

# 4th International Congress of Rational Emotive Behavior The Therapy

13 - 15 September 2019  
Cluj-Napoca, Transylvania, ROMANIA

## Characteristics of the North Macedonian Attitudes and Belief Scale 2

**Miloseva, L**<sup>1</sup>, Miloseva, D.<sup>2</sup>

<sup>1</sup>Faculty of Medical Sciences, Goce Delcev University, Stip, North Macedonia

<sup>2</sup>Medical Faculty, Ss Cyril and Methodius , Skopje, North Macedonia

### Objectives:

In the frame of the project named REBT and nature and structure of PTSD, supported by Goce Delcev University, Stip, we examined different characteristics of the North Macedonian Attitudes and Belief Scale 2.

The aim of this paper is twofold. The first goal was to examine psychometric characteristics of the Attitudes and Belief Scale 2 (ABS2, DiGiuseppe, Leaf, Exner, & Robin, 1988). The second one was to empirically investigate the theoretical matrix on the basis of which the Attitudes and Beliefs Scale 2 (ABS2, DiGiuseppe et al., 1988) was developed .

### Materials and Methods:

The Attitudes and Belief Scale 2 (ABS2, DiGiuseppe, Leaf, Exner, & Robin, 1988) is a 72-item measure of irrational / rational beliefs derived from the current theory of Rational-emotive and cognitive behavior therapy (REBT Ellis, 1994). After procedure of two way translation on Macedonian language, 300 participants from Skopje, filled ABS 2.

### Results and conclusions:

So far, we have results from psychometric characteristics of Attitudes and Belief Scale 2. As we expected, the Scale showed good psychometric characteristics. Using

# 4th International Congress of Rational Emotive Behavior The Therapy

13 - 15 September 2019

Cluj-Napoca, Transylvania, ROMANIA

confirmatory factor analysis we currently work on the second goal which is empirically to investigate the theoretical matrix on the basis of which the Attitudes and Beliefs Scale 2 (ABS2, DiGiuseppe et al., 1988) was developed. Detailed statistical results will be presented in the paper. Future practical and theoretical implications of these findings, especially in the frame of treating of PTSD, will be discussed.

Keywords: North Macedonia; Attitudes and Belief Scale 2; PTSD ; irrational/rational beliefs