



**FEDERATION OF SPORT PEDAGOGUES
OF THE REPUBLIC OF MACEDONIA**

**PROGRAM
for
24th. SYMPOSIUM ON SPORTS
AND PHYSICAL EDUCATION OF YOUTH**



Agency for youth and sport



Association of Sport Federations



Argumentum Research Association



Macedonian Olympic Committee

**September 10th & 11th, 2021
Ohrid, Hotel Sileks,
Republic of North Macedonia**



Федерација на Спортските педагози на Република Македонија Federation of the sports pedagogues of the Republic of Macedonia

General program

10.09.2021, Friday

- 10.00 – 12.45 Registration of participants registered for off line participation
- 12.45 – 13.00 Registration of zoom platform for participants registered for online participation
- 13.00 – 13.15 Opening of the Symposium
- 13.15– 14.30 Invited speakers – EUPEA & Hungarian School Sport Federation
- 14.30 – 15.00 Invited presenters – GEM Project
- 15.00 – 15.30 Coffee break/active break
- 15.30 – 18.00 Presentation of papers
- 18.00 – 19.30 Workshop ““Self-consciousness: How to be a conscious trainer?””
- 19.30 – 20.00 Closing of the Symposium

LINK FOR REGISTRATION ON ZOOM PLATFORM FOR ONLINE PARTICIPATION

FSPRM MACEDONIA is inviting you to a scheduled Zoom meeting.

Topic: 24th Symposium on sports and physical education of youth

Time: Sep 10, 2021 12:00 PM Sarajevo, Skopje, Zagreb

Join Zoom Meeting

<https://us02web.zoom.us/j/81446518831?pwd=RW5UczYrZUNzb3NZUStteUw1M3dNUT09>

Meeting ID: 814 4651 8831

Passcode: 010927

11.09.2021, Saturday

- 10.00 – 12.00 Presentation of papers
- 12:00 – 12.30 Awarding certificates and Closing of Symposium
- 13:00 – 17:00 Touristic tour in Ohrid and visit to Monastery St Naum for offline participants



Федерација на Спортските педагози на Република Македонија

Federation of the sports pedagogues of the Republic of Macedonia

10.09.2021 Friday

13.15– 14.30 Invited speakers - EUPEA & HSSF

13:15 – 13:40	Dr. Claude SCHEUER President of EUPEA (Luxemburg)	The Covid-19 pandemic and its implications on the quality of physical education in Europe
13:40 – 14:05	Anita KIRÁLY, PhD Hungarian School Sport Federation (HSFF) (Hungary)	European School Sport Day files explained
14:05 – 14:30	dr. Róbert PAIC, PhD Hungarian School Sport Federation (HSFF) (Hungary)	Grassroots exchange and mobility – empowering youth sport professionals from the perspective of the Hungarian School Sport Federation
Note	20 min presentation, 5 min Q&A for each spiker	

14.30 – 15.00 Invited presenters – GEM Project

14:30 – 14:40	Vivienne HOLT Head of International Operations at Youth Sport Trust International (UK)	How can youth sport leadership (YSL) equip young people with the skills and qualities they need to thrive?
14:40 – 14:50	Andreu Raya DEMIDOFF Sport for Education and Health (Spain)	Making possible healthy and active lifestyles for kids.
14:50 – 15:00	Magdalena SPASOVSKA TAKT (North Macedonia)	Sport for Development- The local approach
Note	7 min presentation, 3 min Q&A for each presenter	



Федерација на Спортските педагози на Република Македонија

Federation of the sports pedagogues of the Republic of Macedonia

Session program 10th September (Friday), 2021

15.30 – 15.30 Coffee break/active break

15.30 – 18.00 Presentation of papers

15:30 – 15:40	Tonča JUKIĆ & Sani KUNAC University of Split, Faculty of Humanities and Social Sciences (Croatia) FOOTBALL COACHES' SELF-ASSESSMENTS AND YOUNG FOOTBALL PLAYERS' ASSESSMENTS OF COACHES' EMOTIONAL COMPETENCE: A CORRELATIONAL RESEARCH
15:40 – 15:50	Vera SIMOVSKA HEPA Makedonija – North Macedonia PHYSICAL ACTIVITY/INACTIVITY AND NUTRITION FACTORS ASSOCIATED WITH OBESITY - MY PLATE MODEL IN SCHOOL-AGED CHILDREN
15:50 – 16:00	Fatma SACLI UZUNOS School of Sports Science and Technology, Head, Department of Coaching Education Nevşehir Hacı Bektaş Veli University Capadocia- Turkey EXPERIENCES OF BRAIN BREAK PRACTICES AMONG COACHING EDUCATION STUDENTS DURING THE COVID-19 PANDEMIC: A DESCRIPTIVE PHENOMENOLOGICAL STUDY
16.00 – 16:10	Astrit ISENI, Agim REXHEPI, Laureta ABAZI & Agron ADEMI University of Tetovo, Faculty of Physical Education – Tetovo, North Macedonia THE EFFECT OF PLYOMETRIC TRAINING PROGRAM ON SPEED PERFORMANCE IN STUDENTS
16.10 – 16.20	Veselina IVANOVA¹, Eleonora MILEVA² & Biljana POPESKA³ ¹ National Sport Academy “Vasil Levski”, Sofia - Bulgaria ² Faculty of Education, Trakia University, Stara Zagora – Bulgaria ³ Faculty of Educational Sciences, Goce Delcev, Stip – Macedonia COMPARATION OF RESULTS FROM PHYSICAL EDUCATION ONLINE TEACHING IN MACEDONIA AND BULGARIA
16.20 – 16.30	Zornica MLADENOVA PLAMENOVA The Foundation for global community health - Bulgaria PUBLIC HEALTH, PHYSICAL EDUCATION AND SPORTS PSYCHOLOGY AND DIGITAL TRANSFORMATION
16:30 – 16.40	Despina SIVEVSKA¹ & Biljana POPESKA² ^{1,2} Faculty of Educational Sciences, Goce Delcev University, Stip – North Macedonia HOW COVID 19 PANDEMIC CHANGED STUDENTS' PARTICIPATION IN LEISURE TIME ACTIVITIES
Note	Presentaion 7 min, 3 min Q & A



Федерација на Спортските педагози на Република Македонија
Federation of the sports pedagogues of the Republic of Macedonia

15.30 – 18.00 Presentation of papers

16:40 – 16:50	Sanja STEFANOVA Youth on Board, NGO – North Macedonia OUTDOOR ACTIVITIES OF YOUNGSTERS IN TIMES OF PANDEMIC
16:50 – 17:00	Katerina MITEVSKA PETRUSHEVA¹ & Snezana JOVANOVA MITKOVSKA² ¹ Faculty of Education, International Balkan University, Skopje – North Macedonia ² Faculty of Educational Sciences, Goce Delcev University, Stip – North Macedonia PEDAGOGIES OF YOUTH SPORT
17:00 – 17:10	Vullnet Ameti¹, Astrit Iseni², Haki Ismaili³, Agim Rexhepi⁴, & Laureta Abazi⁵ University of Tetovo, Faculty of Physical Education – Tetovo, North Macedonia IMPACT OF PHYSICAL FITNESS AND BODY COMPOSITION ON THE SUCCESS OF SPRINT RUNNING AT 400 METERS
17:10 – 17:20	Zoran JOVANOVSKI, Jugoslav SPASIKJ & Gordan STOJCEVSKI Federation of sport pedagogues of Macedonia ONLINE PHYSICAL EDUCATION TEACHING FROM THE ASPECT OF PRIMARY SCHOOL CHILDREN
17:20 - 17:30	Snezana JOVANOVA MITKOVSKA¹ & Katerina MITEVSKA PETRUSHEVA² ¹ Faculty of Educational Sciences, Goce Delcev University, Stip – North Macedonia ² Faculty of Education, International Balkan University, Skopje – North Macedonia THE CONCEPT "DUAL CAREER" FOR ATHLETES
17:30 – 17:40	Astrit ISENI¹, Blerim SULEJMANI² & Artan KRYEZIU³ University of Tetovo, Faculty of Physical Education – Tetovo, North Macedonia CANONICAL RELATIONS BETWEEN ANTHROPOMETRIC CHARACTERISTICS AND MOTOR ABILITIES AT 16 YEARS OLD STUDENTS
17:40 – 17:50	Jugoslav SPASIK, Zoran JOVANOVSKI & Gordan STOJCEVSKI Federation of sport pedagogues of Macedonia EXPERENCES FROM PHYSICAL EDUCATION ONLINE TEACHING

18.00 – 19.30 WORKSHOP “Self-consciousness: How to be a conscious trainer?”

Workshop presenters: Ana KEGALJ – FC Hajduk Split, Croatia

assoc. prof. Tonča JUKIĆ – Department of Pedagogy, University in Split

19.30 – 20.00 Closing Day 1 of the Symposium

20:30 Gala dinner

President of
Federation of Sport Pedagogues of Macedonia
Prof. Gordan Stojcevski