

Weak Acid

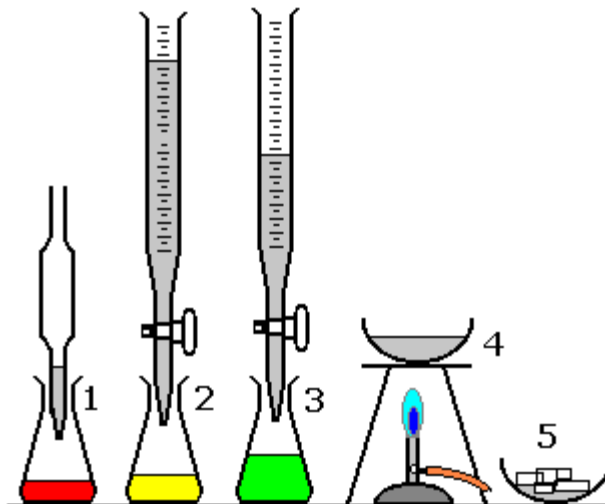


CH₃COOH Weak Acid

PROPERTIES OF SOME **STRONG ACIDS**

In reaction of **neutralization**, acids react with bases

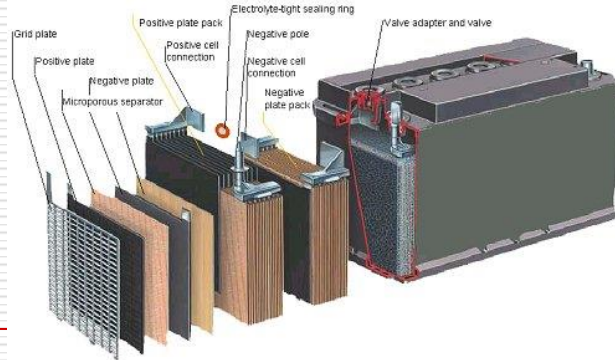
Acid + base ---> "salt" + water



Barbie Soap



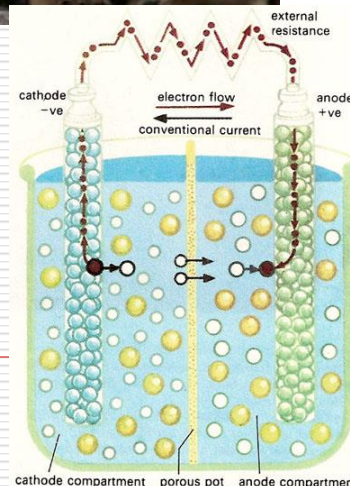
Sulfuric Acid



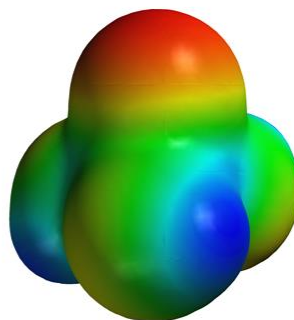
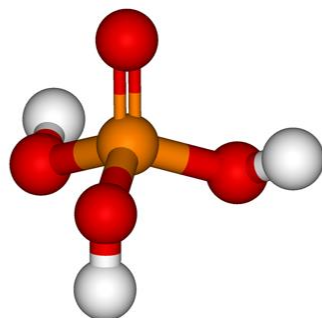
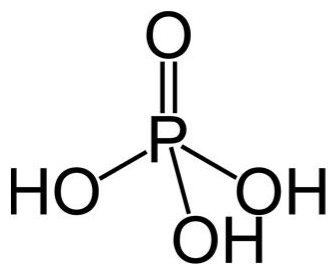
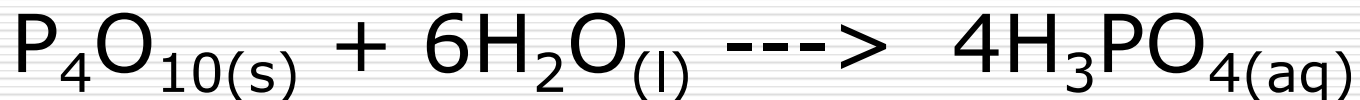
Attention: Very Dangerous!!!

When we want to dissolve concentrated sulfuric acid in water

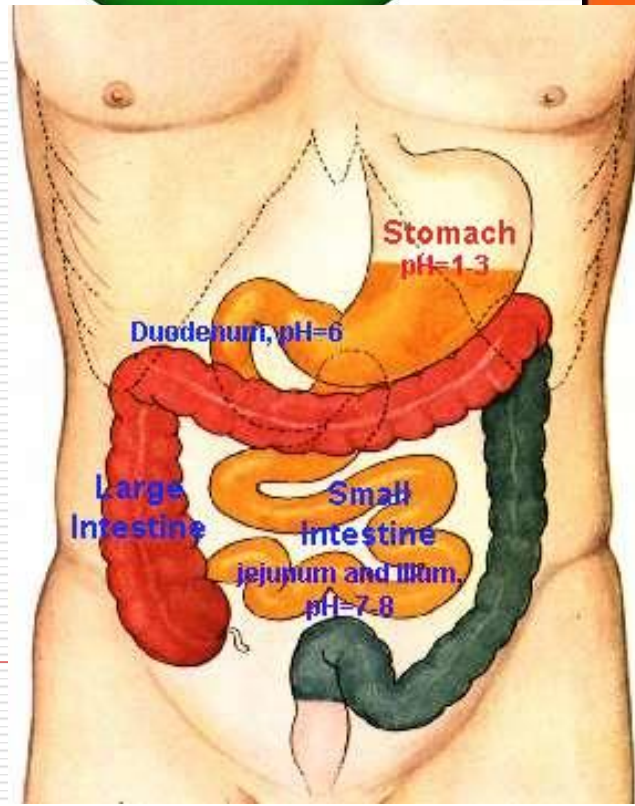
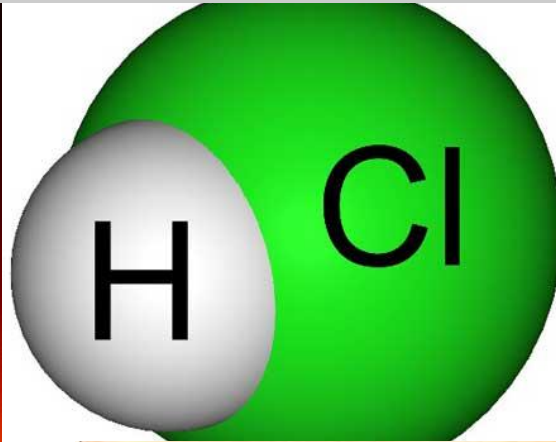
FIRST we PUT WATER and afterwards sulfuric acid in the container



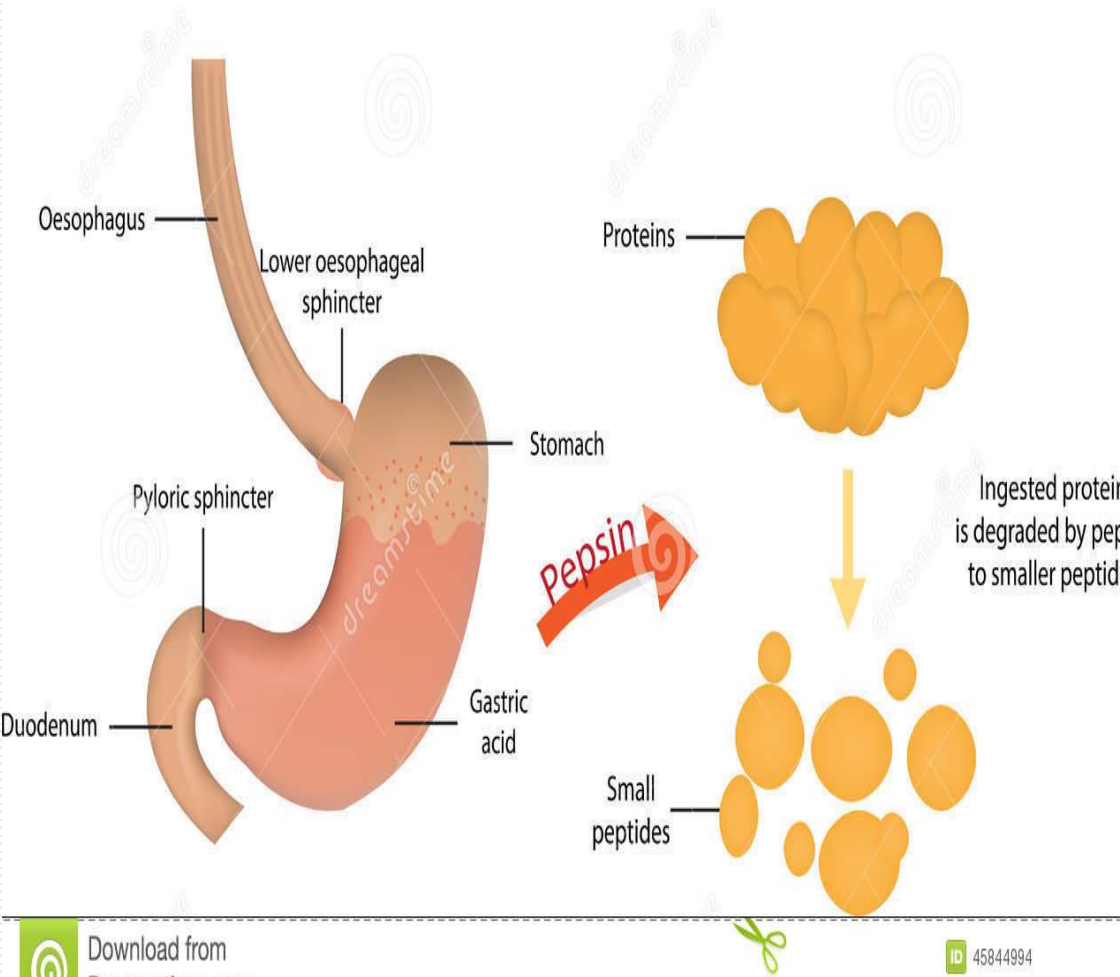
Phosphoric Acid---not very dangerous used in many cola-like beverages as a conservating substance



HCl-Hydrochloric Acid-very dangerous But VERY IMPORTANT



Digestion



Seven Important Functions of HCl In Stomach

1

Sterilizes the Food

2

Protein Digestion

3

Activating Pepsin

Activating Intrinsic
Factor

4

Stimulating the
Delivery of Bile and
Enzymes

5

Closing the
Esophageal
Sphincter

6

7

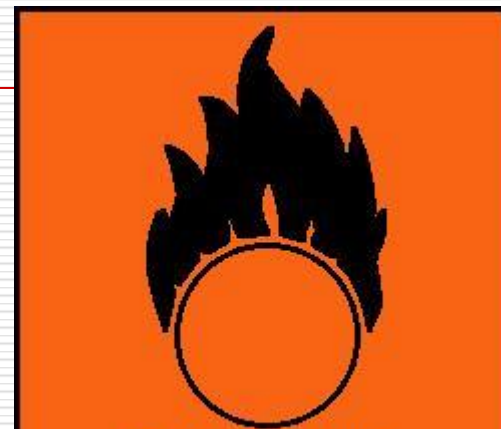
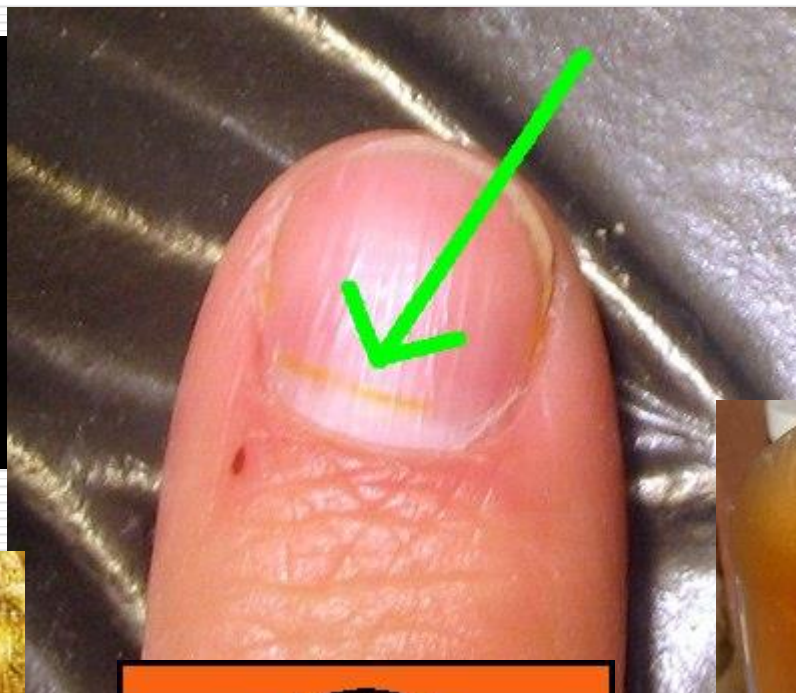
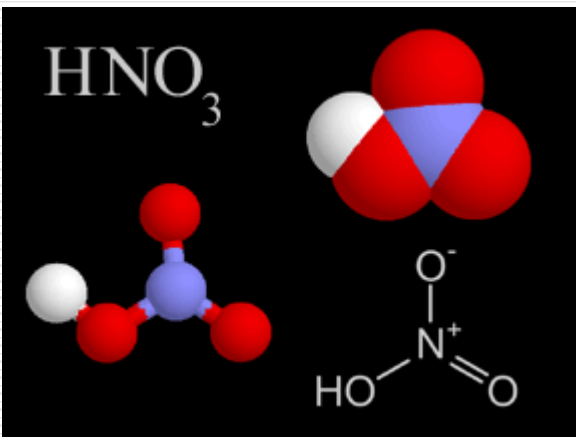
Opening the
Pyloric Sphincter



SYMPTOMS ASSOCIATED WITH LOW STOMACH ACID LEVELS

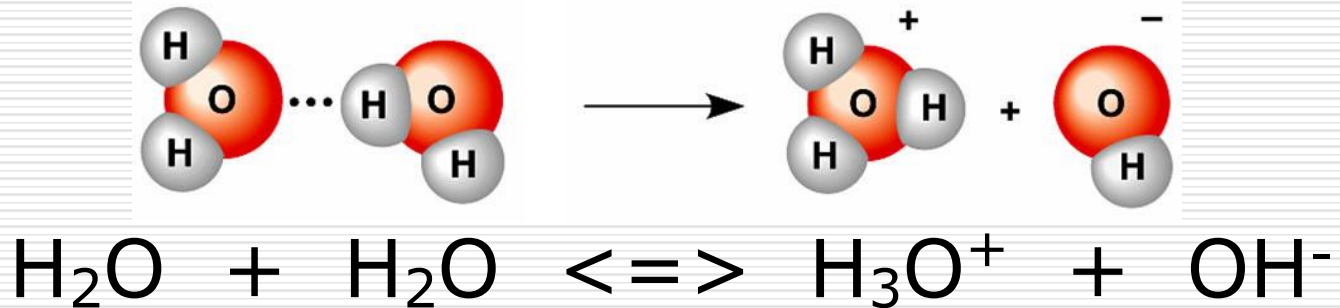
- Bloating
- Belching
- Flatulence (gas)
- Indigestion
- Diarrhea
- Constipation
- Chronic Fatigue
- Adrenal Fatigue
- Auto-Immunity
- Rectal Itching
- Candida
- Hair Loss in Women
- Heartburn
- Iron/B12 Deficiency
- Multiple Food Sensitivities
- Acne
- Weak, Peeling & Cracked Fingernails
- Allergies and/or Sensitivities
- Dry Skin/Dandruff

**NITRIC ACID-Highly dangerous acid and oxidizing agent!!!
It damages easily the skin very if in contact
It is harmful for the lungs**



Equilibrium in water and concept of pH

→ water is a very weak electrolyte, but it dissociates and gives equal amounts of H⁺ and OH⁻ ions



$$K = \frac{c[\text{H}_3\text{O}^+]c[\text{OH}^-]}{c^2[\text{H}_2\text{O}]}$$

$$\mathbf{K_w} = K c^2[\text{H}_2\text{O}] = c[\text{H}_3\text{O}^+] \times c[\text{OH}^-] =$$

$$\mathbf{= 1.0 \times 10^{-14} \text{ mol}^2\text{dm}^{-6}}$$

So, in PURE WATER, it holds that $[\text{H}_3\text{O}^+] = [\text{OH}^-]$

...и ако ова се замени во изразот претходен за K_w , добиваме дека

$$c[\text{H}_3\text{O}^+]c[\text{H}_3\text{O}^+] = K_w = 1.0 \times 10^{-14} \text{ mol}^2\text{dm}^{-6} \text{ or}$$

$$c^2[\text{H}_3\text{O}^+] = 1.0 \times 10^{-14} \text{ mol}^2\text{dm}^{-6}$$

Or $c[\text{H}_3\text{O}^+] = 1.0 \times 10^{-7} \text{ mol dm}^{-3}$

...if we make “ $-\log()$ ” operation from both sides of last equations, we get

$$-\log([\text{H}_3\text{O}^+]) = -\log(1.0 \times 10^{-7})$$

$$\text{pH} = -\log([\text{H}_3\text{O}^+]) = 7.00 \rightarrow \text{for pure water}$$

REMEMBER

$$K_w = [\text{H}_3\text{O}^+][\text{OH}^-] = 1.0 \times 10^{-14} \text{ mol}^2\text{dm}^{-6}$$

If we make $-\log$ from both sides of last equation, we get

$$-\log(K_w) = -\log[\text{H}_3\text{O}^+] - \log[\text{OH}^-]$$

If we define that: $-\log(K_w) = \text{p}K_w$; or $\text{p}K_w = -\log(10^{-14}) = 14$

...and if we define

$$\text{pH} = -\log[\text{H}_3\text{O}^+];$$
 while

$$\text{pOH} = -\log[\text{OH}^-];$$

$$\text{Remember that } \text{pH} + \text{pOH} = 14$$

1. if $\text{pH} = \text{pOH}$, neutral solutions; then, it holds that $c[\text{OH}^-] = c[\text{H}_3\text{O}^+]$

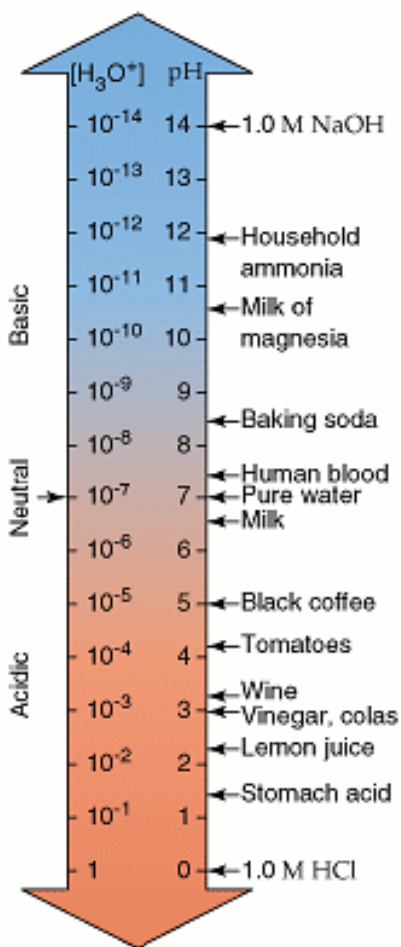
2. if $\text{pH} < \text{pOH}$ then $c[\text{H}_3\text{O}^+] > c[\text{OH}^-]$ and we have **ACIDIC MEDIUM**

3. if $\text{pH} > \text{pOH}$, then it holds that $c[\text{OH}^-] > c[\text{H}_3\text{O}^+]$ and we have **ALKALINE (basic) medium**

A SCALE of pH of water solutions →

→ REMEMBER these expressions for estimating of pH!!!!

pH Scale



$$[\text{H}^+][\text{OH}^-] = 1 \times 10^{-14}$$

$$\text{pH} + \text{pOH} = 14$$

$$\text{pH} = -\log[\text{H}^+]$$

$$[\text{H}^+] = \text{antilog}(-\text{pH}) = 10^{-\text{pH}}$$

$$\text{pOH} = -\log[\text{OH}^-]$$

$$[\text{OH}^-] = \text{antilog}(-\text{pOH}) = 10^{-\text{pOH}}$$

Acidic solution: $\text{pH} < 7$

Neutral solution: $\text{pH} = 7$

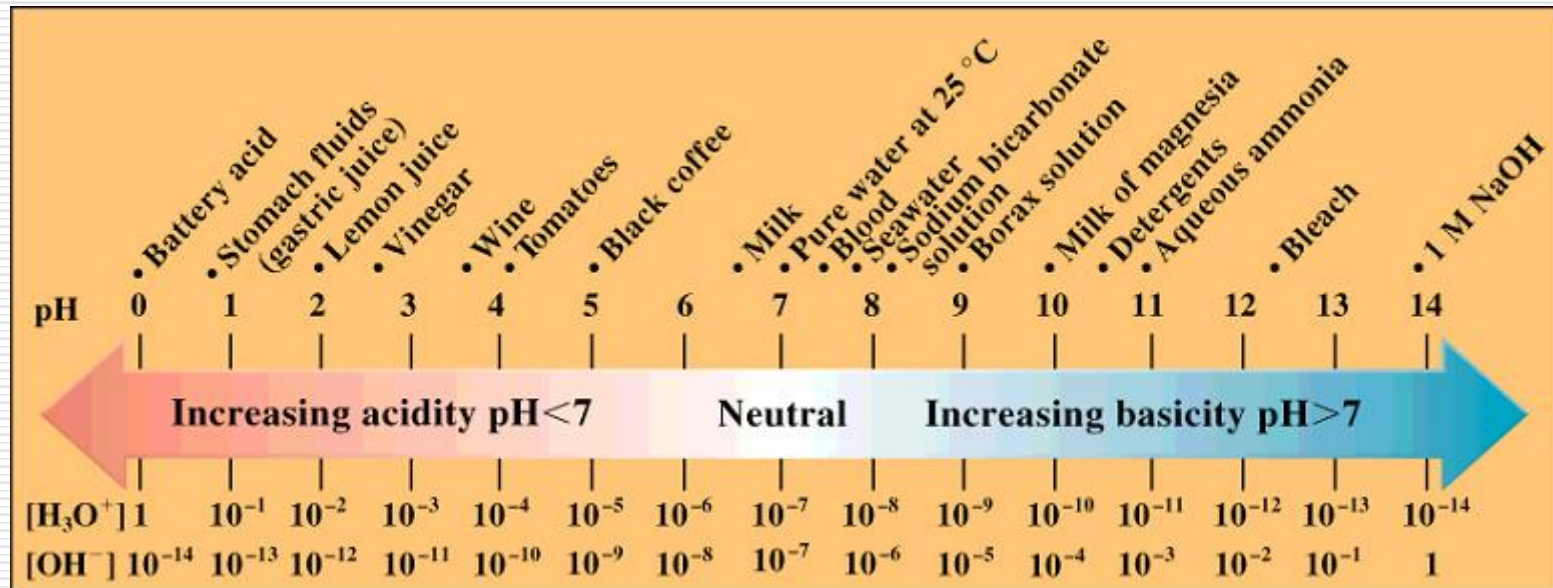
Basic solution: $\text{pH} > 7$

„[]“ – is a symbol of equilibrium molar concentration „c„

$$\text{pH} + \text{pOH} = 14$$

$[\text{H}^+]$	$[\text{OH}^-]$	pH	pOH
10^0	10^{-14}	0	14
10^{-1}	10^{-13}	1	13
10^{-2}	10^{-12}	2	12
10^{-3}	10^{-11}	3	11
10^{-4}	10^{-10}	4	10
10^{-5}	10^{-9}	5	9
10^{-6}	10^{-8}	6	8
10^{-7}	10^{-7}	7	7
10^{-8}	10^{-6}	8	6
10^{-9}	10^{-5}	9	5
10^{-10}	10^{-4}	10	4
10^{-11}	10^{-3}	11	3
10^{-12}	10^{-2}	12	2
10^{-13}	10^{-1}	13	1
10^{-14}	10^0	14	0

pH SCALE!!!!



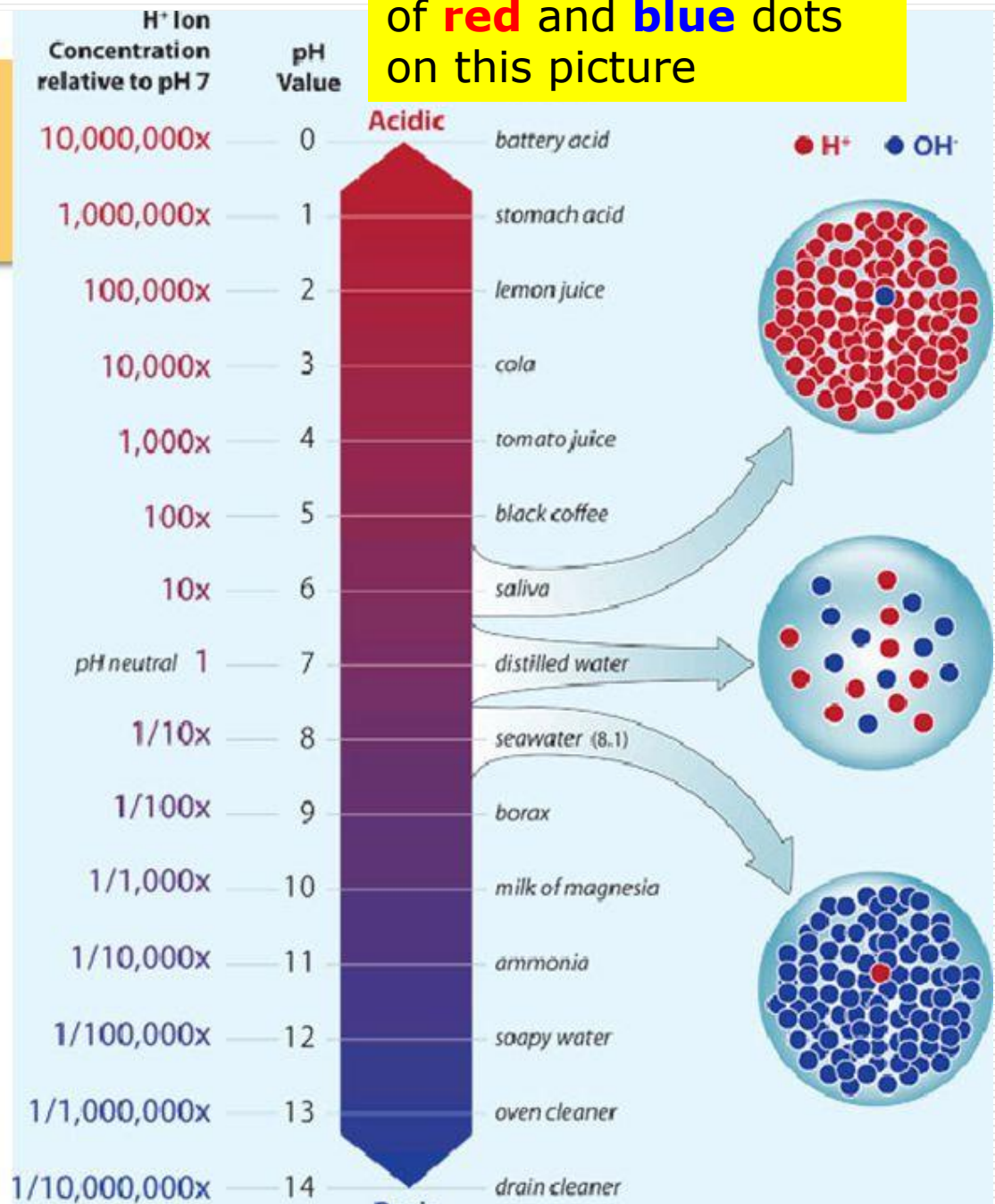
if pH goes from 7 to 1, ACIDITY of solutions is INCREASED;

if pH goes from 7 to 14, ALKALINITY of solutions INCREASES

pH

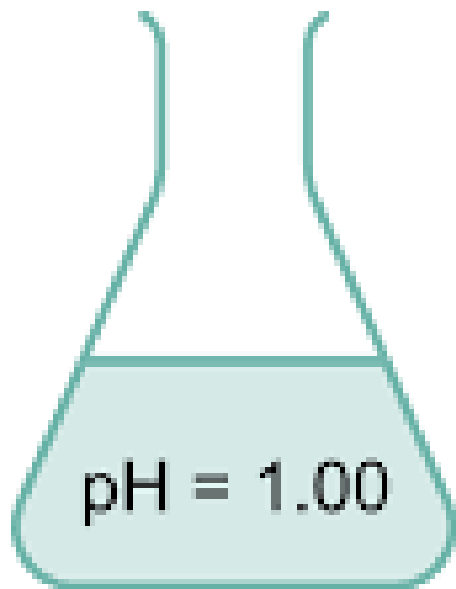
- #10. • **pH scale-**
measure of H^+
ions (acidity);
“power of
hydrogen”

H^+ = hydronium ion
 OH^- = hydroxide ion

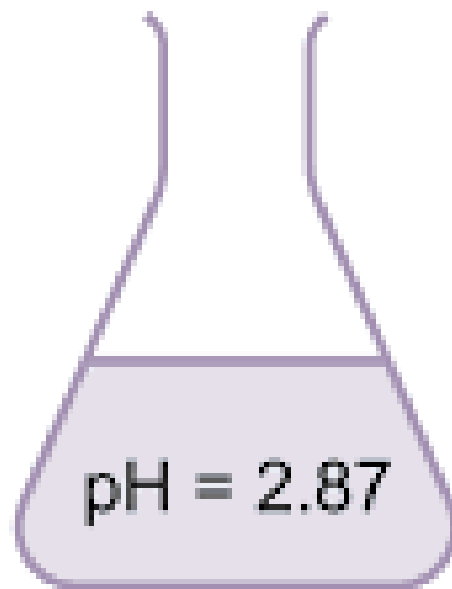


STRONG vs WEAK ACIDS...

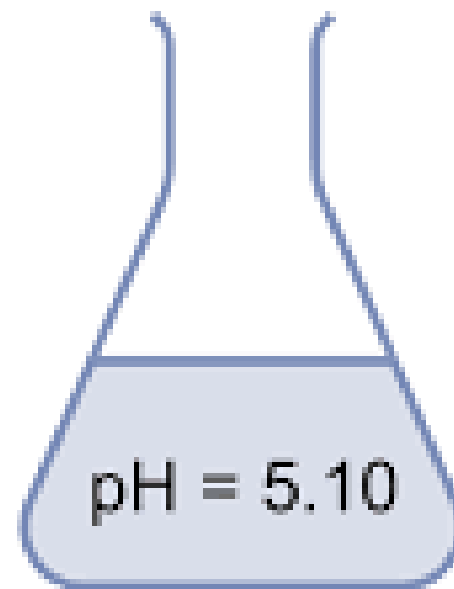
→ imagine we have same concentrations of one **strong** (HCl), one **weak** (CH₃COOH) and one **very weak** (HCN) acids... All are dissolved in water → take a look in pH of those solutions!!!



0.10 M
hydrochloric acid
HCl
100% ionized
 $K_a = 1000$

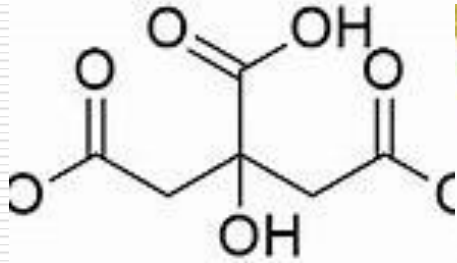


0.10 M
acetic acid
CH₃COOH
1.3% ionized
 $K_a = 1.8 \times 10^{-5}$



0.10 M
hydrocyanic acid
HCN
0.0079% ionized
 $K_a = 6.2 \times 10^{-10}$

Some important Acids in Medicine

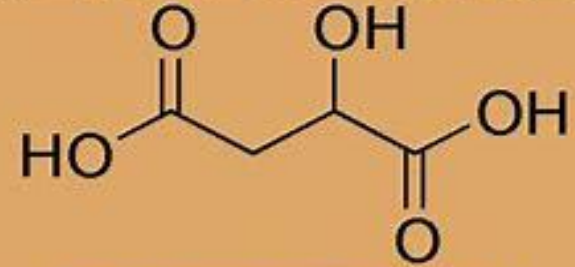


Citric acid



Lemon Juice

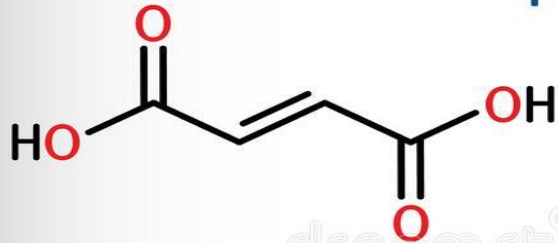
Malic acid



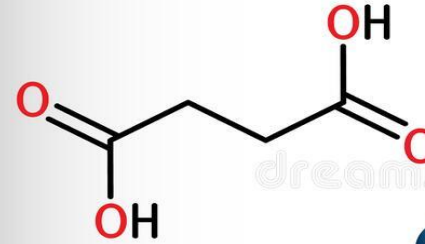
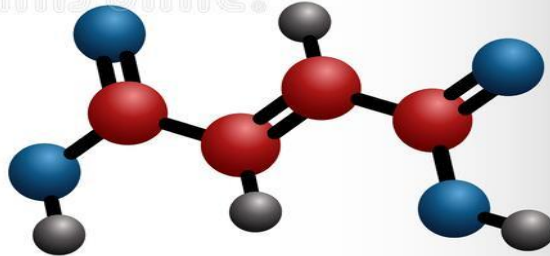
https://en.wikipedia.org/wiki/File:Malic_acid2.png

сукцинатна киселина

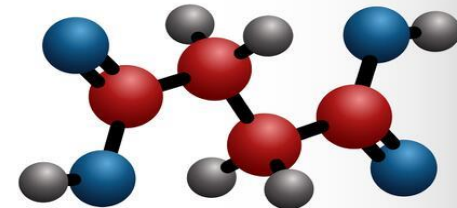
Fumaric acid



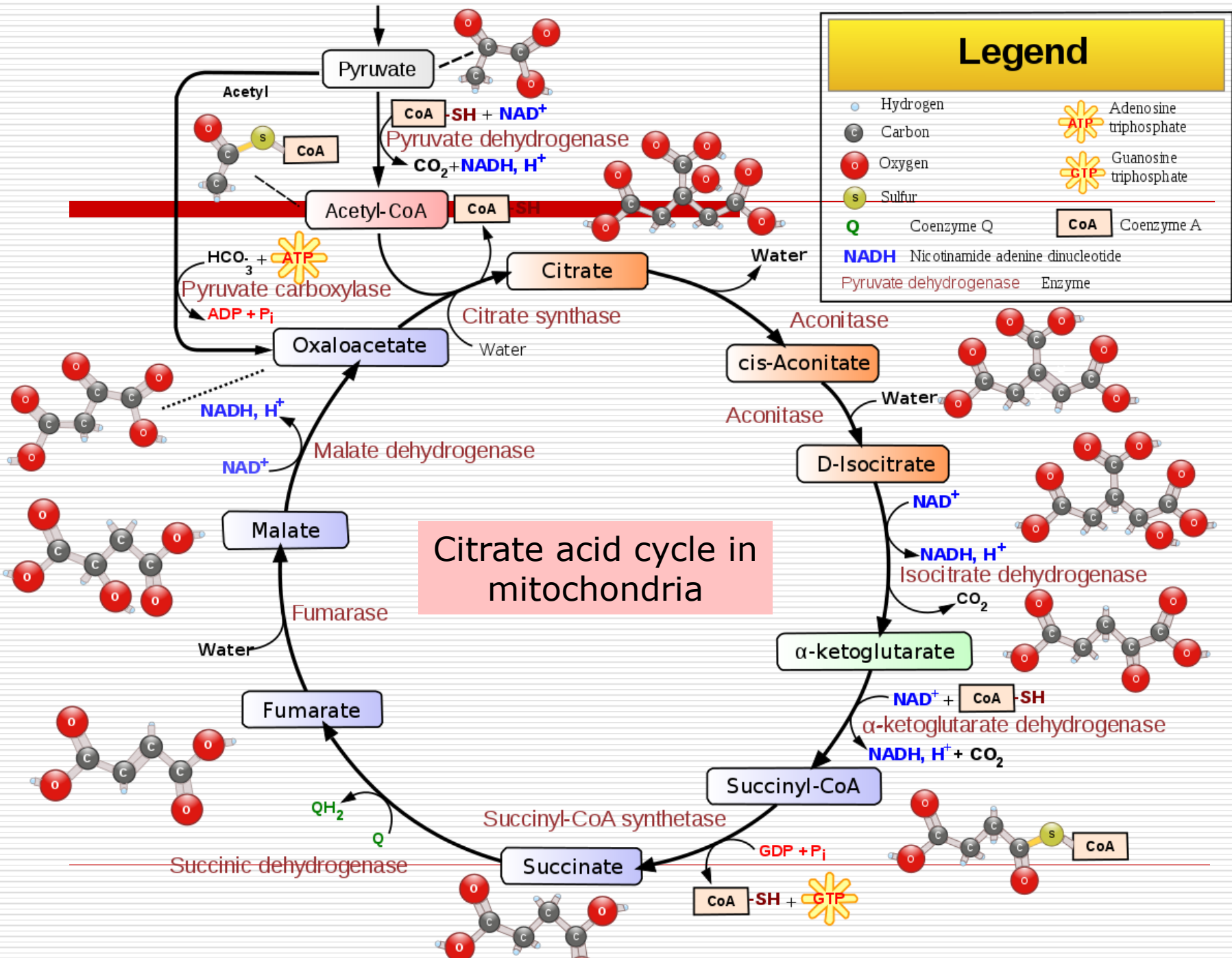
$C_4H_4O_4$



$C_4H_6O_4$



**These acids are contributors
in ATP production in the cells**



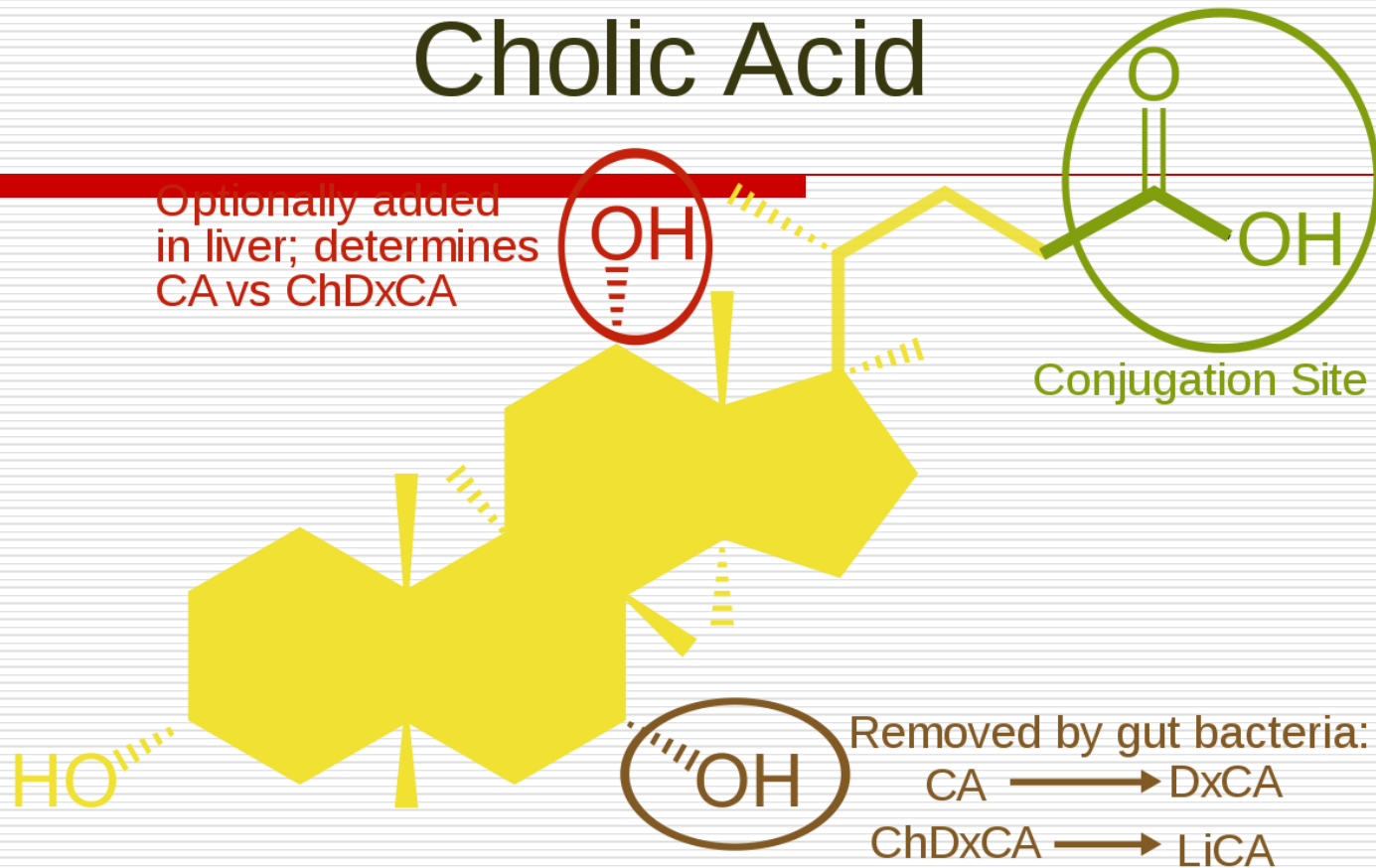
Legend

<ul style="list-style-type: none"> ● Hydrogen ● Carbon ● Oxygen ● Sulfur Q Coenzyme Q 	<ul style="list-style-type: none"> ⚡ Adenosine triphosphate ⚡ Guanosine triphosphate CoA Coenzyme A
---	--

NADH Nicotinamide adenine dinucleotide
Pyruvate dehydrogenase Enzyme

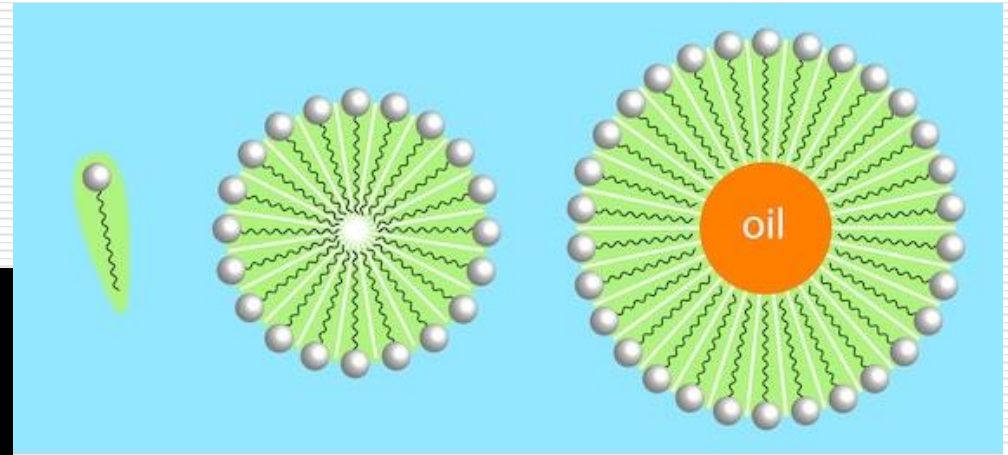
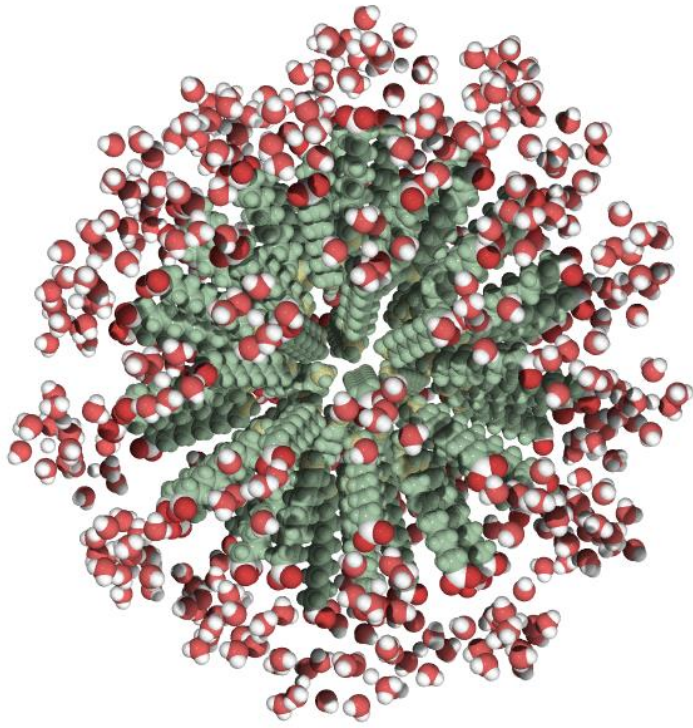
Bile Acids-Cholesterol Derivatives

Cholic Acid

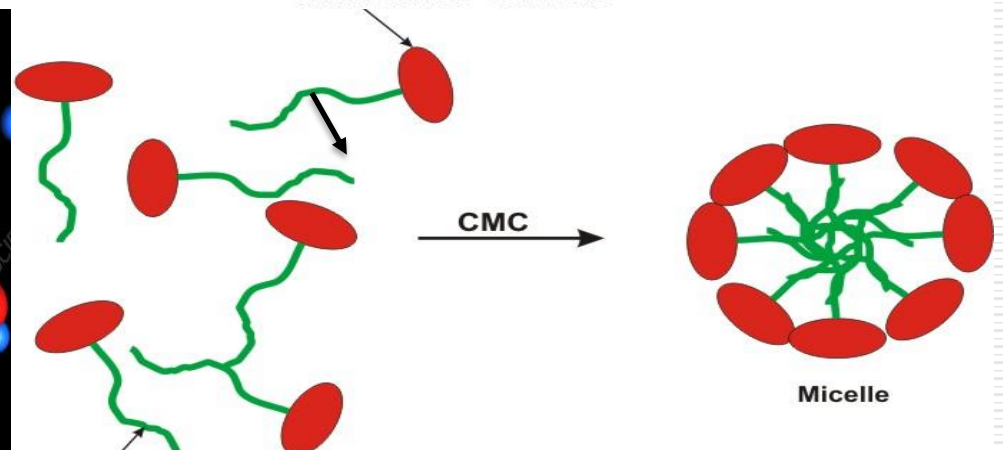
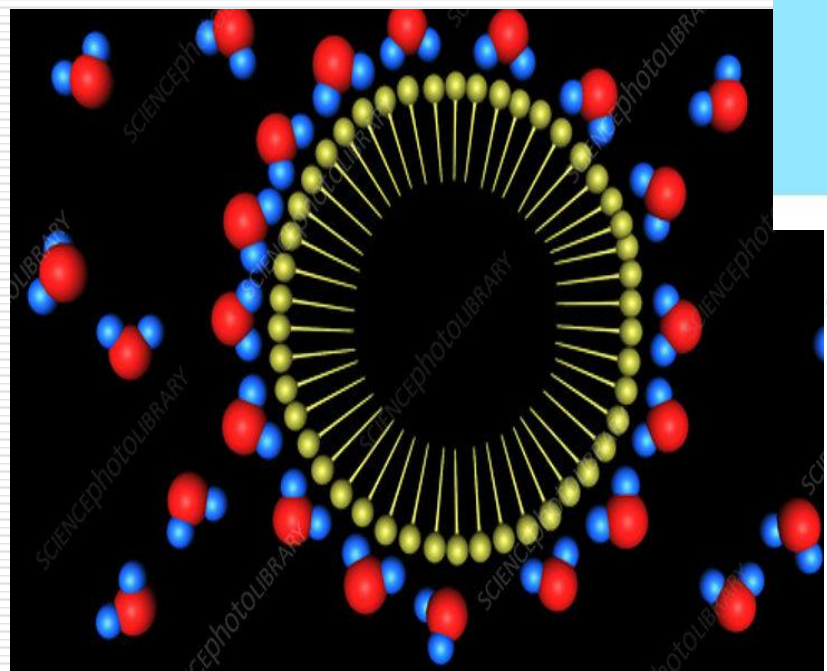


They are synthesized in the LIVER
They help in transferring of lipophilic substances across
CELL MEMBRANES via making specific structures so-called MICELLES

Bioavailability of many lipophilic substances
Is restricted and only in form of
micelles they can enter into the cells

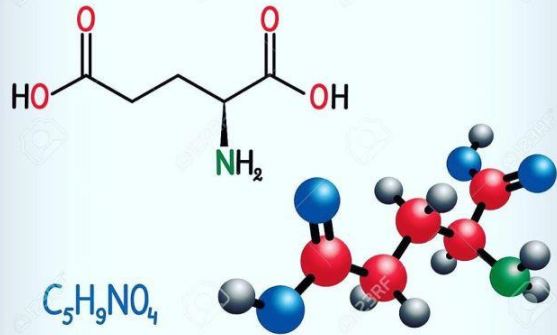


shutterstock.com • 339037580

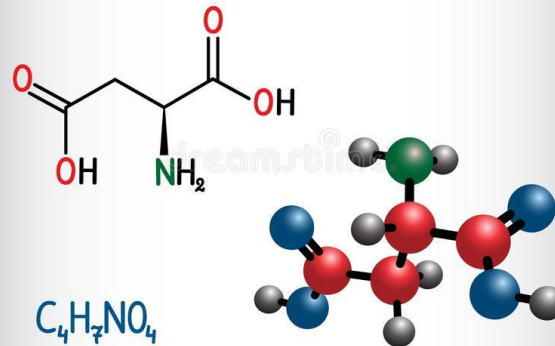


AMINOACIDS-MAJOR CONSTITUENTS of PROTEINS

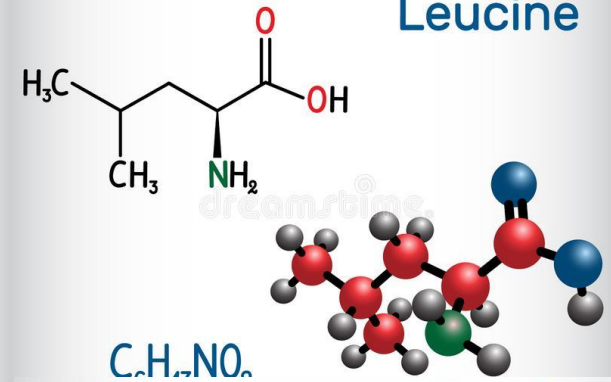
Glutamic acid



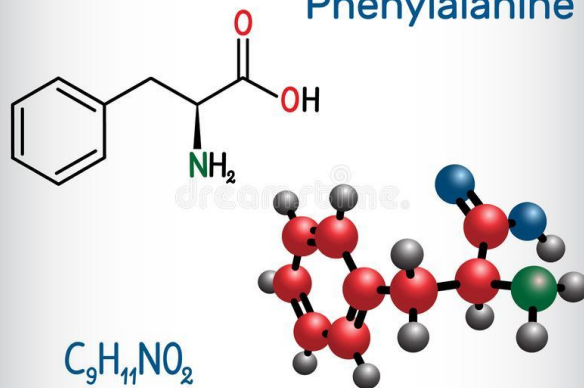
Aspartic acid



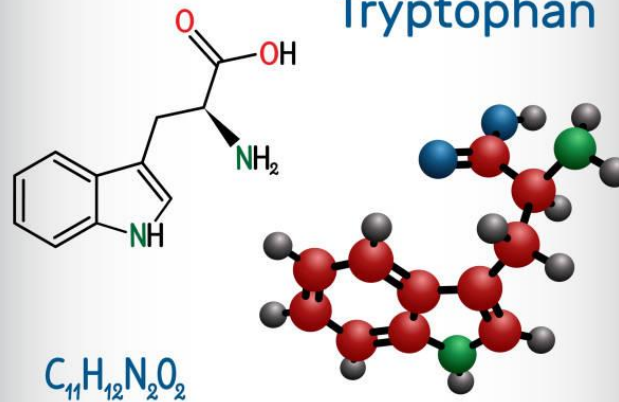
Leucine



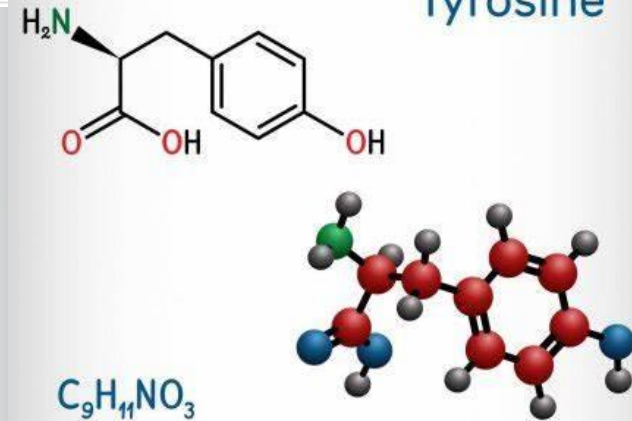
Phenylalanine

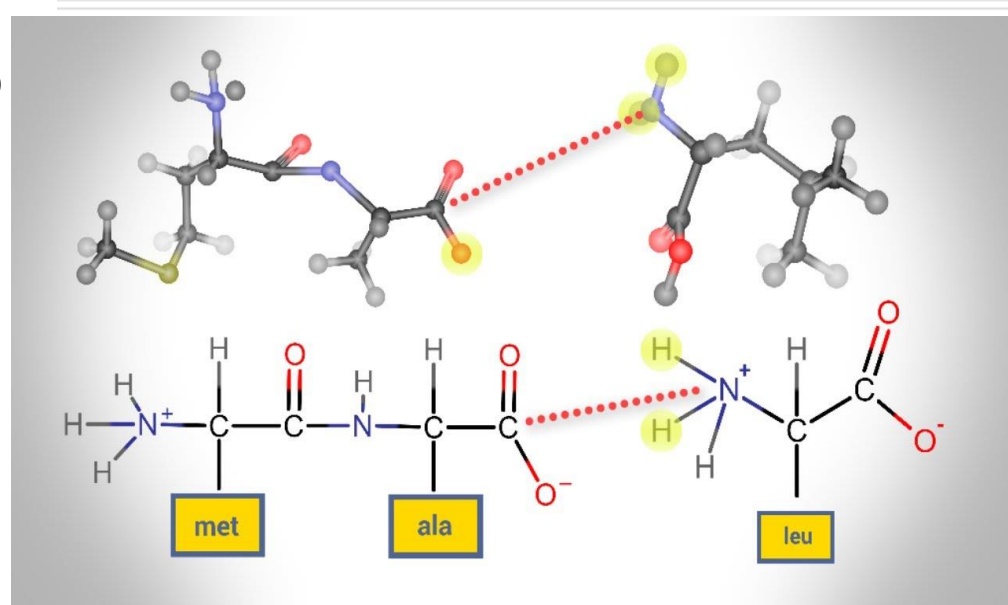
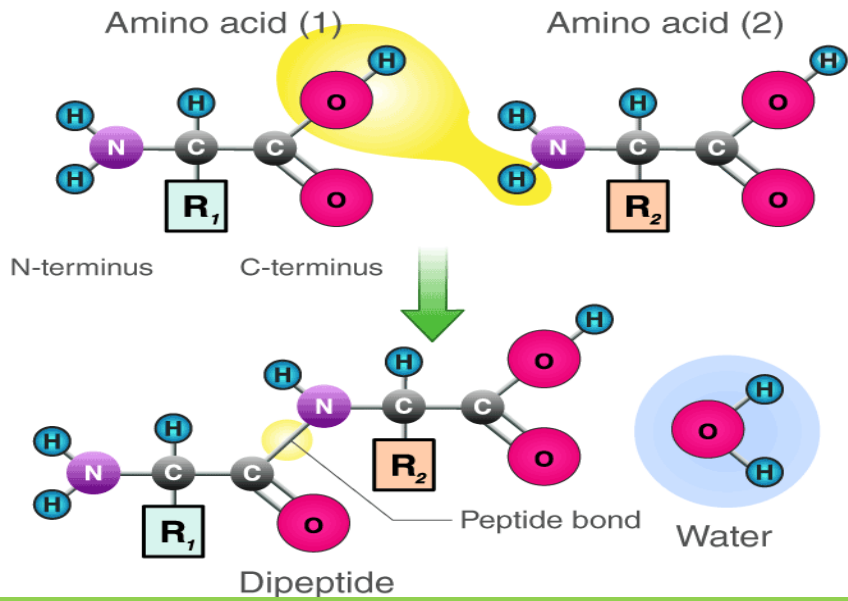


Tryptophan

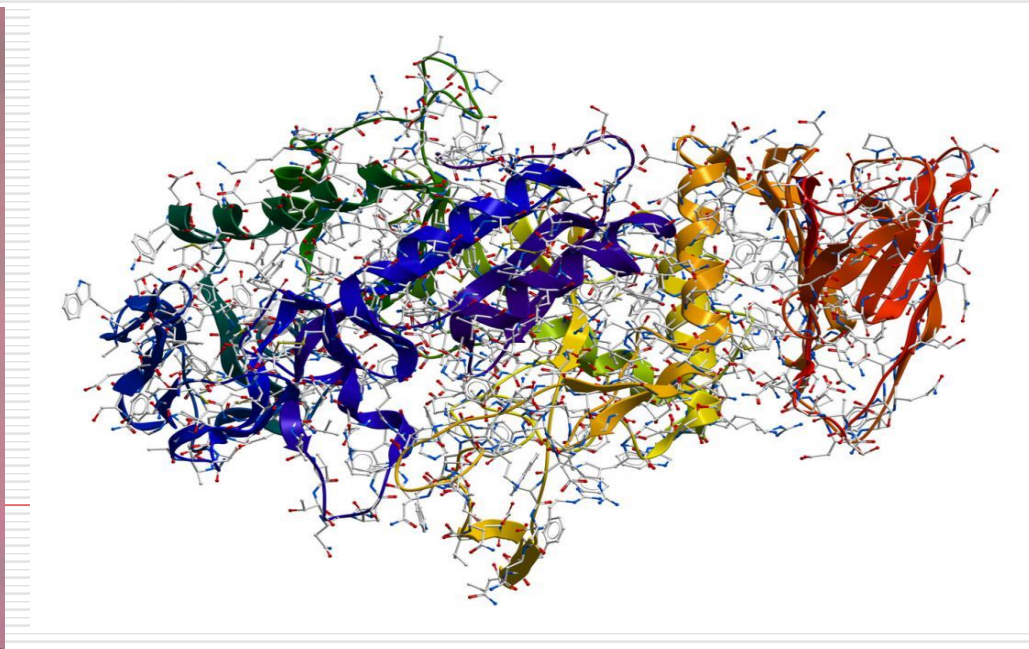
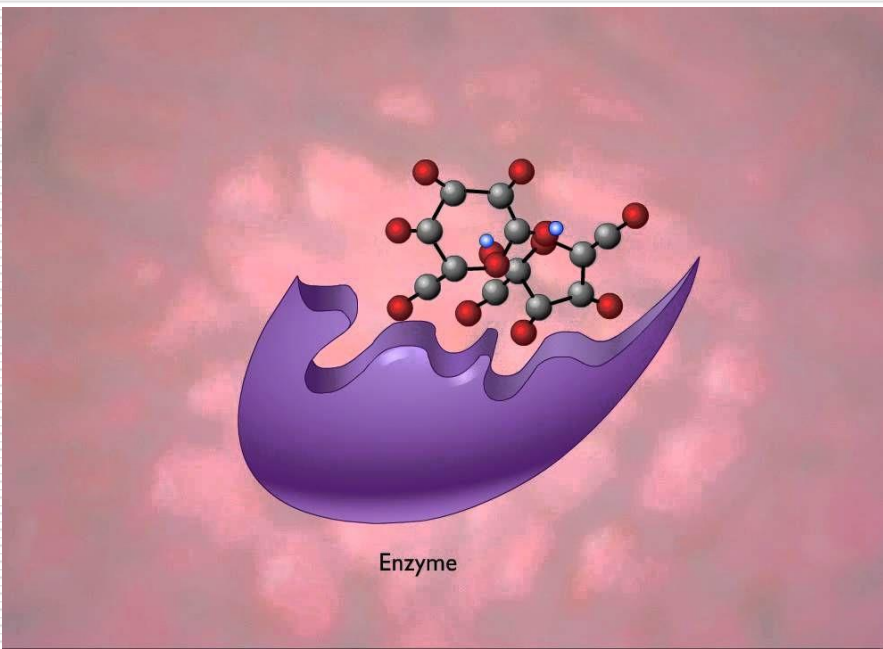


Tyrosine

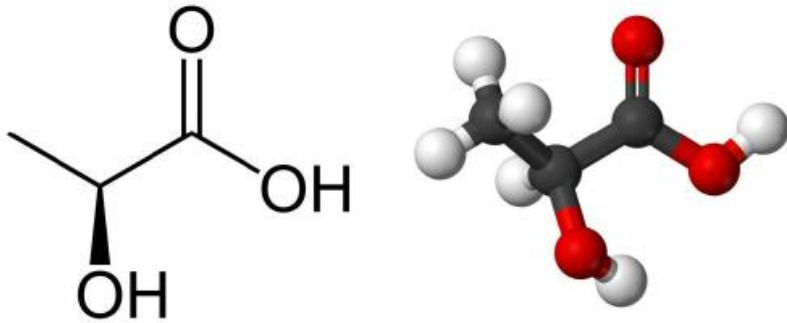




All Enzymes that Catalyze billions of chemical reactions in the cells are made of **AMINOACIDS**



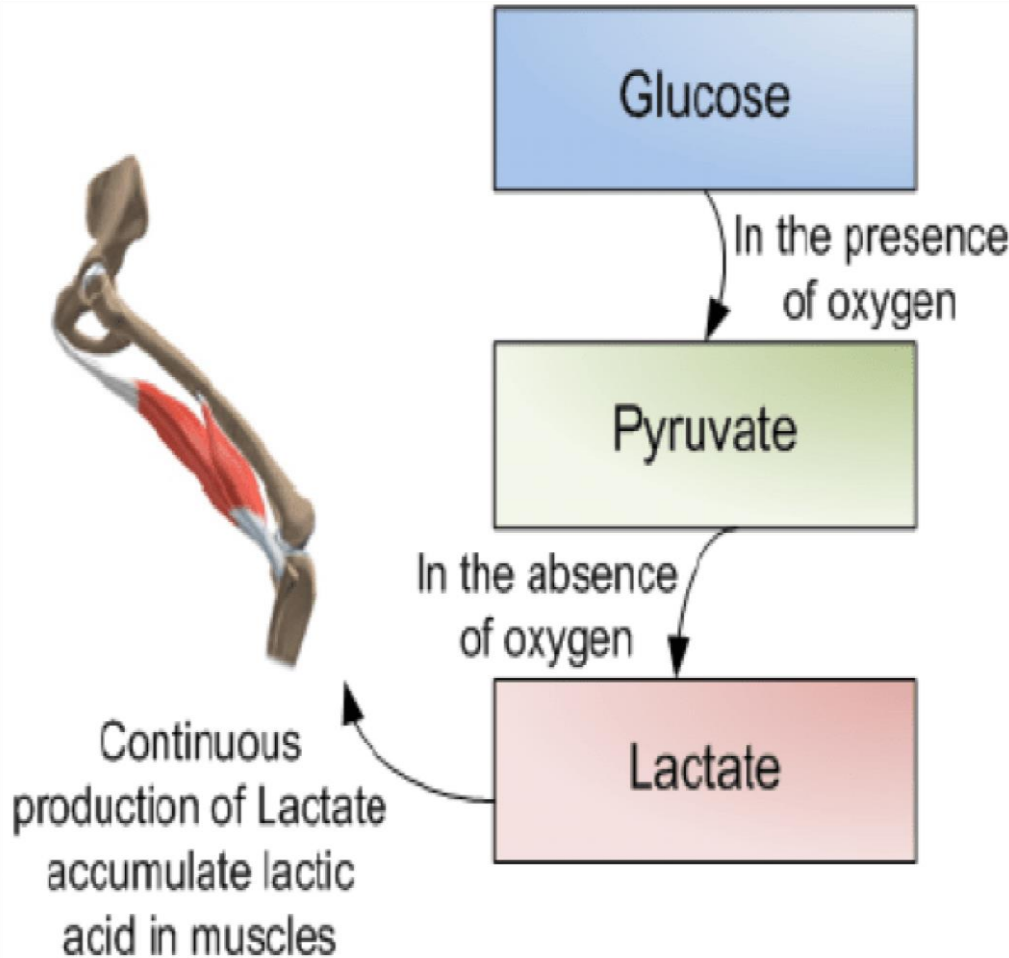
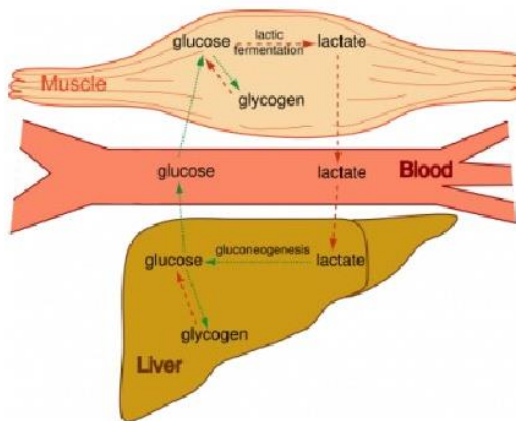
-LACTIC ACID

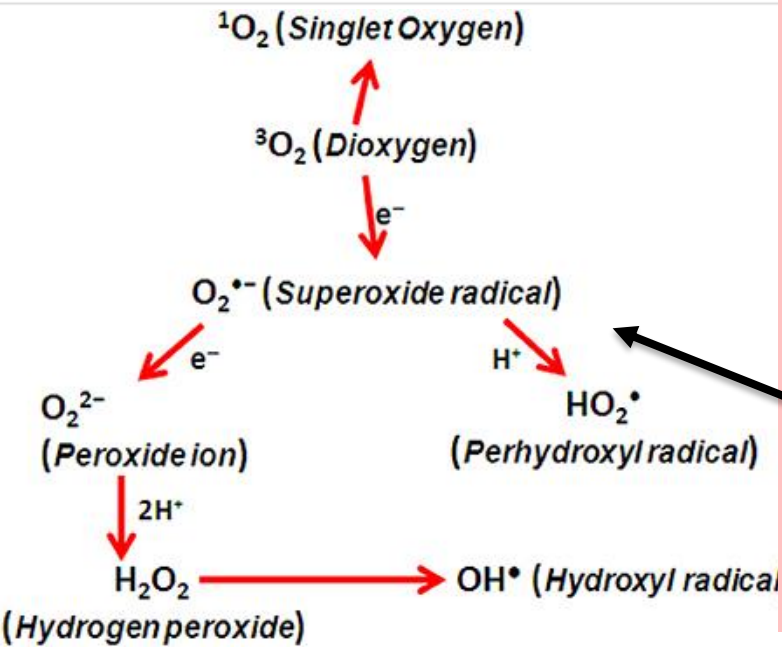


Lactic Acid

Lactic Acid Fermentation

- Lactic acid build up in muscle is what causes muscle ache / pain
- Carried to liver where it can be converted back to pyruvate

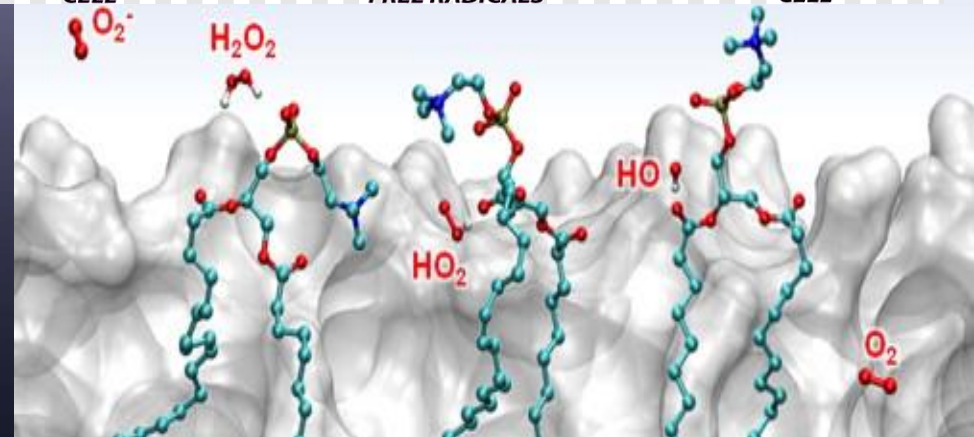
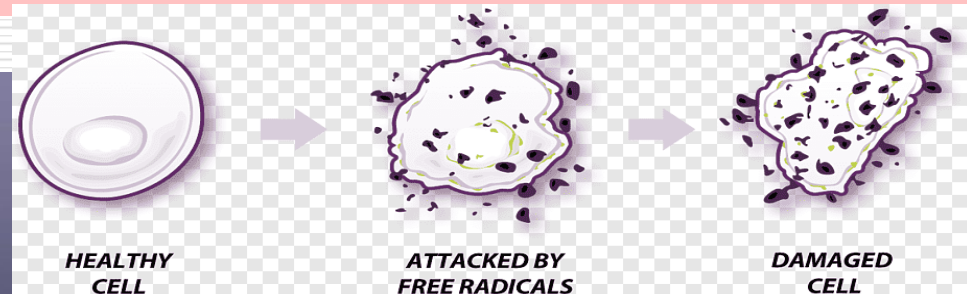
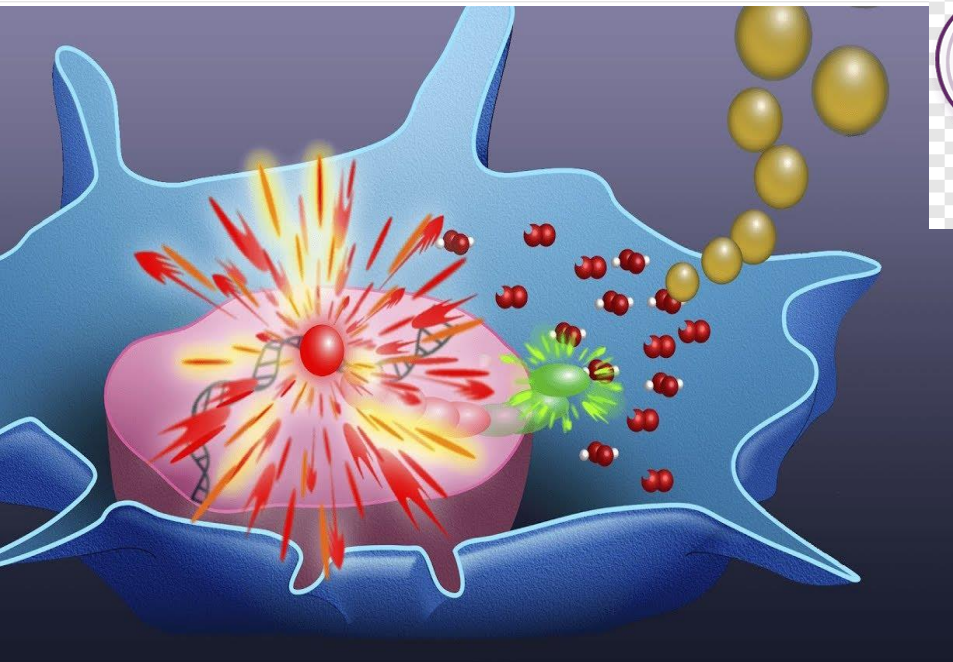


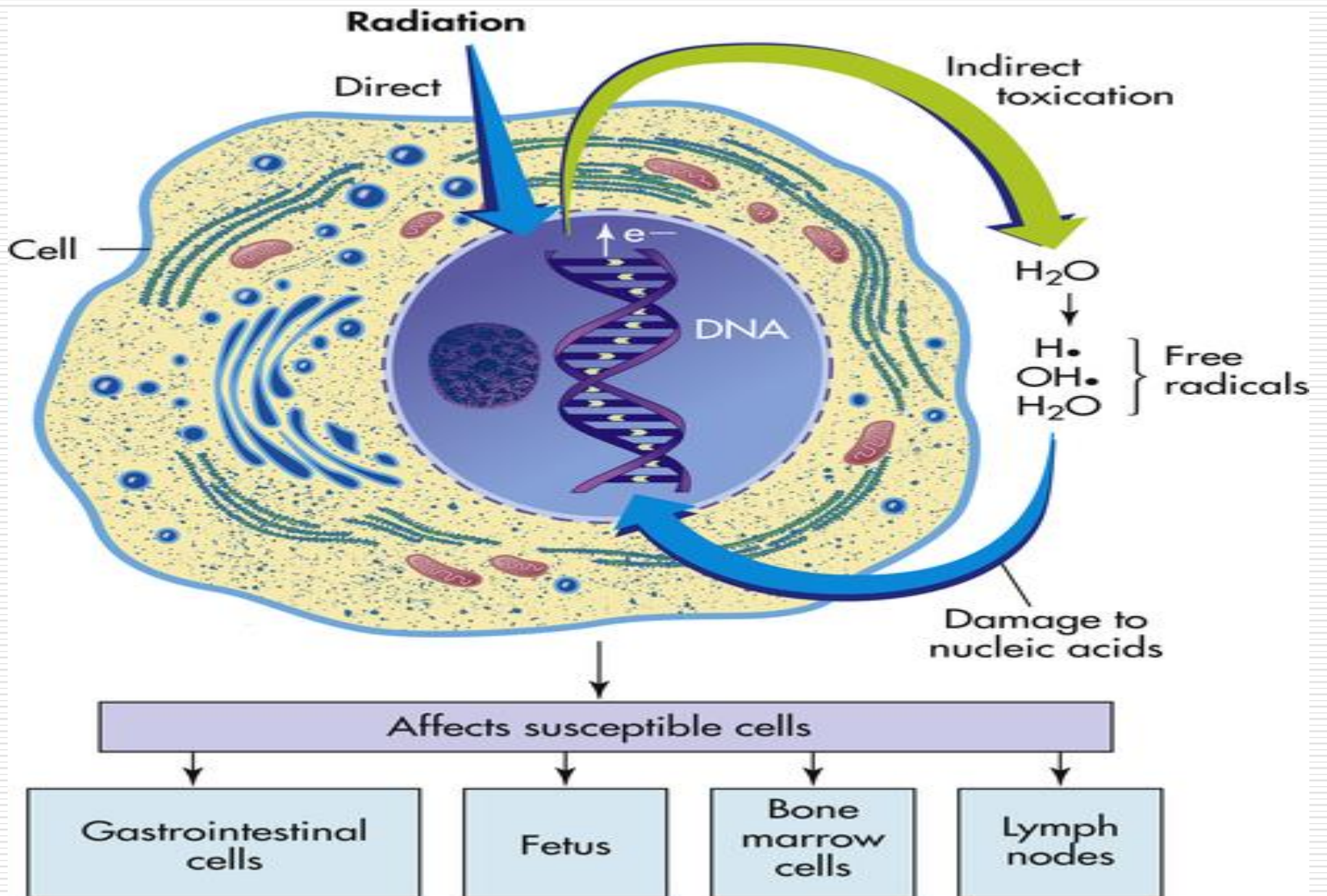


Oxygen means LIFE, but Molecular Oxygen O_2 is major sources of Producing HIGHLY REACTIVE REACTIVE OXYGEN SPECIES ROS'es or FREE RADICALS

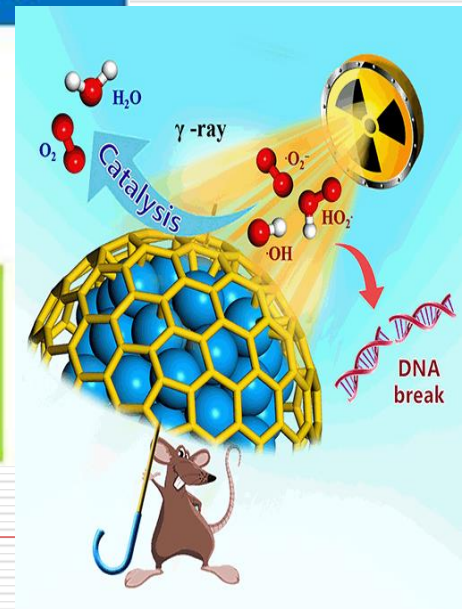
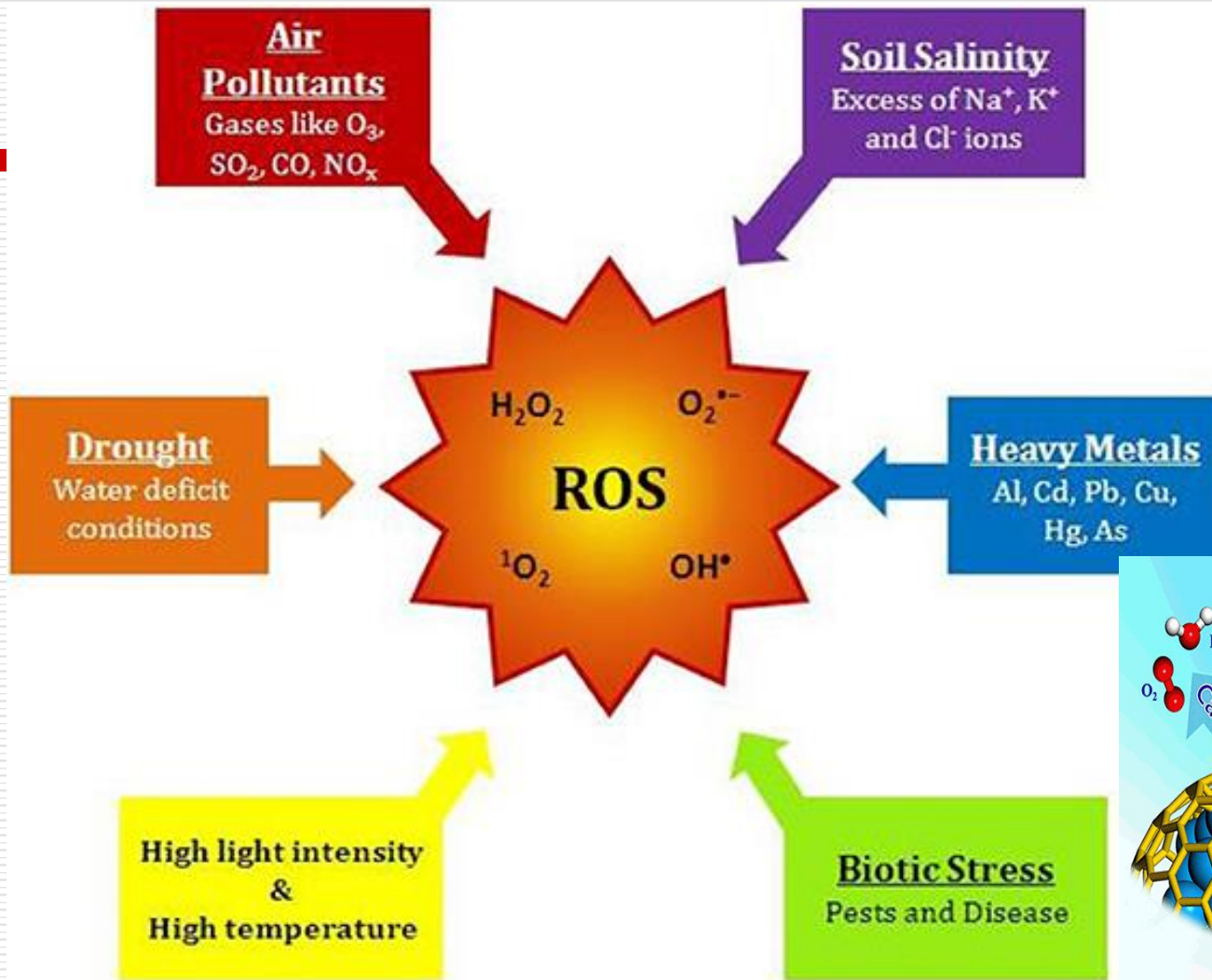
→ ROS'es are hydroxide radical, superoxid Radical, hydrogen peroxide

→ all these Reactive Oxygen Species Attack cell membranes and produce so-called LIPID PEROXIDATION i.e. destruction of Cell MEMBRANES

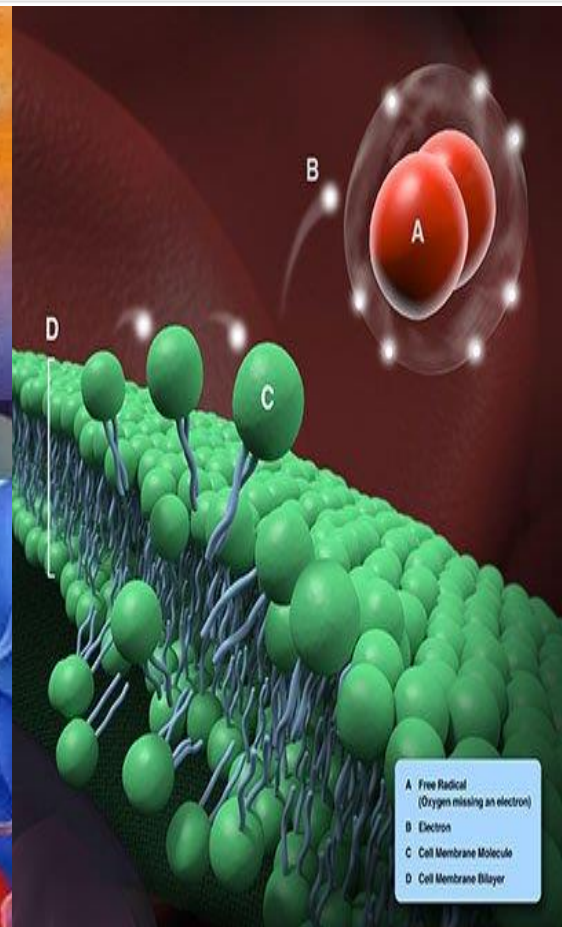
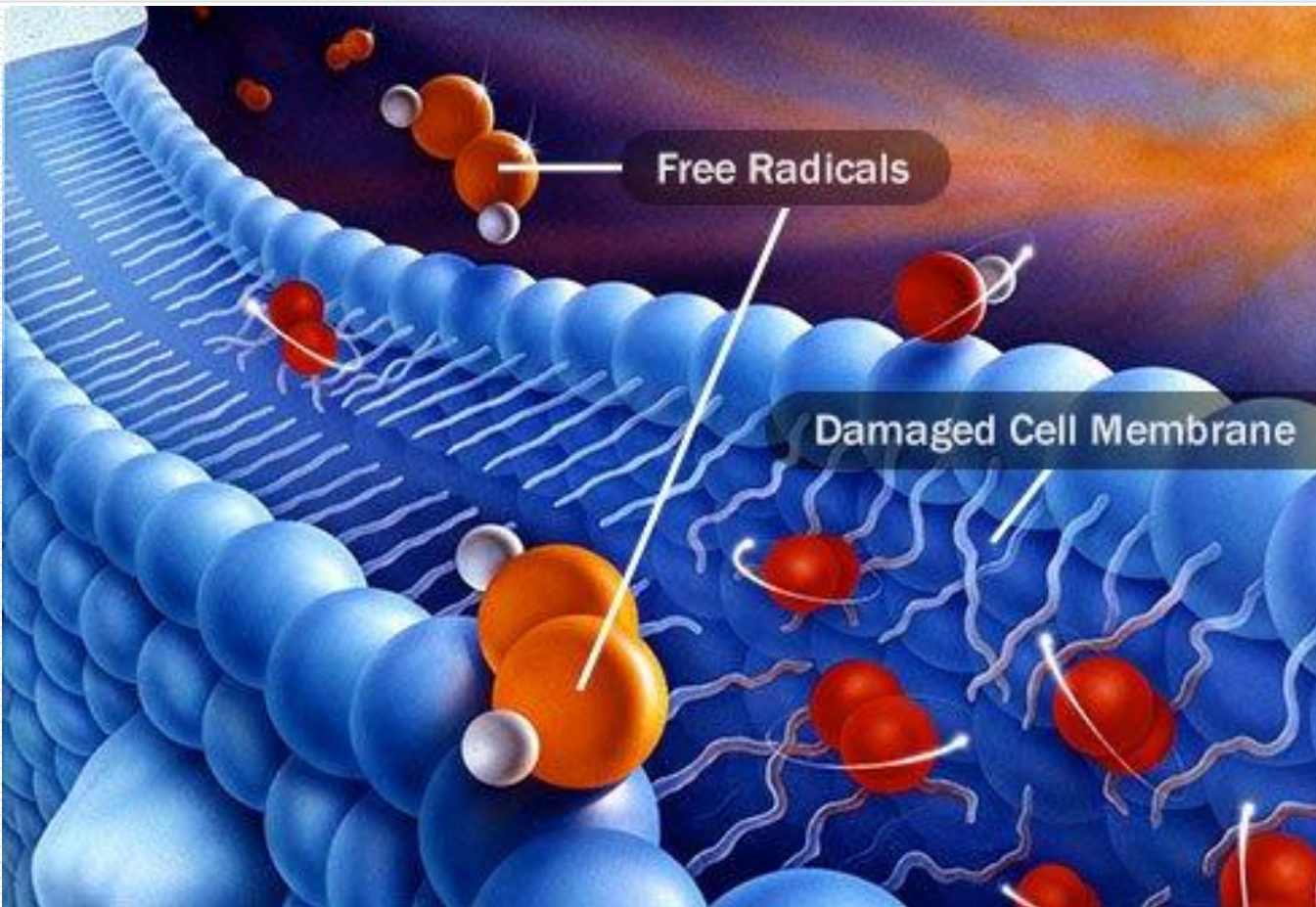




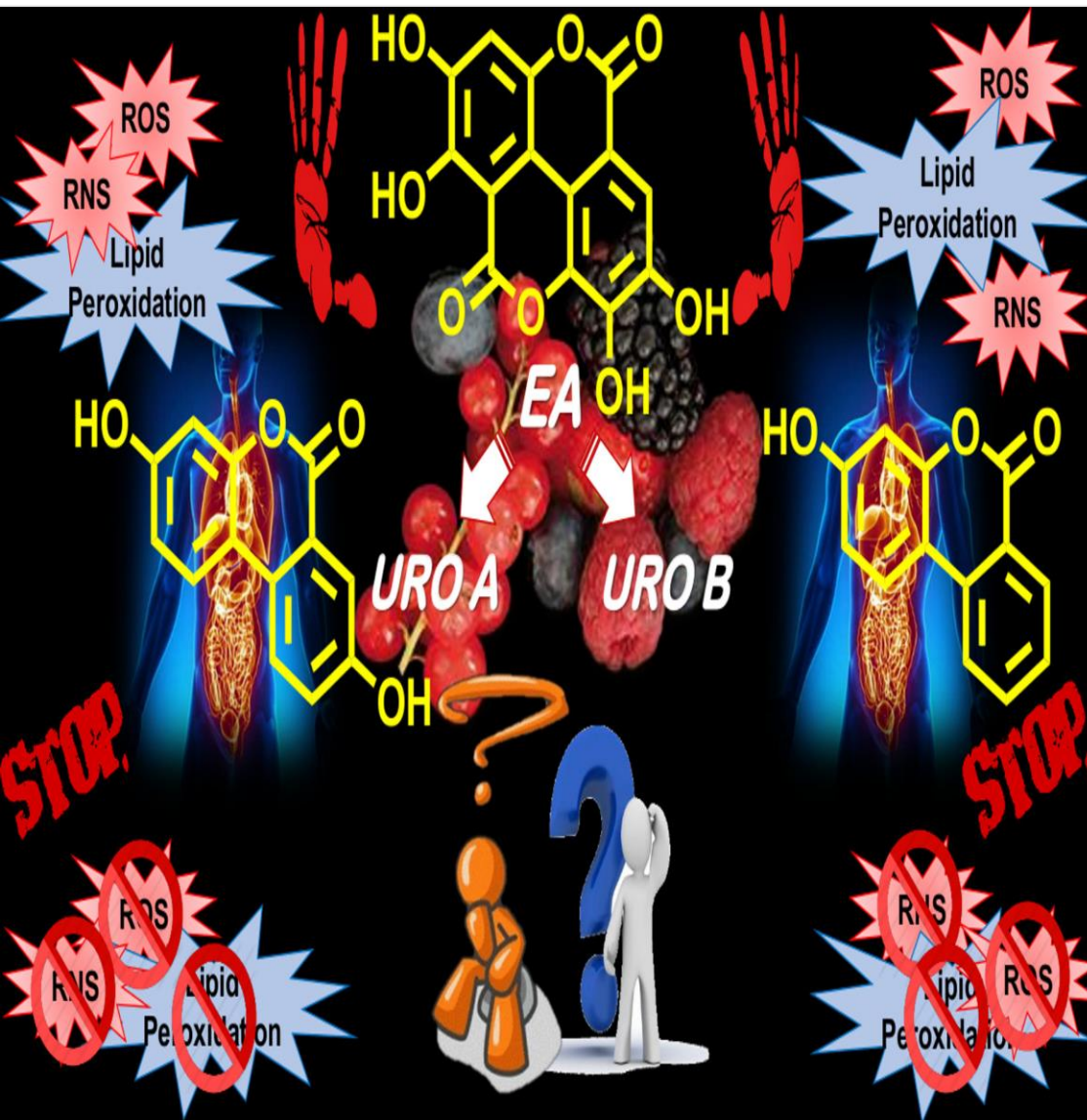
Which processes produce Reactive Oxygen Species in Our Body?



Scheme of how ROSEs Damage the Cell Membrane....



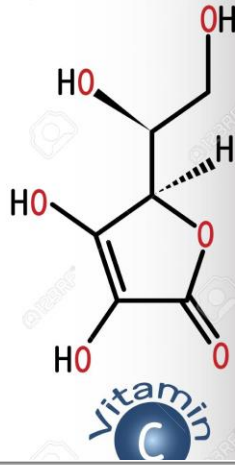
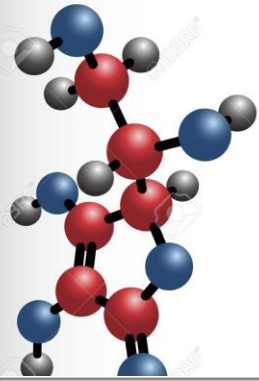
Antioxidants—mainly weak acids such as Vitamin C, Polyphenols, Glutathione...are major DEFENDERS against Reactive Oxygen Species



Free Radical



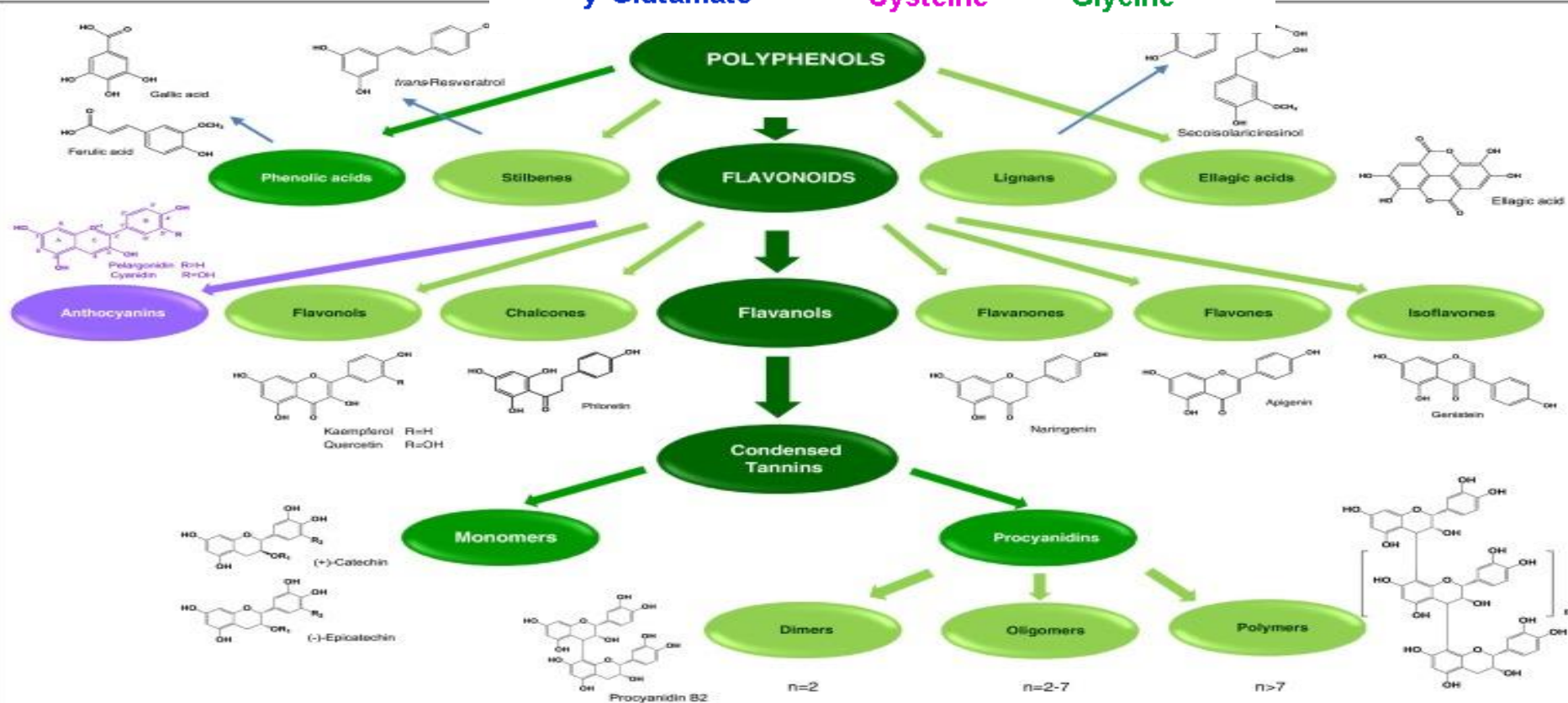
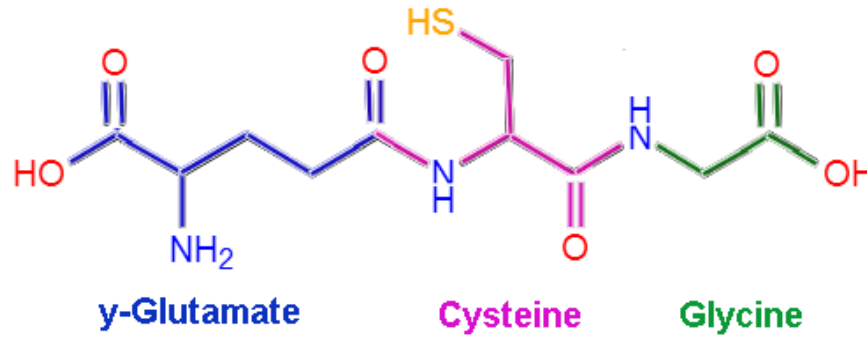
Ascorbic acid



Vitamin A;

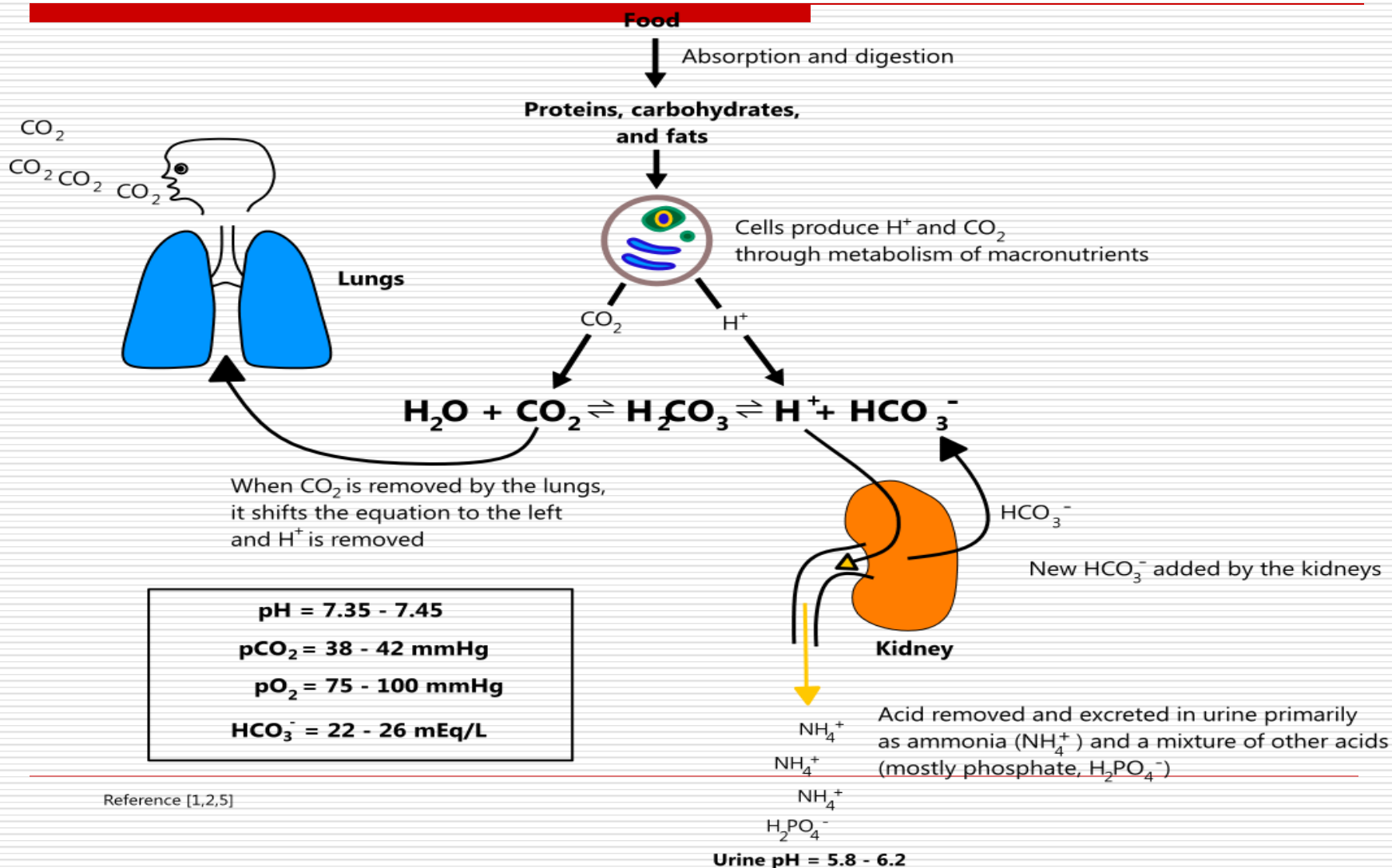
Vitamin C, glutathione, Polyphenols

Major defenders against ROS → present in fruits



Carbonic acid H_2CO_3 (i.e. HCO_3^- ions or hydrogencarbonates)
 Are very important for keeping pH constant in the blood
 They are constituents of so-called "carbonate buffer" in the blood

NORMAL ACID-BASE PHYSIOLOGY



KETO-ACIDS—important systems that always emerge In PATIENT HAVING diabetes → excess of glucose in blood

1

Without insulin, glucose is unable to be processed by the body.

5

While the body attempts to get rid of the ketones and glucose, a lot of water is lost. This can lead to dehydration and may worsen the ketoacidosis.

2

The liver produces more glucose to feed the body, but without insulin, the glucose accumulates in the bloodstream.

4

Ketones and glucose are transferred into the urine. The kidneys use water to clear the blood from excess glucose and ketones.

3

The body needs to find an alternative source of energy and starts breaking down fat. The breakdown of fat produces ketones, which then build up in the bloodstream.

Pancreas



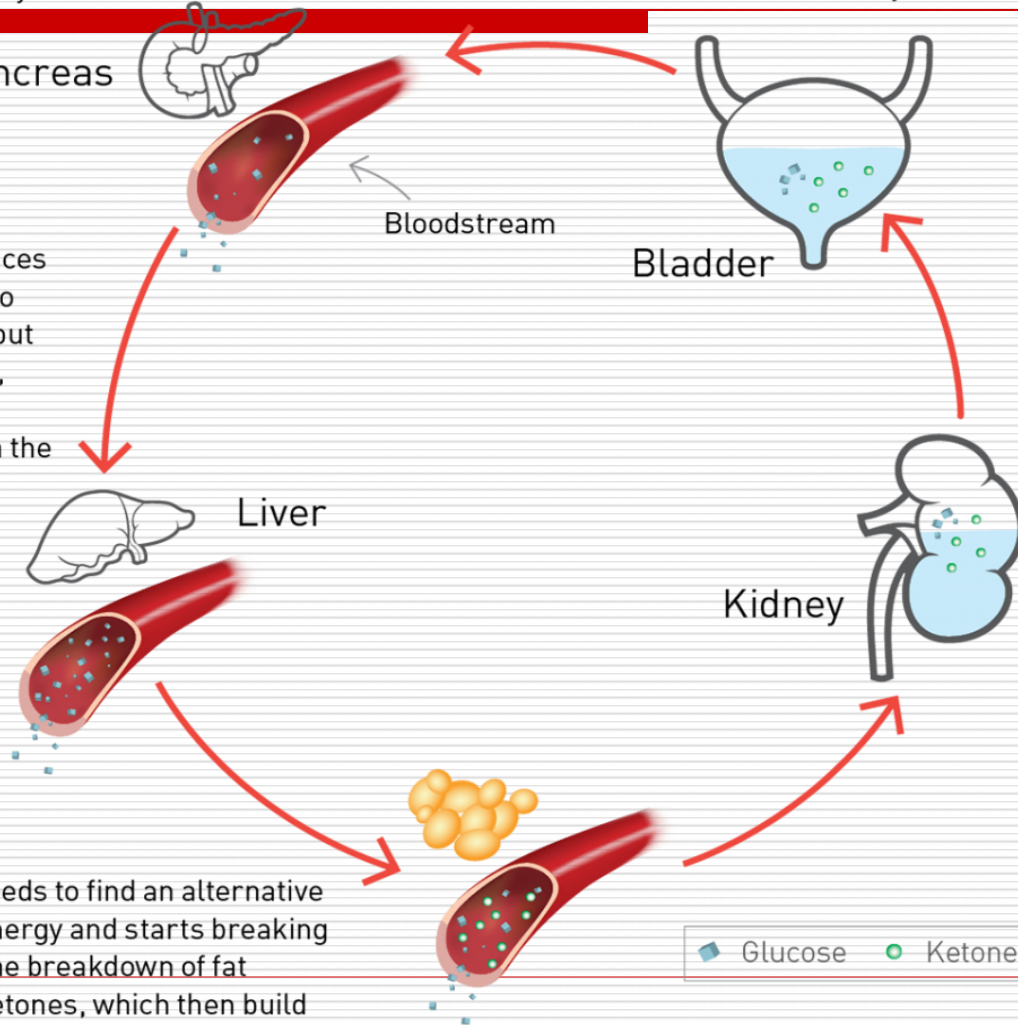
Bloodstream

Bladder

Liver

Kidney

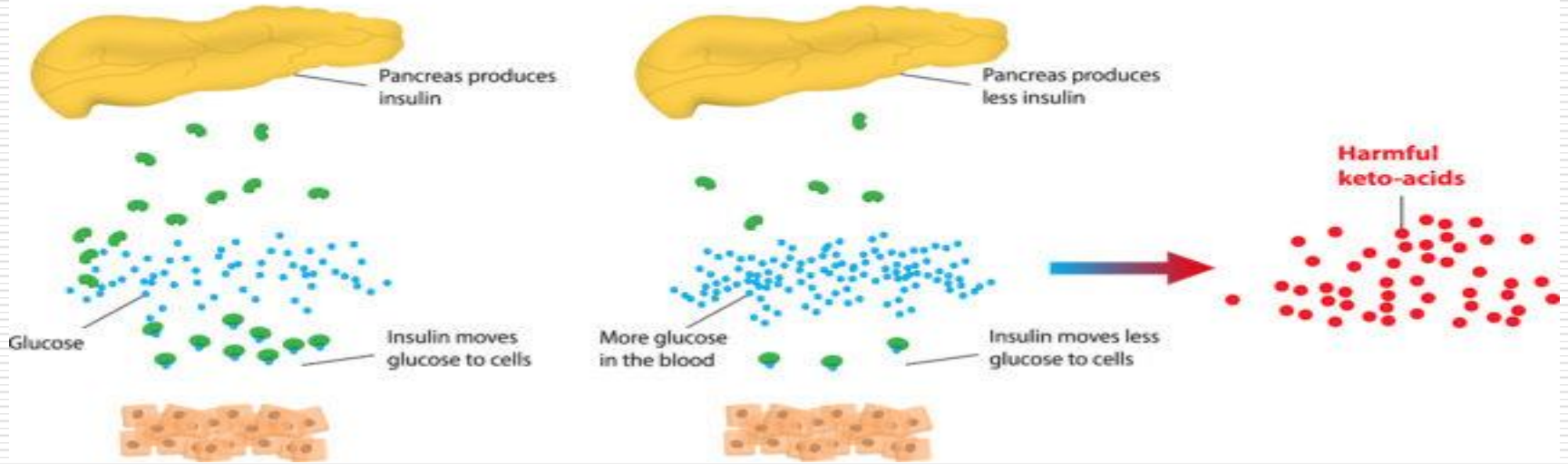
Glucose Ketone



Healthy

Diabetic

DKA



Feeling tired and sleepy

Blurred vision

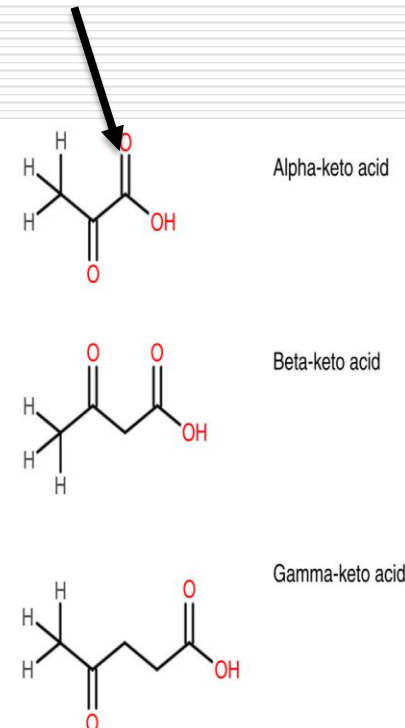
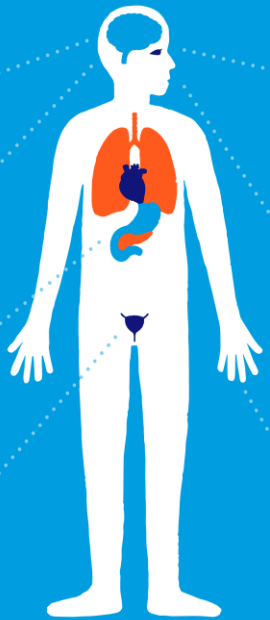
Confusion, passing out

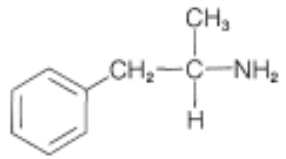
Being very thirsty, sweet smelling breath (like nail varnish or pear drop sweets)

Stomach pain, feeling or being sick

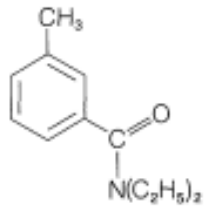
High blood sugar levels

Needing to pee more often, high ketones

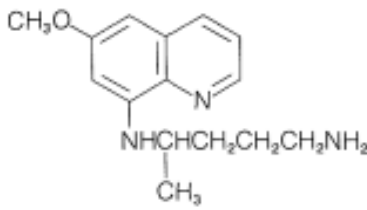




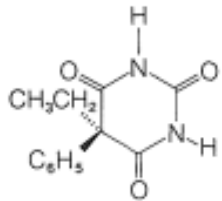
amphetamine
(stimulant, decongestant)
(Benzedrine)



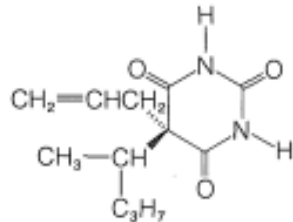
N,N-diethyl-*meta*-toluamide
(mosquito repellent)



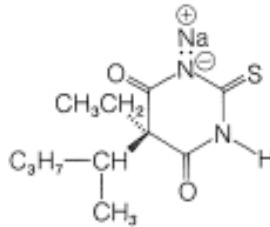
primaquine
(antimalarial)



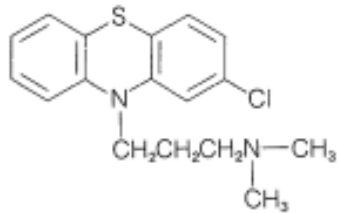
phenobarbital
(sedative, anticonvulsant)



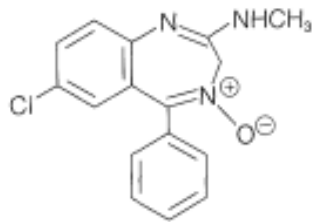
secobarbital
(seconal, soporific)



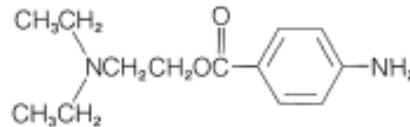
sodium pentothal
(anaesthetic)



chlorpromazine
(tranquillizer)

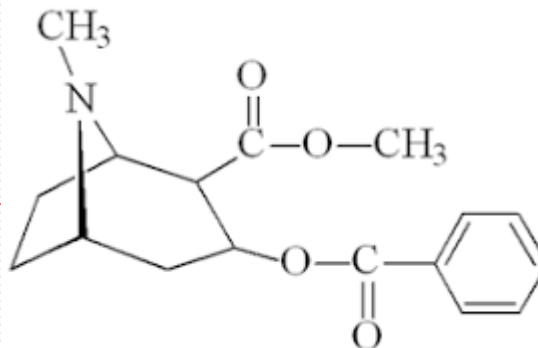
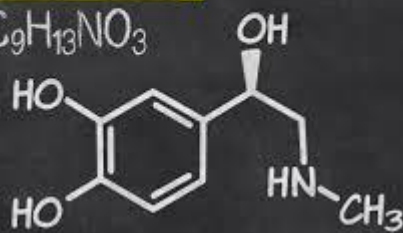
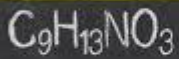


chlordiazepoxide
(tranquillizer)
(Librium)



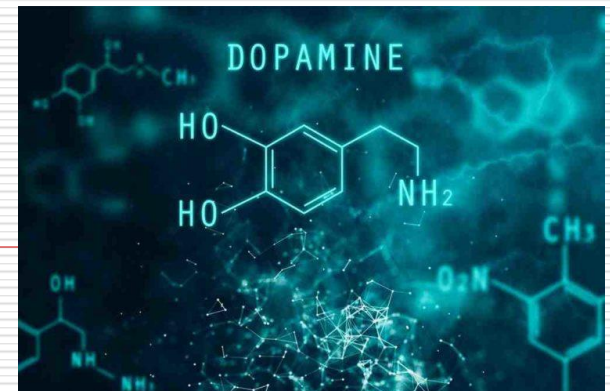
procaine
(local anaesthetic)
(Novocaine)

Adrenaline



Weak Bases
Amines R-NH₂

... Present in
Structure of
AMINO ACIDS...but
Many as adrenaline,
Dopamine
Drugs such as
morphine, codeine...are
Weak bases



...many drugs used in medical therapies are weak acids or bases
Here are some of those substances...

Table 2.5 pKa Values for Selected Drugs

Weak Acids	pKa	Weak Bases	pKb
Amoxicillin	2.4	Alprenolol	9.6
Acetazolamide	7.2	Allopurinol	9.4, 12.3
Ampicillin	2.5	Amphetamine	9.8
Aspirin	3.5	Atropine	9.7
Chlorothiazide	6.8, 9.4*	Chlorpheniramine	9.2
Ciprofloxacin	6.1, 8.7*	Cocaine	8.5
Cephalexin	3.6	Codeine	8.2
Ethacrynic acid	2.5	Diazepam	3.0
Furosemide	3.9	Diphenhydramine	8.8
Ibuprofen	4.4, 5.2*	Amoxicillin	7.4
Levodopa	2.3	Ephedrine	9.6
Methotrexate	4.8	Epinephrine	8.7
Methyldopa	2.2, 9.2*	Imipramine	9.5
Penicillamine	1.8	Lidocaine	7.9
Pentobarbital	8.1	Methadone	8.4
Phenobarbital	7.4	Methamphetamine	10.0
Phenytoin	8.3	Methyldopa	10.6
Propylthiouracil	8.3	Metoprolol	9.8
Salicylic acid	3.0	Morphine	7.9
Sulfadiazine	6.5	Nicotine	7.9, 3.1*
Sulfapyridine	8.4	Norepinephrine	8.6
Theophylline	8.8	Phenylephrine	9.8
Tolbutamide	5.3	Pilocarpine	6.9, 1.4*
Warfarin	5.0	Pseudoephedrine	9.8

* denotes more than one ionizable group

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