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USE OF ANTISEPTIC MOUTH RINSES AMONG DENTAL STUDENTS

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There are number of reasons for using mouth rinses due to their antimicrobial, anti-inflammatory, analgesic and caries protection effects. Many of them are commercially available and patients and dentist struggle to select the most appropriate product for a particular need.

Aim: The purpose of this study was to determine if dental students use mouth rinses, which mouth rinse is most commonly used and the main reasons for choosing them.

Material and methods: 150 questionnaires were given to dental students from second, third and fourth year of study. 94 of them were female and 56 were males. They were asked to answer 5 questions with multiple choices such as: were they using mouth rinse or not, what kind of mouth rise they were using, what mostly affected their selection, price, quality or other, if dentist recommended them and how often they were used them. Collected data were analyzed with descriptive statistical methods.

Results: 48% of the students used mouth rinses occasionally, 34% of them were female. The most used mouth rinses were commercial. 18% of them were using due to recommendation of dentist. 85% of them answered that the most important of them is the quality of the product.

Conclusions: This study have showed that dental students use mouth rinses very often due to their knowledge about their effects in prophylactic goals but long-term use of ethanol-containing mouth rinses should be discouraged given recent evidence of a possible link with oral cancer.