



Macedonian Olympic Committee

PO Box 914, Address: Kuzman Josifovski Pitu 17, 1000 Skopje, Republic of Macedonia
Tel: +389 2 24 62 506 Fax: +389 2 31 16 068 www.mok.org.mk

Skopje, 7/03/2013

Macedonian Olympic Committee

SPORT MEDICINE SEMINAR

13-14 MARCH 2013

University of tourism and sport management, Skopje

List of lectures:

Course Director: Doc.d-r Zoran Handziski, MD, Specialist in sports medicine, Professor at the Faculty of medicine, University "Goce Delev" Stip

Lecture Theme:

1. Olympic Movement Medical Code
2. Use of isokinetic in rehabilitation after reconstruction of the ACL
3. Influence of some hormones and biochemical parameters to the changes of VO₂max with the professional football players

Lecturer: Dr. Aleksandra Dimova, MD. Orthopedic surgeon

Lecture Theme:

1. Othokine therapy

Lecturer: Dr. Goran Nikolov, MD, Specialist internist

Lecture Theme:

1. Sport and heart rate – the stress on the heart muscle

Lecturer: Dr. Nebojsa Nastov, MD Specialist traumatology

Lecture Theme:

1. Combined treatment at the injuries on the joint cartilage

Lecturer: Dr. Mihajlo Ivanovski, MD. Sport medicine specialist

Lecture Theme

1. Treatment of sport injuries, tendinitis, insertionitis and intramuscular hematomas with the PRP.
2. Periodic health and sport medicine exams for the top athletes

Lecturer and workshop: Milan Ilic, physiotherapist Master Physical, Belgrade, Serbia

1. Electro muscular stimulation (ENMS) during the sport training, regeneration and injury prevention
2. Treatment and prevention of sport injury, regeneration and rehabilitation with electro muscular stimulation (ENMS)



Macedonian Olympic Committee

PO Box 914, Address: Kuzman Josifovski Pitu 17, 1000 Skopje, Republic of Macedonia
Tel: +389 2 24 62 506 Fax: +389 2 31 16 068 www.mok.org.mk