

ORTHODONTIC TREATMENT IN ADULT PATIENTS

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Orthodontic treatment in adult patients has become more common in the last decades. The aim of this study was to analyze the reasons for orthodontics treatment in adult persons and the reasons for rejecting the initial indication for treatment years ago.

Material and methods

The material used in this study was a set of 22 questionnaires given to adult patients, most of them from Shtip. The patients were between 25-35 years old (17 female and 5 male). They had received orthodontic treatment from dentist specialized in orthodontics and all of them had completed their treatment in one private practice.



Results

Reasons for them to put on fixed braces were: 36.4% were not previously bothered with the position of their teeth, 31.8% believed orthodontic treatment was only for teenagers and children, 18.2% for previous lack of financial means, 9.1% looked for treatment after their general dentists told them and 4.5% said they didn't know orthodontic treatment could solve their dental problems.

Results

The reasons for rejecting the initial indication for treatment were: 59.1% felt concerned with the long duration, 18.2% had doubts about the efficiency of orthodontic treatment, 13.6% were afraid of feeling pain and 9.1% rejected the unpleasant appearance of braces.

Conclusion

Most of the patients rejected the initial indications due to the long period of orthodontic treatment and most of them decided for treatment as adults due to improper teeth position.