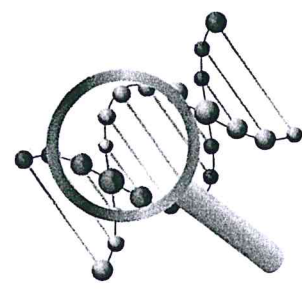




FIRST INTERNATIONAL SCIENTIFIC
CONFERENCE OF FACULTY
OF MEDICAL SCIENCES
(ISCFMS2016)

CONFERENCE PROGRAM



CONTEMPORARY TRENDS OF MEDICAL SCIENCES AND THE DEVELOPMENT DYNAMICS OF MODERN MEDICINE

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SESSION III (HALL B)
Friday, 03 June 2016

Moderator:

Prof. Dr. Shemsedin Dreshaj, Prof. Dr. Necdet Sut, Doc. Dr. Nevzat Elezi, Doc. Dr. Fahir Ferati, Dr. Sci. Qahil Ibrahim, Dr. Spec. IlberBesimi

17:50 – 18:00	The positive effects of palm oil on managing hypercholesterolemia, hypertriglyceridemia and early prevention of atherosclerosis Besim Memedi, Blerim Krasniqi, Dorontina Bexheti, Driton Selmani, Lutfi Zylbehari
18:00 – 18:10	How to share a scientific knowledge and how to write a scientific paper? Dimitrinka Jordanova Peshevska, Fimka Tozija, Tamara Jordanova
18:10 – 18:20	Legislative framework for the protection of patients in macedonia Muhammed Tairi, Fimka Tozija, Lutfi Zylbehari, Veton Ademi, Vegim Zhaku
18:20 – 18:30	Origins of albanian and english medical terminology Stephen Hardy
18:30 – 18:40	The healthcare system and challenges in the new decade Gazmend Zylbehari, Sadi Bexheti, Dorontina Bexheti, Zamira Bexheti, Nasir Behxheti, Patriot Idrizi
20:00	Conference Gala Dinner - Restaurant 'Liraku' - Tetovo

SESSION II (HALL B)
Friday, 03 June 2016

Moderator:

Prof. Dr. Memedali Azemi, Yrd. Doc. Dr. Omer Salt, Prof. Dr. Mazlum Belegu, Doc. Dr. Agim Ramadani, Doc. Dr. Lindihana Emini

15:50 – 16:00	Public Health Challenges in Albania E. Rosh, A. Rosh
16:00 – 16:10	Knowledge of patients with diabetes in the part of western Macedonia for the disease, risk factors and treatment Bistra Angelovska, Monika Jordanova, Nexhibe Nuhui
16:10 – 16:20	Classification and management of cancers of unknown primary site Artan Shkoza, Mirlinda Likmeta, Sabo Ademi, Helidon Nina
16:20 – 16:30	A comparison of emotional and behavioral problems between students with intellectual disabilities with and without autism Liliana Trochevska, Naser Durmishi, Godrana Nikolova
16:30 – 16:40	Breast Reconstruction after Mastectomy Atakan Sezer
16:40 – 16:50	Origin of 8000-10000 years of E-V13 and J-M241 lineages of Y chromosome microsatellite mutations with typical southern Balkans distribution ...! Naser Durmishi, Vincenza Battaglia, Simona Fornarino, Nadia Al-Zahery, Anna Olivieri, Maria Pala, Natalie M. Myres, Roy J. King, Siiri Rootsi, Damir Marjanovic, Dragan Primorac, Rifat Hadziselimovic, Stojko Vidovic, Katia Drobnic, Antonio Torroni, A. Silvana Santachiara-Benerecetti, Peter A. Underhill and Ornella Semino
16:50 – 17:00	Neck dissection in Thyroid Carcinoma Atakan Sezer
17:00 – 17:10	Correlation between C-reactive protein levels and acute coronary disease Nexhibedin Abazi, Nadir Ajruli, Teuta Abazi, Jusuf Shabani, Lutfi Zylbehari
17:10 – 17:20	Diabetic Nephropathy (nd): Diagnosis, Prevention and Treatment Lutfi Zylbehari, Nasir Behxheti, Dorontina Bexheti, Gazmend Zylbehari, Zamira Bexheti
17:20 – 17:30	Endocrine and morphological changes in patients with polycystic ovary syndrome Arian Alili, Pranvera Ramadani, Vjosa Xhaferi
17:30 – 17:40	Hemispheric asymmetry of the human parahippocampal gyrus Dorontina Bexheti, Gazmend Zylbehari, Sadi Bexheti
17:40 – 17:50	Sfidat Programore dhe Organizimi Funkcional i Fakultetit të Mjekësisë në Tetovë dhe Ballkan Agim Ramadani, Ekrem Ismani, Nasir Behxheti, Lutfi Zylbehari

KNOWLEDGE OF PATIENTS WITH DIABETES IN THE PART OF WESTERN MACEDONIA FOR THE DISEASE, RISK FACTORS AND TREATMENT

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Diabetes is a chronic disease which mostly affects the adult population, and the number of people who suffer from this disease is increasing. Also, there is an expanding number of patients – diabetics who confront with complications correlated to the diabetes. This is due to inappropriate control of the disease. In diabetics care are mainly included: physicians, pharmacists and patients themselves. Consequently, pharmacists are one important link in the chain who are contributing to reduce the risk of acquiring diabetes, better control of the disease and reduce the risk of complications associated with diabetes.

The first step of implementing the pharmaceutical care is the assessment of patient knowledge for its disease and its treatment with drugs. Based on the patient awareness about its knowledge regard to the disease and lifestyle – physical activity, diet and the necessity to control health condition, the pharmacist should develop a program for patient education adjusted to his knowledge. In this labour we have made a research on patients – diabetics with type 2 in Western Macedonia on different age group, different gender, social structure, its consciousness for the risk factors which may lead to complications, its life style and following the recommendations from the medical workers, effects from the treatment with oral anti-diabetic medications and their observing. This study is conducted by questioning the adult patients who receive oral anti – diabetic therapy. There are surveyed 105 patients on nonspecific choice who appertain to different age group – from 40 to 74 aged. The questioners live in different habitats as Bitola, Prilep, Ohrid, Demir Hisar. The research has showed that in all segments of preventing the complications from the diabetes, the patient's knowledge is not enough. The implementation of proper pharmaceutical care will provide improving the quality of life for patients – diabetics with type 2 and reducing their expenditure for treatment.

Key words: Diabetes, control, complications, drugs.