

**LEISURE TIME ACTIVITIES OF STUDENTS DURING COVID 19 PANDEMIC –
OPPINIONS OF STUDENTS FROM TEACHING FACULTIES IN BULGARIA AND
MACEDONIA**

Georgi Ignatov¹, Despina Sivevska² & Biljana Popeska³

¹Sport Department, Sofia University “St. Kliment Ohridski”, Sofia, Bulgaria

^{2,3} Faculty of Educational Sciences, Goce Delcev University Stip, Macedonia

Abstract:

COVID 19 pandemic change everyday habits of the people in all segments of life including movement habits and leisure time activities. The aim of the presented study is to determine changes in leisure time activities of students at Teaching faculties during COVID 19 pandemic as well as differences in these segments between students from Bulgaria and Macedonia. The study was realized on a total sample of 211 participants, including 92 students at Teaching Faculty at Sofia University, Bulgaria and 119 students at Faculty of Educational Sciences at Goce Delcev University in Stip, North Macedonia. The study was conducted as a part of larger study, using questioner composed from Likert type questions and it was administrated online. Obtained results were analyzed using descriptive statistic parameters. Differences were determined using non parametric statistic procedures. The results suggest on changes in leisure time activities, mainly in more time for personal hobbies and interests as well as positive changes in level of satisfaction of personal use of leisure time.

Keywords: leisure time, activities, pandemic, university students, differences