# DISTRIBUTION OF URANIUM IN URINE, HAIR AND NAILS IN RESIDENTS OF NISKA BANJA TOWN, A HIGH NATURAL BACKGROUND RADIATION AREA

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### AIM OF STUDY

Quantification of uranium in human urine is a valuable technique for assessing occupant and public exposure to uranium in HBRA.

Human hair and nails can be considered as bioindicators of the public exposure to certain natural radionuclides and toxic metals over a long period of months or even years.

### Advantages of hair and nail

Hair and nail have many of the characteristics to be ideal tissue for assays:

- Painlessly removed
- **4** Easily collected and transported
- Highly stable at room temperature
- Normally discarded
- **♣** Relatively high with element concentration compared to body fluids and tissues
- ♣ Reflect the actual exposure over a period of months, or even year. (Blood and urine tend to show current or recent body status)

### **Sampling Location**



Niška Banja, a spa town of Serbia is located in the quaternary alluvium of River Nišava along the contact of the Koritnik limestone and travertine rock.

The high value of <sup>226</sup>Ra concentration in soil and indoor-outdoor radon concentrations found around Niška Banja make this region a high background radiation area.

### Radionuclide in soil

| Radionuclide      | Concentration (Bq/Kg) |  |
|-------------------|-----------------------|--|
| <sup>226</sup> Ra | 10.2 - 750.2          |  |
| <sup>232</sup> Th | 6.8 - 46.1            |  |
| <sup>40</sup> K   | 95.8 - 583.5          |  |

| <sup>222</sup> Rn Concentration | Bq/m <sup>3</sup> |
|---------------------------------|-------------------|
| Indoor                          | 6000              |
| Outdoor                         | 168               |

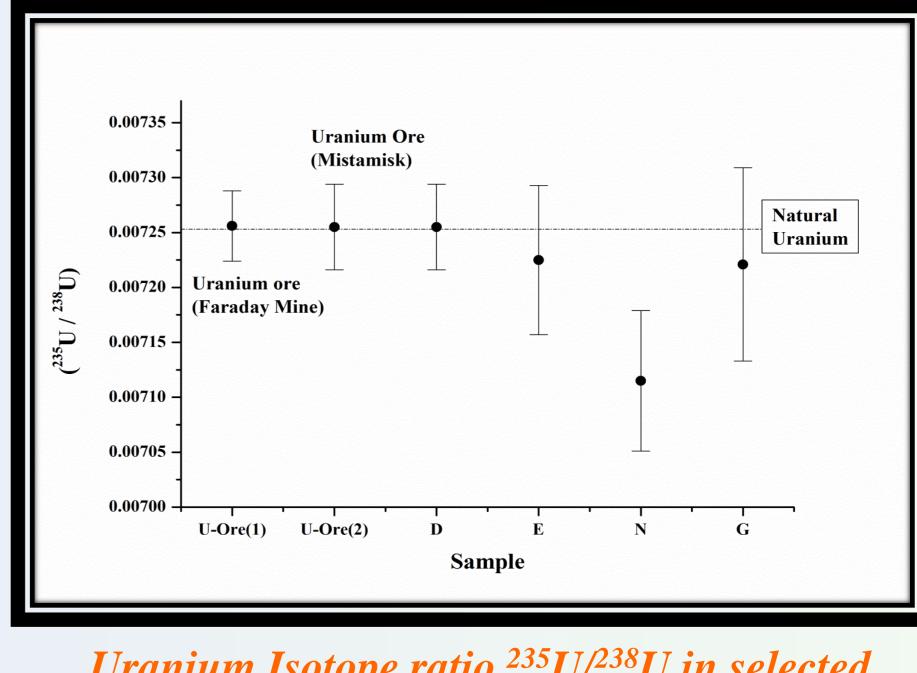
### MATERIALS AND METHODS

- Urine, hair and nail samples were collected from same subjects.
- One day urine samples were collected for each subjects.
- Hair samples were cut with ceramic equipment to avoid any contamination.
- Alpha-spectrometry was used for uranium determination in urine.
- Hair and nail samples were micro-wave digested and uranium concentration was determined using ICP-MS.

### RESULTS

### Concentration of <sup>234</sup>U and <sup>238</sup>U in Urine (mBq/g)

| Subjects | Age<br>(y) | U-238<br>mBq | U-234<br>mBq |
|----------|------------|--------------|--------------|
| NSU-1    | 64         | 1.1±0.4      | 0.62±0.2     |
| NSU-2    | 40         | 1.7±0.3      | 0.96±0.23    |
| NSU-3    | 47         | 1.1±0.2      | 0.68±0.16    |
| NSU-4    | 66         | 1.8±0.2      | 1.1±0.3      |
| NSU-5    | 72         | 1.5±0.3      | 0.99±0.24    |
| NSU-6    | 53         | 0.37±0.16    | 0.57±0.2     |
| NSU-7    | 87         | 0.49±0.18    | 0.69±0.21    |
| NSU-8    | 67         | 2.1±1.0      | 2.0±1.0      |
| NSU-9    | 55         | 0.75±0.21    | 0.57±0.18    |
| NSU-10   | 62         | 1.4±0.5      | 1.3±0.5      |

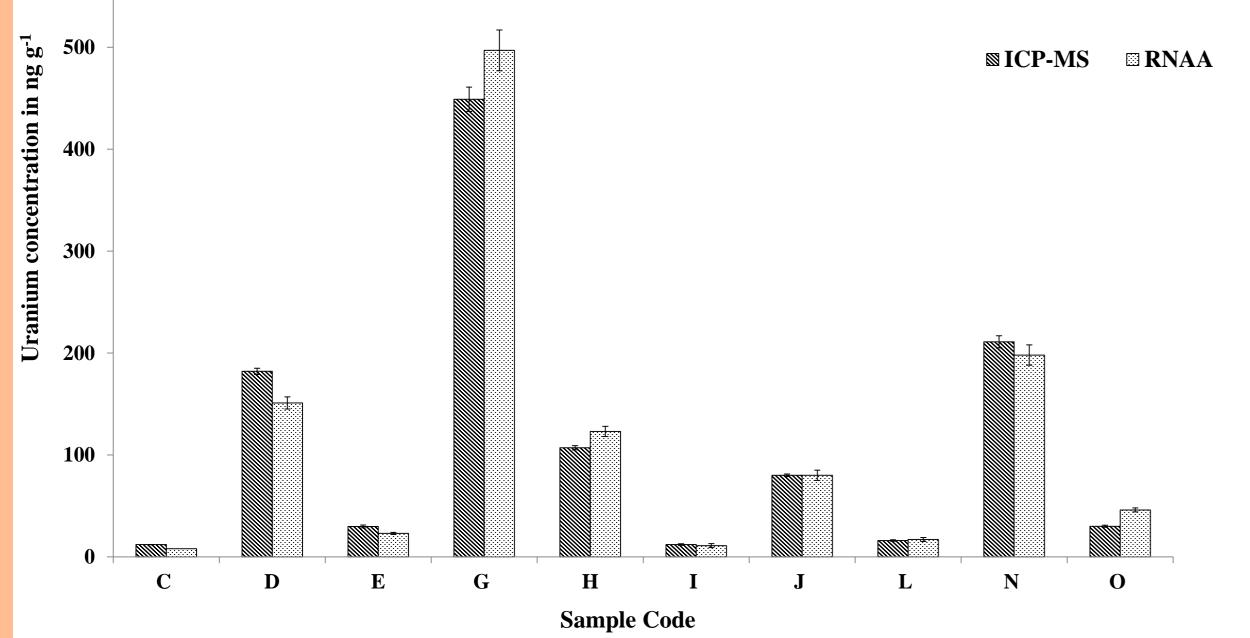


Uranium Isotope ratio <sup>235</sup>U/<sup>238</sup>U in selected Hair samples measured by TIMS

Hair > Nail

# The 500

**Method validation results** 



Analytical validation between the ICP-MS and RNAA for uranium analysis in hair are within analytical error  $\pm 2\%$ .

## **Advantages of ICP-MS**

Inductively coupled plasma-mass spectroscopy (ICP-MS) is the analytical technique of choice because of its:

- Multi-element capability
- Low detection limit and high sensitivity
- **4** Ability to measure a large range of concentration
- **4** Simple experimental procedure

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# 300 Urine ng/L Hair ng/g Nail ng/g 250 150 100 50

Hair and nail samples were collected from the volunteers same time.

Concentration in

Comparison of Uranium
Concentrations in Urine, Hair
and Nail samples

### Conclusion

A large variation in hair, nail and urine uranium concentrations.

NSU-1 NSU-2 NSU-3 NSU-4 NSU-5 NSU-6 NSU-7 NSU-8 NSU-9 NSU-10

- U levels are relatively high in hair, nail and urine supports individuals living in high natural background radiation area (HNBRA) whereas sample size is small to conclude.
- Elevated levels of uranium in human body could be related to environmental exposure. However, dietary intake is one of the most important factor.

### Literature

S.K. Sahoo et al., Distribution of uranium, thorium and some stable trace and toxic elements in human hair and nails in Niska Banja Town, a high natural background radiation area of Serbia (Balkan region, South-East Europe) J. Environ. Radiaoact. (2015) 145, 66-77.