

# THE POSSIBILITIES OF DIFFERENT SOFT TISSUE GRAFTING METHODS IN THE TREATMENT OF GINGIVAL RECESSIONS

**Nikolovski Bruno, Minovska Ana\*, Radojkova-Nikolovska Vera\*\*, Popovska Mirjana\*\*, Popovic-Monevska Danica\*\***

Center for dental health – ETERNAdent, Skopje

\*Faculty of medical sciences, Goce Delcev University, Stip

\*\*Faculty of dentistry, Cyril and Methodius University, Skopje

Gingival recession is described as an apical migration of the marginal gingival tissue towards or beyond the cemento-enamel junction. The occurrence is multifactorial, mainly due to trauma induced by traumatic tooth brushing, orthodontic movement, as well as anatomical factors such as bone dehiscence, malposition of teeth and muscle pull. Treatment modalities vary according to the type and severity of the recession. Soft tissue in the oral cavity is widely available and easily accessed. Mostly used donor sites for soft tissue grafting are the palatal area, tuber maxillae and the buccal fat pad. In this paper we will compare those three methods for covering the exposed roots, with special accent to the promising results and effectiveness of the free graft from the buccal fat pad as a promising donor area. However, thus far, evidence is lacking for new modified techniques which can improve the patient experience undergo micro-surgical treatments, and will provide long-term aesthetic results at the same time.

