# NUCLEAR AND CYTOPLASMATIC ABNORMALITIES AS A TOOLS FOR EVALUATING GENOMIC INSTABILITY Velickova, N., Milev, M.

### **Conclusion**:

The present paper reviews the origin, fate and scoring criteria of MN (micronucleus) that serves as a biomarker of exposure to genetic toxins, and for the risk of cancer. We recommend using nuclear and cytoplasmatic abnormalities in peripheral blood lymphocytes as a tools for evaluating genomic instability. In our study we explain the micronucleus assay which is accepted by WHO and specified in the list of standard short-term tests for genotoxicological screening of human cells.

The emergence of MN and other cytoplasmatic abnormalities are important quantitative biomarkers which proves the existence of structural chromosomal aberrations in chromosomes which are the result of

different genotoxic agents in vitro or in vivo conditions.

#### Introduction

A variety of polutants (physical and chemical agents) as a cancerogens can cause the nuclear and cytoplasmatic abnormalities in the human cells. Lymphocytes, with nuclear or cytoplasmatic abnormalities, are easily detected and suitable cells as biomarkers in human biomonitoring. These types Of abnormalities have been associated with mitotic and chromosomal instability. The occurrence of chromosomal damage can be evaluated by counting micronuclei and other nuclear and cytoplasmatic abnormalities are indicative of apoptosis.

The aim of this study was to evaluate and confirm the nuclear and cytoplasmatic abnormalities in lymphocites as a biomarker of DNA miss repair complexes and DNA damage on medical workers exposed to ionizing radiation.



Photomicrographs of binuclear lymphocites containing nucleoplasmic bridges

## Tip:



Photomicrographs of binuclear lymphocites containing

Cytological analyses confirmed that the mean of frequencies and other nuclear MN and cytoplasmatic abnormalities are much more present in the subjects with long time exposere than in other subjects. The abnormalities corelated with their age, sex, genetic constitution, adverse habits such as tobacco smoking and alcohol consumption. Various factors, including cell culture conditions (medium, incubation time) and population variables such as dietary habits nuclear or less and may cause more cytoplasmatic abnormalities.

The purpose of a poster is to suggests the needs for application of tests or assays for genotoxicity which allow easy detection of the rate of chromosome rearrangements and the origin of the chromosome instability.



#### micronucleus

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