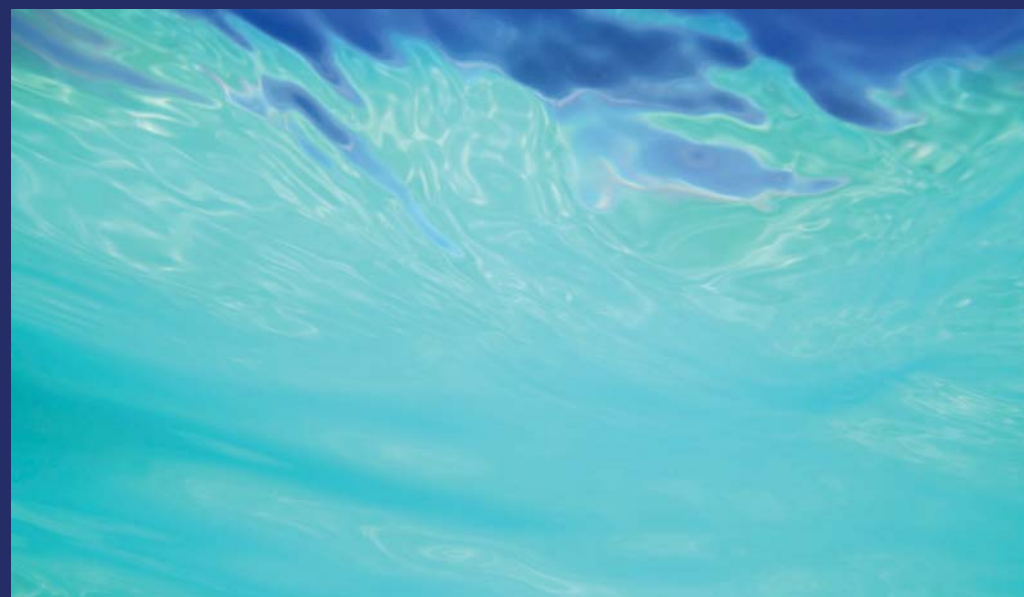


The textbook Basics of geriatric dentistry is primarily aimed at dental students, specialists in various areas of dentistry, as well as all dentists who intend to expand knowledge in this area. The need for this kind of literature has gone through the years, especially since this textbook is one of the pioneering publications of the given issue. Recognizing the need for such an educational tool, especially since we as authors are involved in daily teaching, we decided to develop this textbook in order to meet the needs of contemporary and complete literature.

Basics of Gerodontology

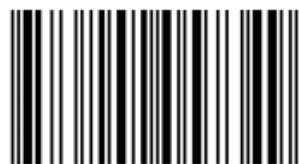


Mihajlo Petrovski  
Olivera Terzieva-Petrovska

## Basics of Geriatric Dentistry

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Petrovski, Terzieva-Petrovska



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# BASICS OF GERIATRIC DENTISTRY

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## FOREWORD

Dear readers,

In front of you is the textbook Introduction to geriatric dentistry, a textbook that will help you flush into the water of this specific discipline of modern dental medicine.

The textbook introduction to geriatric dentistry is primarily aimed at dental students, specialists in various areas of dentistry, as well as all dentists who intend to expand knowledge in this area.

The need for this kind of literature has gone through the years, especially since this textbook is one of the pioneering publications of the given issue. Recognizing the need for such an educational tool, especially since we as authors are involved in daily teaching, we decided to develop this textbook in order to meet the needs of contemporary and complete literature.

We tried during the preparation of the textbook to cover the latest findings from various dental areas related to geriatric dentistry in order to modernize the textbook itself.

From authors

Dr. Mihajlo Petrovski, MSc

Dr. Olivera Terzieva Petrovska, MSc



## PREFACE

The textbook Introduction to Geriatric Dentistry contains 10 chapters. The conceptual reasoning and program content of this textbook will greatly facilitate the overlapping of the thematic units, which will gradually introduce the consumers into the fundamentals of geriatric dentistry.

The first chapter defines aging as a phenomenon, its classification according to different criteria and the most common medical problems encountered by the elderly are given. This chapter also describes the most common dental changes that occur in the elderly.

The second chapter is entirely aimed at the changes of the periodontal characteristic of the elderly, and their complete description is given. The third chapter describes the oral hygienic aspects and the problems faced by older people during the maintenance of oral hygiene. It also describes the possibilities for improving the maintenance of oral hygiene.

The fourth chapter focuses on the changes that occur in oral mucosa in the elderly. Initially, the morphological and histological changes that occur on the oral mucosa are described. Below is a description of the various oral changes and variations of the oral mucosa. At the end, a special place is taken by the oral changes that occur as a consequence of wearing prosthetic devices, which are the most common among the elderly.

The fifth chapter describes the xerostomy, a phenomenon that is very common in the elderly. The text contains sections aimed at etiology, as well as clinical manifestations and complications of xerostomy. The therapeutic possibilities for treating this condition are also briefly outlined.

The sixth chapter refers to the changes that occur on the teeth of the elderly. The text of the textbook contains a description of the basic structural and morphological changes that occur on hard dental tissues, but also on the dental pulp.

The seventh and eighth chapters of this book deal with oral surgical and prosthetic aspects of dental treatment in the elderly. In the part referring to oral surgical interventions a special description of the implantological treatment in the elderly is given. In the part relating to the prosthetic aspects, besides the description of the presence of prosthetic devices, the presence of different types of anodontia among the elderly are also described.

The ninth chapter occupies a special place in this textbook as it relates to oral health among institutionalized elderly people. This chapter covers all changes in the oral mucosa, periodontal and teeth that occur in this population group, as well as prosthetics in them. This chapter must be seen with particular attention primarily because the number of people accommodated in such institutions for long-term care is increasing more and more.

The ninth chapter is an introduction to the tenth, which provides a draft protocol for the improvement of oral health in these individuals. In a total of 20 pages all possibilities and activities for improving oral health and hygiene in the elderly are described.

At the end of the textbook, the most frequent changes that occur in the elderly are summarized in order to get a general picture of everything described in the text before. This chapter is called Instead of a conclusion.

## **BIOGRAPHY OF DR. MIHAJLO PETROVSKI, MSc**

Dr. Mihailo Petrovski was born on October 1, 1984 in Skopje, where he finished primary and secondary education. At the Faculty of dentistry at the University "St. Cyril and Methodius " in Skopje is enrolled in the academic year 2003/2004. In October 2008, he completed his studies among the first students of his generation and obtained the title of graduate doctor of dentistry. He attends a one-year compulsory internship at the clinics within the Dental Clinical Center "St. Panteleimon "in Skopje. By taking the professional exam on November 27, 2009, he acquires a working license issued by the Dentistry Chamber of Macedonia. In November 2016 he was relocated, thus extending the license to work in the dental healthcare for another seven years.



With the defense of the master thesis in December 2013, under the title "Oral health of institutionalized elderly people", Dr. Mihailo Petrovski acquires the title of Master of Dental Science. It is the first and only scientific paper of this kind in the republic of Macedonia and beyond

During the months of August and September 2009, as a scholarship holder at the European Forum from Alpbach, he participated in the same forum in Austria. Within the seminar, he participates with the oral presentation of the topic entitled THE RIGHTS AND DUTIES OF THE DOCTOR ON THE RIGHTS AND DUTIES OF THE PATIENTS.

As a doctor of general dentistry, he works as a commercial presenter of the renowned Swiss Oral Health Care Company CURAPROX and as an expert associate at Velident Trade. In the period from 2010 to 2012, Works as a dentist at "Perla-Blend" dental office. Since December 2011, Dr. Mihajlo Petrovski starts volunteering at the Faculty of Medical Sciences at the University "Goce Delcev" in Stip, at the study programs in dentistry / dental medicine and professional studies for dental technicians - prosthetes. MSc. Petrovski Mihailo also had worked as a dentist in the Dental Center "ETERNADENT" and participates in education of students at the Faculty of Medical Sciences at the University "Goce Delcev" in Stip, as a specialist in the practice of dental medicine programs and professional dental technicians.

Since April 2014, he enrolled in specialization in the periodontology and periodontal surgery at the Faculty of Medical Sciences at the University "Goce Delcev" in Stip under the mentorship of prof. PhD. Ana Minovska.

Currently Dr. Mihajlo Petrovski is Teaching assistant at the Faculty of Medical Sciences at the University "Goce Delcev" in Stip, Republic of Macedonia.

He is the author or co-author of over thirty works or presentations published in international journals or professional or scientific meetings. Also, Dr. Petrovski is the author of three textbooks and exercise books and practicums.

## BIOGRAPHY OF DR. OLIVERA TERZIEVA- PETROVSKA, MSc

Although it is a young person she has so far fulfilled her live with many activities, achievements and challenges. Dr. Olivera Terzieva- Petrovska was born on April 23, 1988 in Skopje, Republic of Macedonia.



Since the youngest years, the main interest has been the medicine, which is why she is enrolled in the secondary pharmacy school in Veles, Republic of Macedonia. Seeking even greater inspiration and challenge, in 2006 she enrolled at the Faculty of Dentistry in Skopje. She graduated in November 2011 with an average of 9.37 (the biggest grade is 10).

During the studies, she had shown great interest for interactive work, for preparation of presentations and lectures, as well as the participation of student dental congresses with her own themes.

A big twist, both to the view of life and to the profession, brings life in the United America, a country in which she is staying for two summers, where she is introduced to the modern way of life, the modern way of functioning of pharmacy, dentistry and medicine in general .

In 2012, she became part of the team of ZeginFarm pharmacies, and the same year she continues with her own upgrading in the field of dentistry, enrolling in the second cycle of studies at the Faculty of Dentistry in Skopje.

Dr. Olivera, together with his work in Zegin, simultaneously upgrades herself with participation in promotion, commercial work and supports her dental knowledge by upgrading and practicing dental practices and participating in international dental congresses.

Great inspiration in life and art, mosaics, photography, main hobbies that enable and offer a lot of trips, acquaintances and enjoyment of the beauties of life.

After the defense of her master's thesis on the topic "Treatment of the Burning Mouth Syndrome with topical use of clonazepam" she become Master of dental sciences.

MSc. Olivera Terzieva- Petrovska also participates in education of students at the Faculty of Medical Sciences at the University "Goce Delcev" in Stip, as a



specialist in the practice of dental medicine programs and professional dental technicians.

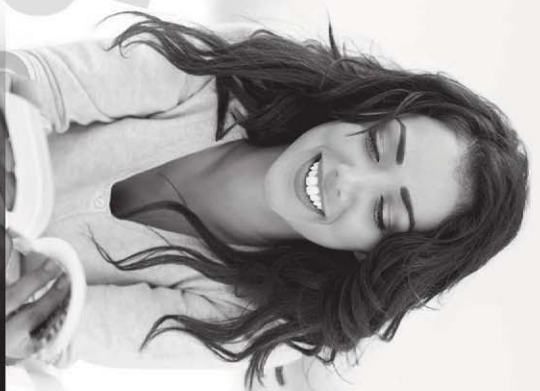
She had worked in several dental offices as general practice dentist.

She is the author or co-author of ten works or presentations published in international journals or professional or scientific meetings. Also, Dr.Terzieva-Petrovska is the author of textbook for Dental focal infections.





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