

Therapeutical influence of the active points



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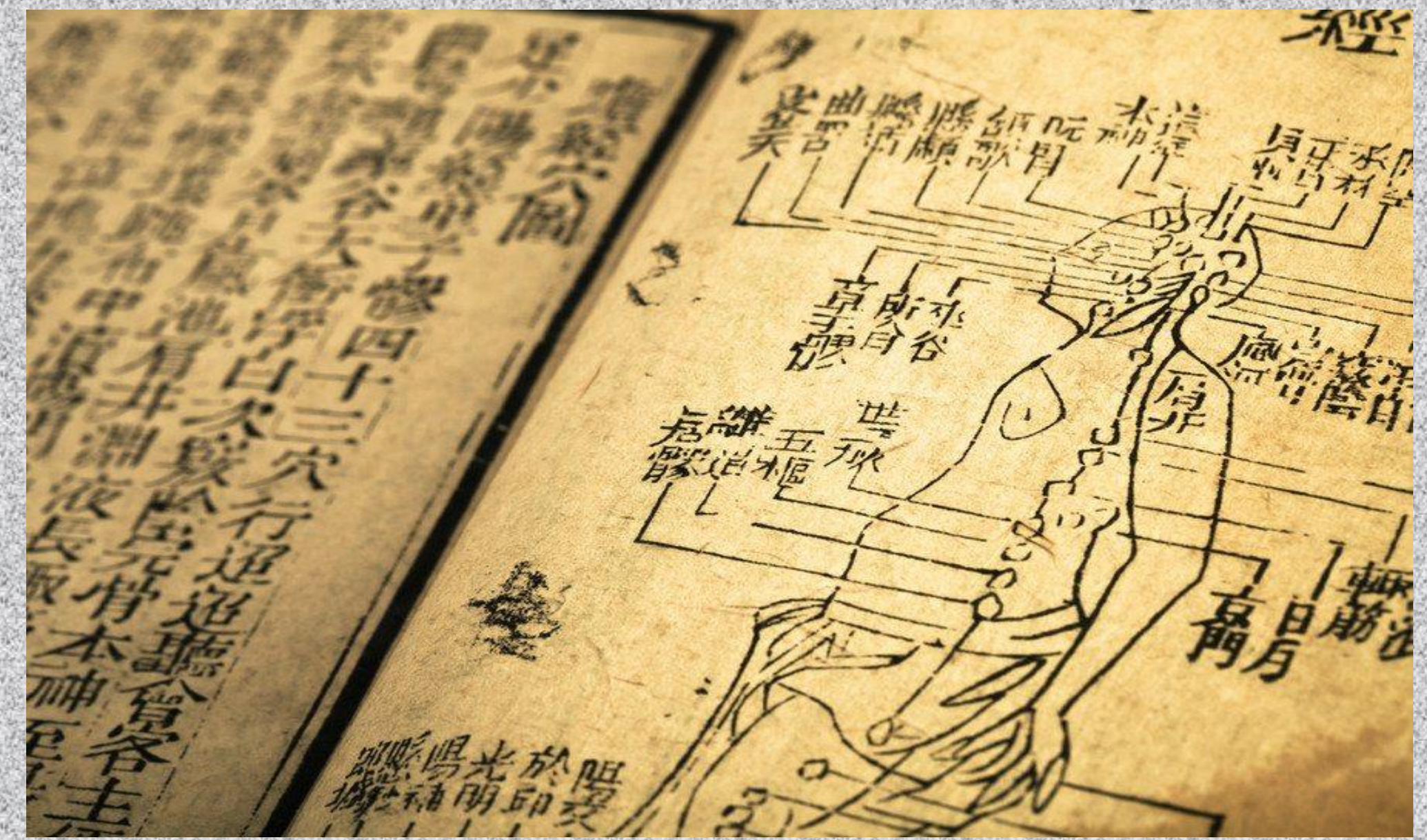
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PURPOSE:

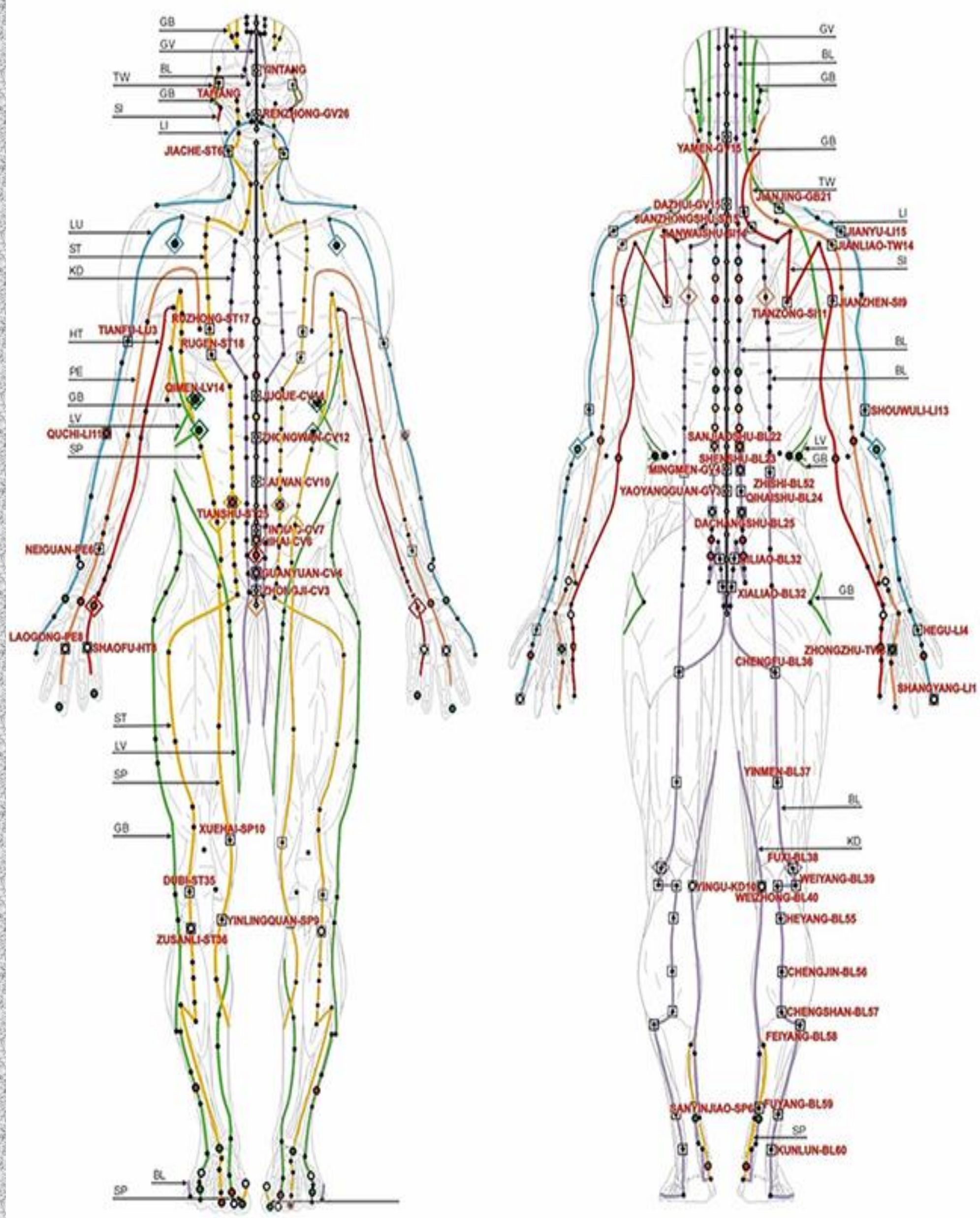
To make a review of the active points.

Active points which belong of a certain meridian are used mostly for treatment of healing of the diseases on the meridians as well as zang or fu organ they belong to. Those which match the inner and external connecting meridians are often treated for diseases of the one or the other meridian or organ as well as both at the same time. The treatment of the active points at the detorment zone is efficient for local diseases for example diseases of the joints, injures etc.

Localization of the active points	Indications
Head, face, cervical part	Diseases of the brain, eyes, ears, nose, mouth, teeth and throat
Thorax, upper back zone (Th1-Th7)	Diseases of the lungs and heart
Upper part of the abdomen and lower back zone (Th8 - L1)	Diseases of the liver, gallbladder, spleen and stomach
Lower part of the abdomen and lumbosacral part (L2-L4)	Diseases of the kidneys, intestines, bladder, genital organs



Human body meridians



Meridian	Indications of the meridian	Indications of the both meridians	Indications of the three meridians
Three yin meridians of the upper extremity	Lung-Meridian	Diseases of lungs and throat	Psychic diseases Diseases in the thorax and Psychic diseases
	Pericardium-Meridian	Diseases of the heart and throat	
	Heart-meridian	Diseases of the heart	
Three yang meridians of the upper extremity	Meridian - Large intestines	Diseases of the face, nose, mouth and teeth	Diseases of the throat and febrile conditions
	Meridian - triple heater	Diseases of the temporal zone and hypochondriac region	
	Small intestine Meridian	Diseases of the occipital and scapular zone, psychic diseases	
Three yang meridians of the lower extremity	Stomach Meridian	Diseases of the temporal zone, mouth, teeth, throat, stomach, intestines	Diseases of the eyes Diseases of the eyes , psychic diseases and febrile conditions
	Gallbladder Meridian	Diseases of the temporal zone and hypochondriac region	
	Bladder Meridian	Diseases of the cervical, back and lumbar zone	
Three yin meridians of the lower extremity	Spleen Meridian	Diseases of the spleen and stomach	Diseases of the external genital organs and gynecological diseases
	Liver Meridian	Diseases of the liver	
	Kidney Meridian	Diseases of the kidneys, lungs and throat	
Reproductive Meridian	Deficiency of yang , treatment after collapse, improves the general condition	Diseases of the zang-fu organs, psychic diseases, gynecological diseases	
Manager meridian	Insult, Coma, Febrile conditions, diseases of the head and face		

Conclusion:

Based on the theoretical examination and analyze we can conclude that the knowledge of the active points in the theoretical system of the traditional Chinese medicine is a main factor for an accurate therapeutical action and effective apply in practice for treatment of many diseases.

Therapeutic action

Active points

Indications