

# GOCE DELCEV UNIVERSITY - STIP FACULTY OF MEDICAL SCIENCES



International symposium at Faculty of medical sciences

# CURRENT ACHIEVEMENTS AND FUTURE PERSPECTIVES IN MEDICAL AND BIOMEDICAL RESEARCH



STIP, 24 NOVEMBER 2015 MULTIMEDIA CENTRE – UGD, STIP

# INTERNATIONAL SYMPOSIUM AT FACULTY OF MEDICAL SCIENCES "Current achievements and future perspectives in medical and biomedical research"

# SCIENTIFIC PROGRAM November 24, 2015 - Stip

	November 24,	2015 - Stip
8:30 – 9:00	Registration	
9:00 – 9:15	Rector / Vice rector/Dean	
	SESSION 1	
	Chair: Prof. Emilija Janevik Ivanovska Co-chair: Ass. Prof. Elena Drakalska	
9:15 – 9:35	Ass. Marija Darkovska Serafimovska Macedonian agency of drug and medical devices, Director University Goce Delcev Stip Republic of Macedonia	Step forward of Macedonian agency for medicines and medical devices, establishment and strategic plan for development
9:35 – 9:55	Assoc. Prof. Zorica Arsovska Sarafinovska Institute of Human Health, Skopje, University Goce Delcev Stip Republic of Macedonia	Adherence to Therapy: A Modern Pharmaco- therapeutic Approach
9:55 – 10:15	<b>Prof. Biljana Gjorgjeska</b> University Goce Delcev Stip Republic of Macedonia	Use of disinfectants and antiseptics in the health institution in Republic of Macedonia
10:15 – 10:35	Assoc. Prof. Bistra Angelovska University Goce Delcev Stip President of Pharmaceutical Chamber of Macedonia. Republic of Macedonia	Code of Ethics for Pharmacists – Pharmaceutical Chamber of Macedonia
10:40 – 11:10	Coffee break	Poster presentation
	SESSION 2	
	<b>Chair:</b> Prof. Milka Zdravkovska <b>Co-chair:</b> Ass. Prof. Darinka Gjorgieva Ackova	
10:10 – 11:50	<b>Prof. Neven Zarkovic</b> Rudjer Boskovic Institute, Croatia	4-Hydroxynonenal – major bioactive marker of lipid peroxidation
11:50 – 12:10	<b>Assoc. Prof. Tatjana Ruskovska</b> University Goce Delcev Stip Republic of Macedonia	Nicotinamide adenine dinucleotide biosynthesis and consumption in dysfunctional white adipocytes
12:10 – 12:30	<b>Prof. Rubin Gulaboski</b> University Goce Delcev Stip Republic of Macedonia	New insights into the chemistry and functions of Coenzyme Q
12:30 – 12:50	<b>Assoc. Prof. Darko Bosnakovski</b> University Goce Delcev Stip Republic of Macedonia	Genetically modified systems to study muscular dystrophies
12:50 – 14:00	Coffee break	Poster presentation

SESSION	3

17:40 – 18:00 Closing remarks

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	Chair: Assoc. Prof. Cena Dimova Co-chair: Ass. Prof. Nevenka Velickova	
14:00 – 14:40	<b>Prof. Lia Rimondini</b> Università del Piemonte Orientale, Novara, Italy	Counteracting microbial biofilm formation onto dental materials
14:40 – 15:00	<b>Prof. Elizabeta Zisovska</b> Agency for Quality and Accreditation of Healthcare Institutions, Skopje, Republic of Macedonia	The endless potential of the umbilical cord blood for investigation, research and treatment
15:00 – 15:20	Ass. Misko Milev University Goce Delcev Stip Republic of Macedonia	The cytokinesis-blocked micronucleus assay: Good choice for detection and evaluation of genotoxity in human cells
15:20 – 15:40	Prof. Lence Miloseva University Goce Delcev Stip Republic of Macedonia	Multiple predictive model for clinical and subclinical depression in adolescence
15:40 – 16:00	Coffee break	Poster presentation
	SESSION 4	

	Chair: Assoc. Prof. Darko Bosnakovski Co-chair: Ass. Prof. Katarina Smilkov	
16:00 – 16:40	<b>Prof. Adriano Duatti</b> University of Ferrara, Ferrara, Italy	Molecular imaging and radionuclide therapy of prostate cancer
16:40 – 17:00	Assoc. Prof. Vaso Taleski University Goce Delcev Stip Republic of Macedonia	Where Nanotechnology and Nanomedicine meet – Applications and Potential Risks
17:00 – 17:20	<b>Dr. Aleksandar Cvetkovski</b> University Goce Delcev Stip Republic of Macedonia	The role of molecular cocrystals in drug development
17:20 – 17:40	<b>Prof. Emilija Janevik Ivanovska</b> University Goce Delcev Stip Republic of Macedonia	Drug development based on radiolabeled antibodies

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# INTERNATIONAL SYMPOSIUM AT FACULTY OF MEDICAL SCIENCES

# "Current achievements and future perspectives in medical and biomedical research"

November 24, 2015 - Stip

## **ORAL PRESENTATIONS**

- 1. Step forward of Macedonian Agency for medicines and medical devices. Establishment and strategic plan for development Author. Ass. Marija Darkovska-Serafimovska
- 2. Adherence to Therapy: A Modern Pharmacotherapeutic Approach Author: Ass. Prof. Zorica Arsovska Sarafinovska
- 3. Use of disinfectants and antiseptics in selected health institutions in Republic of Macedonia

Author: Prof. Biliana Gjorgjeska

4. Code of Ethics for Pharmacists -Pharmaceutical Chamber of Macedonia

Author: Prof. Bistra Angelovska

5. 4-Hydroxynonenal – major bioactive marker of lipid peroxidation

Author: Prof. Neven Zarkovic

- 6. Nicotinamide adenine dinucleotide biosynthesis and consumption in dysfunctional white adipocytes Author: Prof. Tatjana Ruskovska
- 7. New insights into the chemistry and functions of Coenzyme Q Author: Prof. Rubin Gulaboski
- 8. Genetically modified systems to study muscular dystrophies Author: Prof. Darko Bosnakovski

- 9. Counteracting microbial biofilm formation onto dental materials Author: Prof. Lia Rimondini
- 10. The endless potential of the umbilical cord blood for investigation, research and treatment

Author: Prof d-r Elizabeta Zisovska

- 11. The cytokinesis-blocked micronucleus assav: Good choice for detection and evaluation of genotoxity in human cells Author: Ass. Misko Milev
- 12. Multiple predictive model for clinical and subclinical depression in adolescence Author: Prof. Lence Miloseva

13. Molecular Imaging and therapy with radionuclides of prostate cancer

Author: Prof. Adriano Duatti

14. Where Nanotechnology and Nanomedicine meet - Applications and Potential Risks

Author: Prof. Vaso Taleski

15. The role of molecular cocrystals in drug development

Author: Ass. Aleksandar Cvetkovski

16. Drug development based on radiolabeled antibodies

Author: Prof. Emilija Janevik

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# "Current achievements and future perspectives in medical and biomedical research"

November 24, 2015 - Stip

### POSTER PRESENTATIONS

1. Correlation between dynamic balance and gait parameters in patients with ischemic stroke in the chronic period

Authors: Danche Vasileva, Daniela Lubenova, Marija Mihova, Ivan Maznev, Lence Nikolovska, Zhu Jihe;

2. Effect of kinesitherapy on physical activity in patient with Guillain-Barré syndrome

Authors: Antoaneta Dimitrova, Kristin Petrova Grigorova, Daniela Lubenova, Danche Vasileva, Milena Nikolova;

3. Case Report :

Oligoasthenoteratozoospermia, treatment with acupuncture

Authors: Jihe Zhu, Blagica Arsovska, Dance Vasileva, Andrijana Sterjovska-Aleksovska, Kristina Kozovska;

4. Treatment of cervical spondylosis with acupuncture

Authors: Kristina Kozovska, Jihe Zhu, Blagica Arsovska, Andrijana Sterjovska-Aleksovska;

5. Effect of kinesitherapy on static and dynamic balance in patient after vertebro-basilar system stroke

Authors: Milena Nikolova, Antoaneta Dimitrova, Danche Vasileva, Daniela Lubenova, Kristin Petrova Grigorova;

6. Malignant pleural effusions in lung cancer: the condition during the disease

Authors: Marija Karakolevska-Ilova, Elena Simeonovska Joveva, Aleksandar Serafimov, Lidija Petrovska;

7. Systemic fungal infections in hematological malignancies

Authors: Petar Kuzmanovski, Velo Markoski;

8. Morbidity and mortality of malignant neoplasms in Macedonia

Authors: Viktorija Vukovikj, Velo Markoski;

9. Cognitive behavioral program in treating insomnia among elderly patients

Authors: Kneginja Richter, Lence Miloseva, Guenter Niklewski, Anja Piehl;

10. Regulations and legal aspects in management of medical waste

Authors: Biljana Shikoska, Cena Dimova, Gjorgi Schumanov;

11. Control of the psychiatric disorders in the Republic of Macedonia

Authors: Leonid Ramov, Velo Markoski;

12. Monitoring of the renal function in Indometacin treated patients with rheumatoid arthritis

Author: Drita Yzeiri Havziu;

**13. Incidence of breast cancer in Macedonia**Authors: Dijana Stojanova, Velo Markoski;

14. HPV virus as a cause of cancer of the cervix in R.Macedonia

Authors: Stefanija Joveva, Velo Markoski, Vaso Taleski;

15. Analysis of the Pap test results by age groups in the area of Kriva Palanka

Authors: Robert Nikolovski, Kristina Denchovska, Goran Mladenovski, Velo Markovski;

16. Giant rhinophyma treated by excision and full thickness skin grafting

Author: Emilija Lozanovska Doneva;

# 17. Incidence of patients with chronic renal failure in Skopje

Authors: Simona Kamceva, Velo Markoski;

18. Calculation of effective dose to family members of patients with thyroid diseases

Authors: Marina Zdravevska Kochovska, Emilija Janjevik Ivanovska, Meri Angeleska, Sasho Nikolovski, Zlatko Filipovski;

19. Contemporary Microbiological
Diagnostic Tests for Rapid Identification
and Detection of Resistance of
Mycobacterium tuberculosis

Authors: Oliver Taleski, Vaso Taleski;

20. Analysis of clinical features and complications in patients with β-thalassemia in the region of Strumica

Authors: Silvana Sinokapovska, Cena Dimova:

- 21. Lymphoepithelioma : A case report Author: Vase Stojcheska;
- 22. F-ra Capitullum Radii L.Dex. A Case report

Author: Svetlana Jovevska;

23. Patient with intracranial hemorrhage and arteriovenous malformation detected with transcranial color duplex sonography – case report

Authors: Elena Simeonovska Joveva, Marija Karakolevska-Ilova, Aleksandar Serafimov, Lidija Petrovska;

24. Hereditary supracondylar spur of the humerus: Case report

Authors: George Zafiroski, Strahil Todorov, Christian Lozanoski;

25. Prosthetic rehabilitation in patient with advanced degree of functional disorders (case report)

Authors: Natasa Denkova, Katerina Zlatanovska, Ana Radeska-Panovska, Sanja Nashkova, Ivona Kovacevska;

26. Marginal Implants Bone Loss – a Case Report

Authors: Kiro Papakoca, Ana Radeska-Panovska, Katerina Zlatanovska;

27. Ectodermal Dysplasia, a Case Report: Challenge for Prosthodontic Solution

Authors: Emilija Bajraktarova Valjakova, Bajevska Jagoda, Vesna Korunoska Stevkovska, Biljana Kapushevska, Nikola Gigovski, Aneta Mijoska, Katerina Zlatanovska, Cvetanka Bajraktarova Mishevska:

28. Alveolar socket preservation and shaping using temporary prosthetic construction – case presentation

Authors: Nikola K. Gigovski, Vesna Korunovska- Stevkoska, Emilija Bajraktarova, Aneta Mijoska, Ana Radeska-Panovska:

29. Porcelain veneers produced by refractory die method

Authors: Katerina Zlatanovska, Julija Zarkova-Atanasova, Ana Radeska, Natasa Denkova, Kiro Papakoca;

30. Correlation of Two Different Local Hemostatic Modalities in Oral Surgery Patients with Oral Anticoagulants

Author: Cena Dimova;

31. Assessment of orthodontic treatment need among school children by using iotn (index of orthodontic treatment need)

Authors: Ana Radeska-Panovska, Kiro Papakoca, Natasa Denkova, Ivona Kovacevska, Katerina Zlatanovska;

32. Oral Hygiene Level Maintenance among Dental Medicine Students

Authors: Darko Kochovski, Verica Toneva;

33. Poor oral hygiene and show of caries in 12 year old children

Author: Sanja Naskova;

34. Implant-prosthetic therapy failure in smoker and nonsmoker patients

Authors: Aneta Mijoska, Mirjana Popovska, Nikola Gigovski, Vesna Korunovska- Stevkoska, Emilija Bajraktarova, Katerina Zlatanovska;

# 35. Oral surgery treatment in the patients with combination syndrome

Authors: Vesna Korunoska Stevkovska, Nikola Gigovski, Katerina Zlatanovska, Emilija Bajraktarova, Aneta Mijoska;

36. latrogenic mistakes, cause for a failure at surgical treatment of a chronic periapical processes

Authors: Sarita Kadrova, Cena Dimova;

37. Evaluation of Different Preparation of **Artificial Teeth and Acrylate Prosthetic** Base

> Authors: Pavle Apostoloski, Cena Dimova, Katerina Zlatanovska, Julija Zarkova:

38. Analysis of the dimensional stability of elastomeric silicone impression materials

> Authors: Galaba Veresa, Cena Dimova, Julijana Miloseva

39. Use of gypsum into working everyday in dental technician

Author: Hadis Arslanov

40. Mobile dental NOG-types used in working dental models

Author: Julija Vladikova

41. Determining normal tissue toxicity of non-radioactively Lu/Y-labeled rituximabconjugates in rat animal model

Author: Darinka Gjorgieva Ackova;

42. Genetically Engineered Mouse Models For Human Pancreatic Cancer: A Review Of The KC, KPC And iKRas\*P53\* Models

> Authors: David Mwanza Wanjeh, Joel Munene Muchira, Aschalew Alemu Marie, Darko Bosnakovski:

43. Mouse Models For Human Prostate Cancer: Xenograft Vs Genetically **Engineered Mouse Model** 

> Authors: Aschalew Alemu Marie, Joel Munene Muchira, David Mwanza Wanjeh, Darko Bosnakovski;

44. HER2 Transgenic Mouse Models: A Way To HER2+ Breast Cancer Targeted **Therapy** 

> Authors: Joel Munene Muchira, David Mwanza Wanjeh, Aschalew Alemu Marie, Darko Bosnakovski:

45. Types of scaffolds and thier application in bone tissue engineering

Author: Milena Volcheva, Darko Bosnakovski:

46. Significance of preparation of tissue samples for electron microscopy for observation and diagnosis

> Authors: Jovanka Laskova, Gordana Petrusevska, Darko Bosnakovski;

47. Design and characterization of nanoparticles as platforms for delivery of curcumin

Author: Elena Drakalaska:

48. Freeze-drying approach to enhance antibody stability

Author: Katarina Smilkov;

49. An overview of phytosomes as a novel herbal drug delivery system

Authors: Emilija Apostolova, Brankica Spaseska, Maja Simonoska Crcarevska, Maja Glavash Dodov, Renata Slaveska Raichki;

50. Determination of active pharmaceutical ingredient - chloropyramine in dragées

Author: Vesna Kostik:

51. Comparison of volatile aroma compounds between cultivated and spontaneous flowering stems of Sideritis scardica Griseb. from R. Macedonia

Author: Bujar Qazimi;

52. Bioactive compounds of cold-pressed oil from the seeds of Gojy Berry (Lycium barbarum)

Author: Sanja Kostadinovik Velickovska;

53. Development and validation of HPLC method for determination of flavonoids in herbal preparations

> Authors: Tanja Janeva, Zorica Arsova-Sarafinovska;

54. Atomic emission spectrometry with inductively coupled plasma (ICP-AES) analysis of trace elements in Camellia sinensis teas

> Authors: Dragica Doneva, Trajce Stafilov, Zorica Arsova-Sarafinovska, Katerina Starkoska, Maja Shishovska;

55. Determination of trace elements analyzed by atomic emission spectrometry with inductively coupled plasma (ICP-AES) in Matricaria chamomilla L. teas present on macedonian market

Authors: Dragica Doneva, Trajce Stafilov;

56. Human health risks from heavy metals via consumption of contaminated food

Authors: Biljana Balabanova, Rubin Gulaboski:

57. Development of an ultrasonic method for effective extraction of capsaicin as a potent bioactive compound

Authors: Viktorija Maksimova, Liljana Koleva Gudeva, Blaga Radovanovic, Rubin Gulaboski;

58. Electrochemical analysis of the properties of benzene-1,2,4-triol

Authors: Milkica Janeva, Rubin Gulaboski:

59. Comparison of the procedure for registration of medicines in the European Union and the Republic of Macedonia

Author: Sofija Petkovska;

60. Pharmacoeconomic evaluation of the antibiotic prophylaxis in orthopedic surgeries

Authors: Dijana Atanasova, Bistra Angelovska, Biljana Lazarova;

61. Therapeutic approach in the treatment of benign prostatic hyperplasia

Authors: Rozeta Aceva, Zorica Arsova – Sarafinovska;

**62. Oxidative stress, aging and antioxidants** *Authors:* Viktorija Trajkoska, Zorica

Arsova Sarafinovska;

63. Oxidative stress, oxidative DNA damage and prostate cancer

Authors: Evgenija Nedelkoska, Zorica Arsova-Sarafinovska;

64. RNA interference (RNAi) mechanism as a basis for future successful treatment of chronic hepatitis B infection

Author: Ana Nikolova, Darko Bosnakovski:

65. Anti-cancer target therapy based on drugs conjugated to hyaluronic acid

Authors: Marija Zafirova, Darko Bosnakovski;

66. Cancer specific conjugated monoclonal antibodies for anticancer therapy

Authors: Daniela Todosiova, Darko Bosnakovski, Emilija Janevik Ivanovska;

67. Accreditation of the Laboratory of Radiopharmacy – requested requirements or need of challenge Author: Katarina Delipetreva;

68. Quality control of PET radiopharmaceuticals, with reference to its specifics vs quality control of conventional pharmaceuticals

Authors: Filip Jolevski, Maja Velickovska, Maja Chochevska, Marija Atanasova, Katerina Kolevska, Emilija Janevik-Ivanovska:

69. Production of [11C] Choline in The University Institute for PET – new perspective in diagnostics of prostate malignancy in R. of Macedonia

Authors: Katerina Kolevska, Maja Chochevska, Marija Atanasova, Maja Velickovska, Filip Jolevski, Emilija Janevik-Ivanovska;

70. PET radiopharmaceuticals in the diagnosis of neurological diseases

Authors: Marija Pandeva, Emilija Janevik-Ivanovska;

71. Achievements and perspectives in formulation of stable immunoconjugate of the HER2-targeting trastuzumab – potential for rapid labelling with Gallium-

Author: Marija Sterjova



# INTERNATIONAL SYMPOSIUM AT FACULTY OF MEDICAL SCIENCES

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# **BOOK OF ABSTRACTS**

November 24, 2015 - Stip

# **Contents**

ORAL PRESENTATIONS	10
Step forward of Macedonian Agency for medicines and medical devices	
Establishment and strategic plan for development	11
Adherence to Therapy: A Modern Pharmacotherapeutic Approach	
Use of disinfectants and antiseptics in selected health institutions in Republic of Macedonia	
Code of Ethics for Pharmacists – Pharmaceutical Chamber of Macedonia	
4-Hydroxynonenal – major bioactive marker of lipid peroxidation	
Nicotinamide adenine dinucleotide biosynthesis and consumption in dysfunctional white	
adipocytes	17
New Insights into the Chemistry and Functions of Coenzyme Q	18
Genetically modified systems to study muscular dystrophies	
Counteracting microbial biofilm formation onto dental materials	
The endless potential of the umbilical cord blood for investigation, research and treatment	
The cytokinesis-blocked micronucleus assay: Good choice for detection and evaluation of	
genotoxicity in human cells	23
Multiple predictive model for clinical and subclinical depression in adolescence	24
Molecular Imaging and therapy with radionuclides of prostate cancer	
Where Nanotechnology and Nanomedicine meet – Applications and Potential Risks	
The role of molecular cocrystals in drug development	
Drug development based on radiolabeled antibodies	
POSTER PRESENTATIONS	
Correlation between dynamic balance and gait parameters in patients with ischemic stroke in t	the
chronic period	
Effect of kinesitherapy on physical activity in patient with Guillain-Barré syndrome	
Case Report : Oligoasthenoteratozoospermia, treatment with acupuncture	
Treatment of cervical spondylosis with acupuncture	
Effect of kinesitherapy on static and dynamic balance in patient after vertebro-basilar system	
stroke	37
Malignant pleural effusions in lung cancer: the condition during the disease	38
Systemic fungal infections in hematological malignancies	
Morbidity and mortality of malignant neoplasms in Macedonia	
Cognitive behavioral program in treating insomnia among elderly patients	
Regulations and legal aspects in management of medical waste	
Control of the psychiatric disorders in the Republic of Macedonia	
Monitoring of the renal function in Indometacin treated patients with rheumatoid arthritis	
Incidence of breast cancer in Macedonia	
HPV virus as a cause of cancer of the cervix in R.Macedonia	
Analysis of the Pap test results by age groups in the area of Kriva Palanka	
Giant rhinophyma treated by excision and full thickness skin grafting	
Incidence of patients with chronic renal failure in Skopje	
Calculation of effective dose to family members of patients with thyroid diseases	
Contemporary Microbiological Diagnostic Tests for Rapid Identification and Detection of	
Resistance of Mycobacterium tuberculosis	56
Analysis of clinical features and complications in patients with $\beta$ -thalassemia in the region of	
Strumica	57
Lymphoepithelioma: A case report	
v 1 1	

F-ra Capitullum Radii L.Dex. – A Case report	60
Patient with intracranial hemorrhage and arteriovenous malformation detected with transcrania	
color duplex sonography – case report	
Hereditary supracondylar spur of the humerus: Case report	
Prosthetic rehabilitation in patient with advanced degree of functional disorders (case report).	64
Marginal Implants Bone Loss – a Case Report	
Ectodermal Dysplasia, a Case Report: Challenge for Prosthodontic Solution	66
Alveolar socket preservation and shaping using temporary	
prosthetic construction – cases presentation	
Porcelain veneers produced by refractory die method	69
Correlation of Two Different Local Hemostatic Modalities in Oral Surgery Patients with Oral	
Anticoagulants	70
Assessment of orthodontic treatment need among school children by using iotn (index of	
orthodontic treatment need)	
Oral Hygiene Level Maintenance among Dental Medicine Students	
Poor oral hygiene and show of caries in 12 year old children	
Implant-prosthetic therapy failure in smoker and nonsmoker patients	75
Oral surgery treatment in the patients with combination syndrome	76
Iatrogenic mistakes, cause for a failure at surgical treatment of a chronic periapical processes.	77
Evaluation of Different Preparation of Artificial Teeth and Acrylate Prosthetic Base	78
Analysis of the dimensional stability of elastomeric silicone impression materials	79
Use of Gypsum Into Working Everyday in Dental Technician	
Mobile dental NOG types used in working dental models	82
Determining normal tissue toxicity of non-radioactively Lu/Y-labeled rituximab-conjugates in	ı rat
animal model	83
Genetically Engineered Mouse Models For Human Pancreatic Cancer: A Review Of The KC,	
	84
Mouse Models For Human Prostate Cancer: Xenograft Vs Genetically Engineered Mouse Mo	del
	85
HER2 Transgenic Mouse Models: A Way To HER2+ Breast Cancer Targeted Therapy	86
Types of scaffolds and their application in bone tissue engineering	87
Significance of preparation of tissue samples for electron microscopy for observation and	
diagnosis	
Design and characterization of nanoparticles as platforms for delivery of curcumin	90
Freeze-drying approach to enhance antibody stability	
An overview of phytosomes as a novel herbal drug delivery system	92
Determination of active pharmaceutical ingredient – chloropyramine in <i>dragées</i>	94
Compariton of volatile aroma compounds between cultivated and spontaneous flowering stem	s of
Sideritis scardica Griseb. from R. Macedonia	
Bioactive compounds of cold-pressed oil from the seeds of Goji Berry (Lycium barbarum)	96
Development and validation of HPLC method for determination of flavonoids in herbal	
preparations	97
Atomic emission spectrometry with inductively coupled plasma (ICP-AES) analysis of trace	
elements in Camellia sinensis teas	98
Determination of trace elements analyzed by atomic emission spectrometry with inductively	
coupled plasma (ICP-AES) in Matricaria chamomilla L. teas present on macedonian market	t99
Human health risks from heavy metals via consumption of contaminated food	

Development of an ultrasonic method for effective extraction of capsaicin as a potent bioactive	<i>i</i> e
compound	101
Electrochemical analysis of the properties of benzene-1,2,4-triol	102
Comparison of the procedure for registration of medicines in the European Union and the	
Republic of Macedonia	103
Pharmacoeconomic evaluation of the antibiotic prophylaxis in orthopedic surgeries	104
Therapeutic approach in the treatment of benign prostatic hyperplasia	105
Oxidative stress, aging and antioxidants	106
Oxidative stress, oxidative DNA damage and prostate cancer	108
RNA interference (RNAi) mechanism as a basis for future successful treatment of chronic	
hepatitis B infection	110
Anti-cancer target therapy based on drugs conjugated to hyaluronic acid	112
Cancer-specific conjugated monoclonal antibodies for anticancer therapy	113
Accreditation of the Laboratory of Radiopharmacy - requested requirements or need of challe	enge
	115
Quality control of PET radiopharmaceuticals, with reference to its specifics vs quality control	of
conventional pharmaceuticals	117
Production of [11C]Choline in The University Institute for PET – new perspective in diagnost	ics
of prostate malignancy in R. of Macedonia	118
PET radiopharmaceuticals in the diagnosis of neurological diseases	120
Achievements and perspectives in formulation of stable immunoconjugate of the HER2-targe	ting
trastuzumab – potential for rapid labelling with Gallium-68	121

# Significance of preparation of tissue samples for electron microscopy for observation and diagnosis

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# **Abstract**

Transmission Electron Microscopy (TEM) is used to provide descriptive, morphological information and plays important role in cell biology for the visualization of intracellular organelles. It uses a beam of electrons which passes through the specimen and provides an image of objects 1 nm in size. The aim of this study is to compare the varyes of techniques that have been developed to prepare TEM specimen ready for observation and diagnosis.

Significance of preparation of the samples for EM requires precise execution of each step in the entire procedure. The standard procedure for sample preparation is described in the following steps: extraction of tissue, fixation and dehydration with different percentages of acetones, resin infiltration, followed by embedding and polymerization and ultramicrotomy. Following steps are crucial in sample preparations. Generally, formaldehyde as a fixative penetrates better into the tissue, but glutaraldehyde better preserves the structure. After initial fixation, we used osmium tetroxide as a second fixative for lipid preservation. During the dehydration step, water from the samples is removed by solvents such as ethanol or acetone, this prevents holes-artifacts in the sections. Infiltration and embedding in resin provides stability of the tissue sample and formation of indestructible and insoluble block, suitable for section on ultramicrotome .Finally ultramicrotomy produce semi-thin and ultrathin sections which contrast can be introduced using heavy metals such as uranyl acetate and lead citrate. The alternative procedure for sample preparation is from an already paraffin-embedded tissue previously treated by the method of histopathological analysis. The procedure is very similar and differs only initial but contributes to significant differences in the final quality of the specimen.

Tissue must be first deparaffinized in xylol, processed in serial diluents of ethanol in order ,and then washed in PBS to remove residue xylol, continues with following steps of the standard procedure, starting with the glutaraldehyde fixation shortly, then with osmium tetroxide, dehydration with acetone, resin infiltration, embedding and polymerization. Modification in procedure is mostly emphasized during the ultramicrotomy.

Every step of the sample preparation is important for having a valid electron-microscopic image, and every modification can result in an inadequate results. The aim of this study was to compare alternative procedures, and we found that the method based on paraffin embedded samples has several disadvantages, including disruption of continuity of the tissue and low quality of the electron micrographs. But tissue already embedded in

paraffin still can be used for TEM although initially it was not intended to be analyzed by a transmission electron microscope. However, this method can be useful for diagnostic purposes.

# Keywords

Sample preparation, TEM, paraffin embedding.