Hygiene Habits of Denture Wearers in Shtip Darko Kocovski, Kiro Papakoca, Mihajlo Petrovski, Julija Zarkova – Atanasova, Katerina Zlatanovska

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Introduction

Denture hygiene is important for maintaining oral health. Proper hygiene on dentures is essential to prevent dental plaque accumulation and consequently staining of dentures, halitosis, denture stomatitis and other infections. The aim of this study was to analyze the behavior and hygiene habits of denture wearers in the local population in Shtip.



tootpaste and toothbrush

soap and toothbrush

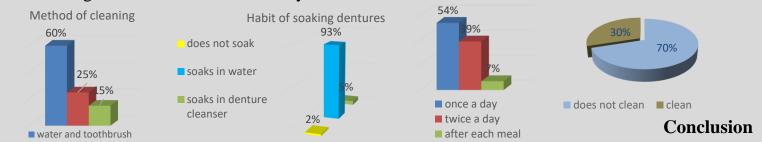
Results

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Methods

For the purpose of this study we used questionnaire to evaluate the population in Shtip. The sample included 200 respondents wearing denture. Questionnaire contains certain information like: time of wearing, method of cleaning, frequency of cleaning, cleaning of the oral cavity

Average age of the respondents was 73 years. All respondents answered that they have no difficulty in cleaning dentures and cleaned their dentures least once a day. Every respondent brush their dentures, 60% used only water while brushing their denture. The use of denture cleanser or other chemical agents for immersion was very low Frequency of cleaning of the oral cavity



It is necessary to develop appropriate programs for training professionals responsible for daily care to maintain oral hygiene among denture wearers.