

2019 World Congress on Teaching, Learning and Curriculum in Physical Education for Well-being

SFLV Presenter



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Prof. Dr. Biljana Popeska is associated professor at Faculty of Educational Sciences at Goce Delcev University in Stip, Republic of Macedonia of both under graduated and post – graduated level. Her research interest is related with didactics of physical education for primary education, motor development of children, sport pedagogy and PA in leisure time. She is a Head of University Sport Center at Goce Delcev University and coordinator of university sport activities and sport events. Since 2015 she is a part of FLV program, serving as Senior Future Leader and also a national representative at Global Community Health Foundation.

Primary physical education and PE teacher education in Republic of Macedonia – challenges and perspectives

Physical and health education is integrated in Macedonian educational system as obligatory subject with equal status with other school subjects at all levels of education. Primary physical education curriculum follows the general goal of Macedonian education system aiming to provide holistic and harmonious development of children according their individual abilities and developmental characteristics. Challenges that PHE teachers in primary education are faced with, are similar worldwide. They are mainly related to curriculum design, constant need of its improvement and development according children's needs and requirements of contemporary living, material conditions for PE, time allocation etc. Yet, the perspectives and manners of solving these challenges are sometimes different and closely related with cultural settings and background, natural environment conditions, use of natural resources etc. In this regard, this

paper emphasizes different approaches and current reforms implemented in Macedonian physical and health education curriculum. Some of them are related with implementation of tandem teaching in primary PE (tandem of PE specialist and generalist teacher); use of different classroom based strategies and approaches including technology based solutions as manner to maintain PE classes in condition of extreme air pollution as case in Macedonia in past few years; implementation of outdoor PA and sports in current PHE curriculum as a manner to use nature potentials and beauties; realization of health component in regular PHE classes; different forms of cooperation with parents in order to promote healthy and active lifestyle within the families; implementation of traditional movement games; application of different strategies that supports integrated teaching and holistic learning, etc.

Professor Ming – Kai Chin
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