



The most common reasons for dental check-ups



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Verica Toneva Stojmenova, Darko Kocovski, Ivona Kovacevska, Natasa Longurova, Sandra Atanasova

Backgrounds: The patients think that visiting the dentist is stressful and terrifying. The reasons why they are avoiding the check-ups are often the reasons why the oral conditions are getting worse. Because of that the patients need the regular check-ups in the dental office. The regular dental check-ups lead to maintaining the oral cavity in healthy state.

Materials and methods: Total number of 50 patients, male and female, aged between 25-50 years, consulting for regular dental control check-up were evaluated. All of the subjects were with some of the most common reasons for regular dental check-ups and we divide them in some groups because of their similarity.

Results: High prevalence of toothache in more than 90 % of the subjects was recorded among the patients. The results showed that there is a high significant correlation between the subjective situation (what the patient feels) and objective evaluation (what the dentist detects in patients' oral cavity). The most common reasons for regular dental check-ups are: toothache, bleeding gum, professional cleaning of teeth, something that the patient thinks is happening in the mouth but there isn't any problem, orthodontic control etc.

Conclusion: We can conclude that the most common reasons for dental check-ups are usually the first signs of some dental problems.

