

ФЪН ШУЙ И ЛАНДШАФТ

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FENG-SHUI AND LANDSCAPING

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Abstract

Frederick Law Olmsted is considered as a "father" of the landscape architecture. His definition for the landscape architecture said: The landscape architecture is determining the functional-technical and esthetic organization of the territory according to the anthropogenic influence and as a result of a productive activity of the human. It is a organization for creation of the landscape with all components and elements. The landscape architecture includes the landscape design which is a combination of art and science. The parks are considered as "lungs" in the big cities, because they are most beautiful places where people can "escape" from the polluted air on the streets and all heaped up urbanism in the cities. For creating a park firstly is necessary to do some research for the land, already made plan, design and all this to realize into practice. Also, to design a park it is needed a style. It can be said that in some ways the Feng-shui can be a style. But, actually it is a kind of an art and a way of living and working in an appropriate environment. The aim of the Feng-shui is the structure and the elements to spread a "good" energy. To realize a design according a Feng-shui it is necessary to know its rules and techniques and it should previously do researches and studies to be able later to use them.

Key words: *landscape, architecture, design, Feng-shui, park*

The landscape architecture is a design of open, public areas, place and structures in order to get ecological, social and esthetic results. It is also an organization of creating of the landscape with all its components and elements. A well-designed park is much more than just green area. The city parks are one of the details that make the city more exciting and good for living. The focus is on the resources for landscaping of the parks, and the final results are beautiful areas which allow to the people to escape from the polluted streets, from the noisy traffic and from the massive urbanism in the city center.

A Feng-shui is a type of an art and style of living and working in the well-organized environment. A Feng-shui concerns with the circulation of the positive and the negative energy in the life. The good control of the energy in the parks redounds to make the life better and to attract more luck. Because of this most people accept the advices of Feng-shui expert for landscaping. Today to make a Feng-shui in the parks it's necessary to follow the techniques and the rules.

Rules

A Feng-shui is based on perfect principles for landscaping. The following rules are according which Feng – shui is implemented in the park:

- Less is more
- The key is in the colors
- The plants bring calmness
- The water has “fresh effect”
- The “water mirrors” make the space wider
- Elements without sharp edges
- There aren't elements that associate negativity

Techniques

According to Feng-shui there are some techniques for right landscaping:

- Baguio (octagonal)
- Five elements (water, fire, land, metal, wood)
- Flsнr stars (methods connected with time and space)
- Nine-star astrology

The designers (consultants) who are working with landscaping according to Feng-shui use the technique Baguio which is complicate to use, so for the amateurs is recommended to use the standard compass (each side has its own number and element).

Technique “Five elements”

The elements which are used in the parks according a Feng-shui are: wood, water, land, metal and fire. Feng-shui is based on the reconciliation of the colors, the shape and the types of the element (wood, water, land, fire, metal) towards the cardinal points. Each side of the world is represented with one element who suits to certain color and shape.

The element “water” represents the north side, with represented wavy shape one after another (two). Therefore, on the north side should be build or put water areas. Here dominates the color from dark blue to nuance of purple.

The element “land” is representing with a square shape on the south-west side. In this part could be built “stone gardens” (alpineum). Mostly can be used all “landed colors”.

The element “wood” represents the east side with rectangular shape. On the east, there is a light blue color, but it can be used colors and shapes which represent the water and the land.

The element “metal” represents the oval shape, on the north-west part. In this part of the garden are allowed metal elements, and the colors, which are used are all “metal” colors and the white color.

The element “fire” represents the south side with a shape of an isosceles triangle with the top ups. Here are used all the colors of the fire (red, orange, yellow. and purple).

Colors

A lot of the scientific researches confirmed the theory for intensively influence of the colors of our mood, thoughts, feelings and life motivation. Feng-shui gives great importance of the right choice of the colors, the main guide for choosing the colors is

the technique with the five elements. Except the same nuance, it is important the intensity itself. It is important to achieve harmony in the park and all this to be well coordinated. Each color has its own meaning and there are some of them:

- A white color is good for base because helps to highlight the other colors.
- The grey color is a color of compromise and balance, but sometimes can be depressive.
- The black color is a color which can be also depressive.
- The blue color reduces the stress and the tension, but it displays the wisdom.
- The purple color connects with the introspection and meditation.
- The red color is “strong” incentive and is used for increasing of the activity.
- The pink color is a calming nuance of the red one and intensify the romantic and childish joy.
- The orange color connects with the health, vitality, enthusiasm and optimism.
- The yellow color exclusively stimulates and it is connected with the intellect.
- The green color encourages the feeling of a harmony and peace.
- The brown color has stabilizing effect, but a lot brown can be “tired”.

Usage of Feng-shui in the park

Feng-shui represents ancient Chinese method of living in harmony of the energy with the “live” energy. Feng-shui represents magic and it isn't a spiritual discipline that demands a strong faith and conviction in the diligence. Feng-shui can be described as a science and can be used as an art. That is a system of techniques and meanings that if study well can be used in the persuasion in effectiveness. The main focus is always on the landscaping of the parks according Feng-shui. According a Feng-shui should be followed rules, elements and techniques. It is important for maintaince of the park is equal as the arranging of the house-the order and the discipline are half of good Feng-shui.

Vegetation

In the park, the plants should be pre-planted according the previous made plan and to be chosen according the type of the soil and climate, to be “healthy” and well kept, the grassland should be cut and the dry leaf and the grass to be cleaned. The wild plants and the weed are exceptional unfavorably as the dirt and overcrowded. According to the Feng-shui should avoid plants with thorn. The form of the leaf and the blossom is important, and it is always important to be oval, round and sticky and not sharp and thorny. The best place to plant the plants is to be placed on the south, east or south-east. There are plants with gorgeous smell because they spread positive energy. There are some types of vegetation used by Feng –Shui:

- Chrysanthemum is a good choice because it blossoms when all plants are in a condition of “winter stagnation”. It can be find in all colors and can be drilled depending the colors in different sectors in the park.
- Peony, symbolizes welfare, glory and love. Represents the womanhood and beauty so it can freshen the live of the single one. That gorgeously flower bush with round blossoms in some nuance of the color, can be “one-bedded” or “double-bedded” and the stem is a wood.
- Narcissus, is used because of its big blossoms, with yellow color and steadily stem. Symbolizes great luck particularly in the fields of the career and job. It is believed that they are well for activating the success of the job.

- Lily, it is considered as a “noble” among the flowers, which is the best for landscaping of Feng-shui. It is best to be placed in the park depending on the color of the blossom, the white on north-west and west, the yellow on south-west, north-east and the center, and the orange and red one on south.
- Lotus, in the nature grows on places with dust and dirt, so it blossoms with white beautiful pure flowers. Symbolizes spiritual progress and illumination, it stimulates the feeling of pleasure.
- Lavender, firstly Feng-shui is approved because of the combination of silver leaves and purple flowers. It is suitable in all parts particularly on south-west or around the entrance.

Pathways

The pathways in the park should be zigzag throughout the park, which will bring slowly and freely movements. But if there are straight pathways, then Feng-shui approves them if the plants are planted around them. The colors of the pathways, whatever are stones, interlocking pavers or tiles should be in white nuances.

Water and water elements

The water elements as the ponds, pools and fountains are welcomed as an element which are making the park beautiful and are symbol of prosperity. The researches and the salvation are matters, which according to Feng-shui usually connects with the element “water”. The best areas for water are north areas, east and south-east and its strong presence should be avoiding in the south, west, north-west and north-east parts.

- Fountain: a way to bring the element “water” as unique part which has calming and relaxing effect. The form of the fountain shouldn't be with sharp tops, and the material can be: marble, concrete, stone, metal.
- “Water mirror”: this kind of element has reflective effect on the environment, and makes the space wider.

Candelabras

To make balance in the night, it is good to have candelabras from all types (low, on the wall, medium, high). This is very important element according to Feng-shui and it is necessary to make balance because the thick end of light isn't necessary. The candelabras that are used shouldn't be with sharp tops and made from metal. The metal in Feng-shui is connected with the “power” of the metal, wittiness and the intellect, so because of that, the candelabras get the same characteristics.

Sculptures

The sculptures in the parks are connecting the impact of the energy of the world that surrounds us throughout a perception of the artist or the sculptor. It is important to feel as a feeling and emotions cause a work of art-a sculpture. According to the Feng-shui the sculpture can be made from metal, stone or type of crystals. In this case doesn't matter the shape but it has to preserve the sharp edges. The sculptures should be oval, circular or some type of vaults.

Bench

According to the Feng-shui the elements should be new (with new design) because those elements will bring a new energy and the old ones are already seen

elements. The benches made with metal and wood and have standard dimensions, but sometimes the benches are longer and shorter. The bench should have round edges, and to not seem dangerous. To avoid wrought iron which Feng-shui doesn't accept. It is good to be in square or equiangular shape, and to avoid setting in the shape of the letter "L" and "U" (because on that way suggests that something isn't whole or something is missing).

Suggestions



Picture 1. "Closed" park created according the Feng-shui

Picture 1. There are pathways that are curvilinear and it is inlaid with tiny white-grey stones, the benches made from wood and have round shape. The vegetation is low with round leaves, without nips, the candelabras are according the Feng-shui, made from metal and have round shapes.



Picture 2 "Closed" park according Feng-shui

Picture 2. The focus is on the fountain which gives the space “fresher” and calmness effect. The fountain respects the rules of Feng-shui, respectively it has round style and build form concrete blocks. Except the fountain here can be noticed the garbage bin made from metal in black color and round shape.



Picture 3 “Open” park according Feng-shui

Picture 3. There is an “open” park made according the Feng-shui, here showed a curvilinear pathway for walking tessellated with tiny stones in grey-white color. A sculpture set on the risen base which is in white color and has round shapes.

The benches are made from metal and wood, but don’t have sharp edges. The candelabras are made from white metal and glass, and don’t have sharp edges. A rotunda with round pillars covered with ceramic paving-stone. High planters which are in round shape.



Picture 4.” Open” park according Feng-shui

Picture 4. There is the second part of the “open” park with Feng-shui. Here can be noticed the “water mirror” which have small fountains and wider the space itself, gives touch of stillness and has curved lines. The garbage bins made form black metal and have round shape. The plants are in pairs, without sharp edge, low, with oval leaves and in all colors.

Conclusion

The landscape architecture represents design and openness, respectively planning and landscaping of green areas. To build one park there are researches to be made for the existing place, to plan the area and then to apply. For planning it is necessary to determine the style in order to know in which way should be planned. The style represents a way of expression which characterize with all its characteristics that are different from the others. That kind of a style, i.e science and art represents Feng-shui. For Feng-shui are important the rules, the principles and the techniques. Feng-shui arranges all elements according the “good” and “bad” energy, so each element has its own place. Feng-shui doesn't confirm the straight lines and sharp edges that look dangerous, respectively approve the oval and round shapes and those that are like arches. It is a system of techniques and skill which if are studied well can be applied in the space and the environment.

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