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THE ACHIEVED KNOWLEDGE, SKILLS AND ABILITIES OF STUDENTS OF PEDAGOGICAL FACULTY "GOCE DELCEV" STIP AS "SINE GUA NON" FOR SUCCESSFUL MASTERING OF THE PHYSICAL EDUCATION CURRICULUM

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Abstract: There has been a survey on 119 students from the Pedagogical faculty Goce Delcev - Stip for the purpose of getting a real cognition for students' knowledge and abilities in the scope of physical education (exercise). The analysis of the results shows that students of physical education information are in relatively optimal conditions, but they don't have a real notion for the value of that area. They also don't have set an approximate plan for educational and outdoor activities for physical education (according to the number of lessons, excursions, school activities, intercity competitions, cross-country races, skiing training courses, mountain tours, team work at school, sport clubs and supplementary tuition). Students are not completely capable for a great number of activities which are important for their further study and which are in a function to qualify them to carry out educational process at schools.

Keywords: physical education, skills and abilities students, teaching process, curriculum

The modern tendencies towards perfection of curriculum are resulting in appearing of need for using of modern motorist forms-activities: roller skating, roller blending, skating, skiing and so on... In the teaching - education process in physical education certainly knowing that activities are done with enjoyment by pre-school age as well as school age children. These kind of tendencies stipulate implementation of sophisticated teaching technologies: planning, programming and using of modern appliances and equipment which on the other hand condition use of modern educational forms in preparation of modern knowledge of the future educations and teachers for satisfying the mentioned conditions previous acquired knowledge, skills and abilities are needed for the applied and accepted young people for studying on the pedagogical faculty in that range of educational contents: knowledge about physical exercise and knowledge of physical exercise - education should take their rear place.

II AIM AND TASKS OF THE RESEARCH

The basic aim of this research was to get into the level of the quality of previously acquired knowledge, skills and abilities in the field of physical (body) exercise of the student from Pedagogical faculty "Goce Delcev" - Stip. The tasks established are:

- to determine the ability of the students for active following of general laws for physical exercise;
- to determine whether the students ability is on the needed level for the need for complete mastering of physical education teaching contents.

III WORK METHOD

The sample of examinees is made of 119 students (male and female), third year on the pedagogical faculty. The variable sample is given as an anonymous interviewer assembled of 12 items. The technique survey is realized in the first half of the month may 2004.

IV ANALYSIS OF THE ACHIEVED RESULTS

On the first question the students state that they did the classes in partly optimal conditions. On the second question the students were asked what models were used in evaluation of their work, we found out that in most of the cases evaluation was a reflection of a real criteria!!!

The students, the field of physical education count as a group of activities which are meant for amusement and relaxation. A big number of them were not doing any sport, not even in recreation sense.

The experience of sport - recreational activities is mainly based on one day trips and walks. Almost identical are the experiences when it is about holidays, camping and similar forms.

Almost all interviewed students in their childhood have been using sledge; 14% or 12% of them know how to ski; more than a half of 55% of the interviewed students on the Pedagogical faculty "Goce Delcev" - Stip do not know how to swim.

What refers to roller skating and roller blading 90% or 76% from the interviewed students do not know how to use these modern instruments for body activities, riding pushbike as well is not know for most of them.

V CONCLUSION

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Regarding the achieved information as a result of processing answers which were given in the survey, there is a need to consider different approach toward the admission criterion for the students on the faculty. Science - teaching structure of the Pedagogical faculty "Goce Delcev" - Stip, although, in my opinion the condition on the other similar faculties is not much different, should consider about the possibilities of making affirmation and using of suitable models for checking the applied candidates in the basics physical (body) exercise during the faculty admission. Far from that, that kind of model should be in form of strict control. Anyhow, way should be found how to separate the best subjects, who will satisfy the basic criterion regarding previously accepted knowledge, habits and abilities in the fields of "physical (body) education" as well as in all the other fields.

Survey

Respectable future colleagues! In the function of gathering relevant information for the need of realizing of applicative research in to the domain of study field "Physical and health education" we would like to ask you to answer the questions correctly. The survey is anonymous and the data will be used only for the needs of the research. Answer by circling one letter before the answer which will note your opinion, respectively: Status and level of abilities.

1. Did you perform the physical education classes in optimal conditions (hall, arranged playground and similar)?
A - Yes
B - Partly (only hall or playground)
C - No
2. Where the marks you were getting a reflection of your real achieved knowledge and abilities or were they result of some different - already usually models?
A - Yes (real criterion)
B - No (usual models)
C - I don't know
3. In your family and your closest surrounding physical education is:
A - Teaching field equally useful and needed for your psycho - physical development
B - Field which is only for amusement and relaxation
C - Without something you cannot do
4. Have you actively done any of the competitive sports?
A-Yes
B - From time to time
C-No
5. Do you do any kind of sport activities recreationally now?
A-Yes
B - From time to time
C-No
6. Have you been on an organized winter holiday (through: school, specialized organizations for those activities and similar)?
A-Yes
B - For a walk (a day trip)
C-No
7. Have you been on an organized summer holiday (through: school, specialized organizations for those activities and similar)?
A-Yes
B - For a walk (a day trip, school trip)
C - No
8. Have you ride sledges (normally: in childhood and later)?
A - Yes
B-No
9. Can you ski?
A - Yes
B - I tried once or several times
C - No
10. Can you swim?
A-Yes
B - Just enough so I do not
C-No

11. Can you roller skate and roller blade?

A-Yes

B - I have tried several times

C-No

12. Can you ride a pushbike?

A-Yes

B - I have tried several times

C-No

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