





|                             |  | ACTIVITY PROGRAMME FOR A YOUTH EXCHANGE "HIMAN LIBRARIES" |                                      |            |  |  |
|-----------------------------|--|---|--------------------------------------|------------|--|--|
| Activity n°                 | A1   |   |                                      |            |  |  |
| Participating organisations | Women's Organization of Strumica – Republic of North Macedonia, NGO Infocentar Skopje – Republic of North Macedonia, World for All - Bulgaria, United Balkans - Bulgaria, ESKAD – Turkey |   |                                      |            |  |  |
| City                        | /Town  | Country   | Stat date                            | End date   |  |  |
| Plovdiv                     |  | Bulgaria  | 13.06.2021                           | 18.06.2021 |  |  |
| Timetable                   | Activities   |   |                                      |            |  |  |
|                             |  | I   | Day 1                                |            |  |  |
| 16.00 - 17.00               | Arrival of participants  | Arrival of participants                                   |                                      |            |  |  |
|                             |  | Day 2: So   | ocial Exclusion                      |            |  |  |
| 09.00 - 10.00               | Opening of youth exchange and presenting the goals of the exchange   |   |                                      |            |  |  |
|                             | Mutual acquaintance  | of the participants (icebreakers)                         |                                      |            |  |  |
|                             | Expectations   |   |                                      |            |  |  |
|                             | Presentations of the I   | eaders: Prejudice, stereotypes ar                         | nd hate speech in the home countries |            |  |  |
| 10.00 - 10.15               | Pause  |   |                                      |            |  |  |
| 10.15 – 11.15               | Interactive workshop   | "Social Exclusion"  |                                      |            |  |  |
|                             | What is social exclusion   | on? How is it manifested? How to                          | o overcome?                          |            |  |  |
| 11.15 – 11.30               | Pause  |   |                                      |            |  |  |
| 11.30 – 12.15               | Social exclusion through sports activities   |   |                                      |            |  |  |
| 12.15 – 12.30               | Pause  |   |                                      |            |  |  |
| 12.30 - 13.15               | Social exclusion through art activities  |   |                                      |            |  |  |
| 13.15 – 13.30               | Pause  |   |                                      |            |  |  |
| 13.30 - 14.00               | Reflection   |   |                                      |            |  |  |
| 14.00 - 15.00               | Lunch  |   |                                      |            |  |  |

















| Day 3: Discrimination and hate speech |  |  |  |  |
|---------------------------------------|--|--|--|--|
| 10.00 - 11.00                         | Sport as a field for discrimination and hate speech                    |  |  |  |
| 11.00 - 11.30                         | Pause  |  |  |  |
| 11.30 – 12.15                         | Interactive workshop: Discrimination and hate speech                   |  |  |  |
| 12.15 – 12.30                         | Pause  |  |  |  |
| 12.30 – 13.15                         | Art as a space for overcoming discrimination and hate speech           |  |  |  |
| 13.15 – 13.30                         | Pause  |  |  |  |
| 13.30 - 14.00                         | Reflection   |  |  |  |
| 14.00 - 15.00                         | Lunch  |  |  |  |
| Day 4: Stereotypes and prejudices     |  |  |  |  |
| 10.00 - 11.00                         | Interactive workshop: Stereotypes and prejudices"                      |  |  |  |
| 11.00 - 11.30                         | Pause  |  |  |  |
| 11.30 - 12.15                         | Overcoming stereotypes and prejudices through sports activities        |  |  |  |
| 12.15 – 12.30                         | Pause  |  |  |  |
| 12.30 – 13.15                         | Artistic expression as a form of overcoming stereotypes and prejudices |  |  |  |
| 13.15 – 13.30                         | Pause  |  |  |  |
| 13.30 - 14.00                         | Reflection   |  |  |  |
| 14.00 - 15.00                         | Lunch  |  |  |  |
| Day 5: Event Human Libraries          |  |  |  |  |
| 10.00 - 11.00                         | Roles and tasks; Preparation of participants                           |  |  |  |
| 11.00 - 11.15                         | Pause  |  |  |  |
| 11.15 – 12.15                         | Preparation of participants  |  |  |  |
| 12.15 – 12.30                         | Pause  |  |  |  |
| 12.30 - 14.00                         | Event: Human Libraries   |  |  |  |
| 14.00 - 15.00                         | Lunch  |  |  |  |

















| 19.00 – 20.00 | Evaluation and awarding of certificates |  |  |  |
|---------------|---|--|--|--|
| 20.00         | Dinner                                  |  |  |  |
| Day 5         |   |  |  |  |
| 11.00 - 11.30 | Departure of participants               |  |  |  |









