

# 9th World Congress of Behavioural & Cognitive Therapies

**Berlin, July 17th-20th 2019**



# WCCBT

## The World Confederation of Cognitive and Behavioral Therapies

Founded in January 2019 to represent Cognitive and Behavioural Associations across the world. Founding members:

Asian Cognitive Behaviour Therapy Association (**ACBTA**) | Association for Behavioral and Cognitive Therapies (**ABCT**) | Australian Association for Cognitive and Behavioural Therapies (**AACBT**) | European Association for Behavioural and Cognitive Therapies (**EABCT**) | International Association of Cognitive Psychotherapy (**IACP**) | Latin-American Association of Analysis, Behavioral Modification and Cognitive and Behavioral Therapies (**ALAMOC**)



Responsible for overseeing the organisation of World Congresses

### Previous World Congresses

- 1st** Copenhagen, Denmark 1995
- 2nd** Acapulco, Mexico 1998
- 3rd** Vancouver, Canada 2001
- 4th** Kobe, Japan 2004
- 5th** Barcelona, Spain 2007
- 6th** Boston, USA 2010
- 7th** Lima, Peru 2013
- 8th** Melbourne, Australia 2016
- 9th** Berlin, Germany 2019
- 10th** Jeju Island, South Korea 2022



## Welcome to WCBCT2019 Willkommen zum WCBCT2019



Sarah Egan

As President of the World Confederation of Cognitive and Behavioral Therapies I am delighted to welcome you to the 9th World Congress of Behavioural and Cognitive Therapies. We knew that when EABCT was chosen to host the World Congress in Berlin that the organisers would make it a great success and the programme you can now see demonstrates that this will be the case. With over 80 countries from every continent participating it will be a truly global congress that will carry on the tradition of making our triennial World Congress a show case for the success and development of Cognitive and Behavioural Therapies across the world and so many important areas of health and social care. Enjoy the Congress!

**Sarah Egan**, President, World Confederation of Cognitive and Behavioural Therapies



Thomas Kalpakoglou

It's an honour for EABCT to be hosting the 9th World Congress in Berlin. This is the third opportunity for us to welcome delegates to a World Congress in Europe and will add Berlin to our list of successful World Congresses that were previously held in Copenhagen in 1995 and Barcelona in 2007. This year is another opportunity to gather together the most influential researchers and therapists in CBT and provide an excellent forum for new researchers and new ideas. Moreover, Berlin is the perfect place at the crossroads of Europe and the world to meet old friends and make new friends, surrounded by the atmosphere of a cosmopolitan and exciting city. EABCT welcomes you all to Berlin.

**Thomas Kalpakoglou**, President, EABCT



Wolfgang Schreck

As the host association for WCBCT2019 we welcome you to Germany. It is our pleasure to see so many delegates from across Germany, Europe and the rest of the world joining us in Berlin for this truly global meeting. DGVT has always been committed to develop (cognitive-)behavioural approaches by taking into account the broader social and political context. We are glad that health-political as well as social aspects are clearly visible in the scientific programme. DGVT welcomes you to Berlin, a vibrant and interesting city

**Oliver Kunz**, **Judith Schild** and **Wolfgang Schreck**, The Board of the Deutsche Gesellschaft für Verhaltenstherapie



Oliver Kunz



Judith Schild

We hope that our five years of planning in collaboration with the Deutsche Gesellschaft für Verhaltenstherapie, and the other German, European and worldwide CBT associations for cognitive and behaviour therapies, will ensure that this is a congress that you will remember for many years to come. We hope that you will take away new ideas and new friendships from across the world and that your days at the Congress with us in Berlin live up to your expectations. With over 4000 delegates from 85 different countries we have succeeded in making WCBCT2019 the largest global gathering of CBT clinician's and researchers and we will continue to work hard to make the next three days a success.

**Andreas Veith** and **Rod Holland**, WCBCT 2019, Congress Organisers



Rod Holland



Andreas Veith

The choice of the WCBCT2019 theme; "CBT at the Crossroads", reflects the rapid pace of development, across both theoretical and applied aspects of the field, and in particular the role of CBT within the broader social and political context. The Call for Papers produced an exceptional rate of high quality submissions and significant competition for inclusion in a truly global scientific programme. We are particularly pleased at the good balance of empirical research and training opportunities, with nearly 100 pre- and in-congress workshops plus skills classes, and the significant opportunities for early career clinicians and researchers to present on the world stage, through over 30 open paper sessions and nearly 1000 poster presentations. We wish you a memorable and inspirational time at WCBCT2019 and hope you have as much fun as we, and the Scientific Committee, had in putting together the programme alongside our 10 assistants.

**Thomas Heidenreich** and **Philip Tata**  
WCBCT2019 Chairs of the Scientific Committee



Thomas Heidenreich



Philip Tata





## WCBCT2019 Organising Committee

**Andreas Veith** | Congress Organiser  
**Rod Holland** | Congress Organiser  
**Waltraud Deubert** | DGVT  
**Hayley Dare** | Steward Coordinator  
**John Kentish** | Congress Web Master  
**Katharina Mosen** | Social Media  
**Janice Kalagi** | Social Media  
**Thomas Kalpakoglou** | President EABCT  
**Kristoffer N T Månsson** | Honorary Treasurer EABCT  
**Dinie Naezer-Heerschop** | Association Manager EABCT

## German Speaking Support Group

Rainer Knappe (AVM-D), Stefanie Schmidt (AVM-CH), Jan Richter (DGPs), Ania Conradi (DGPs), Kurt Hahlweg (DGPs), Jürgen Tripp (DVT), Rudi Merod (DGV), Monika Basqué (DGV), Ingeborg Pucher-Matzner (ÖGVT) and Valentina Anderegg (SGVT).

## Scientific Committee

**Thomas Heidenreich**  
 Chair Scientific Committee  
**Philip Tata**  
 Chair Scientific Committee  
**Simon Blackwell**  
 Chair Scientific Committee (Open Papers and Posters)  
**Jeanine Narrog** | Administrator  
**Emily Nething** | Administrator  
**Anke Heier** | Administrator  
**Janine Turner** | Administrator  
 Arnoud Arntz, the Netherlands  
 Carolyn Becker, USA  
 James Bennett-Levy, Australia  
 Simon Blackwell, Germany  
 Susan Bögels, the Netherlands  
 Jamal Chiboub, Morocco  
 Younghee Choi, South Korea  
 Peter de Jong, the Netherlands

Keith Dobson, Canada  
 Miguel Fullana, Spain  
 Gillian Haddock, UK  
 Kurt Hahlweg, Germany  
 Emily Holmes, Sweden  
 Sheri Johnson, USA  
 Jutta Joormann, USA  
 David Kavanagh, Australia  
 Jung-Hye Kwon, South Korea  
 Ken Laidlaw, UK  
 Kristoffer Månsson, Sweden  
 Michelle Moulds, Australia  
 Tom Ollendieck, USA  
 Pierre Philipot, Belgium  
 Patricia Resick, USA  
 Roz Shafran, UK  
 Regina Steil, Germany  
 Mehmet Sungur, Turkey  
 John Taylor, UK  
 Ed Watkins, UK  
 Susan White, USA  
 Sabine Wilhelm, USA  
 Charlotte Wittekind, Germany  
 Michael Witthöft, Germany  
 Marcella Woud, Germany

## German Language Programme

Eva-Lotta Brakemaier, Marburg  
 Thomas Fydrich, Berlin  
 Jürgen Hoyer, Dresden  
 Alexandra Martin, Wuppertal  
 Johannes Michalak, Witten-Herdecke  
 Babette Renneberg, Berlin  
 Ulrich Stangier, Frankfurt  
 Ulrike Willutzki, Witten-Herdecke

## International Support Group (Scientific)

**Horst Mitmansgruber** (Austria AVM), **Tobias Glück** (Austria OEGVT), **Sylvie Blairy** (Belgium AEMTC), **Filip Raes** (Belgium VVGT), **Igor Krnetić** (Bosnia & Herzegovina), **Ivanka Zivic Becirevic** (Croatia), **Jan Prasko** (Czech Republic), **Stephen Austin** (Denmark), **Reham Aly** (Egypt), **Kirsti Akkermann** (Estonia), **Jorma Fredriksson** (Finland FACBT), **Raimo Lappalainen** (Finland Sky), **Abdel Halim Boudoukha** (France), **Martine Bouvard** (AFFORTEC), **Kate Abdushelishvili** (Georgia), **Ulrich Schweiger** (Germany DVT), **Gregoris Simos** (Greece GACBP), **Loukas Athanasiadis** (Greece GBA), **Artemios Pehlivanidis** (Greece, HSCP), **Unoka Zsolt** (Hungary), **Sjofn Evertsdottir** (Iceland), **Colette Kearns** (Ireland), **Guy Doron** (Israel), **Aristide Saggino** (Italy AIAMC), **Rita Ardito** (Italy SITCC), **Selviye Izeti** (Kosovo), **Leva Bite** (Latvia), **Aimee Karam** (Lebanon), **Julius Neverauskas** (Lithuania), **Jamal Chiboub** (Morocco), **Olivera Markovic** (Montenegro), **Arnold van Emmerik** (Netherlands), **Jon Fauskanger Bjaastad** (Norway), **Muna Hemeid** (Palestine), **Agnieszka Popiel** (Poland), **Maria do Céu Salvador** (Portugal), **Lucian Ile** (Rumania RABCT), **Daniel David** (Rumania ACBT), **Alexandra Yaltonskaya** (Russia), **Olivera Zikic** (Serbia), **Nikola Petrovic** (Serbia and Montenegro), **Maja Bundalo Bočić** (Slovenia), **Jung-Hye Kwon** (South Korea), **Miquel Angel Fullana** (Spain), **Kristoffer Månsson** (Sweden SACBT), **Lise Bergman Nordgren** (Sweden, SABB), **Valentina Anderegg** (Switzerland SGVT-SSTCC), **Gabriel Thorens** (Switzerland ASPCo), **Stefanie Schmidt** (Switzerland AVM-CH), **Mehmet Sungur** (Turkey, TACBT), **Hakan Turkcapar** (Turkey, ACBPT), **Valentyna Parobiy** (Ukraine), **Christopher Williams** (UK)

## EABCT Support Group (Organisational)

Austria, OEGVT	<b>Ingeborg Pucher-Matzner</b>	Latvia, LACBT	<b>Gints Polis</b>
Austria, AVM	<b>Horst Mitmansgruber</b>	Lebanon, LSCBT	<b>Aimee Karam</b>
Belgium, AEMTC	<b>André Masson</b>	Lithuania, CBTA	<b>Julius Neverauskas</b>
Belgium, VVGT	<b>Jan Callens</b>	Montenegro, MNACBT	<b>Jelena Cuckovic</b>
Bosnia&Herzegovina, BHACBT	<b>Diana Ridjic</b>	Morocco, MBCT	<b>Nadia Kadri</b>
Bulgaria, BACBP	<b>Irina Lazarova</b>	Netherlands, VGCT	<b>Mariëtte Lammers</b>
Croatia, CABCT	<b>Branka Bagaric</b>	Norway, NFKT	<b>Torkil Berge</b>
Czech Republic, CSCBT	<b>Petr Možný</b>	Palestine, PABCT	<b>Mohammed K. Mukhaimar</b>
Danmark, SAKT	<b>Stephen Austin</b>	Portugal, APTC	<b>Serafim Carvalho</b>
Egypt, EACBT	<b>Reham Aly</b>	Romania, RABCT	<b>Mirela Tirlie</b>
Estonia, EACBT	<b>Kirsti Akkermann</b>	Romania, RACBT	<b>Anca Dobrean</b>
Finland, FACBT	<b>Kirsi Räisänen</b>	Russia ACBT (R)	<b>Daria Maryasova</b>
Finland, SKY	<b>Tero Timonen</b>	Serbia&Montenegro, ACBT	<b>Nikola Petrovic</b>
France, AFTCC	<b>Stacey Callahan</b>	Serbia SRABCT	<b>Olivera Zikic</b>
Georgia, GABCT	<b>Kate Abdushelishvili</b>	Slovenia, SABCT	<b>Polonca as</b>
Germany, DVT	<b>Jürgen Tripp</b>	Spain, SCRITC	<b>Eva Baillies</b>
Greece, GACBP	<b>Christoforos Nestoris</b>	Sweden, SACBT	<b>Tadeusz Jarawka</b>
Greece, GBA	<b>Elena Heinz</b>	Sweden, SABT	<b>Björn Paxling</b>
Greece, HSCP	<b>Nikoletta Avgeri</b>	Switzerland, SGVT-SSTCC	<b>Valentina Anderegg</b>
Hungary, HABCT	<b>Unoka Zsolt</b>	Switzerland, ASPCo	<b>Christine Favre</b>
Ireland, IABCP	<b>Colette Kearns</b>	Switzerland, AVM-CH	<b>Stefanie Schmidt</b>
Iceland, IACBT	<b>Sjofn Evertsdottir</b>	Turkey, TACBT	<b>Yusuf Sivrioglu</b>
Israel, ITA	<b>Danny S. Derby</b>	Turkey, ACBPT	<b>Selcuk Aslan</b>
Italy, AIAMC	<b>Anna Meneghelli</b>	Ukraine, UACBT	<b>Valentyna Parobiy</b>
Italy, SITCC	<b>Michele Procacci</b>	United Kingdom, BABCP	<b>Katy Grazebrook</b>
Kosovo, KACBTH	<b>Selviye Izeti</b>		



## Abstracts

All registered participants can download the abstracts on the congress website [www.wcbct2019.org](http://www.wcbct2019.org)  
A limited number of printed Abstract Books can be purchased at the Congress

## Accompanying Persons

Delegates registered as an accompanying person will have a congress badge that identifies them as a Guest. This will provide access to all facilities within the CityCube but will not allow entrance into the lecture theatres and seminar rooms for the scientific sessions. Accompanying persons will be able to have complimentary refreshment and catering during the breaks but lunch is not included.

## ATM Machine

There is an ATM Machine in the entrance hall of the CityCube next to the cloakroom.

## Capacity in the Lecture Halls and Seminar Rooms

The CityCube is one of the largest congress centres in Europe with a number of large lecture and seminar rooms. While we have made every attempt to organise the programme to reflect the popularity of individual themes and sessions there may be times when rooms become full and we may have to exercise the right to restrict entry particularly for some invited addresses and skills classes. We apologise if this happens and would suggest that delegates arrive in good time for the sessions they are interested in attending.

## Certificate of Attendance

All registered participants will receive a certificate of attendance by email immediately after the Congress has finished. Additional certificates of attendance will be sent to delegates who have attended individual pre-congress workshops and in-congress workshops by email as well.

## Cloakroom

The cloakroom is located in the entrance hall and open during the Congress.

## Congress Documents

Registration fee for participants covers: admission to scientific sessions from 18th-20th July 2019, admission to exhibition and poster area, congress documents, collection of abstracts (online), Opening ceremony.

## Congress Language

The official congress language will be English. Simultaneous translation will not be provided. Approximately 15% of the programme will be in the German language only. Details are included in this final programme.

## Congress Scientific Stewards

A team of volunteer English and German speaking scientific assistants will be assisting throughout the Congress to help speakers and delegates and ensure that the programme runs smoothly. They are there to help answer any questions you have and are easily identified by their WCBCT2019 T-shirts.

## Congress Venue

CityCube Berlin, Messedamm 26, 14055 Berlin, Germany

## CityCube Security Staff

The congress centre also provides uniformed staff to ensure that the delegates are safe and the building is secure.

## Exhibition

The exhibition is situated in Hall B on Level 2.

## Opening Hours

Wednesday, 17th July 2019	09:00-20:00
Thursday, 18th July 2019	10:00-17:00
Friday, 19th July 2019	10:00-17:00
Saturday, 20th July 2019	10:00-14:00

## Helpful Telephone Numbers

Taxi Berlin:	+49 30 20 20 20
TaxiFunk Berlin:	+49 30 44 33 22
Fire Service:	112
Police:	110

## In-Congress Workshops

Delegates who are fully registered for the Congress will be able to attend any of the in-congress workshops that are available. The titles of these are contained in this programme and full details of each workshop can be viewed on the Congress website. You can register for the In-congress workshops at the registration desk. There is an additional charge for these workshops. The number of participants for all of the workshops is limited so early registration is recommended.

## Information and Message Boards

You will find information points in the exhibition hall in Hall B with details of programme changes and other important information. A message board for you to use to post information and connect with other delegates will be available in the registration area on the ground floor

## Internet Access

Free wireless internet access is available in the CityCube. The password is WCBCT2019

## Liability Disclaimer

The organisers cannot be held liable for any hindrance or disruption of congress proceedings arising from political, social or economic events or any other unforeseen incidents beyond their control. The organisers will accept no liability for any personal injuries sustained or for loss or damage to property belonging to congress participants, either during or as a result of the Congress or during all tours and events. Registration of a participant entails acceptance of these conditions.

## Lost & Found

A Lost & Found box will be placed at the registration desk.

## Media Check/Preview Centre

For those who have not uploaded their presentations the media check is located in Hall B. Speakers are asked to hand in their presentation at the media check at least 2 hours before the session.

## Opening Hours

Tuesday, 16th July 2019	15:00-18:00	Friday, 19th July 2019	07:45-18:15
Wednesday, 17th July 2019	07:45-19:00	Saturday, 20th July 2019	07:45-18:00
Thursday, 18th July 2019	07:45-18:15		

## Moving between Sessions

There will only be a short break of 5 minutes between each session with the following times being allocated throughout each day:

08:30–10:00	Symposia/open papers/panel debate/roundtable	<b>3 Poster sessions</b> will be run each day between 09:00-11:30, 12:00-14:30 and 15:00-17:30. (17.00 on Saturday)
10:30–11:55	Symposia/open papers/panel debate/roundtable	
12:00–13:00	Invited Address	
13:00–14.00	Lunch	<b>In-congress workshops</b> will also be held each day between 10:15-13:45 and 14:00-16:55 (there is an additional charge for attending these)
14:00–15.00	Symposia/open papers/panel debate/roundtable	
15:30–16:55	Symposia/open papers/panel debate/roundtable	
17:00–18:00	Invited Address	

## Name Badge

You will appreciate that it is the responsibility of the organisers to ensure that only those people who have registered for the Congress are able to benefit from the programme and facilities that are provided. For this reason your congress badge must be worn visibly at all times in the Congress centre, the exhibition area and the scientific rooms. Without your badge you will be denied access. If you lose your badge then please go to the registration desk and arrangements will be made to issue you with a new badge although we will have to make a charge of €30 for a replacement. Please respect the instructions that the Congress Stewards, MCI and the CityCube security staff have for preventing access if you do not have a badge and go to the registration desk where you will be assisted.

## Photography, Audio, Video and Mobile Phone Policy

Audio, photo and video recording by any device (e.g. cameras, laptops, PDAs, mobile phones, watches) is strictly prohibited during all oral and poster sessions, unless prior permission is obtained from the Congress organiser. Use of mobile phones is strictly prohibited during scientific sessions. Mobile phones must be switched off while attending sessions.

## Programme Changes

The organiser reserves the right to make changes if necessary. No full or partial refunds are made to the attendees in the event of cancellations or other changes in the Programme. Please note that changes will be posted at the registration desk and at the entrance of the session halls. Participants will be informed about the changes.

## Refreshments and Catering

Complimentary coffee or other refreshment will be served between 10:30-11:00 in the morning and 15:00-15:30 in the afternoon during the Congress. This will be served in the Exhibition Hall. Coffee cups cannot be taken into the main lecture halls. There is also an opportunity to purchase refreshments including a light snack throughout the day in the Cube cafe. There will be a lunch break between each day in the Exhibition Hall.

## Registration Desk

The Congress registration desks are located on the entrance hall of the CityCube. You will find staff from MCI who provide our professional congress, available at the registration desk to assist you with your registration and any other help you may need.

## Opening Hours

Tuesday, 16th July 2019	15:00-18:00	Friday, 19th July 2019	07:45-18:15
Wednesday, 17th July 2019	07:45-19:00	Saturday, 20th July 2019	07:45-18:00
Thursday, 18th July 2019	07:45-18:15		

## Scientific Support Office

This is located in Room O7

## Opening Hours

Wednesday	15.00-17.00
Thursday & Friday	7.30-11.30, 13.00-14.30, 15.00-16.30
Saturday	7.30-11.00, 13.00-14.00

## Services for the disabled

The CityCube is an accessible building and all the rooms at the Congress centre cater for participants with disabilities. However, if you experience difficulty in accessing any of the rooms or using any of the facilities then please inform the staff at the registration desk or one of the stewards and they will assist.

## Smoking

Smoking is strictly prohibited in the Congress venue by law.

## Tourist Information

Berlin is full of museums, galleries, theatres, architecture and hundreds of other points of interests. Tourist information will be available in your hotel but we have also included a city map with your registration pack and there will a tourist information desk in Hall B of the Congress centre to help you make the most of your visit to Berlin.

## General Procedures:

### Timing of Sessions

In order to keep the sessions (symposia etc.) running according to schedule and allow questions from the audience it is very important to keep the presentations within the allotted time. Stopping a speaker from completing a presentation can be very embarrassing for everybody concerned and hopefully will not be necessary if everyone respects this requirement.

Speakers will have received information about their allotted speaking time, but if not please contact the convenor of your session to find this out or else consult this final programme. A more detailed version of these instructions is available on the WCBCT2019 website.

### Presentation Material

Please note that only digital material will be accepted for oral presentations. Speakers may have submitted their presentation material online prior to the congress, however, presenters are also able to upload their presentation on-site at the Preview Centre in Hall B. The presentations will be transferred to the session rooms electronically. The material remains the property of the speakers.

Please note that the use of own laptops/notebooks and presentation equipment is not allowed for Symposia and Open Paper presentations.

Speakers are reminded to check in at the preview centre's welcome desk at least 90 minutes prior to their scheduled presentation, even if they have already uploaded their presentation prior to the meeting.

### Technical Specifications

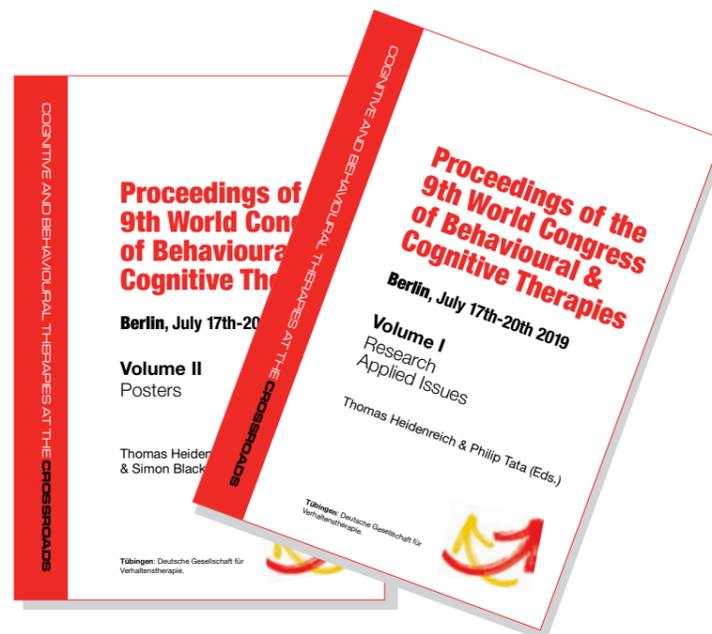
Detailed information regarding what is permissible with regard to media, types of formats etc. have been circulated to all convenors, open paper presenters etc. and are available on the WCBCT2019 website.

### On-site presentation upload procedure

- Check in at the preview centre's welcome desk to receive your login details
- Log on to an available computer and upload your presentation
- Presentations can be checked and edited onsite

### Presentation

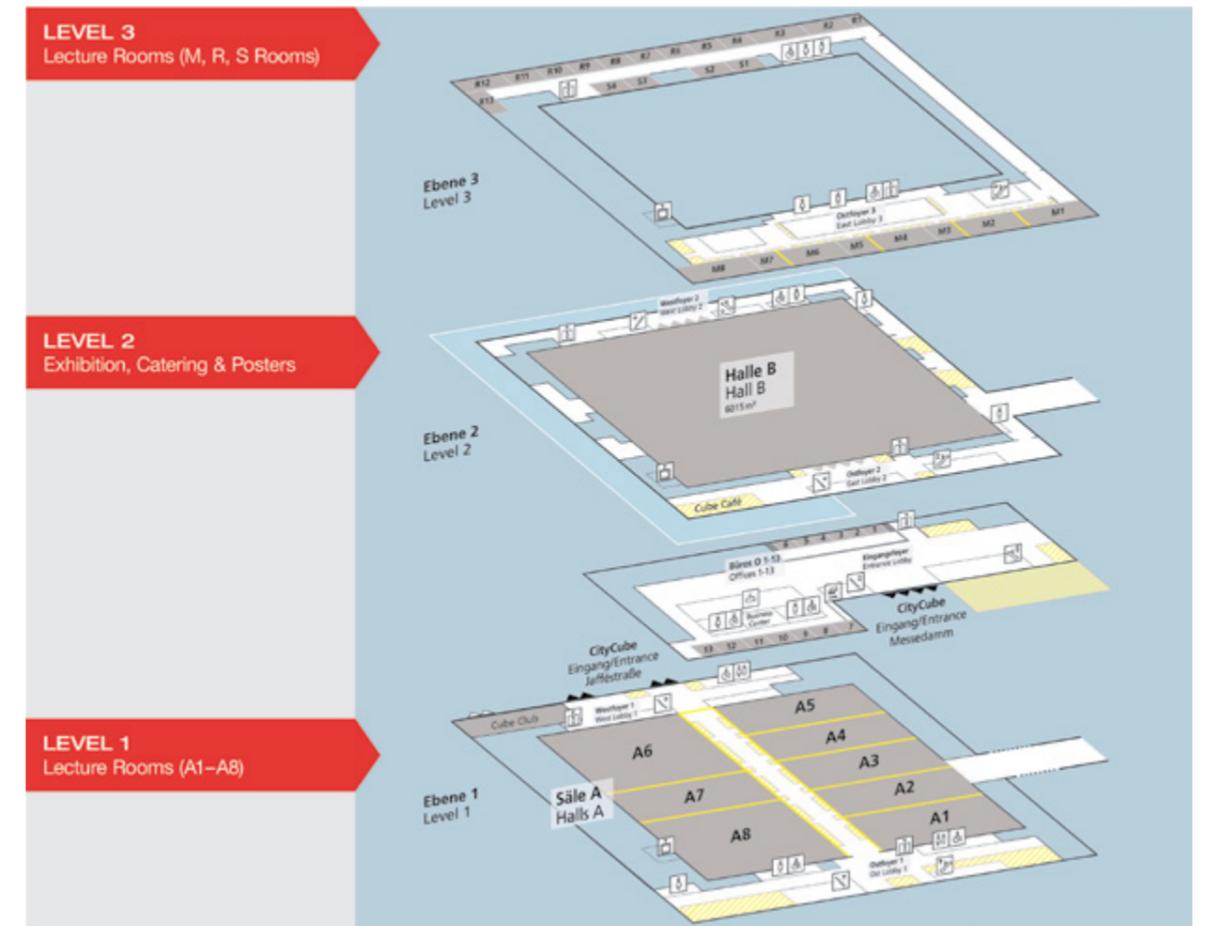
- 1 Arrive in the room with sufficient time before the session (at least 5 minutes beforehand). Introduce yourself to the chairperson and to the room assistant. Make the chairperson familiar with the pronunciation of your name and institution.
- 2 If time permits questions from the audience will be possible at the end of the presentation. The chairperson may ask you in advance for a specific topic that you would like to address to complement your presentation, in case there are no questions from the audience.
- 3 When the previous presentation is over, and before the chairperson calls you, approach the room assistant who will help you set up in rooms that provide microphones.
- 4 Strictly follow the instructions of the chairperson(s), especially with regards to the time allotted for your talk e.g. time signals from the chairperson i.e. 5 and 2 minutes to go cards.
- 5 Speak directly into the microphone in a normal voice and do not touch the microphone.
- 6 It is recommended to use the mouse as a pointer, and to follow the arrow on the monitor in front of you.



### Take home a permanent record of the largest global CBT meeting!

A limited number of the 2 volumes of the World Congress Abstract Books can be bought at the DGVt book stand in Hall B and at the In-Congress Workshop Booking table.

The price of each separate Volume is 20€ but you can get both Vol.I and Vol.II for only 32€.



## Public Transportation

To reach the CityCube take the S-Bahn train towards 'Spandau'. Leave the train at the 'Messe Süd (Eichkamp)' station which is approximately one minute by foot away from CityCube. To check the timetable of the public transportation in Berlin and more information please visit [www.bvg.de/en](http://www.bvg.de/en). There is a free "FahrInfo Plus" app (Android or iOS (Apple)) which allows you to use your mobile phone as a ticket and find out about connections or save favourite routes and call them up at the tap of a finger.



If it is your first time attending a World Congress, you may feel a little overwhelmed by the scientific programme. To make it easier for you to navigate the different events and decide which presentations to attend, we have prepared this short guide.

The World Congress consists of a full day of pre-congress workshops, and then a three-day programme including invited addresses, symposia, panel debates and roundtables, in-congress workshops, skills classes, technical demonstrations, open paper sessions, and poster presentations.

**Streams...** The World Congress scientific programme is organised into 18 streams, which represent broad areas within CBT, such as Adult Anxiety, Children and Adolescents etc., plus a separate German Language stream. To help you better plan your use of time, all presentations are colour coded by stream within the scientific programme. Where possible, presentations within a stream have been scheduled at different times to allow delegates interested in a specific area to attend many or all of the relevant stream presentations.

... *'But how do I decide what to attend?'* ...

If you are interested in the latest research in a specific stream, then posters, symposia and keynotes are likely to be of particular interest to you. However, if you wish to broaden or update your skills base then Workshops, Skills Classes and Panel Debates are likely to be more appropriate. Alternatively, if you are skilled in one specific area in CBT, you may want to go to something completely outside this area of competence. Finally, many delegates prefer to stay with what is relevant to their current practice in order to top up their skills and knowledge and get the latest ideas.

Symposia, open paper sessions, and poster presentations can be really useful for networking and meeting people working in similar fields... especially in the coffee breaks! Alternatively, you may prefer to attend events by well-known presenters who you have never had a chance to hear, in which case you will find the Invited Addresses and perhaps the Panel Debates and Clinical Roundtables most interesting.

In addition to all of this, there is a full exhibition including stalls from book publishers, relevant companies, and international CBT organisations, as well as special interest group meetings, and of course the social programme, all of which carry more opportunities for new learning and networking!

You will probably get the most out of the World Congress if you take half an hour or so at the start to sit quietly with the scientific programme in order to go through it carefully and then plan your own individual itinerary/schedule.

We hope this is helpful, please do ask any of the organisers if you have any questions during the World Congress, and above all, enjoy!

## *'What exactly are the different types of presentations at the World Congress?'*

**Pre-Congress Workshops...** these are whole-day events focused on both skills and theory. They are scheduled on the day before the World Congress. A separate registration fee applies to these workshops and they must be booked in advance.

**Invited Addresses (IA)...** IA speakers are typically clinical researchers who are well known nationally or internationally. These addresses usually attract large audiences, and last approximately one hour, including, if possible, time for questions. The IA typically cover current research and clinical issues of both theoretical and clinical relevance, as well as touching on the World Congress themes. The IA are scheduled after the symposia sessions, at both noon and the late afternoon, and generally there will be five or six English Language parallel IA on different topics.

**Symposia...** these are organised collections of talks, perhaps 4 or 5, focusing on a specific topic or subject area. Some papers can be very data-focused, centred on new studies and trials and their outcomes. Others are more applied, looking at service or skills-related subjects. Speakers may range from presenters at an early stage in their careers presenting their own work, to leaders in the world of CBT. Symposia often include a discussant at the end where time is allowed for audience participation. Some symposia have been put together by a convenor listed in the programme, whereas others are designated 'Open Paper' symposia, meaning that the individual speakers have independently submitted talks that the scientific committee have then grouped together to form a coherent symposium addressing a specific area of interest.

**Panel Discussions...** These are sessions, typically one hour in length, where speakers are encouraged to present their points of view and debate a topic with each other, and actively with the audience. There are generally 4 or 5 speakers, and often these events feature nationally or internationally recognised researchers or clinicians.

**Clinical Roundtables...** These are events where clinicians discuss how they would approach treating a specific case, for example, treatment-resistant depression. These involve well-known clinicians, and audience involvement is encouraged.

**Posters...** The content of a poster can range from research studies and service evaluations to clinical case reports. There are three poster sessions per day, each of which is themed to include contributions from one or more of the World Congress streams. The sessions last 2 ½ hours and you are free to walk around and interact with the presenters, who will usually be present by their poster to discuss their poster in more detail, answer any questions, and offer handouts or take contact details for further communication. You should plan your attendance carefully for the poster session(s) that interest you, as the posters are removed promptly at the end of each session.

**In-Congress Workshops (ICW)...** These are half-day (3 hour) events focused on both skills and theory. They are scheduled throughout the World Congress scientific programme. Details are listed on both the World Congress website and a separate brochure included in the delegate pack. A separate registration fee applies to ICW and delegates can register either in advance of the World Congress, or alternatively on-site.

**Skills Classes (SC)...** These are opportunities to learn a particular applied skill. SC focus on a specific clinical or research skill or therapeutic approach. Focusing on such varied topics as using virtual reality to treat paranoid psychosis to how to develop and apply single-case design methods in routine clinical practice. A well-known clinician typically leads them and depending on the topic involved these may be more or less didactic or interactive, but there will often be opportunity for delegates to ask questions and interact with the presenter. **Please note, that as SC are free to attend to all registered delegates, they generally can get full quite quickly, and therefore for safety reasons become closed when the maximum capacity of the room is reached.**

**Technical Demonstrations...** These are comparatively short demonstrations that last up to one hour and present specific technology or equipment and its application to CBT. Technical demonstrations can include the presentation of both hardware and software, as well as research and clinical data, in a flexible yet focused manner. Presenters can have a commercial interest in the technology presented, although any commercial organisation involvement and/or affiliation should be identified in the description of the presenters. Technical demonstrations will run during the lunch period of the main World Congress programme.

As a final point, by bringing so many people in the world of CBT together in one place, the World Congress offers a great opportunity to meet people with similar interests, some of whom you may have heard of but never met, and some of whose work you may encounter for the very first time at the conference. If you hear someone give a talk or present a poster that you find particularly interesting, you vaguely recognise their name from somewhere, or you simply find yourself standing next to someone in the queue for coffee, don't be afraid to introduce yourself and ask them about their own work and interests, or perhaps what they've found particularly interesting at the congress so far. Most people love talking about their work and interests, whether research or in clinical practice, and will be very happy to chat for a few minutes or even longer. Meeting people in this way can be one of the great pleasures of such a congress, so please do make the most of this opportunity.

We are using the Hall B in the CityCube as our Exhibition area and this will be a very important part of the Congress. It is the place where delegates can visit the exhibition stands, the WCCBT associations, enjoy the refreshment and lunch breaks and mingle.

The Exhibition Hall will also be the venue for the 9 poster sessions that will run throughout the Congress. We would like to acknowledge our thanks to all the companies and organisations who have supported the Congress with their Exhibition stands in the Hall and their sponsorship of the Congress.

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## Regional Association Stands

- Asian Cognitive and Behaviour Therapy Association (ACBTA)**  
10th World Congress of Cognitive and Behaviour Therapy 2022, Jeju Island, South Korea
- Association for Behavioural and Cognitive Therapies (ABCT)**  
53rd Annual Convention, Atlanta GA, USA, November 2019
- Australian Association for Cognitive and Behaviour Therapy (AACBT)**  
40th Annual Conference, Adelaide, South Australia, October 2019
- European Association for Behavioural and Cognitive Therapies (EABCT)**  
50th European Association for Behavioural and Cognitive Therapies Congress, Athens, Greece, September 2020
- International Association for Cognitive Psychotherapy (IACP)**  
10th International Congress of Cognitive Psychotherapy, Rome, Italy, June 2020
- Latin-American Association of Analysis, Behavioural Modification and Cognitive and Behavioural Therapies (ALAMOC)**



Congresses organised by the European Association for Behavioural and Cognitive Therapy are well known not only for the quality of the scientific programme but also for the opportunity provided by the social programme for delegates to meet, socialise and enjoy themselves. The World Congress programme in Berlin is designed to ensure that there will be plenty of opportunity to meet people from across the world in a relaxed and informal setting. Whether this is wining and dining together, dancing and partying into the earlier hours or just in a relaxed conversation at the end of a busy day we know that Berlin will help forge new friendships and contacts between delegates from all corners of the globe.

Berlin is famous for its culture, its food and its energy so there will plenty for delegates to explore and experience in the city during, before and after the congress. However, we do hope that you will take advantage of the social programme we have put together for the congress.

**17th July | Opening Reception** | 19.30 – 21.00

## Exhibition Hall at CityCube

Following the Opening Addresses and official Welcome in Hall 8 delegates can join the Organisers of the congress for a welcoming drink and canapés in the Exhibition Hall on Level 2 to celebrate the start of the 9th World Congress. There is no charge for this event and all delegates and their accompanying persons are welcome.

**18th July | International Congress Party** | 21.00 – Late

## Congress Party and BBQ

**Beergarden Zollpachhof** (Entrance by ticket only)

Join WCBCT2019 delegates for an evening of music and dance in the best Beergarden in Berlin. We have exclusive use of the Zollpachhof Beergarden, located in the heart of Berlin opposite the German Parliament, from 20.00 to midnight. A voucher is included in your registration pack if have pre-booked for this event and this will be needed for admission. A few tickets will also be on sale at the registration desk but since there is a limited capacity in the Beergarden then you are advised to book soon to avoid disappointment. The admission price is €50 and includes the BBQ, drinks from the bar (beer, wine and soft drinks) and the music.

Come and experience the LOUNGE SOCIETY, an internationally experienced band from Berlin playing live with a repertoire specially chosen for WCBCT2019. Don't forget your dancing shoes!

*Enjoy the Social Programme at the Congress*



Zollpachhof garden

# Pre-Congress Workshops

Eighteen full day workshops and thirteen half day workshops have been organised and will be held on Wednesday 17th July. Delegates will have booked in advance for these workshops. Delegates attending the workshops will have received a separate badge with their name and the number of the workshop they are attending when they register for the Congress. This must be visible during the workshop in order to gain admission. All the workshops will be held in the CityCube

The full day workshops and the morning half day workshops will start at 9.00 am. The afternoon workshops will start at 13.30. Refreshments mid-morning and afternoon, and a light lunch, are included in the cost of the workshop. Delegates will receive the materials for their workshop on arrival at the workshop room or will have been sent them in advance. Delegates can only attend the workshop that they have pre-registered for and cannot change workshops since many are already full. Certificates of attendance for the individual workshops will be sent by email to delegates at the end of the workshop.

## Full Day Workshops

<b>Workshop 1</b>	<b>Cognitive Therapy for Social Anxiety Disorder in Adults and Adolescents</b> David Clark, University of Oxford, UK	Room M2
<b>Workshop 2</b>	<b>Cognitive Behaviour Therapy for Health Anxiety and Beyond</b> Paul Salkovskis, University of Oxford, UK	Room M5
<b>Workshop 3</b>	<b>Reimagining Cognitive Behavior Therapy for Major Depression</b> Keith Dobson, University of Calgary, Canada	Room M3
<b>Workshop 4</b>	<b>Treating Mental Contamination in Obsessive Compulsive Disorders</b> Adam Radomsky, Concordia University of Montreal, Canada	Room R3
<b>Workshop 5</b>	<b>Cognitive Behavior Therapy for Children and Adolescents with Anxiety Disorders</b> Jennie Hudson, Macquarie University, Australia	Room R5
<b>Workshop 6</b>	<b>Adapting Cognitive Behavior Therapy to the Distinctive Features of Eating Disorders</b> Kelly Bemis Vitousek, Hawaii University, USA	Room R11
<b>Workshop 7</b>	<b>Cognitive Behavior Therapy for Personality Disorder</b> Judith Beck, Beck Institute for Cognitive Behavioural Therapy, USA	Hall A1
<b>Workshop 8</b>	<b>Schema Therapy for Personality Disorders</b> Eva Fassbinder, University of Lübeck, Germany	Room R10
<b>Workshop 9</b>	<b>Working with Complexity in Psychosis</b> Sandra Bucci, University of Manchester, UK	Room R9
<b>Workshop 10</b>	<b>Psychological Therapy for Bipolar Disorder – Why? What? How?</b> Fiona Lobban and Steve Jones, Lancaster University, UK	Room S3
<b>Workshop 11</b>	<b>How to be an Inspiring Trainer</b> Melanie Fennell, University of Oxford, UK	Room R12
<b>Workshop 12</b>	<b>Emotional Schema Therapy</b> Robert Leahy, American Institute for Cognitive Therapy, USA	Room M4
<b>Workshop 13</b>	<b>Compassion Focused Therapy for Self-criticism</b> Paul Gilbert, University of Derby, UK	Room M1
<b>Workshop 14</b>	<b>Process-based Cognitive Behavior Therapy</b> Steve Hayes, University of Nevada & Stefan Hofmann, Boston University, USA	Hall A2
<b>Workshop 15</b>	<b>In the Face of Adversity Build Resilience with Strengths-Based CBT</b> Christine A. Padesky & Kathleen Mooney, Center for Cognitive Therapy, USA	Room M8
<b>Workshop 16</b>	<b>Using Case Formulation and Progress Monitoring to Guide CBT</b> Jacqueline Persons, Oakland Cognitive Behavioural Therapy Centre, USA	Room R13
<b>Workshop 31</b>	<b>Transforming the Lives of Children, Parents, and Communities Through Evidence-based Parenting Support</b> Matthew Sanders, University of Queensland, Brisbane, Australia	Room R8
<b>Workshop 32</b>	<b>Variable Length Cognitive Processing Therapy for Posttraumatic Stress Disorder</b> Patricia A Resick, Duke University Medical Center, USA	Room R2

# Pre-Congress Workshops

## Half Day Workshops (Morning)

<b>Workshop 17</b>	<b>Cognitive Behaviour Therapy for Body Dysmorphic Disorder</b> David Veale, King's College London and South London and Maudsley Trust, UK	Room M7
<b>Workshop 18</b>	<b>Optimizing Treatment for Somatic Symptoms in Psychopathology</b> Omer van den Bergh, University of Leuven, Belgium & Michael Witthöft, University of Mainz, Germany	Room R6
<b>Workshop 19</b>	<b>Cognitive Behaviour Therapy for Refugees</b> Ulrich Stangier, Schahryar Kananian & Marwan Yehya, Goethe University Frankfurt, Germany	Room R4
<b>Workshop 20</b>	<b>Integrating Couple-based Approaches in Behaviour Therapy for Children</b> Nina Heinrichs, Braunschweig University of Technology, Germany	Room R7
<b>Workshop 21</b>	<b>CBASP: Wo KVT, Psychoanalyse und interpersonelle Ansätze sich kreuzen</b> Eva-Lotta Brakemeier & Isabel Schamong, Philipps-Universität Marburg, Deutschland	Room M6
<b>Workshop 23</b>	<b>Ein Gruppentraining für Mütter mit Borderline-Störung</b> Babette Renneberg & Charlotte Rosenbach, Freie Universität Berlin, Deutschland	Room S1

## Half Day Workshops (Afternoon)

<b>Workshop 24</b>	<b>Brief Integrated Motivational Intervention for Alcohol and Cannabis Use</b> Alex Copello, Birmingham University, & Emma Griffiths, University of Bath, UK	Room S1
<b>Workshop 25</b>	<b>Inhibitory Learning and Regulation during Exposure Therapy</b> Michelle Craske, University of California, LA, USA	Room M6
<b>Workshop 26</b>	<b>Cognitive Behavior Therapy for People with Irritable Bowel Syndrome</b> Rona Moss-Morris, Kings College, London, UK	Room R4
<b>Workshop 27</b>	<b>A Cognitive Behavioural Systems Approach to Sexual and Couple Problems</b> Mehmet Sungur, Istanbul Kent University, Turkey	Room R6
<b>Workshop 28</b>	<b>Offen und Engagiert: der Beitrag von ACT</b> Andrew Gloster, Universität Basel, Schweiz	Room M7
<b>Workshop 29</b>	<b>Behandlung von Trennungsängsten und Phobien im Kindesalter</b> Silvia Schneider, Universität Bochum, Deutschland	Room S2
<b>Workshop 30</b>	<b>Therapie der PTBS: Cognitive Restructuring and Imagery Modification</b> Regina Steil und Meike Müller-Engelmann, Universität Frankfurt, Deutschland	Room R7



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Invited Addresses  
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 In-Congress Workshops  
 Poster Sessions

“At A Glance”



Thursday 18th July (AM)  
 At A Glance

	8.30 – 10.00	10.30 – 12.00	12.00 – 13.00
<b>LEVEL 1 LECTURE THEATRES</b>			
Hall A1	<b>Symposium 1</b> Mindfulness for Psychosis	<b>Symposium 21</b> Repetitive Thoughts and Actions	<b>Invited Address 1</b> Paula Schurr, USA
Hall A2	<b>Symposium 2</b> Predicting Treatment Response for Mental Disorders	<b>Symposium 22</b> Innovative CBT Approaches in Somatic Conditions	<b>Invited Address 2</b> Omer van den Bergh, Belgium
Hall A3	<b>Symposium 3</b> New Developments in ACT	<b>Symposium 23</b> Personalizing Psychological Treatments	<b>Invited Address 3</b> Carolyn Webster-Stratton, USA
Hall A4	<b>Symposium 4</b> The Treatment of Youngsters with Obesity and Binge Eating	<b>Symposium 24</b> Transdiagnostic Group CBT for Anxiety Disorders	<b>Invited Address 4</b> Andres Losada, Spain
Hall A5	<b>Symposium 5</b> Transdiagnostic Approaches Mental Health Problems in Refugees	<b>Symposium 25</b> Mechanisms Underlying Adolescent Anxiety	<b>Invited Address 5</b> Thomas Ehring, Germany
Hall A7	<b>Symposium 6</b> Relapse Prevention in Depression	<b>Symposium 26</b> New Directions in Wellbeing Therapy	<b>Invited Address 7</b> Richard Bentall, UK
Hall A8	<b>Panel Discussion 1</b> What Works for Whom, and Under Which Relational Contexts?	<b>Panel Discussion 2</b> Bin ich VerhaltenstherapeutIn?	<b>Invited Address 6</b> Christine A. Padesky, USA
<b>LEVEL 3</b>			
Room M1	<b>Symposium 7</b> The Administration and Dissemination of CBT for OCD	<b>Symposium 27</b> Recurrence and Chronicity of Depression and Anxiety Disorders	<b>Invited Address 8</b> Beate Ditzen, Germany
Room M2	<b>Symposium 8</b> Rapid Treatment of Depression, Mania and Insomnia	<b>Symposium 28</b> Parent Management Training for Youth with Oppositional Defiant Disorder	13.00 – 14.00
Room M3	<b>Symposium 9</b> Transmechanistic CBT for Substance Use	<b>Symposium 29</b> CBT for Children and Adults with Intellectual Disabilities	<b>Technical Demonstration 1</b> CBT Augmented with Virtual Reality Exposure Therapy for Social Anxiety Disorder
Room M4	<b>Symposium 10</b> Attention Bias Modification in Pediatric Anxiety	<b>Symposium 30</b> Understanding and Treating Eating and Weight Disorders	13.00 – 14.00
Room M5	<b>Symposium 11</b> Does Attentional Bias Modification Matter?	<b>Symposium 31</b> Understanding Body Dysmorphic Disorder	<b>Technical Demonstration 2</b> Automated Virtual Reality Cognitive Intervention for Treating Fear of Heights
Room M6	<b>Symposium 12</b> Emotional Regulation in Childhood Anxiety Disorder	<b>Symposium 32</b> Perfectionism as a Transdiagnostic Process	<b>Sponsored Academic Presentation</b> Internet-delivered Interventions for Depression and Anxiety Disorders - Sponsored by Silvercloud Health
Room M7	<b>Symposium 13</b> Inferential Confusion as a Transdiagnostic Process	<b>Skills Class 2</b> Using Couple-Focused CBT for Long Term Conditions	<b>Technical Demonstration 3</b> Digital Assessments and Machine Learning for Optimal Treatment Plans
Room M8	<b>Symposium 14</b> New Developments in Schema Therapy 1	<b>Symposium 33</b> New Developments in Schema Therapy 2	
<b>LEVEL 3</b>			
Room R2	<b>Symposium 15</b> Cognitive Control and Emotion Regulation in Psychopathology	<b>Symposium 34</b> The Role of Flexibility in Identifying and Treating Psychopathology	
Room R3	<b>Symposium 16</b> The Treatment of Specific Phobia in Children	<b>In-Congress Workshop 4 (10.15 - 13.45)</b> Advances in CBT for Perfectionism Roz Shafran, UK, Tracey Wade, & Sarah Egan, Australia	
Room R4	<b>Skills Class 1</b> Anhaltspunkte für Kindeswohlgefährdung in der Psychotherapie	<b>Skills Class 3</b> BDD bei Essstörungen und BDD Störung	
Room R5	<b>Symposium 17</b> Internet-basierte Interventionen über die Wirksamkeit hinaus erforschen	<b>Symposium 36</b> Development of Core Beliefs in Indian Culture	

# Thursday 18th July (AM) At A Glance

	8.30 – 10.00	10.30 – 12.00	12.00 – 13.00
<b>LEVEL 3</b>			
Room R6	<b>Open Papers 1</b> Addictions	<b>Symposium 37</b> Vom Labor in den Therapieraum	
Room R7	<b>Open Papers 2</b> Older Adults and Dementia	<b>Skills Class 4</b> Working Online with Older People	
Room R8	<b>Open Papers 3</b> Mental Imagery	<b>Skills Class 5</b> Resistant and Non-Compliant Children and Young People	
Room R9	<b>Open Papers 4</b> Cultural Adaptations	<b>In-Congress Workshop 1</b> (10.15 - 13.45) Self-Reflection and Self-Experience in Combined CBT and Schematherapy Training Marie Ociskova & Jan Prasko, Czech Republic	
Room R10	<b>Open Papers 5</b> Behavioral Medicine	<b>In-Congress Workshop 2</b> (10.15 - 13.45) Schema Therapy for Children and Adolescents Christof Loose, Germany	
Room R11	<b>Symposium 18</b> Contributions of CBT to Sexual Health	<b>In-Congress Workshop 3</b> (10.15 - 13.45) Cognitive Behavioral Analysis System of Psychotherapy for the Treatment of Chronic Depression Jan Philipp Klein, Germany & Favorite Todd, USA	
Room R12	<b>Symposium 19</b> Posttraumatic Symptoms in Psychosis	<b>Symposium 35</b> Psychological Treatment of Addictive Behaviours	
Room R13	<b>Open Papers 6</b> New Treatment Approaches for Children and Adolescents	<b>Skills Class 6</b> Helping Patients with Paranoid Psychosis to Drop their Safety Behaviours	
Room S1	<b>Symposium 20</b> Virtual Reality in CBT	<b>Skills Class 7</b> Design, Implement and Publish a Single Case Experimental Design	
Room S2		<b>Symposium 38</b> CBT for Insomnia	
Room S3		<b>Open Papers 7</b> New Developments in Online Interventions	

	9.00 – 11.30	12.00 – 14.30
<b>LEVEL 2</b>		
Hall B	<b>Poster Session 1</b> Anxiety	<b>Poster Session 2</b> Addictions
		<b>Poster Session 2</b> Eating Disorders

## LEGEND

Addictions	Obsessive States	Eating Disorders	Trauma
Anxiety	Old Age/Neurobehavioral Disorders	Intellectual & Developmental Disabilities	Therapeutic Processes
Basic Processes/ Experimental Psychopathology	Children & Adolescents	New Developments	Training & Supervision
Behavioural Medicine	Cross-Cultural Issues	Personality Disorders	German Language
Psychosis & Bipolar Disorders	Depression	Family, Relationship & Sexual Issues	

# Thursday 18th July (PM) At A Glance

	14.00 – 15.00	15.30 – 17.00	17.00 – 18.00
<b>LEVEL 1 LECTURE THEATRES</b>			
Hall A1	<b>Symposium 39</b> Challenges in Therapy for Adolescents with Depression	<b>Symposium 61</b> OCD: Cognitive Processes and Mechanisms of Change	<b>Invited Address 9</b> Merel Kindt, the Netherlands
Hall A2	<b>Symposium 40</b> Prevention and Early Intervention for Eating Disorders	<b>Symposium 62</b> Racial Issues in the Assessment of Mental Health and Delivery of CBT	<b>Invited Address 10</b> Richard Hastings, UK
Hall A3	<b>Symposium 41</b> Chronic Depression: A Therapeutic Challenge Approached	<b>Panel Discussion 3</b> Treating Scrupulosity in Different Religious Populations	<b>Invited Address 11</b> Anke Ehlers, UK
Hall A4	<b>Symposium 42</b> Digital Therapy Applications for Psychosis	<b>Symposium 63</b> Developing and Improving Psychological Therapies	<b>Invited Address 12</b> Don Baucom, USA
Hall A5	<b>Symposium 43</b> Responding to Cognitive Behavioural Biomarkers of Vulnerability	<b>Round Table 1</b> What Works for Whom	<b>Invited Address 13</b> Katharine Phillips, USA
Hall A7	<b>Symposium 45</b> CBT Training and How to Reach Beyond Basic Training	<b>Symposium 65</b> A Tribute to Brewin's Work on Memory for Trauma	<b>Invited Address 15</b> Rob DeRubeis, USA
Hall A8	<b>Symposium 44</b> Personalizing Psychotherapy for Depression and Anxiety Disorders	<b>Symposium 64</b> Using Behavioural Experiments in the Treatment of Mental Disorders	<b>Invited Address 14</b> Steve Hayes, USA
<b>LEVEL 3</b>			
Room M1	<b>Symposium 46</b> Expanding the Reach of Prevention of Depression in Adolescent	<b>Symposium 66</b> Implementing Novel Cognitive-behavioural Interventions Across Diverse Populations	
Room M2	<b>In-Congress Workshop 5</b> Schema Therapy Arnoud Arntz, The Netherlands		
Room M3	<b>Symposium 47</b> Computerized Treatment for Depression and Anxiety in Children and Adolescents	<b>Symposium 67</b> Anxiety Sensitivity as a Transdiagnostic Risk Factor	
Room M4	<b>Symposium 48</b> Older Adults: Schema Theory and Schema Therapy	<b>Symposium 68</b> New Developments of Approach Bias Modification in Addiction	
Room M5	<b>Symposium 49</b> Attention and Learning Mechanisms in Child Anxiety	<b>Panel Discussion 4</b> Addressing Loneliness in the 21st Century	
Room M6	<b>Symposium 50</b> Understanding Psychological Mechanisms of Paranoia	<b>Symposium 69</b> Unequal Life Chances within the Same Family	
Room M7	<b>Symposium 51</b> Selbstverletzendem Verhalten bei Jugendlichen und jungen Erwachsenen	<b>Symposium 70</b> Body Dysmorphic Disorder – innovative Methodological Approaches	
Room M8	<b>Symposium 52</b> Parenting Interventions at the Transition to Parenthood	<b>Symposium 71</b> Optimizing Exposure Treatments for Anxiety Disorders	
<b>LEVEL 3</b>			
Room R2	<b>Symposium 53</b> Recent Goal Regulation Processes implicated in Mental Health	<b>Skills Class 8</b> Kognitive Therapie für PTBS	
Room R3	<b>Symposium 54</b> International Politics: A Cognitive Therapy Perspective	<b>Skills Class 9</b> Regret: A CBT Approach	
Room R4	<b>Symposium 55</b> Internet and Cognitive Behavioral Therapy	<b>Symposium 72</b> Neue Entwicklungen in der Kognitiven Verhaltenstherapie	
Room R5	<b>Symposium 56</b> Relationship between Social Media and Psychopathology	<b>Open Papers 9</b> Risk and Resilience Factors in Youth	

# Thursday 18th July (PM)

## At A Glance

	14.00 – 15.00	15.30 – 17.00
<b>LEVEL 3</b>		
Room R6	<b>Open Papers 8</b> German Language Open Papers	<b>Skills Class 10</b> Anger Treatment for Clients with Intellectual and Developmental Disabilities
Room R7	<b>Symposium 57</b> Efficacy and Prediction Factors of Schema Therapy	<b>Skills Class 11</b> The Initial Phase in ACT
Room R8	<b>In-Congress Workshop 6</b> Increasing Expertise as a CBT Supervisor Sarah Corrie & David Lane, UK	
Room R9	<b>In-Congress Workshop 7</b> A Resilience Universal Program to Prevent Psychopathology Daniel Hamiel, Israel	
Room R10	<b>In-Congress Workshop 8</b> Treating the Fear of Cancer Recurrence Louise Sharpe, Australia	
Room R11	<b>In-Congress Workshop 9</b> Involving Parents in the Treatment of Young Adults with Anxiety Disorders Anne Marie Albano & Lauren Hoffman, USA	
Room R12	<b>Symposium 58</b> Cultural Influences in the Treatment of Anxiety Disorders	<b>Symposium 73</b> Improving Mental Health Treatment for Older Adults
Room R13	<b>In-Congress Workshop 10</b> Integrative CBT for Bipolar Disorder Cory Newman, USA	
Room S1	<b>In-Congress Workshop 11</b> Internet- und mobilbasierte Versorgungskonzepte in der Praxis Sandra Schlicker & Ingrid Titzler, Deutschland	
Room S2	<b>Symposium 59</b> Emotion and Cognition in Disordered Eating	<b>Open Papers 10</b> Mechanisms in Social Anxiety
Room S3	<b>Symposium 60</b> Developing CBT in China	<b>Open Papers 11</b> Mechanisms and Treatment of Eating Disorders

	15.00 – 17.30
<b>LEVEL 2</b>	
Hall B	<b>Poster Session 3</b> Depression

### LEGEND

Addictions	Obsessive States	Eating Disorders	Trauma
Anxiety	Old Age/Neurobehavioral Disorders	Intellectual & Developmental Disabilities	Therapeutic Processes
Basic Processes/ Experimental Psychopathology	Children & Adolescents	New Developments	Training & Supervision
Behavioural Medicine	Cross-Cultural Issues	Personality Disorders	German Language
Psychosis & Bipolar Disorders	Depression	Family, Relationship & Sexual Issues	

# Friday 19th July



# Friday 19th July (AM) At A Glance

	8.30 – 10.00	10.30 – 12.00	12.00 – 13.00
<b>LEVEL 1 LECTURE THEATRES</b>			
Hall A1	<b>Symposium 74</b> Treating Borderline Personality Disorder	<b>Panel Discussion 5</b> Improving Resilience in the Tough stuff	<b>Invited Address 16</b> Rona Moss- Morris, UK
Hall A2	<b>Symposium 75</b> Couple Relationship Distress Prevention and Intervention Programs	<b>Symposium 94</b> Repetitive Negative Thinking in Psychopathology	<b>Invited Address 17</b> Nadia Kadri, Morocco
Hall A3	<b>Symposium 76</b> Recent Advances in Predicting and Treating Suicidality	<b>Symposium 95</b> Efficacy of Imagery Rescripting as a Transdiagnostic Intervention	<b>Invited Address 18</b> James Bennett-Levy, Australia
Hall A4	<b>Symposium 77</b> Self-Practice/Self-Reflection at 18	<b>Skills Class 17 (Meet the Expert)</b> Christine Padesky, Center for Cognitive Ther	<b>Invited Address 19</b> Silvia Schneider, Germany
Hall A5	<b>Symposium 78</b> The Role of Feared Possible Selves in OCD	<b>Symposium 96</b> Innovative Approaches to Enhance Cognitive Behavior Therapy and Its Delivery	<b>Invited Address 20</b> Alex Copello, UK
Hall A7	<b>Symposium 80</b> Researching Internet Interventions for Mental Disorders	<b>Symposium 98</b> Assessment and Treatment of Combat-Related PTSD and Comorbid Disorders	<b>Invited Address 22</b> Michelle Craske, USA
Hall A8	<b>Symposium 79</b> Strengthening CBT	<b>Symposium 97</b> Rapid Symptom Improvement in Therapy	<b>Invited Address 21</b> Arnoud Arntz, the Netherlands
<b>LEVEL 3</b>			
Room M1	<b>Symposium 81</b> Translational Research on Hoarding	<b>In-Congress Workshop 12</b> An Introduction to Process-Based Acceptance and Commitment Therapy Steven C. Hayes, USA	
Room M2	<b>Symposium 82</b> Transdiagnostic CBT Across Mental Health Settings	<b>In-Congress Workshop 19 (10.15 - 13.45)</b> Cognitive Behavior Therapy for Decision Making Robert L. Leahy, USA	
Room M3	<b>Symposium 83</b> Recent Developments in Approach-avoidance Assessment and Training	<b>Symposium 100</b> Positive Perspektiven in der Psychotherapie	<b>Technical Demonstration 4</b> MindLAB Set: Integrating Applied Neuroscience and Biofeedback into CBT
Room M4	<b>Symposium 84</b> Hair-Pulling Disorder and Skin-Picking Disorder	<b>Panel Discussion 6</b> At the Crossroads of CBT and Existential Thinking	13.00 – 14.00
Room M5	<b>Symposium 85</b> Tackling Adolescent Depression	<b>Symposium 101</b> The Self in Social Anxiety Disorder	<b>Technical Demonstration 5</b> A Personalized Internet-based System Designed to Support and Augment Psychotherapy
Room M6	<b>Symposium 86</b> Understanding and Treating the Anhedonic Symptoms of Depression	<b>Skills Class 18</b> Schematherapie in der Arbeit mit Einzelpatienten, Paaren und der Supervision	13.00 – 14.00
Room M7	<b>Symposium 87</b> Perceptual Distortions in Body Image Disorders	<b>Symposium 102</b> Developmental Outcomes of Children in Prevention Trials	
Room M8	<b>Symposium 88</b> Challenges of CBTs Interventions in Different Countries of Latin America	<b>Panel Discussion 7 &amp; Invited Plenary Address</b> CBTs In Latin America	
<b>LEVEL 3</b>			
Room R2	<b>Symposium 89</b> Internet Cognitive Therapy for Social Anxiety Disorder	<b>Open Papers 15</b> Enhancing Extinction and Exposure Therapy	
Room R3	<b>Symposium 90</b> Cognitions and Behaviours in Paediatric Chronic Illness	<b>Skills Class 19</b> Online Programmes and Apps for Child and Adolescent Anxiety and Depression	
Room R4	<b>Symposium 91</b> Digitale Therapiewerkzeuge und Computer-basierte Technologien	<b>Symposium 103</b> CBT for Appetitive Disorders with Brain-Based Technological Developments	
Room R5	<b>Skills Class 12</b> Treating a Specific Phobia of Vomiting	<b>Open Papers 16</b> Treatment of Depression	

# Friday 19th July (AM) At A Glance

	8.30 – 10.00	10.30 – 12.00	12.00 – 13.00
<b>LEVEL 3</b>			
Room R6	<b>Skills Class 13</b> Cultural Adaptation of CBT with South Asian clients with GAD	<b>Symposium 104</b> Intergenerational Factors in Parent and Child OCD	
Room R7	<b>In-Congress Workshop 13 (10.15 - 13.45)</b> Exposure Therapy Applied to Eating Disorders Carolyn Becker, USA & Glenn Waller, UK		
Room R8	<b>Skills Class 14</b> Individualized Metacognitive Therapy for Psychosis	<b>In-Congress Workshop 14 (10.15 - 13.45)</b> Facilitating Emotion Regulation in Cognitive Therapy for Persistent Depression Richard Moore, UK	
Room R9	<b>Skills Class 15</b> Assessing and Treating Prolonged Grief	<b>In-Congress Workshop 15 (10.15 - 13.45)</b> Cognitively Focused Treatment for OCD in the Context of Comorbid Mood and Anxiety Disorders Maureen Whittal, Canada	
Room R10	<b>Open Papers 12</b> Reducing Barriers to Treatment	<b>In-Congress Workshop 16 (10.15 - 13.45)</b> Recovery Oriented Cognitive Therapy for Individuals without Insight Aaron Brinen, USA	
Room R11	<b>Open Papers 13</b> New Approaches in OCD	<b>In-Congress Workshop 17 (10.15 - 13.45)</b> Cognitive-Behavioral Couple-Based Treatment of Depression Donald Baucom, USA & Melanie Fischer, Germany	
Room R12	<b>Symposium 92</b> Child Maltreatment	<b>In-Congress Workshop 18 (10.15 - 13.45)</b> Mindful Parenting in Mental Health Care Susan Bögels, the Netherlands	
Room R13	<b>Symposium 93</b> New Developments in Transcultural Clinical Psychology and Psychotherapy	<b>Symposium 99</b> Psychosocial Treatment for Bipolar Disorder	
Room S1	<b>Skills Class 16</b> Steigerung des Expositionserfolgs bei der Behandlung von Angststörungen	<b>In-Congress Workshop 20 (10.15 - 13.45)</b> Prozessbasierte kognitive Therapie bei körperdysmorpher Störung Viktoria Ritter & Ulrich Stangier, Deutschland	
Room S2	<b>Open Papers 14</b> Trauma and PTSD Among Refugees	<b>Open Papers 17</b> New Approaches to Assessing and Predicting Outcomes	
Room S3	<b>Open Papers 18</b> Mechanisms of Psychotic Symptoms and Experiences		
9.00 – 11.30		12.00 – 14.30	
<b>LEVEL 2</b>			
Hall B	<b>Poster Session 4</b> Basic Processes/Experimental Psychopathology		<b>Poster Session 5</b> German Language
	<b>Poster Session 4</b> Personality Disorders		<b>Poster Session 5</b> Intellectual & Developmental Disabilities
		<b>Poster Session 5</b> Therapeutic Processes	
		<b>Poster Session 5</b> Training & Supervision	

# Friday 19th July (PM)

## At A Glance

	14.00 – 15.00	15.30 – 17.00	17.00 – 18.00
<b>LEVEL 1 LECTURE THEATRES</b>			
Hall A1	<b>Symposium 105</b> Using Imagery when Working with Psychosis	<b>Panel Discussion 10</b> What is Insight	<b>Invited Address 23</b> Carla Mazefsky, USA
Hall A2	<b>Round Table 2</b> Formulation and Treatment Planning for Trauma	<b>Symposium 126</b> Primary Prevention of Depression Program for At-risk Adolescents	<b>Invited Address 24</b> Philipp Kanske, Deutschland
Hall A3	<b>Symposium 106</b> Mechanisms and New Formats for Teaching Mindfulness.	<b>Symposium 127</b> How Can We Develop More Effective Therapists	<b>Invited Address 25</b> David Micklowitz, USA
Hall A4	<b>Symposium 107</b> Adaptations of Adolescent Depression Prevention Programs	<b>Symposium 128</b> Advances in CBT for Refugees with PTSD	<b>Invited Address 26</b> Richard Bryant, Australia
Hall A5	<b>Symposium 108</b> Mechanisms of Change in Cognitive-behavioral Treatment for Depression	<b>Symposium 129</b> Metacognitive Interventions for Psychological Disorders	<b>Invited Address 27</b> Debra A. Hope, USA
Hall A7	<b>Symposium 110</b> Treatment of Patients with PTSD After Childhood Abuse	<b>Symposium 131</b> Schematherapie bei Paaren mit Persönlichkeitsstörungen	<b>Invited Address 29</b> Allison Harvey, USA
Hall A8	<b>Symposium 109</b> Perfectionism: Where do the Paths at the Crossroads Lead?	<b>Symposium 130</b> Cognitive Therapy for Depression from Lab to Clinic to Applied Settings	<b>Invited Address 28</b> Paul Gilbert, UK

<b>LEVEL 3</b>	
Room M1	<b>In-Congress Workshop 21</b> A Cognitive-Behavioral Approach to Weight Loss and Maintenance Judith S. Beck, Beck Institute for Cognitive Behavior Therapy, USA
Room M2	<b>Symposium 111</b> Schematherapie bei Depressionen
Room M3	<b>Symposium 112</b> (Self-)Disgust in Eating Disorders
Room M4	<b>Symposium 113</b> Why Are Some Therapists More Effective than Others?
Room M5	<b>Panel Discussion 8</b> Training Others to Do CBT with Youth
Room M6	<b>Panel Discussion 9</b> Open Science and Reproducibility
Room M7	<b>Symposium 114</b> Implementing Digital Health Interventions in Mental Health Services
Room M8	<b>Symposium 115</b> CBT at the Crossroads with Neuroscience
Room M2	<b>Symposium 132</b> Physical Exercise as an Add-on Strategy for CBT in Anxiety and Depressive Disorders
Room M3	<b>Symposium 133</b> Testing Adult Cognitive Models in Socially Anxious Youth
Room M4	<b>Symposium 134</b> Sense of Self and Psychopathology
Room M5	<b>Symposium 135</b> Interpersonal Functioning and Hoarding Disorder
Room M6	<b>Panel Discussion 11</b> Is Buying-Shopping Disorder a Real Disorder
Room M7	<b>Skills Class 20</b> Culturally-Informed Clinical Research
Room M8	<b>Symposium 136</b> CBT for Improving Primary Mental Health Care

<b>LEVEL 3</b>	
Room R2	<b>Symposium 116</b> Cognitive Biases and Pain
Room R3	<b>Panel Discussion 12</b> Cognitive-Behavioural Supervision around the World
Room R4	<b>Round Table 3</b> OCD, Hoarding or Schizophrenia
Room R5	<b>Open Papers 19</b> Advances in Mechanisms and Treatment of PTSD
Room R6	<b>Symposium 117</b> Psychotherapieaus- und Weiterbildung
Room R7	<b>Skills Class 21</b> Patienten mit Misshandlungserfahrungen während der Kindesalter
Room R8	<b>Symposium 118</b> Mental Health and Wellbeing of Young People in Out-of-Home Care
Room R9	<b>Skills Class 22</b> Flexibility and Form in CBT Supervision

# Friday 19th July (PM)

## At A Glance

	14.00 – 15.00	15.30 – 17.00
<b>LEVEL 3</b>		
Room R6	<b>Symposium 119</b> Neuro<->Psychotherapie	<b>Symposium 137</b> Sex and Gender Differences in Body Image and its Disorders
Room R7	<b>Symposium 120</b> Misophonia, in the Middle of the Crossroads	<b>Open Papers 20</b> Pregnancy, Family and Relationships
Room R8	<b>Symposium 121</b> Relationship Obsessive-Compulsive Disorder	<b>Open Papers 21</b> Information Processing Biases and Psychopathology
Room R9	<b>In-Congress Workshop 22</b> Adapting Cognitive and Behavioural Therapies for Muslim Service Users Andrew Beck, UK	
Room R10	<b>Symposium 122</b> Implementing the Unified Protocol for Victims of Armed Conflict in Colombia	<b>Symposium 138</b> Psychopathology in the Offspring of Parents with Affective Disorders
Room R11	<b>In-Congress Workshop 24</b> Crisis Response Planning for Preventing Suicidal Behavior David Rozek, USA	
Room R12	<b>In-Congress Workshop 23</b> Integrating and Optimising Imagery Rescripting in PTSD Sharif El-Leithy & Hannah Murray, UK	
Room R13	<b>Symposium 123</b> Staging in Bipolar Disorders	<b>Skills Class 23</b> Brief CBT for Eating Disorders
Room S1	<b>In-Congress Workshop 25</b> Zwischenmenschliche Baustellen im Therapiezimmer Anne Guhn, Deutschland	
Room S2	<b>Symposium 124</b> Characterizing Embitterment	<b>Symposium 139</b> Metacognitive Interpersonal Therapy for Personality Disorders
Room S3	<b>Symposium 125</b> Brief Interventions for Adolescent Mental Health	<b>Open Papers 22</b> Gaming, Smartphone, and Internet-based Addictions

	15.00 – 17.30
<b>LEVEL 2</b>	
Hall B	<b>Poster Session 6</b> Children and Adolescents
Hall B	<b>Poster Session 6</b> Family, Relationship and Sexual Issues

### LEGEND

Addictions	Obsessive States	Eating Disorders	Trauma
Anxiety	Old Age/Neurobehavioral Disorders	Intellectual & Developmental Disabilities	Therapeutic Processes
Basic Processes/ Experimental Psychopathology	Children & Adolescents	New Developments	Training & Supervision
Behavioural Medicine	Cross-Cultural Issues	Personality Disorders	German Language
Psychosis & Bipolar Disorders	Depression	Family, Relationship & Sexual Issues	



8.30 – 10.00	10.30 – 12.00	12.00 – 13.00
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LEVEL 1 LECTURE THEATRES

Hall A1	<b>Symposium 140</b> Studying Processes of Change in Transdiagnostic Treatments	<b>Symposium 161</b> What Can be Learned from Challenging OCD Presentations	<b>Invited Address 34</b> Kelly Bemis Vitousek, USA
Hall A2	<b>Symposium 141</b> Implementing Dialectical Behaviour Therapy in Routine Clinical Practice	<b>Symposium 158</b> Pharmacological Enhancement of Psychological Treatments	<b>Invited Address 31</b> Stefan G. Hofmann, USA
Hall A3	<b>Panel Discussion 13</b> (In)Appropriate Approaches to CBT for OCD	<b>Symposium 159</b> Are Negative Effects an Inevitable Part of Psychotherapy?	<b>Invited Address 32</b> Kate Harkness, Canada
Hall A4	<b>Symposium 143</b> New Directions in the Alliance Literature	<b>Symposium 157</b> Personalizing Treatments from a Differential Prediction and Network Perspective	<b>Invited Address 30</b> Jennie Hudson, Australia
Hall A8	<b>Symposium 142</b> Cross-cultural Issues in Applying CBT in Asian Countries 1	<b>Symposium 160</b> Cross-cultural Issues in Applying CBT in Asian Countries 2	<b>Invited Address 33</b> David M. Clark, UK

LEVEL 3

Room M1	<b>Symposium 144</b> CBT and Childhood Anxiety	<b>Symposium 162</b> Exposure-based Treatments for Youth Psychopathology	
Room M2	<b>Symposium 146</b> Depression in Couples	<b>Symposium 163</b> The Effectiveness of Contemporary CBT and IPT for Depression	
Room M3	<b>Symposium 149</b> Interplay between Emotion, Cognition and Problematic Consumption Behaviours.	<b>Symposium 164</b> Parenting and Translational Approaches to Child Conduct Problems	13.00 – 14.00 <b>Technical Demonstration 6</b> Virtual Reality for Pathological Gambling
Room M4	<b>Symposium 147</b> Latest Advances in Technology-Based CBT Research	<b>Symposium 165</b> The Study of the Vulnerability to and Prevention of Depression	<b>Technical Demonstration 7</b> Virtual Reality Treatment of Aviophobia (Fear of Flying)
Room M5	<b>Symposium 150</b> CBT for Children and Adolescents with Externalizing Behavior Problems	<b>Symposium 166</b> The Effects of Neurostimulation on the Extinction of Fear	<b>Technical Demonstration 8</b> Using Self-conversation in Virtual Reality to Modify Dysfunctional thinking
Room M6	<b>Symposium 148</b> Cognitive Control and Anxiety Vulnerability	<b>Panel Discussion 14</b> Where in the World Are We in the Treatment of Youth Anxiety Disorders?	13.00 – 14.00
Room M7	<b>Symposium 151</b> Experimental Research on Key Processes in Anorexia Nervosa	<b>Symposium 167</b> Non-Suicidal Self-Injury in Eating Disorders and Obesity	<b>Technical Demonstration 9</b> Hybridization of CBT and Design Thinking (DT)
Room M8	<b>Symposium 145</b> Positive Cognitive Behavioral Therapy	<b>Symposium 168</b> Memory Therapeutics	

LEVEL 3

Room R2	<b>Skills Class 24</b> Achtsamkeit in der Einzeltherapie	<b>Symposium 169</b> Mental Imagery-based Interventions	
Room R3	<b>Symposium 152</b> Emotion Regulation within Bipolar Disorder	<b>Skills Class 28</b> An Introduction to Augmented Depression Therapy	
Room R4	<b>Open Papers 23</b> Bullying and Conduct Problems	<b>Open Papers 28</b> Positive Emotions and Interventions	
Room R5	<b>Open Papers 24</b> (Meta)Cognitive Mechanisms and Treatment	<b>In-Congress Workshop 26</b> (10.15 - 13.45) Compassion-Focused and Vulnerability training for Gender and Sexual Minority Clients Matthew Skirita, USA	
Room R6	<b>Open Papers 25</b> Neural and Biological Mechanisms	<b>In-Congress Workshop 27</b> (10.15 - 13.45) The Willpower Workshop: Seven Steps to Sustaining Therapeutic Change Frank Ryan, UK	
Room R7	<b>Open Papers 26</b> Assessment and Treatment of Cognitive Processes in Anxiety	<b>In-Congress Workshop 28</b> (10.15 - 13.45) Brief Behavioural Activation (Brief BA) for Adolescent Depression Laura Pass & Shirley Reynolds, UK	

# At A Glance

	8.30 – 10.00	10.30 – 12.00	12.00 – 13.00
<b>LEVEL 3</b>			
Room R8	<b>Open Papers 27</b> Understanding and Treating Anxiety in Children	<b>In-Congress Workshop 29</b> (10.15 - 13.45) Comprehensive Behavioral Intervention for Tics Douglas Woods & Matthew Capriotti, USA	
Room R9	<b>Skills Class 25</b> How to Get Up and Running with CBT Training and Supervision	<b>In-Congress Workshop 30</b> (10.15 - 13.45) Schema Therapy for Chronic Depression Alexandra Schosser, Austria	
Room R10	<b>Skills Class 26</b> Coping Long Term with Active Suicide Program	<b>In-Congress Workshop 31</b> (10.15 - 13.45) Inference-based Therapy for OCD Kieron O'Connor, Canada & Henny Visser, the Netherlands	
Room R11	<b>Skills Class 27</b> Schema Therapy for Adolescents/ Young Adults Experiencing Peer Victimization	<b>In-Congress Workshop 32</b> (10.15 - 13.45) T iMAgery focused therapy for Psychosis (iMAPS) Christopher Taylor, UK	
Room R12	<b>Symposium 153</b> Cognitive-behavioral Aspects in the Treatment of Obesity	<b>Skills Class 29</b> Persönliche Werte klären	
Room R13	<b>Symposium 154</b> Recent Developments in Dementia Family Caregiving Research	<b>In-Congress Workshop 33</b> (10.15 - 13.45) From Critical Self to Compassionate Self James Bennett-Levy, Australia	
Room S1	<b>Symposium 155</b> CBASP bei chronischer Depression	<b>In-Congress Workshop 34</b> (10.15 - 13.45) Lebensrückblickinterventionen mit Älteren Barbara Rabaioli-Fischer, Deutschland	
Room S2	<b>Symposium 156</b> Uncovering Effective Components of Psychosocial Training Programs for Youth	<b>Skills Class 30</b> Incorporating CBT and DBT for the Treatment of Eating Disorders	
Room S3		<b>Open Papers 29</b> Transdiagnostic Perspectives	

	9.00 – 11.30	12.00 – 14.30
<b>LEVEL 2</b>		
Hall B	<b>Poster Session 7</b> New Developments	<b>Poster Session 8</b> Behavioural Medicine
	<b>Poster Session 7</b> Trauma	<b>Poster Session 8</b> Cross-Cultural Issues
		<b>Poster Session 8</b> Old Age and Neurobehavioural Disorders

LEGEND

Addictions	Obsessive States	Eating Disorders	Trauma
Anxiety	Old Age/Neurobehavioral Disorders	Intellectual & Developmental Disabilities	Therapeutic Processes
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Behavioural Medicine	Cross-Cultural Issues	Personality Disorders	German Language
Psychosis & Bipolar Disorders	Depression	Family, Relationship & Sexual Issues	

# At A Glance

	14.00 – 15.30	16.00 – 17.00
<b>LEVEL 1 LECTURE THEATRES</b>		
Hall A1	<b>Symposium 173</b> Treatment of Intrusions and Intrusive-like Phenomena	<b>Invited Address 39</b> Pedro Nobre, Portugal
Hall A2	<b>Symposium 170</b> Depression-linked Disturbances in Emotional Memory	<b>Invited Address 36</b> Christine Purdon, Canada
Hall A3	<b>Symposium 171</b> Interventions Targeting Positive Mental Health in Treatment against Depression	<b>Invited Address 37</b> Robert Leahy, USA
Hall A4	<b>Panel Discussion 15</b> Sustaining "Authentic" CBT in Community Settings	<b>Invited Address 35</b> Emily Holmes, Sweden
Hall A8	<b>Symposium 172</b> Developing a Cognitive Understanding and Novel Interventions for Grief	<b>Invited Address 38</b> Judith Beck, USA
<b>LEVEL 3</b>		
Room M1	<b>Symposium 174</b> Psychological Therapies on Acute Mental Health Wards	
Room M2	<b>Symposium 175</b> Recent Advances in CBT for Underserved Populations in Asia	
Room M3	<b>Symposium 176</b> Sexual Orientation, Adverse Childhood Experiences (ACE) and PTSD	
Room M4	<b>Symposium 177</b> Developments in Parenting Interventions for Parents of Adolescents	
Room M5	<b>Symposium 178</b> Developments in CBT for Children and Adolescents	
Room M6	<b>Symposium 179</b> Advances in the Etiology and Treatment of Tourette Disorder	
Room M7	<b>Symposium 180</b> Multiple Loss and Persistent Complex Bereavement Disorder	
Room M8	<b>Symposium 181</b> Assessment and Modification of Cognitive Processes in Trauma	
<b>LEVEL 3</b>		
Room R2	<b>Symposium 182</b> Neurobiological and Personality of Buying-Shopping Disorder	
Room R3	<b>Symposium 183</b> Cognitive Bias Training in Anxiety	
Room R4	<b>Skills Class 31</b> How to Undo Treatment when CBT Becomes Ritualized in OCD	
Room R5	<b>Open Papers 29</b> Training and Supervision	

## At A Glance

	14.00 – 15.00	15.30 – 17.00
<b>LEVEL 3</b>		
Room R6	<b>Open Papers 31</b> Emotion Regulation and Psychopathology	
Room R7	<b>Skills Class 32</b> Family-based Healthy Weight Coaching	
Room R8	<b>Skills Class 33</b> Bindungsorientierte verhaltenstherapeutische Elternberatung	
Room R9	<b>In-Congress Workshop 35</b> Culturally Adapting CBT for Diverse Populations Wei-Chin Hwang, USA	
Room R10	<b>In-Congress Workshop 36</b> Emotion Regulation Skill Development Kate Hall, Australia	
Room R11	<b>In-Congress Workshop 37</b> Repairing Attachment-related Ruptures as a Tool to Treat Depressed and Suicidal Children and Adolescents Guy Bosmans, Belgium	
Room R12	<b>Symposium 184</b> Aktuelle KVT	
Room R13	<b>In-Congress Workshop 38</b> Conceptualising and Treating High-Risk and Complexity Michaela Swales, UK	

	15.00 – 17.30
<b>LEVEL 2</b>	
Hall B	<b>Poster Session 9</b> Obsessive States
	<b>Poster Session 9</b> Psychosis and Bipolar Disorders

17.15 – 17.45  
**CLOSING CEREMONY**  
Level 1– Room A8

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## INVITED SPEAKERS

- Arnoud Arntz** (Netherland)  
*Schema Therapy for Cluster-C Personality Disorders*
- Judith S. Beck** (USA)  
*A Cognitive Behavioral Approach to Weight Loss and Maintenance*
- Janina Fisher** (USA)  
*Working with the Neurobiological Legacy: Developing Resources for a Life After Trauma*
- Paul Gilbert** (UK)  
*Evolution, Attachment and Compassion Focused Therapy*
- Steven C. Hayes** (UK)  
**Stefan G. Hofmann** (USA)  
*Process-Based Cognitive Behavioral Therapy*
- Robert L. Leahy** (USA)  
*Emotional Schema Therapy for Difficult Emotions*
- Lynn McFarr** (USA)  
*Cognitive Behavioral Therapy for Chronic Depression*
- Mehmet Sungur** (Turkey)  
*Cognitive Behavioral Systems Approach to Couple Problems*
- Adrian Wells** (UK)  
*Metacognitive Therapy for Obsessive-Compulsive Disorder*

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- Antonella Montano** — A.T. Beck Institute for Cognitive-Behavioral Therapy, Rome
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Geeignet für Kinder ab 10 Jahren, Jugendliche und Erwachsene

Dieses Kartenspiel besteht aus 28 Kartenpaaren mit jeweils einem alltäglichen Satz und dessen Umformulierung. Die Karten dienen dazu, miteinander über die Kraft unserer Gedanken ins Gespräch zu kommen.

Inhalt: Spielideen, 28 Kartenpaare, 4 blanko Kartenpaare

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European School of Cognitive Therapy (E.S.Co.T.)  
*In the Centre of Sicily at the Centre of History!*

Founder and Head: Professor Tullio Scrimali

Enna: Via D. D'Aosta 25 - Palermo: Via M. Stabile 61 - Catania: Via A. Gramsci n.6 Acicastello  
Web site: [www.aleteiainternational.it](http://www.aleteiainternational.it) - E-mail [tscrima@tin.it](mailto:tscrima@tin.it) - Telephone: +390957127747 - Fax: 00390957127749

Presents:



Chair: Prof. Tullio Scrimali, MD and PhD

## Workshop

### **NEUROSCIENCE-BASED COGNITIVE THERAPY**

Integrating Applied Psychophysiology and Biofeedback into Cognitive Therapy

An international Workshop, to be held by appointment in Catania (Sicily) many times every year

Leader: Prof. Tullio Scrimali MD and PhD

#### Official language: English

Neuroscience constitutes one of the most important components among the contemporary scientific background. This workshop is focused on demonstrating and treating important topics concerning how some recent developments of neuroscience can be today used in order to better the intervention when carrying out cognitive therapy with patients affected by different mental disorders. During the workshop, one new method, coming from Neuroscience Laboratories, that can be easily integrated into the clinic setting of cognitive therapy, will be illustrated. This is **Quantitative Electrodermal Activity (QEDA)**, which is applied using a **MindLAB Set**, an original device, developed and patented by Professor Scrimali. Such a parameter can be easily monitored in a clinical setting thanks to the advanced hardware and software included in MindLAB Set. Basic information will be given on how to use such new methods when treating patients affected by mental disorders with cognitive therapy. In particular, some data about mood, anxiety and eating disorders, different kinds of addiction, schizophrenia and mania will be illustrated. Detailed information will be given about **EDA-Biofeedback**, a new method of self-regulation that Tullio Scrimali developed and experimented for many years as a powerful adjunct to Cognitive Therapy. The new tool, called **MindLAB Set**, developed by Tullio Scrimali and disseminated by Psychotech ([www.psychotech.it](http://www.psychotech.it)), will be carefully explained. It is composed of hardware able to monitor electrodermal exosomatic activity and must be used together with a computer. Specific and original software, called **MindSCAN and Psychofeedback**, developed by Tullio Scrimali, will be fully illustrated. It can be used both when assessing the patient and during treatment. It allows the cognitive therapist to realize new, interesting methods of self-regulation such as **Biofeedback** and **Biofeedback Based Mindfulness**.

During the workshop, some **MindLAB Sets** will be used and some practical trials, both in the field of assessment and self-regulation, will be carried out with the help of some members of the audience. Some indications for buying inexpensive devices for clinical psychophysiology, when back to your country, will be given.

#### The workshop leader, Professor Tullio Scrimali MD and PhD

Psychiatrist, Psychotherapist and Clinical Neuroscientist ([www.tullioscrimali.it](http://www.tullioscrimali.it)), he teaches at the University of Catania and at ALETEIA International, European School of Cognitive Therapy School, of which he is the founder and the director. He has been on 1980 the first Chair of "Cognitive Psychotherapy" in an Italian University (Catania).

Professor of Clinical Psychology, University of Catania, Catania, Italy  
Professor of Psychotherapy, Resident School of Psychiatry, University of Catania

Head, ALETEIA International, European School of Cognitive Therapy, Enna, Italy ([www.aleteiainternational.it](http://www.aleteiainternational.it))

Director, Centro Clinico ALETEIA, Enna, Catania and Palermo, Italy ([www.centroclinicoaleteia.it](http://www.centroclinicoaleteia.it))

Visiting Professor at the Boston University, School of Social Work

Chairing Professor at Asia University, Taichung, Taiwan

Founding Fellow and Cognitive Therapy Certified Trainer Consultant of the Academy of Cognitive Therapy (ACT)

Member of the International Association for Cognitive Psychotherapy (IACP)

Member of the European Association of Behavioural and Cognitive Therapy (EABCT)

Member of the Association for Applied Psychophysiology and Biofeedback (AAPB)

He has been carrying out and still carries out research and didactics on cognitive and behavioural therapies in several countries of four continents. He organised and headed the first official training in cognitive psychotherapy held in Poland, and he supported the foundation of the Polish Association of CBT. He has been a Teacher in Egypt as member of the Faculty of the Egyptian Association for CBT. Tullio Scrimali authored 182 scientific articles and several monographs. His most important books are:

**Cognitive Therapy Toward a New Millennium.**

New York: Springer Science + Business Media LLC, 2002

**Entropy of Mind and Negative Entropy, a Cognitive and Complex Approach to Schizophrenia and its Therapy.**

London: Karnac Books, 2008.

**Neuroscience-Based Cognitive Therapy. New Methods for Assessment, Treatments and Self-Regulation**

Oxford: Wiley, 2012.

#### Textbook

**Tullio Scrimali**

**NEUROSCIENCE-BASED COGNITIVE THERAPY**

New Methods for Assessment, Treatment and Self-regulation

Wiley-Blackwell, Oxford, 2012

#### Logistics and Agenda

**Thursday:** Arrival to Catania and meeting the ALETEIA Staff at Catania's Bellini International Airport.

**Friday:** One day workshop, first part - Evening: pizza dinner

**Saturday:** Organised visiting to Catania or Mountain Etna or Taormina or Syracuse (This program must be paid apart).

**Sunday:** Travel back home

#### Fee: Euro 400,00. This includes:

- Congress and workshop participation
- A reception service at the Catania airport at your arrival managed by the ALETEIA Staff and the transfer from Catania to the airport for departure.
- A pizza dinner at ALETEIA Guest House
- Two coffee breaks and one lunch breaks during the workshop
- Some didactic materials in an electronic format. They are an E-book in PDF: **Tullio Scrimali (2011) Neuroscience and Psychotherapy – MindLAB Set, Multimodal Assessment and Self-Regulation.** ALETEIA Publisher, Enna, 2011 and the PowerPoint presentation used during the workshop.

#### Additional opportunities

**MindLAB Set** - If interested, you can buy, during your stay, a MindLAB Set ([www.psychotech.it](http://www.psychotech.it)) on a very attractive discount (you will pay just 400,00 Euro instead of 600,00). Therefore, when back home, you can immediately start to apply Neuroscience-Based Cognitive Therapy.

**Guest House Accommodation** – A simple but comfortable accommodation, for three days, can be provided at **ALETEIA Guest House** for just 100 Euro (breakfast not included).

**Dates:** The workshop can be organized and provided every month of any year, even though for a single participant. The dates can set up according to the needs of the participants. Arrange your preferred date sending an email to: [tscrima@tin.it](mailto:tscrima@tin.it)

**Information:** Dr. Nicoletta Lanza: [tscrima@tin.it](mailto:tscrima@tin.it) or +390957127747



### Venue

The International Convention Center Jeju (ICC Jeju) is located at Jungmun Resort Complex, where all tour-related infrastructures and amenities are ready for conference participants to assure both comfort and convenience. ICC Jeju is equipped with an optimal infrastructure for international meetings. The Jungmun Tourist Complex is a comprehensive tourist resort perched on a cliff with an ocean view, providing top quality accommodations and tourist facilities.



### JEJU ISLAND :

#### UNESCO WORLD NATURAL HERITAGE AND ONE OF THE NEW 7 WONDERS

Jeju Island is the hub of Northeast Asia, connecting the continents and the ocean. Jeju island was recognized by UNESCO as a Biosphere Reserve, World Natural Heritage Site and Geopark. Jeju island is a volcano island, with Mt. Halla (1950 meters) positioned at the center of the island with 368 other small volcanoes juxtapositioned with unique forest landscape. There are also gorgeous beaches, waterfalls, and 160 lava caves that you can visit spread across the island, providing a once in a lifetime travelling experience. The weather in June is usually very pleasant, and you will be able to enjoy the emerald sea, the sand shining in the sun, and the mild breeze of summer. Travelling to Jeju is very convenient, as there is a Visa Free Entry Policy for 180 countries.

Hosted by **ACBTA** **KACBT**  
Asian Cognitive Behavioral Therapy Association Korean Association of Cognitive Behavioral Therapy



Take a hike on the Olle trail: The famous Olle trail provides the most breathtaking views of the ocean and nature and unfolds the hidden gems of Jeju island. There are 21 hiking trails along the coast, that are all connected into a 425 kilometer trail.

#### WATCH THE SUN RISE ON SEONGSAN ILCHULBONG

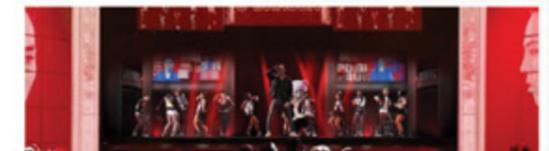


Seongsan Ilchulbong Peak was formed by a volcano eruption over 100,000 years ago, and is one of the most famous places in Korea to view the sun rise. At the peak, there is a crater which is shaped like a gigantic crown, and you can enjoy magnificent views of the ocean that you will not be able to see anywhere else in the world.



The Osulloc Tea museum is located on a tea plantation near Mt. Sanbang, and you can take a walk to the nearby tea plantations, take a class on traditional Korean tea etiquette, or just sit back and relax and enjoy the beautiful scenery with fresh tea and a scoop of green tea ice cream.

#### FIND YOUR INNER K-POP STAR AT PLAY K-POP



Do you want to meet a K-pop star? You can at the Jungmun Resort complex near ICC Jeju. At Play Kpop, you can participate in a hologram concert with famous K-pop stars that are more real than life.



50th European Association for Behavioural and Cognitive Therapies Congress



# Adapting CBT to culturally diverse environments

Megaron Athens International Conference Centre, Greece  
**2-5 September 2020**

**Auspices**

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# The CityCube Berlin | Halls 7 and 8

Opening Invited Addresses  
17.30

## **Cognitive Behavior Therapy at the Crossroads: Where We Have Been, Where We Are and the Challenges We Need To Face**



Sabine Wilhelm,  
Harvard Medical School,  
USA



Susan Bögels,  
University of Amsterdam,  
the Netherlands

Opening Ceremony  
18.30

## **Welcome to Berlin: Sights and Sounds of the City**

**Sarah Egan**, President, World Confederation of Cognitive and Behavior Therapies  
**Thomas Kalpakogloi**, President, European Association of Behavior and Cognitive Therapies  
**Judith Schild**, Board Member Deutsche Gesellschaft für Verhaltenstherapie  
**Thomas Heidenreich**, Co-Chair Scientific Committee | **Andreas Veith**, Co-Congress Organiser

Opening Reception Hall B  
19.30



(8.30 - 10.00)

**Symposium 1**

Level 1 – Room A1

**Mindfulness for Psychosis; Challenges and Developments in the Field**

Convenor & Chair: Pamela Jacobsen, University of Bath, UK

- 08:30 **Mindfulness for Psychosis: A Humanising Therapeutic Process**  
Paul Chadwick, University of Bath, UK
- 08:50 **Is Mindfulness for Psychosis Harmful?**  
Pamela Jacobsen, University of Bath, UK
- 09:10 **Group Mindfulness-Based Therapy for Persecutory Delusions: A Pilot Randomised Controlled Trial**  
Lyn Ellett, Royal Holloway, University of London, UK
- 09:30 **Mindfulness for Psychosis; Challenges and Developments in the Field**  
Kerem Böge, Charité University Medicine Berlin, Germany

**Symposium 2**

Level 1 – Room A2

**Predicting Treatment Response for Mental Disorders – Methods, Findings and Clinical Benefits**

Convenor & Chair: Elisabeth Leehr, University of Münster, Germany

- 08:30 **Predictors and Moderators of CBT Outcome in Depression**  
Martin Hautzinger, Eberhard-Karls-Universität Tübingen, Germany
- 08:45 **AI Transparency - Guidelines for Building, Deploying and Managing Clinical Decision Support Systems at Scale**  
Ramona Leenings, University of Münster, Germany
- 09:00 **From Mechanisms to Predictions: Theranostic Markers for CBT in Anxiety Disorders**  
Ulrike Lüken, Humboldt-Universität zu Berlin, Germany
- 09:15 **Brain Signal Variability and Indices of Cellular Protection Predicts Social Anxiety Disorder Treatment Outcome**  
Kristoffer Månsson, Karolinska Institute, Sweden
- 09:30 **Theranostic Markers for Personalized Therapy of Spider Phobia: Methods of a Bicentric External Cross-Validation Machine Learning Approach**  
Elisabeth Leehr, University of Münster, Germany

**Symposium 3**

Level 1 – Room A3

**New Developments in Acceptance and Commitment Therapy: Effectiveness in Different Settings and Patient Groups**

Convenor & Chair: Anne Katrin Risch, Friedrich-Schiller-University Jena, Germany

- 08:30 **Helping Dementia Caregivers Deal with Guilt: Acceptance and Commitment Therapy in a Group Setting**  
María Marquez Gonzalez, Universidad Autónoma de Madrid, Spain
- 08:45 **Telephone-Based ACT for Dementia Family Caregivers**  
Anne Katrin Risch, University of Jena, Germany
- 09:00 **Transdiagnostic ACT for In- and Out-Patients**  
Andrew Gloster, University of Basel, Switzerland
- 09:15 **Strengthen Towards-Moves in Hospital Treatments for Patients with Mental Disorders**  
Nina Romanczuk-Seiferth, Charité University Medicine Berlin, Germany
- 09:30 **An Internet-based Acceptance and Commitment Therapy Intervention for Older Adults with Anxiety Complaints**  
Maartje Witlox, Leiden University, the Netherlands

**Symposium 4**

Level 1 – Room A4

**Challenges in the Treatment of Youngsters with Obesity and Binge Eating**

Convenor & Chair: Caroline Braet, Ghent University, Belgium

- 08:30 **Training Parents of Children with Overweight in Parenting Skills: A Twelve-Month Evaluation**  
Ellen Moens, Odisee University College, Belgium
- 08:45 **Comorbidities in Severe Obese Youngsters: Towards Tailored-Made Programs?**  
Ann Tanghe, Zeepreventorium, Belgium
- 09:00 **Researching the Predictors of Binge Eating with Fine Grained Ecological Momentary Assessment**  
Lotte Lemmens, Maastricht University, the Netherlands
- 09:15 **WELCOME: Improving Weight Control and CO-Morbidities in Children with Obesity via Executive Function Training: The First Results of a Randomized Controlled Trial in an Inpatient Treatment Center**  
Tiffany Naets, Ghent University, Belgium
- 09:30 **Discussant**  
Gerri Minshall, Children's Hospital at Westmead, Australia

**Symposium 5**

Level 1 – Room A5

**Transdiagnostic Approaches to Mental Health Problems in Refugees**

Convenor & Chair: Naser Morina, University of Zürich, Switzerland

- 08:30 **Structural and Socio-Cultural Barriers to Accessing Mental Healthcare Among Syrian Refugees and Asylum Seekers in Switzerland**  
Naser Morina, University of Zürich, Switzerland
- 08:50 **Acculturation, Traumatic Events and Depression in Female Refugees**  
Ulrich Stangier, Goethe University, Germany
- 09:10 **Problem Management Plus (PM+) Programme for Syrian Refugees in the Netherlands**  
Marit Sijbrandij, Vrije Universiteit Amsterdam, the Netherlands
- 09:30 **The Impact of Refugees' Mental Health on Parenting and Their Children's Mental Health**  
Richard A. Bryant, University of New South Wales, Australia

**Panel Discussion 1**

Level 1 – Room A8

**What Works for Whom, and Under which Relational Contexts? – Making Clinical Decisions at the Crossroads of Treatment and Relational Processes in the Cognitive Behavior Therapies**

Convenor & Chair: Nikolaos Kazantzis, Monash University, Australia

Discussants:

- Mehmet Sungur, Istanbul Kent University, Turkey
- Christine A. Padesky, Center for Cognitive Therapy, USA
- Keith Dobson, University of Calgary, Canada
- Lata McGinn, Yeshiva University, USA
- Marcus Huibers, Vrije Universiteit, the Netherlands
- Stefan Hofmann, Boston University, USA

**Symposium 6**

Level 1 – Room A7

**Relapse Prevention in Depression with Cognitive Behavioral Interventions: At the Cross Roads Toward Sustainable Interventions**

Convenor & Chair: Claudi Bockting, University of Amsterdam, the Netherlands

- 08:30 **Tapering Antidepressants in Pregnant Women with Preventive Cognitive Therapy: An Ecological Momentary Assessment RCT**  
Marlies Brouwer, University of Amsterdam, the Netherlands
- 08:45 **Do Medications Interfere with CBT's Enduring Effect?**  
Steve Hollon, Vanderbilt University, USA
- 09:00 **Preventing Depressive Relapse Using Mindfulness-Based Cognitive Therapy: Do We Still Need Antidepressant Medication?**  
Marloes Huijbers, Radboud University Nijmegen, the Netherlands
- 09:15 **Cognitive Control Training in Remitted Depressed Patients: A Randomized Controlled Trial**  
Ernst Koster, Ghent University, Belgium
- 09:30 **Sustainable Effects of Psychological Interventions in Depression: The Effectiveness of Preventive Cognitive Therapy**  
Claudi Bockting, University of Amsterdam, the Netherlands
- 09:45 **Discussant**  
Steve Hollon, Vanderbilt University, USA

**Symposium 7**

Level 3 – Room M1

**Optimizing the Administration and Dissemination of Cognitive Behavior Therapy for Obsessive-Compulsive Disorder**

Convenor & Chair: Noah Berman, College of the Holy Cross, USA

- 08:30 **Enhancing Imaginal Exposure Administration for Patients with Taboo Obsessions: Role of Positive Effect**  
Noah Berman, College of the Holy Cross, USA
- 08:45 **Findings from a Pilot Trial of Cognitive Therapy for Compulsive Checking**  
Adam Radomsky, Concordia University of Montreal, Canada
- 09:00 **Disseminating Cognitive-Behavioral Therapy for OCD: Comparing in Person vs. Online Training Modalities**  
Ryan Jacoby, Massachusetts General Hospital and Harvard Medical School, USA
- 09:15 **CBT in OCD Under Routine Care Conditions: How Many and Who Will Benefit ?**  
Norbert Kathmann, Humboldt University zu Berlin, Germany
- 09:30 **Discussant**  
Reuven Dar, Tel Aviv University, Israel

**Symposium 8**

Level 3 – Room M2

**Resetting the Circadian Rhythm: Rapid Treatment of Depression, Mania and Insomnia**

Convenor and Chair: David Veale, King's College London and South London and Maudsley Trust, UK

- 08:30 **Modifying the Impact of Eveningness Chronotype in Adolescence on Sleep, Circadian and Risk Outcomes**  
Allison Harvey, University of California at Berkeley, USA
- 08:50 **Triple Chronotherapy: A Randomised Controlled Trial for the Rapid Treatment of Depression**  
David Veale, King's College London and South London and Maudsley Trust, UK
- 09:10 **Examining Predictors of Positive Response to Combined Chronotherapy Using Actigraphy and Daily Diaries on Mood**  
Stella Druiven, University of Groningen, the Netherlands
- 09:30 **Blocking Blue Light for Rapid Recovery from Manic Episode; Evidence and Practical Application**  
Tone Henriksen, University of Bergen, Norway

**Symposium 9**

Level 3 – Room M3

**Transmechanistic Cognitive Behavioral Therapy for Substance Use**

Convenor & Chair: Leanne Hides, University of Queensland, Australia

- 08:30 **Studying Mechanisms of Behavior Change to Inform Precision Medicine for Alcohol Use Disorder**  
Katie Witkiewitz, University of New Mexico, USA
- 08:45 **Rumination as a Transmechanistic Construct Across Substance Misuse, Deliberate Self-Harm and Binge/Purge Behaviours: A Qualitative Study of Vulnerable Young People**  
Elise Sloan, Deakin University, Australia
- 09:00 **An Adjunctive Emotion Regulation and Impulse Control Intervention for Young People with Co-Existing Alcohol and Other Drug Use and Mental Health Problems**  
Kate Hall, Deakin University, Australia
- 09:15 **Randomized Controlled Trial of Personality Risk-Targeted Coping Skills Training for Young People with Alcohol Related-Illnesses/Injuries**  
Leanne Hides, University of Queensland, Australia
- 09:30 **Cohort Analytic Trial for Strength-Based Wellbeing Recovery Program for Young People Accessing Residential Rehabilitation for Substance Use Disorders**  
Catherine Quinn, University of Queensland, Australia
- 09:45 **Discussant**  
Amanda Baker, University of Newcastle, Australia

**Symposium 10**

Level 3 – Room M4

**Recent Developments in Attention Biases and Attention Bias Modification in Pediatric Anxiety**

Convenor & Chair: Jeremy Pettit, Florida International University, USA

- 08:30 **Eye-Tracking of Attention to Threat in Child and Adolescent Anxiety: A Meta-Analytic Study**  
Jennifer Lau, King's College London, UK
- 08:45 **Attention Mechanisms and Socioemotional Functioning in Infancy: Taking a Person-Centered Approach**  
Koraly Perez-Edgar, Pennsylvania State University, USA
- 09:00 **Gaze-Contingent Music Reward Therapy for Clinically Anxious 7-10 Year Olds: An Open Multiple Baseline Feasibility Study**  
Yair Bar-Haim, Tel Aviv University, Israel
- 09:15 **A Randomized Controlled Trial of Attention Bias Modification Treatment in Youth with Cognitive Behavior Therapy-Resistant Anxiety Disorders**  
Jeremy Pettit, Florida International University, USA
- 09:30 **Discussant**  
Nader Amir, San Diego State University, USA

**Symposium 11**

Level 3 – Room M5

**Does Attentional Bias Modification (ABM) Matter? Evaluating the Effectiveness of ABM Interventions Across Psychopathologies**

Convenor & Chair: Janika Heitmann, University of Groningen, the Netherlands

- 15:30 **Attentional Bias Modification for Reducing Energy Drink Consumption**  
Eva Kemps, Flinders University, Australia
- 15:45 **Attention Bias Modification (ABM) for Outpatients with Major Depressive Disorder (MDD): A Randomized Controlled Trial**  
Eni Becker, Radboud University, the Netherlands
- 16:00 **Beyond the Dot-Probe: Evaluating the Comparative Efficacy of Face Hero, a Novel Gamified Attentional Bias Modification (ABM) Procedure**  
Ben Grafton, The University of Western Australia, Australia
- 16:15 **A New Attentional Bias Modification Procedure for Unsuccessful Dieters: The Bouncing Image Training Task**  
Nienke Jonker, University of Groningen, the Netherlands

- 16:30 **The Efficacy of Attentional Bias Modification Training as Add-On to Regular Treatment in Alcohol and Cannabis Dependent Outpatients: A Randomized Controlled Trial**  
Janika Heitmann, University of Groningen, the Netherlands

**Symposium 12**

Level 3 – Room M6

**Adaptive and Maladaptive Emotional Regulation in Childhood Anxiety Disorders**

Convenor & Chair: Helen Dodd, University of Reading, UK

- 08:30 **Validating the Radboud Faces Database by Children and the Relation with Social Anxiety**  
Geryly Bijsterbosch, Radboud University, the Netherlands
- 08:45 **Evaluation of the Bochum Avoidance and Emotion Regulation Questionnaire for Children (BAER-C)**  
Michael Lippert, Ruhr-Universität Bochum, Germany
- 09:00 **The Effect of Cognitive Distraction on Ruminative Processes in Children with Social Anxiety Disorder**  
Julian Schmitz, Leipzig University, Germany
- 09:15 **Predictors of Anxiety when Children Transition to School: the Role of Behavioural Inhibition, Inhibitory Control and Attention Shifting**  
Helen Dodd, University of Reading, UK
- 09:30 **Discussant**  
Jennifer Hudson, Centre for Emotional Health, Macquarie University, Australia

**Symposium 13**

Level 3 – Room M7

**Inferential Confusion as a Transdiagnostic Process**

Convenor & Chair: Kieron O'Connor, University of Montreal, Canada

- 08:30 **Inverse Reasoning in Obsessive-Compulsive Disorder**  
Shui Wong, University of New South Wales, Australia
- 08:45 **The Relationship of Inferential Confusion and Obsessive Beliefs with Symptom Severity Across Different Obsessive-Compulsive Disorder Spectrum Groups**  
Louis-Philippe Baraby, University of Montreal, Canada
- 09:00 **An Experimental Manipulation of Inferential Confusion in Eating Disorders**  
Catherine Ouellet -Courtois, University of Montreal, Canada
- 09:15 **Inferential Confusion in Bulimia Nervosa: The Role of Over-Investment in Possibility and Distrust of the Senses**  
Samantha Wilson, Douglas Mental Health University Institute, Canada
- 09:30 **Discussant**  
Henry Visser, Marina de Wolf Centre, the Netherlands

**Symposium 14**

Level 3 – Room M8

**New Developments in Schema Therapy, Part 1**

Convenor & Chair: Marleen Rijkeboer, Maastricht University, the Netherlands

- 08:30 **Theoretical Model for an Extended Taxonomy of Schema Modes that is Applicable Across Cultures**  
Arnoud Arntz, University of Amsterdam, the Netherlands
- 08:45 **Mechanisms of Change in Schema Therapy: Evidence for Schema Modes as Universal Mechanisms of Change in Personality Pathology and Functioning**  
Duygu Yakin, Istanbul Arel University, Turkey
- 09:00 **Early Maladaptive Schemas and the Therapy of Depression**  
Johannes Kopf-Beck, Max Plank Institute for Psychiatry, Germany
- 09:15 **Using Experience Sampling to Assess Prevalent Schema Modes**  
Gal Lazarus, Bar-Ilan University, Israel
- 09:30 **Priovi, a Schema Therapy-Based eHealth Program for Patients with Borderline Personality Disorder to Support Individual Face-To-Face Schema Therapy: An Uncontrolled Pilot Study**  
Eva Fassbinder, University of Lubeck, Germany

**Symposium 15**

Level 3 – Room R2

**Novel Developments of Investigating the Relation Among Cognitive Control and Emotion Regulation in Psychopathology**

Convenor: Luise Prüssner, Heidelberg University, Germany

Chair: Sven Barnow, Heidelberg University, Germany

- 08:30 **State of the Art and Research Gaps: Cognitive Control, Emotion Regulation, and Psychopathology**  
Katrin Schulze, Heidelberg University, Germany
- 08:50 **Emotion Regulation Flexibility and Psychopathology: A Cognitive Control Perspective**  
Luise Prüssner, Heidelberg University, Germany
- 09:10 **A Longitudinal Study on the Relationship between Cognitive Control, Daily Emotion Regulation, and Depressive Symptoms**  
Ana-Maria Rotaru, Heidelberg University, Germany
- 09:30 **Shifting the View on Presumed Emotion-Regulation Deficits in Psychosis - Patients with Psychosis Apply Reappraisal, Distraction and Acceptance Successfully**  
Sandra Opoka, University of Hamburg, Germany

**Symposium 16**

Level 3 – Room R3

**Recent Developments and Future Pathways in the Treatment of Specific Phobia in Children**

Convenor & Chair: Rachel de Jong, University of Groningen, the Netherlands

- 08:30 **Recent Advances and Findings in Bibliotherapy for Nighttime Fears/ Phobias in Young Children**  
Thomas Ollendik, Virginia Polytechnic Institute and State University, USA
- 08:45 **Optimizing Exposure in the Treatment of Specific Phobia in Children: Facing Fears In-Session or Out-Session?**  
Rachel de Jong, University of Groningen, the Netherlands
- 09:00 **The Role of Cognitive Biases in Childhood Specific Phobias and Future Directions for Improving Treatment**  
Jeanine Baartmans, University of Amsterdam, the Netherlands
- 09:15 **Never Work with Animals AND Children! A Virtual Reality One-Session Treatment for Specific Phobia of Dogs Among Children**  
Lara Farrell, Griffith University, Australia
- 09:30 **Discussant**  
Lars-Göran Öst, Stockholm University, Sweden

**Skills Class 1 (German Language)**

Level 3 – Room R4

**Anhaltspunkte für Kindeswohlgefährdung in der Psychotherapie - Wahrnehmen, Thematisieren, Mitteilen**

Tanja Gölz & Constanze Ziesemer, Universitätsklinikum Freiburg, Deutschland

**Symposium 17 (German Language)**

Level 3 – Room R5

**Einen Schritt weitergehen: Internet-basierte Interventionen über die Wirksamkeit hinaus erforschen**

Convenor & Chair: Nina Rüegg, Universität Bern, Schweiz

- 08:30 **Wirkfaktoren in einem angeleiteten internetbasierten Selbsthilfeprogramm für anhaltende Trauer nach Partnerverlust**  
Jeannette Brodbeck, Universität Bern, Schweiz
- 08:45 **Prädiktoren von Adhärenz und Behandlungserfolg in einer internetbasierten Intervention für Menschen mit Psychose**  
Nina Rüegg, Universität Bern, Schweiz
- 09:00 **Machbarkeit einer gemischten Gruppentherapie zur Behandlung von Depression**  
Raphael Schuster, Universität Salzburg, Österreich
- 09:15 **Neustart - Eine internetbasierte Intervention für Menschen mit Glücksspielproblemen: Ergebnisse einer randomisiert-kontrollierten Studie**  
Lara Bücken, Universitätsklinikum Hamburg-Eppendorf, Deutschland
- 09:30 **Internetbasierte Selbsthilfe für Anpassungsstörungen**  
Christian Thomas Moser, Universität Bern, Schweiz

**Open Papers 1**

Level 3 – Room R6

**Addictions**

Chair: Johannes Lindenmeyer, Medizinische Hochschule Brandenburg & Salus Clinic Lindow, Germany

- 08:30 **Thinking Styles about Nicotine Craving as Predictors of Smoking and Distress in Everyday Contexts: An Ecological Momentary Assessment Study**  
Joshua Magee, Miami University, USA
- 08:45 **Experiential Avoidance as a Driving Factor Behind Compulsive Behaviour**  
Lauren Den Ouden, Monash University, Australia
- 09:00 **Cognitive and Behavioural Mediators in Drug Dependency: Implications for an Integrated Cognitive-Behaviour Approach to Treating Drug Abusers**  
Fu Keung Wong, University of Hong Kong, Hong Kong
- 09:15 **Making Inroads: Randomized Controlled Trial of an Early Intervention to Address Co-occurring Anxiety and Alcohol Use Problems Among Young People**  
Katrina Prior, University of New South Wales, Australia
- 09:30 **Additive Effectiveness of Mindfulness Meditation to a School-Based Brief Cognitive-Behavioral Alcohol Intervention for Adolescents**  
Matthew Gullo, University of Queensland, Australia

**Open Papers 2**

Level 3 – Room R7

**Older Adults and Dementia**

Chair: Ian James, Northumberland, Tyne and Wear NHS Foundation Trust, UK

- 08:30 **Risk and Resiliency Factors Related to Dementia Caregiver Mental Health**  
Olivia Altamirano, University of Miami, USA

- 08:45 **Cognitive Behavioural Therapy for Dementia**  
Sunil Bhar, Swinburne University of Technology, Australia
- 09:00 **Therapist Beliefs about Working with Older People: Correlation with Clinical Outcome**  
Ken Laidlaw, University of Exeter, UK
- 09:15 **The Effect of Co-Morbid Depression on the Outcomes of Computerised Cognitive Rehabilitation for Older Adults**  
Shannon Webb, University of Sydney, Australia
- 09:30 **Are Lies Useful Communication Tools in Cognitive Behaviour Therapy? The Notion of the Therapeutic Lie**  
Ian James, Northumberland, Tyne and Wear NHS Foundation Trust, UK

**Open Papers 3**

Level 3 – Room R8

**Mental Imagery**

Chair: Fritz Renner, University of Freiburg, Germany

- 08:30 **Induction of Conditioned Avoidance via Mental Imagery of a Threatening Event**  
Angelos Miltiadis Kryptos, Katholieke Universiteit Leuven, Belgium, and Utrecht University, the Netherlands
- 08:45 **Enhancing Episodic Future Thinking in Clinical Depression**  
David Halford, Deakin University, Australia
- 09:00 **Imagery Rescripting as Transdiagnostic Intervention – a Case Series**  
Antje Krüger-Gottschalk, Westfälische Wilhelms-Universität, Germany
- 09:15 **Imagery Rescripting as an Adjunct to Cognitive Behaviour Therapy for Social Anxiety Disorder**  
Alice Norton, The University of Sydney, Australia
- 09:30 **The Blind Mind's Eye and Emotion: Are Thoughts Less Distressing with Aphantasia?**  
Marcus Wicken, University of New South Wales, Australia

**Open Papers 4**

Level 3 – Room R9

**Cultural Adaptations**

Chair: Andrew Beck, University of Manchester, UK

- 08:30 **The Development of a Culturally Informed, Religiously-Based, Cognitive-Behavioral Mental Health Treatment Offered in Religious Institutions and Other Community Settings**  
Amy Weisman de Mamani, University of Miami, USA
- 08:45 **Credibility Perception and Treatment Expectations: Relationship with Cognitive Behaviour Therapy Outcome in Indian Context**  
Susmita Halder, Amity University, India
- 09:00 **Chinese Translation of Cognitive Distortions and Its Relationship with Depressive and Anxiety Symptoms**  
Alvin Lai Oon Ng, Sunway University, Malaysia
- 09:15 **Cognitive Behavioural Intervention to Promote Chinese International Students' Mental Health and Quality of Life in Hong Kong: A Wait-list Control Design**  
Qiuyuan Xie, University of Hong Kong, Hong Kong

**Open Papers 5**

Level 3 – Room R10

**Behavioural Medicine**

Chair: Jo Daniels, University of Bath, UK

- 08:30 **Further Validation of the Non-Avoidant Pacing Scale and the Role of Pacing in Mediating Chronic Pain Treatment Outcomes**  
Renata Hadzic, The University of Sydney, Australia
- 08:45 **CFS/ME and Co-morbid Health Anxiety: A Treatment Case Series**  
Jo Daniels, University of Bath, UK
- 09:00 **Guided Cognitive Behavioral Therapy-based Internet Intervention (iSOMA) for Somatoform Symptoms: Participant Characteristics and Results of a Randomized Controlled Trial in University Students**  
Katja Böhme, University of Mainz, Germany
- 09:15 **Therapeutic Effects of a Group Cognitive-Behavioral Intervention for Self-Management of Fibromyalgia**  
Lizet F. Jammet, Saint Antoine University Hospital, France
- 09:30 **Bodily Symptoms in Children and Adolescents: Illness-Related Self-Concept and Parental Symptom Evaluations**  
Stefanie Jungmann, University of Mainz, Germany

OPEN PAPERS

**Symposium 18**

Level 3 – Room R11

**Contributions of Cognitive Behavioral Therapy to Sexual Health**

Convenor: Renata Mello, University of North Alabama, USA, and Cognitiva Centro de Terapia, Brazil

Chair: Mehmet Sungur, Istanbul Kent University, Turkey

- 08:30 **Depression, Anxiety and Sexual Dysfunction: Assessment of Distorted Cognitions**  
Rodrigo Ferreira, Mater Dei Hospital, Brazil
- 08:50 **Sexual-Orientation Obsessions in OCD: Differential Diagnosis and Interventions**  
Renata Mello, University of North Alabama, USA, and Cognitiva Centro de Terapia, Brazil
- 09:10 **Neuroscienze-Based Cognitive Therapy in Clinical Sexology**  
Tullio Scrimali, University of Catania and University Kore Enna, Italy
- 09:30 **Couple Therapy and Virtual Platforms as Sexual Health Promoters**  
Renata Moreira Coelho, Universidade Federal de Minas Gerais, Brazil

**Symposium 19**

Level 3 – Room R12

**Using Trauma-Focused Therapies to Treat Posttraumatic Symptoms in Psychosis: What Works, When, and for Whom?**

Convenor: Rachel Brand, Swinburne University of Technology, Australia

Chair: Sarah Bendall, Orygen the National Centre of Excellence in Youth Mental Health and University of Melbourne, Australia

- 08:30 **A Pilot Trial of Imaginal Exposure Therapy for People with Trauma-Related Voices: Results, Lessons Learnt, and Questions to Inform the Development of TF Therapies for Psychosis**  
Rachel Brand, Swinburne University of Technology, Australia
- 08:50 **An Integrated Trauma-Focused Cognitive Therapy Protocol for Posttraumatic Stress and Psychotic Symptoms: Findings from a Case Series**  
Nadine Keen, Institute of Psychiatry South London and Maudsley NHS Trust, UK
- 09:10 **Can We Improve Psychotic Symptoms Using Trauma-Focused Therapy? Rationale and Design of a Feasibility Randomised Controlled Trial of a Modified Version of Eye Movement Desensitization and Reprocessing Therapy for Clients with Early Psychosis**  
Filippo Varese, University of Manchester and Greater Manchester Mental Health NHS Foundation Trust, UK
- 09:30 **What Do the Experiences of Therapy of Young People with Early Psychosis and PTSD Symptoms Tell us About the Risks and Benefits of Trauma Therapy?**  
Sarah Bendall, Orygen the National Centre of Excellence in Youth Mental Health and University of Melbourne, Australia

**Open Papers 6**

Level 3 – Room R13

**New Treatment Approaches For Children and Adolescents**

Chair: Maria Kangas, Macquarie University, Australia

- 08:30 **A Transdiagnostic Intervention for the Concurrent Treatment of Somatic Symptom Disorder with Comorbid Anxiety and Depression in Children and Adolescents**  
Maria Kangas, Macquarie University, Australia
- 08:45 **Feelings about Feelings: Examining the Association Between Beliefs about Emotion, Emotion Regulation and Depression in Young People**  
Lauren Harvey, University of Sydney, Australia
- 09:00 **The Effects of a Mindfulness-Based Group Intervention Program on Attention Deficit Hyperactivity Disorder Symptomatology, Emotion Regulation and Executive Functions in a Sample of Children with Attention Deficit Hyperactivity Disorder**  
Anna Huguet, Hospital Sant Joan de Déu Barcelona Children's Hospital, Spain
- 09:15 **Trans-Diagnostic Group Behavioral Activation Therapy Early Intervention for Youth Anxiety and Depression in China**  
Fang Zhang, Medical School of Shang Hai Jiaotong University, China
- 09:30 **Exploring the Effectiveness of a Combined Parent-Based and Early Cognitive Behavioral Therapy Intervention for Young Children with Internalizing Symptoms**  
Paul Stallard, University of Bath, UK

**Symposium 20**

Level 3 – Room S1

**Virtual Reality in Behavioral and Cognitive Therapies**

Convenor & Chair: Paul Pauli, University of Würzburg, Germany

- 08:30 **Virtual Reality to Improve CBT**  
Paul Pauli, University of Würzburg, Germany
- 08:50 **Efficacy in Virtual Reality Therapy: An Individual Patient Data Meta-Analysis**  
Javier Fernández-Álvarez, Jaume I University, Spain
- 09:10 **Virtual Social Scenarios for Research and Treatment of Specific and Social Phobia**  
Andreas Mühlberger, University of Regensburg, Germany
- 09:30 **Using Virtual Reality to Study and Modify Cognitions in Cognitive-Behavior Therapy: Theoretical Rationales and Experimental Results**  
Daniel Silviu Matu, Babeş-Bolyai University, Romania

Poster Session 1 (9.00 - 11.30)

**Anxiety**

- 1 **Examining the Effectiveness of Unified Group Cognitive Behaviour Therapy for Patients with Heterogeneous Anxiety Disorders in Malaysia: A Randomized Control Trial**  
Jamilah Hanum Abdul Khaiyom, International Islamic University, Malaysia.
- 2 **Efficacy of Technology-Based Psychological Interventions for Social Anxiety Disorder**  
Abbas Al-Kamel, University of Bergamo, Italy
- 3 **A Systematic Review of the Effects of Acute Stress on Extinction/Exposure-Procedures: Implications for Treatment and Relapse Prevention**  
Elpiniki Andrew, University of Sydney, Australia
- 4 **False Safety Behavior Elimination Therapy for Social Anxiety Disorder and Comorbid Conditions in a Clinical Setting: A Pilot Study**  
Honami Arai, Chiba University, Japan
- 5 **Gaming against Anxiety: User-Feedback in the Development of a Therapeutic Game for Adolescent Anxiety Disorders**  
Steven Barnes, University of Bolton, UK
- 6 **Italian Validation of the Self-Report Liebowitz Social Anxiety Scale**  
Duccio Baroni, Institute for Behavioral and Cognitive Psychology and Psychotherapy, Italy
- 7 **Effectiveness of eHealth Interventions to Reduce Perinatal Anxiety: A Systematic Review and Meta-Analysis**  
Hamideh Bayrampour, University of British Columbia, Canada
- 8 **Between a Rock and a Hard Place – Network Structure of some Anxiety and Dysphoria Indicators**  
Radomir Belopavlovi, University of Novi Sad, Serbia
- 9 **Neurobiological Correlates of Successful Cognitive Behavior Therapy in Patients with Panic Disorder**  
Christoph Benke, University of Greifswald, Germany
- 10 **Online Health Information Seeking: Associations with Cognitive Styles and Psychological Symptoms**  
David Berle, University of Technology Sydney, Australia
- 11 **Multi-Family Group Treatment for Anxiety Disorders in Youth: An Open Trial**  
Thomas Bjerregaard Bertelsen, University of Bergen, Norway
- 12 **The Efficacy of some Emotional Regulation Strategies on Anxiety Delivered by a Robot in a Primary School Children Sample**  
Calin Alexandru Hopsitar, Private Practice, Romania
- 13 **Shame as a Predictor of Social Anxiety Symptoms: a 1-Year Longitudinal Study**  
Diana Candea, Babes-Bolyai University, Romania
- 14 **Coping with Stress: Effectiveness of iCBT for the Self-Management of Psychological Distress**  
Aileen Chen, St Vincent's Hospital, Australia
- 15 **Efficacy of Cognitive Behavior in Phobic Disorders of Different Presentations and Types**  
Megha Choudhary, Central Institute of Psychiatry, India
- 16 **Cognitive Biases in Social Anxiety and Perfectionism**  
Bruna Ciprovac, Flinders University, Australia
- 17 **Relationships between Self-Beliefs, Bivalent Fear of Evaluation, and Social Anxiety Symptoms: A Preliminary Structural Equations Model**  
Sarina Cook, The University of Melbourne, Australia
- 18 **Bivalent Fear of Evaluation in Social Anxiety: A Systematic Review and Meta-Analysis**  
Sarina Cook, The University of Melbourne, Australia
- 19 **Examining the Effects of Anxiety Disorder-Specific Cognitive Behavioural Group Therapy on Severity of Insomnia Symptoms**  
Lauren Cudney, McMaster University, Canada
- 20 **The Role of Social Anxiety, Psychopathic Tendencies and Hormones in Approach-Avoidance Behavior Towards Emotional Faces**  
Anna Dapprich, Radboud University, the Netherlands
- 21 **Distress Tolerance and Anxiety**  
Marie-France de Lafontaine, Université Laval, Canada
- 22 **Social Anxiety and Use of Social Media : A Preliminary Study**  
Virginia Dehesa, Centro de Terapia de Conducta de Valencia, Spain
- 23 **A Comparative Study of Influence of Cognitive Behavioral Factors on Job-Hunting Anxiety Among Japanese and Chinese University Students**  
Jie Dong, Osaka, Japan
- 24 **Measuring Pre-Event and Post-Event Rumination in Social Anxiety Disorder: Validating the Thoughts Questionnaire**  
Hayley Donohue, University of Sydney, Australia
- 25 **Do Emotion Regulation Strategies Mediate the Relationship Between Perceived Control & Fear and Avoidance in Social Anxiety?**  
Cassandra Fehr, University of Ottawa, Canada
- 26 **Can Brief Single Session Cognitive Bias Modification of Interpretation Change Spontaneous Online Interpretations in High Worriers?**  
Ya-Chun Feng, King's College London, UK

- 27 **Feasibility, Acceptability, and Clinical Utility of a Virtual Reality Behavioral Assessment Task for Young Adults with Social Anxiety**  
Schuyler Fox, Columbia University Medical Center, USA
- 28 **Physical Exercise Augmented Psychological Treatment of Anxiety Disorders: A Systematic Review**  
Kristian Fredriksen, Diakonhjemmet Hospital, Norway
- 29 **The Relationship Between Social Anxiety and Posttraumatic Stress Symptoms in Response to Socially Threatening Events**  
Susanne Fricke, Justus Liebig University Giessen, Germany
- 30 **Development and Evaluation of the Reading Anxiety Scale**  
Amie Grills, Boston University, USA
- 31 **The Effect of Self-Efficacy of Injection on the Fear of Needles**  
Suzuka Hako, Hiroshima University, Japan
- 32 **Better Save than Wealthy: Dysfunction Risk Avoidance in Spider-Fearful Individuals**  
Kristina Hengen, University of Mannheim, Germany
- 33 **Neural Correlates of Long-term Extinction Recall in Social Anxiety Disorder**  
Andrea Hermann, Justus Liebig University Giessen, Germany
- 34 **Disqualification of Positive Social Outcomes Predicts Low Positive Affect in Korean Adults with High Levels of Social Anxiety**  
Da Hye Hong, Yonsei University, South Korea
- 35 **Endogenous Testosterone Levels Predict Symptom-Reducing Effects of Public Speaking Exposure in Social Anxiety Disorder**  
Moniek Hutschemaekers, Radboud University Nijmegen, the Netherlands
- 36 **Examining the Relationship Between Social Anxiety and the Judgement of Dynamic Facial Expressions**  
Hanaa Idris, University of Western Australia, Australia
- 37 **Exploring The Relationship between Mindfulness, Experiential Avoidance and Psychological Discomfort Among University Students**  
Samara Barrera, Rey Juan Carlos University, Spain
- 38 **Helping Students Overcome Fear of Public Speaking – Short Group CBT Treatment**  
Ines Jakovcic, University of Rijeka, Croatia
- 39 **The Effects of Social Comparison on Perceived Anxiety in Virtual Exposure**  
Isabel Kampmann, Westfälische Wilhelm-Universität Münster, Germany
- 40 **Specific Reduction in Social Avoidance After Loving-Kindness Meditation Without Attention-Based Training**  
Yoshihiro Kanai, Tohoku Gakuin University, Japan
- 41 **Perception of Feedback Accuracy and Relevancy in Socially Anxious Students: Examining the Impact of Feedback Modality and Valence**  
Leanne Kane, University of Ottawa, Canada
- 42 **The Fear of Losing Control in Social Anxiety: An Experimental Approach**  
Kenneth Kelly-Turner, Concordia University, Canada
- 43 **Brief, Intensive, Concentrated CBT for Social Anxiety Disorder in an 11 Year Old in the Context of Chronic Illness**  
Eleanor Kerry, Great Ormond Street Hospital for Children, UK
- 44 **The Influences of Virtual Social Feedback on Social Anxiety Disorders**  
Tomoko Kishimoto, Nankai University, China
- 45 **Predictors of Treatment Outcome in Patients with Social Phobia**  
Stefanie Kunas, Humboldt Universität zu Berlin, Germany
- 46 **Perfectionism, Automatic Thoughts in Exam Situations and Test Anxiety in Relation to University Students' Mental Health**  
Ana Kurtovic, Faculty of Humanities and Social Sciences Osijek, Croatia
- 47 **Is There Any Connection Between Social Anxiety and Narcissistic Traits?**  
Francesco Lauretta, Institute for Behavioral and Cognitive Psychology and Psychotherapy, Italy
- 48 **Interference Effects of Emotional Stimuli on Working Memory Updating in Social Anxiety**  
Chi-Wen Liang, Chung Yuan Christian University, Taiwan, R.O.C.
- 49 **Investigating Attentional Control for Emotional Stimuli Under Low and High Cognitive Load in Social Anxiety**  
Chi-Wen Liang, Chung Yuan Christian University, Taiwan, R.O.C.
- 50 **Increased Gray Matter Covariation in a Frontoparietal Network in Adolescents with Social Anxiety Disorder**  
Zhen Liu, Shanghai Jiao Tong University School of Medicine, China
- 51 **Preliminary Study of Effects of Interventions Focused on Detached Mindfulness & Metacognitive Believe on Worry of Non-Clinical Sample: Compared to the Effects of Two Detached Mindfulness Techniques**  
Minori Machida, Tokushima University, Japan
- 52 **Validation of the Trait and State Versions of the Post-Event Processing Inventory in the Japanese Population with and without Self-reported Diagnostic Status of Social Anxiety Disorder**  
Shunta Maeda, Tohoku University, Japan
- 53 **Client Motivation and Engagement in Transdiagnostic Cognitive Behavioral Therapy for Anxiety Disorders: Predictors and Outcomes**  
Isabella Marker, Monash University, Australia

- 54 **Can Intermittent Motivational Interviewing Increase the Effectiveness of CBT in Anxiety Disorders?**  
Isabella Marker, Monash University, Australia
- 55 **Does Attention Bias Modification for Social Anxiety Disorder Become More Effective by Increasing State Anxiety?: A Pilot Study**  
Misuzu Matsumoto, Hiroshima University, Japan
- 56 **Measuring Repetitive Thinking in Iran: Psychometric Properties of Persian Version of Perseverative Thinking Questionnaire**  
Mahdi Mazidi, The University of Western Australia, Australia
- 57 **Psychological Inflexibility as a Transdiagnostic Prospective Mediator**  
Ljiljana Mihic, University of Novi Sad, Serbia
- 58 **Effect of Functional Aspects of Fear of Evaluations on Social Anxiety Symptoms**  
Chihiro Moriishi, Waseda University, Japan
- 59 **Return to Work: with Wellbeing or Work-Coping? Randomized Controlled Group Intervention with Persons Suffering from Work-Anxieties**  
Beate Muschalla, Technische Universität Braunschweig, Germany
- 60 **The Influence of the Sub-Factors of Rejection Hypersensitivity and Social Skills on Social Anxiety Symptoms**  
Misako Nakamura, Waseda University, Japan
- 61 **The OCD Home Kit – Using Smart Technology to Enhanced Self-Guided Exposure and Response Prevention in Patients with Contamination Fears and Washing Rituals**  
Oliver Sündermann, National University of Singapore, Singapore
- 62 **Psychotherapy and Other Service Use among Adolescents and Young Adults with Anxiety Disorders**  
Hannah Niermann, Technische Universität Dresden, Germany
- 63 **Mindfulness and Cognitive Behavioral Therapy for Social Anxiety: a Pilot Study of University Students**  
Shota Noda, Musashino University and Tokyo Mindfulness Center, Japan
- 64 **Comparison of Neuropsychological Function in Social Anxiety Disorder and Healthy Controls**  
Sho Okawa, Chiba University, Japan
- 65 **Investigating the Effect of Adding Anxiety-Specific Practice to a Mindfulness Intervention for Anxiety**  
Inka Papenfuss, University of Groningen, the Netherlands
- 66 **Responses to Uncertainty: Potential Mediators for the Effect of a Mindfulness Intervention on Symptoms of Anxiety**  
Inka Papenfuss, University of Groningen, the Netherlands
- 67 **Breaking down Barriers: Evaluating an Internet-Based CBT Program for Adults Experiencing Anxiety**  
Alissa Pencer, Dalhousie University, Canada
- 68 **The Role of Perceived Responsiveness in the Association Between Social Anxiety and Self-Disclosure**  
Sarah Petty, University of Manitoba, Canada
- 69 **The Efficacy of an Online, Early Intervention for Anxiety and Problematic Alcohol Use Among Young People**  
Katrina Prior, University of Sydney, Australia
- 70 **Distress Concealed Behind the Appearance of Normality in University Students: An Exploratory Study**  
Angelica Riveros-Rosas, National University of Mexico, Mexico
- 71 **Is Behavioural Avoidance in Social Anxiety Characterized by Biases in Stimulus Categorization or General Behavioural Tendencies?**  
Daniel Rudaizky, University of Western Australia, Australia
- 72 **An Internet-Based Mindful Lovingkindness-Compassion Program for University Students with Social Anxiety**  
Seokjin Ryu, Yeungnam University, South Korea
- 73 **Different Paths to Social Anxiety and Depression: The Role of Early Memories of Warmth and Safety and Fears of Compassion**  
Maria do Céu Salvador, University of Coimbra, Portugal
- 74 **A Pilot Study on the Development of a Behavioral Measure of Self-Compassion**  
Hideki Samizo, Waseda University, Japan
- 75 **Clinical Implications of Childhood Maltreatment in Panic Disorder**  
Martí Santacana, Consorci Sanitari de Terrassa, Spain
- 76 **Can Working Memory Training Reduce Test Anxiety?**  
Berna Sari, Uskudar University, Turkey
- 77 **Cross-Cultural Comparison of Social Anxiety Symptoms During a Social Interaction Task**  
Satoko Sasagawa, Meiji University, Japan
- 78 **What Can Be Achieved in One Week? Effects of Short iCBT Program on Self-Focused Attention**  
Katrin Schoenenberg, University of Wuppertal, Germany
- 79 **The Effects of Changing Cost Bias in Cognitive Behavior Therapy Programs for Japanese Patients with Social Anxiety Disorder**  
Kentarō Shirotaki, Musashino University, Japan
- 80 **Intolerance of Uncertainty, Anxiety, and Autistic Symptoms in a Young Adult Non-Clinical Sample**  
Meropi Simou, Aristotle University of Thessaloniki, Greece
- 81 **The Role of Mental Images in Reducing Test-Anxiety: Feasibility of a New Short Intervention**  
Zrinka Susic-Vasic, University Hospital of Ulm, Germany

- 82 **Patient Preferences for Intensive Versus Spaced Delivery of Internet CBT for Panic Disorder**  
Eileen Stech, University of New South Wales, Australia
- 83 **Internet-Delivered Cognitive Behavioral Therapy for Panic Disorder with or Without Agoraphobia: A Systematic Review and Meta-Analysis**  
Eileen Stech, University of New South Wales, Australia
- 84 **Does Attentional Bias to Negative Information Causally Contribute to Diminished Anxiety Dissipation?**  
Stephanie Stevens, University of Western Australia, Australia
- 85 **The Relationship Between Negative Urgency and Attention Processes in People High in Generalized Anxiety Disorder Symptoms**  
Kathleen Stewart, Ryerson University, Canada
- 86 **The Role of Mindfulness on Social Anxiety and Procrastination**  
Guliz Zeynep Tarman, Uskudar University, Turkey
- 87 **Neural Correlates of Self-Focused Attention and External Attention Bias in Social Anxiety**  
Nozomi Tomita, Waseda University, Japan
- 88 **Psychological Profiles and the Prognosis of Patients with Non-Cardiac Chest Pain**  
Marie-Andree Tremblay, Université Laval, Canada
- 89 **Social Anxiety Disorder in Children: Investigating the Relative Contribution of Automatic Thoughts, Repetitive Negative Thinking and Metacognitions**  
Monika Walczak, University of Copenhagen, Denmark
- 90 **When is a Phobia Not a Phobia? A Systematic Review of the Focus and Impact of Psychological Interventions for Emetophobia**  
Sasha Walters, Berkshire Child and Adolescent Mental Health Service and University of Reading, UK
- 91 **Classical Conditioning of Odor and Relaxation in University Students**  
Mizuki Watanabe, Shinshu University, Japan
- 92 **The Relationship Between the Negative and Positive Interpretation of Self Perception and Social Anxiety**  
Mikiko Watanabe, Musashino University, Japan
- 93 **The Attention Bias for Emotional Stimulation in Social Anxiety Disorder Comorbid Depression: An Eye Movement Study**  
Xu Wen, Peking University, China
- 94 **Testing the Metacognitive Model of Generalised Anxiety Disorder in a Clinical Sample**  
Julia White, University of Sydney, Australia
- 95 **Women's Experiences of Anxiety During Pregnancy: A Qualitative Study Using Interpretative Phenomenological Analysis**  
Anja Wittkowski, University of Manchester, UK
- 96 **The Impact of Cognitive Restructuring on Post-Event Rumination Among Socially Anxious Chinese Adolescents: An Innovative and One-Session Intervention**  
Meng Yu, Beijing Normal University, China
- 97 **Social Anxiety and Cognitive Flexibility**  
Reut Zabag, Bar-Ilan University, Israel
- 98 **Anxiety in Sport Environment: A Cognitive Representation**  
Yiannis Zarotis, Hellenic Society of Cognitive Psychotherapies, Greece
- 99 **Neural Activation During Cognitive Emotion Regulation Predicts Treatment Response to Cognitive Behavioral Therapy for Social Anxiety Disorder**  
Raphaella Isabella Zehner, Justus Liebig University Giessen, Germany
- 100 **Transdiagnostic, Evolutionary Processes in Social Anxiety**  
Matteo Zuccala, University of Sydney, Australia
- 101 **A Comparison of the Weakest Link and Additive Model Approach: Relations Between Intolerance of Uncertainty and Anxiety Sensitivity on Depression and Anxiety Symptoms**  
Ann Marie Huet, Ohio University, USA
- 102 **The Pattern of Visual Attention to Aversive Stimuli During Exposure (2)**  
Minoru Takahashi, Mejiro University, Japan

# POSTER SESSIONS

# POSTER SESSIONS

## Morning In-Congress Workshops (10.15 - 13.45)

### In-Congress Workshop 1

Level 3 – Room R9

**Self-Reflection and Self-Experience in Combined CBT and Schema Therapy Training**  
Marie Ociskova & Jan Prasko, University Hospital and Palacky University Olomouc, Czech Republic

### In-Congress Workshop 2

Level 3 – Room R10

**Schema Therapy for Children and Adolescents (ST-CA)**  
Christof Loose, Psychotherapy Practice and Centre for Schema Therapy Düsseldorf, Germany

### In-Congress Workshop 3

Level 3 – Room R11

**Cognitive Behavioral Analysis System of Psychotherapy (CBASP) for the Treatment of Chronic Depression: A Global Perspective**  
Jan Philipp Klein, Lübeck University, Germany, & Favorite Todd, University of Michigan, USA

### In-Congress Workshop 4

Level 3 – Room R3

**Advances in Cognitive Behavior Therapy for Perfectionism**  
Roz Shafran, UCL Great Ormond Street Institute of Child Health, UK, Tracey Wade, Flinders University, Australia and Sarah Egan, Curtin University, Australia

## (10.30 - 12.00)

### Symposium 21

Level 1 – Room A1

**Repetitive Thoughts and Actions: The Role of Dysfunctional Thoughts, Interpretation Biases, and Reliance on External Proxies**

Convenor & Chair: Karina Wahl, University of Basel, Switzerland

10:30 **Obsessive-Compulsive Tendencies and Lack of Feedback Predict Seeking Proxies for the Feeling of Understanding**

Reuven Dar, Tel Aviv University, Israel

10:45 **Beliefs About the Importance and Control of Thoughts are Predictive but not Specific to Intrusive Unwanted Thoughts and Neutralizing Behaviors During Exam Stress in a Prospective Study**

Karina Wahl, University of Basel, Switzerland

11:00 **Beliefs about Losing Control, Obsessions, and Caution: An Experimental Investigation**

Jean-Philippe Gagné, Concordia University, Canada

11:15 **Training Implicit Associations in Contamination-OCD: Effects on Attentional Bias and Approach Behavior**

Christina Dusend, Westfälische Wilhelms-Universität Münster, Germany

11:30 **Discussant**

Christine Purdon, University of Waterloo, Canada

### Symposium 22

Level 1 – Room A2

**Innovative Cognitive Behavioral Therapy Approaches in Somatic Conditions**

Convenor & Chair: Andrea Evers, Leiden University, the Netherlands

10:30 **Using an Empirical Approach to Develop a Cognitive Behaviourally Informed Physiotherapy Treatment for Chronic Dizziness**

Rona Moss-Morris, King's College London, UK

10:45 **A CBT-Based Transdiagnostic Approach for Persistent Physical Symptoms: Results of a Randomised Controlled Trial**

Trudie Chalder, King's College London, UK

11:00 **Pharmacological Conditioning in the Treatment of Rheumatoid Arthritis**

Meriem Manaï, Leiden University, the Netherlands

11:15 **An E-Health Psychological Intervention to Optimize Health Outcomes in Response to Immunological and Psychophysiological Challenges: A Randomized Controlled Trial**

Lemmy Schakel, Leiden University, the Netherlands

11:30 **Discussant**

Andrea Evers, Leiden University, the Netherlands

### Symposium 23

Level 1 – Room A3

**New Research on Personalizing Psychological Treatments – Status Quo and Future Developments**

Convenor & Chair: Wolfgang Lutz, University of Trier, Germany

10:30 **Moving Beyond Main Effects to Promote Precision Mental Health**

Rob DeRubeis Rob, University of Pennsylvania, USA

10:45 **Optimal Designs to Examine Whether Individual Affective Changes are Clinically Meaningful**

Claudi Bockting, University of Amsterdam, the Netherlands

- 11:00 **Moving Towards Personalisation by Identifying Active Ingredients of Internet CBT for Depression**  
Ed Watkins, University of Exeter, UK
- 11:15 **What and When: Predicting the Presence and Timing of Discrete Mood States Prior to Therapy**  
Aaron Fisher, University of California, USA
- 11:30 **Towards the Integration of Personalized Intervention Research into Clinical Practice: The Trier Treatment Navigator**  
Wolfgang Lutz, University of Trier, Germany

**Symposium 24**

Level 1 – Room A4

**Transdiagnostic Group Cognitive-Behaviour Therapy for Anxiety Disorders: Results of a Large Community-Based Pragmatic Randomized Controlled Trial**

Convenor & Chair: Pasquale Roberge, Université de Sherbrooke, Canada

- 10:30 **Transdiagnostic Group Cognitive-Behaviour Therapy for Anxiety Disorders: Study Design and Outcomes of a Pragmatic Trial**  
Pasquale Roberge, Université de Sherbrooke, Canada
- 10:45 **Therapeutic Integrity and Participant Adherence: Influence on Group Cognitive Behaviour Therapy Effectiveness**  
Martin D. Provencher, Université Laval, Canada
- 11:00 **Transdiagnostic Group Cognitive-Behaviour Therapy for Anxiety Disorders: Effects on Comorbid Diagnoses**  
Peter J. Norton, Monash University, Australia
- 11:15 **A Qualitative Study of Patient Acceptability of Group Transdiagnostic Cognitive-Behaviour Therapy for the Treatment of Anxiety Disorders**  
Pasquale Roberge, Université de Sherbrooke, Canada
- 11:30 **Discussant**  
Debra Hope, University of Nebraska–Lincoln, USA

**Symposium 25**

Level 1 – Room A5

**Understanding Mechanisms Underlying Adolescent Anxiety: A Bottom-Up Approach to Improving Interventions**

Convenor & Chair: Eleanor Leigh, King's College London, UK

- 10:30 **Psychosocial Factors Predicting Social Anxiety in Early Adolescence**  
Ron Rapee, Macquarie University, Australia
- 10:50 **Early Adolescent Predictors of Later Anxiety Disorders**  
Jennifer Hudson, Macquarie University, Australia
- 11:10 **Can the Clark & Wells (1995) Cognitive Model of Social Anxiety Help in Predicting Adolescent Social Anxiety and Peer Victimization? A Prospective Longitudinal Study**  
Eleanor Leigh, King's College London, UK
- 11:40 **Parental Expressed Emotion and Its Relationship with Treatment Outcomes for Adolescents with Co-Morbid Depression and Anxiety**  
Monika Parkinson, University of Reading, UK

**Panel Discussion 2 (German Language)**

Level 1 – Room A8

**Bin ich VerhaltenstherapeutIn? – Verhaltenstherapeutische Identität im 21. Jahrhundert**

Convenors and Chairs: Jürgen Tripp, Deutscher Fachverband für Verhaltenstherapie (DVT), Deutschland & Oliver Kunz, Deutsche Gesellschaft für Verhaltenstherapie (DGVT), Deutschland

- Discussants:
- Eva-Lotta Brakemeier, Philipps-Universität Marburg, Deutschland
  - Oliver Kunz, Deutsche Gesellschaft für Verhaltenstherapie (DVT)
  - Jürgen Margraf, Ruhr-Universität Bochum, Deutschland
  - Ulrich Schweiger, Universitätsklinikum Schleswig-Holstein Lübeck, Deutschland
  - Jürgen Tripp, Deutscher Fachverband für Verhaltenstherapie (DVT)
  - Ulrike Willutzki, Universität Witten-Herdecke, Deutschland

**Symposium 26 and Invited Plenary Address**

Level 1 – Room A7

**New Directions in Well-being Therapy**

Convenor: Giovanni Fava, State University of New York at Buffalo, USA

Chair: Thomas Heidenreich, University of Applied Sciences Esslingen, Germany

- 10:30 **The Assessment of Psychological Well-Being**  
Jenny Guidi, University of Bologna, Italy
- 10:55 **Invited Plenary Address**  
**Well-Being Therapy**  
Giovanni Fava, State University of New York at Buffalo, USA
- 11:25 **What is the Specific Role of Well-Being Therapy in the Existing Landscape**  
Eva-Lotta Brakemeier, Philipps-University of Marburg, Germany
- 11:45 **General Discussion**

**Symposium 27**

Level 3 – Room M1

**Psychological Mechanisms Involved in the Recurrence and Chronicity of Depression and Anxiety Disorders: Results from the Netherlands Study on Depression and Anxiety (NESDA)**

Convenor & Chair: Peter de Jong, University of Groningen, the Netherlands

- 10:30 **Implicit and Explicit Self-Esteem in the Recurrence of Depression and Anxiety Disorders**  
Lonneke van Tuijl, University Medical Center Groningen, the Netherlands
- 10:45 **Does Repetitive Negative Thinking Mediate Prospective Relationships Among Depression and Anxiety?**  
Philip Spinhoven, Leiden University, the Netherlands
- 11:00 **Predictive Value of Attentional Bias for Recurrence of Depression: A 4-Year Prospective Study**  
Hermien Elgersma, University of Groningen, the Netherlands
- 11:15 **Temporal Stability of Symptoms of Affective Disorders, Cognitive Vulnerability and Personality Over Time**  
Sacha Struijs, Leiden University, the Netherlands
- 11:30 **Discussant**  
Ernst Koster, Ghent University, Belgium

**Symposium 28**

Level 3 – Room M2

**Collaborative and Proactive Solutions as an Alternative to Parent Management Training for Youth with Oppositional Defiant Disorder: A Comparison of Therapeutic Models**

Convenor: Anna Dedousis-Wallace, University of Technology Sydney, Australia

Chair: Thomas Ollendick, Virginia Polytechnic Institute & State University, USA

- 10:30 **Testing Multiple Conceptualizations of Oppositional Defiant Disorder in Youth**  
Thomas Ollendick, Virginia Polytechnic Institute & State University, USA
- 10:45 **Patterns in the Parent-Child Relationship and Clinical Outcomes in a Randomized Control Trial**  
Jordan Booker, University of Missouri, USA
- 11:00 **Translating Efficacy Research into a “Real World” Setting: A Randomised Comparison Trial Comparing Collaborative and Proactive Solutions to Parent Management Training for Oppositional Youth**  
Rachael Murrhy, University of Technology Sydney, Australia
- 11:15 **Moderators and Mediators of Parent Management Training and Collaborative Proactive Solutions in the Treatment of Oppositional Defiant Disorder in Youth**  
Anna Dedousis-Wallace, University of Technology Sydney, Australia
- 11:30 **Discussant**  
Ross Greene, Virginia Polytechnic Institute and State University, USA

**Symposium 29**

Level 3 – Room M3

**Cognitive Behavioral Therapy for Children and Adults with Intellectual Disabilities: Developments in Research and Practice**

Convenor & Chair: John Taylor, Northumbria University, UK

- 10:30 **Fearless Me!: A Pilot Randomised Controlled Trial of an Innovative Treatment Program for Children with Intellectual Disability and Anxiety**  
Anastasia Hronis, University of Technology Sydney, Australia
- 10:45 **Transdiagnostic CBT in the Treatment of Mental Health Difficulties for Individuals with Intellectual Disabilities - A Manualised Approach**  
Markku Wood, Northumbria University, UK
- 11:00 **Controlled Evaluation of an Adapted DBT Skills Intervention for Adolescents with Autism in a School Context**  
Stefanie Hastings, Bangor University and Betsi Cadwaladr University Health Board, UK
- 11:15 **The Evidence for Behavioural and Cognitive Therapies for People with Intellectual Disabilities – Where Are We up to?**  
John Taylor, Northumbria University, UK
- 11:30 **Discussant**  
Richard Hastings, University of Warwick, UK

**Symposium 30**

Level 3 – Room M4

**A Dual Process Models Approach to Understanding and Treating Eating and Weight Disorders**

Convenor: Leentje Vervoort, Ghent University, Belgium

Chair: Lien Goossens, Ghent University, Belgium

- 10:30 **Attentional Engagement and Disengagement to Food Cues in Anorexia Nervosa**  
Nienke Jonker, University of Groningen, the Netherlands
- 10:45 **Multi-Method Evidence for a Dual-Pathway Perspective on Loss of Control Over Eating Among Adolescents**  
Eva Van Malderen, Ghent University, Belgium
- 11:00 **A Systematic Review of the Evidence for Enhancing Childhood Obesity Treatment from a Dual-Process Perspective**  
Eva Kempes, Flinders University, Australia
- 11:15 **Smartphone-Delivered Approach-Avoidance Training Improves Food Choice in Obesity**  
Naomi Kakoschke, Monash University, Australia
- 11:30 **Discussant**  
Lien Goossens, Ghent University, Belgium

**Symposium 31**

Level 3 – Room M5

**Recent Advances in Understanding Body Dysmorphic Disorder: A Developmental Perspective**

Convenor: Georgina Krebs, King's College London, UK

Chair: Amita Jassi, South London and Maudsley NHS Foundation Trust, UK

- 10:30 **Body Dysmorphic Disorder in the Youth: Prevalence, Psychosocial Impact and Associations with Suicidality**  
Georgina Krebs, King's College London, UK
- 10:45 **Mindfulness and Self-Compassion Protect Against the Adverse Effects of Peer Appearance Teasing on Adolescents' Body Dysmorphic Symptoms**  
Lara Farrell, Griffith University, Australia
- 11:00 **Anxious and Angry Rejection Sensitivity and Body Dysmorphic Disorder Symptoms in Female Adolescents**  
Cynthia Turner, University of Queensland, Australia
- 11:15 **Treatment Outcomes of a Large Sample of Adolescents with Body Dysmorphic Disorder in a Naturalistic Setting**  
Daniel Rautio, Karolinska Institute, Sweden
- 11:30 **Discussant**  
Katharine Phillips, Cornell University, USA

**Symposium 32**

Level 3 – Room M6

**Perfectionism as a Transdiagnostic Process – New Evidence from Experimental and Longitudinal Studies**

Convenor & Chair: Barbara Cludius, Ludwig-Maximilians University, Germany

- 10:30 **Self-Critical Perfectionism as a Moderator of the Relation Between Mindfulness and Depressive and Anxious Symptoms over Two Years**  
David Dunkley, Jewish General Hospital and McGill University, Canada
- 10:45 **Why Does Perfectionism Confer Risk for Depression? A Longitudinal Test of the Mediating Role of Social Disconnection and Stress**  
Martin M. Smith, York St. Johns University, UK
- 11:00 **Perfectionism as a Risk Factor for Symptoms of Eating Disorders and Obsessive-Compulsive Disorder: Findings from an Experimental Study**  
Karina Limburg, Ludwig-Maximilians University, Germany
- 11:15 **Moving Beyond Questionnaire Assessment of Perfectionism? Direct and Indirect Assessment in Patients with Depression and Obsessive-Compulsive Disorder**  
Barbara Cludius, Ludwig-Maximilians University, Germany
- 11:30 **One Factor or Two? A Bi-Factor Analysis of the Frost Multidimensional Scale and Clinical Perfectionism Questionnaire**  
Joel Howell, Curtin University, Australia

**Skills Class 2**

Level 3 – Room M7

**Using Couple-Focused Cognitive Behaviour Therapy for Long Term Conditions**

Sarah Corrie & Michael Worrell, Central and North West London NHS Foundation Trust, UK

**Symposium 33**

Level 3 – Room M8

**New Developments in Schema Therapy, Part 2**

Convenor: Marleen Rijkeboer, Maastricht University, the Netherlands

Chair: Arnoud Arntz, University of Amsterdam, the Netherlands

- 10:30 **Schema Therapy for (Chronic) Depression – What Do We Know and Where Can We Go?**  
Marcus Huibers, Vrije Universiteit, the Netherlands
- 10:45 **Schema Therapy in Dissociative Identity Disorder**  
Rafaele Huntjens, University of Groningen & Marleen Rijkeboer, Maastricht University, the Netherlands
- 11:00 **Schema Therapy as Treatment for Adults with Autism Spectrum Disorder and Comorbid Personality Disorder**  
Richard Vuijck, SARR Autism Expertise Centre, Parnassia Bavo Group, the Netherlands
- 11:15 **Comparing Group Schema Therapy Versus Group Cognitive Behavioral Therapy for Patients with Social Anxiety Disorder and Comorbid Avoidant Personality Disorder**  
Astrid Baljé, Leiden University and PsyQ, the Netherlands
- 11:30 **Efficacy of Imagery with Rescripting in Treating OCD: A Single Case Experimental Design**  
Barbara Basile, School of Cognitive Psychotherapy, Italy

**Symposium 34**

Level 3 – Room R2

**The Role of Flexibility in Identifying and Treating Psychopathology**

Convenor: Einat Levy-Gigi, Bar-Ilan University, Israel

Chair: Eva Gilboa-Schechtman, Bar-Ilan University, Israel

- 10:30 **Spider Fearfuls' Flexibility During Avoidance Learning**  
Mike Rinck, Radboud University, the Netherlands

- 10:45 **Social Anxiety and Cognitive Flexibility: The Challenge of Learning in a Changing Environment**  
Reut Tzabag, Bar-Ilan University, Israel
- 11:00 **The Relationship Between Cognitive Flexibility, Empathy and Pain in Children with Repeated Traumatic Exposure**  
Moriya Rachmani, Bar-Ilan University, Israel
- 11:15 **Cognitive Flexibility in Social Anxiety: Learning Reversals of Social Reward and Punishment**  
Lisan Henricks, Radboud University, the Netherlands
- 11:30 **Discussant**  
Eva Gilboa-Schechtman, Bar-Ilan University, Israel

**Symposium 35**

Level 3 – Room R12

**Innovations in Psychological Treatment of Addictive Behaviours**

Convenor & Chair: David Kavanagh, Queensland University of Technology, Australia

- 10:30 **"I Kind of Just Missed Feeling Normal" – an Exploration of Alcohol Use in Young People with Severe Mental Illness**  
Sonja Pohlman, University of Newcastle, Australia
- 10:45 **Web-Delivered Attentional Bias Modification for Young Adult Binge Drinkers: A Randomised Controlled Pilot Study**  
Melanie White, Queensland University of Technology, Australia
- 11:00 **A Randomised Controlled Trial of Inhibitory Control Training for Smoking Cessation and Reduction**  
Kate Hall, Deacon University, Australia
- 11:15 **Functional Imagery Training for Alcohol Use Disorder: Results of a Randomised Controlled Trial**  
David Kavanagh, Queensland University of Technology, Australia
- 11:30 **Discussant**  
Reinout Wiers, University of Amsterdam, the Netherlands

**Skills Class 3 (German Language)**

Level 3 – Room R4

**Körperkonfrontation zur Behandlung der Körperbildstörung bei Essstörungen und Körperdysmorpher Störung – Input aus dem BEAM-Net**

Andrea Hartmann, Universität Osnabrück, Deutschland & Jessica Werthmann, Universität Freiburg, Deutschland

**Symposium 36**

Level 3 – Room R5

**The Role of Spirituality and Collectivism on Development of Core Beliefs in Indian Culture - Implications for Cognitive Behavioral Therapy Practice and Research**

Convenor: Nimisha Kumar, Shree Guru Gobind Singh Tricentenary University Gurugram, India

Chair: Michael Townend, University of Derby, UK

- 10:30 **A Spiritually and Contextually Enhanced Cognitive Behavioral Therapy Model for Use in the Indian Setting**  
Nimisha Kumar, Shree Guru Gobind Singh Tricentenary University Gurugram, India
- 10:45 **Cultural Adaptation of Cognitive Behavioral Therapy for Depression in Indian Setting**  
Mallika Sharma, National Health Service England, UK
- 11:00 **Mapping Core Beliefs and Personal Values at Workplace – Cognitive Behaviour Approach for Corporates in India**  
Ritu Sharma, Pandit Deendayal Petroleum University, India
- 11:15 **Cognitive Behavioral Therapy to Modify Core Beliefs in Children and Adolescents in Clinical Population**  
Susmita Halder, Amity University, India
- 11:30 **Discussant**  
Nimisha Kumar, Shree Guru Gobind Singh Tricentenary University, India

**Symposium 37 (German Language)**

Level 3 – Room R6

**Vom Labor in den Therapieraum: Neue Erkenntnisse aus der Kinderangstforschung vom Vorschul- bis zum Jugendalter**

Convenor & Chair: Michael W. Lippert, Ruhr-Universität Bochum, Deutschland

- 10:30 **Ängste bei Kindern im Vorschulalter**  
Nina Heinrichs, Universität Bremen, Deutschland
- 10:45 **Emotionale Reaktivität und maladaptive Emotionsregulation: Transdiagnostische und störungstypische Befunde bei Kindern mit Angststörungen**  
Brunna Tuschen-Caffier, Alberts-Ludwig Universität Freiburg, Deutschland
- 11:00 **Blickverhalten von Kindern mit Angststörungen auf störungsspezifisches Stimulusmaterial: Eine Eyetracker Studie**  
Verena Pflug, Ruhr-Universität Bochum, Deutschland
- 11:15 **Effekte der wahrgenommenen Selbstwirksamkeit auf die Extinktion von Furcht im Kindesalter**  
Katharina Sommer, Ruhr-Universität Bochum, Deutschland
- 11:30 **Die Rolle von Selbstwirksamkeit in der Behandlung der Störung mit Trennungsangst**  
Tina In-Albon, Universität Koblenz-Landau, Deutschland

**Skills Class 4**

Level 3 – Room R7

**Working Online with Older People**

Sarah Bateup, Ieso Digital Health, UK & Ken Laidlaw, University of Exeter, UK

**Skills Class 5**

Level 3 – Room R8

**Getting Session One Right: Working with Resistant and Non-Compliant Children and Young People**

Meg Wardlaw, Private Psychologist, Australia

**Skills Class 6**

Level 3 – Room R13

**Helping Patients with Paranoid Psychosis to Drop Their Safety Behaviours in Scary Virtual Reality Environments**

Mark VanDerGaag & Roos Pot-Kolder, Vrije Universiteit Amsterdam, the Netherlands

**Skills Class 7**

Level 3 – Room S1

**Design, Implement and Publish a Single Case Experimental Design**

David Veale, King's College London and South London and Maudsley Trust, UK

**Symposium 38**

Level 3 – Room S2

**Cognitive Behavioral Therapy for Insomnia: At the Crossroads Between the Basic and Beyond**

Convenor & Chair: Jaap Lancee, University of Amsterdam, the Netherlands

10:30 **Cognitive Behavioral Therapy for Insomnia: A Meta-Analysis of Short-Term and Long-Term Effects in Controlled Studies**

Annemieke van Straten, University of Amsterdam, the Netherlands

10:45 **Effects of Online CBT for Insomnia in General Practice in the Netherlands**

Tanja van der Zweerde, Vrije Universiteit Amsterdam, the Netherlands

11:00 **CBT for Insomnia: Effects on Depression and Mechanisms of Change**

Jaap Lancee, University of Amsterdam, the Netherlands

11:15 **CBT for Insomnia Comorbid with Obstructive Sleep Apnoea: A Randomised Controlled Trial**

Megan Crawford, Swansea University, UK

11:30 **A Transdiagnostic Sleep and Circadian Treatment to Improve Severe Mental Illness Outcomes in a Community Setting**

Allison Harvey, University of California, USA

**Open Papers 7**

Level 3 – Room S3

**New Developments In Online Interventions**

Chair: Fjóla Dögg Helgadóttir, AI-Therapy, Iceland

10:30 **Unguided Online Cognitive Behavior Therapy in University and Community Samples: AI-Therapy's Overcome Social Anxiety Program**

Fjóla Dögg Helgadóttir, AI-Therapy, Iceland

10:45 **Pilot Study of Intensive One-week Delivery of Online Cognitive Behavioral Therapy for Panic Disorder.**

Eileen Stech, University of New South Wales, Australia

11:00 **Predicting Engagement with Online Interventions for Psychosis: Findings from the Self-Management and Recovery Technology (SMART) Project**

Chelsea Arnold, Swinburne University of Technology, Australia

11:15 **The Sweet Spot: Randomized Controlled Trial Comparing Different Levels of Clinician Support for Internet-based Cognitive Behavioural Therapy for Anxiety and Depression**

Ashlee Grierson, St Vincent's Hospital Sydney, Australia

11:30 **Let's Get It On(ine) - Study Protocol of an Internet-based Intervention for Women with Hypoactive Sexual Desire Disorder**

Milena Meyers, Ruhr University Bochum, Germany

SKILLS CLASSES  
SKILLS CLASSES

Invited Addresses 1 (12.00 -13.00)

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**Invited Address 1**

Level 1– Room A1

**The State of the Evidence on Psychotherapy for Post Traumatic Stress Disorder**

Paula P. Schnurr, National Center for Post Traumatic Stress Disorder, Vermont, USA

Chair: Regina Steil, Goethe University Frankfurt, Germany

**Invited Address 2**

Level 1– Room A2

**Self-Reported Symptoms and the Body: A New Perspective on Their Relationship**

Omer van den Bergh, University of Leuven, Belgium

Chair: Michael Withhöft, University of Mainz, Germany

**Invited Address 3**

Level 1– Room A3

**40 Incredible Years! In the Innovation of IY Programs: Where Have We been? Where Do We Go Next?**

Carolyn Webster-Stratton, University of Washington, USA

Chair: Tom Ollendick, Virginia Polytechnic Institute and State University, USA

**Invited Address 4**

Level 1– Room A4

**Taking Care of Those Who Care: Targets and Strategies in CBT for Distressed Dementia Family Caregivers**

Andres Losada, King Juan Carlos University, Spain

Chair: Ken Laidlaw, University of Exeter, UK

**Invited Address 5 (German Language)**

Level 1– Room A5

**Transdiagnostische Ansätze zur Behandlung psychischer Störungen: Chancen und Herausforderungen**

Thomas Ehring, Ludwig-Maximilians-Universität München, Deutschland

Chair: Thomas Fydrich, Humboldt-Universität zu Berlin, Deutschland

**Invited Address 6**

Level 1– Room A8

**Action, Dialogue & Discovery: Reflections on Socratic Questioning 25 Years Later**

Christine A. Padesky, Center for Cognitive Therapy, USA

Chair: Melanie Fennell, University of Oxford, UK

**Invited Address 7**

Level 1– Room A7

**Delusions and Other Strong Beliefs**

Richard Bentall, University of Sheffield, UK

Chair: Gillian Haddock, University of Manchester, UK

**Invited Address 8 (German Language)**

Level 3– Room M1

**Partnerschaft und Gesundheit: Psychobiologische Vermittler und Implikationen für die Therapie**

Beate Ditzen, Universitätsklinikum Heidelberg, Deutschland

Chair: Alexandra Martin, Universität Wuppertal, Deutschland

Poster Session 2 (12.00 - 14.30)

**Addictions**

- 1 **Effect of a Gender Sensitive Cognitive Behavior Therapy Program on Emotion Regulation and Distress Tolerance in Women with Substance Use Disorders: A Study from India**  
Hargun Ahluwalia, Nimhans, India
- 2 **Potions for Emotions: The Role of Impaired Response Inhibition in Emotional Drinking**  
Henry Austin, University of Western Australia, Australia
- 3 **Metacognitive Therapy for Alcohol Use Disorder: A Systematic Case Series**  
Gabriele Caselli, Sigmund Freud University, Studi Cognitivi, Italy and London South Bank University, UK
- 4 **The Relationship Between the Compulsive Buying Tendencies and Early Maladaptive Schemas**  
Şeyma Çetin, Istanbul, Turkey
- 5 **Injunctive Norms Predict Alcohol Problems: The Impact of Situational Confidence and Gender as Moderators**  
Charlotte Corran, Concordia University, Canada
- 6 **Early Disadaptive Schemes and Alcohol Consumption in College Students**  
Karen Priscila Del Rio Szupszynski, Federal University of Grande Dourados, Brazil
- 7 **Impulsiveness and Emotion Regulation in Binge Watching**  
Lucia Di Guida, Istituto Miller Genova, Italy
- 8 **Groups 4 Belonging – A Group Intervention for People with Addiction that Integrates Social Identity and Cognitive Behavioural Approaches**  
Genevieve Dingle, University of Queensland, Australia
- 9 **The Level of Nicotine Dependence and Motivation to Stop Smoking Among Patients of the Stop Smoking Center Operating at the Lower Silesian Oncology Centre in Wroclaw (Poland) in 2015**  
Anna Dudek, Lower Silesian Oncology Center, Poland
- 10 **The Role of Clinicians' Mindfulness on Treatment Outcomes for Substance-Using Adolescents**  
Susan Evans, New York-Presbyterian Weill Cornell, USA
- 11 **Effectiveness of a Cognitive-Behavioural Treatment Programme for Drug-Addicted Patients with Physical and/or Sexual Lifetime Abuse**  
Javier Fernandez-Montalvo, Universidad Publica de Navarra, Spain
- 12 **Do Metacognitive Beliefs Moderate the Link Between Negative Repetitive Thinking and Alcohol Use Severity?**  
Tristan Hamonniere, Université Paris Descartes, France
- 13 **Metacognitive Beliefs in Problematic Cannabis Use: Preliminary Findings**  
Tristan Hamonniere, Université Paris Descartes, France
- 14 **The Pilot Study of Cognitive Behavioral and Positive Psychological Intervention for Alcohol Addiction**  
Suguru Iwano, Oita University, Japan
- 15 **Differences in Perceived Social Support and Psychological Recovery Through Participation in Self-Help Groups Among Drug Addicts**  
Yumi Kitagawa, Waseda University, Japan
- 16 **Efficacy of a Cognitive-Behavioral Intervention Focused on Support Networks for Addicted Patients in Treatment**  
Diana Laura López Navarro, University of Guanajuato, Mexico
- 17 **Gender Differences in Unidirectional and Bidirectional Intimate Partner Violence in Addictions**  
José J. López-Goñi, Universidad Pública de Navarra, Spain
- 18 **Virtual Approach-Bias Retraining for Smokers Motivated to Quit Smoking**  
Alla Machulska, University of Siegen, Germany
- 19 **Impulsivity and Cognitive Distortions in Different Clinical Phenotypes of Gambling Disorder: Profiles and Longitudinal Prediction of Treatment Outcomes**  
Núria Mallorquí-Bagué, Hospital de la Santa Creu i Sant Pau, Spain
- 20 **Executive Functions and Discounting Function in Adolescents Drug Users**  
Diana Mejía, Instituto Tecnológico de Sonora, Mexico
- 21 **Treatment Effect on Delay and Probability Discounting Rates in Participants with Cocaine Use Disorder**  
Diana Mejía, Instituto Tecnológico de Sonora, Mexico
- 22 **Substance Use Related Beliefs and Inclination for Substance Abuse versus Preventive Efforts Among Adolescents in South India**  
Rajeev Joseph Michael, St. Joseph's Hospital, India
- 23 **Comparison of Psychological Flexibility Between People on Probation for Alcohol-Related Crimes According to the Severity of Their Problematic Drinking**  
Euihyeon Na, Inchoen Chamsarang Hospital, South Korea
- 24 **Implementation of a Cognitive Behavioral Group Therapy Program in Rolling Form for Sexual Addiction Patients: A Pilot Study**  
Kazutaka Nomura, Waseda University, Japan
- 25 **Why Are Caffeinated Alcoholic Beverages Especially Risky?**  
Melissa Norberg, Macquarie University, Australia
- 26 **Challenge your Thinking: Protocol for an Online Unconscious Bias Training Program for Anxiety and Problematic Alcohol Use**  
Katrina Prior, University of Sydney, Australia
- 27 **Fluoxetine Treatment Reduces Alcohol Consumption in Females, but not in Males, Rats Exhibiting Reserpine-Induced Depression**  
Paul Ruiz, Universidad de la República, Uruguay

- 28 **Association Between Psychological Discomfort and Alcohol Consumption in Youth from Uruguay**  
Paul Ruiz, Universidad de la República, Uruguay
- 29 **Online Approach Bias Modification Training with Motivational Feedback in Problem Gambling: Preliminary Results**  
Leroy Snippe, University of Amsterdam, the Netherlands
- 30 **Is Problem Drinking Maintained by Positive Strengthening?**  
Midori Takesawa, Waseda University, Japan
- 31 **Gamification and Cognitive Behavioural Therapy: A Perfect Marriage that is Difficult to Start. A Preliminary Tentative in Addiction Treatment**  
Gabriel Thorens, Geneva University Hospital, Switzerland
- 32 **The Mediating Role of Cannabis Use in the Relationship Between Perceived Psychosocial Stress and Dissociative Experiences**  
Emily Trethowan, Cairnmillar Institute, Australia
- 33 **The Impact of Alcohol on Academic Performance in University Students**  
Mariska van der Hoff, University of Amsterdam, the Netherlands
- 34 **Women, Addiction and Domestic Violence: Are Substance-Dependent Women More Aggressive than Non-Dependents?**  
Irmgard Vogt, Frankfurt University of Applied Sciences, Germany
- 35 **Adolescents with Substance Use Disorder: Exploring Underlying Vulnerability Factors**  
Brenda Volkaert, University of Ghent, Belgium
- 36 **The Relationship Between Digital Game Addiction and Being Neglected By Parents in Adolescence**  
Utku Beyazit and Aynur Bütün Ayhan, Akdeniz University, Turkey

**Eating Disorders**

- 37 **Risk Factors Under the Influence: A Cross-Cultural Examination of Eating Disordered Behaviours in the UK and India**  
Latika Ahuja, University of Exeter, UK
- 38 **The Body Image Matrix of Thinness and Muscularity - Male Bodies (BIMTM-MB): Development and Validation of a New Figure Rating Scale for Male Body Image**  
Rike Arkenau, Osnabrück University, Germany
- 39 **Self-Injurious and Suicidal Behavior in Child and Adolescent Inpatients with Eating Disorders**  
Sabine Arnold, Charité - University Medicine Berlin, Germany
- 40 **The Short-Term Course of Anorexia Nervosa in Adolescent Inpatients: A Follow-up Study**  
Sabine Arnold, Charité - University Medicine Berlin, Germany
- 41 **A Two-Hour Emotion Regulation Workshop in Early Adolescents with Obesity: A Feasibility Study**  
Elisa Boelens, Ghent University, Belgium
- 42 **Anorexia Nervosa Without Fear of Weight Gain: Do Implicit Association Tests Confirm Its Validity in a German-Speaking Sample?**  
Tiana Borgers, Osnabrück University, Germany
- 43 **Presentation of a Cognitive and Nutritional Group Intervention in Obese Women**  
Rania Boumi, Hellenic Society of Cognitive Psychotherapies/1st Psychiatric Department, N.K.U.A., Greece
- 44 **Investigation of Outcomes and Mechanisms of Change in CBT Interventions for Weight Loss: A Meta-Analysis of Randomized Clinical Trials**  
Loana Comsa, Babes Bolyai University, Romania
- 45 **Stress and (Un)Healthy Food Behavior: The Moderating Role of Emotional Eating and Emotion Regulation; A Daily Diary Study**  
Taaïke Debeuf, Ghent University, Belgium
- 46 **Drunkorexia: The Role of Personality**  
Lucia Di Guida, Istituto Miller, Italy
- 47 **Building Resilience to Depressive Rumination: The Protective Role of Attentional Avoidance of Thin-Ideal Bodies**  
Laura Dondzilo, University of Western Australia, Australia
- 48 **Moderating Effect of Cognitive Fusion on the Relationship Between Perfectionism and Eating Disorder-Related Symptoms**  
Céline Douilliez, Université Catholique de Louvain, Belgium
- 49 **Attention and Body Dissatisfaction**  
Francisco Esteves, Mid Sweden University, Sweden
- 50 **"I'm Fat, Poor and Ugly. Can't I even Have the Pleasure of Eating?" – A Case of CBT-E in Severe Obesity and Binge-Eating Disorder**  
Tammy Amaral Ferreira, Rede Mater Dei, Brazil
- 51 **Metacognitive Functioning and Insight in Eating Disorders**  
George Georgantopoulos, Eginition Hospital, 1st Psychiatric Dpt., Medical School, N.K.U.A., Greece
- 52 **Cognitive Mechanisms Underlying Individual Differences in Negative Emotional Consumption of Junk Food**  
Gemma Healey, University of Western Australia, Australia
- 53 **A Comprehensive Assessment of Different Facets of Body Image in Homo-, Hetero- and Bisexual Women and the Influence of Discrimination Experience**  
Alina Henn, Osnabrück University, Germany

- 54 **Issue of Gender? - Subjective Assumptions About the Causes to People's own Obesity**  
Carmen Henning, Otto-Friedrich-University Bamberg, Germany
- 55 **Impact of Comorbid Borderline Personality Disorder on Inpatient Treatment Outcome for Bulimia Nervosa: Analysis of Routine Data and Discussion of Transdiagnostic Aspects**  
Johannes Hessler, Schoen Clinic Roseneck, Germany
- 56 **Orthorexia Nervosa; Validation of the Eating Habits Questionnaire**  
Natalie Hirsch, Australian Catholic University, Australia
- 57 **The Effect of Reducing Implicit Approach Toward Foods on Eating Behavior**  
Marise Ishikawa, Waseda University, Japan
- 58 **Longitudinal Bidirectional Associations Between Depressive and Bulimic Symptoms Among High-Risk Female College Students: A Cross-Lagged Model**  
Yoon Hee Kim, Sungkyunkwan University, South Korea
- 59 **A Food-Specific Inhibition Training to Increase Inhibitory Control – A Randomized Controlled Pilot Study**  
Ines Kollei, Otto-Friedrich-University Bamberg, Germany
- 60 **Testing an Integrative Model of Restraint and Emotion Dysregulation for Binge Eating**  
Katrin Kukk, University of Tartu, Estonia
- 61 **Which Factors Predict the Effects of Food Response Inhibition Training on Reduced Food Intake and Weight?**  
Natalia Lawrence, University of Exeter, United Kingdom
- 62 **The Underlying Motivations of Perfectionism with Eating Disorders**  
Pascale Mackay, Université du Québec à Trois-Rivières, Canada
- 63 **The Network Structure of Obsessive-Compulsive Symptoms in Patients with Eating Disorders**  
Marieke Meier, University of Muenster, Germany
- 64 **The Role of Attentional Control in Understanding Attention Biases for Food in Women and Men**  
Kate Mulgrew, University of the Sunshine Coast, Australia
- 65 **“Living the Exposure Lifestyle”: A Binge-Eating Disorder Patient’s Application of CBT and Exposure Principles to other Life Domains**  
Katrina Obleada, University of Hawaii at Manoa, USA
- 66 **Nutrition Education after Bariatric Surgery and Comparison of Cognitive Behavioral Therapy Techniques on the Effect of Body Mass Index and Problematic Eating Behaviors**  
Merve Öz, Yeditepe Üniversitesi İhtisas Hastanesi, Turkey
- 67 **The Effect of Inpatient Treatment to Inhibitory Control in Eating Disorder Subtypes – Possible Moderating Effects of Trait Impulsivity and Perfectionism**  
Elis Paasik, University of Tartu, Estonia
- 68 **Interventions for Reducing Food Cravings: A Systematic Literature Review**  
Sophie Schumacher, Flinders University, Australia
- 69 **Attention Bias for Eating Disorder Related vs. Social Stimuli in Adolescents with Anorexia Nervosa – an Eye-Tracking Study**  
Anca Sfârlea, Ludwig Maximilians Universitaet Munich
- 70 **Personality-based Profiles in Eating Disorders Predicting Short-Term Treatment Response: A Promising Way for Tailoring Treatment**  
Kärol Soidla, University of Tartu, Estonia
- 71 **Relationships Between Body- and Appearance-Related Self-Conscious Emotions and Self-Esteem, Psychological Well-Being, as Well as the Tendency Toward Social Anxiety Among Japanese Adult Females**  
Tomohiro Suzuki, Tokyo Future University, Japan
- 72 **Psychological Distress and Disordered Eating in Adolescents: The Moderating Role of Emotion Dysregulation**  
Nora Trompeter, Macquarie University, Australia
- 73 **Measuring Depression in College Students Using the Implicit Association Test (IAT)**  
Satsuki Ueda, Kwansai Gakuin University, Japan
- 74 **Computer Training of Attention and Inhibition for Youngsters with Obesity: A Pilot-Study**  
Sandra Verbeke, University of Gent, Belgium
- 75 **Relationships Between Body-Related Shame and Guilt and Maladaptive Eating Behaviors in Hungarian and Norwegian Non-Clinical Samples**  
Gabriella Vizin, Eötvös Loránd University and Semmelweis University, Hungary
- 76 **Attentional Processing of One's own Body in Women with High Body Concerns Investigated by Steady-State Visual Evoked Potentials (SSVEP)**  
Mona M. Voges, Osnabrück University, Germany
- 77 **Direct Autobiographical Memory Retrieval in Women with a Repulsive Body Image**  
Paula von Spreckelsen, University of Groningen, the Netherlands
- 78 **Measuring Inhibitory Control and Attentional Bias in Individuals with Bulimia Nervosa Using Emotional Go/No-Go Task**  
Sheryl Vösu, University of Tartu, Estonia
- 79 **Cognitive-Behavioral Therapy for Eating Disorders: What Constitutes Meaningful Clinical Change in Eating Attitudes?**  
Glenn Waller, University of Sheffield, UK
- 80 **Brief Cognitive-Behavioural Therapy for Non-Underweight Eating Disorders (CBT-T): All the Effects in Half the Time?**  
Glenn Waller, University of Sheffield, UK

- 81 **Transtheoretical Model and Metabolic Syndrome**  
Martha Ludwig, UNISINOS, Brazil
- 82 **Executive Dysfunctions and Eating in the Absence of Hunger in Adolescents with Binge-Eating Disorder: An Experimental Test Meal Study**  
Henrike Wandrer, Integrated Research and Treatment Center (IFB) AdiposityDiseases, Germany
- 83 **Do Veiled and Unveiled Muslim Women, Christian women, and Atheist Women Differ Regarding Body Checking, Body Dissatisfaction, and Eating Disorder Symptoms?**  
Leonie Wilhelm, Osnabrück University, Germany
- 84 **Analyses of Emotional States Before, During and After a Body Checking Episode in Normal Weight Females with Higher and Lower Eating, Weight and Shape Concerns**  
Leonie Wilhelm, Osnabrück University, Germany
- 85 **The Relationship Among BIS/BAS, Healthy Diet Strategies, Drive for Thinness, and Well-Being, Focusing on Intentional Dieting**  
Mikako Yazawa, Musashino University, Japan
- 86 **Combination of Pharmacotherapy and CBT in Eating Disorders - Retrospective Case Series**  
Eren Yildizhan, Bakirköy Research and Training Hospital for Psychiatric and Neurological Diseases, Turkey
- 87 **Randomized Trial of a Dissonance-Based Group Treatment for Eating Disorders: An Evaluation of Target Engagement**  
Sonja Yokum, Oregon Research Institute, USA
- 88 **ProYouth OZ: An Online Peer-to-Peer Support Prevention and Early Intervention Program for Young People at Risk of Eating Disorders**  
Kathina Ali, Australian National University, Australia

**Lunch (13.00 - 14.00)**

**Technical Demonstration 1**

Level 3 – Room M3

**The SO REAL Project: Cognitive Behavioral Therapy Augmented with Virtual Reality Exposure Therapy for Social Anxiety Disorder**

Benjamin Arnfred & Peter Bang, Center for Mental Health Capital Region of Denmark, Denmark

**Technical Demonstration 2**

Level 3 – Room M5

**Immersive Technology for Mental Health: Automated Virtual Reality Cognitive Intervention for Treating Fear of Heights**

Polly Haselton & June Dent, Oxford VR, UK

**Technical Demonstration 3**

Level 3 – Room M7

**The Application of Standardised Digital Assessments and Machine Learning for the Recommendation of Optimal Treatment Plans**

Chris May, Mayden, UK

**Sponsored Academic Presentation**

Level 3 – Room M6

**Effectiveness and Cost-effectiveness of Internet-delivered Interventions for Depression and Anxiety Disorders in the Improving Access to Psychological Therapies: Results from a Randomised Control Trial**

Derek Richards, SilverCloud Health



**Symposium 39**

Level 1 – Room A1

**Identifying and Overcoming Challenges in Therapy for Adolescents with Depression**

Convenor & Chair: Shirley Reynolds, University of Reading, UK

- 14:00 **Engaging Young People in Psychological Therapy**  
Joanna Henderson, Cundill Centre University of Toronto, Canada
- 14:15 **Do Psychological Treatments for Adolescent Depression Reduce Sleep Problems?**  
Faith Orchard, University of Reading, UK
- 14:30 **'I Just Stopped Going': A Mixed Methods Investigation into Types of Therapy Dropout in Adolescents with Depression**  
Shirley Reynolds, University of Reading, UK
- 14:45 **Engaging Young People in Treatment for Low Mood/ Depression: The Brief Behavioral Activation Approach, Resources to Support Therapy and Use of Embedded Routine Outcome Measures**  
Laura Pass, University of East Anglia, UK

(14.00 - 15.00)

**Symposium 40**

Level 1 – Room A2

**Prevention and Early Intervention for Eating Disorders and Transdiagnostic Outcomes: Targeting Body Image Concerns and Unhelpful Perfectionism in Young People**

Convenor & Chair: Melissa Atkinson, University of Bath, UK

- 14:00 **Combating Disordered Eating and Poor Body-Image with the Use of Imagery Rescripting (IR) Among Body-Dissatisfied Young Women**  
Yuan Zhou, Flinders University, Australia
- 14:15 **The Relationship Between Perfectionism and Academic Achievement: A Meta-Analytic Review**  
Ivana Osenk, Flinders University, Australia
- 14:30 **A Randomized Controlled Trial Targeting Perfectionism in Young Gifted Adolescents: A Pilot Study**  
Tracey Wade, Flinders University, Australia
- 14:45 **Preliminary Results from a School-Based Cluster Randomised Controlled Study Comparing Universal Eating Disorder Prevention Programmes**  
Melissa Atkinson, University of Bath, UK

**Symposium 41**

Level 1 – Room A3

**Chronic Depression: a Therapeutic Challenge Approached from Different Angles**

Convenor: Jan Philipp Klein, University of Lübeck, Germany

Chair: Elisabeth Schramm, University of Freiburg, Germany

- 14:00 **Schema Therapy in the Treatment of Chronic Depression: A Single Case Series Study**  
Fritz Renner, University of Freiburg, Germany
- 14:15 **Mindfulness-Based Cognitive Therapy in the Treatment of Chronic Depression: A Randomized Controlled Trial**  
Mira Cladder-Micus, Radboud University Nijmegen, the Netherlands
- 14:30 **Cognitive-Behavioural Analysis System of Psychotherapy in the Treatment of Chronic Depression: Long-Term Results from a Randomized Controlled Trial**  
Elisabeth Schramm, University of Freiburg, Germany
- 14:45 **CBASP in the Treatment of Chronic Depression: Treatment Moderators in a Randomized Controlled Trial**  
Jan Philipp Klein, University of Lübeck, Germany

**Symposium 42**

Level 1 – Room A4

**The Digital Therapy Room: mHealth Applications for Psychosis**

Convenor: Alissa von Malachowski, Hamburg University, Germany

Chair: Tania Lincoln, Hamburg University, Germany

- 14:00 **Actissist: A Theory-Informed App for Early Psychosis**  
Sandra Bucci, University of Manchester, UK
- 14:15 **IMProving Availability & Cost-Effectiveness of Mental Healthcare for Schizophrenia Through mHealth (IMPACHS) - Results from a Multi-Site Feasibility Study Integrating a Mobile Application into Face-to-Face Therapy**  
Alissa von Malachowski, Hamburg University, Germany & Stephen Fitzgerald Austin, Psychiatric Research Unit, Psychiatry Zealand, Denmark
- 14:30 **Early Signs Monitoring to Prevent Relapse in Psychosis and PrOmote Wellbeing, Engagement and Recovery (EMPOWER): A Pilot Cluster Randomised Controlled Trial in Two Countries**  
Andrew Gumley, University of Glasgow, UK
- 14:45 **Discussant**  
Tania Lincoln, Hamburg University, Germany

**Symposium 43**

Level 1 – Room A5

**The Science of Resilience: Responding to Cognitive Behavioural Biomarkers of Vulnerability**

Convenor & Chair: Jennifer Wild, University of Oxford, UK

- 14:00 **Increasing Resilience in Young People by Targeting Repetitive Negative Thinking**  
Thomas Ehring, Ludwig-Maximilians-Universität, Germany
- 14:15 **Cognitive Processing Therapy for PTSD: What Client Characteristics Promote Successful Outcome and Long-Term Wellbeing?**  
Reginald Nixon, Flinders University, Australia
- 14:30 **Human Locus Coeruleus Conflict Response Predicts Real-World Stress Resilience**  
Birgit Kleim, University of Zürich, Switzerland
- 14:45 **Targeting Modifiable Predictors of Trauma-Related Disorders to Improve Resilience in Emergency Workers: A Randomised Controlled Trial**  
Jennifer Wild, University of Oxford, UK

**Symposium 44**

Level 1 – Room A8

**Personalizing Psychotherapy for Depression and Anxiety Disorders: Prediction of Treatment Outcome and Drop-Out Rates Using Novel Statistical Approaches**

Convenor: Eva-Lotta Brakemeier, Philipps-University of Marburg, Germany

Chair: Eva-Lotta Brakemeier, Philipps-University of Marburg and Germany Marcus Huibers, Vrije Universiteit Amsterdam, the Netherlands, and University of Pennsylvania, USA

- 14:00 **Who Benefits more from Short-Term Psychodynamic Therapy than from Cognitive Behaviour Therapy?**  
Jürgen Hoyer, Technical University of Dresden, Germany
- 14:15 **Predicting Changes in Patients Suffering from Depression in Routine Clinical Care: A Bayesian Approach**  
Philipp Herzog, Philipps-University of Marburg, Germany
- 14:30 **Predicting Optimal Acute and Long-Term Outcomes in Cognitive Therapy or Interpersonal Psychotherapy for Depressed Individuals Using the Personalized Advantage Index Approach**  
Marcus Huibers, Vrije Universiteit Amsterdam, the Netherlands, and University of Pennsylvania, USA
- 14:45 **On the Way to Personalize Treatments: Using Network-Analysis to Improve Predictions of Dropout**  
Wolfgang Lutz, University of Trier, Germany

**Symposium 45**

Level 1 – Room A7

**How To Learn More About Cognitive Behavioural Therapy-Training and How To Reach Beyond Basic Training?**

Convenor & Chair: Andreas Veith, Zentrum für Psychotherapie Dortmund, Germany

- 14:00 **Psychotherapy Training: Trainee's Experiences in the Early Phase of Their Training. First Results from the SPRISTAD International Study**  
Ulrike Willutzki, University Witten/Herdecke, Germany
  - 14:15 **How Can We Clarify the Role of Personal Therapy in Training – Remarks Based Upon a Systematic Review**  
Bernhard Strauss, University of Jena, Germany
  - 14:30 **How to Facilitate Evidence-Based Practice and Motivate for Advanced Psychotherapy Training**  
Franziska Kühne, University of Potsdam, Germany
  - 14:45 **Stuck Points in Cognitive Behaviour Therapy Training**  
Lynn McFarr, Harbor-UCLA Medical Center, USA
- Discussant**  
Anton-Rupert Laireiter, University of Vienna, Austria

**Symposium 46**

Level 3 – Room M1

**Breaking New Ground: Expanding the Reach of Prevention of Depression in Adolescents**

Convenor & Chair: Patrick Pössel, University of Louisville, USA

- 14:00 **Incremental Cost-effectiveness of Preventing Depression in At-Risk Adolescents**  
Judy Garber, Vanderbilt University, USA
- 14:15 **Migration Status, Gender, and the Effects of Depression Prevention: A Cluster-Randomized Control Group Study**  
Patrick Pössel, University of Louisville, USA
- 14:30 **School-based Depression Prevention for Adolescents with Subclinical Symptoms of Depression**  
Kim van Etekovon, GGZ Oost Brabant and Erasmus University, the Netherlands
- 14:45 **An Internet-Based Approach to Preventing Adolescent Depression in Primary Care**  
Trace Gladstone, Wellesley College, USA

**Symposium 47**

Level 3 – Room M3

**Toward New Technologies: Computerized Treatment for Depression and Anxiety in Children and Adolescents**

Convenor & Chair: Sanne Rasing, Utrecht University and GGZ Oost Brabant, the Netherlands

- 14:00 **The Effectiveness of Technologically Delivered Interventions for Child Anxiety and Depression: A Systematic Review**  
Paul Stallard, University of Bath, UK
- 14:15 **Accessible Behavioral Intervention for Adolescent Depression: Implications from Two Randomized Controlled Trials**  
Naira Topoco, Linköping University, Sweden, and Center for M2Health, USA
- 14:30 **Effectiveness of Blended Cognitive Behavioural Therapy in Clinically Depressed Adolescents: A Pragmatic Quasi-Experimental Controlled Trial**  
Sanne Rasing, Utrecht University and GGZ Oost Brabant, the Netherlands
- 14:45 **The Effect of the Video Game 'Mindlight' with and Without Elements of Cognitive Behavioral Therapy on Anxiety Symptoms of Children with Autism Spectrum Disorder**  
Lieke Wijnhoven, GGZ Oost Brabant and Radboud University, the Netherlands

**Symposium 48**

Level 3 – Room M4

**Older Adults: Schema Theory and Schema Therapy**

Convenor: Ian Kneebone, University of Technology Sydney, Australia

Chair: Arjan Videler, Tilburg University, the Netherlands

14:00 Schema Theory and Older Adults: A Preliminary Study

Ian Kneebone, University of Technology Sydney, Australia

14:15 Schemas in Older Adults: What Structures Apply?

Marjolein Legra, Maastricht University and GGz Breburg, the Netherlands

14:30 Schema Therapy in Older Adults

Arjan Videler, Tilburg University and GGz Breburg, the Netherlands

14:45 Group Schema Therapy: Modifications for Older Adults with Personality Disorders

Sylvia Heijnen-Kohl, Mondriaan Hospital, the Netherlands

**Symposium 49**

Level 3 – Room M5

**Attention and Learning Mechanisms in Child Anxiety**

Convenor & Chair: Helen Dodd, University of Reading, UK

14:00 Emerging Patterns of Mother-Infant Relations: Maternal Anxiety, Infant Temperament, and Infant Attention Bias to Emotion

Koraly Perez-Edgar, Pennsylvania State University, USA

14:15 Learning to Attend to Threat, a Parent-Child Experimental Task

Helen Dodd, University of Reading, UK

14:30 Does Maternal Anxiety Moderate the Effects of Cognitive and Learning Mechanisms on Anxiety Symptoms in Offspring?

Allison Waters, Griffith University, Australia

14:45 Behavioral and Neural Differences Among Anxious and Non-anxious Youth in Fear Learning and Their Role in Predicting Treatment Outcomes

Tomer Shechner, University of Haifa, Israel

**Symposium 50**

Level 3 – Room M6

**Understanding Psychological Mechanisms of Paranoia**

Convenor and Chair: Lyn Ellett, Royal Holloway, University of London, UK

14:00 The Role of Interpersonal Processes in Moderating Paranoia: Findings from Two Analogue Studies

Katherine Berry, University of Manchester, UK

14:15 Attachment Theory as a Means of Enriching CBT for Psychosis

Katherine Newman-Taylor, University of Southampton, UK

14:30 What Came First, Negative Emotions or Paranoia? On the Trail of the “Chicken and Egg” Problem

Katarina Krkovic, University of Hamburg, Germany

14:45 Daily Relationship Between Social Exclusion and Paranoia

Edo Yaya, University of Indonesia, Indonesia

**Symposium 51 (German Language)**

Level Level 3– Room M7

**Von der Diagnostik zu Therapiemöglichkeiten bei nicht-suizidalem selbstverletzenden Verhalten bei Jugendlichen und jungen Erwachsenen im ambulanten und stationären Setting**

Convenor & Chair: Tina In-Albon, Universität Koblenz-Landau, Deutschland

14:00 Der diagnostische Prozess bei nicht-suizidalem selbstverletzenden Verhalten

Tina In-Albon, Universität Koblenz-Landau, Deutschland

14:15 Evidenzbasierte Therapie von Nicht-suizidalem Selbstverletzenden Verhalten im Jugendalter

Paul Plener, Medizinische Universität Wien, Österreich

14:30 Entwicklung und Evaluation einer Online-Intervention für Nicht-Suizidales Selbstverletzendes Verhalten in der Adoleszenz – Eine randomisiert-kontrollierte Studie

Alexandra Edinger, Universität Heidelberg, Deutschland

14:45 Traumatherapie bei adoleszenten Posttraumatische Belastungsstörungen-Patienten mit komorbider emotional-instabiler Persönlichkeitsstörung

Sven Cornelisse, Zentralinstitut für seelische Gesundheit, Deutschland

**Symposium 52**

Level 3 – Room M8

**Parenting Interventions at the Transition to Parenthood: Preliminary Findings from Feasibility Studies and Full Trials**

Convenor & Chair: Anja Wittkowski, University of Manchester, UK

14:00 Parenting Interventions at the Transition to Parenthood: The Evidence for Baby Triple P

Alina Morawska, University of Queensland, Australia

14:15 The IMAGINE Study: The Feasibility and Acceptability of Baby Triple P for Mothers with Severe Mental Health Problems

Anja Wittkowski, University of Manchester, UK

14:30 THRIVE: Trial of Healthy Relationship Initiatives for the Very-Early years

Marion Henderson, University of Glasgow, UK

14:45 Discussant

Alina Morawska, University of Queensland, Australia

**Symposium 53**

Level 3 – Room R2

**Recent Goal Regulation Processes Implicated in Mental Health**

Convenor & Chair: Joanne Dickson, Edith Cowan University, Australia

14:00 Rumination Mediates the Relationship Between Actual-Ideal (but not Actual-Ought) Self-Discrepancy and Psychological Distress

Joanne Dickson, Edith Cowan University, Australia

14:15 Goal-Related Thinking and Affective Responsiveness in Dysphoria

Andrew MacLeod, Royal Holloway and University of London, UK

14:30 Intensity and Perceived Constructiveness of Rumination About Personal Goals: A Diary Study

Nicholas Moberly, University of Exeter, UK

14:45 Investigating Health Beliefs, Goal Appraisals and Emotional Distress in Individuals Experiencing Severe Mental Health Difficulties

Esmira Ropaj, University of Liverpool, UK

**Symposium 54**

Level 3 – Room R3

**International Politics: A Cognitive Therapy Perspective**

Convenor & Chair: Mauro Galluccio, European Association for Negotiation and Mediation Brussels, Belgium

14:00 Populism: A Cognitive Therapy Perspective

Robert L. Leahy, American Institute for Cognitive Therapy, USA

14:15 The Lebanese Interpersonal Conflict: A Cognitive Therapy Perspective

Aimee Karam, St. George Hospital University Medical Center, Lebanon

14:30 The Dark Leadership: A Cognitive Therapy Perspective

Mauro Galluccio, European Association for Negotiation and Mediation Brussels, Belgium

14:45 Discussant

Robert L. Leahy, American Institute for Cognitive Therapy, USA

**Symposium 55**

Level 3 – Room R4

**Internet and Cognitive Behavioral Therapy: Advances and Applications in Different Contexts**

Convenor & Chair: Karen Szupczynski, Federal University of Grande Dourados, Brazil

14:00 Training of Cognitive Therapists in Argentina

Ruth Wilner, Asociación Argentina de Terapia Cognitiva and Asociación Latinoamericana de Psicoterapias Cognitivas, Argentina

14:20 Effectiveness of an Internet-Based Self-Guided Program to Treat Depression in a Sample of Brazilian Users: A Study Protocol

Rodrigo Lopes, Universidade Católica de Petrópolis, Brazil

14:40 Boomerang Effect in an Online Program to Prevent Alcohol Abuse in University Students

Karen P. Del Rio Szupczynski, Federal University of Grande Dourados, Brazil

**Symposium 56**

Level 3 – Room R5

**The Relationship Between Social Media and Indicators of Psychopathology**

Convenor & Chair: Lien Faelens, Ghent University, Belgium

14:00 Social Media and Depression Symptoms: a Network Perspective

George Aalbers, Tilburg University, the Netherlands

14:15 Self-Control Perspective On Maladaptive Facebook Usage

Nurit Sternberg, Tel Aviv University, Israel

14:30 The Impact of Social Media Use on Body Image

Dian de Vries, Netherlands Association for Behavioural and Cognitive Therapy, the Netherlands

14:45 The Interplay Between Social Media Use, Self-Esteem and Risk for Affective Disorders

Lien Faelens, Ghent University, Belgium

**Open Papers 8**

Level 3 – Room R6

**German Language Open Papers**

Chair: Charlotte Wittekind, Ludwig Maximilians-Universität München, Deutschland

- 14:00 **SASB-KJ. Die Strukturele Analyse Sozialen Verhaltens (SASB) in der Kinder- und Jugendlichenpsychotherapie**  
Michael Wöste, Europa-Universität Flensburg, Deutschland
- 14:15 **Wirkfaktoren der Psychotherapie**  
Robert Mestel, Vamed Rehaklinik, Bad Grönenbach, Deutschland
- 14:30 **Prädiktoren für die Wirksamkeit der Gruppenselbsterfahrung in der Ausbildung zur Verhaltenstherapeutin – Ein Forschungsprojekt der Österreichischen Gesellschaft für Verhaltenstherapie (ÖGVT)**  
Susanne Ohmann, Universitätsklinik für Kinder- und Jugendpsychiatrie und Österreichische Gesellschaft für Verhaltenstherapie, Österreich
- 14:45 **Behandlungswege in Psychiatrie und Psychosomatik bei depressiver Symptomatik - Eine Verlaufsuntersuchung zu Patientenbezogenen Outcomes ein Jahr nach der Behandlung**  
Carmen Uhlmann, Universität Ulm, Deutschland

**Symposium 57**

Level 3 – Room R7

**Efficacy and Prediction Factors of Schema Therapy and the Influence of Comorbidity**

Convenor: David Koppers, GGZ Arkin and Free University Amsterdam, the Netherlands

Chair: Lotte Lemmens, Maastricht University, the Netherlands

- 14:00 **Time-Limited Schema Group Therapy: What Predicts Outcome?**  
Michiel Vreeswijk, GGZ G-kracht and University Leiden, the Netherlands
- 14:15 **Schema Therapy for Borderline Personality Disorder and Alcohol Use Disorder**  
Michiel Boog, GGZ Antes Groep and Erasmus University Rotterdam, the Netherlands
- 14:30 **The Influence of Depressive Symptoms on the Efficacy of Long Term Group Schema Therapy for Personality Disorders**  
David Koppers, GGZ Arkin and Free University Rotterdam, the Netherlands
- 14:45 **Discussant**  
Eckhard Roediger, Schema Therapy Institute Frankfurt, Germany

**Symposium 58**

Level 3 – Room R12

**Examining Cultural Influences in the Treatment of Anxiety Disorders: Encounters Between East and West**

Convenor: Honami Arai, Doshisha University, Japan

Chair: Shin-ichi Ishikawa, Doshisha University, Japan

- 14:00 **False Safety Behavior Elimination Treatment: Cultural Adaptations**  
Norman B. Schmidt, Florida State University, USA
- 14:15 **The Adaptation of the False Safety Behavior Elimination Treatment to Clinical Settings in Japan**  
Honami Arai, Doshisha University, Japan
- 14:30 **Anxiety, Emotional Intolerance, and Treatment-Seeking Decisions: A Behavioral Economic Perspective**  
Kiara R. Timpano, Miami University, USA
- 14:45 **Positive and Negative Self-Views in Social Anxiety Disorder: Does the Impact of Cognitive Behavior Therapy Differ Between East and West?**  
Jung-Hye Kwon, Korea University, South Korea

**Symposium 59**

Level 3 – Room S2

**Emotion and Cognition in Disordered Eating: New Perspectives and Implications for Treatment**

Convenor & Chair: Maja Nedeljkovic, Swinburne University of Technology, Australia

- 14:00 **Emotional Arousal and Eating Behaviours**  
Maja Nedeljkovic, Swinburne University of Technology, Australia
- 14:15 **The Relationship Between Attachment Experiences, Emotional Regulation and Disordered Eating**  
Nicole Redlich, Swinburne University of Technology, Australia
- 14:30 **Eating Disorders and Trauma: An Exploration of the Role of Compassion in Recovery**  
Inge Gnatt, Swinburne University of Technology, Australia
- 14:45 **Exploring the Relationship Between the Risk of Anorexia Nervosa and Cognitive Flexibility**  
Stephanie Miles, Swinburne University of Technology, Australia

SYMPOSIA

**Symposium 60**

Level 3 – Room S3

**Developing Cognitive Behavioral Therapy in China: Computerized Cognitive Behavioral Therapy (cCBT), Virtual Reality-Enhanced Cognitive Behavioral Therapy (VR-CBT) and Neuroscience-Informed Cognitive Behavioral Therapy (NeuroCBT)**

Convenor: Chun Wang, Nanjing Brain Hospital and Cognitive Behavior Therapy Institute of Nanjing Medical University, China

Chair: Ning Zhang, Nanjing Brain Hospital and Cognitive Behavior Therapy Institute of Nanjing Medical University, China

- 14:00 **Efficacy and cost-effectiveness of computerized cognitive behavioral therapy for obsessive-compulsive disorder**  
Qing Fan, Shanghai Mental Health Center and Shanghai Jiao Tong University School of Medicine, China
- 14:15 **Efficacy and Safety of Virtual Reality Exposure Therapy for Acrophobia**  
Qiuyu Wang, Nanjing Normal University, China
- 14:30 **Neural Circuit Mechanism of CBT and Neuroscience Informed CBT**  
Chun Wang, Nanjing Brain Hospital and Nanjing Medical University, China
- 14:45 **Discussant**  
Zhen Wang, Shanghai Mental Health Center and Shanghai Jiao Tong University School of Medicine, China

Afternoon In-Congress Workshops (14.00 -17.00)

**In-Congress Workshop 5**

Level 3 – Room M2

**Schema Therapy**

Arnoud Arntz, University of Amsterdam, the Netherlands

**In-Congress Workshop 6**

Level 3 – Room R8

**From Skill to Specialism: Increasing Expertise as a Cognitive Behavior Therapy Supervisor**

Sarah Corrie, Central and North West London NHS Trust, UK & David Lane, Professional Development Foundation, UK

**In-Congress Workshop 7**

Level 3 – Room R9

**A Resilience Universal Program to Prevent Psychopathology and its Application to the Clinic**

Daniel Hamiel, Cohen Harris Resilience Center Tel Aviv Israel and Interdisciplinary Center Herzlia Israel, Israel

**In-Congress Workshop 8**

Level 3 – Room R10

**Treating the Fear of Cancer Recurrence: Conquer Fear**

Louise Sharpe, University of Sydney, Australia

**In-Congress Workshop 9**

Level 3 – Room R11

**Involving Parents in the Treatment of Young Adults with Anxiety Disorders**

Anne Marie Albano & Lauren Hoffman, Columbia University, USA

**In-Congress Workshop 10**

Level 3 – Room R13

**Integrative Cognitive Behavior Therapy for Bipolar Disorder**

Cory Newman, University of Pennsylvania, USA

**In-Congress Workshop 11 (German Language)**

Level 3 – Room S1

**Internet- und mobilbasierte Versorgungskonzepte in der Praxis: eine 360° Perspektive**

Sandra Schlicker & Ingrid Titzler, Friedrich-Alexander-Universität Erlangen-Nürnberg, Deutschland

IN-CONGRESS WORKSHOPS  
IN-CONGRESS WORKSHOPS

Poster Session 3 (15.00 - 17.30)

**Depression**

- 1 **Physical Activity and Cognitive Control Modulate Therapy Processes in Depression**  
Johanna Adelsberger, Freie Universität Berlin, Germany
- 2 **Reduction of Depression and Anxiety with the Group Format of Emotional Activation Therapy (G-EAT)**  
Ariane Schmidt, Lehrpraxis der AVT Köln, Germany
- 3 **Tailored Screening for Late-Life Depression – A Short Version of Teate Depression Inventory in Elderly People**  
Saggino Aristide, G. d'Annunzio University of Chieti-Pescara, Italy
- 4 **A Cognitive Behavioural Group Training Intervention to Facilitate Transitions Among Female University Students who Have Symptoms of Depression and Anxiety**  
Johanna Bernhardsdottir, University of Iceland, Iceland
- 5 **EffEctively Treating Depression: Study Design and Methodology of a Naturalistic Study of Group Cognitive Behavioural Therapy as Electroconvulsive Therapy Continuation Treatment**  
Luisa Bönke, Charite University Medicine Berlin, Germany
- 6 **Acceptance and Implementation of an Online Problem-Solving Program for Depression in a Stepped Care Project**  
Oliver Bur, University of Bern, Switzerland
- 7 **Brief Psychological Interventions for Depression: Outcomes for Mental Health Services**  
Stephanie Casey, Cambridgeshire and Peterborough NHS Foundation Trust, UK
- 8 **Effect of Cognitive Behavioral Therapy and Enhanced Cognitive Behavioral Therapy Programs on Korean Soldiers' Maladaptation in Military**  
Ju Sung Cho, Konyang University, South Korea
- 9 **Effects of Socially Prescribed Perfectionism and Intolerance of Uncertainty of College Students on Their Depression: Focusing on Mediating Effects of Experiential Avoidance**  
Jae-Gwang Choi, Konyang University, South Korea
- 10 **Development and Effectiveness of Depression Management Program Based on Cognitive Behavioral Therapy: Focused on the University Students with Socially Prescribed Perfectionism**  
Jae Gwang Choi, Konyang University, South Korea
- 11 **Development and Pilot Testing of MApp: A Mobile App that Targets Intrusive Memories During Dysphoria**  
Adriana del Palacio-Gonzalez, Aarhus University, Denmark
- 12 **The impact of Eye Movement Desensitization and Reprocessing as an Adjunct to Group Cognitive Behavioral Therapy for Individuals with Depression**  
Sarah Dominguez, Murdoch University, Australia
- 13 **Examining the Relationship Between Flexibility in Retrieving Autobiographical Memories and Social Problem Solving in Depression**  
Barbara Dritschel, University of St Andrews, UK
- 14 **An Evaluation of a Cognitive Behavioral Therapy Group**  
Rachel Elliott, Cambridge Adult Locality Team, UK
- 15 **Brain Structural Biomarkers of Psychotherapy**  
Verena Enneking, University of Münster, Germany
- 16 **New Perspectives for Cognitive Behavioral Therapy in Primary Health Care Settings for Depression Treatment**  
Heidrun Faninger-Lund, Helsinki Southern Psychiatric and Substance Abuse Centre, Finland
- 17 **Effects of an Eight-Week Mindfulness and Metta-Based Group Meditation Program in Patients with Chronic Depression**  
Artjom Frick, Goethe University Frankfurt, Germany
- 18 **Thwarted Belongingness and Perceived Burdensomeness Mediate the Association Between Bullying and Suicide Ideation**  
Sören Friedrich, Ruhr Universität Bochum, Germany
- 19 **The Effectiveness of a Cognitive Behavioral Therapy Group and an Analysis of Beck Depression Inventory-II in a Group of Dysthymic Patients**  
Patricia Gavín, University of Barcelona, Spain
- 20 **The Relationship Between Depression and Cognitive Performance: A Differentiation of Direct Associations and a Potential Confounding Influence of Childhood Maltreatment**  
Janik Goltermann, University of Münster, Germany
- 21 **Cognitive Profiles of Executive Functions in Unipolar Affective Disorders and Adjustment Disorders with Depressed Mood: Diagnostic Markers and Prognostic Value?**  
Joana Guarch Domenech, University of Barcelona, Spain
- 22 **Dissemination of Cognitive Behavioral Therapy for Mood Disorder Under the National Health Insurance Scheme in Japan (FY2010–2015): A Descriptive Study Using a Nationwide Claims Database**  
Yuta Hayashi, University of Miyazaki, Japan
- 23 **Effects of Rumination on Depressed Mood – Investigating the Role of Working Memory Updating as a Moderator**  
Fu-Chien Hung, Chung Yuan Christian University, Taiwan
- 24 **Group Rumination-Focused Cognitive-Behavioural Therapy versus Group Cognitive-Behavioural Therapy for Depression: Phase II Trial**  
Morten Hvenegaard, University of Copenhagen, Denmark

- 25 **Effect of Selective Attention on Exacerbation of Worry and Rumination**  
Hiroto Ikeda, Waseda University, Japan
- 26 **Relationships Between Trait Mindfulness and Emotion Regulation Upon Autobiographical Memory Retrieval in Individuals with Current and Past Depression**  
Aleksandra Isham, University of St Andrews, UK
- 27 **Understanding Rumination and Worry; Using Data from an Online Qualitative Survey to Inform the Development of a Treatment Intervention**  
Amy Joubert, University of New South Wales, Australia
- 28 **The Relationships Between Cognitive Biases, Resilience and Executive Function in Depression and Anxiety**  
HaeJune Jung, Kangwon National University, South Korea
- 29 **A Nursing Intervention Using the Cognitive-Behavioral Model in Hospitalized Patients with Depression: A Preliminary Study**  
Naotoshi Kamizawa, Tokyo Medical University, Japan
- 30 **Time Perspective in Depressed Patients, Its Relationship with Anxiety and Depression Symptoms and Its Evolution Before and After Cognitive Behavioral Therapy**  
Héline Kaya Lefèvre, Université Paris Descartes, France
- 31 **The Relationship Between Perfectionism and Rumination**  
Eduardo Keegan, University of Buenos Aires, Argentina
- 32 **Early Vascular Nursing Intervention for Management of Post-Stroke Depression**  
Sanghee Kim, Keimyung University, South Korea
- 33 **The Relationship Between Ambiguous Loss and Depression in North Korean Defector Women: Mentalization and Social Support as Potential Moderators**  
KyongAh Kim, Sungkyunkwan University, South Korea
- 34 **Does the Use of Smartphone Applications to Encourage Flexible Execution of Stress Coping Enhance Effect of Cognitive Behavior Stress Management?**  
Mikiko Kimura, Waseda University, Japan
- 35 **Influence of Intervention Order in School-Based Universal Cognitive-Behavioral Depression Prevention Intervention for Japanese Adolescents**  
Yugo Kira, Hiroshima University, Japan
- 36 **Effectiveness of the Self-Management Intervention Deprexis@24 in Routine Medical Care: Results of a Non-Interventional Study**  
Jan Philipp Klein, Lübeck University, Germany
- 37 **A Replication Study of the Relationships Between Depressive Symptoms, Behavioral Activation and Avoidance Depending on Gender**  
Audrey Krings, Liège Université, Belgium
- 38 **IFES-S - The German Short Version of the Impact of Future Events Scale: Translation, Adaption, and Validation**  
Julia Kroener, University Clinic of Ulm, Germany
- 39 **Depression and Help-Seeking Preference of Pregnant Women in Japan**  
Noriko Kusakabe, Fukuyama University, Japan
- 40 **Attachment Style and Working Alliance Changes in Patients with Chronic Depression Treated with Cognitive Behavioral Analysis System of Psychotherapy**  
Jennifer Lange, Ludwig Maximilian University, Germany
- 41 **The Dual Mediation Effects of Negative Self-Talk and Positive Self-Talk on the Relationship Between Self-Awareness and Depression**  
Hyeonye Lee, Yeungnam University, South Korea
- 42 **Adverse Childhood Experiences in Depression and Its Relation to Attachment Styles, Interpersonal Relationships and Parenting Styles**  
Manjula Munivenkatappa, National Institute of Mental Health and Neuro Sciences, India
- 43 **Childhood Maltreatment, Attributional Styles of Stressful Life Events, and Their Relation to Comorbidity of Major Depressive Disorder and Anxiety Symptoms**  
Ileana Manzanilla, Universidad de Los Andes, Columbia
- 44 **Specificity and Overlap of Attention and Memory Biases in Depression and Anxiety: A Meta-Analytic Commonality Analysis**  
Igor Marchetti, University of Trieste, Italy
- 45 **Temperament, Character and Personality Disorders as Predictors of Response to Cognitive-Behavioral Group Therapy for Dysthymia**  
Inés Martín, University of Barcelona, Spain
- 46 **Increasing the Direct Retrieval of Overgeneral Categorical Memory in Depression**  
Noboru Matsumoto, Nagoya University, Japan
- 47 **The Impact of Comorbid Depressive Symptoms and Borderline Personality Disorder on Treatment Outcomes in Dialectical Behavior Therapy**  
Lynn McFarr, University of California Los Angeles, USA
- 48 **The Effectiveness of a Mindfulness Training Programme in Schools Compared with Normal School Provision (MYRIAD): Study Protocol for a Randomized Controlled Trial**  
Emma Medicott, Oxford University, United Kingdom
- 49 **Reduced White Matter Fiber Integrity in Depressed Patients Due to Childhood Maltreatment Rather than Diagnosis**  
Susanne Meinert, University of Münster, Germany

- 50 **The Effect of Mindfulness on the Relationship Between Mind Wandering and Depression**  
Sung Min, Yonsei University, South Korea
- 51 **Mindfulness versus Traditional Emotional Intelligence Training - Different Outcomes in Difficulties of Regulating Emotions and in Depression, Anxiety and Stress Symptoms**  
Calinici Mirela Simona, Babes Bolyai University Cluj Napoca, Romania
- 52 **Construction of Screening System for Depression Used by Portable Terminal and Wearable Devices**  
Shigeki Nakayama, Yonago College, Japan
- 53 **Influence of Temperament on Subjective Menstrual Symptoms**  
Mayu Naruse, Tokyo Medical University, Japan
- 54 **CBASPersonalized@home: An Online Continuation-Treatment Program Following an Inpatient Treatment to Stabilize Treatment Success for Persistent Depressive Disorder**  
Anna-Lena Netter, Philipps University Marburg, Germany
- 55 **Preliminary Tests of Mindfulness/ Acceptance Self-Help Intervention: Does the Sequence of Exercises Matter?**  
Zdenka Novović, University of Novi Sad, Serbia
- 56 **Affective Realism Hypothesis on Depression and Anxiety: An Analysis of the Perspective of Reinforcement Learning**  
Hiroyoshi Ogishima, Waseda University, Japan
- 57 **Development of a Short Psychoeducational Program Focusing on Distraction and Reappraisal**  
Megumi Oikawa, Tokyo Gakugei University, Japan
- 58 **The Relationship Between Cognitive Distortion, Depressive Symptoms, and Social Adaptation: A Survey in Japan**  
Maki Ota, Tottori Medical Center, Japan
- 59 **Neuropsychological Evaluation Of Depressive Patients**  
Alexandra Pagiatas, Fundación Fobia Club and Sanatorio Franchin, Argentina
- 60 **Accessibility and Using Challenges: Health Equity of Chinese Depression Related Clinical Guidelines/ Consensus in 2010-2018**  
Yuanqing Pan, Tianjin Medical College, China
- 61 **Interpersonal Counselling in the Treatment of Adolescent Depression. A Randomized Controlled Effectiveness and Feasibility Study in School Health and Welfare Services in Finland**  
Pauliina Parhiala, Helsinki University Hospital, Finland
- 62 **Inflexibility in Assigning Causal Explanations: Effects on Mood and State Rumination**  
Baruch Perlman, Hebrew University of Jerusalem, Israel
- 63 **Self-Stigma, Hope, Dissociation, and Personality Features in Treatment of Depressive Inpatients Resistant to Pharmacotherapy**  
Jan Prasko, University Hospital Olomouc, Czech Republic
- 64 **Cognitive Behavioral Therapy Group in Dysthymic Patients: Changes in Coping Strategies**  
Mireia Primé-Tous, University of Barcelona, Spain
- 65 **Discrepancies Between Observed and Self-Reported Severity in Depression: The Role of Personality Traits**  
Irene Ramos-Grille, Consorci Sanitari de Terrassa and Universitat Autònoma de Barcelona, Spain
- 66 **The Role of Coaches' Online Written Feedback in an Acceptance and Commitment Therapy-Based Intervention for Enhancing University Students' Well-Being and Reducing Psychological Distress: Results from an Randomized Controlled Trial Study that Employed A. I. Text Analysis**  
Panajioti Rasanen, University of Jyväskylä, Finland
- 67 **Long-Term Effects of Expectations on Mood: An Experimental Investigation**  
Lea Rebstock, Philipps-University of Marburg, Germany
- 68 **Is It Us or the Fellow Patients? Therapeutic Alliance Within Cognitive Behavioral Analysis System of Psychotherapy Group Therapy and Its Effect on Treatment Outcome**  
Matthias Alexander Reinhard, Ludwig Maximilian University Munich, Germany
- 70 **Do We Have the Guts to Try this Nauseogenic Stimulus as Interceptive Exposure?**  
Arnon Rolnick, Private Practice, Israel
- 71 **Psychomotor Retardation and Factors Related to It in Recurrent Depression**  
Katarzyna Romanowicz, Institute Psychiatry and Neurology, Poland
- 72 **Rumination, Metacognitions and Experiential Avoidance in Depression: Differential Associations with Symptoms, Emotional Quality of Life and Life Satisfaction**  
Beatriz Rueda, National University of Distance Education, Spain
- 73 **On the Efficacy of the Barlow Unified Protocol for Transdiagnostic Treatment of Emotional Disorders: A Meta-Analysis**  
Aristide Saggino, G. d'Annunzio University of Chieti-Pescara, Italy
- 74 **The Development and Evaluation of a Cognitive Behavioral Therapy Program via Telephone on the Stress Reaction of Dementia Caregivers**  
Yoshihiro Saito, International University of Health and Welfare School of Nursing at Fukuoka, Japan
- 75 **Pathway to Depression in Institutionalized Adolescents: The Role of Memories of Warmth and Safeness, Shame and Self-Criticism**  
Maria do Céu Salvador, University of Coimbra, Portugal

- 76 **Videoconferencing-Delivered Cognitive Behavioral Therapy for Patients with Major Depression Disorder: A Feasibility Study**  
Yohei Sasaki, Keio University School of Medicine, Japan
- 77 **Passive Aggression in Major Depression: Impact on Treatment Outcome in Outpatient Psychotherapy**  
Christian Günter Schanz, Saarland University, Germany
- 78 **Resting-State Functional Connectivity Predicts Response to Mobile-App Delivered Cognitive Behavioral Therapy in Major Depressive Disorder**  
Hyemin Shin, Department of Psychology, Chung-Ang University, South Korea
- 79 **Improving Outcomes in Group Behavioural Activation for Depression**  
Mel Simmonds-Buckley, University of Sheffield, UK
- 80 **Neural Correlates of Emotion Processing in Depression with Comorbid Anxiety**  
Lisa Sindermann, University of Münster, Germany
- 81 **A Qualitative Exploration of the Developmental Pathway to Experiential Knowledge in Depression**  
Dorien Smit, Mental Health Care Pro Persona Nijmegen, the Netherlands
- 82 **Latent Profile Analysis of Cognitive Themes Related to Depression Symptoms in Patients Undergoing Treatment for Cancer**  
Phillip Smith, University of South Alabama, USA
- 83 **The Influence of Ruminative Processing Mode on the Trajectory of Intrusive Memories**  
Adele Stavropoulos, University of Technology Sydney, Australia
- 84 **What Are Factors That Affect the Sustainable Effect of Behavioral Activation: One Year Follow-up Survey**  
Koki Takagaki, Hiroshima University, Japan
- 85 **Interceptive Awareness Mediates the Relationship Between Mindfulness Group Therapy and Decrease in Depression: The Interim Analyses of Randomized Controlled Trial**  
Toru Takahashi, Waseda University, Japan
- 86 **Work-Related Intrusive Memories and Linked Beliefs in Japanese Employees on Sick Leave Due to Depressive Disorders**  
Rieko Takanashi, Chiba University and Kokorono Kaze Clinic, Japan
- 87 **Mediation Effect of Anxiety on Relationship Between Self-Compassion and Depression: Controlling the Effects of Narcissism and Self-Esteem**  
Keiko Takemori, Kwansei Gakuin University, Japan
- 88 **Developing a Universal Prevention Program for Depression Among Secondary School Adolescent in China**  
Xinfeng Tang, University of Hong Kong, Hong Kong
- 89 **Depressed Specialized Care Patients' Experience with an Imagery-Interpretation Bias Modification Intervention: A Qualitative Study**  
Denise te Paste, Radboud University, the Netherlands
- 90 **Metta-Based Therapy. Increasing Benevolence in a Chronically Depressed Patient**  
Isabel Thinnies, Goethe University Frankfurt, Germany
- 91 **Blending Internet- and Mobile-Based Treatment for Depression with Face-to-Face Psychotherapy: Case Report of a 48-Year Old Female Patient**  
Ingrid Titzler, University Erlangen-Nürnberg, Germany
- 92 **The Effect of Mindfulness-Based Cognitive Therapy for Japanese Human Service Professionals: Focusing on Work Stress and Self-Compassion**  
Nanami Tomori, Ryukyus University, Japan
- 93 **Effect of Attention Control and Self-Compassion on Mind-Wandering**  
Ayumi Umeda, Waseda University, Japan
- 94 **Early Maladaptive Schemas and Its Association with Comorbidity of Major Depressive Disorder and Anxiety Symptoms**  
Catalina Uribe Castro, Universidad de Los Andes, Columbia
- 95 **The UvAcare Project: The Effectiveness of Online Health Support in University Students**  
Mariska van der Hoff, University of Amsterdam, the Netherlands
- 96 **The Impact of Stress Coping and Organizational Climate on Work Engagement and Depression Among Managers**  
Miki Wakasugi, Waseda University, Japan
- 97 **Long-Term Effectiveness of Work-Focused Cognitive-Behavioral Group Therapy for Employees on Sick Leave Due to Depression - Focus on Difficulty in Returning to Work**  
Asuka Watanabe, Hyogo University of Teacher Education, Japan
- 98 **Treatment Outcome in Chronically Depressed Patients with Comorbid Borderline Personality Disorder in a 10-Week Inpatient Program with the Cognitive Behavioral Analysis System of Psychotherapy (CBASP)**  
Franziska Welker, Ludwig-Maximilians-University Munich, Germany
- 99 **What Makes One Student Lonely and the Other Not?**  
Nine Wolters, University of Amsterdam, the Netherlands
- 100 **Mobile Delivered Cognitive Behavioral Therapy Enhances Coupling Between Higher Self-Esteem and Lower Perceived Stress in Major Depressive Disorder**  
Gyummyoung Kim, Department of Psychology, Chung-Ang University, South Korea

- 101 **The Mechanism of Improvement of Depressive Symptoms in the Treatments for the School Refusal**  
Tatsuto Yamada, Graduate School of Meisei University, Japan
- 102 **The Mechanism and Application of Emotional Contagion: The Possibility of Improvement in Depressive Moods**  
Yuko Yamashita, Tokushima University, Japan
- 103 **Negative Childhood Environment and Depression: The Mediator Role of Repetitive Negative Thinking**  
Ecem Yedidag, Koc University, Turkey
- 104 **A Transdiagnostic Group Cognitive Behavior Therapy to Reduce Symptoms Disturbance and the Change of Psychological Feature in Emotional Disorder: A Pilot Study**  
Pancho Wang, Capital Medical University, China

[15.30 - 17.00]

**Symposium 61**

Level 1 – Room A1

**Obsessive-Compulsive Disorder: Cognitive Processes and Mechanisms of Change During Behavioral and Metacognitive Therapies**

Convenors and Chairs: Andrea Ertle and Benedikt Reuter, Humboldt-Universität zu Berlin, Germany

- 15:30 **Does Adherence to Exposure and Response Prevention Related Homework Predict Short and Long Term Therapy Outcome from Manualized Cognitive Behavioral Therapy for OCD?**  
Tanja Jacobi, Humboldt-Universität zu Berlin, Germany
- 15:45 **Exposure-Based CBT for OCD: Effects of Habituation and Expectancy Violation**  
Björn Elsner, Humboldt-Universität zu Berlin, Germany
- 16:00 **The Changeability of Metacognitions by (Metacognitive) Treatment and its Relevance for Treatment Outcome of Harming Obsessions**  
Jana Hansmeier, Universität Leipzig, Germany
- 16:15 **Development and Preliminary Psychometric Properties of the Obsessive-Compulsive-Rumination Inventory**  
Karina Wahl, University of Basel, Switzerland
- 16:30 **Metacognitive Group Training for Patients with Obsessive-Compulsive Disorder**  
Franziska Miegel, Universitätsklinikum Hamburg-Eppendorf, Germany
- 16:45 **Discussant**  
Benedikt Reuter, Humboldt-Universität zu Berlin, Germany

**Symposium 62**

Level 1 – Room A2

**Racial Issues in the Assessment of Mental Health and Delivery of Cognitive Behavioral Therapies**

Convenor & Chair: Monnica Williams, University of Connecticut, USA

- 15:30 **Implicit Racial Bias Across Ethnic Groups and Cross-Nationally: Mental Health Implications**  
Sonya Faber, Syneos Health, Germany
- 15:45 **The Impact of Sexual Racism on Gay and Bisexual Men of Color**  
Matthew Skinta, American Board of Professional Psychology, USA
- 16:00 **New Tools for the Assessment of Trauma Due to Racism**  
Jamilah R George, University of Connecticut, USA
- 16:15 **Hormones and Mood Symptomology Across Black and White Women: Implications for Assessment and Treatment**  
Louis Courtney, Michigan State University, USA
- 16:30 **The Race-Based Stress and Trauma Group Intervention for Veterans**  
Maurice Endsley, Edward Hines Junior Veterans Administration Hospital, USA
- 16:45 **Discussant**  
Nicole Buchanan, Michigan State University, USA

**Panel Discussion 3**

Level 1 – Room A3

**Treating Scrupulosity in Different Religious Populations**

Convenor & Chair: Jonathan Huppert, Hebrew University of Jerusalem, Israel

**Discussants:**

- Paul Aljaber, University of Oxford, UK
- Christine Purdon, University of Waterloo, Canada
- Jonathan Huppert, The Hebrew University of Jerusalem, Israel

# PANEL DISCUSSIONS

**Symposium 63**

Level 1 – Room A4

**New Methods for Developing and Improving Psychological Therapies**

Convenor & Chair: Simon Blackwell, Ruhr-Universität Bochum, Germany

- 15:30 **The Leapfrog Design: A Simple Bayesian Adaptive Rolling Trial Design for Treatment Development and Optimization**  
Simon Blackwell, Ruhr-Universität Bochum, Germany
- 15:45 **Combining Single-Case Experimental Designs with Experience Sampling to Assess Treatment Effects at the Individual Level**  
Evelien Snippe, University of Groningen, the Netherlands
- 16:00 **The STEP Trial: A Sequential Multiple Assignment Randomised Trial (SMART) of Interventions for Ultra-High Risk of Psychosis Patients**  
Andrea Polari, Orygen Youth Health and The National Centre for Excellence in Youth Mental Health, Australia
- 16:15 **Using Factorial Designs to Dismantle Active Ingredients of Therapy: The IMPROVE-2 Trial**  
Ed Watkins, University of Exeter, UK
- 16:30 **Discussant**  
Shirley Reynolds, University of Reading, UK

**Roundtable 1**

Level 1 – Room A5

**What Works for Whom? A Comparison of Modern Psychotherapies Regarding a Difficult Situation**

Convenor: Eva-Lotta Brakemeier, Philipps-University of Marburg, Germany

Chair: Stefan Hofmann, Boston University, USA

Discussant/Patient Actor: Christian Banzhaf, Charité University Medicine Berlin, Germany

**Discussants:**

- Stefan Hofmann, Boston University, USA: Modern Cognitive Behaviour Therapy (CBT)
- Eva-Lotta Brakemeier, Philipps-University of Marburg, Germany: Cognitive Behavioral Analysis System of Psychotherapy (CBASP)
- Eckhard Roediger, Schematherapy Institute Frankfurt, Germany: Schema Therapy (ST)
- Andrew Gloster, University of Basel, Switzerland: Acceptance and Commitment Therapy (ACT)

**Symposium 64**

Level 1 – Room A8

**Using Behavioural Experiments in the Treatment of Mental Disorders – Recent Developments and Future Directions**

Convenor: Tobias Kube, Harvard Medical School, USA

Chair: Winfried Rief, Philipps-Universität Marburg, Germany

- 15:30 **Behavioural Experiments in CT-PTSD - Why, When and How?**  
Hannah Murray, University of Oxford, UK
- 15:45 **Behavioural Experiments in Obsessive-Compulsive Disorders**  
Paul Salkovskis, University of Oxford, UK
- 16:00 **Behavioral Experiments in Chronic Pain**  
Julia Glombiewski, Universität Koblenz-Landau, Germany
- 16:15 **Behavioural Experiments in Depression – How to Prevent Patients from Disregarding Positive Information?**  
Tobias Kube, Harvard Medical School, USA
- 16:30 **Discussant**  
Winfried Rief, Philipps-University of Marburg, Germany

**Symposium 65**

Level 1 – Room A7

**Why We Need Psychological Theory for Innovation in Clinical Practice: A Tribute to Brewin's Work on Memory for Trauma**

Convenor: Victor Kovalets, University College London and University of Southampton, UK

Chair: Emily Holmes, University of Stockholm, Sweden

- 15:30 **Exploring the Use of a Novel Visuospatial Navigating Task to Reduce Intrusive Memories - Validating the Dual Representation Theory of Chris Brewin with a New Task**  
Victor Kovalets, University College London and University of Southampton, UK
- 15:45 **Brewin's Dual-Representation Theory of PTSD: A View from Experimental Psychopathology**  
Alex Lau Zhu, King's College London, UK
- 16:00 **Preventing the Consolidation of Intrusive Trauma Memories Using a Simple Cognitive Task Intervention: A Proof-of-Concept Randomised Controlled Trial in an Emergency Department**  
Lalitha Iyadurai, University of Oxford, UK
- 16:15 **Development of an Early Intervention to Reduce Intrusive Traumatic Memories after Traumatic Childbirth**  
Antje Horsch, University of Lausanne, Switzerland
- 16:30 **Intrusive Thoughts and Memories in Adolescents: Relationships with Depression and PTSD**  
Richard Meiser-Stedman, University of East Anglia, UK
- 16:45 **Discussant**  
Chris Brewin, University College London, UK

**Symposium 66**

Level 3 – Room M1

**Lessons Learned in Implementing Novel Cognitive-Behavioural Interventions Across Diverse Clinical Populations**

Convenor & Chair: Guillaume Foldes-Busque, Université Laval, Canada

- 15:30 **Efficacy and Implementation in Routine Cancer Care of a Stepped Care Approach to Offer Cognitive-Behavioral Therapy for Insomnia**  
Josée Savard, Université Laval, Canada
- 15:45 **Effectiveness of Group Psychoeducation for Bipolar Disorder in Clinical Practice: Outcomes at One Year Follow-Up and Factors Associated with Relapse**  
Martin Provencher, Université Laval, Canada
- 16:00 **Efficacy of an Online Multidimensional CBT Targeting PTSD, Depression and Insomnia after a Disaster**  
Geneviève Belleville, Université Laval, Canada
- 16:15 **Sequenced Psychological and Medication Therapies for Insomnia Disorder**  
Charles Morin, Université Laval, Canada
- 16:30 **Discussant**  
Allison Harvey, University of California, USA

**Symposium 67**

Level 3 – Room M3

**Anxiety Sensitivity as a Transdiagnostic Risk Factor: Its Nature, Moderators, and Mediators**

Convenor: Ljiljana Mihić, University of Novi Sad, Serbia

Chair: Sherry Stewart, Dalhousie University, Canada

- 15:30 **Exploring the Hybrid Latent Structure Models of Anxiety Sensitivity in Serbian and Croatian Samples**  
Marija Volarov, University of Novi Sad, Serbia
- 15:45 **A Multi-Method Investigation of the Impact of Attentional Control on a Brief Intervention for Anxiety and Depression**  
Nicholas Allan, Ohio University, USA
- 16:00 **The Moderating Role of Attentional Control on the Relations Between Anxiety Sensitivity and Daily Fluctuations in Anxiety**  
Nicholas Allan, Ohio University, USA
- 16:15 **Does Anxiety Sensitivity Predict Prescription Drug Misuse in Adolescents? A One-Year Prospective Study**  
Sherry Stewart, Dalhousie University, Canada
- 16:30 **Discussant**  
Michelle Craske, University of California, USA

**Symposium 68**

Level 3 – Room M4

**New Developments of Approach Bias Modification (AppBM) in Addiction**

Convenor & Chair: Charlotte Wittekind, Ludwig-Maximilians-Universität, Germany

- 15:30 **What Happens in Real Life? Long-term Effectiveness of Cognitive Bias Modification in Relapse Prevention During Inpatient Treatment of Alcohol Dependence: Results of a Large Multi-Center RCT**  
Johannes Lindenmeyer, Medizinische Hochschule Brandenburg and Salus Clinic Lindow, Germany
- 15:45 **The Moderating Effect of Affective Comorbidity on Alcohol-Avoidance Training in Alcohol-Dependent Patients**  
Elske Salemink, Utrecht University, the Netherlands
- 16:00 **Long-Term Effects of Alcohol-Avoidance Training: Do Learning Curves Predict Who Will Remain Abstinent?**  
Mike Rinck, Radboud University, the Netherlands
- 16:15 **Combining Avoidance and Go/No-Go Training to Prevent Relapse in Alcohol-Dependent Patients**  
Edwin Schenkel, Radboud University, the Netherlands
- 16:30 **Approach-Bias Modification as an Add-On in Smoking Cessation: A Randomized-Controlled Study**  
Charlotte Wittekind, Ludwig-Maximilians-Universität, Germany

**Panel Discussion 4**

Level 3 – Room M5

**Addressing Loneliness in the 21st Century: How to Intervene with Evidence-Based Solutions**

Convenor & Chair: Michelle Lim, Swinburne University of Technology, Australia

Discussants:

- Roz Shafran, University College London, UK
- Lisa Brophy, La Trobe University, Australia
- Karra Harrington, Swinburne University of Technology, Australia
- Robert Eres, Swinburne University of Technology, Australia

**Symposium 69**

Level 3 – Room M6

**Unequal Life Chances Within the Same Family: Need for Intervention?**

Convenor & Chair: Martin Diewald, Bielefeld University, Germany

- 15:30 **Interdisciplinary Perspectives on Unequal Life Chances Within the Same Family: The Relevance of the Within-Family Perspective**  
Martin Diewald, Bielefeld University, Germany
- 15:50 **Consequences of Mobbing Among Siblings**  
Jörg Fegert, University Clinic Ulm, Germany
- 16:10 **Prevention of Discrimination by Association – Equal Participation Through Social Assistance**  
Katja Nebe, Martin-Luther-University Halle-Wittenberg, Germany
- 16:30 **Discordant Siblings and Twins: The Role of Family Events and Unequal Treatment of Children**  
Lena Weigel, Bielefeld University, Germany

**Symposium 70**

Level 3 – Room M7

**Body Dysmorphic Disorder – Innovative Methodological Approaches to Refining Classification, Assessment, and Mechanisms of Pathology**

Convenor: Ines Kollei, University of Bamberg, Germany

Chair: Berta J. Summers, Massachusetts General Hospital, USA

- 15:30 **Body Dysmorphic Disorder and Depression: A Network Analytic Perspective**  
Berta J. Summers, Massachusetts General Hospital and Harvard Medical School, USA
- 15:45 **Multimodal Machine-Learning Classification Analysis of Body Dysmorphic Disorder, Anorexia Nervosa, and Non-Clinical Populations and Prediction of Transdiagnostic Phenotypes Using Neuroimaging and Non-Neuroimaging Data**  
Jamie D. Feusner, University of California, USA
- 16:00 **Neural Correlates of Maladaptive Self-Focused Attention in Body Dysmorphic Disorder and Relation to Cognitive Behavioral Therapy Outcome**  
Angela Fang, Massachusetts General Hospital and Harvard Medical School, USA
- 16:15 **Dynamics of Insight and Associated Features in Body Dysmorphic Disorder**  
Johanna Schulte, University of Münster, Germany
- 16:30 **Engagement and Response to Smartphone Cognitive Behavioral Therapy for Body Dysmorphic Disorder: What Can We Learn from Passive Smartphone Data?**  
Hilary M. Weingarden, Massachusetts General Hospital and Harvard Medical School, USA

**Symposium 71**

Level 3 – Room M8

**Optimizing Exposure Treatments for Anxiety Disorders and Understanding Their Mechanisms of Change: The German Psychotherapy Research Initiative on Anxiety Disorders (PANIC-NET, PROTECT-AD)**

Convenor & Chair: Jan Richter, University of Greifswald, Germany

- 15:30 **The Public Health Benefit Profile of Optimized Exposure Treatment for Patients with Anxiety Disorders With and Without Comorbid Depression**  
Hans-Ulrich Wittchen, Technische Universität Dresden and Ludwig Maximilians Universität München, Germany
- 15:45 **Mechanisms of Exposure-Based CBT in Panic Disorder Under Special Consideration of Comorbidity: A Prospective-Longitudinal Multicenter fMRI Study**  
Ulrike Lüken, Humboldt-Universität zu Berlin, Germany
- 16:00 **Anxiety Disorders from a Behavioral Neuroscience Perspective and its Implication for Exposure Based CBT**  
Jan Richter, University of Greifswald, Germany
- 16:15 **Usage of and Reservation Against Exposure-Based Interventions Among Behavior Therapists in Germany**  
Jürgen Hoyer, Technical University Dresden, Germany
- 16:45 **Discussant**  
Stefan Hofmann, Boston University, USA

**Skills Class 8 (German Language)**

Level 3 – Room R2

**Kognitive Therapie für PTBS: Traumaerinnerungen aktualisieren**

Anke Ehlers, University of Oxford, UK

**Skills Class 9**

Level 3 – Room R3

**Regret: A Cognitive Behavior Therapy Approach**

Robert Leahy, American Institute for Cognitive Therapy, USA

**Symposium 72 (German Language)**

Level 3 – Room R4

**Neue Entwicklungen in der Kognitiven Verhaltenstherapie bei Angststörungen**

Convenor and Chair: Christina Totzeck, Ruhr-Universität Bochum, Deutschland

- 15:30 **Extinktionslernen in der Praxis: Was sagen uns Modelle des inhibitorischen Lernens für die Expositionstherapie?**  
Ingmar Heinig, Technische Universität Dresden, Deutschland
- 15:45 **Besonderheiten bei der Expositionsbehandlung von Kindern und Jugendlichen mit Angststörungen**  
Verena Pflug, Ruhr-Universität Bochum, Deutschland
- 16:00 **Dysfunktionen der Emotionsregulation bei Angststörungen sowie deren Veränderungen durch Expositionstherapien**  
Christina Totzeck, Ruhr-Universität Bochum, Deutschland
- 16:15 **Klinischer und wissenschaftlicher Nutzen von expositionsbasierten Ein-Sitzungsprogrammen bei situativen Ängsten**  
Andre Wannemüller, Ruhr-Universität Bochum, Deutschland
- 16:30 **Discussant**  
Ruth von Brachel, Ruhr-Universität Bochum, Deutschland

**Open Papers 9**

Level 3 – Room R5

**Risk and Resilience Factors in Youth**

Chair: Ron Rapee, Macquarie University, Australia

- 15:30 **Resilience Factor Changes between Early and Late Adolescence**  
Jessica Fritz, University of Cambridge, UK
- 15:45 **Parental Psychological Distress Interacting to Influence Child Internalizing Behaviors**  
Emily Bailey, Mercer University, USA
- 16:00 **Because You Had a Bad Day: A More Thorough Investigation into the General and Daily Relations between Reactive Temperament, Emotion Regulation, and Depressive Symptoms in Youth.**  
Marie-Lotte Van Beveren, Ghent University, Belgium
- 16:15 **A Tailored, Web-Based Parenting Intervention to Reduce Risk for Adolescent Internalising Disorders: 12-month Follow-up Outcomes**  
Mairead Cardamone-Breen, Monash University, Australia
- 16:30 **An Online Program to Improve Parenting Risk and Protective Factors for the Prevention of Child Anxiety and Depression: Results of a Randomised Controlled Trial**  
Wan Hua Sim, Monash University, Australia

**Skills Class 10**

Level 3 – Room R6

**Cognitive Behavioural Anger Treatment for Clients with Intellectual and Developmental Disabilities**

John Taylor, Northumbria University, UK

**Skills Class 11**

Level 3 – Room R7

**The Initial Phase in ACT: Setting the Grounds for a Valued Change**

Iftah Yovel, Hebrew University of Jerusalem, Israel

**Symposium 73**

Level 3 – Room R12

**Improving Mental Health Treatment for Older Adults: Age-Specific Considerations and New Interventions**

Convenor: Brooke Schneider, Friedrich Schiller University Jena, Germany

Chair: Franziska Meichsner, Goethe-Universität Frankfurt, Germany

- 15:30 **How Does a Patient's Age Influence Treatment Attitudes of Psychotherapists?**  
Eva-Marie Kessler, Medical School Berlin, Germany
- 15:45 **Age-Appropriate Cognitive Behavioral Therapy: Exploring the Use of 'Lifeskills' with the Oldest-Old to Enhance Outcome**  
Ken Laidlaw, University of Exeter, UK
- 16:00 **Metacognitive Training for Late Life Depression (MCT-Silver): Results of a Pilot Study and Further Development**  
Lara Bückner, University Medical Center Hamburg-Eppendorf, Germany
- 16:15 **Exploring Potential Mechanisms of Change in Complicated Grief Treatment for Older Adults**  
Franziska Meichsner, Goethe University Frankfurt, Germany
- 16:30 **Initial Evaluation of Mobile Application-Based Intervention for Depression in Middle Aged and Older Adults**  
Christine E. Gould, Department of Veterans Affairs Palo Alto Healthcare System and Stanford University, USA

**Open Papers 10**

Level 3 – Room S2

**Mechanisms In Social Anxiety**

Chair: David Moscovitch, University of Waterloo and Centre for Mental Health Research, Canada

- 15:30 **The Social Consequences of Negative Beliefs in Social Anxiety Disorder**  
Corine Dijk, University of Amsterdam, the Netherlands
- 15:45 **Mechanisms of Change in Cognitive Behavior Therapy for Social Anxiety Disorder: The Role of Negative Self-Imagery, Judgment Bias, Self-Focused Attention, and Safety Behaviors**  
Jung-Kwang Ahn, Korea University, South Korea
- 16:00 **Where to Look? Self-Focused Attention Instead of Negative Attentional Bias during a Public Speech Task in Socially Anxious Individuals**  
Muyu Lin, Ruhr University Bochum, Germany
- 16:15 **The Impact of Exclusion and Over-Inclusion on Self-Descriptions: The Role of Interpersonal Motivations**  
Roy Azoulay, Bar-Ilan University, Israel
- 16:30 **Negative Self-Imagery in Social Anxiety Disorder: A Mixed Methods Investigation**  
Katherine Dobinson, University of Sydney, Australia

**Open Papers 11**

Level 3 – Room S3

**Mechanisms and Treatment of Eating Disorders**

Chair: Glenn Waller, University of Sheffield, UK

- 15:30 **The Myth of 'Severe and Enduring Anorexia Nervosa': Evidence from Cognitive-Behavioural Therapy Outcomes**  
Glenn Waller, University of Sheffield, UK
- 15:45 **Social Functioning in Eating Disorders: an Evaluation of Theory of Mind, Empathy, Self-Other Distinction and Pro-Social Behaviour**  
Elisa Corsi, King's College London, UK
- 16:00 **Eating Disorder Symptoms in People with Bipolar Disorder: An International Investigation**  
Claire McAulay, University of Sydney, Australia
- 16:15 **How do Adolescents in Treatment for Their Eating Disorder Differ from Those Not Seeking Treatment?**  
Nora Trompeter, Macquarie University, Australia
- 16:30 **Adapting Selective Eating Disorder Prevention for a Universal Audience: Results from a School-Based Cluster Randomised Controlled Pilot Study**  
Melissa Atkinson, University of Bath, UK

OPEN PAPERS  
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OPEN PAPERS

Thursday 18th July

Invited Addresses 2 (17.00 -18.00)

# INVITED ADDRESSES INVITED ADDRESSES INVITED ADDRESSES

## Invited Address 9

Level 1- Room A1

### **Beyond Cognitive Behavior Therapy: Primacy of Emotional Change**

Merel Kindt, University of Amsterdam, the Netherlands

Chair: Peter de Jong, University of Groningen, The Netherlands

## Invited Address 10

Level 1- Room A2

### **The Early Emergence of Mental Health Inequalities in Children with Intellectual Disabilities: Implications for Intervention and Family Support**

Richard Hastings, University of Warwick, UK

Chair: John Taylor, Northumbria University, UK

## Invited Address 11 (German Language)

Level 1- Room A3

### **Posttraumatische Belastungsstörungen effektiv und effizient behandeln**

Anke Ehlers, University of Oxford, UK

Chair: Heike Winter, Universität Frankfurt, Germany

## Invited Address 12

Level 1- Room A4

### **Couple-Based Interventions for Adult Psychopathology: Broadening the Cognitive Behavior Therapy Paradigm While Remaining True to Its Roots**

Donald H. Baucom, University of North Carolina at Chapel Hill, USA

Chair: Kurt Hahlweg, University of Braunschweig, Germany

## Invited Address 13

Level 1- Room A5

### **Cognitive Behavior Therapy for Body Dysmorphic Disorder: An Update on the State of the Art**

Katharine Phillips, Weill Cornell Medical College, USA

Chair: Sabine Wilhelm, Massachusetts General Hospital/ Harvard Medical School, USA

## Invited Address 14

Level 1- Room A8

### **The Scientific and Practical Implications of Process-based Cognitive Behavior Therapy**

Steven C. Hayes, University of Nevada, USA

Chair: Stefan Hofmann, Boston University, USA

## Invited Address 15

Level 1- Room A7

### **Identifying Psychotherapy Processes and Mechanisms Using the Tools of Precision Medicine**

Robert J. DeRubeis, University of Pennsylvania, USA

Chair: Steve Hollon, Vanderbilt University, USA

Level 3- Room M1

17.00 - 18.30

European Association of Behavioural and Cognitive Therapies General Meeting

EABCT Members Only

Friday 19th July



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Symposia 5 (8.30 - 10.00)

**Symposium 74**

Level 1 – Room A1

**Treating Borderline Personality Disorder: An International Multicentre Randomized Controlled Trial Comparing Group and Individual Formats of Schema Therapy with Treatment-As-Usual**

Convenor & Chair: Christopher Lee, University of Western Australia, Australia

- 08:30 **Comparing Treatment Outcomes of Two Formats of Group Schema Therapy and Treatment as Usual for Borderline Personality Disorder: Should we Deliver Group or Combine Individual and Group Schema Therapy?**  
Arnoud Arntz, University of Amsterdam, the Netherlands
- 08:45 **Schema Therapy for Borderline Personality Disorder: Patients' Perceptions of What Helped and What Didn't**  
Christopher Lee, University of Western Australia, Australia
- 09:00 **The Experience of Schema Therapists Who Provided the Treatment: What We Learnt**  
Desiree Martius, University of Amsterdam, the Netherlands
- 09:15 **Providing Therapist Supervision Across Different Countries and Cultures: The Work of Joan Farrell and Ida Shaw**  
Heather Fretwell, Indiana University School of Medicine, USA
- 09:30 **Discussant**  
Christopher Lee, University of Western Australia, Australia

**Symposium 75**

Level 1 – Room A2

**Dissemination of Couple Relationship Distress Prevention and Intervention Programs**

Convenor & Chair: Douglas Snyder, Texas A&M University, USA

- 08:30 **Evidence-Based Couple Relationship Enhancement (CRE) Programs in Germany: Progress in Dissemination and Implementation**  
Kurt Hahlweg, University of Braunschweig, Germany
- 08:45 **Dissemination of the Prevention and Relationship Education Program (PREP) Across the Globe and Online**  
Howard Markman, University of Denver, USA
- 09:00 **Dosage and Timing of Relationship Education Programs: Findings from the Couples Coping Enhancement Training Program**  
Guy Bodenmann, University of Zürich, Switzerland
- 09:15 **Development of Effective Relationship Education for Same Sex Couples: Rainbow Couple CARE**  
Kim Halford, University of Queensland, Australia
- 09:30 **Dissemination of Integrative Behavioral Couple Therapy Through the U.S. Department of Veterans Affairs and Online**  
Andrew Christensen, University of California, USA
- 09:45 **Discussant**  
Donald Baucom, University of North Carolina at Chapel Hill, USA

**Symposium 76**

Level 1 – Room A3

**Recent Advances in Predicting and Treating Suicidality**

Convenor: Birgit Kleim, University of Zürich, Switzerland

Chair: Anja Gysin-Maillart, University of Bern, Switzerland

- 08:30 **Testing the Main Prediction of the Interpersonal-Psychological Theory of Suicidal Behavior in an Inpatient Sample Admitted due to Severe Suicidality**  
Tobias Teismann, Ruhr University Bochum, Germany
- 08:50 **Attempted Suicide Short Intervention Program: New Results Over and Above Initial Effectiveness Studies**  
Anja Gysin-Maillart, University of Bern, Switzerland
- 09:10 **Sleep is Neglected in Evidence-Based Psychological Interventions for Suicidality: A Systematic Review**  
Dominique Recher, University of Zürich, Switzerland
- 09:30 **Group Intervention After Suicide Bereavement Through the Use of Webinars: A Randomized Controlled Trial**  
Birgit Wagner, Medical School Berlin, Germany

**Symposium 77**

Level 1 – Room A4

**Self-Practice/Self-Reflection (SP/SR) at 18: An Experiential Training Strategy Maturing Into Adulthood?**

Convenor & Chair: Richard Thwaites, Cumbria Partnership NHS Foundation Trust, UK

- 08:30 **Self-Practice/Self-Reflection (SP/SR) After 18 years of Research: Where Are We Now?**  
Richard Thwaites, Cumbria Partnership NHS Foundation Trust, UK
- 08:45 **SP/SR and Autoethnography: A Marriage Made in Heaven!**  
Craig Chigwedere, St Patrick's Hospital, Ireland
- 09:00 **The Self-Reflective Writing Scale (SRWS): A New Measure to Assess Self-Reflection Following Self-Experiential Cognitive Behaviour Therapy Training**  
Suzanne Ho-Wai So, University of Hong Kong, Hong Kong
- 09:15 **Self-Practice/Self-Reflection in Post-Graduate Cognitive Behaviour Therapy Training: Two Pilot Studies**  
Keong Yap, University of New South Wales Sydney, Australia
- 09:30 **Discussant**  
James Bennett-Levy, University of Sydney, Australia

**Symposium 78**

Level 1 – Room A5

**I Am What I Fear: A Multimethod Examination of the Role of Feared Possible Selves in Obsessive-Compulsive Disorder**

Convenor: Shiu Wong, Concordia University, Canada

Chair: Roz Shafran, University College London, UK

- 08:30 **Fear of Self and OCD Symptoms: Assessing the Role of Attachment Orientation**  
Guy Doron, Interdisciplinary Center Herzliya, Israel
- 08:45 **Reduced Fear-of-Self is Associated with Improvement in Concerns Related to Repugnant Obsessions in Obsessive-Compulsive Disorder**  
Louis-Philippe Baraby, Université de Montréal, Canada
- 09:00 **Feared Self and Obsessive-Compulsive Symptoms: An Experimental Manipulation Using Virtual Reality**  
Shiu Wong, Concordia University, Canada
- 09:15 **Feared Self, Inferential Confusion and Obsessive Compulsive Symptoms: An Experimental Analysis**  
Yoon Yang, Deakin University, Australia
- 09:30 **An Ecological Momentary Assessment of OCD-Relevant Intrusions: The Relationship Between Frequency, Reasoning, Feared-Self, and Concealment**  
Tess Jaeger, Deakin University, Australia

**Symposium 79**

Level 1 – Room A8

**Strengthening Cognitive Behaviour Therapy: Diverse Strategies from Around the World**

Convenor & Chair: Jacqueline Persons, Oakland CBT Center and University of California, Berkeley, USA

- 08:30 **Prediction of Dropout in Outpatient CBT with Machine Learning Algorithms**  
Bjorn Bennemann, University of Trier, Germany
- 08:45 **An Investigation of CBT Treatment Processes in a Smartphone App (MoodMission) for Anxiety and Depression Symptoms**  
Nikolaos Kazantzis, Monash University, Australia
- 09:00 **Gaze-Contingent Music Reward Therapy for Clinically Anxious 7-10 Year-Olds: An Open Multiple Baseline Feasibility Study**  
Garret Zieve, University of California, USA
- 09:15 **To Increase Homework Compliance, Make Assignments that Are Congruent with the Patient's Feedback About What Was Helpful in the Session**  
Jacqueline Persons, Oakland CBT Center and University of California, Berkeley, USA
- 09:30 **Discussant**  
Wolfgang Lutz, University of Trier, Germany

**Symposium 80**

Level 1 – Room A7

**Beyond the Horse Race: Researching Internet Interventions for Mental Disorders**

Convenor and Chair: Jan Philipp Klein, University of Lübeck, Germany

- 08:30 **Ready for Clinical Practice? Experiences From a Large RCT of an Intervention for Mild to Moderate Depression.**  
Jan Philipp Klein, University of Lübeck, Germany
- 08:50 **Symptom-specific Effectiveness of an Internet-based Intervention for Mild to Moderate Depressive Symptomatology: The Potential of Network Analyses.**  
Lynn Boschloo, Vrije University, Amsterdam, The Netherlands
- 09:10 **The Therapeutic Relationship in a Large RCT of an Intervention for Mild to Moderate Depression.**  
Thomas Berger, Bern University, Switzerland
- 09:30 **Long-term Effectiveness of Adding an Internet intervention (Deprexis) for Depression to Routine Outpatient Psychotherapy: Subgroup Analysis of the Evident Trial**  
Raphael Schuster, University of Salzburg, Austria

**Symposium 81**

Level 3 – Room M1

**Translational Research on Hoarding: A Focus on Cognitive and Emotional Vulnerabilities**

Convenor: Kiara Timpano, University of Miami, USA

Chair: Jessica Grisham, University of New South Wales, Australia

- 08:30 **Neuropsychological Functioning in Hoarding Disorder**  
Sheila Woody, University of British Columbia, Canada
- 08:45 **Cognitive Bias Modification for Hoarding: Evaluating the Role of Beliefs**  
Kiara Timpano, University of Miami, USA
- 09:00 **Cognitive and Neurological Markers in Hoarding Disorder: An fMRI Investigation**  
Maja Nedeljkovic, Swinburne University of Technology, Australia
- 09:15 **Does Response Inhibition Training Reduce Compulsive Acquiring?**  
Helena Drury, South London and Maudsley NHS Trust, UK
- 09:30 **Cognitive Bias Modification for Hoarding: Evaluating the Role of Beliefs**  
Jessica Grisham, University of New South Wales, Australia

**Symposium 82**

Level 3 – Room M2

**Adapting Evidence-Based Transdiagnostic Cognitive Behavioral Therapy Across Mental Health Settings: Recent and Ongoing Innovations**

Convenor: Nina Reinholt, Mental Health Centre of Copenhagen and University of Copenhagen, Denmark

Chair: Sidse Arnfred, University of Copenhagen, Denmark

- 08:30 **Extending the Unified Protocol Beyond Traditional Outpatient Settings: Balance of Flexibility and Fidelity**  
Kate Bentley, Massachusetts General Hospital, USA
- 08:45 **Trans-Diagnostic Versus Diagnosis-Specific Group Cognitive Behavior Therapy for Depression and Anxiety Disorders: A Two-Armed, Non-Inferiority, Randomized Controlled Trial**  
Nina Reinholt, University of Copenhagen, Denmark
- 09:00 **Adapting the Unified Protocol to an Online Setting: Preliminary Results of an Ongoing RCT**  
Carmen Schäuuffele, Free University Berlin, Germany
- 09:15 **Group Cohesion in Mixed-Diagnoses Groups: A Qualitative Enquiry**  
Anne Bryde Christensen, University of Copenhagen, Denmark
- 09:30 **Discussant**  
Jill Newby, University of New South Wales, Australia

**Symposium 83**

Level 3 – Room M3

**Recent Developments in Approach-Avoidance Assessment and Training Across Disorders**

Convenor &amp; Chair: Naomi Kakoschke, Monash University, Australia

- 08:30 **Automatic Approach Tendencies Towards Task-Relevant and Task-Irrelevant Food Pictures in Anorexia Nervosa- Relationships with Treatment Outcome**  
Renate Neimeijer, University of Groningen, the Netherlands
- 08:45 **Approach Bias Modification During Alcohol and Methamphetamine Withdrawal Treatment: Learnings from Australian Pilot Research and Future Directions**  
Victoria Manning, Monash University, Australia
- 09:00 **Activating Alternative Activities for Smoking in Approach Bias Modification Under Craving: A Proof-Of-Principle Study**  
Helle Larsen, University of Amsterdam, the Netherlands
- 09:15 **The Approach-Positivity Training in Depression**  
Eni Becker, Radboud University, the Netherlands
- 09:30 **Discussant**  
Naomi Kakoschke, Monash University, Australia

**Symposium 84**

Level 3 – Room M4

**Hair-Pulling Disorder and Skin-Picking Disorder: Emotion Regulation and Treatment Enhancement**

Convenor: Ger Keijsers, Behaviour Science Institute and Radboud University, the Netherlands

Chair: Douglas Woods, Marquette University, USA

- 08:30 **Exploring the Role of Emotion Regulation in Body-Focused Repetitive Behaviour Disorder**  
Douglas Woods, Marquette University, USA
- 08:45 **Cognitive Emotional Regulation in Hair-Pulling and Skin-Picking: the Role of Self-Criticism and Shame**  
Kieron O'Connor, University Institute of Mental Health and University of Montreal, Canada
- 09:00 **Predicting Treatment Outcomes in Patients Treated for Hair-Pulling Disorder or Skin Picking Disorder**  
Ger Keijsers, Maastricht University and Radboud University, the Netherlands
- 09:15 **Cue-Exposure and Retrieval Cues as Relapse Prevention Strategies in the Treatment of Hair-Pulling Disorder and Skin-Picking Disorder**  
Leila van Heijningen, Radboud University Nijmegen, the Netherlands
- 09:30 **Discussant**  
Douglas W. Woods, Marquette University, USA

**Symposium 85**

Level 3 – Room M5

**Tackling Adolescent Depression: Basic Bio-Psycho-Social Mechanisms and Novel Interventions**

Convenor &amp; Chair: Stella Chan, University of Edinburgh, UK

- 08:30 **In Search of Vulnerability Mechanisms for Adolescent Depression**  
Stella Chan, University of Edinburgh, UK
- 08:45 **Consequence or Risk Factor? The Role of Interpretation Biases in Youth Depression**  
Anca Sfärlea, Ludwig Maximilian University of Munich, Germany
- 09:00 **Differences in Cognitive Deficits in Anxious and Depressed Adolescents**  
Jeni Fisk, University of Reading, UK
- 09:15 **My Memory Forest: Increasing the Specificity of Future Images and Past Memories Using Storybook Narratives and Character Illustrations**  
Victoria Pile, King's College London, UK
- 09:30 **Does Working Memory Updating Training Reduce Repetitive Negative Thought?**  
Henrietta Roberts, University of Exeter, UK

**Symposium 86**

Level 3 – Room M6

**Understanding and Treating the Anhedonic Symptoms of Depression: A Translational Research Agenda**

Convenor &amp; Chair: Barney Dunn, University of Exeter, UK

- 08:30 **Do Psychological and Pharmacological Treatments of Depression do a Better Job at Repairing Negative Affect than Enhancing Positive Affect? Evaluating Evidence from Randomised Controlled Trials and Routine Outcome Data**  
Laura Warbrick, University of Exeter, UK
- 08:45 **Research Challenges and Implications Resulting from Different Conceptualizations of Anhedonia**  
Samuel Winer, Mississippi State University, USA
- 09:00 **Assessing Anhedonia via Questionnaire Instruments - the Importance of Mental Imagery Use**  
Julie Ji, University of Western Australia, Australia
- 09:15 **Impact of Mindfulness-Based Interventions on Positive Affect**  
Merle Kock, Maastricht University, the Netherlands
- 09:30 **The Positive Affect Regulation in an Online Transdiagnostic Protocol for Emotional Disorders: A Randomized Controlled Trial**  
Javier Fernández-Álvarez, Università Cattolica Sacro Cuore, Milan, Italy & Universitat Jaume I, Castellón de la Plana, Spain
- 09:45 **Discussant**  
Nicole Geschwind, University of Maastricht, the Netherlands

**Symposium 87**

Level 3 – Room M7

**Perceptual Distortions in Body Image Disorders**

Convenor &amp; Chair: Fugen Neziroglu, Bio Behavioral Institute, USA

- 08:30 **Assessment of Misperceptions in Body Dysmorphic Disorder**  
Fugen Neziroglu, Bio Behavioral Institute, USA
- 08:50 **Perceptual Distortions in Body Dysmorphic Disorder and Relationships to Underlying Aberrant Neural Systems**  
Jamie Feusner, University of California, USA
- 09:10 **A Visual Training Program for Body Dysmorphic Disorder: Protocol and Initial Feasibility Findings**  
Francesca Bellharz, Swinburne University of Technology, Australia
- 09:30 **Usage of Cognitive Remediation to Enhance Executive Functioning and Global Perception**  
Tania Borda, BioBehavioral Institute and Argentinian Catholic University, Argentina

**Symposium 88**

Level 3 – Room M8

**Challenges of Cognitive Behavioral Therapy Interventions in Different Countries of Latin America**

Convenor &amp; Chair: Carmem Beatriz Neufeld, University of São Paulo, Brazil

- 08:30 **Cultural Adaptations of Dialectical Behavioral Therapy in Brazil**  
Wilson Melo, Brazilian Federation of Cognitive Therapies, Brazil
- 08:45 **The Impact of a School-Based Eating Disorders Prevention Program in Adolescent Girls from Buenos Aires, Argentina**  
Guillermina Rutzstein, University of Buenos Aires, Argentina
- 09:00 **Adapting Cognitive Behavioral Therapy/ Rational Emotive Behavior Therapy in Developing Countries: The Example of Paraguay**  
Maria Celeste Airaldi, Catholic University Nuestra Señora de la Asunción, Paraguay
- 09:15 **Cognitive Behavioral Therapy in Uruguay: History, New Developments and Contributions to Alcohol Public Policies**  
Paul Ruiz Santos, Universidad de la República, Uruguay
- 09:30 **Discussant**  
Carmem Beatriz Neufeld, University of São Paulo, Brazil

**Symposium 89**

Level 3 – Room R2

**Global Dissemination: Delivering Internet Cognitive Therapy for Social Anxiety Disorder**

Convenor &amp; Chair: Graham Thew, University of Oxford, UK

- 08:30 **Incorporating Face-To-Face and Internet-Based Cognitive Therapy for Social Anxiety Disorder into Japan**  
Naoki Yoshinaga, University of Miyazaki, Japan
- 08:45 **Internet-Based Cognitive Therapy for Social Anxiety Disorder in Hong Kong: A Randomised Controlled Trial**  
Graham Thew, University of Oxford, UK
- 09:00 **Seeing is Believing: The Efficacy of Internet-Delivered Video Feedback for Social Anxiety Disorder**  
Jennifer Wild, University of Oxford, UK
- 09:15 **Patient Experience of Internet-Based Cognitive Therapy for Social Anxiety Disorder in Hong Kong**  
Amy Kwok, Hospital Authority and Patrick Leung, Chinese University of Hong Kong, Honk Kong
- 09:30 **Discussant**  
Patrick Leung, Chinese University of Hong Kong, Hong Kong

**Symposium 90**

Level 3 – Room R3

**Cognitions and Behaviours in Paediatric Chronic Illness**

Convenor & Chair: Maria Loades, University of Bath, UK

- 08:30 **How do the Cognitions and Behaviours of Adolescents with Chronic Fatigue Syndrome (CFS) with Co-Morbid Depression Compare to Those Who Are Not Depressed? Implications for Cognitive Behaviour Therapy**  
Maria Loades, University of Bath, UK
- 08:45 **How Does the Development of Chronic Fatigue Impact Cognitive Function? Results from an Acute Epstein-Barr Virus Infected Adolescent Cohort**  
Maria Pedersen, Akershus University, Norway
- 09:00 **Multi-time-point Assessment of Development of Anxiety and Depressive Symptoms in Youth Newly Diagnosed with Inflammatory Bowel Disease**  
Bonney Reed, Emory University, USA
- 09:15 **Anxiety, Worry and Posttraumatic Stress in Parents of Children with Food Allergy**  
Kate Roberts and Judith Young, University of East Anglia, UK
- 09:30 **Discussant**  
Shirley Reynolds, University of Reading, UK

**Symposium 91 (German Language)**

Level 3 – Room R4

**Digitale Werkzeuge und computergestützte Technologien zur Prävention und Behandlung psychischer Störungen**

Convenor & Chair: Stefan Lüttke, Universität Tübingen, Deutschland

- 08:30 **Randomisiert-kontrollierte Studie zur Cognitive Bias Modification bei suchterkrankten Jugendlichen mit Schwerpunkt Cannabisabhängigkeit (UnDope)**  
Tanja Legenbauer, Universitätsklinik Hamm, Deutschland
- 08:45 **Emotionale Kompetenz bei Jugendlichen und jungen Erwachsenen – Ein App-basierter, personalisierter Ansatz zur Prävention psychischer Störungen und Verbesserung des allgemeinen Wohlbefindens**  
Johanna Löchner, Ludwig Maximilian Universität München, Deutschland
- 09:00 **Prävention von Depressionen in der orthopädischen Nachsorge: Finale Ergebnisse der bundesweiten PROD-BP-Studie**  
Lasse Sander, Universität Freiburg, Deutschland
- 09:15 **Expositionstherapie in virtueller Realität bei Angststörungen**  
Julia Diemer, kbo-Inn-Salzach-Klinik, Deutschland
- 09:30 **What's up? Ein automatisiertes, Smartphone basiertes Frühwarnsystem für Kinder und Jugendliche mit Depressionen**  
Stefan Lüttke, Universität Tübingen, Deutschland

**Skills Class 12**

Level 3 – Room R5

**Understanding and Treating a Specific Phobia of Vomiting**

David Veale, King's College London and South London and Maudsley Trust, UK

**Skills Class 13**

Level 3 – Room R6

**Cultural Adaptation of Cognitive Behavior Therapy with South Asian Clients with Generalised Anxiety Disorder**

Mallika Sharma & Nov Rattan Sharma, Maharshi Dayanand University, India

**Skills Class 14**

Level 3 – Room R8

**Individualized Metacognitive Therapy for Psychosis (MCT+): Treating Psychotic Symptoms with a One-on-One Metacognitive Approach**

Francesca Bohn-Vitzthum, Universitätsklinikum Hamburg- Eppendorf, Germany

**Skills Class 15**

Level 3 – Room R9

**Assessing and Treating Prolonged Grief Disorder**

Rita Rosner, Catholic University Eichstätt-Ingolstadt, Germany

**Open Papers 12**

Level 3 – Room R10

**Reducing Barriers to Treatment**

Chair: Jürgen Margraf, Ruhr-Universität Bochum, Germany

- 08:30 **What Stops Young People from Seeking Professional Help for the Effects of Trauma? A Qualitative Analysis of Internet Forums**  
Sarah Bendall, Orygen: The National Centre of Excellence in Youth Mental Health, Australia

- 08:45 **Pilot Randomized Controlled Trial of a Spanish-Language Behavioral Activation Mobile App (¡Aptivate!) for the Treatment of Depressive Symptoms Among United States Latinx Adults with Limited English Proficiency**  
Jennifer Dahne, Medical University of South Carolina, USA
- 09:00 **Brief Cognitive-Behavioural Group Therapy for Mexican Homeless Girls**  
Susana Castaños-Cervantes, La Salle University, Mexico
- 09:15 **The Effect of Group Cognitive Behavioural Therapy on Depression and Anxiety Among Orphaned Adolescents Living in Sheltered Homes in Selangor, Malaysia**  
Firdaus Mukhtar, Universiti Pertanian Malaysia, Malaysia
- 09:30 **Treating Anxiety and Social Deficits in Children with Autism Spectrum Disorder in Two Schools in Nairobi, Kenya**  
Niceta Ireri, Africa International University, Kenya

**Open Papers 13**

Level 3 – Room R11

**New Approaches in Obsessive-Compulsive Disorders**

Chair: Barbara Cludius, Ludwig Maximilian University of Munich, Germany

- 08:30 **First, Do No Harm: Exploring the Relationship between Health Practitioner Metacognitive Beliefs and Their Responses to Postpartum Obsessions of Infant Harm**  
Melissa Mulcahy, Curtin University, Australia
- 08:45 **Disgust Sensitivity and Contamination Sensitivity in Urge to Wash after Being Exposed to Contamination Provoking Virtual Environment: A Moderated Mediation Model**  
Ezgi Trak, Hacettepe University, Turkey
- 09:00 **Best Not to Look: Attention to Threat Cues During a Checking Task**  
Olivia Merritt, University of Waterloo, Canada
- 09:15 **Is Glutamate Associated with Fear Extinction and Cognitive Behavior Therapy Outcome in OCD?**  
Miquel A. Fullana, Hospital Clinic, Barcelona, Spain
- 09:30 **Exposure Therapy in a Virtual Environment**  
Alison Cullen, Monash University, Australia

**Symposium 92**

Level 3 – Room R12

**Child Maltreatment: Prevalence, Consequences and Interventions for Victims and Professionals**

Convenor: Andreas Witt and Jörg Fegert, University of Ulm, Germany

Chair: Jörg Fegert, University of Ulm, Germany

- 08:30 **The Prevalence and Consequences of Child Maltreatment**  
Andreas Witt, University of Ulm, Germany
- 08:50 **A Short Term Attachment-Based Intervention to Promote Parental Sensitivity**  
Thorsten Sukale, University of Ulm, Germany
- 09:10 **Effectiveness of Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) for Children and Adolescents with PTSD: A Randomized Controlled Trial**  
Cedric Sachser, University of Ulm, Germany
- 09:30 **The German Child Protection Hotline for Medical Professions**  
Oliver Berthold, University of Ulm, Germany

**Symposium 93**

Level 3 – Room R13

**New Developments in Transcultural Clinical Psychology and Psychotherapy**

Convenor & Chair: Ulrike von Lersner, Humboldt-University Berlin, Germany

- 08:30 **Prevalence of Posttraumatic Stress Disorder, Depression, and Somatization in Recently Arrived Refugees in Germany: An Epidemiological Study**  
Yuriy Nesterko, University of Leipzig, Germany
- 08:45 **Personality and Psychological Well-Being: Cross-Cultural Commonalities Between Iran and Germany**  
Marie-Christin Atzor, Philipps-University Marburg, Germany
- 09:00 **Beliefs About Mental Illness and Their Influence on Mental Health Care Use - A Cultural Comparison**  
Laura Nohr, University of Münster, Germany
- 09:15 **Affective Arrangements in Psychotherapeutic Settings for Vietnamese Migrants in Germany**  
Eric Hahn, Charité University Medicine, Germany
- 09:30 **Discussant**  
Ulrike von Lersner, Humboldt-University Berlin, Germany

**Skills Class 16 (German Language)**

Level 3 – Room S1

**Steigerung des Expositionserfolgs bei der Behandlung von Angststörungen über die Lebensspanne**

Verena Pflug & Christina Totzeck, Ruhr-Universität Bochum, Deutschland

**Open Papers 14**

Level 3 – Room S2

**Trauma and Post Traumatic Stress Disorder Amongst Refugees**

Chair: Ulrich Stangier, Goethe-Universität Frankfurt, Germany

- 08:30 **Psychotherapy for Post-Traumatic Stress Disorder and Depression in Young and Adult Refugees. A Meta-analysis of Randomized Controlled Trials**  
Ahlke Kip, Westfälische Wilhelms-Universität Münster, Germany
- 08:45 **Effect of Non Clinical Application of Cognitive Behavioural Therapy on Emotional and Mental Health Among Child-Victims of Rape**  
Vera Victor-Aigbodion, University of Nigeria, Nigeria
- 09:00 **E-Mental-Health Care for Traumatized Syrian Refugees in Germany: Development and Evaluation of the Smartphone-App “SANADAK”**  
Anna Renner, University of Leipzig, Germany
- 09:15 **Investigating the Relationship Between Distinctive Patterns of Emotion Regulation, Trauma Exposure and Psychopathology Among Refugees Resettled in Australia: A Latent Class Analysis**  
Philippa Specker, University of New South Wales, Australia
- 09:30 **The Mental Health and Resettlement Trajectories Farsi and Dari-Speaking Refugees and Asylum Seekers in Australia**  
Zachary Steel, University of New South Wales, Australia

**Poster Session 4 (9.00 – 11.30)****Basic Processes/Experimental Psychopathology**

- 1 **Emotion Reactivity in Women with Perinatal Anxiety and/or Depression and Healthy Controls**  
Arela Agako, McMaster University, Canada
- 2 **Interpersonal Emotion Regulation Strategies and Negative Mood Regulation Expectancies: Moderating Effect of Adaptive Cognitive Emotion Regulation**  
Ayse Altan-Atalay, Koc University, Turkey
- 3 **Self-Compassionate Cognitions as Mediators in the Relationship Between Aging and Well-Being**  
Kohki Arimitsu, Kwansei Gakuin University, Japan
- 4 **Just Smile and Breathe! You Will Feel...Better? Comparing the Impacts of Expressive Suppression and Expressive Dissonance on Indicators of Sympathetic Nervous System Arousal**  
Nancy Bahl, University of Ottawa, Canada
- 5 **Behavioral Response to Social Exclusion: A Transdiagnostic Study in Patients with Chronic Depression, Patients with Borderline Personality Disorder and Healthy Controls**  
Barbara B. Barton, Ludwig Maximilian University of Munich, Germany
- 6 **Fear-Linked Differences in the Appraisal of the Speed of Moving Spider Stimuli**  
Julian Basanovic, University of Western Australia, Australia
- 7 **Validity and Reliability of Antisaccade Measures of Attentional Control**  
Julian Basanovic, University of Western Australia, Australia
- 8 **Does Comorbidity with Autism Spectrum Disorder Affect the Depressotypic Bias in Depressed Psychiatric Patients? An Eye-Tracking Study**  
Annemiek Bergman, Radboudumc, the Netherlands
- 9 **The Importance of Considering Age when Designing Interventions: Differential Effects of the Pharmacological Adjunct WIN55212-2 on Fear Extinction Across Development**  
Madelyne Bisby, UNSW Sydney, Australia
- 10 **Attentional Bias to Threat and Dysphoria at Automatic and Strategic Stages of Processing**  
Andreas Blicher, University of Copenhagen, Denmark
- 11 **Intolerance of Uncertainty and Substance Use Disorders: A Structural Equation Modeling Study**  
Gioia Bottesi, University of Padua, Italy
- 12 **Intolerance of Uncertainty and Emotional Processing in a Mixed Psychiatric Sample: Distinct but Related Transdiagnostic Factors**  
Gioia Bottesi, University of Padua, Italy
- 13 **Combined Treatment with Transcranial Direct Current Stimulation and Working Memory Training in Women with Fibromyalgia: Randomized Clinical Trial**  
Prisla Calvetti, Federal University of Health Sciences of Porto Alegre, Brazil
- 14 **Sleep Deprivation Reduces Inhibitory Control and Increases Fear of Losing Control in Binge Eating**  
Silvia Cerolini, Sapienza University of Rome and School of Cognitive Psychotherapy srl SPC, Italy
- 15 **Retractions of Negative Misinformation are Effective in Depressive Rumination**  
Ee Pin Chang, University of Western Australia, Australia
- 16 **What is the Process of Self-Criticism: A Phenomenological Study**  
Hyunju Cho, Yeungnam University, South Korea
- 17 **Does Change in Attention Control Mediate the Impact of tDCS on Attentional Bias for Threat? Limited Evidence from a Double-Blind Sham-Controlled Experiment in an Unselected Sample**  
Charlotte Coussemont, Catholic University of Louvain, Belgium
- 18 **Altering Attachment Security Using Cognitive Bias Modification**  
Emma Doolan, University of New South Wales Sydney, Australia

- 19 **Fear of the Unknown: Is the Mother's Mental State a Risk Factor for Infant's Exploration Behaviour?**  
Samantha Ehli, Ruhr-Universität Bochum, Germany
- 20 **Links Between Interoception, Empathic Skills and Depressive Symptomatology: Contribution of Electrodermal Measures**  
Khira El Bouragui, University of Reims Champagne-Ardenne, France
- 21 **Intranasal Insulin as Adjuvant of Fear Extinction**  
Sonja Römer, Saarland University, Germany
- 22 **Can Perceived Social Support Reverse Limbic Scars of Childhood Maltreatment?**  
Katharina Förster, University Hospital Münster, Germany
- 23 **Reliability of the Phenomenon of Attentional Bias and the Paradigms Used to Index It**  
Jessie Georgiades, University of Western Australia, Australia
- 24 **Stigma Towards Prolonged Grief Disorder: Does Diagnostic Labeling Matter?**  
Judith Gonschor, Philipps-Universität Marburg, Germany
- 25 **Pinpointing the Contribution of Attentional Bias to Negative Socially-Relevant Information to Socially Anxious Responding**  
Ben Grafton, University of Western Australia, Australia
- 26 **Validation of the Compassionate Engagement and Action Scales (CEAS) in a German Sample**  
Johannes Graser, Witten/Herdecke University, Germany
- 27 **What Kind of Mind Wandering Reflects the Risk of Mental Disorders: A Systematic Review**  
Siqing Guan, Waseda University, Japan
- 28 **Reward Anticipation as a Potential Mechanism of Motivational Mental Imagery: An Experimental Study**  
Max Heise, University of Freiburg, Germany
- 29 **Signals from the Body: Validation of the German Version of the Interoceptive Awareness Questionnaire (IAQ-19)**  
Severin Hennemann, University of Mainz, Germany
- 30 **The Effect of Varying Danger Controllability on Attention to Threat Messages**  
Matthew Herbert, The University of Western Australia, Australia
- 31 **The Impact of tDCS on Rumination: A Systematic Review of the Sham-Controlled Studies Among Healthy and Clinical Samples**  
Yorgo Hoebeker, Psychological Sciences Research Institute (IPSY), Belgium
- 32 **Ecological Momentary Assessment in the Context of Inter-Session Processes: An Unrevealed Measurement Method or Rather a Covert Intervention?**  
Catherine Irriger, University of Zürich, Switzerland
- 33 **Smartphone Usage Patterns in Individuals with Bedtime Procrastination**  
Sonhye Jeoung, Sungshin University, South Korea
- 34 **Psychological Flexibility and Performance in Competitive Athletes**  
Lis Johles, Karlstad University, Sweden
- 35 **No1likesU – An Internally and Ecologically Valid Paradigm to Investigate Social Rejection Expectations and Their Adjustment in Human Samples**  
Lukas Kirchner, Philipps-Universität Marburg, Germany
- 36 **Do Rumination and Depressive Symptoms Predict Eye-Tracking Based Attention Biases?**  
Joppe Klein Breteler, Radboud University Nijmegen, the Netherlands
- 37 **Differences in Clinical Indices Based on Patterns of Sleep Misperception in Insomnia Patients**  
Nari Koo, Sungshin University, South Korea
- 38 **Intra- and Interindividual Comparison and the Evaluation of Mental Well-Being**  
Marthe Sickinghe, University of Münster, Germany
- 39 **Exploring a Cognitive Intervention Using Smartphones in the Lab: Experimental Psychopathology and Trauma**  
Laura Kress, Uppsala University and Karolinska Institute, Sweden
- 40 **Mechanics of Contingency-Based Cognitive Bias Modification: Pre-Existing Bias Affects Potency of Active Training but Not Placebo Conditions**  
Anne-Wil Kruijt, Stockholm University, Sweden
- 41 **Decision Making in Chronic Pain: The Role of Punishments and Rewards**  
Angelos-Miltiadis Kryptos, Katholieke Universiteit Leuven, Belgium and Utrecht University, the Netherlands
- 42 **Improving Imagery Rescripting Treatments: Comparing an Active vs. Passive Approach**  
Anna Kunze, Ludwig Maximilian University of Munich, Germany
- 43 **The Effect of Induced Emotional States on Event-Based Prospective Memory Performance**  
Angelina Leonello, University of Sydney, Australia
- 44 **Comparison Between Computer and Paper-and-Pencil Surveys in a Laboratory Environment**  
Mingming Lin, National Center of Neurology and Psychiatry, Japan
- 45 **The Effect of a Retrieval Cue on the Renewal of Conditioned Craving Responses: Implications for the Treatment of Impulsive Eating**  
Frank Lörsch, Otto-Friedrich-Universität Bamberg, Germany
- 46 **Reliability of Reaction Time Based Experimental Tasks Assessing Information-Processing Biases in a Sample of Unselected Young Adults**  
Alla Machulska, University of Siegen, Germany

- 47 **Investigating Pre-Sleep Processes and How they Influence Sleep**  
Thomas Mäder, University of Zürich, Switzerland
- 48 **Working Memory and Anxiety Perseveration: Is Anxiety-Linked Working Memory Decline Linked to Slow Recovery From Stress?**  
Georgina Mann, University of Western Australia, Australia
- 49 **Attachment, Emotional Processing, and Appraisal of Adolescent Life Events**  
Luca Marchegiani, University of Rome, Italy
- 50 **Testing the Internal Pathway of Cognitive Control in Depression with Adopting Dual Mechanism of Control Framework**  
Akihiro Masuyama, Iwaki Meisei University, Japan
- 51 **Attentional Bias, Attentional Control and pre-Event Worry in Social Anxiety: Discriminating the Validity of Alternative Hypotheses Concerning Their Functional Relationship**  
Mahdi Mazidi, The University of Western Australia, Australia
- 52 **How we Compare: Appearance-Related Comparison Standards Associated with Depression and Anxiety**  
Peter McCarthy, University of Münster, Germany
- 53 **The Relationship Between Death Anxiety and Severity of Mental Illnesses**  
Rachel Menzies, University of Sydney, Australia
- 54 **The Effect of Mortality Salience on Body Checking in Anxiety Disorders**  
Rachel Menzies, University of Sydney, Australia
- 55 **The Role of Participants' Expectancies in a Laboratory Analogue of EMDR Therapy**  
Gaetan Mertens, Utrecht University, the Netherlands
- 56 **Are Traumatic Memories Viewpoint-Dependent? A Trauma-Analogue Study in Virtual Reality**  
Thomas Meyer, University College London, UK
- 57 **GIVE Me Your Attention: A Novel Task to Measure Component Processes of Inhibitory Attentional Control**  
Owen Myles, The University of Western Australia, Australia
- 58 **Neuronal Correlates of Fear Conditioning and Its Association to Pattern Separation**  
Marie Kristin Neudert, Justus-Liebig-University of Giessen, Germany
- 59 **Differential Effects of Working Memory Updating and Attentional Control on Rumination**  
Haruki Nishimura, National Institute of Radiological Sciences, Japan
- 60 **Context Matters: The Role of State Anxiety in the Effectiveness of Attentional Bias Modification**  
Mae Nuijs, University of Amsterdam, the Netherlands
- 61 **The Application of Memory Consolidation/Reconsolidation with CBT: A Systematic Review**  
Riku Ohshima, Hiroshima University, Japan
- 62 **Measuring Habits: Psychometric Properties of the Habit Index of Negative Thinking (HINT) and Creature of Habit Scale (COHS) in an Icelandic Sample**  
Ragnar Ólafsson, University of Iceland, Iceland
- 63 **Emotion-Induced Blindness: A Novel, Reliable Mechanism of Attentional Bias (Implications for Measurement & Retraining)**  
Sandersan Onie, University of New South Wales Sydney, Australia
- 64 **Yes and No: Understanding the Impact of Repeated Negation and Repeated Reappraisal on Automatic Associations, Spider Fear, and Spider Approach Behaviour**  
Allison Ouimet, University of Ottawa, Canada
- 65 **"We are what we Remember" - Effects of Recalling Personal Self-Efficacy Memories on Adaptive Responses to Negative Emotional Memories**  
Christina Paersch, University of Zürich, Switzerland
- 66 **Can Experiential Avoidance Be Assessed by Measuring Emotional Reactions?**  
Georgia Panayiotou, University of Cyprus, Cyprus
- 67 **Does Interoceptive Sensitivity Relate to Affective Misattribution in Fibromyalgia Syndrome?**  
Anna Pohl, Cologne University, Germany
- 68 **The Relationship of Memory Reconsolidation and Return of Fear: Clinical and Methodological Implications of a Novel MultiCS Conditioning Paradigm**  
Kati Roesmann, University of Münster, Germany
- 69 **Cognitive Pathways to Depression: A Network Approach to Determine Unique Associations of Attentional Disengagement Impairments with Factors of Vulnerability to Depression**  
Alvaro Sanchez-Lopez, Complutense University of Madrid, Spain
- 70 **The Validation of the Emotional Processing Scale 25 Items (EPS-25) in Italy and Contribution for the English Version**  
Mariaelisa Santonastaso, Bournemouth University, UK
- 71 **Predictive Factors of Mental Health Deterioration Among Japanese and International Students Studying in Japan: A One-Year Follow-up Study**  
Megumi Sasaki, Japan Advanced Institute of Science and Technology, Japan
- 72 **Mechanisms of Voice Processing in Autism Spectrum Disorder**  
Stefanie Schelinski, Technische Universität Dresden and Max Planck Institute for Human Cognitive and Brain Sciences Leipzig, Germany

- 73 **Early Parental Loss Predicts Late Life Sleep Problems: Evidence from the Longitudinal Survey of Health, Aging, and Retirement in Europe (SHARE)**  
Ralph Erich Schmidt, University of Geneva, Switzerland
- 74 **Math-Failure Associations, Attentional Biases, and Avoidance Bias Predicting Math Anxiety and Performance in Adolescents**  
Eva Schmitz, University of Amsterdam, the Netherlands
- 75 **Emotional Reactivity, Emotion Regulation, and Regulatory Choice in Somatic Symptom Disorder**  
Katharina Schnabel, Johannes Gutenberg-University of Mainz, Germany
- 76 **The Impact of Personal Future Imagination on Affect: Systematic Review and Meta-Analysis**  
Torben Schubert, University Münster, Germany
- 77 **Clustering Individualized Psychological Networks: Simulations and Application**  
Keisuke Takano, Ludwig Maximilian University of Munich, Germany
- 78 **Reproductive Status Alters the Effectiveness of Estradiol in Enhancing Exposure Therapy**  
Samantha Tang, University of New South Wales Sydney, Australia
- 79 **Interpretation Bias Flexibility in Worry**  
Jemma Todd, University of Western Australia, Australia
- 80 **A New Virtual Reality Paradigm to Examine Fear Renewal Following Exposure for Public Speaking Fear**  
Eva A.M. van Dis, Utrecht University, the Netherlands
- 81 **What's Your Story? Narrative Coherence Has a Positive Impact on Socio-Emotional Responses of the Listener**  
Lauranne Vanaken, Catholic University of Leuven, Belgium
- 82 **The Influence of an Induced Negative Emotional State on Autobiographical Memory Coherence**  
Elieen Vanderveren, Catholic University of Leuven, Belgium
- 83 **The Impact of Emotion Regulation Strategies on Affect States in Young Adolescents**  
Laura Wante, Ghent University, Belgium
- 84 **A Feasibility RCT of Computerized Positive Mental Imagery Training in Inpatient Mental Health Settings**  
Katharina Westermann, Mental Health Research and Treatment Center Bochum, Germany
- 85 **Inhibition of Personally-Relevant Sad Faces Predicts Six-Month Cortisol Awakening Response**  
Shiu Wong, Concordia University, Canada
- 86 **Rumination, Automatic Thoughts, Dysfunctional Attitudes and Thought Suppression as Predictors of Depression and Anxiety Symptoms**  
Saadet Yapan, Hasan Kalyoncu University, Turkey
- 87 **Impulsivity and Poor Inhibitory Control in Emotional Contexts in Suicide Ideators and Attempters: Evidence from an Emotional Stop-Signal Task and Self-Report Measures**  
Sungeun You, Chungbuk National University, South Korea
- 88 **A Meta-Analytic Structural Equation Model of the Relationships Between Depression, Anxiety and Reinforcement Sensitivity**  
Iftah Yovel, The Hebrew University of Jerusalem, Israel
- 89 **A Cognitive Coping Model of Reinforcement Sensitivity and Affective Pathology**  
Iftah Yovel, The Hebrew University of Jerusalem, Israel
- 90 **Reinforcement Sensitivity Theory and Bipolar Disorder: A Meta-Analysis**  
Iftah Yovel, The Hebrew University of Jerusalem, Israel
- 91 **A Structural Equation Modeling Meta-Analysis of Coping, Locus of Control, Self-Efficacy and Mental Health**  
Stefanie Schmidt, University of Bern, Switzerland

#### Personality Disorders

- 92 **Tailored CBT to Treat Experiential Avoidance in an Adult with Offending Behaviours**  
Lucy Armstrong, University of Bath, UK
- 93 **Clinical Implications of the Relation Between Family Characteristics and Patient's Functionality in a Personality Disorders and Adolescents Program**  
Andrea Astolfo, Red Unitas, Argentina
- 94 **Posttraumatic Stress Symptoms Do not Negatively Impact the Effectiveness of Dialectical Behaviour Therapy for Borderline Personality Disorder**  
Jenna Boyd, McMaster University, Canada
- 95 **Moderator Effect of Self-Compassion Between Experiences of Subordination in Childhood and Borderline Traits**  
Diogo Carreiras, CINEICC-University of Coimbra, Portugal
- 96 **The Art of Prophecy Remains Difficult: Predicting Treatment Outcomes in Inpatients with Borderline Personality Disorder**  
Matthias Feldmann, Philipps-University Marburg, Germany
- 97 **Dialectical Behaviour Therapy (DBT) for Emotion Regulation (ER) Difficulties: A Systematic Review**  
Lauren Harvey, University of Sydney, Australia
- 98 **Factors Predicting Dropout From Dialectical Behavior Therapy Skills Training in Japan**  
Mamiko Igo, Teikyo Heisei University, Japan
- 99 **Dialectical Behavioural Therapy Dosage and its Consequences on Impulsivity and Suicide Risk in a French Sample: A Preliminary Study**  
Sylvia Martin, Aix Marseille University, France

- 100 **Borderline Personality Disorder and Suicidal Risk Regarding Impulsivity and Metacognition Dimensions**  
Sylvia Martin, Aix Marseille University, France
- 101 **Dissociative Experiences as a Predictor of DBT Outcomes in Individuals with Borderline Personality Disorder**  
Lynn McFarr, Harbor – University of California at Los Angeles, USA
- 102 **Distinct Adverse Childhood Experiences (ACEs) are Associated with Self-Criticism and Self-Compassion**  
Iona Naismith, University of the Andes, Colombia
- 103 **Dissociation and Therapy of Depressive and Anxiety Disorders With or Without Personality Disorders**  
Jan Prasko, University Hospital Olomouc, Czech Republic
- 104 **Mindfulness and Self-Compassion - Final Results of Changes Induced by Group Schema Therapy for Borderline Personality Disorder**  
Florian Ruths, South London and Maudsley NHS Foundation Trust, UK
- 105 **Treating Borderline Personality Disorder with CBT in Private Practice in Low Resourced Settings: An Individual Clinical Case Report**  
Mariam Salie, Stellenbosch University, South Africa
- 106 **Feasibility of 16-Week Dialectical Behavior Therapy for Adolescents (DBT-A) Multifamily Program for Suicidal and Self-Harming Adolescents in Finnish Public Mental Health Services**  
Saana Sarparanta, Helsinki University Hospital, Finland
- 107 **Parenting and its Relationship with Psychopathology, Affect Regulation, Interpersonal Functioning in Youth With Cluster B Personality Disorders and Their Parents**  
Apoorva Shrivastava, National Institute of Mental Health and Neuro, India
- 108 **Application of Imagery Rescripting in the Treatment of Emotional Dysregulation in Borderline Personality Disorder: Feasibility of a New Short Intervention**  
Zrinka Susic-Vasic, University Hospital of Ulm, Germany
- 109 **Altered Social Cognitions Among Patients with Borderline Personality Disorder: Is There a Neural Signature?**  
Zrinka Susic-Vasic, University Hospital of Ulm, Germany
- 110 **Childhood Adversity and Borderline Personality Disorder: A Meta-Analysis**  
Filippo Varese, University of Manchester, UK
- 111 **Metacognitive Awareness is Associated with Non-Suicidal Self-Injury: A Preliminary Study**  
Daniel Vega Moreno, Consorci Sanitari de l'Anoia, Spain
- 112 **Exploring the Case for Incorporating Psychedelics Within Psychotherapeutic Interventions for Borderline Personality Disorder**  
Richard Zeifman, Ryerson University, Canada
- 113 **Metacognition Moderates the Relationship Between Interpersonal Functioning and Emotion Dysregulation in Personality Disorders**  
Alafia Jeelani, National Institute of Mental Health and Neuro Sciences, India

### Morning In-Congress Workshops (10.15 - 13.45)

#### **In-Congress Workshop 12**

Level 3 – Room M1

#### **An Introduction to Process-Based Acceptance and Commitment Therapy**

Steven C. Hayes, University of Nevada, USA

#### **In-Congress Workshop 13**

Level 3 – Room R7

#### **Exposure Therapy Applied to Eating Disorders: Terrified Patients and Anxious Clinicians**

Carolyn Becker, Trinity University, USA & Glenn Waller, University of Sheffield, UK

#### **In-Congress Workshop 14**

Level 3 – Room R8

#### **Facilitating Emotion Regulation in Cognitive Therapy for Persistent Depression**

Richard Moore, Private Practice, UK

#### **In-Congress Workshop 15**

Level 3 – Room R9

#### **Cognitively Focused Treatment for Obsessive Compulsive Disorders in the Context of Comorbid Mood and Anxiety Disorders**

Maureen Whittal, Vancouver CBT Centre and University of British Columbia, Canada

#### **In-Congress Workshop 16**

Level 3 – Room R10

#### **Recovery Oriented Cognitive Therapy for Individuals Without Insight**

Aaron Brinen, Drexel University School of Medicine, USA

#### **In-Congress Workshop 17**

Level 3 – Room R11

#### **Cognitive-Behavioral Couple-Based Treatment of Depression**

Donald Baucom, University of North Carolina at Chapel Hill, USA & Melanie Fischer, Heidelberg University Hospital, Germany

#### **In-Congress Workshop 18**

Level 3 – Room R12

#### **Mindful Parenting in Mental Health Care**

Susan Bögels, University of Amsterdam, the Netherlands

#### **In-Congress Workshop 19**

Level 3 – Room M2

#### **Cognitive Behaviour Therapy for Decision Making: Helping Clients Avoid Problematic Choices**

Robert L. Leahy, American Institute for Cognitive Therapy, USA

#### **In-Congress Workshop 20 (German Language)**

Level 3 – Room S1

#### **Prozessbasierte kognitive Therapie bei körperdysmorpher Störung.**

Viktoria Ritter & Ulrich Stangier, Goethe-Universität Frankfurt, Deutschland

(10.30 - 12.00)

#### **Panel Discussion 5**

Level 1 – Room A1

#### **Improving Resilience to the Tough Stuff: From Theory to Practice and from the Lab to the Field** Convenor & Chair: Jennifer Wild, University of Oxford, UK

#### **Discussants:**

Birgit Kleim, University of Zürich, Switzerland

Thomas Ehring, Ludwig Maximilian University of Munich, Germany

Jennifer Wild, University of Oxford, UK

Vincent Walsh, University College London, UK

#### **Symposium 94**

Level 1 – Room A2

#### **Repetitive Negative Thinking in Psychopathology: Psycho(physio)logical Causes, Correlates and Consequences**

Convenor & Chair: Philip Spinhoven, Leiden University, the Netherlands

10:30 **Does Repetitive Negative Thinking Mediate the Effect of Treatment for Depression or Anxiety?**

Philip Spinhoven, Leiden University, the Netherlands

10:45 **Repetitive Thinking and Perinatal Psychological Adjustment**

Michelle Moulds, University of New South Wales Sydney, Australia

11:00 **Can't Get It off my Brain: Brain Signatures of Worry in Generalized Anxiety Disorder**

Cristina Ottaviani, Sapienza University of Rome, Italy

11:15 **Negative Correlates and Consequences of Rumination: Evidence from Clinical Trials**

Ed Watkins, University of Exeter, UK

11:30 **Effects of Noninvasive Vagus Nerve Stimulation on Perseveration Cognition in Chronic Worriers**

Andreas Burger, Catholic University of Leuven, Belgium

#### **Symposium 95**

Level 1 – Room A3

#### **Efficacy of Imagery Rescripting as a Transdiagnostic Intervention**

Convenor: Fortesa Kadriu, Katholieke Universiteit Leuven, Belgium

Chair: Julie Krans, Radboud University, the Netherlands

10:30 **Imagery Rescripting Versus STAIR/Imagery Rescripting for PTSD Related to Childhood Abuse: A Randomized Controlled Trial**

Sandra Raabe, University of Amsterdam, the Netherlands

10:45 **The Effect of Using Imagery Rescripting of Autobiographical Memories Versus Imagery Rescripting of Intrusive Images in Core Beliefs and Eating Disorder Symptoms**

Fortesa Kadriu, Katholieke Universiteit Leuven, Belgium

11:00 **Imagery Rescripting for the Treatment of Trauma in Voice Hearers: A Case Series**

Craig Steel, University of Oxford, UK and Georgie Paulik, Murdoch University, Australia

11:15 **The Effects of Imagery Rescripting Versus Extinction on Return of Fear**

Mandy Woelk, University of Utrecht, the Netherlands

11:30 **Discussant**

Arnoud Arntz, University of Amsterdam, the Netherlands

**Skills Class 17 (Meet the Expert)**

Level 1 – Room A4

**Mind Over Mood, Strengths-Based Cognitive Behavior Therapy and Other Innovations**

Christine A. Padesky, Center for Cognitive Therapy, USA

**Symposium 96**

Level 1 – Room A5

**Reaching the Hard to Reach: Innovative Approaches to Enhance Cognitive Behavior Therapy and Its Delivery**

Convenor & Chair: Roz Shafraan, University College London, UK

- 10:30 **Enriching Cognitive Behaviour Therapy with Emotion Regulation Training for Patients with Medically Unexplained Symptom: Findings of the Multicentre Randomized Controlled ENCERT Trial**  
Winfried Rief, University of Marburg, Germany
- 10:50 **Preliminary Efficacy of Telephone Guided Self-Help for Emotional and Behavioural Difficulties in Children and Young People with Neurological Conditions: A Pilot Study**  
Sophie Bennett, University College London, UK
- 11:10 **Implementing Evidence Based Practices in Children’s Community Mental Health**  
Daniel Cheron, Judge Baker Children’s Centre, USA
- 11:30 **Low Intensity Psychological Treatments in a Paediatric Hospital: Is There a Need and Does it Help?**  
Matteo Catanzano, Great Ormond Street Children’s Hospital, UK

**Symposium 97**

Level 1 – Room A8

**Rapid Symptom Improvement in Therapy: Why Does it Happen and What Does It Mean?**

Convenor: Asha Ladwa, University of Exeter, UK

Chair: Kim Wright, University of Exeter, UK

- 10:30 **Cognitive Processes of Sudden Gains in Cognitive Therapy for PTSD in Routine Clinical Care**  
Milan Wiedemann, University of Oxford, UK
- 10:45 **The Analysis of Discontinuities and Patterns of Symptom Change in Cognitive Behavioral Therapy for Chronic Depression**  
Leigh Andrews, University of Delaware, USA
- 11:00 **Sudden Gains and Depression Spikes in Cognitive Behavioural Therapy and Behavioural Activation**  
Heather O’Mahen, University of Oxford, UK
- 11:15 **Why Do Rapid Improvements Happen? Client and Therapist Processes in Cognitive Behavioural Therapy and Behavioural Activation**  
Asha Ladwa, University of Oxford, UK
- 11:30 **Discussant**  
Steve Hollon, Vanderbilt University, USA

**Symposium 98**

Level 1 – Room A7

**Assessment and Treatment of Combat-Related Posttraumatic Stress Disorder and Comorbid Disorders: Results from the STRONG STAR Consortium**

Convenor: Alan Peterson, University of Texas Health Science Center at San Antonio, USA

Chair: Stacey Young-McCaughan, University of Texas Health Science Center at San Antonio, USA

- 10:30 **Challenges and Strategies in the Assessment of Combat-Related PTSD**  
Meghan McDevitt-Murphy, University of Memphis, USA
- 10:45 **Cognitive Processing Therapy for the Treatment of Combat-Related PTSD in Active Duty Military Personnel**  
Patricia Resick, Duke University Medical Center, USA
- 11:00 **Prolonged Exposure Therapy for the Treatment of Combat-Related PTSD in Active Duty Military Personnel**  
Alan Peterson, University of Texas Health Science Center at San Antonio, USA
- 11:15 **Assessment and Treatment of Sleep Disorders in Active Duty Military Personnel**  
Kristi Pruiksma, University of Texas Health Science Center at San Antonio, USA
- 11:30 **Discussant**  
Richard Bryant, University of New South Wales, Australia

**Symposium 99**

Level 3 – Room R13

**Predictors and Moderators of Response to Psychosocial Treatment for Bipolar Disorder**

Convenor & Chair: Thilo Deckersbach, Massachusetts General Hospital and Harvard Medical School, USA

- 10:30 **Are Cognitive and Motivational Variables Interacting with Psychotherapy and Affecting Outcome in Bipolar Disorder?**  
Thomas Meyer, McGovern Medical School, USA
- 10:45 **Predictors and Moderators of Response to Psychosocial Treatment for Depression in Bipolar Disorder: The Role of Age of Onset, Course of Illness, Medical and Psychiatric Comorbidity and Attributional Style**  
Thilo Deckersbach, Massachusetts General Hospital and Harvard Medical School, USA

- 11:00 **Do Memory Difficulties and Inflexibility Predict Response to Psychotherapy for Depression in Bipolar Disorder?**  
Amy Peters, Massachusetts General Hospital and Harvard Medical School, USA
- 11:15 **A Lifestyle Intervention for Bipolar Disorder**  
Louisa Sylvia, Massachusetts General Hospital and Harvard Medical School, USA
- 11:30 **Discussant**  
Thilo Deckersbach, Massachusetts General Hospital and Harvard Medical School, USA

**Symposium 100 (German Language)**

Level 3 – Room M3

**Positive Perspektiven in der Psychotherapie**

Convenors & Chairs: Ulrike Willutzki, Universität Witten/Herdecke, Deutschland & Anton-Rupert Laireiter, Universität Wien und Salzburg, Österreich

- 10:30 **Wittener Ressourcenfragebogen (WIRF): Ein multidimensionales Diagnoseinstrument zur Erfassung persönlicher Ressourcen**  
Jan Schürmann, Universität Witten/Herdecke, Deutschland
- 10:50 **Positiv-Psychologische Interventionen in Psychotherapie und Coaching – Konzepte und Effekte**  
Almut Feld, Universität Salzburg, Österreich
- 11:10 **Positiv orientierte Gruppentherapie für Patient\*innen mit chronifizierten affektiven Störungen: Ergebnisse einer Pilotstudie**  
Anne Trösken, Freie Universität Berlin, Deutschland
- 11:30 **Positive mentale Gesundheit als Resilienzfaktor gegenüber Suizidgedanken und Suizidversuchen**  
Tobias Teismann, Ruhr-Universität Bochum, Deutschland

**Panel Discussion 6**

Level 3 – Room M4

**At the Crossroads of Cognitive Behavior Therapy and Existential Thinking – International Perspectives**

Convenor: Thomas Heidenreich, University of Applied Sciences Esslingen, Germany

Chair: Ross Menzies, University of Technology Sydney, Australia

Discussants:

- Ross Menzies, University of Technology Sydney, Australia
- Michael Worrell, Central and North West London NHS Foundation Trust and Royal Holloway University, UK
- Alexander Noyon, University of Applied Sciences Mannheim, Germany
- Thomas Heidenreich, University of Applied Sciences Esslingen, Germany

**Symposium 101**

Level 3 – Room M5

**The Self in Social Anxiety Disorder: New Directions in Targeted Intervention**

Convenor & Chair: David Moscovitch, University of Waterloo, Canada

- 10:30 **Can Imagery-Based Techniques Enhance Outcomes from Cognitive Behaviour Group Therapy for Social Anxiety Disorder? An Update on a Randomised Controlled Trial**  
Peter McEvoy, Curtin University and Centre for Clinical Interventions, Australia
- 10:45 **Dismantling the Unique Effects of “Rescripting” on Memory Representations and Core Beliefs During Imagery Rescripting for Social Anxiety Disorder**  
David Moscovitch, University of Waterloo and Centre for Mental Health Research, Canada
- 11:00 **The Self in Social Anxiety: Implicit Theories and Self-Criticism as Outcomes in a Trial of CBT vs. ABM**  
Jonathan Huppert, Hebrew University of Jerusalem, Israel
- 11:15 **Social Developmental Experiences, Self-Concealment, and Social Belonging**  
Lynn Alden, University of British Columbia, Canada
- 11:30 **Discussant**  
Nina Heinrichs, University of Bremen, Germany

**Skills Class 18 (German Language)**

Level 3 – Room M6

**Die Interpersonale Perspektive in der Schematherapie in der Arbeit mit Einzelpatienten, Paaren und in der Supervision.**

Eckhard Roediger, Institut für Schematherapie-Frankfurt, Deutschland

**Symposium 102**

Level 3 – Room M7

**Developmental Outcomes of Children in Prevention Trials: Long-term Effects**

Convenor: Nina Heinrichs, University of Bremen, Germany

Chair: Robert McMahon, Simon Fraser University and B.C. Children’s Hospital, Canada

- 10:30 **Prevention of Child Mental Health Problems in Southeastern Europe: Results from Phase One of a Multiphase Optimization Strategy Study (RISE)**  
Heather Foran, University of Klagenfurt, Austria

- 10:50 **Universal Prevention of Child Behavioral Disorders by Parent Training: 10-Year Effectiveness From Mothers', Fathers', and Adolescents' Perspectives**  
Kurt Hahlweg, University of Braunschweig, Germany
- 11:10 **Young Adult Outcomes from the Fast Track Project: Long-term Prevention of Conduct Disorder**  
Robert McMahon, Simon Fraser University and British Columbia Children's Hospital, Canada
- 11:30 **The Role of Callous Unemotional Traits in Young Foster Children**  
Daniela Ehrenberg, University of Braunschweig, Germany

**Panel Discussion 7 and Invited Plenary Address**

Level 3 – Room M8

**Cognitive Behavior Therapies in Latin America: Cultural Aspects in Training and Clinical Practice**

Convenor: Carmem Beatriz Neufeld, University of São Paulo, Brazil

Chair: Eduardo Keegan, University of Buenos Aires, Argentina

**10:30 Invited Plenary Address**

**Distinctive Aspects of CBT in Brazil: How Cultural Aspects Impact Training and Clinical Practice**

Carmen Beatriz Neufeld, University of São Paulo, Brazil

Discussants:

- 11:00 **Research and Training in CBT in Argentina: The Distinctive Impact of Cultural and Professional Factors in the Dissemination of CBT**  
Eduardo Keegan, University of Buenos Aires, Argentina
- 11:20 **CBT Impact in Public Policy and Training in Colombia: Current Status and Future Directions**  
Leonidas Castro-Camacho, Universidad de los Andes, Columbia
- 11:40 **Status of CBT in Peru: Where We Are and Where Can We Go in Professional Training and Clinical Practice**  
Natalia Ferrero, Psicotrec Institute Lima, Peru

**Open Papers 15**

Level 3 – Room R2

**Enhancing Extinction and Exposure Therapy**

Chair: Marcella Woud, Ruhr-Universität Bochum, Germany

- 10:30 **Factors Influencing the Success of Exposure Therapy for Specific Phobia: A Systematic Review**  
Joscha Böhnlein, University of Münster, Germany
- 10:45 **Mechanisms, Genes and Treatment: Experimental Fear Conditioning, Genetic and Epigenetic Variation of SLC6A4 and the Outcome of Highly Standardized Exposure-Based One-Session Fear Treatments**  
Andre Wannemüller, Ruhr-Universität Bochum, Germany
- 11:00 **Examining the Impact of Spider Fear on the Reconsolidation of Fear Memories Using Reactivation plus Extinction**  
Andrea Ashbaugh, University of Ottawa, Canada
- 11:15 **Influence of Valproic Acid in Combination with Reactivation of Fear Memory on the Outcome of Extinction-Based Therapy in Patients with Fear of Spiders**  
Dorothee Bentz, University of Basel, Switzerland
- 11:30 **No Time for Exposure? Duration of Exposure Exercises in Inhibitory Learning-Oriented Therapy**  
Ingmar Heinig, Technische Universität Dresden, Germany

**Skills Class 19**

Level 3 – Room R3

**Using Online Programmes and Apps to Enhance Clinical Practice for Child and Adolescent Anxiety and Depression**  
Susan Spence, Griffith University, Australia

**Symposium 103**

Level 3 – Room R4

**Augmenting Cognitive Behavior Therapy for Appetitive Disorders with Brain-Based Technological Developments**

Convenor: Reinout Wiers, University of Amsterdam, the Netherlands

Chair: Murat Yücel, Monash University, Australia

- 10:30 **The Potential of Using Virtual-Reality (VR) to Detect, Overcome and Avoid Addictive and Compulsive Conditions**  
Murat Yücel, Monash University, Australia
- 10:45 **Virtual Reality-Based and Theoretical Neuroscience Grounded Approaches to Diagnostics in Addiction: Two Case Studies**  
Paul Verschure, Institute for Bioengineering of Catalonia, Spain
- 11:00 **Participatory Design of a Virtual Reality Approach-Avoidance Training Intervention for Obesity**  
Naomi Kakoschke, Monash University, Australia
- 11:15 **The Addiction Beater, a Gamified Cognitive Bias Modification Program for Alcohol Addiction: Feasibility, Clinical Effects and User Experience**  
Reinout Wiers, University of Amsterdam, the Netherlands
- 11:30 **Discussant**  
Sherry Stewart, Dalhousie University, Canada

**Open Papers 16**

Level 3 – Room R5

**Treatment of Depression**

Chair: Ernst Koster, Ghent University, Belgium

- 10:30 **Early Maladaptive Schemas as Predictors for Depression Severity and Treatment Response to a Cognitive Behavioural Therapy-Based Outpatient Psychiatric Rehabilitation Programme**  
Alexandra Schosser, Medical University Vienna, Austria
- 10:45 **Predictors of Depression Symptom Improvement After Cognitive Behavioral Therapy for Insomnia**  
Aleksandra Usyatynsky, Ryerson University, Canada
- 11:00 **Inpatient Cognitive Behavioral Analysis System of Psychotherapy for Chronically Depressed Patients: A Naturalistic Feasibility Trial on a General Acute Psychiatric Unit**  
Anne Guhn, Charité – University Medicine Berlin, Germany
- 11:15 **Mindfulness-Based Cognitive Therapy (MBCT) for Current Depression Study. Outcomes and Mediators of Change.**  
Pawel Holas, University of Warsaw, Poland
- 11:30 **Using the Personalized Advantage Index for Individual Treatment allocation to cognitive behavioral therapy (CBT) or a CBT with Integrated Exposure and Emotion Focused elements (CBT-EE”)**  
Nadine Friedl, University of Bern, Switzerland

**Symposium 104**

Level 3 – Room R6

**Intergenerational Factors in Parent and Child Obsessive-Compulsive Disorder**

Convenor & Chair: Fiona Challacombe, King's College London, UK

- 10:30 **My Child's Thoughts Frighten Me: Maladaptive Effects Associated with Parents' Interpretation and Management of Children's Intrusive Thoughts**  
Noah Berman, College of the Holy Cross, USA
- 10:45 **Parental Rearing Associated with Pediatric OCD: Associations with Age, OCD Symptomatology and Inflated Responsibility Beliefs**  
Sharna Mathieu, Griffith University, Australia
- 11:00 **Perceptions of the Mother-Infant Relationship in Postpartum OCD**  
Fiona Challacombe, King's College London, UK
- 11:15 **Relationship Obsessive Compulsive Disorder (ROCD) Symptoms Within the Parent-Child Dyad: The Role of Child Value Self Contingencies and Cognitive Load**  
Guy Doron, Baruch Ivcher School of Psychology, Israel
- 11:30 **The Role of Paternal Accommodation of Paediatric OCD Symptoms: Patterns and Implications for Treatment Outcomes**  
Benedetta Monzani, South London and Maudsley NHS Foundation Trust, UK

**Open Papers 17**

Level 3 – Room S2

**New Approaches to Assessing and Predicting Outcomes**

Chair: Simon Blackwell, Ruhr-Universität Bochum, Germany

- 10:30 **A Multi-Methodological Approach to Explore the Nature of Change over the Course of Psychotherapy: An Idiographic Case Study**  
Allison Diamond Altman, University of California, USA
- 10:45 **Exploring the Relapse Signature: A Network Analysis of Residual Depression and Anxiety Symptoms after Cognitive Behavioural Therapy**  
Ben Lorimer, University of Sheffield, UK
- 11:00 **Predicting Optimal Intervention for Clinical Depression Applying the Personalized Advantage Index Approach: Differential Predictions for PPI and Cognitive Behavioural Therapy**  
Carmelo Vazquez, Complutense University of Madrid, Spain & Lorenzo Lorenzo-Luances, Indiana University, USA
- 11:15 **The Effects of Intense Pre-Post Assessment (IPA) on Statistical Power in Randomized Controlled Trials**  
Raphael Schuster, University of Salzburg, Austria
- 11:30 **Estimation of Depression Tests Performance with Bayes' Theorem**  
Marco Tommasi, University of Chieti and Pescara, Italy

**Open Papers 18**

Level 3 – Room S3

**Mechanisms of Psychotic Symptoms and Experiences**

Chair: Tania Lincoln, University of Hamburg, Germany

- 10:30 **The Contribution of Childhood Trauma to Emotional Reaction and Emotion Regulation in Trait Schizotypy. A Randomized Controlled Trial**  
Krisztina Kocsis-Bogar, Donau-Universität Krems, Austria
- 10:45 **The Effect of Racial Discrimination on Subclinical Symptoms of Psychosis**  
Olivia Altamirano, University of Miami, USA
- 11:00 **The Relationship Between Voice Hearing and Posttraumatic Stress Disorder Symptoms in Daily Life: An Ecological Momentary Assessment Study**  
Rachel Brand, Swinburne University of Technology, Australia

- 11:15 **Investigating the Impact of Presenter and Content Effects on Positive Emotion and Self-Efficacy for Personal Recovery in Psychosis**  
Bronte McLeod, Swinburne University of Technology, Australia
- 11:30 **Negative Symptoms as a Mediator Between Neurocognition, Social Cognition and Social Functioning in Individuals at Clinical High Risk for Psychosis**  
Stefanie Schmidt, University of Bern, Switzerland

**Invited Addresses 3 (12.00 - 13.00)**

**Invited Address 16**

Level 1- Room A1

**Cognitive Behavioural Therapy for Irritable Bowel Syndrome: The 18-year Journey from Theory to Implementation**

Rona Moss-Morris, King's College London, UK

Chair: Omer van den Bergh, University of Leuven, Belgium

**Invited Address 17**

Level 1- Room A2

**Transcultural Aspects of Cognitive and Behavioural Therapy: a Moroccan Example**

Nadia Kadri, Institut Marocain de Thérapie Cognitive et Comportementale, Morocco

Chair: Pierre Philippot, Catholic University of Louvain, Belgium

**Invited Address 18**

Level 1- Room A3

**Personal Practice: Why Therapists Should Walk the Talk**

James Bennett-Levy, University of Sydney, Australia

Chair: Sarah Corrie, Central and North West London NHS Foundation Trust, UK

**Invited Address 19 (German Language)**

Level 1- Room A4

**Verhaltenstherapie mit Kindern und Jugendlichen im Jahr 2019: Inspiration und Innovation**

Silvia Schneider, Universität Bochum, Deutschland

Chair: Babette Renneberg, Freie Universitaet Berlin, Deutschland

**Invited Address 20**

Level 1- Room A5

**Addictions: Cognition and Behaviour Within a Social Context**

Alex Copello, University of Birmingham, UK

Chair: David Kavanagh, Queensland University of Technology, Australia

**Invited Address 21**

Level 1- Room A8

**New Developments in Schema Therapy for Personality Disorders**

Arnoud Arntz, University of Amsterdam, the Netherlands

Chair: Eckhart Roediger, Institut für Schematherapie, Germany

**Invited Address 22**

Level 1- Room A7

**Neuroscience Driven Approaches to Cognitive and Behavioural Therapy for Anxiety and Depression**

Michelle Craske, University of California, USA

Chair: Roz Shafran, University College London, UK

INVITED ADDRESSES  
INVITED ADDRESSES  
INVITED ADDRESSES

**Poster Session 5 (12.00 - 14.30)**

**German Language**

- 1 **Deutschsprachige Übersetzung und psychometrische Evaluation der Feedback on Physical Appearance Scale (FOPAS) an einer Stichprobe aus jugendlichen Patientinnen mit Essstörungen**  
Hannah L. Quittkat, Universität Osnabrück, Deutschland
- 2 **Agilität in der Kognitiven Verhaltenstherapie**  
Wolf-Ulrich Scholz, Goethe-Universität, Deutschland
- 3 **Biofeedback und Neurofeedback bei depressiven Störungen – ein Update**  
Carmen Uhlmann, Zentrum für Psychiatrie Weissenau und Universität Ulm, Deutschland
- 4 **2008-2018: Wirksamkeit von Therapien und Patientenzufriedenheit mit Psychotherapeuten in Ausbildung (PiA)**  
Ilka Vasterling, Technische Universität Braunschweig, Deutschland
- 5 **Stationäre Intensivtherapie bei Zwangsstörungen: Vorstellung eines Behandlungskonzeptes und dessen Effektivität**  
Thorsten Zeidler, Christoph-Dornier-Klinik für Psychotherapie, Deutschland
6. **Schützt die islamische Körperbedeckung muslimische Frauen vor dem negativen Effekt von Schlantheit betonenden Bildern auf das Körperbild?**  
Leonie Wilhelm, Osnabrück University, German

**Intellectual & Developmental Disabilities**

- 7 **Cognitive Flexibility and Perfectionism**  
Justine Bordeleau, Université du Québec à Trois-Rivières, Canada
- 8 **Development of Behavior Record Application, "Observations," for Behavior Problems**  
Masahiko Inoue, Tottori University, Japan
- 9 **Metacognitive Training for Students with High Autistic Tendencies in a Vocational College: A Preliminary Study**  
Yukiko Maeda, Kwansei Gakuin University, Japan
- 10 **Keep Safe: A CBT Based Intervention for Young People with Intellectual and Developmental Disabilities**  
Aida Malovic, Canterbury Christ Church University, UK
- 11 **Efficacy of Group Cognitive Behavior Therapy Targeting Time Management for Adult with Attention Deficit / Hyperactivity Disorder: A Randomized Control Trial**  
Misuzu Nakashima, National Hospital Organization Hizen Psychiatric Center, Japan
- 12 **The Effect of Behavioral Activation and Power-Assisted Wheelchair on Wheelchair-Using Children with Limited Mobility: A Randomized Comparative Trial**  
Jong-Woo Suh, Korea University, South Korea

**Therapeutic Processes**

- 13 **Effects of Self-Instructional Training Focused Anger Arousal**  
Tomonori Abe, University of Tsukuba, Japan
- 14 **Knowledge of and Barriers to the Use of Cognitive Behavioral Therapy in Treating Depression in Primary Care Centers and Family Medicine Clinics in Saudi Arabia**  
Ahmad Alhadi, King Saud University, Saudi Arabia
- 15 **The Effect of Stress Relief Programs on Occupational Stress Using non-Work Factors**  
Satoko Araki, J. F. Oberlin University, Japan
- 16 **Improvement of Sleep-Wake Rhythm in Patients with Schizophrenia with Long and Irregular Sleep Through Cognitive Behavioral Therapy: A Case Study**  
Naoko Ayabe, National Center of Neurology and Psychiatry, Japan
- 17 **Mindfulness as a Moderator Between Self-Criticism and External Shame**  
Julieta Azevedo, Center for Research in Neuropsychology and Cognitive and Behavioral Intervention, Portugal
- 18 **Effects of Positive Psychology Intervention on the Personal and Work Wellbeing of Psychotherapists in CBT Training**  
Merav Barkavi - Shani, Murcia University, Spain
- 19 **Rogues, Villains and Eccentrics – Constellation of Schizotypy Indicators**  
Radomir Belopavlović, University of Novi Sad, Serbia
- 20 **Characterization of the Therapeutic Process and Population Demands that Attended the School Service at the Cognitive Behavioral Institute of Psychotherapy (IPC), Brazil – SP**  
Luciana Bernardes da Rosa, Cognitive Behavioral Institute of Psychotherapy, Brazil
- 21 **Building a Good Therapeutic Relationship – What Can the Therapist Do? The Connection Between Therapist Interpersonal Style and Therapeutic Alliance.**  
Simon Bollmann, Philipps University of Marburg, Germany
- 22 **Assessing Treatment Integrity in Personalized CBT: The Inventory of Therapeutic Interventions and Skills**  
Kaitlyn Boyle, University of Trier, Germany
- 23 **Maintenance (vs. Change) of Negative Expectations Towards Psychotherapy**  
Kristina Braun-Koch, Universität Marburg, Germany
- 24 **Process Cognitive Change in Group CBT for OCD**  
Elena Cabedo, Clinical-University Hospital of Valencia, Spain
- 25 **Personality Characteristics and Psychological and Psychiatric Therapeutic Adherence in Patients with Mental Disorder**  
Àngela Cabestany-Morató, Consorci Sanitari de Terrassa, Spain

- 26 **Validation of the Immersive Virtual Reality System Advanced Therapeutic Tools for Mental Health (ATHENE): A Pilot Study in a Mexican Sample**  
Georgina Cardenas-Lopez, Universidad Nacional Autonoma de México, Mexico
- 27 **Guided Imagery and Rescripting in Metacognitive Interpersonal Therapy**  
Francesca Cavallo, Centro Terapia Metacognitiva Interpersonale Roma, Italy
- 28 **The Effect of Mindfulness Meditation Based Group Program on Anxiety, Depressive Symptoms, and Positive Psychological Resources in Patients with Anxiety and Depressive Disorders**  
Jeong-Ho Chae, The Catholic University of Korea, South Korea
- 29 **Cognitive Behavioural Therapy Approach for Suicidal Ideation and Behaviour Across Psychiatric Disorders**  
Diya Chatterjee, Indian Institute of Science Education and Research, India 30
- 30 **A Comparative Study of the Face-to-Face CBT and the Online CBT in Insomnia**  
Shu Chenye, Hohai University, China
- 31 **Preliminary Study of Transdiagnostic Integrative Psychotherapy Based on the Integration of CBT, Schema Therapy and Mindfulness Approaches**  
Younghee Choi, Metta Institute and Inje University, South Korea
- 32 **Understanding Memory-Focused Cognitive-Behavioural Interventions Through a Narrative Identity Perspective**  
Soljana Čili, University of the Arts London, UK
- 33 **The Prevalence and Associated Factors of Depression and Anxiety Among Adolescents Living in Sheltered Homes in Selangor, Malaysia**  
Wai-Eng Ding, Universiti Putra Malaysia, Malaysia
- 34 **Applying Principles of CBT to Internet-Based Modular Self-Help Intervention for Adjustment Disorder: Deconstruction of User Engagement**  
Jonas Eimontas, Vilnius University, Lithuania
- 35 **Factors Affecting the Effectiveness of Metacognitive Therapy**  
Yuma Fujishima, Waseda University, Japan
- 36 **Interactive Imagery, to Comprehend Mental Imagery from the Interaction Among Multiple Sense Modalities**  
Haruna Fukui, University of Tsukuba, Japan
- 37 **“Now I’m Mindfully Driving Through Life” – Croatian Police Officers’ Satisfaction with MBCT Training**  
Dragana Markanović and Branka Bagarić, Croatian Association for Behavioral-Cognitive Therapies, Croatia
- 38 **Does Feedback in Routine Psychotherapy Improve Outcomes? - Preliminary Results of a Doctoral Thesis**  
Sebastian Gmeinwieser, University of Göttingen, Germany
- 39 **ACT Processes in Schema Therapy – Using the Hexaflex to Describe Interactions Between the Schema Modes**  
Johannes Hessler, Schoen Clinic Roseneck, Germany
- 40 **Cognitive Behavioral Therapy Outcome Prediction for Individual Patients Using Routine Data from two Berlin Outpatient Centers Using Machine Learning**  
Kevin Hilbert, Humboldt-Universität zu Berlin, Germany
- 41 **The Relationship Between Self-Discrepancies and Psychological Inflexibility**  
Yorgo Hoebeke, Psychological Sciences Research Institute (IPSY), Belgium
- 42 **Worry About Social and Interpersonal Problems Associated with Motivation for Psychotherapy Among Cancer Patients**  
Kanako Ichikura, Kitasato University, Japan
- 43 **Overuse of Analgesic Medications, Substance Abuse and Somatic Symptom Disorder**  
Damla Isik, Private Practice, Ankara, Turkey
- 44 **Application of Continuum Technique to Modify Core Beliefs**  
Damla Isik, Private Practice, Ankara, Turkey
- 45 **Effectiveness of Role Lettering for Anger Considering the Differences in the Imaginary Other**  
Tomomi Kanetsuki, Tokyo Denki University, Japan
- 46 **The Relationship Between Disconnection and Rejection Schemas and Loneliness**  
Youngkeun Kim, Inje University, South Korea
- 47 **Clinical and Medico-Economic Assessment of Cognitive Behavioral Group Therapy for Recovery of Self-Esteem**  
Hiroko Kunikata, Kagawa Prefectural University of Health Sciences, Japan
- 48 **A Mobile Game for Improving Psychological Flexibility Skills in Elementary School Children**  
Raimo Lappalainen, University of Jyväskylä, Finland
- 49 **The Biological Mechanism of Cognitive Behavioral Therapy**  
Zhanjiang Li, Beijing Anding Hospital, China
- 50 **Suicidal and Aggressive Ideation Associated with Feelings of Embitterment. Psychopathology**  
Michael Linden, Charité University Medicine Berlin, Germany
- 51 **Sociomedical Interventions and Support of Work Participation in CBT**  
Michael Linden, Charité University Medicine Berlin, Germany
- 52 **Overcoming Academic Procrastination in Teenagers Through CBT vs REBT Group Interventions: A Pilot Study**  
Petra Lohan, Babe-Bolyai University, Romania
- 53 **A Meta-Analysis to Investigate the Effectiveness of Cognitive-Behavioral Coaching**  
Cristina Lorint, Babes-Bolyai University, Romania

- 54 **Values in Cognitive-Behavioural Therapy**  
Katarzyna Marchewka, Jagiellonian University, Poland
- 55 **A Case of Maladaptive Daydreaming. Possible Interventions with Behavioral Activation**  
Andrea Astolfo, Red Unitas, Argentina
- 56 **A Comparative Evaluation of a Class Wide Assertion Program for Junior High School Students**  
Risa Matasuo, Okinawa University, Japan
- 57 **Training Therapists to Keep Metaphors in Mind**  
Fiona Mathieson, University of Otago Wellington, New Zealand
- 58 **Effectiveness of Transdiagnostic Group Cognitive Behavioral Therapy for Emotional Disorders Compared with Treatment as Usual in Primary Care. The PsicAP Randomized Controlled Trial**  
Roger Muñoz-Navarro, University of Valencia, Spain
- 59 **Portuguese Version of the Leahy Emotional Schema Scale**  
Ana Nunes da Silva, University of Lisbon, Portugal
- 60 **The Transdiagnostic Model of Low Self-Esteem: Pathway Analysis in a Pilot Randomized Clinical Sample**  
Dóra Perczel-Forintos, Semmelweis University, Hungary
- 61 **Describing Core Emotional Childhood and Adult Needs as ‘Emotional Vitamins’ - The Use of a Medical Metaphor for a Key Concept in CBT and Schema Therapy**  
Florian Ruths, South London and Maudsley NHS Foundation Trust, UK
- 62 **How to Persuade a Patient with Insomnia to Sleep Less. The Therapeutic Process in the Eight-Week Cognitive Behavioural Therapy of Insomnia Programme**  
Joanna Salbert, Institute of Psychiatry and Neurology, Poland
- 63 **Vulnerability-Stress Factors in Psychological Treatment Adherence**  
Marta Sánchez-Jiménez, Consorci Sanitari de Terrassa, Spain
- 64 **Expecting Personal Costs of Changing Oneself – A Good Way to Succeed in Psychotherapy? Answers from a Longitudinal Study**  
Annette Schröder, University of Koblenz-Landau, Germany
- 65 **Computer- and App-Supported Group Therapy – Quo Vadis?**  
Raphael Schuster, University of Salzburg, Austria
- 66 **Examining Cognitive Restructuring Based on the “Total Conviction” Perspective: An Analysis of Interviews with Psychologists Practicing Cognitive Behavior Therapy in Japan**  
Jun Shigematsu, Hiroshima University, Japan
- 67 **The Effect of a Coping Repertoire, Appraisal of Coping Acceptability in the Workplace Context, and Self-Compassion on Stress Response and Job Performance of Employees**  
Hironori Shimada, Waseda University, Japan
- 68 **A Meta-Analysis of Therapeutic Alliance and Treatment Outcome in Distance-Delivered Cognitive Behavioural Therapies**  
Iris Sijercic, Ryerson University, Canada
- 69 **A Qualitative Study on Cultural Adaptation in the Application of Cognitive Behavior Therapy in China**  
Hongyan Song, Beijing Anding Hospital, China
- 70 **A Pilot Study of Internet-Based Loving-Kindness Meditation for Japanese College Students**  
Daichi Sugawara, University of Tsukuba, Japan
- 71 **Self-Compassion and “Amae”: Differences in Influences on Over-Adaptation**  
Haruka Tani, Osaka University, Japan
- 72 **Pilot Program for the Enhancement of Emotion Regulation in Children and Adolescents**  
Christiana Theodorou, University of Cyprus, Cyprus
- 73 **Resilience in Cognitive Behavioral Therapy: A Review**  
Evdoxia Tsigkaropoulou, Hellenic Society of Cognitive Psychotherapies (H.S.C.P.), Greece
- 74 **Do Words Matter? Exploring the Effect of Safety Behaviour Beliefs on Exposure Credibility, Expectancy, and Acceptability**  
Jessica S. Tutino, University of Ottawa, Canada
- 75 **The Effect of Psychological Mediators on Cognitive Behavioral Therapy for Insomnia (CBT-I): A Review**  
Ayaka Ubara, Doshisha University, Japan
- 76 **Do Cognitive Behavior Therapy-Type Stress Management Techniques Improve Workers’ Productivity?: A Study Using Meta-Analysis**  
Ai Ueda, Waseda University, Japan
- 77 **Prevention of Mental Disorders at the Workplace: A Meta-Analysis of Mindfulness-Based Interventions on Health Related Outcomes at the Work**  
Ruben Vonderlin, Central Institute of Mental Health, Germany
- 78 **Examining Changes in Cognitions and Coping Skills in an Integrated Cognitive Behaviour Therapy (CBT) Treatment Program for Co-Occurring Depression and Substance Misuse in Young People**  
Zoe Walter, The University of Queensland, Australia
- 79 **Cognitive-Behavioral Therapy for Cancer-related Fatigue in Cancer Survivors: a Case-Report**  
Eun-Seung Yu, National Cancer Center, South Korea
- 80 **Do Ruptures in Alliance Occur Within Therapy Sessions? An Investigation of Between Session Processes**  
Elad Zlotnick, The Hebrew University, Israel

- 81 **The Efficiency of Cognitive Behavioural Therapy and Mindfulness Exercises in a Four-Week Interdisciplinary Rehabilitation Programme for Chronic Pain: A Pilot Study**  
Katja Zupančič, The University Rehabilitation Institute, Republic of Slovenia
- 82 **Bipolar Disorder Type I and CBT**  
Markella Fiste, University of the Aegean, Greece
- 83 **What Does Existing Evidence Tell us About Patient Perceptions of Primary Care Psychological Therapy Services in the UK and Is There any Evidence that Perceptions Affect Treatment Outcome?**  
Louise Crouch-Read, University of East Anglia, UK
- 84 **Pakistani Psychotherapists' Experiences with Cognitive Behavior Therapy: CBT at Checkpoint Charlie Berlin**  
Nazia Ishfaq, Government College University Lahore, Pakistan
- 85 **Measuring Treatment Engagement in Mindfulness Based Stress Reduction Using Smartphone-Based Monitoring**  
Christine Parsons, Aarhus University, Denmark

**Training & Supervision**

- 86 **How do Therapists from Different Countries and with Different Therapeutic Orientations Feel About Using Technologies in Their Work?**  
Branka Bagaric, Croatian Association for Behavioral-Cognitive Therapies, Croatia
- 87 **Skilling up Support Workers: Providing Supervision and Training to Non-Qualified Staff to Deliver Psychological Interventions**  
Stephanie Casey, Cambridge and Peterborough NHS Foundation Trust, UK
- 88 **GROW or PRACTICE in Coaching. That Is the question?**  
Loana Comsa, Babes Bolyai University, Romania
- 89 **What About Quality Research on Psychotherapist Training? Pilot Study on Quality of Results of Outpatient Psychotherapy in Training Institutes of the German Association of Behavior Therapy**  
Anja Dresenkamp, Ausbildungsakademie DGVT e. V., Germany
- 90 **Effects of specialized training on psychiatry residents' beliefs about CBT**  
Rodrigo de Almeida Ferreira, Instituto de Previdência dos Servidores do Estado de Minas Gerais, Brazil
- 91 **Clinical Hypothesis and Treatment Decision Making in Clinical Psychologist Trained in Process Based Transdiagnostic Clinical Formulation**  
Nicolás García, Universidad de los Andes, Colombia
- 92 **Cognitive Behavioral Therapy Training in Japanese Graduate Programs: Survey on Establishing Japanese CBT Training Guidelines**  
Daisuke Ito, Hyogo University of Teacher Education, Japan
- 93 **The Integration of CBT and MI in the Context of Clinical Supervision**  
Iga Jaraczewska, Academy of Mind and Emotions, Poland
- 94 **Effectiveness of a Cognitive Behavioral Therapy Training Program for Nurses - Toward the Development of a Training Program**  
Sayaka Kato, University of Miyazaki, Japan
- 95 **Communication Skills Training with the Interactive Self- and Peer Observation Tool (i-Spot): A Webcam Instrument for Standard and Personalized Feedback**  
Jeroen Kuntze, Open University, the Netherlands
- 96 **Unwanted Events and Side Effects in Cognitive Behavior Therapy**  
Michael Linden, Charité University Medicine Berlin, Germany
- 97 **Pictorial Representation of Early Maladaptive Schemas and Modes**  
Christof Loose, Psychotherapy Practice and Centre for Schema Therapy Düsseldorf, Germany
- 98 **Skilling Up Support Workers: Interviews with Non-Qualified Staff on Supervision and Training of CBT-Based Interventions**  
Rachel Maciag, Cambridge and Peterborough NHS Foundation Trust, UK
- 99 **Reliability and Validity of the Group Cognitive Therapy Scale**  
Misuzu Nakashima, National Hospital Organization Hizen Psychiatric Center, Japan
- 100 **Group Cognitive Behavior Group Therapy: The Perception of Supervisors in Training**  
Carmem Beatriz Neufeld, Univerity of São Paulo, Brazil
- 101 **Effectiveness of Group Supervision in Nurse-Administered Cognitive Behavioral Therapy**  
Yoshie Okada, International University of Health and Welfare, Japan
- 102 **Relation Between Beliefs and Attitudes Toward Supervision in Cognitive Behavioral Therapy and Competencies of the Trainees in Cognitive Behavioral Training**  
Jan Prasko, University Palacky and University Hospital, Czech Republic
- 103 **Examination of the Effects of Cognitive-Behavioral Therapy Supervision Toward Psychiatric Visiting Nurses**  
Yuko Shiraishi, International University of Health and Welfare, Japan
- 104 **Supervisees' Nondisclosure in South Korea and the United States: A Cross-Cultural Comparison**  
Eunjung Son, Keimyung University, South Korea
- 105 **Face to Face Online - Using Immersive VR and Cyberspaces in CBT Training**  
Bronwyn Tarrant, University of Melbourne, Australia

- 106 **The Effect of the Preventive Group Setting Parent Training Program for Mothers of Toddlers. A Randomized Controlled Trial (RCT)**  
Shin Tatsumoto, University of Miyazaki, Japan
- 107 **Feeding Two Birds with One Stone? The Effects of Training Junior Mental Health Staff to Deliver Brief CBT**  
Emma Travers-Hill, Kent and Medway NHS and Social Care Partnership Trust, UK
- 108 **Mindfulness Based Cognitive Skill Training for Health Professionals in Training (MBCT-HIT): Manual Development and a Pilot Study on the Feasibility of a Mindfulness-Based Program for Enhancing Resilience and Self-Compassion for Health Professionals**  
Francesca Turner, South London and Maudsley NHS Foundation Trust, UK
- 109 **The Relation Between Level of Psychological Symptoms and Success in Distinguishing Components in Thought Record Form and Self Evaluation in Turkish Psychotherapy Trainees**  
Burcu Uysal, Ibn Haldun University, Turkey
- 110 **Increasing Quality of Care in Norwegian Child Welfare Institutions: A Quantitative Analysis of Factors from the High Performance Cycle and a Test of Job Engagement**  
Per Jostein Matre, Psychological Health and Addictions: Drammen Municipality, Norway

**Lunch (13.00 - 14.00)**

**Technical Demonstration 4**

Level 3 – Room M3

**MindLAB Set: Integrating Applied Neuroscience and Biofeedback into Cognitive and Behavioural Therapies**  
Tullio Scrimali, University of Catania, Italy

**Technical Demonstration 5**

Level 3 – Room M5

**The Resonator ©, A Personalized Internet-Based System Designed to Support and Augment Psychotherapy**  
Arnon Rolnick, The Siach Institute for Psychotherapy, Israel & Dror Gronich, Private Clinic, Israel

**13.00-13.45**

Level 3 – Room M8

**World Confederation of Cognitive and Behavioral Therapies: General Meeting**

**(14.00 - 15.00)**

**Symposium 105**

Level 1 – Room A1

**Using Imagery When Working with Psychosis: Recent Developments and Case Examples**  
Convenor & Chair: Christopher Taylor, Pennine Care NHS Foundation Trust and University of Manchester, UK

- 14:00 **Imagery Rescripting and Psychosis**  
Craig Steel, University of Oxford, UK and Georgie Paulik, Murdoch University, Australia
- 14:20 **iMAgery Focused Therapy for Persecutory Delusions in PSYchosis (iMAPS): A Case Series**  
Christopher Taylor, Pennine Care NHS Foundation Trust and The University of Manchester, UK
- 14:40 **Attachment Imagery as a Means of Facilitating CBT and IR in Psychosis: An Illustrative Case Example**  
Katherine Newman-Taylor, University of Southampton & Southern Health NHS Foundation Trust, UK

**Roundtable 2**

Level 1 – Room A2

**Formulation and Treatment Planning for Trauma-Focused Cognitive Behavior Therapy for Complex Post Traumatic Stress Disorder: When & How to Adapt Treatment?**

Convenor: Martina Mueller and Alison Croft, Oxford Cognitive Therapy Centre, UK

Chair: Melanie Fennell, University of Oxford, UK

Discussants:

Patricia Resick, Duke University Medical Centre, USA

Anke Ehlers, University of Oxford, UK

Regina Steil, Goethe University Frankfurt, Germany

**Symposium 106**

Level 1 – Room A3

**Mechanisms and New Formats for Teaching Mindfulness**

Convenor & Chair: Arnold van Emmerik, University of Amsterdam, the Netherlands

- 14:00 **Mindfulness Apps as a Tool to Maintain Practice and Gains from Mindfulness-Based Stress Reduction (MBSR) Courses: A Randomized Controlled Trial**  
Arnold van Emmerik, University of Amsterdam, the Netherlands
- 14:15 **An Acceptance-Based and Emotion-Focused Somatic Treatment for Complex Grief**  
Tim Schoenmakers, University of Amsterdam, the Netherlands
- 14:30 **The Process-Outcome Mindfulness Effects in Trainees (PrOMET) Study: Results of a Randomized Controlled Component Trial**  
Thomas Heidenreich, University of Applied Sciences Esslingen, Germany

14:45 **The Role of Acceptance in Mood Improvement During Mindfulness Based Stress Reduction**  
Susan Evans, Weill Cornell Medicine, USA

**Symposium 107**

Level 1 – Room A4

**Off To New Horizons: Transnational/Transcultural Adaptations of Adolescent Depression Prevention Programs**

Convenor & Chair: Patrick Pössel, University of Louisville, USA

14:00 **From LARS&LISA to TIM&SARA and Beyond. Cultural Adaptations of a School-Based Universal Prevention Program of Adolescent Depression**

Patrick Pössel, University of Louisville, USA

14:15 **Family Cognitive Behavioral Prevention of Depression: A Cross-National Comparison and Replication**  
Bruce E. Compas, Vanderbilt University, USA

14:30 **Translation and Adaptation of the American Family Cognitive Behavioral Prevention Program for German Offspring of Parents with Depression**

Johanna Löchner, Ludwigs-Maximilians Universität, Munich, Germany

14:45 **Importing the Blues Indicated Depression Prevention Program for Use in French-Canadian Secondary Schools**

Frédéric Brière, University of Montreal, Canada

**Symposium 108**

Level 1 – Room A5

**Mechanisms of Change in Cognitive-Behavioral Treatment for Depression**

Convenor and Chair: Juan Martín Gómez Penedo, University of Bern, Switzerland

14:00 **Post-Treatment Discrepancy Between Implicit and Explicit Negative Self-Associations as Predictor of Long-Term Outcome After Cognitive Therapies for Depression**

Martin Grosse Holtforth, University of Bern and Universitätsspital Bern, Switzerland

14:15 **Common and Differential Mechanisms of Change in Cognitive-Behavioral Therapy and Exposure-Based Cognitive Therapy for Depression**

Juan Martín Gómez Penedo, University of Bern, Switzerland

14:30 **Beyond Simplification: Understanding the Onset and Maintenance of Common Mental Health Disorders Using a Complexity Approach**

Claudi Bockting, University of Amsterdam, the Netherlands

14:45 **Discussant**

Stefan G. Hofmann, Boston University, USA

**Symposium 109**

Level 1 – Room A6

**Perfectionism: Where Do the Paths at the Crossroads Lead?**

Convenor: Roz Shafran, University College London, UK

Chair: Sarah Egan, Curtin University, Australia

14:00 **Internet-Based Cognitive Behaviour Therapy for Perfectionism: More is Better but no Need to Be Prescriptive**

Tracey Wade, Flinders University, Australia

14:15 **Reconsidering Perfect: A Qualitative Study of The Experiences of Undergoing Internet-Based Cognitive Behaviour Therapy for Perfectionism**

Alexander Rozental, Karolinska Institute, Sweden

14:30 **Imagery Trumps Repetitive Negative Thinking as an Indirect Pathway Between Perfectionism and Psychological Distress**

Joel Howell, Curtin University, Australia

14:45 **Discussant**

Roz Shafran, University College London, UK

**Symposium 110**

Level 1 – Room A7

**New Developments in the Treatment of Patients with Posttraumatic Stress Disorder After Childhood Abuse**

Convenor: Kathlen Priebe, Charité University Medicine Berlin, Germany

Chairs: Kathlen Priebe, Charité University Medicine Berlin, Germany and Regina Steil, Goethe University Frankfurt, Germany

14:00 **Developmentally Adapted Cognitive Processing Therapy for Adolescents and Young Adults with PTSD Symptoms After Physical and Sexual Abuse**

Rita Rosner, Catholic University Eichstätt-Ingolstadt, Germany

14:15 **Secondary Effects of Developmentally Adapted Cognitive Processing Therapy for Youth with Symptoms of Posttraumatic Stress Disorder After Childhood Sexual and Physical Abuse**

Regina Steil, Goethe University Frankfurt, Germany

14:30 **Dialectical Behavior Therapy for Posttraumatic Stress Disorder Related to Childhood Abuse as Compared to Cognitive Processing Therapy – A Randomized Controlled Trial (the RELEASE Study)**

Kathlen Priebe, Charité University Medicine, Germany

14:45 **Improvement Among Dropouts from Cognitive Processing Therapy for PTSD**  
Patricia Resick, Duke University, USA

**Symposium 111 (German Language)**

Level 3 – Room M2

**Schematherapie bei Depressionen: Anwendung in Psychiatrie und Psychotherapie**

Convenor & Chair: Martin E. Keck, Max Planck Institut für Psychiatrie, Deutschland

14:00 **Effekte auf die depressive Symptomatik nach einer 4-wöchigen stationären psychosomatischen Behandlung**

Eckhard Roediger, Institut für Schematherapie, Deutschland

14:20 **Stationäre Schematherapie: Ein Behandlungskonzept**

Matias Valente, Psychiatrische Klinik Weissenhof, Deutschland

14:40 **Optimierte Psychotherapie Identifikation am Max-Planck-Institut für Psychiatrie – Die OPTIMA-Studie: Vorstellung von Erfahrungen und erster Resultate**

Martin E. Keck, Max Planck Institut für Psychiatrie, Deutschland

**Symposium 112**

Level 3 – Room M3

**(Self-)Disgust in Eating Disorders**

Convenor & Chair: Paula von Spreckelsen, University of Groningen, the Netherlands

14:00 **“If I Feel Disgusted, I Will Become Fat”- Disgust-Based Emotional Reasoning and Eating Disorder Symptoms**

Peter de Jong, University of Groningen, the Netherlands

14:15 **The Role of Self-Disgust and Emotion Regulation Within Recovering From an Eating Disorder: A Mixed Methods, Longitudinal Perspective.**

Katie Bell, De Montfort University, UK

14:30 **Averting Repulsion – The Role of Body-Directed Self-Disgust in Autobiographical Memory Retrieval**

Paula von Spreckelsen, University of Groningen, the Netherlands

14:45 **Eating Disorders, Multi-Level Models of Emotion and Disgust**

John R. E. Fox, Cardiff University, UK

**Symposium 113**

Level 3 – Room M4

**Why Are Some Therapists More Effective than Others?**

Convenor: Jaime Delgado, University of Sheffield, UK

Chair: Michael Barkham, University of Sheffield, UK

14:00 **How Research on Therapist Effects Can Support Modern Treatments: Self-Confidence in Critical Treatment Parameters as a Therapist Factor**

Anne-Katharina Deisenhofer, University of Trier, Germany

14:15 **Exploring the Underpinnings of Differences in Trainee Therapists’ Interpersonal Skills**

Kim de Jong, Leiden University, the Netherlands

14:30 **Therapist Effects: Examining the Roles of Clinical Experience, Competence, Reflective Ability and Personality**

Jaime Delgado, University of Sheffield, UK

14:45 **Discussant**

David Saxon, University of Sheffield, UK

**Panel Discussion 8**

Level 3– Room M5

**Training Others to Do CBT with Youth: 8 Essential Questions**

Convenor & Chair: Robert Friedberg, Palo Alto University, USA

Discussants:

Urdour Njardvik, University of Iceland, Iceland

Siriart Ularntinon, Queen Sirikit National Institute of Child Health, Thailand

Debora Fava, Universidade do Vale dos Sinos, Brazil

Robert Friedberg, Palo Alto University, USA

**Panel Discussion 9**

Level 3– Room M6

**Open Science and Reproducibility in Cognitive Behavior Therapy Research: Where Do We Go from Here?**

Convenor & Chair: Allison Ouimet, University of Ottawa, Canada

Discussants:

Michelle Craske, University of California, USA

Andreas Burger, Catholic University Leuven, Belgium

Peter McEvoy, Curtin University, Australia

Bethany Teachman, University of Virginia, USA

**Symposium 114**

Level 3 – Room M7

**Implementing Digital Health Interventions in Mental Health Services: Pitfalls to Avoid and Practical Tips for Success**

Convenor & Chair: Naomi Fisher, University of Lancaster, UK

- 14:00 **Design and Development of a Digital Health Intervention for Psychosis / Bipolar- Relatives Education and Coping Toolkit**  
Fiona Lobban, Lancashire Care Foundation Trust, UK
- 14:15 **Peer Support in a Carer Context: Lessons Learned from REACT**  
Steve Jones and Sue Flowers, University of Lancaster, UK
- 14:30 **The REACT Randomised Controlled Trial – Design, Delivery and Findings**  
Fiona Lobban, Lancashire Care Foundation NHS Trust, UK
- 14:45 **The Transition from Research to Service Delivery: Pitfalls to Avoid and Practical Tips for Success**  
Naomi Fisher, University of Lancaster, UK

**Symposium 115**

Level 3 – Room M8

**Cognitive Behavioral Therapy at the Crossroads with Neuroscience: New Perspectives for Precision Psychotherapy?**

Convenor and Chair: Ulrike Lüken, Humboldt-Universität zu Berlin, Germany

- 14:00 **One (of Many Ways) We Can Advance Psychological Treatment Research Will Be Through Mental Health Science**  
Emily Holmes, Uppsala University, Sweden
- 14:15 **Mechanisms Underlying Pathological Fear and Avoidance and their Exposure-Based Treatment**  
Andre Pittig, University of Würzburg, Germany
- 14:30 **Predicting CBT Response for Generalized Anxiety Disorder and Major Depressive Disorder: A Neuroimaging Approach**  
Robin Upperele, Laureate Institute for Brain Research and University of Tulsa, USA
- 14:45 **From Neuroscience to Ultra-Brief Treatments for Anxiety Disorders?**  
Andrea Reinecke, University of Oxford, UK

**Symposium 116**

Level 3 – Room R2

**Cognitive Biases and Pain**

Convenor: Emma Jones, University of Sydney, Australia

Chair: Louise Sharpe, University of Sydney, Australia

- 14:00 **Investigating the Content Specificity of Interpretation Biases in Community Adolescents with Impairing Pain**  
Jennifer Lau, King's College London, UK
- 14:15 **Exploring Attentional Biases, Interpretive Biases and Attentional Control in Pain**  
Emma Jones, University of Sydney, Australia
- 14:30 **Does Attention Bias Modification Work for Pain and Under what Conditions?**  
Louise Sharpe, University of Sydney, Australia
- 14:45 **Discussant**  
Dimitri Van Ryckeghem, Maastricht University, the Netherlands and Ghent University, Belgium

**Roundtable 3**

Level 3 – Room R3

**Obsessive Compulsive Disorder, Hoarding or Schizophrenia: A Complicated Case**

Convenor: Darya Maryasova, Troitsk Hospital of the Russian Academy of Sciences, Russian Federation

Chair: Emma Agasarian, European Medical Center, Moscow, Russia

Discussants:

- Douglas Turkington, Newcastle University, UK
- Christian Stierle, Schön Klinik Bad Bramstedt, Deutschland
- Yakov Kochetkov, Moscow Centre for Cognitive Therapy, Russia

**Symposium 117 (German Language)**

Level 3 – Room R4

**Psychotherapieaus- und Weiterbildung: Wie sollte sie gestaltet werden, und was bedeutet therapeutische Kompetenz?**

Convenor & Chair: Ulrike Willutzki, Universität Witten/Herdecke, Deutschland

- 14:00 **Psychotherapeutische Kompetenz im Verlauf der Psychotherapieausbildung: Trainee- und Ausbilder\*inneneinschätzung und ihr Zusammenhang zum Ausbildungsergebnis**  
Anton-Rupert Laireiter, University of Vienna, Österreich
- 14:15 **Novizen- und Experteneinschätzungen zur interpersonellen Kompetenz als Basis für Auswahlentscheidungen zur Psychotherapieausbildung**  
Anne Möllmann, Universität Osnabrück, Deutschland

- 14:30 **Wie lässt sich die Überprüfung von psychotherapeutischen Fertigkeiten mit Hilfe von Schauspielpatienten bewerten?**  
Heiner Vogel, Universität Würzburg, Deutschland

- 14:45 **Einzelselbsterfahrung - Ein Modellprojekt in der Verhaltenstherapieausbildung**  
Anja Dresenkamp, Deutsche Gesellschaft für Verhaltenstherapie, Deutschland

**Symposium 118**

Level 3 – Room R5

**Addressing the Mental Health and Wellbeing of Young People in Out-Of-Home Care**

Convenor & Chair: Rachel Hiller, University of Bath, UK

- 14:00 **Cognitive Predictors of (Complex) PTSD in a Longitudinal Study of Children in Out-of-Home Care**  
Rachel Hiller, University of Bath, UK
- 14:15 **Exploring the Feasibility in a Social Care Service of Screening Children and Young People who Have Suffered Maltreatment and Abuse for (PTSD) and the Effectiveness of Providing Trauma-Focussed CBT for this Group of Children**  
Michael Duffy, Queens University Belfast, UK
- 14:30 **Developing Two Online-Interventions for Youth in Care and their Caregivers**  
Antonia Brühl, Braunschweig University of Technology, Germany
- 14:45 **Discussant**  
Nina Heinrichs, University of Bremen, Germany

**Symposium 119 (German Language)**

Level Level 3– Room R6

**Neuro<>Psychotherapie – Gemeinsam oder lieber jeder für sich?!**

Convenor & Chair: Nina Romanczuk-Seiferth, Charité – Universitätsmedizin Berlin, Deutschland

- 14:00 **Neuro<>Psychotherapie – Aufstieg und Fall der Biologischen Psychiatrie. Eine Zustandsanalyse**  
Felix Hasler, Humboldt Universität zu Berlin, Deutschland
- 14:15 **Neuro<>Psychotherapie – Neurofeedback mit Echtzeit-Bildgebung als psychotherapeutische Methode**  
Annette Brühl, Psychiatrische Universitätsklinik Zürich, Schweiz
- 14:30 **Neuro<>Psychotherapie – Endstation Hirn? Konzeptuelle Schwierigkeiten in der Arbeit mit neurobiologischen Störungsbegriffen**  
Thorsten Padberg, Psychologische Praxis Berlin, Deutschland
- 14:45 **Neuro<>Psychotherapie – Die Implikationen neurobiologischer Erkenntnisse für Emotion und Motivation in der Psychotherapie**  
Nina Romanczuk-Seiferth, Charité – Universitätsmedizin Berlin, Deutschland

**Symposium 120**

Level 3 – Room R7

**Misophonia, in the Middle of the Crossroads**

Convenor & Chair: Inge J. Jager, Amsterdam University Medical Center, the Netherlands

- 14:00 **Misophonia: The First Large Sample Study from a Psychiatric, Somatic and Psychological Perspective**  
Nienke Vulink, Amsterdam University Medical Center, the Netherlands
- 14:15 **Cognitive Behavioral Therapy for Misophonia: A Randomized Clinical Trial**  
Inge J. Jager, Amsterdam University Medical Center, the Netherlands
- 14:30 **Personality Disorders and Misophonia: The Roles of Anxiety and Depression**  
Zachary Rosenthal, Duke University Medical Center and Duke University, USA
- 14:45 **Investigating Misophonia: A Review of the Empirical Literature, Clinical Implications, and a Research Agenda**  
Jennifer Brout, International Misophonia Research Network, USA

**Symposium 121**

Level 3 – Room R8

**Relationship Obsessive-Compulsive Disorder: Vulnerabilities, Treatment, and Related Phenomena**

Convenor & Chair: Gabriele Melli, Institute for Behavioral and Cognitive Psychology and Psychotherapy, Italy

- 14:00 **Reducing Relationship Obsessive-Compulsive Disorder Symptoms and Related Psychological Features: Preliminary Evidence form a Brief Mobile-App Intervention**  
Silvia Cerea, University of Padova, Italy
- 14:15 **My Partner is Unreliable: Exploring Obsessive Distrust as an Additional Dimension of Partner-Focused OCD Symptoms**  
Guy Doron, Baruch Ivcher School of Psychology, Israel
- 14:30 **Pathological Narcissism and Relationship Obsessive Compulsive Disorder (ROCD) Symptoms**  
Laura Caccico, Institute for Behavioral and Cognitive Psychology and Psychotherapy, Italy
- 14:45 **Differential Cognitive Predictors of Relationship, Sexual-Orientation and general Obsessive Compulsive Symptoms**  
Richard Moulding, Deakin University, Australia

**Symposium 122**

Level 3 – Room R10

**Cognitive Behavioral Therapy in Global Mental Health: Adaptation, Evaluation and Dissemination Plan for Implementing the Unified Protocol for Victims of Armed Conflict in Colombia**

Convenor & Chair: Leonidas Castro-Camacho, Universidad de los Andes, Colombia

- 14:00 **Adaptation of the Unified Protocol to the Contextual, Cultural and Living Conditions of Internally Displaced Victims of Armed Conflict in Colombia**  
Julían Moreno, Universidad de los Andes, Colombia
- 14:15 **A Randomized Controlled Trial Evaluating the Effects of the Contextual Adaptation of the Unified Protocol in Victims of Armed Conflict in Colombia: Procedure and Primary Outcomes**  
Leonidas Castro-Camacho, Universidad de los Andes, Colombia
- 14:30 **Predictors of Dropout in an Randomized Controlled Trial for Victims of Armed Conflict in Colombia**  
Nicolás García, Universidad de los Andes, Colombia
- 14:45 **Scaling Up Psychotherapy Interventions in Low and Middle-Income Countries: What We Know and What We Need to Find Out**  
Iona Naismith, Universidad de los Andes, Colombia

**Symposium 123**

Level 3 – Room R13

**Staging in Bipolar Disorders: New Concepts for Psychotherapy**

Convenor & Chair: Thomas Stamm, Charité University Medicine Berlin, Germany

- 14:00 **Staging in Bipolar Disorders**  
Thomas Stamm, Charité University Medicine Berlin, Germany
- 14:15 **Psychological Characteristics of Individuals at High Risk for Bipolar Disorders**  
Thomas Meyer, University of Texas, USA
- 14:30 **Early Stage Psychological Intervention for Relapse Prevention in Bipolar Disorder**  
Martin Hautzinger, University of Tübingen, Germany
- 14:45 **Functional Remediation as a Later Stage Intervention for Bipolar Disorder**  
Carla Torrent, University of Barcelona, Spain

**Symposium 124**

Level 3 – Room S2

**Characterizing Embitterment by Examining Its Occurrence, Potential Determinants and Consequences**

Convenor: Ger Keijsers, Radboud University, the Netherlands

Chair: Aysun Tasdemir-Bolk, Radboud University, Netherlands

- 14:00 **Suicidal and Aggressive Ideation Associated with Feelings of Embitterment**  
Michael Linden, Charité University Hospital, Germany
- 14:20 **Understanding Embitterment and Its Potential Determinants**  
Ger Keijsers, Radboud University, the Netherlands
- 14:50 **Injustice and Embitterment: Crucial Stressors in Psychosomatic Patients**  
Michael Linden, Charité University Hospital, Germany

**Symposium 125**

Level 3 – Room S3

**Brief Interventions for Adolescent Mental Health**

Convenor & Chair: Laura Pass, University of Reading, UK

- 14:00 **A Randomised Controlled Feasibility Study Examining the Efficacy of Brief Cognitive Therapy for the Treatment of Anxiety Disorders in Adolescents**  
Polly Waite, University of Reading, UK
- 14:15 **Low Intensity Sleep Intervention with Adolescents in a Secondary Mental Health Service: A Case Series Analysis**  
Rebecca Rollinson, Norfolk and Suffolk NHS Foundation Trust, UK
- 14:30 **Brief Behavioural Activation for Adolescent Depression: The Challenges and Opportunities of Delivery in Schools**  
Laura Pass, University of Reading, UK
- 14:45 **Internet-Delivered Cognitive Behavior Therapy for Children and Adolescents with Social Anxiety Disorder – A Randomized Controlled Trial**  
Jens Högström, Karolinska Institutet, Sweden

Afternoon In-Congress Workshops (14.00 -17.00)

**In-Congress Workshop 21**

Level 3 – Room M1

**A Cognitive-Behavioral Approach to Weight Loss and Maintenance**

Judith S. Beck, Beck Institute for Cognitive Behavior Therapy, USA

**In-Congress Workshop 22**

Level 3 – Room R9

**A Practical Guide to Adapting Cognitive and Behavioural Therapies for Muslim Service Users**

Andrew Beck, University of Manchester, UK

**In-Congress Workshop 23**

Level 3 – Room R12

**Integrating and Optimising Imagery Rescripting in PTSD – From Practice to Research to Practice**

Sharif El-Leithy, Traumatic Stress Service & Hannah Murray, University of Oxford, UK

**In-Congress Workshop 24**

Level 3 – Room R11

**Crisis Response Planning for Preventing Suicidal Behavior**

David Rozek, University of Utah, USA

**In-Congress Workshop 25 (German Language)**

Level 3 – Room S1

**Zwischenmenschliche Baustellen im Therapiezimmer: Die Behandlung interpersoneller Probleme in der Einzel- und Gruppentherapie**

Anne Guhn, Charité Universitätsmedizin Berlin, Deutschland

(15.30 -17.00)

**Panel Discussion 10**

Level 1 – Room A1

**What Is Insight? Can it Be Used as a Multidimensional Construct Across Disorders?**

Convenor & Chair: Asala Halaj, Hebrew University of Jerusalem, Israel

Discussants:

- Richard Bentall, University of Sheffield, UK
- Katharine Phillips, Weill Cornell Medical College, USA
- David Veale, King's College London and South London and Maudsley Trust, UK
- Jonathan Huppert, Hebrew University of Jerusalem, Israel

**Symposium 126**

Level 1 – Room A2

**Primary Prevention of Depression Program for At-Risk Adolescents**

Convenor: Eiríkur Örn Arnarson, Landspítali - National University Hospital of Iceland, Iceland

Chairs: Eiríkur Örn Arnarson, Landspítali - National University Hospital of Iceland, Iceland and Edward Craighead, Emory University, USA

- 15:30 **Prevention of Depression Among Icelandic at-risk Adolescents**  
Eiríkur Örn Arnarson, Landspítali - National University Hospital of Iceland, Iceland
- 15:45 **Prevention of Initial Depressive Disorders Among at-risk Portuguese Adolescents**  
Ana Paula Soares de Matos, University of Coimbra, Portugal
- 16:00 **Prevention of Adolescent Depression in Greece: CBT vs DBT**  
Christina Tsilingiri, University of Macedonia, Greece
- 16:15 **Prevention of Depression of Initial Depressive Disorder Among at-risk Swedish Adolescents**  
Guðný Sveinsdóttir, Närhälsan, Sweden
- 16:30 **Polygenic Risk: Predicting Depression Outcomes in Clinical and Epidemiological Cohorts of Youths**  
Þórhildur Halldórsdóttir, Max Planck Institute of Psychiatry, Germany
- 16:45 **Discussant**  
Edward Craighead, Emory University School of Medicine, USA

**Symposium 127**

Level 1 – Room A3

**How Can We Develop More Effective Therapists? Implications of the Effective Therapists' Literature for Training, Supervision, and Professional Development**

Convenor & Chair: James Bennett-Levy, University of Sydney, Australia

- 15:30 **Towards more Effective Therapists: What Are Their Qualities and in What Situations Are They Most Apparent?**  
Michael Barkham, University of Sheffield, UK
- 15:50 **Personal Practice and Self-Reflection are Important in Developing More Effective Therapists but Sometimes There are Problems: How Can These be Addressed?**  
James Bennett-Levy, University of Sydney, Australia
- 16:10 **How Can We Best Develop Our Personal and Professional Qualities to Maximize Client Outcomes?**  
Helene Nissen-Lie, University of Oslo, Norway
- 16:30 **Can New Technologies Help to Develop More Effective Therapists?**  
David Murphy, University of Nottingham, UK
- 16:45 **Discussant**  
Christoph Flückiger, Zürich University, Switzerland

**Symposium 128**

Level 1 – Room A4

**Advances in Cognitive Behavioral Therapy for Refugees with Posttraumatic Stress Disorder: From Research to Clinical Work**

Convenor &amp; Chair: Tullio Scrimali, University of Catania and ALETEIA Institute for Complex Cognitive Therapy, Italy

- 15:30 **Culturally adapted CBT plus Problem-Solving Therapy with Afghan Refugees: a Randomized Controlled Trial**  
Schahryar Kananian, Goethe-Universität Frankfurt, Germany
- 15:45 **Neuroscience-Based Cognitive Therapy for Treating Refugees Affected by a Post-Traumatic Stress Disorder**  
Tullio Scrimali, University of Catania and ALETEIA Institute for Complex Cognitive Therapy, Italy
- 16:00 **Syrian Refugees in Turkey: Symptoms of Mental Health Disorders and Effectiveness of Pilot Group Problem Management Plus (gPM+) in Reducing Psychological Distress**  
Ceren Acarturk, Istanbul Sehir University, Turkey
- 16:15 **Post Traumatic Stress Disorder and Bulimia Nervosa**  
Chiara Mazzoni, Centro Gruber, Italy
- 16:30 **Discussant**  
Ulrich Stangier, Goethe-Universität Frankfurt, Germany

**Symposium 129**

Level 1 – Room A5

**Metacognitive Interventions for Psychological Disorders**

Convenor: Steffen Moritz, University Medical Center Hamburg, Germany

Chair: Cornelia Exner, University of Leipzig &amp; Steffen Moritz, University Medical Center Hamburg, Germany

- 15:30 **Metacognitive Training in Psychosis (MCT): New Meta-Analyses and Developments**  
Steffen Moritz, University Medical Center Hamburg, Germany
- 15:45 **Metacognitive Therapy Versus Exposure and Response Prevention for Obsessive-Compulsive Disorder: Defining the Active Ingredients of Treatment Success**  
Cornelia Exner, University of Leipzig, Germany
- 16:00 **Metacognition Reflection and Insight Therapy and Recovery from Psychosis**  
Paul Lysaker, Indiana University School of Medicine, USA
- 16:15 **Metacognitive Therapy for Depression**  
Roger Hagen, Norwegian University of Science and Technology Trondheim, Norway
- 16:30 **Metacognition Reflection and Insight Therapy: Intersubjective View and Psychotherapy Integration Considerations**  
Ilanit Hasson-Ohayon, Bar-Ilan University, Israel

**Symposium 130**

Level 1 – Room A6

**Spotlight Focus on Cognitive Therapy for Depression from Lab to Clinic to Applied Settings: The Lifetime Achievements of Professor Steve Hollon**

Convenor &amp; Chair: Jennifer Wild, University of Oxford, UK

- 15:30 **Steve Hollon: An Impartial Scientist and a Force of Nature**  
David M. Clark, University of Oxford, UK
- 15:50 **Steve Hollon: What Does the Evidence Say?**  
Keith Dobson, University of Calgary, Canada
- 16:10 **Fearless: Steve Hollon's Quest to Change the Culture of American Psychology**  
Bethany Teachman, University of Virginia, USA
- 16:30 **Steve Hollon: Great Friend, Incomparable Mentor and Exemplary Clinical Scientist**  
Robert J. De Rubeis, University of Pennsylvania, USA

**Symposium 131 (German Language)**

Level 1 – Room A7

**When the Going Gets Tough: Schematherapie bei Paaren mit Persönlichkeitsstörungen**

Convenor &amp; Chair: Eckhard Roediger, Institut für Schematherapie-Frankfurt, Deutschland

- 15:30 **Das Schematherapie-Paarmodell: Settingbedingungen, Module und Fallkonzeption**  
Matias Valente, Institut für Schematherapie-Stuttgart, Deutschland
- 15:50 **„Lassen Sie uns das einmal auseinandersetzen!“ Stuhldialoge zur motivationalen Klärung**  
Eckhard Roediger, Institut für Schematherapie-Frankfurt, Deutschland
- 16:10 **Das Feuer wieder anfachen: Gemeinsame Imaginationsübungen mit Paaren**  
Eva Frank-Noyon, Psychotherapeutische Praxis in Frankfurt, Deutschland
- 16:30 **Imagination wirkt! Ergebnisse einer randomisiert-kontrollierten Paarstudie**  
Eckhard Roediger, Institut für Schematherapie-Frankfurt, Deutschland

**Symposium 132**

Level 3 – Room M2

**Physical Exercise as an Add-On Strategy for Cognitive Behavioral Therapy in Anxiety and Depressive Disorders**

Convenor: Stephan Heinzel, Freie Universität Berlin, Germany

Chair: Andreas Ströhle, Charité University Medicine Berlin, Germany

- 15:30 **Combining CBT and Exercise Training in Anxiety Disorders**  
Andreas Ströhle, University Medicine Berlin, Germany
- 15:45 **Physical Exercise Augmented Cognitive Behaviour Therapy for Older Adults with Generalised Anxiety Disorder – Scientific Rationale, Study Protocol, and Preliminary Findings for the Pexacog Trial**  
Anders Hovland, Solli District Psychiatric Centre and University of Bergen, Norway
- 16:00 **Neurobiological Mechanisms of Physical Exercise and CBT in Depressive Disorders – Preliminary Results from the SPeED Project**  
Stephan Heinzel, Freie Universität Berlin, Germany
- 16:15 **Exercise for Depression in Health Care Services: The STEP.De Project**  
Andreas Heißel, University of Potsdam, Germany
- 16:30 **Physical Activity and Exercise and Common Mental Disorders: An Overview of Preventative and Therapeutic Evidences**  
Felipe Schuch, Universidade Federal de Santa Maria, Brazil

**Symposium 133**

Level 3 – Room M3

**Testing Adult Cognitive Models in Socially Anxious Youth**

Convenor &amp; Chair: Lynn Mobach, Macquarie University, Australia

- 15:30 **Facial Emotion Processing: A Social Skills Deficit or Negative Interpretation Bias?**  
Lynn Mobach, Macquarie University, Australia and Radboud University, the Netherlands
- 15:45 **Does a Compliment Make you Anxious? Fear of Positive Evaluation and Self-Relevant Cognitive Processes After Positive Feedback**  
Anne Miers, Leiden University, the Netherlands
- 16:00 **Information Processing Biases in Socially Anxious Youth**  
Ella Oar, Macquarie University, Australia
- 16:15 **“They Are All Staring at Me”: Qualitative Study Exploring ‘in the Moment’ Experiences of Children with Social Anxiety Disorder**  
Brynjar Halldorsson, University of Oxford, UK
- 16:30 **Discussant**  
Silvia Schneider, Ruhr-Universität Bochum, Germany

**Symposium 134**

Level 3 – Room M4

**At the Crossroad of the Past and the Future: Sense of Self and Psychopathology**

Convenor &amp; Chair: Rafaele Huntjens, University of Groningen, the Netherlands

- 15:30 **A Narrative Approach to Disorders of the Self**  
Tilmann Habermas, Goethe University Frankfurt, Germany
- 15:45 **A Self Grounded on Abnormal Autobiographical Memory in Schizophrenia?**  
Fabrice Berna, University of Strasbourg, France
- 16:00 **A Disturbed Narrative Understanding of the Self and of Close Others in People with Borderline Personality Disorder**  
Majse Lind, Aarhus University, Denmark
- 16:15 **Who Am I? Sense of Self in Dissociative Identity Disorder**  
Rafaele Huntjens, University of Groningen, the Netherlands
- 16:30 **Discussant**  
Jefferson Singer, Connecticut College, USA

**Symposium 135**

Level 3 – Room M5

**Interpersonal Functioning and Hoarding Disorder**

Convenor &amp; Chair: Melissa Norberg, Macquarie University, Australia

- 15:30 **Multi-Informant Evaluation of Autism Characteristics in Adults with Hoarding Disorder: Implications for Interpersonal Functioning**  
Gregory Chasson, Illinois Institute of Technology, USA
- 15:45 **Sensitivity to Criticism and Praise in Individuals with Hoarding, Collectors, and Healthy Controls**  
Ashley Shaw, University of Miami, USA
- 16:00 **Object Attachment Mediates the Relationship between Loneliness and Hoarding**  
Keong Yap, University of New South Wales Sydney, Australia
- 16:15 **A Multi-Method Investigation of Attachment and Saving Behaviors**  
Brad Schmidt, Florida State University, USA
- 16:30 **Feeling Unsupported Changes Object Preferences**  
Melissa Norberg, Macquarie University, Australia

**Panel Discussion 11**

Level 3– Room M6  
**Is Buying-Shopping Disorder a Real Disorder?**  
**Convenor & Chair: Michael Kyrios, Flinders University, Australia**  
**Discussants:**  
 Astrid Müller, Hannover Medical School, Deutschland  
 Laurence Claes, University of Leuven, Belgium  
 Susana Jimenez-Murcia, University Hospital Bellvitge-IDIBELL, Spain  
 Daniel King, Adelaide University, Australia

**Skills Class 20**

Level 3 – Room M7  
**Culturally-Informed Clinical Research: Assessment, Recruitment, Interventions & Ethics**  
 Monnica Williams, University of Connecticut, USA and Sonya Faber, Syneos Health, Germany

**Symposium 136**

Level 3 – Room M8  
**Cognitive Behavioral Therapy for Improving Primary Mental Health Care**  
**Convenor & Chair: Birgit Watzke, Universität Zürich, Switzerland**  
 15:30 **The BLENded Care for Depressive Symptoms IN General Practice (BLENDING) – Study: First Results from ‘Ecological Momentary Assessment’**  
 Huibert Burger, University of Zürich, Switzerland  
 15:50 **Telephone-Based Cognitive Behavioural Therapy (tel-CBT) for Mild to Moderate Depression – Results of the Randomised-Controlled TIDE-Study**  
 Elisa Haller, University of Zürich, Switzerland  
 16:10 **Does Symptom Severity Matter in Stepped and Collaborative Care for Depression**  
 Daniela Heddaeus, University Medical Center Hamburg-Eppendorf, Germany  
 16:30 **Discussant**  
 Claudi Bockting, Amsterdam University Medical Center, the Netherlands

**Panel Discussion 12**

Level 3– Room R2  
**Cognitive-Behavioural Supervision Around the World: Core Competencies and Cross-Cultural Considerations**  
**Convenor & Chair: Sarah Corrie, Central and North West London NHS Trust, UK**  
**Discussants:**  
 Fredrike Bannink, Private Practice, the Netherlands  
 Eduardo Keegan, University of Buenos Aires, Argentina  
 David A. Lane, Professional Development Foundation & Canterbury Christchurch University, UK  
 Chee Wing Wong, The Chinese University of Hong Kong, China

**Open Papers 19**

Level 3 – Room R3  
**Advances in Mechanisms and Treatment of Post-Traumatic Stress Disorder**  
**Chair: Marcella Woud, Ruhr-Universität Bochum, Germany**  
 15:30 **A Test of Theory-derived Mediators of Clinical Improvement in Cognitive Therapy for Post-Traumatic Stress Disorder**  
 Milan Wiedemann, University of Oxford, UK  
 15:45 **The Role of Lifetime Adversity on the Relationship Between Peritraumatic Neural Processing and Post-Traumatic Stress Disorder-like Symptoms**  
 Julina A. Rattel, University of Salzburg, Austria  
 16:00 **The Role of Childhood Trauma in Effects of Hydrocortisone on Autobiographical Memory Retrieval in Patients with Post-traumatic Stress Disorder and Borderline Personality Disorder**  
 Sophie Metz, Charité University Medicine Berlin, Germany  
 16:15 **Extinction Learning as a Predictor of PTSD Symptoms in a Sample of Firefighters**  
 Miriam J.J. Lommen, University of Groningen, the Netherlands  
 16:30 **Re-examining the Role of Extinction in Prolonged Exposure for Post-Traumatic Stress Disorder: Disaggregating Within-Patient and Between-Patient Effects of Session-to-Session Change**  
 Allison Baier, Case Western Reserve University, USA

**Skills Class 21 (German Language)**

Level 3 – Room R4  
**Durchführung der “Liste prägender Bezugspersonen mit Übertragungshypothesen“ für Patienten mit Misshandlungserfahrungen während des Kindesalters**  
 Eva-Lotta Brakemeier, Philipps-Universität Marburg, Deutschland

**Skills Class 22**

Level 3 – Room R5  
**“The Obstacle is the Path” – Flexibility and Form in Cognitive Behavior Therapy Supervision**  
 Rita Woo & Michael Worrell, Central and North West London NHS Foundation Trust and Royal Holloway University, UK

**Symposium 137**

Level 3 – Room R6  
**Sex and Gender Differences in Body Image and Its Disorders**  
**Convenor: Andrea Hartmann, Osnabrück University, Germany**  
**Chair: Silja Vocks, Osnabrück University, Germany**  
 15:30 **Men, But Not Women, Show Self-Serving Double Standards in Body Evaluation**  
 Mona Voges, Osnabrück University, Germany  
 15:45 **Gender Effects in the Neural Bases of Body Aesthetic Appreciation**  
 Cosimo Urgesi, University of Udine, Italy  
 16:00 **Do Women and Men Differ in their Emotional Reactions to Body Checking? An Experimental Mirror Exposure Study**  
 Julia Tanck, Osnabrück University, Germany  
 16:15 **Eating Disorder Symptoms and Proneness in Gay Men, Lesbian Women, and Transgender and Nonconforming Adults: Comparative Levels and a Proposed Mediation Model**  
 Elizabeth Rieger, Australian National University, Australia  
 16:30 **Differences in the Interaction of Body and Sexual Satisfaction Among Heterosexual, Bisexual and Lesbian Women**  
 Silvia Moreno, University of Jaen, Spain

**Open Papers 20**

Level 3 – Room R7  
**Pregnancy, Family, and Relationships**  
**Chair: Antje Horsch, University of Lausanne, Switzerland**  
 15:30 **Imagining and Remembering Childbirth: A Prospective Study of Psychological Distress in First-Time Mothers**  
 Lynn Ann Watson, Aarhus University, Denmark  
 15:45 **Couple-Based Interventions during Pregnancy: Can they Prevent Depressive Symptoms across the Transition to Parenthood by Preserving Fair Dyadic Coping?**  
 Fabienne Meier, University of Zürich, Switzerland  
 16:00 **The Role of Acceptance in Psychological Well-Being of Parents whose Children Suffer from Cancer**  
 Javier Lopez, University San Pablo CEU, Spain  
 16:15 **Delivering Cognitive Behavioral Therapy via the Internet (Internet-Based Cognitive Behavioral Therapy) for Perinatal Anxiety and Depression: Evidence and Translation to Practice**  
 Aileen Chen, University of New South Wales, Australia  
 16:30 **Dysfunctional Beliefs, Caregiver Burden, Anxiety and Depression in Family Caregivers of Cancer Patients in Mexico**  
 Ivonne Nalliely Pérez-Sánchez, National Council of Science and Technology, Mexico

**Open Papers 21**

Level 3 – Room R8  
**Information Processing Biases and Psychopathology**  
**Chair: Charlotte Wittekind, Ludwig Maximilian University of Munich, Germany**  
 15:30 **Is Disruptive Worry Characterised by Misalignment of Attentional Bias to Variation in Controllability of Danger?**  
 Jessie Georgiades, University of Western Australia, Australia  
 15:45 **Trait Anxiety-Linked Impairment in Attentional Bias Alignment: An Eye-tracking Study**  
 Matthew Herbert, University of Western Australia, Australia  
 16:00 **Attentional Bias and its Temporal Dynamics among War Veterans Suffering from Chronic Pain: Investigating the Contribution of Post-traumatic Stress Symptoms**  
 Mahdi Mazidi, Centre for the Advancement of Research on Emotion, Australia  
 16:15 **Cognitive Biases in Depression: A Systematic Review and Meta-Analysis Based on Self-Report Questionnaires**  
 Ines Nieto, Complutense University of Madrid (UCM), Spain  
 16:30 **Does Memory Bias Predict Generic Psychiatric Symptoms and Dysfunction in Psychiatric Patients? Results of a Four-Year Longitudinal Naturalistic Cohort Study**  
 Pascal Fleurkens, Radboud University, the Netherlands

**Symposium 138**

Level 3 – Room R10

**Risk Factors and Mechanisms for Psychopathology in the Offspring of Parents with Affective Disorders**

Convenor & Chair: Johanna Löchner, Ludwigs-Maximilians Universität, Munich, Germany

- 15:30 **Infant Risks for Childhood Social Anxiety Disorder**  
Pete Lawrence, University of Southampton, UK
- 15:45 **Maternal Anxiety as a Predictor of Child and Adolescent Anxiety**  
Jennifer Hudson, Macquarie University, Australia
- 16:00 **Risk of Depression in the Offspring of Parents with Depression: the Role of Emotion Regulation, Cognitive Style, Parenting and Life Events**  
Johanna Löchner, Ludwigs-Maximilians University, Germany
- 16:15 **Cognitive and Learning Mechanisms in Offspring of Mothers with and Without Emotional Disorders of Anxiety and Depression**  
Allison Waters, Griffith University, Australia
- 16:30 **Discussant**  
Bruce Compas, Vanderbilt University, USA

**Skills Class 23**

Level 3 – Room R13

**Brief Cognitive Behavior Therapy for Eating Disorders (CBT-T): How to Adapt our Skills to Get Good outcomes in Half the Time**

Glenn Waller, University of Sheffield, UK & Tracey Wade, Flinders University, Australia

**Symposium 139**

Level 3 – Room S2

**Metacognitive Interpersonal Therapy for Personality Disorders: Empirical Evidence So Far**

Convenor & Chair: Giancarlo Dimaggio, Centro di Terapia Metacognitiva Interpersonale, Italy

- 15:30 **Promoting Metacognition in Patients with Over-Regulated and Bizarre Features**  
Simone Cheli, University of Florence and Tages Charity, Italy
- 15:50 **MIT Individual to Increase Adherence to Medications in Persons with HIV, Personality Disorders and Alexithymia**  
Sonia A. Sofia, Hospital Cannizzaro, Italy
- 16:10 **Metacognitive Interpersonal Therapy-Group (MIT-G): Description of the Protocol and Review of the Evidence**  
Raffaele Popolo, Centro di Terapia Metacognitiva Interpersonale, Italy
- 16:30 **The Metacognitive Interpersonal Mindfulness-Based Training: Protocol and Evidence from a Pilot Study**  
Tiziana Passarella, Centro di Terapia Metacognitiva Interpersonale, Italy

**Open Papers 22**

Level 3 – Room S3

**Gaming, Smartphone, and Internet-based Addictions**

Chair: Frank Ryan, Imperial College London, UK

- 15:30 **Conditional Direct and Indirect Effects of Social Anxiety, Depression and Self-Efficacy on Social Addiction Among Japanese University Students**  
Catherine So-Kum Tang, National University of Singapore, Singapore
- 15:45 **The Effect of Parent-Child Conflict and Negative Affectivity on Internet-Related Addictions Among Singaporean Adolescents**  
Yvaine Yee Woen Koh, National University of Singapore, Singapore
- 16:00 **The Effectiveness of Two Weekly Sessions of Motivational Enhancement Program, Overuse Prevention Coping Skills Training in Preventing Smartphone Overuse**  
Huei-chen Ko, Asia University, Taiwan
- 16:15 **A Comparison of Online Gaming Addiction Among Adolescent and Young Adults**  
Jamaica Pei Ying Tan, National University of Singapore, Singapore
- 16:30 **Risk factors for Internet Gaming Disorder Among Spanish Adolescents and Youths: Implications for Prevention and Treatment**  
Mónica Bernaldo-de-Quirós, Complutense University of Madrid, Spain

OPEN PAPERS  
OPEN PAPERS

Poster Session 6 (15.00 - 17.30)

**Children and Adolescents**

- 1 **Competence and Adherence Scale for Cognitive Behavioural Therapy (CAS-CBT) for Pediatric Anxiety Disorders: Psychometric Properties in Group and Individual Therapy**  
Marianne Aalberg Villabø, Akershus University Hospital, Norway
- 2 **Differential Psychosocial Characteristics of Male and Female Young Offenders in a Juvenile Court in Spain**  
Alfonso Arteaga, Universidad Pública de Navarra, Spain
- 3 **Childhood Social Anxiety and (Perceptions of) Likeability and Friendship Within Their Class**  
Jeanine Baartmans, University of Amsterdam, the Netherlands
- 4 **The iSocial Program - Social Skills Training Program for Children and Adolescents**  
Patricia Barros, University of Minho, Portugal
- 5 **GAMER TEST: An Online Tool to Detect Internet Gaming Problems in Adolescents and Youths**  
Mónica Bernaldo-de-Quirós, Universidad Complutense de Madrid, Spain
- 6 **Associations of Emotion Regulation Skills and Psychopathology in Adolescents from the General Population – Results from the BeMIND-Study**  
Johanna Berwanger, Technische Universität Dresden, Germany
- 7 **Beck Youth Inventory Reports and Treatment Outcomes Across Internalizing and Externalizing Contexts**  
Jordan Booker, University of Missouri, USA
- 8 **Consequence or Risk Factor? Attention Biases in Children and Adolescents with Major Depression and At-Risk Youths**  
Christina Buhl, Ludwig Maximilian University of Munich, Germany
- 9 **Internet Gaming Disorder: Internalising and Externalising Profile and Its Response to Cognitive Behaviour Therapy**  
Sampurna Chakraborty, Central Institute of Psychiatry, India
- 10 **Adolescents' Co-Rumination and Memory Specificity Predict Level of Perceived Social Support from Friends**  
Christine H. M. Chiu, The University of Hong Kong, Hong Kong
- 11 **The Feasibility of a Video-Based Transdiagnostic Universal Prevention Program for Internalizing Problems in Youths**  
Păsărelu Costina, Babeş-Bolyai University, Romania
- 12 **The Differential Role of Cognitive and Affective Empathy in Antisocial Behavior: An Investigation Among Adolescents Hospitalized in a Forensic Psychiatric Unit**  
Raffaella Di Schiena, Centre Hospitalier Jean Titeca, Belgium
- 13 **The Malay Version of the Beck Youth Inventories-Second Edition (BYI-2 Malay): Evidence for Factor Structure, Reliability, and Validity in a Sample of Adolescents Living in the Sheltered Homes**  
Wai-Eng Ding, Universiti Putra Malaysia, Malaysia
- 14 **Effects of Family Involvement in Psychotherapeutic Treatment of Depressed Children and Adolescents: A Systematic Review**  
Nele Dippel, Philipps-Universität Marburg, Germany
- 15 **Development and Evaluation of a Program to the Prevention of Emotional Problems and Behavior in Children in the Cognitive-Behavioral Perspective: Training for Teachers**  
Débora C. Fava, ELO Psicologia e Desenvolvimento, Brazil
- 16 **Cognitive Behavioral Therapy for Children with Comorbid Anxiety Disorders and Medically Unexplained Symptoms**  
Guillaume Foldes-Busque, Université Laval, Canada
- 17 **Cognitive Behavioral Therapy for Obsessive-Compulsive Disorder in Children and Adolescents. A Systematic Review with Meta-Analysis**  
Camilla Funch Uhre, The Child and Adolescent Mental Health Centre, Denmark
- 18 **Effects of Phosphatidylserine-Omega-3 (Vayarin) Supplementation for Children Diagnosed with Autism Spectrum Disorder (ASD) and Comorbid Attention Deficit Hyperactivity Disorder (ADHD)**  
Tze Jui Goh, Institute of Mental Health Singapore, Singapore
- 19 **Does Attachment Influence Desire for Thinness in 9- to 14-Year-Old Children After Exposure to Images Representing the Beauty Ideal?**  
Lien Goossens, Ghent University, Belgium
- 20 **Dealing with Emotions: Using a Service-Learning Approach to Enhance Emotional Competences in Children and Adolescents**  
Raphael Gutzweiler, University of Koblenz-Landau, Germany
- 21 **Children with Academic Difficulties with Emotional Problems: Implication of CBT**  
Susmita Halder, Amity University, India
- 22 **Anxious School Refusal in Adolescents: Efficiency of a Cognitive and Behavioral Therapy (CBT) Outpatient Program**  
Helene Denis, University Hospital of Montpellier, France
- 23 **Effect of Mental Health Prevention Program for Deaf and Hard of Hearing Children**  
Noriko Hida, Doshisha University, Japan
- 24 **Improvement in Assessment Ability of Elementary and Junior High School Teachers Influences Adaptation of Japanese Students**  
Yui Horikawa, Waseda University, Japan
- 25 **The Effects of Teachers' Praise on Students' Psychological School Adaptation**  
Yuya Iijima, Waseda University, Japan

- 26 **Telehealth Parent Training for Children with Neurodevelopmental Disorder: Home-based Assessment for Behavior of Everyday Life**  
Natsumi Ishikawa, University of Tokyo Hospital, Japan
- 27 **Telehealth Consultation and Parent-Implemented Social Skill Training in Children with Neurodevelopmental Disorder**  
Yuka Ishizuka, University of Tsukuba, Japan
- 28 **The Bullying Phenomenon: Lack of Empathy or Cold Manipulation?**  
Enrico Iuliano and Carlo Buonanno, School of Cognitive Psychotherapy - SPC - Rome, Italy
- 29 **How are Interoception and Psychopathology Related in Childhood and Adolescence? A Systematic Literature Review and Transdiagnostic Approach**  
Stefanie Jungmann, Johannes Gutenberg-University Mainz, Germany
- 30 **The Effect of Intervention for Families of Individuals with Hikikomori (Prolonged Social Withdrawal) According to Cognitive Behavioral Characteristics**  
Mana Kadokura, Waseda University, Japan
- 31 **Pilot Evaluation of the Child and Parent Emotion Regulation (CAPER) Program for At-Risk Children with Symptoms of Disruptive Mood Dysregulation Disorder (DMDD)**  
Maria Kangas, Macquarie University, Australia
- 32 **Cognitive Behavioural Therapy for Anxiety Disorders in Children with Autism Spectrum Disorder: A Randomized Controlled Trial**  
Tina R. Kilburn, Aarhus University Hospital, Denmark
- 33 **Mechanisms of Behavioral Activation for Depressive Symptoms in Children: Comparison of Non- and Sub-Clinical Group in a Community Sample**  
Kohei Kishida, Doshisha University, Japan
- 34 **The Degree of Parental Influence on the Degree of Clarification of Children's Value**  
Nao Komiyama, Waseda University, Japan
- 35 **Effects of a Group Stress Management Program for Residents of a Welfare Facility for Children with Disabilities**  
Shunsuke Koseki, J. F. Oberlin University, Japan
- 36 **Severity of Nonsuicidal Self-Injury, Emotion Regulation, and Suicidality: A Mediation Analysis**  
Laura Kraus, University of Koblenz-Landau, Germany
- 37 **A Preventive School-Based Pilot-Intervention for Youth with Disruptive Behavior and Mild Intellectual Disabilities: A Small Sample Size Solution for a Challenging Population**  
Eva Kuhl, Utrecht University, the Netherlands
- 38 **Alterations of Functional Brain Network After Group Cognitive-Behavioral Therapy for Adults with Attention-Deficit / Hyperactivity Disorder**  
Yusuke Kyuragi, National Hospital Organization Hizen Psychiatric Center, Japan
- 39 **Therapist-Assisted Online Parenting Strategies (TOPS) Program for Parents of Adolescents Experiencing Clinical Anxiety or Depression**  
Katherine Lawrence, Monash University, Australia
- 40 **Robot-Enhanced Interventions for Children with Autism Spectrum Disorders: The Results of an Effectiveness and Accommodability Study Across Eleven Special Education Settings**  
Silviu Matu, Babeş-Bolyai University, Romania
- 41 **Cognitive Behavioral Characteristics Influencing Diet Behavior in Child Students**  
Kato Misaki, Waseda University, Japan
- 42 **Keep it Brief - Innovative Directions in Anxiety Prevention for Vulnerable Children in Disadvantaged South African Contexts**  
Naomi Myburgh, Stellenbosch University, South Africa
- 43 **Development of Autism Social Skills Assessment for Parents, and a Test of its Reliability and Validity**  
Yo Nakanishi, Doshisha University, Japan
- 44 **Development and Initial Evaluation of REBTonAD - A Transdiagnostic Program for Anxiety and Depressive Disorders in Youth**  
Costina-Ruxandra Pasarelu, Babeş-Bolyai University, Romania
- 45 **Adverse Effects of Psychotherapy in Children and Adolescents: A Systematic Review and Meta-Analysis**  
Linea Pretzmann, Child and Adolescent Mental Health Centre, Denmark
- 46 **Improving Access to Evidence-Based Treatment for Anxiety and Depression in Adolescents: Development of a Brief Identification Tool**  
Jerica Radez, University of Reading, UK
- 47 **Implementing CBT in Public Mental Health Services for Adolescents: Results from a Comprehensive Service Development Program in the Capital Area of Finland**  
Klaus Ranta, Helsinki University Hospital, Finland
- 48 **The Moderating Role of Sleep in the Relationship Between Social Isolation and Internalising Problems in Early Adolescence**  
Cele Richardson, Macquarie University, Australia
- 49 **Attention Deficit/ Hyperactivity Disorder and Task-Related Heart Rate Variability: A Systematic Review and Meta-Analysis**  
Andreea Robe, Babeş-Bolyai University, Romania

- 50 **Case Series Analysis: Effectiveness and Feasibility of a Low Intensity Sleep Intervention with Adolescents in a Secondary Mental Health Service**  
Rebecca Rollinson, Norfolk and Suffolk NHS Trust, UK
- 51 **Efficacy of Cognitive-Behavioral Therapy (CBT) for Children with ADHD and with Emotion Dysregulation**  
Lucia Romo, Université Nanterre Laboratoire CLIPSYD, France
- 52 **Investigating the Effectiveness of Disciplinary Strategies on Non-Compliance, Parent-Child Relationship and Individual Factors Involved**  
Georgiana-Maria Roşca, Babeş-Bolyai University, Romania
- 53 **Treating a Child With an Unspecified Eating Disorder: The Integration Between CBT and Positive Narrative Strategies**  
Chiara Ruini, University of Bologna, Italy
- 54 **Acceptability and Usefulness of Providing Feedback on Parenting in Web-Based Interventions**  
Wan Hua Sim, Monash University, Australia
- 55 **Pathways to Perceived Stress in Caregivers of Individuals with Autism Spectrum Disorder: The Role of Behavioural Problems and Parental Mental Health Symptoms**  
Wei Jie Soh, Institute of Mental Health, Singapore
- 56 **Development and Validation of the Korean Classroom Problem Behavior Scale – Elementary School Version (CPBS-E)**  
Wonyoung Song, Konyang University, South Korea
- 57 **Impact on Stress Response and Resilience of Cognitive Behavioral Technique in Adolescence**  
Takahito Takahashi, University of Miyazaki, Japan
- 58 **The Relationship Between Foster Behavior and Job Satisfaction and Burnout of Workers in Japanese Social Care Institutions for Children**  
Ayako Takii, Hyogo University of Teacher Education, Japan
- 59 **Effects of a Teacher's Behavior-Specific Praise on the Academic Engagement of a Child with Autism Spectrum Disorder in a General Education Classroom**  
Masako Tanabe, Kwansei Gakuin University, Japan
- 60 **Applying a Transdiagnostic Modular Approach to Treating Comorbid Posttraumatic Stress Disorder and Depression in Children's Community Mental Health**  
Emilee H. Turner, University of Hawaii at Manoa, USA
- 61 **On How the Heart Speaks. Emotion Dysregulation, Temperamental Vulnerability, and Parental Depression in Adolescents: Correspondence Between Physiological and Informant-Report Measures**  
Marie-Lotte Van Beveren, Ghent University, Belgium
- 62 **A Meta-Analysis of the Worldwide Prevalence of Mental Disorders in Preschool Children**  
Mira Vasileva, University of Bremen, Germany
- 63 **The Role of Parenting Practices in the Development of Internalizing Problems in Preterm Born Infants**  
Leonie Vreeke, Utrecht University, the Netherlands
- 64 **Business as Usual? A Case Series to Illustrate Hypothesised Areas in Which the Treatment of Emetophobia in Young People Should Differ from Standard CBT for OCD**  
Sasha Walters, University of Reading and Berkshire CAMHS Anxiety and Depression Team, UK
- 65 **Applying the Metacognitive Model to Children with Generalised Anxiety Disorder: Evidence from a Clinical Sample**  
Julia White, The University of Sydney, Australia
- 66 **The Development and Validation of the Korean Implementation Fidelity Checklist of Tier 3 School-Wide Positive Behavior Support (IFC-T3)**  
Sung-Doo Won, Keyo Medical Foundation Keyo Hospital, South Korea
- 67 **Telehealth Parent Training for Children with Neurodevelopmental Disorder: Intervention for Parent-Child Verbal Interaction**  
Junichi Yamamoto, Keio University, Japan
- 68 **The Effect of Emotional Regulation Skills Intervention for Adolescents' Relationship**  
Noguchi Yuka, Hiroshima University, Japan
- 69 **The Association Between Parenting, Self-Compassion, Friendship and Depression in Chinese Adolescents**  
Mengya Zhao, University of Exeter, UK
- 70 **Adverse Childhood Experiences and Family Resilience Among Children with Autism Spectrum Disorder and Attention Deficit/Hyperactivity Disorder**  
Kim Zlomke, University of South Alabama, USA
- 71 **Clinical Dissemination and Implementation of EBTs from the Ground Up: How to Develop a Multi-Disciplinary, Multi-Site CBT "Clinical Dissemination Practice". The Case Example of The Child & Family Institute**  
Adam Weissman, The Child & Family Institute, NY, USA
- 72 **Competent Parents – Satisfied Children? Short- and Long-Term Effects of the Positive Parenting Program (Triple P) on the Health-Related Quality of Life**  
Max Supke, Technische Universität Carolo-Wilhelmina zu Braunschweig, Germany
- 73 **Pakistani Chapter to CBT at Crossroad: A Randomized Trial of a Group Self System Integrated Cognitive Behavioral Intervention and Mechanisms in Prevention of Major Depressive Disorder in an At-Risk Sample of High School Adolescents**  
Nazia Ishfaq, Government College University Lahore, Pakistan

- 74 **Coaching in Parent-Child Interaction Therapy: Sequential Analysis of Interaction Between a Mother of Child with Autism Spectrum Disorder and a Therapist in Child-Directed Interaction Coaching**  
Yumi Kaneyama, Kwansai Gakuin University, Japan
- 75 **A Randomized-Controlled Trial of UTalk: An Innovative Approach to Preventing Adolescent Peer Victimization and Reducing Social Anxiety and Depression**  
Annette La Greca, University of Miami, USA
- 76 **The Mindful Parenting Program Initiative in Budapest, Hungary: Preliminary Findings from the First Group of Parents**  
Marianna Szabo, University of Sydney, Australia

**Family, Relationship & Sexual Issues**

- 78 **Marital Happiness Through “Ifs” and “Buts”?: Is the Divorce Probability after 5 and 25 years Predictable on the Basis of Conjunction Usage in Marital Conflicts?**  
Max Supke, Technische Universität Carolo-Wilhelmina zu Braunschweig, Germany
- 79 **Third Wave of CBT in Couple Therapy - An Overview**  
Kateřina Bartošová, Masaryk University, Czech Republic
- 80 **Dysfunctional Cognitive Beliefs as a Sustaining Factor of Involuntary Celibacy**  
Kateřina Bartošová, Masaryk University, Czech Republic
- 81 **Psychological Adjustment of Women who Gave Birth to Infants Adopted by Other Families: The Role of Openness of Adoption and Perceived Social Support**  
Scott Smith, Mercer University College of Health Professions, USA
- 82 **Relationships and Couples Dynamics Within the Stages of Change model: Theoretical Considerations and Application of the Stages of Change Model Within Relationship Dyads. 1**  
Vandana Deshmukh, Holistic Clinical Psychology Services, Australia
- 83 **The Mediator Role of Interpersonal Emotion Regulation Between Couple Satisfaction and Intrapersonal Emotion Regulation, Attachment Style, and Cognitive Empathy**  
Ionut Stelian Florean, Babes Bolyai University, Romania
- 84 **Value of Sexuality and Intimacy in Later Life: A Qualitative Pilot Study**  
Gabriela Gore-Gorszewska, Jagiellonian University, Poland
- 85 **“Yuck, they Are Kissing!”: Disgust Towards Sex-Relevant and Sex-Irrelevant Stimuli Across Different Stages of Adolescence and Its Implications for Sexual (Dys)Functioning**  
Jessica Hinzmann, University of Groningen, the Netherlands
- 86 **Would I Stay, or Would I Go? The Impact of Context, Bodily Sensations, and Sex on Approach and Avoidance Tendencies**  
Leanne Kane, University of Ottawa, Canada
- 87 **The Association Between Ambiguous Loss on Positive Parenting Behavior in North Korean Defector Mothers: Sequential Mediating Effects of Depression and Parenting Stress**  
KyongAh Kim, Sungkyunkwan University, South Korea
- 88 **Elements of Mindful Parenting Related to Mothers’ Stress Response and Childcare Happiness**  
Yuki Mizusaki, Kwansai Gakuin University, Japan
- 89 **What Happens When you Throw Cognition in the Mix? A Bigger Picture for Female Orgasm**  
Cátia Oliveira, Universidade Lusófona do Porto and Cuf Porto Hospital, Portugal
- 90 **What Makes the Difference Between Female Orgasmic Experiences? Analyzing the Differences Between Multi-Orgasmic, Single-Orgasmic and Anorgasmic Women**  
Cátia Oliveira, Universidade Lusófona do Porto and Cuf Porto Hospital, Portugal
- 91 **Sociodemographic and Biopsychosocial Factors in Women with Sexual Pain**  
Cátia Oliveira, Universidade Lusófona do Porto and Cuf Porto Hospital, Portugal
- 92 **Validation of the Significant Other Response to Sexual Pain Scale in Portugal**  
Cátia Oliveira, Universidade Lusófona do Porto and Cuf Porto Hospital, Portugal
- 93 **Association Between Sexual Beliefs and Sexual Functioning**  
Patricia M. Pascoal, CICPSI, University of Lisbon and Universidade De Lusofona de Humanidades e Tecnologias, Portugal
- 94 **Cost or Benefit? The Relation of Helping and Well-Being**  
Marcia Rinner, University of Basel, Switzerland
- 95 **A Schema-Based Model of Factitious Child-Parent Attachment Suppression (‘Parental Alienation Syndrome’) in Parents with Cluster B Personality Traits a Theoretical Model Based on Case Studies from Clinical Practice and the Literature**  
Florian Ruths, South London and Maudsley NHS Trust, UK
- 96 **CBT-Based Online Self-Help Program for People who Have Sexual Interest in Children**  
Nina Vaaranen-Valkonen, Save the Children, Finland
- 97 **Psychosocial Support for Male Partners of Women Admitted to Mother and Baby Units**  
Anja Wittkowski, University of Manchester, UK
- 98 **The Influence of Parental Cognitive Features on Child-Rearing Behavior**  
Haruna Yoshida, Waseda University, Japan

- 99 **The Effect of Mindfulness Interventions on the Parenting Stress of Mothers of Children with Developmental Disabilities**  
Mayuri Yoshioka, Kwansai Gakuin University, Japan
- 100 **Online Couple and Family Therapy Demands New Concepts and Considerations**  
Arnon Rolnick, Private Practice, Israel

**Invited Addresses 4 (17.00 -18.00)**

**Invited Address 23**

Level 1– Room A1

**Emotion Regulation in Adolescents and Adults with Autism and Neurodevelopmental Disorders: Mindfulness and Other Modifications to Enhance Cognitive Behavior Therapy Effectiveness**

Carla Mazefsky, University of Pittsburgh, USA  
Chair: Shirley Reynolds, University of Reading, UK

**Invited Address 24 (German Language)**

Level 1– Room A2

**Achtsamkeit, Mitgefühl & Co: Psychopathologie und Training des sozialen Gehirns**

Philipp Kanske, Technische Universität Dresden, Deutschland  
Chair: Jürgen Hoyer, Technische Universität Dresden, Deutschland

**Invited Address 25**

Level 1– Room A3

**Bipolar Disorder in Youth: An Early Intervention Approach**

David Miklowitz, University of California, USA  
Chair: Steve Jones, University of Lancaster, UK

**Invited Address 26**

Level 1– Room A4

**Adapting CBT to Help Millions in Low and Middle Income Countries**

Richard Bryant, University of New South Wales, Australia  
Chair: Emily Holmes, Uppsala University, Sweden

**Invited Address 27**

Level 1– Room A5

**Cognitive-Behavioral Approaches to Social Anxiety: Our Growing Edges**

Debra A. Hope, University of Nebraska-Lincoln, USA  
Chair: Jung-Hye Kwon, Korea University, South Korea

**Invited Address 28**

Level 1– Room A8

**Evolution, Attachment and Compassion Focused Therapy**

Paul Gilbert, University of Derby, UK  
Chair: Susan Bögels, University of Amsterdam, the Netherlands

**Invited Address 29**

Level 1– Room A7

**Developing Transdiagnostic CBT Treatments for Better Practice**

Allison Harvey, University of California, USA  
Chair: Ed Watkins, University of Exeter, UK

INVITED ADDRESSES  
INVITED ADDRESSES  
INVITED ADDRESSES



(8.30 - 10.00)

**Symposium 140**

Level 1 – Room A1

**Studying Processes of Change in Transdiagnostic Treatments – Current Evidence and Future Directions**

Convenor: Johanna Boettcher, Freie Universität Berlin, Germany

Chair: Babette Renneberg, Freie Universität Berlin, Germany

- 08:30 **Process-Based CBT: Theory and Implications for Treatment**  
Stefan Hofmann, Boston University, USA
- 08:45 **Personalized Psychotherapy. Prediction and Moderation of Improvement in Standard CBT versus Transdiagnostic CBT for Emotional Disorders**  
Anita Eskildsen, Aarhus University Hospital, Denmark
- 09:00 **Mechanisms of Change in Transdiagnostic Treatment**  
Morten Hvenegaard, University of Copenhagen, Denmark
- 09:15 **About Dealing with Difficult Emotions: Mediators of Change in a Transdiagnostic, Internet-Based Treatment**  
Johanna Boettcher, Freie Universität Berlin, Germany
- 09:30 **The HARMONIC Trial: A Transdiagnostic Modular Approach to Mood and Anxiety Disorders**  
Melissa Black, Cambridge University, UK
- 09:45 **Discussant**  
Babette Renneberg, Freie Universität Berlin, Germany

**Symposium 141**

Level 1 – Room A2

**Implementing Dialectical Behavior Therapy in Routine Clinical Practice: Outcomes and Sustainability**

Convenor & Chair: Michaela Swales, Bangor University, UK

- 08:30 **Predicting Implementation Outcomes in NHS Mental Health Systems: A Case-Study**  
Michaela Swales, Bangor University, UK
- 08:45 **Patient Variables at Baseline as Predictors of Outcomes of Dialectical Behaviour Therapy for Adults with a Diagnosis of Borderline Personality Disorder**  
Jim Lyng, Trinity College, Ireland
- 09:00 **DBT on the DBT Therapist: Researching DBT Consultation Team**  
Amy Gaglia, Bangor University, UK
- 09:15 **Targeted Implementation of DBT Steps A (DBT-SA) in Schools: Challenges and Outcomes of Working with Peripatetic Counselling Services Across Different Sites**  
Graeme Ramage, Bangor University, UK
- 09:30 **Sustainability of DBT in Routine Clinical Practice: What Do we Know?**  
Michaela Swales, Bangor University, UK

**Panel Discussion 13**

Level 1 – Room A3

**(In)Appropriate Approaches to Cognitive Behavior Therapy for Obsessive Compulsive Disorders**

Convenor: Adam Radomsky, Concordia University of Montreal, Canada

Chair: Christine Purdon, University of Waterloo, Canada

**Discussants:**

- Christine Purdon, University of Waterloo, Canada
- Adam Radomsky, Concordia University of Montreal, Canada
- Roz Shafran, University College London, UK
- Philip Tata, British Association for Behavioural and Cognitive Psychotherapies, UK

**Symposium 142**

Level 1 – Room A8

**Cross-Cultural Issues in Applying Cognitive Behavioral Therapy in Asian Countries I**

Convenor: Younghee Choi, Metta Institute and Inje University, South Korea

Chairs: Younghee Choi, Metta Institute and Inje University & Jung-Hye Kwon, Korea University, South Korea

- 08:30 **Implementing Cognitive Behavior Therapy in Japanese Clinical Practice: Bridging the Gap Between Research and Practice**  
Atsuo Nakagawa, Keio University School of Medicine, Japan
- 08:50 **Introduction of Cognitive Behavior Therapy in China**  
Ning Zhang, The Affiliated Brain Hospital of Nanjing Medical University, China
- 09:10 **Cross-Cultural Features in Applying Cognitive Behavior Therapy in Korea**  
Younghee Choi, Metta Institute and Inje University, South Korea
- 09:30 **Cognitive Behavior Therapy in Singapore**  
Catherine So-Kum Tang, National University of Singapore, Singapore

**Symposium 143**

Level 1 – Room A4

**New Directions in the Alliance Literature - Perspectives in Cognitive Behavioral Therapy**

Convenor & Chair: Christoph Flückiger, University of Zürich, Switzerland

- 08:30 **Predicting Personalized Process-Outcome Associations in Psychotherapy Using Machine Learning Approaches – A Demonstration**  
Julian Rubel, University of Trier, Germany
- 08:45 **Alliance, Ruptures and Repairs in CBT: Empirical Support and Reconsideration of Theory**  
Elad Zlotnick, Hebrew University, Israel
- 09:00 **Is the Therapeutic Alliance Distinct from Therapist Competence in Predicting Outcomes in Cognitive Behavior Therapy for Depression?**  
Nikolaos Kazantzis, Monash University, Australia
- 09:15 **The Alliance in Adult Psychotherapy: Meta-Analytic Synthesis**  
Christoph Flückiger, University of Zürich, Switzerland
- 09:30 **Discussant**  
Robert De Rubeis, University of Pennsylvania, USA

**Symposium 144**

Level 3 – Room M1

**Cognitive Behavioral Therapy and Childhood Anxiety: Innovative Directions**

Convenor & Chair: Bonny van Steensel, University of Amsterdam, the Netherlands

- 08:30 **Does Comorbid Depression Play an Important Role in the Effectiveness of Cognitive Behavioral Therapy for Childhood Social Anxiety?**  
Jeanine Baartmans, University of Amsterdam, the Netherlands
- 08:50 **The Association of Safety Learning Deficits and Fear Extinction in Children with Anxiety Disorders – A Classical Fear Conditioning Study**  
Dirk Adolph, Ruhr-University Bochum, Germany
- 09:10 **Anger in Anxious Children: Fighting Threat or Reacting to Non-Reward. Possible Implications for Treatment of Comorbid Children**  
Leonie Kreuz, University of Groningen, the Netherlands
- 09:30 **Therapists' Characteristics and Beliefs About the Use of Exposure in the Treatment of Anxiety Disorders in Youth: A Survey Among Mental Health Practitioners**  
Rachel de Jong, University of Groningen, the Netherlands
- 09:50 **Feedback and Mindfulness: New Elements to Add to Cognitive Behavioral Therapy for Treating Childhood Anxiety Disorders?**  
Bonny van Steensel, University of Amsterdam, the Netherlands

**Symposium 145**

Level 3 – Room M8

**Implementing and Evaluating Strength-Based Processes and Change Mechanisms in Research and Practice of Positive Cognitive Behavioral Therapy**

Convenor & Chair: Nils F. Töpfer, Friedrich-Schiller-University Jena, Germany

- 08:30 **Positive CBT: Fourth Generation CBT**  
Fredrike Bannink, Clinical Psychologist and Lawyer in Private Practice, Amsterdam, the Netherlands
- 08:45 **The Relation Between Transdiagnostic Worry and Working Memory Performance in a Randomized Controlled Implementation Trial (IMPLEMENT 2.0): Integrating Psychotherapy Research and Transdiagnostic Research**  
Judith Held, University of Zürich, Switzerland
- 09:00 **How Can Patients be Successfully Supported During the Waiting Time for Psychotherapy? Evaluation of the Effects of the Resource Diary**  
Anne Katrin Risch, Friedrich-Schiller-University Jena, Germany
- 09:15 **A Week in the Life of Generalized Anxiety Disorder Patients: An Ecological Momentary Assessment of Worry and Strength Episodes**  
Andreea Visla, University of Zürich, Switzerland
- 09:30 **Resource Activation as a General Change Mechanism in CBT for Family Caregivers of People with Dementia: Findings from Process-Outcome Analyses**  
Nils F. Töpfer, Friedrich-Schiller-University Jena, Germany

**Symposium 146**

Level 3 – Room M2

**Depression in Couples: New Developments in Research and Treatment**

Convenor & Chair: Melanie Fischer, Heidelberg University Hospital, Germany

- 08:30 **Perceived Fairness of Dyadic Coping in Adolescent Couples and its Links to Depression and Relationship Satisfaction**  
Anne Milek, Wilhelms-Universität Münster, Germany
- 08:50 **Yours, Mine, and Ours: Depression and Moment-By-Moment Emotion Dysregulation in Couples**  
Melanie Fischer, Heidelberg University Hospital, Germany

- 09:10 **Postnatal Depressive Symptoms and Parenting in Couples: Examining Spillover, Crossover and Compensatory Processes**

Hanne Norr Fentz, Aarhus University and TrygFonden's Centre for Child Research, Denmark

09:30 **Discussant**

Donald H. Baucom, University of North Carolina at Chapel Hill, USA

**Symposium 147**

Level 3 – Room M4

**Latest Advances in Technology-Based Cognitive Behavior Therapy Research**

Convenor & Chair: Hilary Weingarden, Massachusetts General Hospital and Harvard Medical School, USA

- 08:30 **Effects of a Neurofeedback Video Game to Prevent Childhood Anxiety: Two Randomized Controlled Trials**  
Isabela Granic, Radboud University, the Netherlands
- 08:45 **Development and Pilot Testing of a Cognitive Behavioral Therapy Digital Service for Body Dysmorphic Disorder**  
Sabine Wilhelm, Massachusetts General Hospital and Harvard Medical School, USA
- 09:00 **The Next Generation of Virtual Reality Interventions for Mental Health**  
Philip Lindner, Stockholm University, Sweden
- 09:15 **Effects of Web-Based Interpretation Bias Retraining (CBM-I) on Body Dysmorphic Symptoms - a Randomized-Controlled Trial**  
Fanny Dietel, University of Münster, Germany
- 09:30 **Discussant**  
Oliver Harrison, Telefónica Innovación Alpha, Spain

**Symposium 148**

Level 3 – Room M6

**Cognitive Control and Anxiety Vulnerability**

Convenor & Chair: Julian Basanovic, University of Western Australia, Australia

- 08:30 **Relating Trait Anxiety to Cognitive Flexibility in Young Adults: An Investigation Using Emotional Stimuli**  
Oana Marcus, University of Sibiu, Romania
- 08:45 **Rapidly Formed Attentional Biases to Threat-Associated Visual Features: The Roles of Anxiety and Top-Down Control**  
Nick Berggren, Birkbeck University of London, UK
- 09:00 **Anxious Attention: The Relative Effects of State and Trait Anxiety on Inhibitory Attentional Control Using the Anti-Saccade Task**  
Owen Myles, University of Western Australia, Australia
- 09:15 **Spatial Working Memory and Recovery from Stress: Is Poor Working Memory Under Stress Linked to Anxiety Perseveration?**  
Georgina Mann, University of Western Australia, Australia
- 09:30 **Discussant**  
Nazanin Derakhshan, Birkbeck University of London, UK

**Symposium 149**

Level 3 – Room M3

**Potions for Emotions and Food for Mood: The Interplay Between Emotion, Cognition and Problematic Consumption Behaviours**

Convenor: Henry Austin, University of Western Australia, Australia, and University of Amsterdam, the Netherlands

Chair: Gemma Healey, University of Western Australia, Australia

- 08:30 **Predicting Emotional Drinking in the Laboratory and Investigating the Mediating Role of Impaired Response Inhibition**  
Henry Austin, University of Western Australia, Australia, and University of Amsterdam, the Netherlands
- 08:45 **Do Drinking Motives and Drinking Contexts Mediate the Relationship Between Social Anxiety and Alcohol Problems?**  
Sherry Stewart, Dalhousie University, Canada
- 09:00 **Cognitive Mechanisms underlying Individual Differences in Negative Emotional Consumption of Junk Food**  
Gemma Healey, University of Western Australia, Australia
- 09:15 **Mechanisms of Emotional Eating in Different Eating Disorders and Healthy Controls**  
Rebekka Schnepfer, University of Salzburg, Austria
- 09:30 **Discussant**  
Reinout Wiers, University of Amsterdam, the Netherlands

**Symposium 150**

Level 3 – Room M5

**Enhancing Effectiveness of Cognitive Behavioral Treatment for Children and Adolescents with Externalizing Behavior Problems: New Developments**

Convenor & Chair: Juliette Liber, Utrecht University, the Netherlands

- 08:30 **Using Interactive Virtual Reality to Treat Aggressive Behavior Problems in Children**  
Sophie Alsem, Utrecht University, the Netherlands

- 08:45 **Internet-Enhanced Cognitive-Behavioral Intervention for Aggressive Children**  
John Lochman, University of Alabama, USA
- 09:00 **Daily Routines as an Antecedent Intervention for Behavior Problems in Children with Attention Deficit Hyperactivity Disorder: A Randomized Controlled Pilot Study**  
Urdur Njardvik, University of Iceland, Iceland
- 09:15 **A Cognitive Versus Behavioral Approach to Emotion Regulation Training for Externalizing Behavior Problems in Adolescence**  
Lysanne te Brinke, Utrecht University, the Netherlands
- 09:30 **Discussant**  
Robert Friedberg, Palo Alto University, USA

**Symposium 151**

Level 3 – Room M7

- Time to Make a Change: a Plea for Experimental Research on Key Processes in Anorexia Nervosa**  
Convenor: Klaske Glashouwer, University of Groningen and Accare Child and Adolescent Psychiatry, the Netherlands  
Chair: Jessica Werthmann, Albert-Ludwigs-Universität Freiburg, Germany
- 08:30 **Look at Food to Lose your Fear – Does Attention Modification Towards Food Lead to Decreased Food-Avoidance and Symptom Improvement in Anorexia Nervosa Patients?**  
Jessica Werthmann, Albert-Ludwigs-Universität Freiburg, Germany
- 08:45 **Experimental Investigations of Food Avoidance as Core Maintaining Factor in Anorexia Nervosa**  
Valentina Cardi, King's College London, UK
- 09:00 **Persistent Maladaptive Learning and Decision Making in Anorexia Nervosa: The Role of Fronto-Striatal Circuits**  
Karin Foerde, New York State Psychiatric Institute, USA
- 09:15 **Starvation as a Maladaptive Mechanism of Emotion Regulation in Anorexia Nervosa**  
Timo Brockmeyer, Georg-August-Universität Göttingen, Germany
- 09:30 **Too 'Fat' to Eat? About Body Image Disturbance as a Key Factor in the Persistence of Anorexia Nervosa**  
Klaske Glashouwer, University of Groningen and Accare Child and Adolescent Psychiatry, the Netherlands

**Skills Class 24 (German Language)**

Level 3 – Room R2

- Achtsamkeit in der Einzeltherapie**  
Johannes Michalak, Universität Witten/Herdecke, Deutschland

**Symposium 152**

Level 3 – Room R3

- Beyond Mood Management: Emotion Regulation Within Bipolar Disorder**  
Convenor & Chair: Kim Wright, University of Exeter, UK
- 08:30 **Pathways to Mania Risk in Young Adults: Investigating Concurrent and Prospective Associations with Affective Lability and Emotion Regulation**  
Alyson Dodd, Northumbria University, UK
- 08:45 **The Promise and Problems of Positive Emotion in Emerging Adults at Risk for Mania**  
June Gruber, University of Colorado Boulder, USA
- 09:00 **Imagery in Bipolar Disorder: Comparing Imagery Aspects in Bipolar, Unipolar, Creative Imagery Prone and Healthy Participants**  
Karin van den Berg, Maastricht University, the Netherlands
- 09:15 **Reviewing the Emotion Regulation Process in Bipolar Disorder – What Works and What Goes Wrong?**  
Manja Koenders, University of Leiden, the Netherlands
- 09:30 **From Theory to Intervention: Results of Two Feasibility Studies of Emotion Regulation Approaches with People with Bipolar Disorder**  
Kim Wright, University of Exeter, UK

**Open Papers 23**

Level 3 – Room R4

- Bullying and Conduct Problems**  
Chair: Michael Borg-Laufs, Hochschule Niederrhein, University of Applied Sciences, Mönchengladbach, Germany
- 08:30 **A Systematic Review and Evaluation of Clinical Practice Guidelines for Children and Youth with Disruptive Behavior: Rigor of Development and Recommendations for Use**  
Brendan F. Andrade, University of Toronto, Canada
- 08:45 **The Global Prevalence and Attributable Burden of Child and Adolescent Bullying Victimization to Depressive and Anxiety Disorders**  
Hannah Thomas, The University of Queensland, Australia
- 09:00 **Indirect Effects of Parental and Peer Attachment on Bullying and Victimization among Adolescents: The Role of Negative Automatic Thoughts**  
Raluca Balan, Babeş-Bolyai University, Romania
- 09:15 **'More than a Feeling': A Multimodal Study of Emotion Processing in Children with Conduct Problems and Varying Levels of Callous Unemotional Traits**  
Jaimie Northam, University of Sydney, Australia

- 09:30 **The Effect of the Cognitive Behavioral Based Cyberbullying Prevention Program**  
Ali Çekiç, Gaziantep University, Turkey

**Open Papers 24**

Level 3 – Room R5

- (Meta)Cognitive Mechanisms and Treatment**  
Chair: Nexhmedin Morina, University of Münster, Germany
- 08:30 **Meta-Analysis of Metacognitive Therapy**  
Nexhmedin Morina, University of Münster, Germany
- 08:45 **Targeting Negative Metacognitions as Maintaining Factors in Excessive Worry: Results from a Randomized Controlled Trial Testing a Novel Online Intervention**  
Tove Wahlund, Karolinska Institutet, Sweden
- 09:00 **Long-Term Prediction of Suicidal Ideation with Implicit and Explicit Measures**  
Jakob Scheunemann, University Medical Center Hamburg-Eppendorf, Germany
- 09:15 **Psychopathological and Well-Being Changes after a Mindfulness Program: A Network Theory Approach**  
Pablo Roca, Complutense University of Madrid, Spain
- 09:30 **Schema Therapy versus Cognitive Behavioural Psychotherapy in an Outpatient Rehabilitation Setting**  
Alexandra Schosser, Medical University Vienna, Austria

**Open Papers 25**

Level 3 – Room R6

- Neural and Biological Mechanisms**  
Chair: Elisabeth Leehr, University of Münster, Germany
- 08:30 **Depressed and Anxious – Data from a Transdiagnostic Neurobiological Perspective**  
Elisabeth Leehr, University of Münster, Germany
- 08:45 **Within and Between Brain Networks: How Does Cognitive Behavioral Therapy Affect Major Depressive Disorder**  
Huachen Ding, Nanjing Brain Hospital affiliated to Nanjing Medical University, China
- 09:00 **Enhanced Noradrenergic Activity by Yohimbine and Discriminative Fear Conditioning in Patients with Major Depression with and Without Adverse Childhood Experiences**  
Linn Kuehl, Charité University Medicine Berlin, Germany
- 09:15 **Neural Mechanisms of Psychological Treatments for Social Anxiety Disorder**  
Katherine Young, King's College London, UK
- 09:30 **Sweating your Way to Overcoming Fear: Brief Exercise-Induced Enhancement of Fear Inhibition**  
Dharani Keyan, University of New South Wales Sydney, Australia

**Open Papers 26**

Level 3 – Room R7

- Assessment and Treatment of Cognitive Processes in Anxiety**  
Chair: Andre Wannemüller, Ruhr-Universität Bochum, Germany
- 08:30 **Short-Term Efficacy of a Worry Postponement Intervention for Generalized Anxiety Disorder**  
Kathleen Tallon, Ryerson University, Canada
- 08:45 **Impact of the Attention Training Technique on Attention Control and Worry in Excessive Worriers**  
Kathleen Stewart, Ryerson University, Canada
- 09:00 **Assessing Repetitive Negative Thinking in Real Time to Determine Risk for Affective Disorders**  
Tabea Rosenkranz, Ludwig-Maximilians-University Munich, Germany
- 09:15 **Effectiveness of Internet-delivered Cognitive Behavioral Therapy (iCBT) for Generalized Anxiety Disorder (GAD) in a Naturalistic Nationwide Study**  
Ville Ritola, HUS Helsinki University Hospital, Finland
- 09:30 **Internet-Delivered Cognitive Behaviour Therapy for Anxiety Disorders: A Randomized Controlled Trial**  
Reham Aly, Ain Shams University, Egypt

**Open Papers 27**

Level 3 – Room R8

- Understanding and Treating Anxiety in Children**  
Chair: Verena Pflug, Ruhr-Universität Bochum, Germany
- 08:30 **The Effectiveness of Psychological Therapies for Anxiety Disorders in Adolescents: A Systematic Review and Meta-Analysis**  
Holly Baker, University of Reading, UK
- 08:45 **Predicting Outcome of Internet-Delivered Cognitive Behaviour Therapy for Paediatric Anxiety Disorders**  
Maral Jolstedt, Karolinska Institutet, Sweden
- 09:00 **The Influence of State and Trait Empathy on Children's Fear Learning from Others**  
Chris Askew, University of Surrey, UK
- 09:15 **Integrating Cognitive Behaviour Therapy Skills for Anxiety into Reading Lessons for Young Struggling Students**  
Amie Grills, Boston University, USA
- 09:30 **Is Social Anxiety Associated with Theory of Mind Ability in Clinically Anxious and Non-anxious Children?**  
Samantha Pearcey, University of Reading, UK

**Skills Class 25**

Level 3 – Room R9

**How to Get Up and Running with Cognitive Behavior Therapy Training and Supervision: The CTP Model**

Sanjay Rao, Purdue University, USA

Kristine Postma, Ottawa Institute of Cognitive Behavioural Therapy, Canada

**Skills Class 26**

Level 3 – Room R10

**Introduction to the Coping Long Term with Active Suicide Program (CLASP)**

Ivan Miller, Lauren Weinstock &amp; Brandon Gaudiano, Brown University, USA

**Skills Class 27**

Level 3 – Room R11

**Schema Therapy for Adolescents and Young Adults After Experiencing Peer Victimization**

Eva Dresbach, Private Praxis &amp; Universitätsklinik Köln, Germany

**Symposium 153**

Level 3 – Room R12

**Cognitive-Behavioral Aspects in the Treatment of Obesity – Innovative Approaches to Current Research**

Convenor: Stefanie Schroeder, University of Bamberg, Germany

Chair: Stefanie Schroeder, University of Bamberg, Germany and Anita Jansen, Maastricht University, the Netherlands

**10:30 Subjective Obesity-Related Representations – Are They Relevant for the Treatment of Obesity?**

Stefanie Schroeder, University of Bamberg, Germany

**10:45 Gender in the Treatment of Obesity – Do Women and Men Report Different Cognitive-Behavioral Factors that Promote or Impede Long-Term Weight Loss Maintenance?**

Caroline van der Velde, University of Bamberg, Germany

**11:00 Internalized Weight Stigma: Consequences for the Individual and Therapeutic Approaches**

Claudia Luck-Sikorski, University of Applied Health Sciences Gera, Germany

**11:15 Food Image-Influenced Decision-Making Under Ambiguity in Morbid Obesity**

Astrid Mueller, Hannover Medical School, Germany

**11:30 From Lab to Clinic: Exposure to Reduce Overeating and Binge Eating**

Anita Jansen, Maastricht University, the Netherlands

**Symposium 154**

Level 3 – Room R13

**Recent Developments in Dementia Family Caregiving Research: Understanding and Targeting Emotional and Physical Health Risk Factors**

Convenors and Chairs: Isabel Cabrera, Universidad Autónoma de Madrid and Rosa Romero-Moreno, King Juan Carlos University, Spain

**08:30 The Health and Psychosocial Problems Spousal Carers of People with Dementia Present to Their General Practitioner During the Dementia Care Trajectory. A Longitudinal Analysis of General Practice Records**

Karljin Joling, Amsterdam University Medical Center, the Netherlands

**08:45 Associations Between Familism and Pleasant Leisure Activities with Biomarkers of Cardiovascular Risk. Preliminary Data of the Caregiving Spanish Longitudinal Study (CUIDA-LONG)**

Rosa Romero-Moreno, Universidad Rey Juan Carlos, Spain

**09:00 Attentional Bias Related to Emotional Distress in Dementia Family Caregivers**

Isabel Cabrera, Universidad Autónoma de Madrid, Spain

**09:15 Effectiveness of a Telephone-Based Cognitive-Behavioral Therapy for Family Caregivers of People with Dementia: A Three-Year Follow-Up**

Franziska Meichsner, Goethe University Frankfurt and Friedrich Schiller University Jena, Germany

**09:30 Discussant**

Brent Mausbach, University of California, USA

**Symposium 155 (German Language)**

Level 3– Room S1

**Cognitive Behavioral Analysis System of Psychotherapy bei chronischer Depression: Bei wem wirkt es auf welche Weise und wie lange?**

Convenor &amp; Chair: Elisabeth Schramm, Universität Freiburg, Deutschland

**08:30 Kurz- und langfristige Wirksamkeit von Cognitive Behavioral Analysis System of Psychotherapy (CBASP) bei chronischer Depression mit frühem Beginn**

Moritz Elsäßer, Universitätsklinikum Freiburg, Deutschland

**08:50 Differentielle Effekte von Cognitive Behavioral Analysis System of Psychotherapy (CBASP) im Vergleich zu supportiver Psychotherapie (SP) auf die therapeutische Allianz in der Behandlung von chronischer Depression**

Hannah Eich, Universität zu Lübeck, Deutschland

**09:10 Unerwünschte Ereignisse bei einer störungsspezifischen Behandlung mit Cognitive Behavioral Analysis System of Psychotherapy (CBASP) im Vergleich zu einer unspezifischen Psychotherapie**

Ramona Meister, Psychotherapeutin in Hamburg, Deutschland

**09:30 Einfluss von Kindheitserfahrungen und Komorbiditäten auf den Behandlungserfolg von CBASP**

Jan Philipp Klein, Universität zu Lübeck, Deutschland

**Symposium 156**

Level 3 – Room S2

**Uncovering Effective Components of Psychosocial Training Programs for Youth Using a Micro-Trial Approach**

Convenor: Brechtje de Mooij, University of Amsterdam, the Netherlands

Chair: Thomas Ollendick, Virginia Polytechnic Institute and State University, USA

**08:30 Meta-Analysis of Components of Behavioral Parent and Teacher Training Interventions for Children with Attention Deficit Hyperactivity Disorder**

Rianne Hornstra, Rijksuniversiteit Groningen, the Netherlands

**08:45 Preliminary Results of a Randomized Controlled Microtrial into the Effectiveness of Behavioral Teacher Training Techniques for Childhood Attention Deficit Hyperactivity Disorder**

Anouck Staff, Vrije Universiteit Amsterdam, the Netherlands

**09:00 Core Components of Cognitive Behavioral Therapy in Preventing Depression in Youth: Does the Type and Sequence of Components Matter?**

Marieke van den Heuvel, Trimbos Institute and Erasmus University Rotterdam, the Netherlands

**09:15 Exposure or Cognitive Restructuring? Training Components Aimed at Decreasing Social Anxiety**

Brechtje de Mooij, University of Amsterdam, the Netherlands

**09:30 Discussant**

Ross Greene, Virginia Polytechnic Institute and State University, USA

**Poster Session 7 (9.00 - 11.30)****New Developments**

- 1 Hybrid Cognitive Behavioral and Art Therapy Intervention for Depression and Anxiety Symptoms in Family Caregivers of Children with Cancer: Preliminary Results**  
Olga Isabel Alfaro, Universidad Iberoamericana A.C, Mexico
- 2 Facebook, Instagram and Snapchat French Adaptation of the Physical Appearance Comparison Scale (PACS)**  
Claire Arnaud, Université de Lille, France
- 3 Usability of Psycho-Educational Online Stress Management Program for University Students**  
Ana Babić Čikeš, University of Osijek, Croatia
- 4 French Validation and Adaptation of a State-Measure of Body-Image: The Body Image State Scale**  
Luc Bardi, Université de Lille, France
- 5 Online vs. Real-Life. A Network Approach to Social Interaction and Mood: Results of the BeMIND Study**  
Teresa Bolzenkötter, Freie Universität Berlin, Germany
- 6 The Role of the Body in Mindfulness-Based Stress Reduction**  
Jessica Bosch, Witten/Herdecke University, Germany
- 7 'Building Blocks of CBT': Development of Brief Psychological Interventions Using Components of CBT**  
Stephanie Casey, Cambridgeshire and Peterborough NHS Foundation Trust, UK
- 8 CBT for Complex Depression: Single Case Analysis of an Integrated Treatment**  
Rachel Elliott, Cambridge Adult Locality Team, UK
- 9 The Influence of Anticipatory Stress and Emotion Regulation on Sleep – Preliminary Results from a Smartphone Study**  
Victoria J. Firsching, University of Basel, Switzerland
- 10 Assessment of the Efficacy and Usability of an App-Delivered Stress Management Intervention for Distance-Learning Students in Germany: Randomized Controlled Trial (Work in Progress)**  
Lara Fritsche, University of Hagen, Germany
- 11 Guilt Induction Processes in Dementia Caregiving**  
Laura Gallego-Alberto, Universidad Autónoma de Madrid, Spain
- 12 Measuring Therapy in All Practices**  
Dror Gronich, PsySession.com, Israel
- 13 Pilot Study of a German Version of the Unified Protocol for Transdiagnostic Treatment of Emotional Disorders in Adolescents**  
Raphael Gutzweiler, University of Koblenz-Landau, Germany
- 14 Pediatric Pain. Remote Monitoring of Physiological Variables of Pain in Pediatric Oncology by I-Care. A Technological Proposal**  
Verónica Miriam Guzman-Sandoval, Universidad de Colima, Mexico
- 15 Can Workplace Cognitive-Behavioral Group Intervention for Preventing Mental Health Issues Improve Work Functioning? A Systematic Review**  
Yuko Ihara, University of Tokyo, Japan
- 16 Dispositional Mindfulness Moderates the Relationship Between Positive Affect and the Experience of Pleasure**  
Ayça Ilgaz, Yeditepe University, Turkey
- 17 A Case Study of the Time-Varying Dynamics of Sleep During Cognitive Behavioural Therapy for Insomnia**  
Marianne Källström, Åbo Akademi University, Finland
- 18 The Effect of the "K" Technique on Levels of Anxiety and Salivar Cortisol in Adolescents with Cognitive Challenge**  
André Kolb, Universidade Federal do Rio Grande do Sul, Brazil

- 19 **Early Maladaptive Schemas in Relation to DSM-V Pathological Personality Traits and Internal Dialogicality**  
Małgorzata Łysiak, The John Paul II Catholic University of Lublin, Poland
- 20 **Patient and Public Involvement in a Service Evaluation of CBT-Based Interventions**  
Rachel Maciag, Cambridge and Peterborough NHS Foundation Trust, UK
- 21 **Examining the Experiences and Views of Non-Qualified Staff Delivering Cognitive Behavioural Therapy-Based Interventions**  
Rachel Maciag, Cambridge and Peterborough NHS Foundation Trust, UK
- 22 **Smartphone CBT-Based Ecological Momentary Interventions to Improve Mental Health**  
Marta Marciniak, University of Zürich, Switzerland
- 23 **“Leave the Anger Behind Bars” – Computerized CBT for Excessive Anger in Prisoners – Preliminary Report**  
Dragana Markanovic, Croatian Association for Behavioral-Cognitive Therapies, Croatia
- 24 **Success: Beliefs and Behaviors- The Importance of Resigning Success**  
Renata Mello, Universidade Aberta Portugal, Portugal
- 25 **Alcohol Intoxication Impairs the Bystander Risk Detection in a Hypothetical Sexual Assault: A Field Investigation**  
Alita Mobley, University of Arkansas , USA
- 26 **New Approach to Assessing the Influence of the Surrounding Architectural Enclosed Space on Human Mental Activity**  
Uliana Moskvitina, Belgorod State National Research University, Russia
- 27 **The Reliability and Validity of the Korean Version of the State Mindfulness Scale**  
Seunghye Noh, Yeungnam University, South Korea
- 28 **Divided Psychotherapy and the Internet: Integration Using Hybrid Models**  
Liat Noiman, The Open University of Israel and Private Practice, Israel
- 29 **Autonomous Cars: New Territory for CBT Interventions**  
Arnon Rolnick, Private Practice, Israel
- 30 **Which Emotional Processes are Impaired in Alexithymic Patients? A Comparison Between a Clinical and a Non-Clinical Sample**  
Ana Nunes da Silva, University of Lisbon, Portugal
- 31 **Alexithymia and Change Process: Two Case Studies**  
Ana Nunes da Silva, University of Lisbon, Portugal
- 32 **Validation of the German Young Positive Schema Questionnaire (YPSQ) and the Positive Schema-Domain Network in the General Population and Psychiatric Patients**  
Andreas Paetsch, Max Planck Institute of Psychiatry (First Author), Germany
- 33 **A Case for Compassion: Development of a Compassion-Focused Therapy Group for People with Moderate to Severe Mental Health Difficulties**  
Katherine Parkin, Cambridge Adult Mental Health Locality Team, UK
- 34 **The Conscious and Unconscious in Aaron T. Beck’s Cognitive Theory – A Historical Perspective.**  
Monika Romanowska, University of Gdansk, Poland
- 35 **Targeting Procrastination Using Psychological Treatments: A Systematic Review and Meta-Analysis**  
Alexander Rozental, Karolinska Institutet, Sweden
- 36 **Changes in the Social Mind Through Therapy for OCD**  
Maike Salazar Kämpf, Leipzig University, Germany
- 37 **Effectiveness of Treatment with Hypnosis and Catalepsy in Patients with Conversion Disorder**  
Judith Schaap, HSK Expertise Conversie, the Netherlands
- 38 **Anger in Chronic Pain: The Role of Self-Compassion**  
Anja Carina Schmitt, University Koblenz-Landau, Germany
- 39 **Personalized Lifestyle Advice Alters Affective Reactivity in Anhedonic Young Adults**  
Michèle Schmitter, Tilburg University, the Netherlands
- 40 **Latent Change Trajectories of Subjective Stress Throughout Cognitive-Behavioral Therapy: Evidence for a Transdiagnostic Construct**  
Eva Elisa Schneider, Johannes Gutenberg-University Mainz, Germany
- 41 **Developing an Instrument to Assess Symptom Networks and Functional Relations for Individual Case**  
Conceptualization with Experience Sampling Method: A Pilot Study  
Saskia Scholten, University Koblenz-Landau, Germany
- 42 **Automating the Identification of Sudden Gains Within Psychological Therapy Datasets: A New R Package**  
Graham Thew, University of Oxford, UK
- 43 **Revamping Services: The Effectiveness of a Brief CBT-Based ‘Initial Intervention’ for New Clients Delivered by Junior Staff**  
Emma Travers-Hill, Kent and Medway NHS and Social Care Partnership Trust, UK
- 44 **Activating Resilience – The Personal Model of Resilience**  
Philipp Victor, Witten/Herdecke University, Germany
- 45 **Intentional Behavior and the Quality and Avoidance of Social Interactions**  
Jeanette Villanueva, University of Basel, Switzerland
- 46 **A Personalized Approach to Health Using Machine Learning Techniques of Multimodal Lifelog Data**  
Tetsuya Yamamoto, Tokushima University, Japan

- 47 **Does Dysfunctional Pride Lead to Impaired Performance on Analytic Task and Increase Risky Behaviour?**  
Oana David, Babes-Bolyai University, Romania
- 48 **A Systematic Review of the Psychometric Properties of Death Anxiety Self-Report Measures**  
Matteo Zuccala, University of Sydney, Australia
- 49 **Detecting Distress in Adolescents and Young Adults Using Big Data Analysis of Social Media**  
Stefanie Schmidt, University of Berne, Switzerland
- 50 **A Blended Psychological Resilience Training: Conceptualization and Pilot Results**  
Eliza Isabel Eckhardt, Deutsches Resilienz Zentrum (DRZ), Germany
- 51 **Self-Compassion Interventions and Psychosocial Outcomes: A Meta-Analysis of RCTs**  
Madeleine Ferrari, University of Sydney and Australian Catholic University, Australia
- 52 **Digital Assessment in Dance Movement Therapy as Part of a Creative Arts Therapies Participatory Assessment Approach**  
Lily Martin, Alanus University, Germany

**Trauma**

- 53 **Psychotraumatization and Treatment of Posttraumatic Stress Disorder in Patients with Newly Diagnosed Breast Cancer**  
Sanda Anton, University Hospital Osijek, Croatia
- 54 **Using Mixed Methodology in Nosological Research: The Case of Moral Injury**  
Andrea Ashbaugh, University of Ottawa, Canada
- 55 **Cognitive Behavioral Therapy in Agoraphobia and Posttraumatic Stress Disorder: A Case Study**  
Nida Ates, Istanbul Kultur University, Turkey
- 56 **Sleep as Predictor of Intrusive Symptoms?**  
Yasmine Azza, University of Zürich, Switzerland
- 57 **Changes in Intolerance of Uncertainty During Inpatient Treatment for Posttraumatic Stress Disorder**  
David Berle, University of Technology Sydney, Australia
- 58 **Reductions in Intrusive Memory Frequency for Analogue Trauma Following Cognitive Task Engagement**  
David Berle, University of Technology Sydney, Australia
- 59 **Resilient Program, a Therapist Assisted Online Intervention to Promote Resilience After a Disaster – The Therapists’ Experiences**  
Vera Bekes, Yeshiva University, USA and Laval University, Canada
- 60 **Perceived Injustice Mediates the Relationship Between Trauma Type and PTSD Symptoms**  
David Berle, University of Technology Sydney, Australia
- 61 **Developing Integrated Treatment Platforms for At-Risk Sexual Minority Men**  
Michael Boroughs, University of Windsor, Canada
- 62 **Treating Adults with Childhood Trauma: Patients Talk About Their Treatment Experience when Receiving Trauma Focused Therapy Without Stabilisation**  
Katrina Boterhoven de Haan, University of Western Australia, Australia
- 63 **The Effectiveness of Cognitive Behavioral Therapy on the Treatment of Post-Traumatic Stress Disorder**  
Ekin Çakır, Utrecht University, the Netherlands
- 64 **An Overview of Reviews on Resilience and Protective Factors in Post-Traumatic Stress Disorder**  
Carolina Campodonico, University of Manchester, UK
- 65 **Investigating Trauma Processing; the Development of Data-Driven Processing and its Impact on Cognition.**  
John-Paul Corrigan, Northern Health and Social Care Trust, UK
- 66 **Reduced Gray Matter Volume in the Left Prefrontal, Occipital, and Temporal Regions as Predictors for Posttraumatic Stress Disorder: A Voxel-Based Morphometric Study**  
Jan Christopher Cwik, Universität zu Köln, Germany
- 67 **Is Written Trauma Exposure Effective in Reducing Symptoms of Posttraumatic Stress in Adults? A Systematic Review**  
Rachelle Dawson, Australian National University, Australia
- 68 **Mothers’ Emotions After Pediatric Burn Injury: Longitudinal Associations with Posttraumatic Stress- and Depressive Symptoms**  
Marthe Egberts, Association of Dutch Burn Centers and Utrecht University, the Netherlands
- 69 **Fear Conditioning Generates Intrusive Memories - A Study on the Impact of Social Support Interactions on Conditioned Threat**  
Lisa Espinosa, Karolinska Institutet, Sweden
- 70 **Fear Conditioning as an Explanation for Intrusive Memories: An Experimental Study**  
Laila K. Franke, University of Salzburg, Austria
- 71 **Is it Possible to Introduce Effective PTSD Prevention Program for Firefighters?**  
Patrycja Gajda, University of Warsaw, Poland
- 72 **Perfectionism and Worry as Moderators for the Relationship Between Obsessive-Compulsive and Posttraumatic Stress Symptoms**  
Sydney Hirst, Vancouver Island University, Canada
- 73 **The Role of Gender, Negative Appraisals, and Perceived Social Support in the Emergence of Posttraumatic Stress Symptoms.**  
Sydney Hirst, Vancouver Island University, Canada

- 74 **The Effects of Gender and Anxiety Sensitivity in the Relationship Between Obsessive Compulsive Symptoms and Posttraumatic Stress.**  
Sydney Hirst, Vancouver Island University, Canada
- 75 **Have We Underestimated the Prevalence of PTSD and Major Depression in Countries with a Recent History of War? Discrepancies Between Epidemiological Surveys and Global Health Estimates of the WHO**  
Thole Hoppen, Westfälische Wilhelms-Universität Münster, Germany
- 76 **Neural Correlates of Psychotherapy in PTSD Related to Child Maltreatment: Study Design and Experimental Procedures**  
Stefanie Jaenicke-Reissig, University of Giessen, Germany
- 77 **The Network Structure of Post-Traumatic Stress Disorder Across the Lifespan and the Role of the Youth-Reported and Parent-Reported Symptoms**  
David Johnston, University of Cambridge, UK
- 78 **Self-Perceptions of Women in the Aftermath of Sexual Trauma**  
Hadar Keshet, Bar-Ilan University, Israel
- 79 **A Pilot Study of a Single-Session Psychoeducational Intervention for Acute Trauma Survivors in South Korea: Follow-Up After Six Months.**  
Daeho Kim, Hanyang University, South Korea
- 80 **Who Receive Trauma-Focused Psychotherapy, Medication, or Both?: Findings from Outpatients with Posttraumatic Stress Disorder in South Korea**  
Daeho Kim, Hanyang University, South Korea
- 81 **Victimization Myths and the Victims of Sexual Violence in Korea**  
Sunyoung Kim, University of Hawaii, USA
- 82 **Mindfulness and Compassion: A Comparison of PTSD Patients, Depressive Patients and Healthy Controls Using a Multi-Method Approach**  
Stella Kümmerle, Goethe University, Germany
- 83 **The Impact of Recent Kerala Floods: The Post-Traumatic Psychological Distress and Recovery Among Adolescents**  
Roshin John Kunnel, University of Basel, Switzerland
- 84 **A Comparison of Self-Reported and Expert-Assessed Clinician Adherence to Cognitive Processing Therapy for Posttraumatic Stress Disorder**  
Jeanine Lane, Ryerson University, Canada
- 85 **RESILIENT – An Online Multidimensional Treatment to Promote Resilience After a Disaster: Who Participated ?**  
Jessica Lebel, Laval University, Canada
- 86 **Development and Validation of a New Measure of Early Adversity Among Children and Adults: The Adverse Life Experiences Scale (ALES)**  
Meryn Lechowicz, University of Sydney, Australia
- 87 **Imagery Rescripting and Eye Movement Desensitisation and Reprocessing (IREM) for Treatment of Adults with Childhood PTSD: An International Randomized Clinical Trial**  
Christopher Lee, University of Western Australia, Australia
- 88 **Irrational and Rational Beliefs and Posttraumatic Stress Disorder: A Rational Emotive Behaviour Therapy Perspective**  
Lence Miloseva, Goce Delcev University, North Macedonia
- 89 **Study Quality and Treatment Efficacy of Psychological Interventions for PTSD: A Meta-Analysis**  
Nexhmedin Morina, University of Münster, Germany
- 90 **Posttraumatic Cognitions, Pain, and Injury as Predictor of Trauma Symptoms in Motor Vehicle Accident Survivors**  
Marcia Mössler, Vancouver Island University, Canada
- 91 **Autobiographical Memory Specificity and Dissociative Processes: A Systematic Review**  
Aysenur Okan, Koc University, Turkey
- 92 **Effectiveness of Universal Psycho-Educational Program About Traumatic Memory Recall: A 1-Month and 12-Month Follow-Up**  
Kaori Osawa, Konan University, Japan
- 93 **New Trauma Changes Clinical Picture of Panic Attacks**  
Cristina Patru, Hôpitaux Universitaires de Genève, Switzerland
- 94 **Effects of Mindfulness Training on Posttraumatic Stress Reactions in Japanese Undergraduates**  
Kenji Sato, Tokushima University, Japan
- 95 **The Role of Mindfulness and Emotional Regulation in the Development of PTSD Symptomatology**  
Judith Schäfer, Technische Universität Dresden, Germany
- 96 **Capturing the Time-Dependent Component of Intrusive Memories in Daily Life**  
Laura Sels, University of Zürich, Switzerland
- 97 **The Role of Thought-Action Fusion and Anxiety Sensitivity in Obsessive-Compulsive and Depressive Symptoms**  
Danielle Shinbine, Vancouver Island University, Canada

- 98 **Linguistic Correlates of Depression and PTSD Symptoms in Medical Stressor Narratives: Implications for Clinical Practice**  
Scott Smith, Mercer University, USA
- 99 **Behavioral and Characterological Attributions of Blame and Psychological Sequelae in Motor Vehicle Accident Survivors**  
Lindsey Snaychuk, Vancouver Island University, Canada
- 100 **Technology-Facilitated Sexual Violence: A Qualitative Approach**  
Lindsey Snaychuk, Vancouver Island University, Canada
- 101 **Explaining the Heterogeneity in PTSD Symptoms with Individual Differences: The Role of Temperament and Early Maladaptive Schemas**  
Karolina Staniaszek, University of Warsaw, Poland
- 102 **Childhood Maltreatment and Adult Mental Disorders – Frequency of Maltreatment, the Association with Course and Severity of Symptoms, and the Mediating Role of Attachment**  
Nele Struck, Philipps-Universität Marburg, Germany
- 103 **Bereavement Rumination and Bereavement Adjustment: Test of the Mediating Effects of Metacognition and Reaction**  
Suqin Tang, Shenzhen University, China
- 104 **Childbirth-Induced Posttraumatic Stress – An Investigation of DSM-5 Symptom Clusters and the Role of Traumatic Childbirth Memories**  
Freya Thiel, Massachusetts General Hospital, USA
- 105 **Long-Term Outcomes of Psychotherapy for Posttraumatic Stress Disorder: A Meta-Analysis**  
Maxi Weber, Freie Universität Berlin, Germany
- 106 **Fear of Sleep as Perpetuating Factor of Trauma-Related Sleep Disturbances**  
Gabriela Werner, Ludwig-Maximilians-University Munich, Germany
- 107 **Examination of a Model of Factors Affecting Grief After Bereavement**  
Wataru Ishida, Meiji Gakuin University and Teikyo University, Japan

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## Morning In-Congress Workshops (10.15 - 13.45)

### In-Congress Workshop 26

Level 3 – Room R5

#### Compassion-Focused and Vulnerability Training for Gender and Sexual Minority Clients

Matthew Skinta, Independent Practice, USA

### In-Congress Workshop 27

Level 3 – Room R6

#### The Willpower Workshop: Seven Steps to Sustaining Therapeutic Change

Frank Ryan, Imperial College London, UK

### In-Congress Workshop 28

Level 3 – Room R7

#### Brief Behavioural Activation (Brief BA) for Adolescent Depression

Laura Pass & Shirley Reynolds, University of Reading, UK

### In-Congress Workshop 29

Level 3 – Room R8

#### Comprehensive Behavioral Intervention for Tics

Douglas Woods, Marquette University, USA & Matthew Capriotti, San Jose State University, USA

### In-Congress Workshop 30

Level 3 – Room R9

#### Schema Therapy for Chronic Depression

Alexandra Schosser, BBRZ-Med and Medical University Vienna, Austria

### In-Congress Workshop 31

Level 3 – Room R10

#### Inference-Based Therapy for Obsessive Compulsive Disorders

Kieron O'Connor, University of Montreal, Institute of Mental Health, Canada & Henny Visser, Marina de Wolf Centre, the Netherlands

### In-Congress Workshop 32

Level 3 – Room R11

#### iMAGery Focused Therapy for Psychosis (iMAPS)

Christopher Taylor, Pennine Care NHS Foundation Trust and University of Manchester, UK

### In-Congress Workshop 33

Level 3 – Room R13

#### From Critical Self to Compassionate Self: A Self-Practice/Self-Reflection Workshop for Therapists

James Bennett-Levy, University of Sydney, Australia

### In-Congress Workshop 34 (German Language)

Level 3 – Room S1

#### Lebensrückblickinterventionen mit Älteren

Barbara Rabaioli-Fischer, Psychotherapeutische Praxis, Deutschland

## (10.30 - 12.00)

### Symposium 157

Level 1 – Room A4

#### What Works Under which Circumstances: Personalizing Treatments from a Differential Prediction and Network Perspective

Convenor & Chair: Wolfgang Lutz, University of Trier, Germany

Co-Chair: Zachory Cohen, University of California, USA

10:30 The Stratified Medicine Approaches for Treatment Selection (SMART) Mental Health Prediction Tournament: How Advances in Statistical Approaches to Predictive Modeling can Improve Mental Health Outcomes

Zachory Cohen, University of California, USA

10:50 Network Models for Clinical Practice?

Laura Bringmann, University of Groningen, the Netherlands

11:10 Individual Treatment Selection in Routine Care: Development of a Machine-learning-based Algorithm

Brian Schwartz, University of Trier, Germany

11:30 Discussant

Stefan Hofmann, Boston University, USA

### Symposium 158

Level 1 – Room A2

#### Pharmacological Enhancement of Psychological Treatments

Convenor & Chair: Marcel van den Hout, Utrecht University, the Netherlands

10:30 Pharmacological Manipulation of Reconsolidation in Humans: Promises and Pitfalls

Jamie Elsey, University of Amsterdam, the Netherlands

10:45 The Effects of Yohimbine on the Degrading Effects of Eye Movements on Autobiographical Memories

Marianne Littel, Erasmus University, the Netherlands

11:00 Boosting Memories: The Effects of Yohimbine on the Saliency of Positive Autobiographical Memories

Suzanne van Veen, Utrecht University, The Netherlands

11:15 The Effect of Cortisol Administration on Exposure Treatment Generalization in Spider Phobia

Armin Zlomuzica, Ruhr-University Bochum, Germany

11:30 Discussant

Merel Kindt, University of Amsterdam, the Netherlands

### Symposium 159

Level 1 – Room A3

#### No Pain, No Gain? Are Negative Effects an Inevitable Part of Psychotherapy?

Convenor: Jan Philipp Klein, University of Lübeck, Germany

Chair: Ger Keijsers, Radboud University Nijmegen, the Netherlands

10:30 Assessing the Unwanted: Detecting and Monitoring Negative Effects of Psychological Interventions

Philipp Herzog, Marburg University, Germany

10:50 The Negative Effects Questionnaire: Psychometric Properties of an Instrument for Assessing Negative Effects in Psychological Treatments

Alexander Rozental, Karolinska Institutet, Sweden

11:10 Care Dependency in Psychotherapy: Results of a Longitudinal Study of Patients with Personality Disorders

Naline Geurtzen, Radboud University Nijmegen, the Netherlands

11:30 The iCARE\*MDD-Study: Investigating Care Dependency and Its Relation to Outcome in Patients with Depressive Disorders

Sarah Glanert, University of Lübeck, Germany

### Symposium 160 and Plenary Address

Level 1 – Room A8

#### Cross-Cultural Issues in Applying Cognitive Behavioral Therapy in Asian Countries II

Convenor: Younghee Choi, Mettaa Institute and Inje University, South Korea

Chair: Younghee Choi, Mettaa Institute and Inje University, South Korea and Jung-Hye Kwon, Korea University, South Korea

10:30 Invited Plenary Address

**Integrating CBT, Schema Therapy and Mindfulness into a Trans-Diagnostic Self-Healing Programme: An Asian Perspective**

Younghee Choi, Mettaa Institute and Inje University, South Korea

Chair: Jamal Chiboub, Moroccan Association for Behavioural and Cognitive Therapies

11:00 Cognitive Behaviour Therapy in Malaysia: Current Trends (2015-2019) and Future Pathways

Firdaus Mukhtar, Universiti Putra Malaysia, Malaysia

11:15 Current Status of Cognitive Behavior Therapy Practice, Training and Research in Bangladesh

Shahanur Hossain, University of Dhaka, Bangladesh

11:30 Adapting Cognitive Behavior Therapy Within a Multidimensional Indian Context: Issues & Challenges in Practice, Research and Training

Nimisha Kumar, Shree Guru Gobind Singh Tricentenary University Gurugram, India

11:45 Cross-Cultural Issues in Applying Cognitive Behavior Therapy in Pakistan

Muhammad Irfan, Riphah International University, Pakistan

### Symposium 161

Level 1 – Room A1

#### When the Experts are Stretched: What Can be Learned from Challenging Obsessive-Compulsive Disorder Presentations

Convenor & Chair: Maureen Whittal, Vancouver CBT Centre and University of British Columbia, Canada

10:30 "Do I love him? I don't trust him!": Treating Relationship Obsessive Disorder (ROCD) with Obsessive Distrust

Guy Doron, Baruch Iver School of Psychology, Israel

10:45 Interventions with Sexual Imagery in Obsessive Compulsive Disorder

David Veale, King's College London and South London and Maudsley Trust, UK

11:00 The Intersection of Contact and Mental Contamination in OCD: A Cognitive Construal and Therapy

Adam Radomsky, Concordia University of Montreal, Canada

11:15 Why the Diagnosis of OCD is Best Considered a Final Common Pathway: Convergence in Topography Can be Understood in terms of Psychological Processes

Paul Salkovskis, University of Oxford, UK

11:30 Discussant

Roz Shafran, University College London, UK

**Symposium 162**

Level 3 – Room M1

**Exposure-Based Treatments for Youth Psychopathology: Enhancing Outcomes and Broadening Reach Through Basic and Applied Clinical Research**

Convenor & Chair: Allison Waters, Griffith University, Australia

- 10:30 **Optimising Exposure for Children and Adolescent Anxiety: A Systematic Review and Empirical Study Examining Affect Labelling for Public Speaking Anxiety**  
Polly Waite, University of Reading, UK
- 10:45 **A Randomized Controlled Trial of D-Cycloserine Augmented Intensive Exposure Therapy for Paediatric Obsessive Compulsive Disorder Outcomes and Moderators of Response**  
Lara Farrell, Griffith University, Australia
- 11:00 **Exposure-Based Cognitive Behavioral Therapy for Severe Irritability in Youth: Theory, Mechanisms, and Outcomes**  
Katharina Kircanski, National Institute of Mental Health, USA
- 11:15 **Enhancing Exposure-Based Treatments for Anxious Youth: Strengthening Attention Regulation During Fear Extinction Experiments and Exposure Therapy**  
Allison Waters, Griffith University, Australia
- 11:30 **Discussant**  
Michelle Craske, University of California, USA

**Symposium 163**

Level 3 – Room M2

**New Ways to Improve and Understand the Effectiveness of Contemporary Cognitive Behavioral Therapy and Interpersonal Psychotherapy for Depression: Results from Two Large-Scale Randomized Trials**

Convenor: Lotte Lemmens, Maastricht University, the Netherlands

Chair: Frenk Peeters, Maastricht University Medical Centre, the Netherlands

- 10:30 **(Long-term) Outcomes of Acute Treatment with Cognitive Therapy vs. Interpersonal Therapy for Adult Depression: Results of a Randomized Controlled Trial**  
Lotte Lemmens, Maastricht University, the Netherlands
- 10:45 **Twice- Versus Once-Weekly Sessions of Cognitive Therapy and Interpersonal Therapy for Depression: Results from a Randomized Multicenter Trial**  
Sanne Bruijniks, Vrije Universiteit Amsterdam, the Netherlands
- 11:00 **A Prognostic Index for Long-Term Outcome After Successful Acute Phase Cognitive Therapy and Interpersonal Psychotherapy for Major Depressive Disorder**  
Suzanne van Bronswijk, Maastricht University, the Netherlands
- 11:15 **Does Psychological Process Change During Psychotherapy Predict Long-Term Depression Outcome After Successful CT or IPT? Results from a Randomized Trial**  
Marcus Huibers, Vrije Universiteit Amsterdam, the Netherlands, and University of Pennsylvania, USA
- 11:30 **Discussant**  
Robert De Rubeis, University of Pennsylvania, USA

**Symposium 164**

Level 3 – Room M3

**Parenting and Translational Approaches to Child Conduct Problems: A Focus on Emotion**

Convenor & Chair: David Hawes, University of Sydney, Australia

- 10:30 **Gene and Temperament-Based Moderators of Parenting Interventions for Child Disruptive Behavior: Evidence from a Randomized Trial of the Incredible Years Program**  
Geertjan Overbeek, University of Amsterdam, the Netherlands
- 10:45 **What Do We Know About the Children Whose Callous and Unemotional Traits Respond Well to Parenting Intervention?**  
David Hawes, University of Sydney, Australia
- 11:00 **Callous-Unemotional Traits and Parental Mind-Mindedness Among Families of Young Children with Conduct Problems: An Observational Study**  
Carri Fisher, University of Sydney, Australia
- 11:15 **Do Childhood Conduct Problems Disrupt Parental Emotion Socialisation Processes?**  
Jaimie Northam, University of Sydney, Australia
- 11:30 **Discussant**  
Mark Dadds, University of Sydney, Australia

**Symposium 165**

Level 3 – Room M4

**Recent Developments in the Study of the Vulnerability to and Prevention of Depression**

Convenor & Chair: Ragnar Ólafsson, University of Iceland, Iceland

Chair: Ernst Koster, Ghent University, Belgium

- 10:30 **The Habit-Goal Framework of Depressive Rumination: Results from a Student Sample**  
Ragnar Ólafsson, University of Iceland, Iceland

- 10:45 **Habitual Characteristics of Rumination and their Relationship with Fluctuations of Mood and Cognitions in Daily Life**  
Kristján Hjartarson, University of Iceland, Iceland
- 11:00 **Temperament in Remitted Depression: The Role of Effortful Control and Attentional Mechanisms**  
Igor Marchetti, University of Trieste, Italy
- 11:15 **Cognitive Control Training and Relapse Prevention in Depression**  
Nathan Van den Bergh, Ghent University, Belgium
- 11:30 **Discussant**  
Ed Watkins, University of Exeter, UK

**Symposium 166**

Level 3 – Room M5

**The Effects of Neurostimulation on the Extinction of Fear**

Convenor & Chair: Andreas Burger, Catholic University Leuven, Belgium

- 10:30 **Vagus Nerve Stimulation Enhances Extinction and Reduces Anxiety in Animal Models**  
Christa McIntyre, University of Texas, USA
- 10:45 **Neuroenhancement of Adaptive Responding: Improving Fear Extinction Learning by Single Non-Invasive Vagal Stimulation of the Brain's Inhibitory Pathways**  
Christoph Szeszka, University of Greifswald, Germany
- 11:00 **Effects of Non-Invasive Vagus Nerve Stimulation on Generalization and Extinction of Fear**  
Andreas M. Burger, Catholic University Leuven, Belgium
- 11:15 **Testing the Effects of Transcutaneous Vagus Nerve Stimulation on Reversal Learning and its Underlying Working Mechanism**  
Martina D'Agostini, Catholic University Leuven, Belgium
- 11:30 **Modulation of Fear Extinction by Non-Invasive Brain Stimulation**  
Martin Herrmann, Universitätsklinikum Würzburg, Germany

**Panel Discussion 14**

Level 3 – Room M6

**Where in the World Are We in the Treatment of Youth Anxiety Disorders?**

Convenor & Chair: Sandra Pimentel, Montefiore Medical Center and Albert Einstein College of Medicine, USA

Discussants:

- Anne Marie Albano, Columbia University Medical Center, USA
- Anne C Miers, Leiden University, the Netherlands
- Jennifer Hudson, Macquarie University, Australia

**Symposium 167**

Level 3 – Room M7

**In Search for Self-Care: Non-Suicidal Self-Injury in Eating Disorders and Obesity**

Convenor & Chair: Laurence Claes, University of Leuven, Belgium

- 10:30 **Non-Suicidal Self-Injury Along the Eating Disorder Spectrum in Community Adolescents: Prevalence, Functionality, and Symptomatology**  
Tinne Buelens, University of Leuven, Belgium
- 10:45 **Non-Suicidal Self-Injury in Female Patients with an Eating Disorder: Prevalence, Functionality, and Symptomatology**  
Laurence Claes, Catholic University Leuven and University Antwerp, Belgium
- 11:00 **Eating Disorder Males and Non-suicidal Self Injury: Associated Clinical Traits and Therapy Response**  
Fernando Fernandez-Aranda, Bellvitge University Hospital and Spanish Biomedical Research Centre in Physiopathology of Obesity and Nutrition, Spain
- 11:15 **Life-Time Non-Suicidal Self-Injury in Bariatric Surgery Candidates**  
Astrid Müller, Hannover Medical School, Germany
- 11:30 **Discussant**  
Astrid Müller, Hannover Medical School, Germany

**Symposium 168**

Level 3 – Room M8

**Memory Therapeutics: Disruptions in Autobiographical Memory Associated with Emotional Disorders and Their Improvement Through Intervention**

Convenor: Tom Barry, The University of Hong Kong, Hong Kong, and King's College London, UK

Chair: Karen Salmon, Victoria University of Wellington, New Zealand

- 10:30 **An Individual Patient Data Meta-Analysis of the Role of Autobiographical Memory in Treatment Response to Cognitive Behavioural Therapies**  
Caitlin Hitchcock, University of Cambridge, UK
- 10:45 **The Transportability of Memory Specificity Training (MeST): Adapting an Intervention Derived from Experimental Psychology to Routine Clinical Practices**  
Tom Barry, The University of Hong Kong and King's College London, UK

- 11:00 **Results from an RCT of Automated, Computerised Memory Specificity Training for Major Depressive Disorder (C-MeST)**  
David Halford, Deakin University, Australia
- 11:15 **Harnessing Mental Imagery and Enhancing Memory Specificity: Developing a Brief Early Intervention for Adolescent Depression**  
Victoria Pile, King's College London, UK
- 11:30 **Discussant**  
Karen Salmon, Victoria University of Wellington, New Zealand

**Symposium 169**

Level 3 – Room R2

**Transdiagnostic Applications of Mental Imagery Based Interventions Targeting Motivation, Decision Making and Behaviour**

Convenor and Chair: Fritz Renner, University of Freiburg, Germany

- 10:30 **Reward vs. Effort Information Processing: The Impact of Presentation Order on Memory, Judgment and Behaviour**  
Julie Lin Ji, The University of Western Australia, Australia
- 10:45 **Mental Imagery as a “Motivational Amplifier” for Planned Activities**  
Fritz Renner, University of Freiburg, Germany
- 11:00 **Enhancing Motivation Through Imagery: Functional Imagery Training**  
David Kavanagh, Queensland University of Technology, Australia
- 11:15 **Imaginator: Results from a Treatment Development Study of an Imagery-Based Intervention Supporting Young People Who Self-Harm**  
Martina Di Simplicio, Imperial College London, UK
- 11:30 **Functional Imagery Training for Weight Loss, Quantitative and Qualitative Findings from a Randomized Controlled Trial**  
Linda Solbrig, University of Plymouth, UK
- 11:45 **Discussant**  
David Kavanagh, Queensland University of Technology, Australia

**Skills Class 28**

Level 3 – Room R3

**Learning How to Feel Good: An Introduction to Augmented Depression Therapy**

Barney Dunn, University of Exeter, UK

**Open Papers 28**

Level 3 – Room R4

**Positive Emotions and Interventions**

Chair: Simon Blackwell, Ruhr-Universität Bochum, Germany

- 10:30 **Making the Worst of a Good Job: Dampening Appraisals Blunt Positive Affect in Adolescents During Positive Mood Induction**  
Merve Yilmaz, University of Exeter, UK
- 10:45 **Cultivating Well-Being Beyond Symptomatology in Paranoia**  
Carmen Valiente, Universidad Complutense de Madrid, Spain
- 11:00 **A Randomized Controlled Trial of Self-Compassion versus Cognitive Therapy with Behaviour Therapy for Depression and Post-Traumatic Stress Disorder (PTSD)**  
Zhila Javidi, Flinders University, Australia
- 11:15 **Efficacy of an Internet and App-Based Gratitude Intervention in Reducing Repetitive Negative Thinking and Mechanisms of Change in the Intervention's Effect on Anxiety and Depression: Results from a Randomized Controlled Trial**  
Hanna Heckendorf, Leuphana University of Lueneburg, Germany
- 11:30 **Imagery Focused Cognitive Behavioral Therapy: An Exploration of the Cultural Adaptation of Cognitive Behavioral Therapy in China**  
Keith Dobson, University of Calgary, Canada

**Skills Class 29 (German Language)**

Level 3 – Room R12

**Persönliche Werte klären**

Jürgen Hoyer, Technische Universität Dresden, Deutschland

**Skills Class 30**

Level 3 – Room S2

**Incorporating Cognitive Behavior and Dialectical Behavior Therapy for the Treatment of Eating Disorders.**

Fragiskos Gonidakis & Diana Charila, National and Kapodistrian University of Athens, Greece

**Open Papers 29**

Level 3 – Room S3

**Transdiagnostic Perspectives**

Chair: Dirk Adolph, Ruhr-Universität Bochum, Germany

- 10:30 **Differentiating Healthy from Strained and Depressed from Anxious – A Symptom Based Transdiagnostic Research Domain Criteria (RDoC) Approach Towards the Internalizing Disorders**  
Dirk Adolph, Ruhr-Universität Bochum, Germany
- 10:45 **New Developments in ICD-11 and DSM-5: Personality Functioning and Maladaptive Traits as Transdiagnostic Moderators of Psychopathology and Targets for Clinical Intervention**  
André Kerber, Freie Universität Berlin, Germany
- 11:00 **A Brief Transdiagnostic Group (the Take Control Course) Compared to Individual Low-Intensity Cognitive Behavior Therapy for Depression and Anxiety: A Randomized Non-Inferiority Trial**  
Lydia Morris, University of Salford, UK
- 11:15 **A Locally Adapted Variant of Group Unified Protocol (UP) for Chinese Adults: A Randomized Controlled Trial**  
Candice Powell, The Chinese University of Hong Kong, China
- 11:30 **Effects of Specific Modules of the Unified Protocol in Transdiagnostic Processes of Patients with Emotional Disorders**  
Santiago Zarate-Guerrero, Universidad de los Andes, Colombia

**Invited Addresses 5 (12.00 - 13.00)**

**Invited Address 30**

Level 1 – Room A4

**Improving Cognitive Behavior Therapy Interventions for Young People with Anxiety Disorders**

Jennie Hudson, Macquarie University, Australia

Chair: Silvia Schneider, Ruhr-Universität Bochum, Germany

**Invited Address 31 (German Language)**

Level 1 – Room A2

**Moderne Kognitive Verhaltenstherapie**

Stefan G. Hofmann, Boston University, USA

Chair: Ulrich Stangier, Goethe Universität, Deutschland

**Invited Address 32**

Level 1 – Room A3

**Personalizing Cognitive and Behavioural Treatments for Depression: The Crossroads of Basic and Applied Research**

Kate Harkness, Queen's University, Canada

Chair: Keith Dobson, University of Calgary, Canada

**Invited Address 33**

Level 1 – Room A8

**Realising the Mass Public Benefit of Evidence-Based Psychological Therapies**

David M. Clark, University of Oxford, UK

Chair: Michelle Moulds, University of New South Wales Sydney, Australia

**Invited Address 34**

Level 1 – Room A1

**Pros and Cons of Transdiagnostic Thinking: Examples from the Eating Disorder Field**

Kelly Bemis Vitousek, University of Hawaii, USA

Chair: Caroly Becker, Trinity University, USA

INVITED ADDRESSES  
INVITED ADDRESSES  
INVITED ADDRESSES

**Behavioural Medicine**

- 1 **Pilot Investigation of Group Behavioral Activation for Chronic Low Back Pain (GBA-P)**  
Shuntaro Aoki, Fukushima Medical University, Japan
- 2 **Will this Patient Become Non-Adherent? Predicting Non-Adherence in Chronic Diseases with the Adherence Risk Profile (AdRisk)**  
Antje Art, Philipps University of Marburg, Germany
- 3 **Improving Quality of Life in Cardiovascular Patients: The Moderating Roles of Illness Perception and Coping Strategies in Reducing Anxiety**  
Sali R. Asih, Universitas Indonesia, Indonesia
- 4 **Sleep Difficulties as a Mediator Between Negative Affect and Antenatal Anxiety in Pregnant Women**  
Julieta Azevedo, University of Coimbra, Portugal
- 5 **A Psychological Intervention for Total Knee Replacements: Preliminary Data**  
Samantha Bay, University of Western Australia, Australia
- 6 **Medically Unexplained Symptoms in Children: An Experimental Investigation of the Impact of Internet Searching**  
Sophie Bennett, University College London Institute of Child Health, UK
- 7 **Dr. Google vs. Medical Diagnostic App: What Are the Emotional, Body-Related and Behavioral Effects of a Search for Symptom Causes?**  
Sebastian Brand, Johannes Gutenberg-Universität Mainz, Germany
- 8 **Psychological Implications of Transitioning to Self-Management: Understanding the Experiences of Young Adults with Type 1 Diabetes and Their Parents or Caregivers**  
Vanessa Cobham, University of Queensland, Australia
- 9 **Development of a Brief Transdiagnostic Group Treatment for Cancer-Related Emotional Distress**  
Scott Smith, Mercer University College of Health Professions, USA
- 10 **Health Anxiety in CFS/ME: Establishing Prevalence and Examining Association with CFS/ME Symptom Severity**  
Jo Daniels, University of Bath, UK
- 11 **A Systematic Review and Meta-Regression of the Prevalence and Effects of Anxiety and Depression on Chronic Fatigue Syndrome Treatment Outcomes**  
Jo Daniels, University of Bath, UK
- 12 **Literature Review- Are Safety-Seeking Behaviours Relevant to Medical Conditions? A Systematic Review of Typology, Function and Impact**  
Jo Daniels, University of Bath, UK
- 13 **The Role of Self-Efficacy and Competitive Anxiety on Sport Performance**  
Dusanka Djurovic, Edukons University, Serbia
- 14 **Attachment and End-of-Life Communication with Young People**  
Holly Evans, University of New South Wales Sydney, Australia
- 15 **Community Implementation of an Online Cognitive-Behavioural Therapy Group Program for Adolescent and Young Adult Cancer Survivors**  
Holly Evans, Sydney Children's Hospital and University of New South Wales Sydney, Australia
- 16 **Benefits of Cognitive Restructuring, Acceptance and Distraction for Pain Intensity and Pain Tolerance**  
Raluca Georgescu, Babes Bolyai University, Romania
- 17 **Chronic Stress and Sleep Efficiency Among Individuals with an Insomnia Disorder**  
Jean-Philippe Gouin, Concordia University, Canada
- 18 **Does Mindfulness Practice Reduce Suffering in People with Chronic Pain? A Mindfulness-Based Group Intervention.**  
Júlia Grau, Consorci Sanitari de Terrassa, Spain
- 19 **Development and Validation of the Activity Restriction Scale for Cancer Patients (Sickness Impact Profile for Cancer Patients: SIP-C)**  
Kotone Hata, Waseda University, Japan
- 20 **Stress and the Mind-body Connection**  
Yazz Headley, Saybrook University, USA
- 21 **Multiple Psychological Factors Predict Pain and Disability in a Five-Year Follow-Up Study of Knee Osteoarthritis Patients**  
Eeva-Eerika Helminen, City of Helsinki, Finland
- 22 **Improving the Assessment of Functional Impairment in Tinnitus Patients: Validation of the German Version of the Tinnitus Functional Index Using a Confirmatory Factor Analysis**  
Eva Hüttenrauch, Philipps-University Marburg, Germany
- 23 **Fibromyalgia Self-Management- A Group Cognitive Behavioral Therapy Intervention for French Hospital Outpatients**  
Lizet F. Jammet, Saint Antoine University Hospital, France
- 24 **Prevention of Stress-Related Problems in Diabetes Patients – A Cognitive Behavioral Short-Term Group Intervention**  
Judith Lehnart, Catholic University of Applied Sciences Mainz, Germany
- 25 **Pilot Review: Assessing the Effectiveness of CBT for Depression, Anxiety and Long-Term Conditions for Adults over 65 Years of Age**  
Idyli Kamaterou, Surrey and Borders NHS Trust, UK

- 26 **Interventions Based on Rumination in Patients with Medical Disease and Chronic Pain**  
Eduardo Keegan, Universidad de Buenos Aires, Argentina
- 27 **Role of Cultural Beliefs in Caregiving: An Exploratory Study Based in New Delhi, India**  
Rati Khurana, Shree Guru Gobind Singh Tricentenary University, India
- 28 **Beliefs About Cancer, Early Maladaptive Schemas and Level of Depressive and Anxiety Symptom in Oncological Patients.**  
Agata Kołodziejczyk, Wrocław Medical University, Poland
- 29 **Relationship Between Personality Factors, Early Maladaptive Schemas, Coping Styles and Autonomous Nervous System Measurements**  
Antonia Kotianova, Constantine the Philosopher University in Nitra, Slovakia
- 30 **Generalized Worrying as a Mediator in the Relationship Between the Cognitive Representation of the Illness and Depression Symptoms Among Patients with Type 1 Diabetes**  
Julia Krawczyk, Poznan University of Medical Science, Poland
- 31 **Subjective Well-Being in Face of Chronic Disease: The Impact of Psychological Resources**  
Johanna Merleker, Psychologische Hochschule Berlin, Germany
- 32 **Group Acceptance and Commitment Therapy (ACT) for Patients with Chronic Pain**  
Maria Cristina Miyazaki, Faculdade de Medicina de São José do Rio Preto, Brazil
- 33 **A Pilot Study to Evaluate the Effectiveness of a Cognitive-Behavioral Intervention on Chronic Pain Patients from Córdoba (Argentina)**  
Luciana Moretti, Universidad Siglo 21, Argentina
- 34 **Self-Rating of Capacity Limitations in Mental Disorders: The Mini-ICF-APP-S**  
Beate Muschalla, Technische Universität Braunschweig, Germany
- 35 **Emotional State and Quality of Life in Breast Cancer Patients: Examining the Moderation Effect of Psychological Inflexibility**  
Ivana Novakov, Oncology Institute of Vojvodina, Serbia
- 36 **Health Professionals' Understanding of and Attitudes Towards Treating Non-Epileptic Attack Disorder**  
Keira O'Dell, Salford Royal Hospital, UK
- 37 **The Experience and Expression of Anger in Patients with Somatic Symptom Disorders and Their Partners**  
Zeynep Emine Okur-Güney, Johannes Gutenberg University of Mainz, Germany
- 38 **Self-Help Cognitive Behavioural Therapy for Insomnia (CBTi) for Adults: Mapping the Therapeutic Structure of Available CBTi Programs**  
Alissa Pencer, Dalhousie University, Canada
- 39 **The Perceived Causes of Illness, Anxiety, and Depression in Cardiac Patients**  
Alessandra Pokrajac-Bulian, University of Rijeka, Croatia
- 40 **Well-Being in Persons with Severe Mental Disorders: Is There Room for Interventions?**  
Natalia Poyato, Complutense University, Spain
- 41 **Treating Chronic Conditions in Public Health Facilities with Disadvantaged Patients: Challenges and Success Stories in Mexico**  
Juan Jose Sanchez-Sosa, National University of Mexico (UNAM), Mexico
- 42 **A Qualitative Examination and Theoretical Model of Anxiety in Adults with Epilepsy**  
Amelia Scott, University of Sydney, Australia
- 43 **Relationship Between Personality Factors, Dissociation, and Body Anthropometric Measures**  
Milos Slepecky, Constantine the Philosopher University in Nitra, Slovakia
- 44 **Cognitive-Behavioural Group Therapy for Chronic Pain Patients: Issues and Challenges**  
Alain Souche, Geneva University, Switzerland
- 45 **General Threat and Health-Related Attention Biases in Illness Anxiety Disorder**  
Simona Stefan, Babes-Bolyai University, Romania
- 46 **Correlation Between Subjective Happiness and Pleasant Activities in the Workplace in Nursing Staff for Older Individuals**  
Shinya Takeda, Tottori University Graduate School of Medical Sciences, Japan
- 47 **Emotional Distress in Women with Pelvic Floor Disorders: Integrating CBT in Urogynecology**  
Bayley J. Taple, Northwestern University Feinberg School of Medicine, USA
- 48 **Guided Internet-Based Cognitive-Behavioral Therapy for Patients with Rheumatic Conditions: A Systematic Review**  
Jessy Terpstra, Leiden University, the Netherlands
- 49 **Availability and Efficacy of Psychological Interventions for People with Childhood-Onset Heart Disease and Their Families**  
Stephanie Tesson, Sydney Children's Hospitals Network and University of Sydney, Australia
- 50 **Mother-Infant Interaction and Dyadic Synchrony Following Diagnosis and Treatment of Complex Congenital Heart Disease**  
Stephanie Tesson, Sydney Children's Hospitals Network and University of Sydney, Australia
- 51 **Risk Factors for Development of Post Donation Fear of Kidney Failure in Living Kidney Donors: A Ten-Year Study**  
Xavier Torres, Hospital Clinic de Barcelona, Spain

- 52 **Long-Term Effects of Munchhausen by Proxy on Victim's Health: A Case Report**  
Christina Totzeck, Ruhr University Bochum, Germany
- 53 **Blended Treatment for Health Anxiety: A Pre-Post Intervention Pilot study**  
Sako Visser, University of Amsterdam, the Netherlands
- 54 **Cognitive Behavioral Stress Management (CBSM) Applied to Patients with Brain Injury**  
Vera Walburg, Institut Catholique de Toulouse, France
- 55 **Tele-Behavioral Health Delivery of CBT-I with and Without CBT-I Coach for the Treatment of Insomnia in Military Service Members: Preliminary Results**  
Scott Waltman, Warrior Resiliency Program, USA
- 56 **Do Children Suffering from Functional Abdominal Pain Benefit More from a Specific Cognitive-Behavioral Intervention than from an Unspecific Attention Control Intervention? Results of a Randomized Controlled Trial**  
Petra Warschburger, University of Potsdam, Germany
- 57 **Stress as a Warning Sign for Tinnitus Patients? Results of an Ambulatory Assessment Study**  
Cornelia Weise, Philipps-University Marburg, Germany
- 58 **Women's Psychological and Emotional Response to a Prenatal Diagnosis of Fetal Growth Restriction: A Qualitative Investigation**  
Anja Wittkowski, University of Manchester, UK
- 59 **Children with Single Ventricle Congenital Heart Defects: Considering the Parent Experience**  
Anja Wittkowski, University of Manchester, UK
- 60 **Sham WiFi Exposure Leads to Stronger Somatosensory Bias in Healthy Participants**  
Carolin Wolters, Cologne University, Germany
- 61 **Psychological Expertise Required for Disaster Relief: A Qualitative Analysis of the Great East Japan Earthquake**  
Miki Yamano-Ikeda, J.F. Oberlin University, Japan
- 62 **The Impact of Cancer-Related Fatigue on Perceived Ability to Work and Quality of Life in Early Breast Cancer Survivors**  
Eun-Seung Yu, National Cancer Center, South Korea
- 63 **The Experience of Mental Health Difficulties in Children with Epilepsy: A Qualitative Study**  
Alice Zacharia, University College London Institute of Child Health, UK
- 64 **Therapy Adherence, Emotional Awareness and Cardiovascular Risk in HIV**  
Simone Cheli, University of Florence, Italy
- 65 **One-Year Follow-Up of Internet-Based Cognitive Behavioral Therapy Via Videoconferencing for Patients with Obsessive-Compulsive Disorder, Panic Disorder, and Social Anxiety Disorder**  
Kazuki Matsumoto, Chiba University, Japan
- 66 **Effect of Early Maladaptive Schemas on Insomnia in College Students: A Cross-Sectional Study**  
Shun Nakajima, National Center for Cognitive Behavior Therapy and Research, Japan
- 67 **Effects of Pulmonary Rehabilitation on Quality of Life and Exercise Capacity in Patients with IPF Compared to Patients with COPD**  
Nina Piel, Psychologische Hochschule Berlin, Germany

**Cross-Cultural Issues**

- 68 **Cultural Reflections in Practicing Cognitive Behavior Therapy in the Arab World**  
Reham Aly, Ministry of Health, Egypt
- 69 **Self-Reference and Emotion Regulation Through Introspective Training**  
Anne Iris Miriam Anders, Ludwig-Maximilians-University Munich, Germany
- 70 **Dysfunctional Thinking in Major Depressive Disorder. A Culture-Moderated Meta-Analysis**  
Monica Bartucz, Babeş-Bolyai University, Romania
- 71 **The Psychometric Properties of the Turkish Version of the Self-Disgust Scale Revised**  
Sevgi Bektas, Hacettepe University, Turkey
- 72 **Mental Health Literacy in University Students: A Cross-Cultural Comparison of the U.S. and Russian Samples**  
Olga Bogolyubova, University of Malta, Malta
- 73 **Versatility of Integrative Cognitive Behavioral Therapy in Different Social Contexts**  
Claudia Bregman, Aigle Foundation, Argentina
- 74 **Racial Inclusivity in Acceptance and Commitment Therapy (ACT) Randomized Control Trials (RCTs)**  
Naomi Faber, University of Connecticut, USA
- 75 **Some Thoughts on Implementing CBT in Latin America. The Case of Argentina**  
Alicia Facio, Asociación de Terapia Cognitiva y Conductual del Litoral, Argentina
- 76 **Psychometric Properties of the Mood and Feeling Questionnaire (MFQ) in Thai Adolescents**  
Nanthaka Fuseekul, University of Reading, UK
- 77 **Sociocultural Adjustment and Well-Being in Third Culture Kids and Their Families: A Longitudinal Study**  
Emma Jones, University of Basel, Switzerland
- 78 **Effect of Pet Interaction on Stress Reduction and Positive Mood Enhancement Among Pet-Owners and Non-Owners**  
Aliya Khalid, Government College University, Pakistan
- 79 **Automatic and Elaborative Cognitive Processes Involved in Emotion Regulation: Psychometric Analysis of CERQ in Argentinean Population**  
Leonardo Medrano, Universidad Siglo 21, Argentina

- 80 **The Contribution of Rumination and Worry in the Development of Emotional Disorders and Work-Related Stress in Argentinean Workers**  
Leonardo Medrano, Universidad Nacional de Córdoba, Spain
- 81 **Mediating Effects of Self-Compassion and Experiential Avoidance on the Relationship Between Psychological Stress and Hikikomori (Prolonged Social Withdrawal)**  
Shunsuke Nonaka, Tokyo Future University, Japan
- 82 **Mental Health Care in Africa: Training Mental Health and Para-Professionals in Evidence-Based Mental Health Treatment**  
Shane Pienaar-Du Bruyn, Denmar Psychiatric Hospital, South Africa
- 83 **Suppression Emotion Regulation and Negative Affects in Thai Undergraduates: The Moderating Role of Interdependent Self-Construct**  
Kullaya Pisitsungkagarn, Chulalongkorn University, Thailand
- 84 **Psychometric Evaluation of a Serbian Version of Unconditional Self-Acceptance Questionnaire**  
Stanislava Popov, Faculty of Sport and Tourism Novi Sad, Serbia
- 85 **Mental Health Literacy and Evidence-Based Practice in Mental Health Care Among Indonesian Health Practitioners**  
Nurul Praherso, University of Sydney, Australia
- 86 **The Impact of Rejected Asylum Application on the Mental Health of Farsi-Dari Speaking Asylum Seekers in Australia**  
Reza Rostami, University of New South Wales, Australia
- 87 **Factors Influencing Social and Occupational Functioning in Individuals with Prolonged Social Withdrawal (Hikikomori) and Their Families**  
Motohiro Sakai, University of Miyazaki, Japan
- 88 **Methodological Issues Conducting Cross Cultural Research on Emotions**  
Mariaelisa Santonastaso, Bournemouth University, UK
- 89 **The Effect of Negative Experience Related to Work-Family Multiple Roles on Depression of Employed Mothers with Preschool Children in Korea: The Mediating Effect of Sociotropy**  
Jin Hee Sul, Yonsei University, South Korea
- 90 **Cross- Cultural Issues in the Cognitive Behavioral Treatment of a Refugee College Student Suffering from PTSD: A Case Study**  
Olga Thomadaki, The American College of Greece, Deree College, Greece
- 91 **The Role of the Cognitive Individual "Social Capital" in the Psychological Dysfunction of University Students**  
Lorena Ishel Tinajero Chávez, National University of Mexico, Mexico
- 92 **New CBT-Based Online Self-Help Program for People Who Have Sexual Interest in Children**  
Nina Vaaranen-Valkonen, Save the Children, Finland
- 93 **Feasibility Study of Unified Protocol of Transdiagnostic Group Treatment for Emotional Disorders Among Japanese Population with Depressive and Anxiety Disorders**  
Noriko Kato, National Center for Cognitive Behavior Therapy and Research, Japan
- 94 **Development, Reliability, and Validity of the Japanese Version of Employee Silence Scale**  
Azumi Nakai, Saitama Prefectural Board of Education, Japan

**Old Age and Neurobehavioural Disorders**

- 95 **Stress, Cognitive Fusion and the Simultaneous Presence of Anxious and Depressive Symptomatology in Caregivers of People with Dementia**  
Samara Barrera-Caballero, Universidad Rey Juan Carlos, Spain
- 96 **Adaptations of CBT for Severe Depression with Cognitive Impairment – A Case Report**  
Rodrigo de Almeida Ferreira, Rede Mater Dei, Brazil
- 97 **Association of Acceptance of Aging and Self-Reliance with the Mental Health of the Elderly**  
Yuko Fukase, Kitasato University, Japan
- 98 **Efficacy of an Intervention Program Based on a Brief Cognitive-Behavioral Psychoeducation with Balneotherapy in Informal Caregivers of Older People**  
Javier López Martínez, CEU San Pablo University, Spain
- 99 **Communication Empowerment Framework: An Integrative Framework to Support Effective Communication and Interaction Between Carers and People Living with Dementia**  
Lydia Morris, University of Salford, UK
- 100 **Development and Preliminary Validation of the Scale Guilt Associated with Self Perception as a Burden Scale (G-SPBS)**  
María del Sequeiros Pedroso-Chaparro, Universidad Rey Juan Carlos, Spain
- 101 **Functional Independence, Subjective Perception of Aging, and Guilt for Perceiving Oneself as a Burden: Effects on Personal Control and Depressive Symptomatology**  
María del Sequeiros Pedroso-Chaparro, Universidad Rey Juan Carlos, Spain
- 102 **A New Group Intervention to Promote Mental Health in Older Adults with Cognitive Decline**  
Chiara Ruini, University of Bologna, Italy
- 103 **Are Dementia Caregivers' Dysfunctional Thoughts that Dysfunctional? Different Patterns of Associations Depending on Gender**  
Beatriz Simón-Orta, Universidad Autónoma de Madrid, Spain

- 104 **Familiar vs. Non-Familiar Personal Values in Dementia Family Caregivers: Associations with Mental and Physical Health**  
Carlos Vara-Garcia, Universidad Rey Juan Carlos, Spain
- 105 **Cognitive Biases to Identify the Underlying Mechanisms of Loneliness in Older Adults**  
Nine Wolters, University of Amsterdam, the Netherlands
- 106 **Active Aging Promotion Program for Dementia Family Caregivers: A Pilot Study**  
María Del Sequeros Pedroso, Rey Juan Carlos University, Spain

**Lunch (13.00 - 14.00)**

**Technical Demonstration 6**

Level 3 – Room M3  
**Virtual Reality for Pathological Gambling: Summary of Empirical Data on the Safety of In Virtuo Software Suite and Relevance for Cognitive Behavior Therapy**  
 Stéphane Bouchard, Université du Québec en Outaouais, Cliniques & Dev In Virtuo, Canada

**Technical Demonstration 7**

Level 3 – Room M4  
**Virtual Reality Treatment of Aviophobia (Fear of Flying)**  
 Michele Barton & Adam Weissmann, Psychology Life Well and The Child & Family Institute, USA

**Technical Demonstration 8**

Level 3 – Room M5  
**ConVRself: Using Self-Conversation in Virtual Reality to Modify Dysfunctional Thinking**  
 Tania Johnston, Event Lab, Spain

**Technical Demonstration 9**

Level 3 – Room M7  
**DCBT: Demagnifying the Challenges of Diversity and Cultural Gap of Disseminating Evidence-Based Practice Through Hybridization of Cognitive Behavior Therapy and Design Thinking.**  
 Sirirat Ularntinon, Queen Sirikit National Institute of Child Health & Prowpannarai Mallikamarl, Artipania Co. Ltd, Thailand

**(14.00 - 15.30)**

**Panel Discussion 15**

Level 1 – Room A4  
**Sustaining “Authentic” Cognitive Behavior Therapy in Community Settings: Getting More Practitioners to Join**  
 Convenor & Chair: Robert Friedberg, Palo Alto University, USA  
**Discussants:**  
 Nikolaos Kazantzis, Monash University, Australia  
 Wilson Vieira Melo, Instituto de Terapia Cognitiva de Rio Grande de Sul, Brazil  
 Rebecca Friedberg, Palo Alto University, USA  
 Steinunn Sigurjonsdottir, Litla Kvidamedferdarstodin, Anxiety Disorders Treatment Center for Children and Youth, Reykjavik, Iceland

**Symposium 170**

Level 1 – Room A2  
**Depression-Linked Disturbances in Emotional Memory - New Directions in Assessment and Modulation**  
 Convenor & Chair: Julie Ji, University of Western Australia, Australia

- 14:00 **Remembering or Knowing how We Felt: Role of Depressive Symptoms and Affective Valence**  
Eugenia Gorlin, Yeshiva University, USA
- 14:15 **A Randomised Controlled Trial of Memory Flexibility Training (MemFlex) to Enhance Memory Flexibility and Reduce Depressive Symptomatology in Individuals with Major Depressive Disorder**  
Caitlin Hitchcock, University of Cambridge and Cambridgeshire and Peterborough NHS Foundation Trust, UK
- 14:30 **Task Unrelated Past and Future-Thinking During Mindwandering: Dysphoria-Linked Reductions in Positive Bias**  
Julie Ji, University of Western Australia, Australia
- 14:45 **Inducing Positive Involuntary Imagery in Everyday Life: An Experimental Investigation**  
Simon Blackwell, Ruhr-Universität Bochum, Germany
- 15:00 **Discussant**  
Bethany Teachman, University of Virginia, USA

# PANEL DISCUSSIONS

**Symposium 171**

Level 1 – Room A3  
**Something Old, Something New, Something Borrowed, Something Blue: Clinical Trials on Novel Interventions Targeting Positive Mental Health in Treatment Against Depression**  
 Convenor & Chair: Nicole Geschwind, Maastricht University, the Netherlands

- 14:00 **Augmented Depression Treatment (ADepT) Compared to Traditional Cognitive Behavior Therapy (CBT) in the Treatment of Depression: Interim Results of a Pilot Randomized Controlled Trial**  
Barney Dunn, University of Exeter, UK
- 14:15 **CBT and Positive Psychology Interventions for Clinical Depression: Outcomes at 6 months and 2 years**  
Carmelo Vazquez, Complutense University, Spain
- 14:30 **Positive CBT in the Treatment of Major Depressive Disorder: A Randomized Order Within-Subject Comparison with Traditional CBT**  
Fredrike Bannink, Owner therapy, training, coaching and mediation practice, the Netherlands
- 14:45 **Promoting Eudaimonic Well-Being in Older Adults: Results of a Six-Month Follow-Up Trial**  
Chiara Ruini, University of Bologna, Italy
- 15:00 **Discussant**  
Nicole Geschwind, Maastricht University, the Netherlands

**Symposium 172**

Level 1 – Room A8  
**Those Left Behind: Developing a Cognitive Understanding and Novel Interventions for Grief**  
 Convenor & Chair: Hannah Murray, University of Oxford, UK

- 14:00 **Cognitive Predictors of Grief Trajectories in the First Months of Loss: A Latent Growth Mixture Model**  
Kirsten Smith, University of Oxford, UK
- 14:20 **Life after Death: Individualising Cognitive Behaviour Therapy for PTSD Linked to Traumatic Bereavement**  
Jennifer Wild, University of Oxford, UK
- 14:40 **Bereaved Family Members’ Experiences of Visiting or Revisiting the Site of Death After Large-Scale Accidents and Disasters**  
Pål Kristensen, University of Bergen, Norway
- 15:10 **Survivor Guilt: A Cognitive Conceptualisation and Treatment Framework**  
Hannah Murray, University of Oxford, UK

**Symposium 173**

Level 1 – Room A1  
**Treatment of Intrusions and Intrusive-Like Phenomena**  
 Convenor & Chair: Kees Korrelboom, Tilburg University, the Netherlands

- 14:00 **The Treatment of Self-Deprecating Intrusions; Introduction to the Symposium**  
Kees Korrelboom, Tilburg University, the Netherlands
- 14:15 **A Study Protocol: Dual Tasking and Posttraumatic Stress Disorder: Does the Emotional Valence of the Distracting Task and the Working Memory Load Matter?**  
John Molenaar, GGZ Delfland, the Netherlands
- 14:30 **Unexpected Findings in a Dual Tasking Procedure for Negative Autobiographic Memories in a Student Population**  
Tom IJdema, Tilburg University, the Netherlands
- 14:45 **Treatment of Paranoid Intrusions with Virtual Reality**  
Roos Pot-Kelder, Vrije Universiteit, the Netherlands
- 15:00 **Modality Specific Taxation in the Treatment of Intrusions**  
Suzy Matthijssen, Utrecht University, the Netherlands

**Symposium 174**

Level 3 – Room M1  
**Psychological Therapies on Acute Mental Health Wards: Overcoming Challenges to Delivery**  
 Convenor: Katherine Berry, University of Manchester, UK  
 Chair: Sandra Bucci, University of Manchester, UK

- 14:00 **Mindfulness-Based Crisis Interventions (MBCI) for Psychosis Within Acute Inpatient Psychiatric Settings: A Feasibility Randomised Controlled Trial**  
Pamela Jacobsen, University of Bath, UK
- 14:15 **The Evaluation of Cognitive Behavioural Approaches for Suicide Delivered for Acute Inpatients: Observations and Findings from the INSITE Trial**  
Gillian Haddock, University of Manchester, UK
- 14:30 **The Barriers and Facilitators to Delivering Evidenced-Based Therapies on Acute Mental Health Wards from the Perspectives of Patients, Families and Mental Health Staff: A Qualitative Study**  
Jessica Raphael, Greater Manchester Mental Health NHS Foundation Trust, UK
- 14:45 **Implementing Inpatient Psychology Services in Acute Mental Health Settings: A Pilot Study and Protocol for a Future Randomised Controlled Trial**  
Katherine Berry, University of Manchester, UK
- 15:00 **Discussant**  
Sandra Bucci, University of Manchester, UK

**Symposium 175**

Level 3 – Room M2

**Recent Advances in Cognitive Behavioral Therapy for Underserved Populations in Asia**

Convenor: Kee-Hong Choi, Korea University, South Korea

Chair: Jeong-Ho Kim, The Catholic University of Korea, South Korea

- 14:00 **Emerging Developments on the Practice of Cognitive Behaviour Therapy Among the Marginalised Population in Malaysia**  
Alvin Lai Oon Ng, Sunway University, Malaysia
- 14:15 **Developing an Imagery-Based Phased Psychotherapy for Disaster Survivors in South Korea**  
Dae-Ho Kim, Hanyang University, South Korea
- 14:30 **A Cognitive Behavioural Analysis of Increasing Farmer Suicides in a Primarily Agrarian Indian Society Moving Towards Globalization**  
Nimisha Kumar, Shree Guru Gobind Singh Tricentenary University, India
- 14:45 **Community-Based Multi-Site Randomized Controlled Trial of Behavioral Activation for Community Dwelling Individuals with Chronic and Severe Mental Disorders**  
Kee-Hong Choi, Korea University, South Korea
- 15:00 **Discussant**  
Jeong-Ho Chae, The Catholic University of Korea, South Korea

**Symposium 176**

Level 3 – Room M3

**Possible Relationship Between Sexual Orientation, Adverse Childhood Experiences (ACE) and Post-Traumatic Stress Condition: Psychological and Physical Consequences**

Convenor & Chair: Antonella Montano, A.T. Beck Institute of Rome for Cognitive Behavioral Therapy and Research, Italy

- 14:00 **Adverse Childhood Experiences' Prevalence in Italian Lesbian/Gay, Bisexual and Heterosexual Population**  
Antonella Montano, A.T. Beck Institute of Rome for Cognitive Behavioral Therapy and Research, Italy
- 14:15 **Association Between Gender Nonconformity and Traumatic Experiences in LGB Population**  
Roberta Rubbino, A.T. Beck Institute of Rome for Cognitive Behavioral Therapy and Research, Italy
- 14:30 **Adverse Childhood Experiences and Health Care Services Access in LGB Population**  
Roberta Borzi, A.T. Beck Institute of Rome for Cognitive Behavioral Therapy and Research, Italy
- 14:45 **Sexual Orientation and Severe Dissociative Symptoms: The Mediating Role of the Adverse Childhood Experiences and Emotional Dysregulation**  
Filippo Perrini, A.T. Beck Institute of Rome for Cognitive Behavioral Therapy and Research, Italy
- 15:00 **Relationship Between ACE's, Compulsive Sexual Behaviors and Sexual Orientation: Evidence and Non-Correlations**  
Rita Vadalà, Istituto di Ricovero e Cura a Carattere Scientifico Santa Lucia, Italy
- 15:15 **Discussant**  
Mehmet Sungur, Istanbul Kent University, Turkey

**Symposium 177**

Level 3 – Room M4

**New Developments in Parenting Interventions for Parents of Adolescents**

Convenor: Alan Ralph, University of Queensland, Australia

Chair: Carine Kielstra, Triple P Netherlands, Families Foundation, the Netherlands

- 14:00 **A Brief Overview of the Teen Triple P – Positive Parenting Program for Parents of Adolescents**  
Ralph Alan, University of Queensland, Australia
- 14:15 **Does Triple P Promote Positive Parenting? A Quasi-Experimental Research on the Outcomes of Teen Triple P Program in the Netherlands**  
Steketee Majone, Erasmus University of Rotterdam, the Netherlands
- 14:30 **Enhancing the Effects of Treatment for Teen Depression: Triple P for Parents of Depressed Teenagers**  
Carine Kielstra, Triple P Netherlands Families Foundation, the Netherlands
- 14:45 **The Efficacy and Acceptability of the Teen Triple P - Positive Parenting Program with Turkish Parents**  
Burcu Arkan, Uludag University, Turkey
- 15:00 **The Effectiveness of an Adaptation of Teen Triple P for Parents of Teenagers with Developmental Disabilities**  
Alan Ralph, University of Queensland, Australia
- 15:15 **Discussant**  
Matthew Sanders, University of Queensland, Australia

**Symposium 178**

Level 3 – Room M5

**Developments in Cognitive Behavioral Therapy for Children and Adolescents – Examining Effects of Contextual and Structural Characteristics**

Convenor: Bente Storm Mowatt Haugland, University of Bergen, Norway

Chair: Krister Fjermestad, University of Oslo, Norway

- 14:00 **Effectiveness of Cognitive Behavioral Therapy in Treating Youth Anxiety: A Meta-Regression Analysis of Treatment Components, Modalities and Mode of Delivery**  
Maaike Nauta, University of Groningen, the Netherlands

- 14:15 **Effectiveness of Brief and Standard School-Based Cognitive Behavioral Interventions for Adolescents with Anxiety**  
Bente Storm Mowatt Haugland, University of Bergen, Norway
- 14:30 **Predictors of Treatment Outcome of Brief and Standard School-Based Cognitive Behavioral Interventions for Youth Anxiety**  
Gro Janne Wergeland, University of Bergen, Norway
- 14:45 **Improving the Transition to School by Treating Preschool Sleep Problems: Preliminary Findings**  
Caroline Donovan, Griffith University, Australia
- 15:00 **Searching for the HERO in Youth: Does Psychological Capital (PsyCap) Predict Mental Health Symptoms and Subjective Well-Being in Australian School-Aged Children and Adolescents?**  
Lara Farrell, Griffith University, Australia
- 15:15 **Discussant**  
Krister Fjermestad, University of Oslo, Norway

**Symposium 179**

Level 3 – Room M6

**Advances in the Etiology and Treatment of Tourette Disorder**

Convenor & Chair: Jordan Stiede, Marquette University, USA

- 14:00 **Determining the Long-Term Effects of Comprehensive Behavioral Intervention for Tics (CBIT)**  
Douglas Woods, Marquette University, USA
- 14:15 **Intensive Exposure Treatment for Tic Disorders and Its Underlying Working Mechanisms**  
Cara Verdellen, PsyQ Nijmegen and TicXperts, the Netherlands
- 14:30 **Risperidone Versus Exposure and Response Prevention in the Treatment of Tic Disorders - a Randomized Single-Blinded Trial**  
Jolande Van de Griendt, TicXperts, the Netherlands
- 14:45 **Cognition and Meta-Cognition in Onset and Management of Tic Disorders**  
Kieron O'Connor, University of Montreal, Canada
- 15:00 **Discussant**  
Matthew Capriotti, San Jose State University, USA

**Symposium 180**

Level 3 – Room M7

**Multiple Loss and Persistent Complex Bereavement Disorder (PCBD): Interdisciplinary Models and Their Treatment**

Convenor & Chair: Jos de Keijser, University of Groningen, the Netherlands

- 14:00 **Multiple Loss and Persistent Complex Bereavement Disorder (PCBD): Interdisciplinary Models and their Treatment**  
Jos de Keijser, University of Groningen, the Netherlands
- 14:20 **Effects of Cognitive Behavior Therapy (CBT) in Homicidally Bereaved People**  
Paul Boelen, Utrecht University and Arq Psychotrauma Expert Group, the Netherlands
- 14:40 **Disturbed Grief, Posttraumatic Stress, and Depression Symptoms in Disaster-Bereaved People: Symptom-Profiles, Temporal Associations, and Treatment**  
Lonneke Lenferink, University of Groningen, the Netherlands
- 15:00 **Discussant**  
Angela Nickerson, University of New South Wales, Australia

**Symposium 181**

Level 3 – Room M8

**Assessment and Modification of Cognitive Processes in Trauma**

Convenor and Chair: Marcella Woud, Ruhr-Universität Bochum, Germany

- 14:00 **Memory Centrality of a Distressing Event and its Relation with Posttraumatic Stress Symptoms: Correlation, Meditation or Causation?**  
Mirjam Vermeulen, University of Leuven, Belgium
- 14:15 **The Prospective Influence of Trait Alexithymia on Intrusive Memories**  
Alexandra Brückener, University of Saarland, Germany
- 14:30 **The Role of Appraisals About the Self or the World in Analogue Trauma**  
Marcella Woud, Ruhr-Universität Bochum, Germany
- 14:45 **Changing Dysfunctional Interpretation and Appraisals in Posttraumatic Stress Disorder Through Cognitive Bias Modification: Results of a Randomized Clinical Trial**  
Rianne De Kleine, Leiden University, the Netherlands
- 15:00 **Discussant**  
Thomas Ehring, Ludwig-Maximilians-University Munich, Germany

**Symposium 182**

Level 3 – Room R2

**Neurobiological and Personality Underpinnings of Buying-Shopping Disorder**

Convenor & Chair: Astrid Müller, Hannover Medical School, Germany

- 14:00 **Cue-Induced Craving and Inhibitory Control in Patients with Buying-Shopping Disorder**  
Astrid Müller, Hannover Medical School, Germany
- 14:15 **Buying-Shopping Disorder and Comorbid Psychiatric Disorders: Shared and Differential Personality Traits**  
Fernando Fernández-Aranda, University Hospital Bellvitge and the Spanish Biomedical Research Centre in Physiopathology of Obesity and Nutrition, Spain
- 14:30 **Compulsive Buying and Hoarding as Identity Substitutes: The Role of Materialistic Value Endorsement and Depression**  
Laurence Claes, University of Antwerp, Belgium
- 14:45 **Psychological Factors in Buying-Shopping Disorder**  
Michael Kyrios, Flinders University, Australia
- 15:00 **Cognitive Behavioral Therapy for Buying-Shopping Disorder: Predictors for Treatment Outcome**  
Susana Jimenez-Murcia, University Hospital Bellvitge and the Spanish Biomedical Research Centre, Spain
- 15:15 **Discussant**  
Michael Kyrios, Flinders University, Australia

**Symposium 183**

Level 3 – Room R3

**Cognitive Bias Training in Anxiety: Translating Experimental Research to Clinical Applications in Youth**

Convenor & Chair: Elske Salemink, Utrecht University, the Netherlands

- 14:00 **A School-Based Comparison of Positive Search Training to Enhance Adaptive Attention Regulation with a Cognitive-Behavioural Intervention for Reducing Anxiety Symptoms in Children**  
Allison Waters, Griffith University, Australia
- 14:15 **Cognitive Bias Modification Reduces Social Anxiety Symptoms in Socially Anxious Adolescents with Mild Intellectual Disabilities**  
Elske Salemink, Utrecht University, the Netherlands
- 14:30 **Effectiveness of an Online Interpretation Training as a Pre-Treatment for Cognitive Behavior Therapy for Obsessive Compulsive Disorder in Youth: A Randomized Controlled Trial**  
Annelieke Hagen, Utrecht University, the Netherlands
- 14:45 **Acceptability and Feasibility of a Brief Training Programme Targeting Attention and Interpretation Biases for Threat in Youth with a History of Maltreatment**  
Jennifer Lau, King's College London, UK
- 15:00 **Discussant**  
Eni Becker, Radboud University Nijmegen, the Netherlands

**Open Papers 30**

Level 3 – Room R5

**Training and Supervision**

Chair: Franziska Kühne, University of Potsdam, Germany

- 14:00 **Guided Assignment of Patients to Trainee Therapists in a University Outpatient Clinic: A Validation of Predictors for More Complex Therapy Courses**  
Anne-Kathrin Bräscher, Johannes Gutenberg University Mainz, Germany
- 14:15 **A New Way to Quantitatively Evaluate Continuing Professional Development Tutorials with Augmentation from Qualitative Data**  
Joanne Adams, Ieso Digital Health, UK
- 14:30 **Experimental Studies of Cognitive Behaviour Therapy Clinical Supervision**  
Sven Alfonsson, Karolinska Institute, Sweden
- 14:45 **The Mind My Mind Study: The Development of a Measurement of Treatment Fidelity**  
Louise Berg Puggaard, Child and Adolescent Mental Health Centre, Denmark
- 15:00 **Assessing the Authenticity of Patient Demonstrations: Development and Validation of a Rating Scale**  
Destina Sevde Ay, University of Potsdam, Germany

**Open Papers 31**

Level 3 – Room R6

**Emotion Regulation and Psychopathology**

Chair: Alvaro Sanchez-Lopez, Complutense University of Madrid, Spain

- 14:00 **Healthy and Disordered Dynamics in Emotion Regulation Strategies: A Systematic Review and Meta-Analysis of Studies Using Daily Diary and Experience Sampling Methods (ESM)**  
Teresa Boemo, Complutense University of Madrid, Spain
- 14:15 **Everyday Emotional Dynamics in Major Depression**  
Janna Nelson, Westfälische Wilhelms-University Münster, Germany
- 14:30 **How Does One Prepare for Emotional Information? An Eye-Tracker Study**  
Natalia Poyato, Complutense University of Madrid, Spain
- 14:45 **Is Impaired Inhibition Responsible for High Level of Daily Rumination and Negative Mood?**  
Monika Kornacka, SWPS University of Social Sciences and Humanities, Poland

- 15:00 **Rumination as a Dysfunctional Coping Style in Women with Premenstrual Dysphoric Disorder in Daily Life**  
Theresa Beddig, Central Institute of Mental Health Mannheim, Germany

**Skills Class 31**

Level 3 – Room R4

**Treatment-Induced Rituals: How to Undo Treatment when Cognitive Behavior Therapy Becomes Ritualized in Obsessive Compulsive Disorders**

Lata McGinn, Yeshiva University, USA

**Skills Class 32**

Level 3 – Room R7

**Family-Based Healthy Weight Coaching**

Linda Craighead, Emory University, USA

**Symposium 184 (German Language)**

Level 3 – Room R12

**Aktuelle Kognitive Verhaltenstherapie: Konzeptuelle und praktische Integration fehlender Elemente**

Convenor & Chair: Franz Caspar, Universität Bern, Schweiz

- 14:00 **Einführung in die Studie und Überblick über die bisherigen Ergebnisse**  
Franz Caspar, Universität Bern, Schweiz
- 14:15 **Was passiert in den Therapiesitzungen vor einem plötzlichen Veränderungssprung? – Ein Vergleich zwischen bewältigungs- und klärungsorientierter Psychotherapie**  
Sara Heer, Universität Bern, Schweiz
- 14:30 **Führen unterschiedliche Wege nach Rom? Analyse von Sequenzen der emotionalen Verarbeitung im Berner Ansatz, einer integrativen Form der kognitiven Verhaltenstherapie**  
Annabara Stähli, Universität Bern, Schweiz
- 14:45 **Empathische Reaktionen der TherapeutInnen: Quellen oder Einleitung zur motivationalen Klärung und zum Selbstmitgefühl der PatientInnen?**  
Mu Lin, Universität Bern, Schweiz
- 15:00 **Wie finden kompetente TherapeutInnen das Gleichgewicht zwischen Herausforderung und Unterstützung?**  
Laura Möseneder, Universität Bern, Schweiz

**Skills Class 33 (German Language)**

Level 3 – Room R8

**Bindungsorientierte Verhaltenstherapeutische Elternberatung**

Michael Borg-Laufs, Hochschule Niederrhein, Deutschland

Afternoon In-Congress Workshops (14.00 - 17.00)

**In-Congress Workshop 35**

Level 3 – Room R9

**Culturally Adapting Cognitive Behavior Therapy for Diverse Populations: An Evidence-Based Approach**

Wei-Chin Hwang, Claremont McKenna College and Independent Practice, USA

**In-Congress Workshop 36**

Level 3 – Room R10

**Emotion Regulation Skill Development: A Transdiagnostic Approach for Young Adults with Co-Occurring Substance Use and Mental Health Disorders.**

Kate Hall, Deakin University, Australia

**In-Congress Workshop 37**

Level 3 – Room R11

**Repairing Attachment-Related Ruptures as a Tool to Treat Depressed and Suicidal Children and Adolescents**

Guy Bosmans, Catholic University of Leuven, Belgium

**In-Congress Workshop 38**

Level 3 – Room R13

**Conceptualising and Treating High-Risk and Complexity: What Does Dialectical Behaviour Therapy Have to Offer?**

Michaela Swales, Bangor University, UK

**Obsessive States**

- 1 **Validation of the German Version of the Muscle Dysmorphia Inventory**  
Rike Arkenau, Osnabrück University, Germany
- 2 **Fearful Self-Perception Interacts with Dysfunctional Reasoning in the Prediction of Obsessive-Compulsive Symptoms**  
Louis-Philippe Baraby, Centre de Recherche de l'Institut Universitaire en Santé Mentale de Montréal, Canada
- 3 **Counterconditioning and Moral Disgust: A Pilot Study in a Non-Clinical Sample**  
Barbara Basile, Scuola di Psicoterapia Cognitiva and Associazione di Psicologia Cognitiva, Italy
- 4 **Body Perception in BDD: An Eye Tracking Study**  
Francesca Beilharz, Swinburne University of Technology, Australia
- 5 **Predicting Exposure Response in OCD: Role of Emotion Regulation**  
Noah Berman, College of the Holy Cross, USA
- 6 **Therapeutic Alliance and Group Cohesion in Group CBT for OCD**  
Elena Cabedo, Clinical-University Hospital of Valencia, Spain
- 7 **Subtypes of Obsessive – Compulsive Disorder: Implication of Modification in Cognitive Behaviour Therapy**  
Sampurna Chakraborty, Central Institute of Psychiatry, India
- 8 **Parenting Styles and Adolescent Obsessive Compulsive Disorder**  
Poornima Chandrashekar, National Institute of Mental Health and Neurosciences (NIMHANS), India
- 9 **The Relationship Between Body Dysmorphic Disorder and Bullying in a Sample of Greek Adolescents: The Cognitive Profile of BDD in Adolescents**  
Maria Chatzikonsantoglou, Hellenic Center of Mental Health and Researches, Greece
- 10 **Do Cognitive and Behavioural Maintenance Mechanisms Identified in Adult Models of OCD Apply to Childhood OCD?**  
Chloe Chessell, University of Reading, UK
- 11 **Cognitive Dissonance Mediates OCD Symptoms: An Investigation.**  
Matthew Collings, University of New South Wales, Australia
- 12 **Knowledge and Treatments of Gynecologists of BDD and BDD of the Female Genitalia: A Qualitative Study**  
Marie Drüge, University of Zürich, Switzerland
- 13 **Prevalence of Symptoms of the Body Dysmorphic Disorder and Associated Features in Swiss Military Recruits: A Self-Report Survey**  
Marie Drüge, University of Zürich, Switzerland
- 14 **Motivation-Centered Confrontation with Disgusting Stimuli - A Feasibility Study**  
Jakob Fink, University of Leipzig, Germany
- 15 **Attention Bias in Obsessive Compulsive Disorder: The Development of a New Questionnaire**  
Martha Giraldo O'Meara, Concordia University, Canada
- 16 **The Feared Self: A Multidimensional Construct**  
Martha Giraldo-O'Meara, Concordia University, Canada
- 17 **Does Sweat Play a Role in Olfactory Reference Disorder?**  
Anja Grocholewski, Braunschweig University, Germany
- 18 **Tackle your Tics: Feasibility of a Brief, Intensive Group-Based Exposure Therapy Programme for Children with Tic Disorders**  
Annet Heijerman, Dutch Knowledge Centre for Child and Adolescent Psychiatry and Dutch Tourette Association, the Netherlands
- 19 **Rumination, but not Worry, Uniquely Predicts Distress Associated with Obsessive-Compulsive Symptoms in Individuals with Obsessive-Compulsive Disorder.**  
Carlotta V. Heinzl, University of Basel, Switzerland
- 20 **Volitional Modification of Brain Activity in Adolescents with Autism Spectrum Disorder**  
Lilian Konicar, Medical University of Vienna, Austria
- 21 **I Might Be Disgusting: An Investigation of Fear of Self, Disgust Sensitivity and Mental Contamination**  
Sandra Krause, Concordia University, Canada
- 22 **Body Dysmorphic Symptoms and Self-Esteem: A Meta-Analysis**  
Nora Kuck, Westfälische Wilhelms-Universität Münster, Germany
- 23 **Experiences of Patients Diagnosed with Chronic OCD with Their Previous Psychotherapy**  
Franziska Kühne, University of Potsdam, Germany
- 24 **Interpersonal Deficits Associated with Acquiring and Discarding Difficulties**  
Cathy Kwok, Macquarie University, Australia
- 25 **Efficacy of Manual-Based CBT for the Drug-Naive Obsessive-Compulsive Disorder Patients in China**  
Jia Luo, Beijing Anding Hospital and Capital Medical University, China
- 26 **Development and Validation of the Deontological and Altruistic Guilt Scale (DAGS)**  
Alessandra Mancini, Praxis für Psychotherapie, Berlin, Germany
- 27 **Preliminary Data About the Validation of the Deontological and Altruistic Guilt Scale (DAGS)**  
Alessandra Mancini, Praxis für Psychotherapie, Berlin, Germany
- 28 **The Impact of Appearance-Based Rejection Sensitivity and of Dysmorphic Concerns on the Relationship Between Teasing and Mental Health: Are There Gender Specific Effects?**  
Alexandra Martin, University of Wuppertal, Germany
- 29 **The Inference Based Approach: Does it Offer an Alternative to Exposure and Response Prevention for the Treatment of Obsessive Compulsive Disorder**  
Kieron O'Connor, Institut Universitaire en Santé Mentale de Montréal Research Center, Canada
- 30 **Effects of Rumination on Unwanted Intrusive Thoughts: A Replication and Extension**  
Martin Mazanec, University of Basel, Switzerland
- 31 **Deficits in Emotional Control in Paediatric Obsessive-Compulsive Disorder: Associations with Symptom Presentation and Response to Treatment**  
Matthew McKenzie, Griffith University, Australia
- 32 **Examining Parents' Perception of Children's Emotion Regulation in Paediatric OCD: Associations with Family Accommodation and Parental Distress**  
Matthew McKenzie, Griffith University, Australia
- 33 **Treatment Format Preference for OCD**  
Josie Millar, University of Bath, UK
- 34 **OCD Symptoms in a Non-Clinical Sample: What About a Non-Good-Enough Father?**  
Anna Nisyraiou, University of Macedonia, Greece
- 35 **Technology-Based Cognitive Behavioral Therapy for Obsessive-Compulsive Disorder: A Meta-Analysis**  
Laura Marie Nosthoff-Horstmann, Westfälische Wilhelms-Universität Münster, Germany
- 36 **Hoarding Disorder and Emotion Regulation in a Non-Clinical Sample**  
Caterina Novara, University of Padua, Italy
- 37 **A Young Woman with Comorbid Insomnia and Trichotillomania**  
Mary Ntafouli, University Hospital Bern, Switzerland
- 38 **Research Goals as Defined by OCD Patients: An Online Survey for More Involvement into Research**  
Mara Jasmin Otterbeck, University of Potsdam, Germany
- 39 **Getting rid of it: Using Implementation Intentions to Help Hoarders to Discard.**  
Arthur Pabst, Université Catholique de Louvain, Belgium
- 40 **Effectiveness of Group Cognitive Behavioral Treatment (G-CBT) in the Treatment of Anger in Patients with Compulsive Obsessive Personality Disorder (OCPD)**  
Laia Pijuan González, Consorci Sanitari de Terrassa, Spain
- 41 **Do Men and Women of Various Ages Differ in Their Body Image? An Online Survey on Gender Differences Concerning Body Dissatisfaction, Body Appreciation and Importance of One's Appearance**  
Hannah L. Quittkat, Osnabrück University, Germany
- 42 **Psychiatric Comorbidities of Obsessive-Compulsive Disorder: A Series of Meta-Analyses**  
Charlotte Rowe, Université de Nantes, France
- 43 **Acceptance of Internet-Based Versus Face-to-Face Treatment of Body Dysmorphic Disorder.**  
Katrin Schoenenberg, University of Wuppertal, Germany
- 44 **Cognitive and Metacognitive Biases in Pediatric Obsessive-Compulsive Disorder: Associations with Symptom Dimensions and Predictors of Cognitive-Behavioral Therapy Outcome**  
Cecilie Schultz Isaksen, Aarhus University Hospital Psychiatry, Denmark
- 45 **When to Augment SSRI with CBT in OCD? A Comparative Study**  
Zubaida Sultana Shujaath Ali, Tees, Esk and Wear Valleys NHS Foundation Trust, UK
- 46 **Verbal Overshadowing Disrupts Memory for Faces Within Low OC but not Within High OC Participants**  
Assaf Soref, Tel Aviv University, Israel
- 47 **Anxiety-Linked Attentional Bias to Threat in the Broader Autism Phenotype.**  
Emily South, The University of Western Australia, Australia
- 48 **Psychometric Properties of a Parent-Report Instrument for Assessing Tic Severity in Children with Persistent Tic Disorders**  
Jordan Stiede, Marquette University, USA
- 49 **Formal vs. Intuitive Categorization and Obsessive-Compulsive Characteristics**  
Asher Y. Strauss, The Hebrew University of Jerusalem, Israel
- 50 **Can Smells Make the "Dirty Kiss" Less Dirty or More Disgusting? – An Experimental Study to Investigate the Modulating Effect of Olfactory Stimuli on Disgust and Mental Contamination**  
Oliver Sündermann, National University of Singapore, Singapore
- 51 **An Integrated Model for Religious OCD**  
Taha Toprak, Istanbul University, Turkey
- 52 **BT-Coach: A Training App to Support Behavioural Therapy in Tic Disorders**  
Jolande van de Griendt, TicXperts, the Netherlands
- 53 **Self as an Aesthetic Object**  
David Veale, King's College London, UK
- 54 **Relationship Between Cognitive and Behavioural Processes and Symptoms of BDD**  
David Veale, King's College London, UK
- 55 **Perceived Stress Predicts Outcome in Obsessive-Compulsive Disorder Patients Undergoing Treatment with Exposure and Response Prevention**  
Yuan Wang, Shanghai Mental Health Center, Shanghai Jiao Tong University, and Zhongshan Hospital, Fudan University, China
- 56 **Dialectical Behavior Therapy in a High-Functioning Adult with Autism Spectrum Disorder**  
Luisa Weiner, University Hospital of Strasbourg and INSERM 1114, France

- 57 **Body Focused Repetitive Behaviors: Emotion Regulation Deficits and Different Strategies to Cope with Stress**  
Dorina Winter, University of Koblenz-Landau, Germany
- 58 **The Effectiveness of Mindfulness-Based Cognitive Therapy for Obsessive Compulsive Disorder in Chinese Population**  
Tianran Zhang, Shanghai Mental Health Center, Shanghai Jiao Tong University, China
- 59 **Application of Group Mindfulness-Based Cognitive Therapy for Obsessive-Compulsive Disorder in China: A Pilot Study**  
Qing Fan, Shanghai Mental Health Center and Shanghai Jiao Tong University, China
- 60 **Correlations Between the Clinical Profiles and the Profile of the Wechsler Adult Intelligence Scale-III in Obsessive Compulsive Disorder**  
Sayo Hamatani, Chiba University, Japan

#### Psychosis and Bipolar Disorders

- 62 **A Pilot Study of Modified DBT Skills Training Groups Among Patients with Psychotic Disorders**  
Anna Ärmänen, Helsinki University Hospital, Finland
- 63 **How Well Do Voice-Hearing Assessment Measures Capture the Positive Experiences of Individuals? A Systematic Review of Published Assessment Measures to Date**  
Lucy Armstrong, University of Bath, UK
- 64 **Self-Guided Use of a Psychosocial Online Intervention for Individuals with Psychosis: Qualitative Examination of Barriers to Engagement**  
Chelsea Arnold, Swinburne University of Technology, Australia
- 65 **Predicting Engagement with Online Interventions for Psychosis: Findings from the Self-Management and Recovery Technology (SMART) Project**  
Chelsea Arnold, Swinburne University of Technology, Australia
- 66 **Challenges and Facilitators in the Integration of a Mobile Health Solution for Cognitive Behavioural Interventions for Psychosis. IMPACHS Study: A Multi Site Feasibility Trial**  
Stephen Austin, Region Zealand Psychiatry, Denmark
- 67 **Examining the Effectiveness of Recovery-Oriented Group Cognitive Behavioural Therapy for People who Experience Psychosis (CBTP).**  
Nancy Bahl, University of Ottawa, Canada
- 68 **Structure of First-Episode Psychosis Symptoms**  
Radomir Belopavlović, University of Novi Sad, Serbia
- 69 **Barriers and Facilitators to Accessing Psychological Therapies for Severe Mental Health Problems in Later Life**  
Katherine Berry, University of Manchester, UK
- 70 **Individuals' Subjective Experience of the Negative Symptoms of Schizophrenia**  
Isabelle Butcher, University of Manchester, UK
- 71 **Implication of CBT in Patients with Treatment Resistant Delusional Disorder- An Indian Study**  
Megha Choudhury, Central Institute of Psychiatry, India
- 72 **Improving Well-Being and Self-Esteem in People with Paranoid Tendencies; A Study of the Effectiveness of a Group Intervention with ESM Data**  
Alba Contreras, University Complutense of Madrid, Spain
- 73 **An Exploration of Fear of Death and Psychosis Proneness: Positive Schizotypy as a Function of Death Anxiety and Maladaptive Coping**  
Dane Easden, Australian National University, Australia
- 74 **Brief CBT Model for Psychotic Like Experiences in Adolescent Years: A Model Description with a Clinical Case-example in Helsinki University Hospital**  
Niklas Granö, Helsinki University Hospital, Finland
- 75 **The Phenomenology and Antecedents of Verbal Auditory Hallucinations in Everyday Life in Psychosis: A Diary Study**  
Emily Hickson, Harrow and Hillingdon Early Intervention in Psychosis Service, UK
- 76 **Short-Term Intervention of Self-Monitoring Mood and Activities for Bipolar II Disorder Comorbid Anxiety Disorder: A Case Report**  
Yasuhiro Kimura, Fukushima College, Japan
- 77 **The Effectiveness of Metacognitive Training Program for Early Psychosis in a Korean Community Sample.**  
Kanguk Lee, Kangwon National University Hospital, South Korea
- 78 **The Effect of Using First Acquired Versus Later Acquired Language and Effortful Control on the Expression of Psychopathology in Bilingual (Spanish-English) Individuals with Schizophrenia**  
Daisy Lopez, University of Miami, USA
- 79 **Modeling the Effects of Family Factors on Suicidal Ideation among Individuals with Schizophrenia**  
Daisy Lopez, University of Miami, USA
- 80 **Schizophrenia and the Disembodiment Thesis - An Experimental Validation**  
Naomi Lyons, University Witten/Herdecke, Germany
- 81 **The Association Between Autistic Traits and Psychotic-Like Experiences in the General Population. A Study from the 2007 The Adult Psychiatric Morbidity Survey.**  
Anton Martinez, University of Sheffield, UK

- 82 **OASIS: Moderated Online Social Therapy Utilising Therapeutic Comics to Treat Social Anxiety in First-Episode Psychosis**  
Carla McEnery, Swinburne University of Technology, Australia
- 83 **Effortful Control in Proficient Bilinguals with Schizophrenia**  
Merranda McLaughlin, University of Miami, USA
- 84 **Effects of Metacognitive Training Plus Conducted by Psychiatric Department Home-Visit Nurses—Analysis of Interviews with Subjects**  
Kazuya Norikane, Hiroasaki University Graduate School of Health Sciences, Japan
- 85 **Combined Schema-Therapy and CBT in Treatment of Delusional Disorder – Example of Practice**  
Marie Ociskova, Palacky University in Olomouc, Czech Republic
- 86 **Are Childhood Trauma and Negative-Self-Schema Specific Psychological Mechanisms of Psychosis?**  
Shierlen Octavia, Universitas Indonesia, Indonesia
- 87 **e-PROBAD - Internet Psychoeducation for People with Bipolar Affective Disorder**  
Jan Prasko, University of Palacky Olomouc and University Hospital, Czech Republic
- 88 **Effects and Costs of Cognitive Behavioral Therapy Provided by Assertive Community Treatment Teams in Japan: A Cluster Randomized Controlled Trial**  
Sayaka Sato, National Institute of Mental Health (NCNP), Japan
- 89 **Prevalence, Severity and Predictors of Depression and Anxiety in Informal Carers After First-Episode Psychosis**  
Natasha Stace-Woods, University College London, UK
- 90 **Metacognitive training (MCT) in a Routine Open Group Setting in Japan: A Preliminary, Multi-Center, Single-Group Study**  
Hiroki Tanoue, Miyazaki University, Japan
- 91 **Group Cognitive Behavioural Therapy for Psychosis and Social Anxiety: Using an Acceptance-Based Approach to Foster Meaningful Connections and a Reduction in Symptoms**  
Jessica S. Tutino, University of Ottawa, Canada
- 92 **Virtual Reality Based Theory of Mind Intervention in Schizophrenia (VR-ToMIS) for Improving Theory of Mind Skills and Functional Outcome in Schizophrenia**  
Edit Vass, Semmelweis University, Hungary
- 93 **The Effect of Cognitive Behavioral Therapy for At-Risk Mental State on Schemata**  
Kazuho Tomimoto, Tohoku University, Japan

 Saturday 20th July

Invited Addresses 6 (16.00 -17.00)

# INVITED ADDRESSES INVITED ADDRESSES INVITED ADDRESSES

## **Invited Address 35**

Level 1– Room A4

### **Mental Imagery and Mental Health: Cognitive Behavior Therapy and Reflecting on Psychological Treatments Research**

Emily A. Holmes, Uppsala University, Sweden

Chair: Kristoffer Månsson, Karolinska Institute, Sweden

## **Invited Address 36**

Level 1– Room A2

### **What We Don't Know about Compulsions May Be Hurting Us**

Christine Purdon, University of Waterloo, Canada

Chair: Adam Radomsky, Concordia University of Montreal, Canada

## **Invited Address 37**

Level 1– Room A3

### **YOU are Not Supposed to Feel that Way: Making Room for Difficult Emotions**

Robert L. Leahy, American Institute for Cognitive Therapy, USA

Chair: Lata McGinn, Yeshiva University, USA

## **Invited Address 38**

Level 1– Room A8

### **The Therapeutic Relationship in Cognitive Behavior Therapy**

Judith S. Beck, Beck Institute for Cognitive Behavior Therapy, USA

Chair: Cory Newman, University of Pennsylvania, USA

## **Invited Address 39**

Level 3– Room A1

### **The State of the Art of Cognitive and Behavioural Therapy for Sexual Problems: New Developments from Basic Science and Clinical Implications**

Pedro Nobre, University of Porto, Portugal

Chair: Mehmet Sungur, Istanbul Kent University, Turkey

# CLOSING CEREMONY

(17.15 -17.45)

Level 1– Room A8