

# THE INFLUENCE OF THE STRUCTURAL CHARACTERISTICS OF COTTON AND POLYESTER KNITTED FABRICS ON THE THERMO-PHYSIOLOGICAL COMFORT

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Assuring the thermo-physiological comfort of the human body is one of the most important functions of clothing, especially of underwear, sportswear and casual wear. Knitted fabrics should not only possess elasticity and provide freedom of movement, but they should also have good handle, a high level of clothing comfort and easily transmitted vapour from the body. In this paper, the influence of cotton and the polyester knitted structure on thermal comfort properties was investigated. The results obtained indicate that the structure of knitted fabrics shows a more significant influence on thermo-physiological comfort than the raw material content.

**Keywords:** Cotton knitted fabrics, polyester knitted fabrics, thermo-physiological comfort, air and water vapour permeability, thermal conductivity

## Introduction

Knitting technology is faced with rapid changes in terms of the requirements of fashion and user performances. Knitted fabric should not only be resilient and allow freedom of movement, but have a nice touch, and the clothes should easily transport moisture from the body. Consumer demands in terms of the quality of clothes are changed in accordance with the development of textile technology and the rise of living standards. Providing thermal stability of the human body is one of the important functions of garments, especially of daily, underwear and sportswear [1]. The term comfort is defined as "the absence of displeasure or discomfort" or "a neutral state compared to the more active state of pleasure" [2]. According to Slater, comfort is a pleasant state of thermo-physiological harmony between a person and the environment [3]. The comfort of clothing is a complex phenomenon but can be generally divided into four types: the first type is called thermo-physiological comfort and has a direct impact on thermoregulation of the person who wears clothes. In this comfort thermal insulation, breathing of clothes and transmission of moisture through clothing are included [1, 4].

Thermal conductivity is an intensive property of the material that indicates its ability to conduct heat [5]. Thermal resistance is the measure of thermal insulation of the material. It is defined as the quantity of heat transmitted through the unit thickness in a direction normal to the surface of the unit area, due to the unit temperature gradient under steady state conditions, and when the heat transfer is dependent only on temperature. As we can see from the definition, it is necessary to know the rate of the heat transfer through the material in order to measure its thermal resistance [6].

The second kind of feeling on the skin (touch comfort) is manifested through the mechanical contact of tex-

tiles with the skin. In this direct contact pleasant feeling of softness and tenderness or uncomfortable itching, scratching or sticking to the skin may occur. The third type is the ergonomic comfort of clothing. It refers to the adjustment of clothing to the body and freedom of movement. This kind of comfort is of special importance for sportswear. Last but not least is a psychological comfort. It is dependent on fashion trends, personal beliefs, ideology. This kind of comfort can not be measured, everyone feels comfortable in different clothes with a different color or model [1, 4]. Thermo-physiological comfort, which is the subject of this paper covers thermoregulation and moisture management. It is known that the type of fiber, the characteristics of the yarn, the structure of knitted fabrics and finishing are the main factors affecting thermo-physiological comfort [1]. In this paper, the impact of structural characteristics of cotton and polyester knitted fabrics on thermo-physiological features of comfort was investigated.

## Experimental part

### Materials and methods

Four cotton and three polyester knitted fabrics were manufactured and investigated. Cotton knitted fabrics are made from a 100% cotton yarn (yarn count  $T_t=20$  tex) as single jersey 1:1, double jersey, 1:1, interlock and interlock 14:1. Polyester knitted fabrics are made of a 100% polyester filament with fineness of  $T_t=33,3$  tex.

The investigation of the air permeability was performed according to the standard EN ISO 9237:1999. An FF-12 Metrimplex instrument was used with difference in the contact pressure of 20 Pa and the area of the sample  $10 \text{ cm}^2$ . Air permeability was assessed by the amount of the air flow which passes through the sample,

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Q (dm<sup>3</sup>/h). The results are the average of 10 measurements. During the test the air flow was measured, and then the coefficient of air permeability BΔp was determined according to the relation 3 [7].

$$B_{\Delta p} = \frac{Q}{360S} \left( \frac{m}{s} \right) \dots\dots\dots(1)$$

Where is S- sample area (cm<sup>2</sup>)

The investigation of water vapor permeability was performed on a sample with 15x15cm dimensions. All the measurements were done under standard climatic conditions with the apparatus consisting of a thermostat and a glass with 62 cm<sup>2</sup> surface (internal diameter 89 mm). Water was put in the glass until the level of water rose up to 35 mm below the upper glass edge. The glass was covered with the sample and put under the influence of water vapor with the temperature of 500 °C for four hours. After 4 hours, the loss of water was determined and the mass increment of the sample, P<sub>v</sub>, and the procedure was repeated under the same conditions for four more hours. According to the given results, the water vapor permeability was calculated with the following relation 2 [8]:

$$PVP = \frac{m_v - P_v}{At} 100 \text{ (mg / cm}^2 \text{ h)} \dots\dots\dots(2)$$

In order to measure the thermal conductivity coefficient of the knitted fabrics, the method known as Dr. Bok was used. The instrument worked according to standards ASTM C518, ISO 8301. The thermal resistance was defined with the equation [7].

$$R_{ct} = \frac{h}{\lambda} \left( \frac{m^2 K}{W} \right) \dots\dots\dots(3)$$

where: R<sub>ct</sub>–thermal resistance, (m<sup>2</sup>K/W), h–fabric thickness (m), λ– thermal conductivity (W/mK).

**Results and discussion**

**Structural characteristics**

In Table 1 and Figure 1 the structural characteristics of used knitted fabrics are given. Course density, Dh (cm<sup>-1</sup>) and wale density, Dv (cm<sup>-1</sup>), fabric thickness, h (mm) mass per unit area m (g/m<sup>2</sup>) and loop length, l (mm) were determined according to standard methods. Density D (cm<sup>-2</sup>) is the result of multiplication of Dh and Dv. Tightness factor TF(tex<sup>1/2</sup>/cm) [9,10] and porosity P (%) [3] were calculated according to equations 4 and 5:

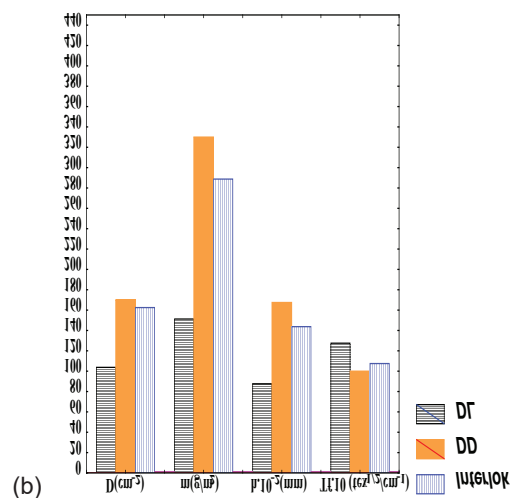
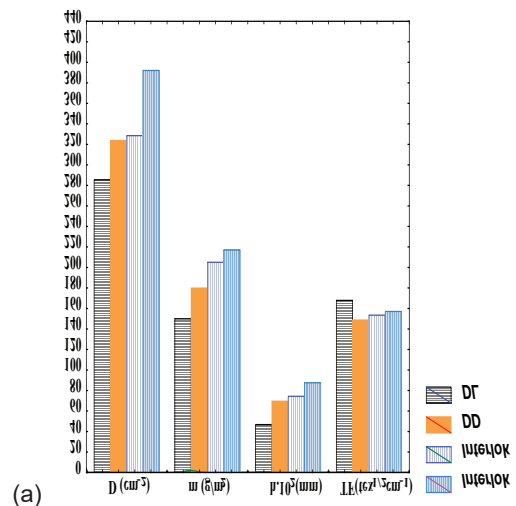
$$TF = \frac{\sqrt{T_t}}{l} \left( \frac{\sqrt{tex}}{cm} \right) \dots\dots\dots(4)$$

$$P = \left( 1 - \frac{m}{\rho h} \right) 100(\%) \dots\dots\dots(5)$$

where: T<sub>t</sub>–yarn count (tex), l-loop length (mm), ρ–density (kg/m<sup>3</sup>), m-mass per unit area (g/m<sup>2</sup>), h-fabric thickness (mm).

**Table 1.** The structural characteristics of used knitted fabrics

No.	Structure	Raw material content (%)	Dh (cm <sup>-1</sup> )	Dv (cm <sup>-1</sup> )	D (cm <sup>-2</sup> )	l (mm)	m (g/m <sup>2</sup> )	h (mm)	TF (tex <sup>1/2</sup> /cm)	P (%)	
1	Single jersey (DL)	100 cotton	$\bar{x}$ Cv(%)	15.0 (0.45)	19.0 (1.36)	285	2.65 (2.17)	150 (2.08)	0.463 (2.29)	16.8	78.7
2	Double jersey 1:1 (DD)	100 cotton	$\bar{x}$ Cv(%)	12.0 (1.87)	13.5 (1.87)	324	3.00 (2.40)	180 (5.34)	0.701 (3.52)	14.9	83.0
3	Interlock	100 cotton	$\bar{x}$ Cv(%)	12.2 (1.5)	13.5 (0.89)	329	2.90 (6.50)	205 (1.19)	0.745 (3.18)	15.4	81.8
4	Interlock	100 cotton	$\bar{x}$ Cv(%)	14.0 (0.84)	14.0 (1.14)	392	2.85 (6.60)	217 (1.47)	0.874 (2.96)	15.7	83.5
5	Single jersey (DL)	100 PES	$\bar{x}$ Cv(%)	9.5 (0.84)	11.0 (0.55)	104	4.4 (2.20)	151 (4.99)	0.869 (2.99)	12.7	87.0
6	Double jersey 2:2 (DD)	100 PES	$\bar{x}$ Cv(%)	8.5 (0.84)	10 (1.14)	170	5.8 (8.40)	330 (4.77)	1.679 (3.43)	10.0	85.9
7	Interlock	100 PES	$\bar{x}$ Cv(%)	9 (0.84)	9 (0.89)	162	5.4 (4.20)	289 (4.51)	1.434 (1.58)	10.7	85.3



**Figure 1.** Density (D), m-mass per unit area, h-fabric thickness and tightness factor TF of a) cotton and b) polyester knitted fabrics

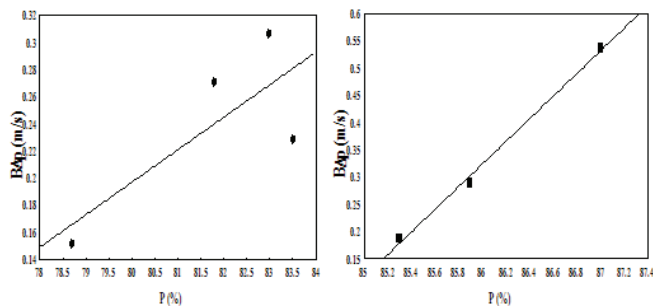
Air and water vapour permeability

In Table 2, air permeability values of cotton and polyester knitted fabrics are given.

**Table 2.** Air permeability of knitted fabrics

No.	Structure	Air permeability Q (dm <sup>3</sup> /h)	Coefficient of variation Cv (%)	Coefficient of air permeability B <sub>Δp</sub> (m/s)
Cotton knitted fabrics (100%)				
1	Single jersey	545	0.96	0.151
2	Single jersey 1:1	1100	19.2	0.306
3	Interlock	972	24.2	0.270
4	Interlok	820	2.4	0.228
PES knitted fabrics (100%)				
5	Single jersey	1930	2.5	0.536
6	Double jersey 2:2	1141	4.5	0.289
7	Interlock	675	3.5	0.187

Air permeability Q of cotton knitted fabrics with different structure ranges from 545-1100 (dm<sup>3</sup>/h) what is the difference of 101,8% and expressed as a coefficient of air permeability B<sub>Δp</sub>=0.151-0.306 (m/s). Air permeability Q of knitted polyester ranges in values of 675-1930 (dm<sup>3</sup>/h), representing a difference of 185.9%, respectively, expressed as a coefficient of air permeability B<sub>Δp</sub>=0.187-0.536 (m/s). The great difference in the values of the air permeability is due to the differences in thickness and porosity of knitted fabrics with the different structure. The results showed a statistically significant correlation between porosity and air permeability of knitted fabrics, (fig. 2). Porosity depends on structural parameters of knitted fabrics, the loop length - l and cover factor-TF. With the increase of the loop length, porosity increased and a knitted fabric became more extensible.



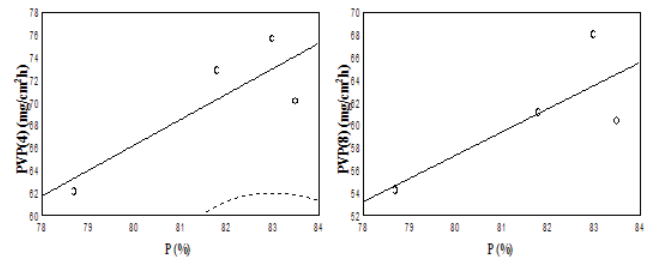
**Figure 2.** Correlation between the coefficient of air permeability B<sub>Δp</sub> (m/s) and porosity P(%) of a) cotton and b) polyester knitted fabrics

In Table 3, the results of water vapor permeability of knitted fabrics are given.

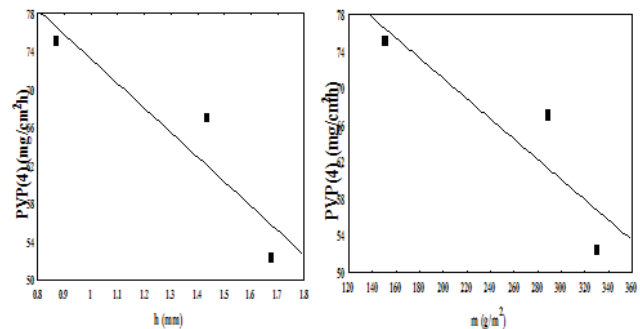
It can be observed that water vapor permeability-PVP (for 4 to 8 hours) for the cotton knitted fabrics depends on the porosity P (Fig.3). By increasing the porosity of knitted fabrics the water vapor permeability increases. By increasing the thickness and mass per unit area of knitted fabrics, water vapor permeability decreases (Fig. 4).

**Table 3.** Water vapor permeability of knitted fabrics

No.	Cotton knitted fabrics			No.	PES knitted fabrics		
	Structure	PVP, 4h (mg/cm <sup>2</sup> h)	PVP, 8h (mg/cm <sup>2</sup> h)		Structure	PVP, 4h (mg/cm <sup>2</sup> h)	PVP, 8h (mg/cm <sup>2</sup> h)
1	Single jersey	62.17	54.19	5	Single jersey	75.1	62.4
2	Double jersey 1:1	75.70	68.10	6	Double jersey 2:2	52.3	50.1
3	Interlock	72.85	61.14	7	Interlock	60.0	60.0
4	Interlock	70.15	60.44				



**Figure 3.** Correlation between water vapor permeability PVP (mg/cm<sup>2</sup>h) and porosity P(%) of cotton knitted fabrics for a) 4 hours and b) 8 hours



**Figure 4.** Correlation between water vapor permeability PVP (mg/cm<sup>2</sup>h) and a) thickness (h) and b) mass per unit area (m) of polyester knitted fabrics

Thermal conductivity and thermal resistance

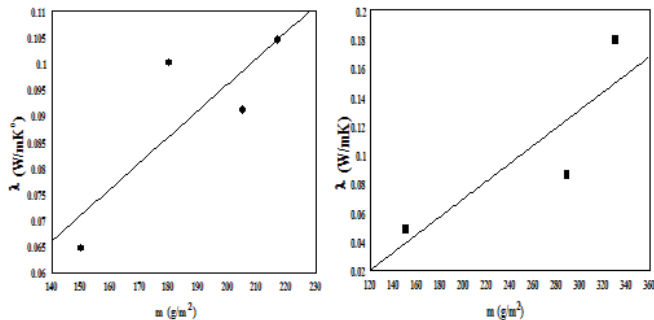
In Table 4, the results of thermal conductivity λ (W/mK) and thermal resistance R<sub>ct</sub> (m<sup>2</sup>K/W) of knitted fabrics are given.

**Table 4.** Thermal conductivity (λ) and thermal resistance (R<sub>ct</sub>) of knitted fabrics

No	Structure	λ (W/mK)	R <sub>ct</sub> (m <sup>2</sup> K/W)
Cotton knitted fabrics			
1	Single jersey	0.0647	0.0210
2	Double jersey 1:1	0.1002	0.0105
3	Interlock	0.0911	0.0136
4	Interlock	0.1045	0.0127
Polyester knitted fabrics			
5	Single jersey	0.0480	0.0310
6	Double jersey 2:2	0.1796	0.0129
7	Interlock	0.0855	0.0267

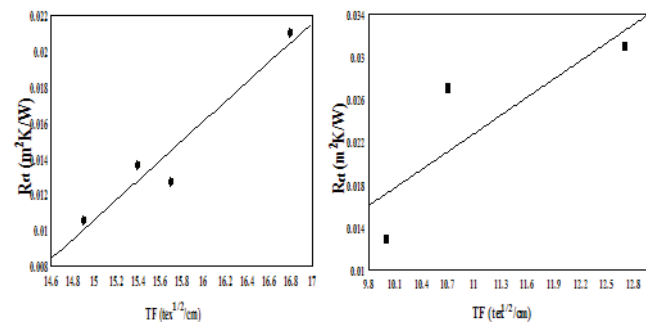
Thermal conductivity-λ of the cotton knitted fabrics is in the range of values 0.0647-0.1045 (W/mK) representing a difference of 61.5%. The results show that the thermal conductivity decreases towards Interlock>Double

jersey>Single jersey. The polyester knitted fabrics have the highest thermal conductivity Double jersey 2:2, followed by Interlock, and Single jersey knitted fabric has the smallest. This distribution of values for thermal conductivity in cotton and polyester knitted fabrics is the result of a heavier knitted fabric, more mass per unit area have higher thermal conductivity. With the increase of the mass per unit area of the cotton and polyester knitted fabric, the thermal conductivity- $\lambda$  increases due to the larger amount of fibers per unit area, (Fig. 5).



**Figure 5.** Correlation of thermal conductivity ( $\lambda$ ) and mass per unit area ( $m$ ) of a) cotton and b) polyester knitted fabrics

A significant linear correlation can be observed between the thermal conductivity- $\lambda$  and tightness factor-TF for both raw compositions, for cotton and for polyester knitted fabrics. Single jersey knitted fabrics with a greater tightness factor have a greater value to thermal resistance- $R_{ct}$ , while the double jersey knitted fabrics and interlock with a lower tightness factor have lower thermal resistance, (Fig. 6).



**Figure 6.** Correlation of thermal resistance ( $R_{ct}$ ) and tightness factor (TF) of a) cotton and b) polyester knitted fabrics

## Conclusion

The investigation of the impact of structural characteristics of cotton and polyester knitted fabrics with a different structure on the properties of thermo-physiological comfort leads to the following conclusions: air permeability and water vapor permeability mostly depend on the porosity of knitted fabrics, more than on the of raw material content. Water vapor permeability of the polyester knitted fabrics is correlated with thickness and mass per unit area. By increasing the thickness or mass per

unit area of knitted fabrics, water vapor permeability is reduced. A statistically significant correlation between water vapor permeability and porosity of cotton knitted fabrics was noticed. Knitted fabrics with a higher tightness factor have higher thermal resistance. The relation between the structural characteristics of knitted fabrics and properties of thermo-physiological comfort is not simple because the change of one structural characteristic leads to the change of others, and that in turn affects the comfort.

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**Izvod**

## **UTICAJ STRUKTURNIH KARAKTERISTIKA PAMUČNIH I POLIESTERSKIH PLETENINA NA TERMOFIZIOLOŠKI KOMFOR**

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Obezbeđivanje termičke stabilnosti ljudskog tela jedna je od najvažnijih funkcija odeće, naročito za svakodnevnu i sportsku odeću kao i za rublje. Pletiva namenjena za odeću ne treba da budu samo elastična i da omogućavaju slobodu kretanja, već da imaju i prijatni opip, da budu komforme i da lako propuštaju vodenu paru. U radu je istraživana uticaj strukturnih karakteristika pamučnih i poliesterskih pletenina na termofiziološki komfor. Dobijeni rezultati pokazuju da, u poređenju sa sirovinskim sastavom, strukturne karakteristike ispitivanih pletenina imaju značajniji uticaj na termofiziološki komfor.

**Ključne reči:** pamučne pletenine, poliesterske pletenine, termofiziološki komfor, propustljivost vazduha i vodene pare, toplotna provodljivost