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## MODELLING THE EXTENT OF SUSTAINABILITY OF TOURISM DESTINATIONS IN SERBIA

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#### ABSTRACT

There are different aspects of perceptions of tourism sustainability. Yet, studies are limited in putting the focus on policy enablers' perception. In this line, the policymakers represent those who contribute to manage and control tourism destination development. The aim of the paper is to identify the level of sustainability of tourism destinations in Serbia from a policy perspective (such as governmental bodies, contributors to management strategies, tourist organizations, etc.). By identifying the main tourism impacts from the three-pillar sustainability dimension, the research determines destinations' operating sustainability. Based on a multi-staged methodology, data was collected by using a qualitative method (expert's judgment and content analysis of the existing strategic tourism development documents) and a quantitative method (219 half-structured deep interviews). A model is proposed that posts directions for systematic organization of policymakers to infer conclusions on the current state of well-being of tourism destinations. Such model enables thorough assessment of the progress of sustainability, thus initiating strategic tourism development reforms.

**Keywords**: Tourism, Sustainability, Policy approach, Perception.

#### INTRODUCTION

Sustainable development as a concept firstly emerged with concerns related to protection of natural environment [41, 43], and later expanded to socio-economic issues [39, 42]. As such, the concept reflected in a "triple pillar" context understood as a principle to meet human development goals and to sustain natural systems to supply the natural resources while achieving social, environmental, and economic progress [23, 47].

With regards to tourism sustainability, it is a concept vastly debated, but with a consensus that understanding the principles of sustainability is the most essential for sustaining tourism development [18, 31, 33]. So, it encompasses socio-cultural, environmental, and economic tourism impacts as three theoretical pillars. Due to numerous impacts tourism has on destinations, it is important to understanding stakeholders' perception (local communities, tourists, operators, and regulators). By understanding tourism sustainability from different perspectives may assist in minimizing the negative and maximizing the positive tourism effects. Only if all tourism segments unify and work together, sustainability may be achieved [19, 44].

There has been a long debate on tourism sustainability with various discussion on different aspects. Regardless the interpretations, it is concluded that sustainability means a concept that incorporates social, ecological, and economic aspects, with a main concern on their optimization. In this line, United Nations' Agenda 2030 foresees meeting 17 sustainable development goals [38] and understanding principles of sustainability [18, 32, 33].

Some aspects of sustainability have been elaborated long time ago, like the tourism demand aspect as a one-site measurement in terms of controlling sustainability [8, 24], the macro and micro approaches when addressing sustainability of tourism resources [15], even the issues of the inter-generational in favor of intra-generational equity as an essential prerequisite of sustainable tourism [5, 45].

Furthermore, various concepts are argued, and numerous theories are utilized, from the mostly employed Social exchange theory [1], Tourist area life cycle [7], and Irridex model [12], to the new ones, like: Stakeholders theory, which has been extensively debated [9, 10, 16, 25, 46], Dependency theory [20], Place attachment theory [17], Resistance theory [11], and many more [27]. Additionally, many studies include policy enablers' perception [13, 30, 32, 34]. On the other hand, there are negative examples where investments have not sustained and gained sustainability [39, 40].

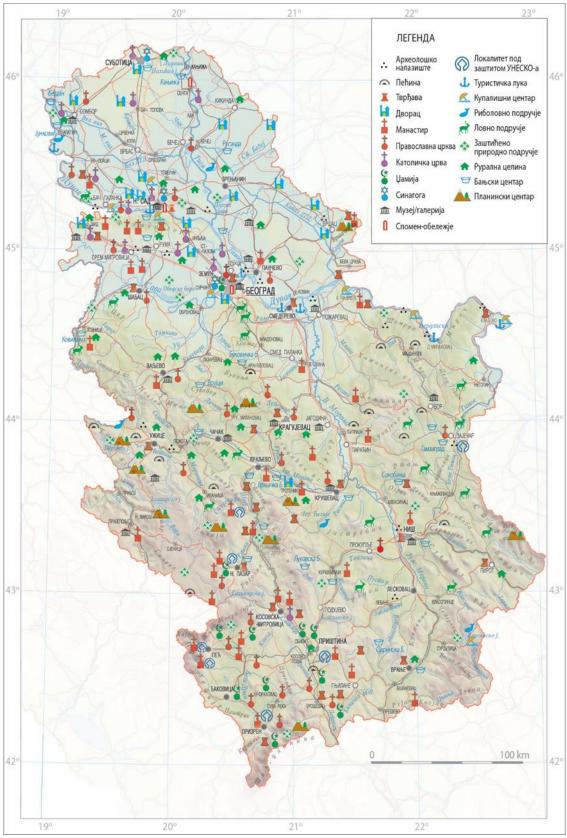
The paper follows previous findings of the mainstream sustainability pillars to identify tourism impacts, by assessing tourism destinations' operating sustainability from a policy perspective. In this line, the policymakers are those who manage and control tourism destination's development, as tourist organizations, governmental agencies, management bodies, etc. A model is suggested as a framework for strategic tourism development reforms, and it is applied on the case of Serbia. The model posts directions for policymakers to assess the current state of well-being of tourism destinations as well as to direct and monitor policies towards sustainable development.

After the introduction, some stylized facts on Serbia as a study area are presented. The next section presents the applied methodology, followed by discussion and conclusion. The study contributes to the literature review on tourism sustainability in Serbia as already previously discussed [30].

#### STUDY AREA

The research is applied on Serbia (Figure 1) as a country that practices tourism despite many limitations for prosperous development, as lack of finances and limited investments in tourism, low GDP, etc. Some studies have applied the stakeholders' theory on tourism in Serbia [2, 13], but this research adds by quantifying Serbia's operating sustainability of tourism destination.

Although Serbia has recognized tourism as a priority developmental area with very important task towards the European Union integration [28], there is a shortage of precise priority actions needed to make it more sustainable [22]. The National Tourism Organization is responsible for tourism promotion at the national level and three regional tourism organizations (Vojvodina, West Serbia and Sandžak) at regional level. Furthermore, there are over 130 local tourism organizations at municipal level, over 300 tourist agencies, about 200 hotels and restaurants, and almost 200 licensed tour guides [30].



**Figure** 1. Tourism map of Serbia Source: [4], author: Milovan Milivojević

The overall sustainability framework is defined within the National Strategy on Sustainable Development [28] and the Strategy of Tourism Development 2016-2025 [29]. Although the concept foresees a balance between the main sustainability pillars (sociocultural, environmental, and economic), yet, the accent is on issues related to the proper use of natural resources. Additionally, many regional plans, tourism destination master plans, municipal development plans and so forth, further address development of tourism destinations in Serbia. Despite the presence of many documents related to the issue of sustainability, a profound lack of inter-sectoral coordination is noted [22] and a dialog to develop commonly desirable policies [6, 36].

#### METHODOLOGY

The study applies a multi-stage methodology to understand policy enablers' perception on the operating sustainability of tourism destinations in Serbia.

In the first stage, a qualitative method was applied, when data was collected by expert's judgment and content analysis of the existing strategic tourism development documents [35]. The goal was to identify if the core sustainability issues were properly addressed by the policymakers, and the frequency referenced by the interviewees from the second stage. The main secondary sources were the National Strategy on Sustainable Development [28], the Strategy of Tourism Development [29], regional development plans, tourism destinations' master plans, and municipal tourism development plans.

In the second stage, a quantitative method was applied. Moreover, 219 half-structured deep interviews were conducted during the International Belgrade Tourism Fair in February 2018. Very often, fairs are used in research as gathering point with high frequency [3, 21]. The respondents came from 79 municipalities, covering about 60% of all local tourism organizations in Serbia.

Table 1	Summerized	structure of the	intorviou	protocol
Table 1.	Summarized	structure of the	interview	protocor

Section	Aim		
Introduction	Explaining the research aim.		
Perception	Gathering data (full notes) on 12 sustainable indicators to asses		
1	policy enablers' perception on socio-cultural, environmental and		
	economic impacts		
Enablers' policy and	Gathering data (full notes) on necessity of reform of tourism		
challenges	development in the destination		
Interviewee data*	Gathering demographic and socio-economic data, as well as data		
	on policy level and type of organization		

#### Note:

- \*The sample consisted of:
- Tourism policy organizations: local 79%, regional 8.4%, national 10.9%, and international 1.7%. -
- Working position: managers 35.3%, and employees 64.7%.
- Type of organization: public 85.6%, and private 14.4%.
- Working at: research centers and universities 4.2%, municipal institutions such as tourist organizations and offices 66.4%, hotels and other establishments 15.1%, and cultural and other associations 14.3%.
- Gender: male 35.6%, and female 64.4%.
- Age: between 36-60 years old 49.2%, 18-45 years 46.6%, and older than 60 years 4.2%.
- Education: university 87.3%, and 12.7% high school.

Besides the three main researchers, additional six students were engaged, forming three groups (a senior and two students) holding an interview between 15-20 min. in the local language. To avoid overlapping of respondents, each group marked the interviewees on a spread-shit and exchange it among each other. The interviews were guided by an

interview protocol, consisting of open-ended questions allowing free discussion with minimum intervention (Table 1). Full notes were taken for a qualitative evaluation on a broad spectrum of policy issues to determine respondents' perspectives on reform challenges of current tourism development. Additionally, respondents were asked to add if any omitted, but relevant aspect of tourism policy reform. Based on the expert's judgment, findings are summarized, and conclusion is done. Beside qualitative perception, respondents gave quantitative evaluation on the three sustainability pillars on the five-point Likert Scale.

Based on the exploratory factor analysis, a structural equation modelling was performed. It presents the relationship between the factors on tourism sustainability impacts in Serbian tourism destinations.

#### **RESULTS**

Upon the rate of respondents' level of agreement with sustainability indicators, critical factors affecting operating sustainability of tourism destinations in Serbia are identified (Table 2). The factor analysis is appropriate since the overall Cronbach's alpha (0.83) is much above the suggested limit of 0.6 [26], the Kaiser-Meyer-Olkin value (0.634) is a mediocre [14], and the Bartlett's test (p < 0.05) is significant.

Table 2. Tourism sustainability factors of tourism destinations in Serbia.

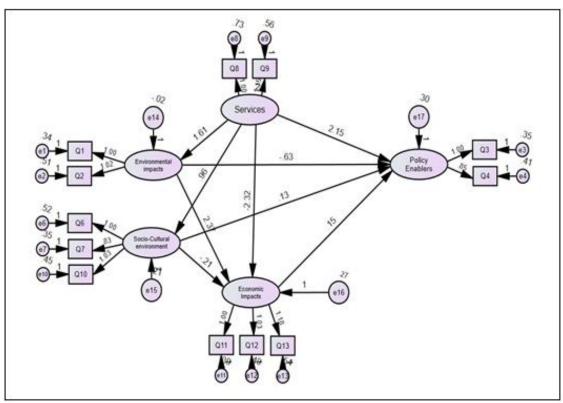
No	Factor	Item	Loading
1	Socio-cultural environment	<ul><li>Social equity</li><li>Authenticity of the destination</li><li>Cultural richness</li></ul>	0.744
2	Services	- Transport services - Communal services	0.807
3	Environmental impacts	- Natural resources - Local community involvement in environmental protection	0.882
4	Economic impacts	<ul><li>- Economic viability</li><li>- Employment quality</li><li>- Local prosperity</li></ul>	0.832
5	Policy enablers	<ul><li>Monitoring sustainability of tourist destination</li><li>Managing sustainability of tourist destination</li></ul>	0.900

Note: Extraction method: principal axis factoring. Rotation method: promax with Kaiser normalization

The relationships between the factors of Table 2 are presented in Figure 2. The model has a good fit, since the  $\chi 2$  (111.2) is significant,  $\chi 2/df$  (2.47) has a value lower than 5, the CFI (0.929) and the IFI (0.931) are above 0.9, the RMSEA (0.063) is slightly over 0.05, and the SRMR (0.552) is well below 0.8. As such, all fit indices are above the cut-points. The model enables direct links with other factors towards policy enablers. Yet, some issues need additional clarification since some relations in the Figure 1 may be easily misinterpreted. It is noticeable that the largest impact has the factor services (transport and communal). It is very likely to expect positive economic effects of transport and communal services, which is not the case.

Herein, the negative correlation is explained by respondents' distribution where substantial number express neutral perceptions on employment quality assessment, visà-vis the largest number of negative impressions concerning the local prosperity issues. This is completely understandable, since as the negative perception on environmental

impact grows, the bigger is the influence on the policy enablers to create development policy for preserving and protecting the environment from tourism impacts. The same is the issue with the correlations related to the policy enablers. Namely, there are mostly neutral statements on monitoring and managing sustainability levels, and 38.3% and 38.9% of negative assessment when evaluating monitoring process and the management aspect of sustainability at destinations, respectively. The lowest is the influence of the independent variable socio-cultural environment, even though for foreign tourists, culture development and cultural events are often the most important motives for visiting tourism destination



**Figure 2**. Structural equation model Source: Authors

#### **DISCUSSION**

Based on collected qualitative data and the content analysis of current strategic tourism development documents, along with the expert's judgment, the research found convergences and divergences with respondents' perception. As similarity, it was found the same general perception that tourism in Serbia offers numerous benefits for tourism destinations and consequently should be positively acknowledged. Similarity was also found in the expressions of distress when monitoring tourism product quality.

On the other hand, differences were also noted. The study found that tourism development documents address the broad concerns with no care to achieve sustainability. As such they lack enhancing the local opportunities for the future, which is substantial element of sustainability. This is the main concern of interviewed policymakers.

Furthermore, when assessing tourism factors that affect operating sustainability of Serbian tourism destinations, the study found that the socio-cultural impacts are perceived as the most beneficial by the policy enablers. More precisely, authenticity and uniqueness

of destination are the most relevant for sustainable development. As such, Serbia should be focused on the cultural values which are found to mediate environmental and economic perceptions at a destination level.

Strangely, but the environmental factor was identified with a medium impact. So, the ecological setting in terms of physical integrity, diversity, resource efficiency and the environmental purity, was found to be very sensitive. According to policy enablers, this provokes a need to raise the environmental issue at a higher developmental level to be properly addressed.

Even though economic sustainability in terms of employment, viability and local prosperity is important for tourism destinations, for Serbia, is in the phase of supporting development of infrastructure, product design, and marketing. So, the core concept of wellbeing is missing.

Additionally, the study found that policy makers are seriously concerned with the process of planning sustainable tourism development and urge the need for re-shaping the current strategic tourism documents. An accent is put on responsible controlling and a lack of coordination at all levels of policymaking, particularly in terms of consolidation of different development goals and tourism plans. With no cooperative attitude and marginalized role of the local community, sustainability in tourism development is missed. As such, the main sustainability aspects (socio-cultural, environmental, and economic) despite being extremely relevant for tourism destinations' development, are not operating at optimum level.

#### **CONCLUSION**

The study investigated policymakers' perception on the main tourism challenges and shortcomings when addressing the issue of sustainability of Serbian tourism destinations. A model is proposed that posts directions for systematic organization of policymakers to infer conclusions on the current state of well-being of tourism destinations. Such model enables thorough assessment of the progress of sustainability, thus initiating strategic tourism development reforms. The research revealed that policymakers are focused on maintaining several elements of the environmental quality of tourism destinations (as authenticity and ambient), which might be effective only on short-term, unlike sustainability which is a long-term concept. There is a need to re-shift the perception from just ecological concern into much complex issue with a three-dimensional concern. The way out in enhancing current modest tourism sustainable development is detected in reshaping the strategies into effective ones along with improvements and solid changes in the policy context for embracing the sustainability. At the standing point, tourism destinations in Serbia are rather managed in a maintainable than in a sustainable manner

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