



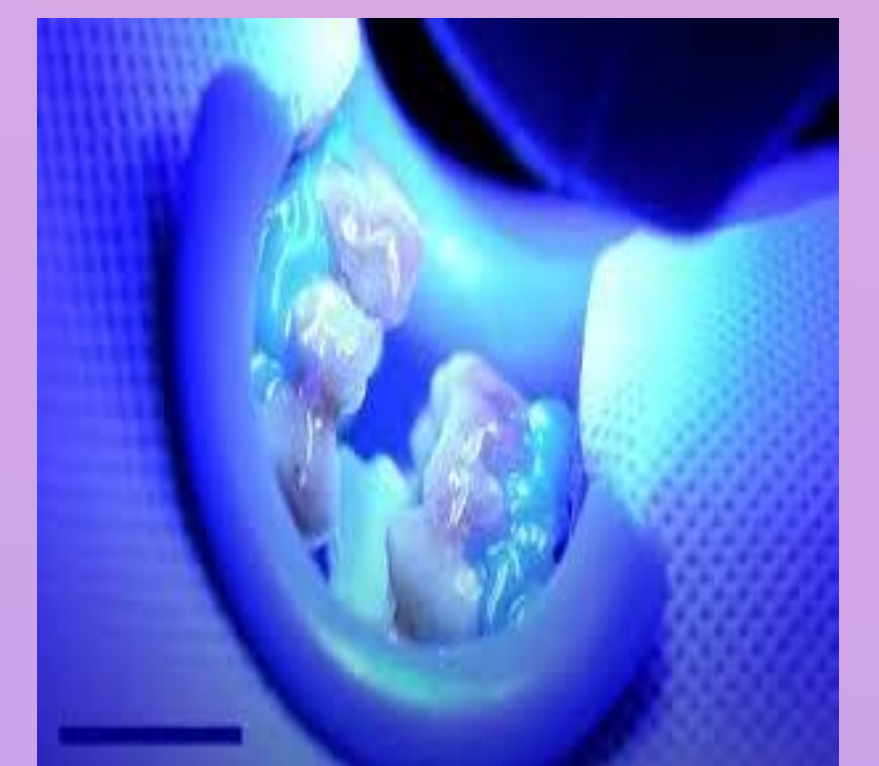
**UNIVERSITY „GOCE DELCEV”- STIP**  
**Faculty of Medical Science**  
**Dental Medicine**

**MODERN ESTHETIC RESTORATIVE  
PROCEDURES FOR THE RESTORATION OF  
HARD TOOTH TISSUES**

*Natasha Longurova Ph.D, Verica Toneva, Katerina Zlatanovska Ph.D , Ivona Kovacevska Ph. D*

The beautiful appearance is a part of the everyday life but the teeth along with the oral cavity are one of the first things that are visually noticeable so their esthetic affects the confidence of one individual. The contemporary way of life imposes needs of new and modern esthetic solutions.

The oral health is an exclusively important factor which contributes to the overall look, it includes establishment of satisfactory function of the dentogenetic system as well as its esthetic. One of the main goals of the dental treatment I designing natural and esthetic smiles which satisfy the individuals and the specific needs of the patients.



The aim of this study was to establish modern esthetically restored procedures for the restoration of hard dental tissues, which are most used techniques in dental offices in North Macedonia, their demand by patients as well as the results from the same. For the realization of this thesis a questionnaire was prepared for the doctors and each of the respondents expressed their personal experience for the the new specific modalities of treatment that are increasingly present in the everyday dental practice: teeth whitening, lasers, laminates and microabrasion.

Patients are looking for aesthetic solutions to a minor problem or a complete aesthetic reconstruction of a smile that should be performed with minimal or without invasion of healthy tissues, or the whole process should be minimally invasive.