

**GOCE DELCEV UNIVERSITY, STIP  
FACULTY OF MEDICAL SCIENCES**

**First International Students' Symposium of Faculty of Medical  
Sciences**

**CELEBRATING ACHIEVEMENTS IN MEDICINE, PROMOTING  
HEALTH AND SHARING KNOWLEDGE**

**STIP, 20 APRIL 2016  
MULTIMEDIA CENTRE – GOCE DELCEV UNIVERSITY, STIP**

09:00 – 09:10	<p style="text-align: center;"><b>Welcome note</b>  <b>Prof. Blazo Boev</b>  <b>Rector of the University</b></p>	
09:10 – 09:40	<p style="text-align: center;"><i>The road to science - for students</i></p>	<p style="text-align: center;"><b>Prof. Rubin Gulaboski</b>  <b>Dean of the Faculty of Medical Sciences</b></p>
<b>First session</b>		
<b>Time</b>	<b>Title</b>	<b>Presenter</b>
09:40 – 10:10	<p style="text-align: center;"><i>Studying the cost of treating diabetes in Bulgaria</i></p>	<b>Prof. Doneva Miglena</b>
10:10 – 10:20	<p style="text-align: center;"><i>Features and benefits of <sup>223</sup>Ra radiopharmaceuticals for treatment of cancer</i></p>	<b>Andonela Janeva</b> Student
10:20 – 10:30	<p style="text-align: center;"><i>Immunomodulatory effects of probiotics and their role in allergy</i></p>	<b>Spase Stojanov</b> Student
10:30 – 10:40	<p style="text-align: center;"><i>Future therapies for neurodegenerative diseases using molecular tool for editing genes – CRISPR CAS 9</i></p>	<b>Ana Nikolova</b> Student
10:40 – 10:50	<p style="text-align: center;"><i>Importance of quantum mechanical tunneling phenomena in life sciences</i></p>	<b>Petar Davcev</b> Student
<b>10:50 – 11:30 Coffee break</b>		
<b>Second session</b>		
11:30 – 12:00	<p style="text-align: center;"><i>Regeneration of salivary glands – from in vitro to in vivo models</i></p>	<b>Prof. Mihnea I. Nicolescu</b>
12:00 – 12:10	<p style="text-align: center;"><i>Oral health status among dental medicine students in the two final years of studying</i></p>	<b>Natasa Arsova</b> Student
12:10 – 12:20	<p style="text-align: center;"><i>Effect of the mitotic inactivation on the properties and biologic activity of mesenchymal human stem cells</i></p>	<b>Aleksandra Jakovleva</b> Student

12:20 – 12:30	<i>Estimation of proangiogenic properties of artificial microvesicles from SHSY5Y cells</i>	Kristina Jakovleva Student
12:30 – 12:40	<i>Master plan for treatment – Challenge for the future of dentistry</i>	Stefan Kitanovski Student
<b>12:40 – 14:30 Lunch time</b>		
<b>Third session</b>		
14:30 – 15:00	<i>Community-acquired pneumonia</i>	Dr. Rich Wunderink
15:00 – 15:30	<i>Posterior tibial tendonitis and Hip fractures</i>	Dr. David Burandt
15:30 – 15:40	<i>Angiographic and procedural predictors of periprocedural complications</i>	Strahil Todorov Student
15:40 – 15:50	<i>Nonspecific low back pain treated with Kinesiotaping</i>	Kristijan Nikolov Student
15:50 – 16:00	<i>Abstinent syndrome and deviant behaviors investigated in opiate dependent individuals</i>	Martin Angjelov Student
16:00 – 16:10	<i>Acute coronary syndrome</i>	Matej Otjanski Student
<b>16:10 – 16:20 Closing ceremony</b>		
<b>16:20 Awarding of certificates</b>		

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financial support.*

**INTERNATIONAL STUDENTS' SYMPOSIUM OF FACULTY OF MEDICAL SCIENCES**  
**“Celebrating achievements in medicine, promoting health and sharing knowledge”**

APRIL 20, 2016 - STIP  
ORAL PRESENTATIONS

- 1. The road to science – for students**  
Rubin Gulaboski
- 2. Studying the cost of treating diabetes in Bulgaria**  
Miglena Doneva
- 3. Features and benefits of  $^{223}\text{Ra}$  radiopharmaceuticals for treatment of cancer**  
Andonela Janeva
- 4. Immunomodulatory effects of probiotics and their role in allergy**  
Spase Stojanov
- 5. Future therapies for neurodegenerative diseases using molecular tool for editing genes – CRISPR CAS 9**  
Ana Nikolova
- 6. Importance of quantum mechanical tunneling phenomena in life sciences**  
Petar Davcev
- 7. Regeneration of salivary glands – from in vitro to in vivo models**  
Mihnea I. Nicolescu
- 8. Oral health status among dental medicine students in the two final years of studying**  
Natasa Arsova
- 9. Effect of the mitotic inactivation on the properties and biologic activity of mesenchymal human stem cells**  
Aleksandra Jakovleva
- 10. Estimation of proangiogenic properties of artificial microvesicles from SHSY5Y cells**  
Kristina Jakovleva
- 11. Master plan for treatment – Challenge for the future of dentistry**  
Stefan Kitanovski
- 12. Community-acquired pneumonia**  
Rich Wunderink
- 13. Posterior tibial tendonitis and Hip fractures**  
David Burandt
- 14. Angiographic and procedural predictors of periprocedural complications**  
Strahil Todorov
- 15. Nonspecific low back pain treated with Kinesiotapeing**  
Kristijan Nikolov
- 16. Abstinent syndrome and deviant behaviors investigated in opiate dependent individuals**  
Martin Angelov
- 17. Acute coronary syndrome**  
Matej Otjanski

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**POSTER PRESENTATIONS**

**1. "Incidence of large intestinal carcinoma in patients from Clinical Hospital - Stip for a period of 2010-2015"**

Author: Nikola Stoilkovikj; Co-authors: Gjorgji Shumanov and Slobodan Rogac

**2. "Oral cavity changes after radiotherapy"**

Author: Nikolina Kochovska; Co-author: Darko Kochovski

**3. "Doppler ultrasound: noninvasive way of imaging the blood flow"**

Author: Aleksandra Ristova – Stojanova; Co-author: Oliver Ristov

**4. "Comparison of dissolution test for metronidazole tablets in International and American Pharmacopoeia"**

Author: Violeta Koneva; Co-authors: Biljana Gjorgjeska and Sofija Petkovska

**5. "Gestational diabetes, experience of the Clinic for Gynecology in Skopje in the period 2013-2015"**

Author: Vesna Mladenovska; Co-authors: Biljana Gjorgjeska and Sofija Petkovska

**6. "Acupuncture treatment for lumbar disc herniation"**

Author: Martin Karovski; Co-authors: Jihe Zhu and Blagica Arsovska

**7. "Acupuncture points in treatment of adolescent depression"**

Author: Angela Angelovska; Co-authors: Jihe Zhu and Blagica Arsovska

**8. "High performance polymers in dental laboratory"**

Author: Daniela Mickovska; Co-authors: Ivona Kovacevska, Natasha Denkova and Pavle Apostoloski

**9. "Passive suicidal ideation as a risk factor for suicide among cancer patients"**

Author: Dijana Miloseva; Co-authors: Lence Miloseva and Dajana Bopkovska

**10. "Approximal margin adaptation on class II – posterior interproximal cavity restored with open and closed sandwich technique"**

Author: Jane Nacevski; Co-authors: Hristijan Dimoski, Stefan Kitanovski, Ivona Kovacevska, Natasha Denkova and Kiril Mitevski

**11. "Anesthetic buffering: new advances for use in dentistry"**

Author: Ivana Bojchovska; Co-authors: Darko Kochovski, Sandra Atanasova and Mihajlo Petrovski

**12. "Development of an electrochemical method for estimation of the antioxidative capacity of syringic and ferulic acid with ABTS as a redox mediator"**

Author: Mihail Aleksandrov; Co-

authors: Viktorija Maksimova and  
Rubin Gulaboski

13. **"Varicella in the region of Prilep"**

Author: Meri Stevanoska; Co-authors:  
Vera Dzateva, Eva Markovska and  
Velo Markovski

14. **"Treatment of insomnia  
syndrome with Chinese medicine  
and reflex therapy"**

Author: Todorche Monev; Co-author:  
Jihe Zhu

15. **"Mandibular supraprosthesis  
retained by dental implants - case  
report"**

Author: Ljupka Lazarova; Co-author:  
Evgenija Trajkoska

16. **"Analgesia during intraoperative  
and postoperative period"**

Author: Marinela Popova; Co-authors:  
Aleksandra Toneva and Jovanka  
Stojmenova

17. **"Representation of different  
techniques for determination of the  
working length in endodontic  
treatment"**

Author: Natasha Denkova; Co-authors:  
Katerina Zlatanovska, Simon  
Nadzenski, Dragan Spasov and  
Mihajlo Petrovski

18. **"Types of toothbrushes"**

Authors: Marija Dejkoska and Andrej  
Petrushevski; Co-authors: Sanja  
Naskova, Cena Dimova, Verica  
Toneva and Darko Kochovski

19. **"Contemporary classification of  
supernumerary teeth"**

Author: Igor Cvetanoski; Co-authors:  
Marko Petrovski, Sanja Naskova and  
Cena Dimova

20. **"Artificial sweeteners and oral  
health"**

Author: Ognen Cvetanoski; Co-  
authors: Stefan Ilievski, Sanja  
Naskova and Cena Dimova

21. **"Using of additional  
supplements for oral hygiene"**

Author: Ivana Ristova; Co-authors:  
Mihajlo Petrovski, Ivana Bojchovska  
and Darko Kochovski

22. **"Anemia as a reason for  
hospitalization in the region of  
Kumanovo"**

Authors: Stefan Ilievski and Robert  
Nikolovski; Co-authors: Kristina  
Denchovska, Eva Markovska, Tomica  
Anchevski and Velo Markovski

23. **"Prevalence of Down syndrome  
in the city of Bitola"**

Author: Menche Petrovska; Co-author:  
Nevenka Velichkova

24. **"Applying ROOTT implant  
system directly after extraction of  
teeth"**

Author: Sarita Kadrova; Co-authors:  
Milan Dumitrashkovic, Sanja Naskova  
and Cena Dimova

25. **"Epidemiological characteristics  
of influenza virus in municipality of  
Kumanovo"**

Authors: Robert Nikolovski and  
Kristina Denchovska; Co-authors: Eva  
Markovska and Velo Markovski

26. **"Gua Sha in back pain and neck  
pain"**

Author: Ivana Filipovska; Co-authors:  
Blagica Arsovska and Jihe Zhu





***Faculty of Medical Sciences  
Goce Delcev University – Stip, Macedonia***

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# Passive suicidal ideation as a risk factor for suicide among cancer patients

Dijana Miloseva<sup>1</sup>, Dajana Bopkovska<sup>2</sup>, Lence Miloseva<sup>2</sup>

<sup>1</sup>*Ss. Cyril and Methodius University, Skopje*

<sup>2</sup> *Faculty of Medical Sciences, Goce Delcev University, Stip*

Contact: [lence.miloseva@ugd.edu.mk](mailto:lence.miloseva@ugd.edu.mk)

**Introduction:** Identification of passive suicidal ideas as a clinical relevant risk factor contributes to shedding light on the etiological picture of clinical depression and suicide phenomena among cancer patients. Unfortunately, in Macedonia we do not have standardized psychological techniques which will assess suicidal ideation during psycho diagnostic procedure.

**Objectives:** The aim of this study is twofold. The first aim is to investigate whether we can use the Patient Health Questionnaire-9 (PHQ-9), for the first time in Macedonia, translated on Macedonian language (Miloseva, 2014), item 9 in order to screen passive suicidal ideation. The second aim is to describe the nature of „better to be death thoughts or hurting own self in some way“ reported with structure clinical interviews carried out in order to further asses passive suicidal thoughts of participants, cancer patients, who hade endorsed item 9 of this scale.

**Material and Methods:** In the frame of the UGD supported project, the data were collected from Department for maxillofacial surgery, Clinical Hospital, Stip, Macedonia, during the period 2014-2015. The final survey sample consists of 90 patients (64% female and 36% male) aged 19-70 years. Inclusive criteria: patients were diagnosed with cancer in maxillofacial region. We applied: Patient Health Questionnaire-9 (PHQ-9), for the first time in Macedonia, translated on Macedonian language and structured clinical interview. One week after they become familiar with the diagnose they fill up PHQ-9 scale, and after three weeks clinical interviews were carried out. Written informed consent was obtained by all study participants.

**Results:** First of all we checked the reliability (Cronbach`s alpha) for the PHQ-9 scale translated on Macedonian language and sample. The reliability coefficient was good (alpha > 0.85). We found that patients with diagnosed cancer who endorsed „passive

suicide ideas item 9“ were more likely to have suicidal thoughts which were described latter on during clinical interview. We analyzed thoughts reported by patients in the frame of modified categories of suicidality based on Walker et al. (2011). Of 52 (57.77%) of patients who endorsed item 9 with „yes“, the highest percentige was in category with passive suicidal thoughts 32 (61.54%).

**Conclusion:** We have confirmed our expectations that we can use Macedonian translated version of PHQ-9 scale, item 9 („Thoughts that you will be better to be dead or of hurting yourself in some way“) in combination with clinical structured interview in order to asses passive suicidal ideation. Due to the limitation of this study, more studies are needed in future. There is a need of multidisciplinary work and teams between maxillofacial surgeons, clinical psychologist, psychiatrist and oncologist.

**Keywords:** passive suicide ideas, depression, risk factors, suicide.