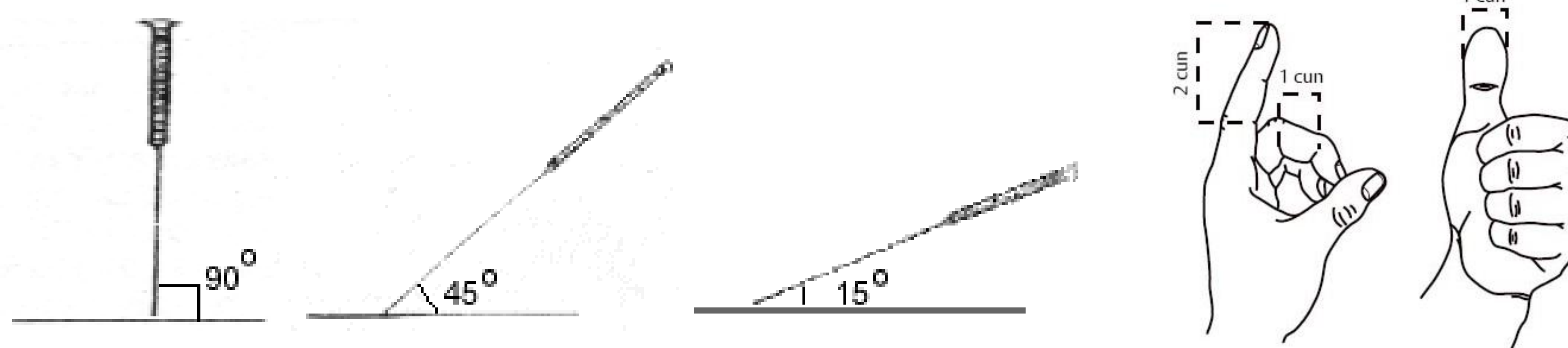


TCM- PROVIDING SOLUTIONS FOR ORAL PAIN

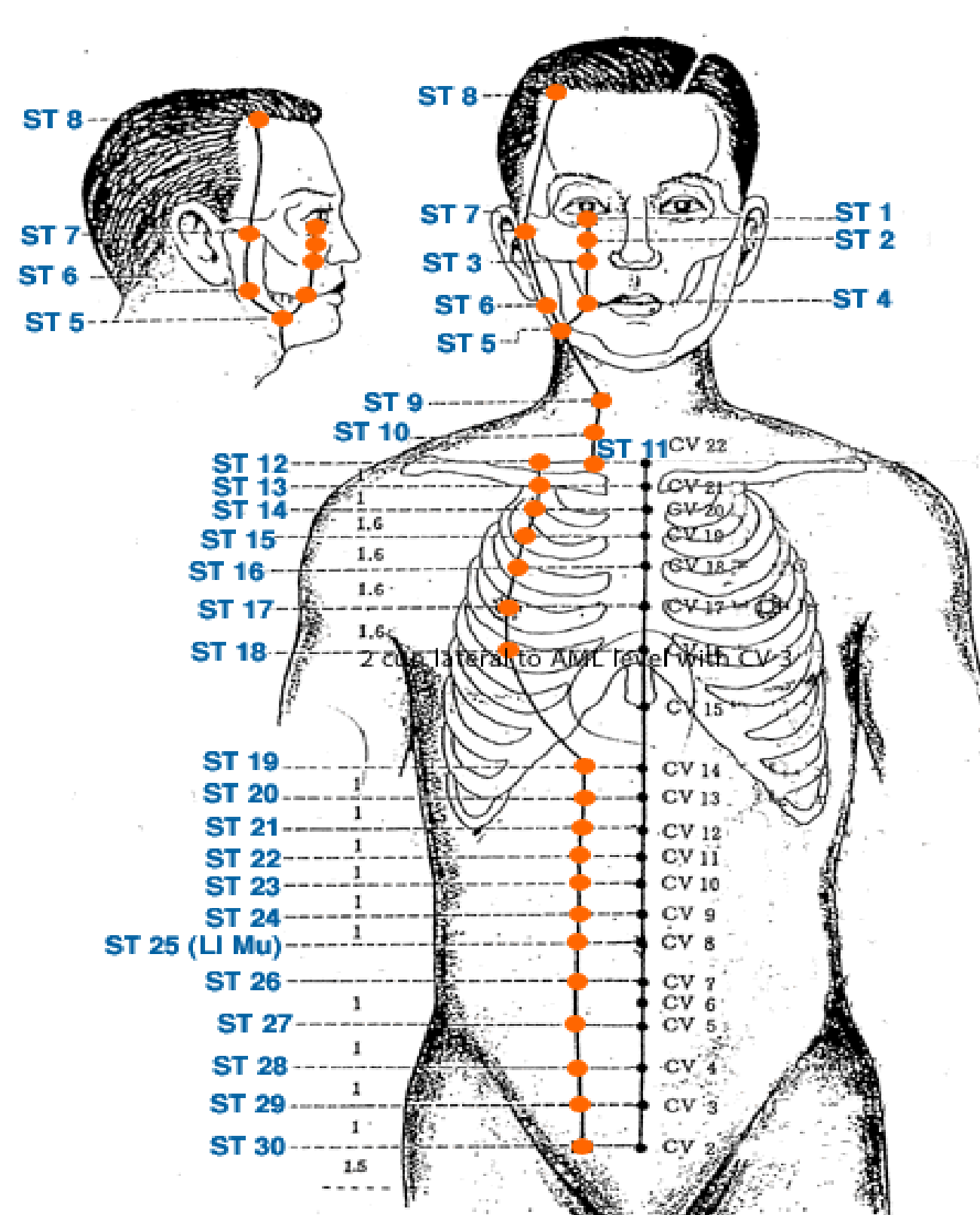
Intro

With a history of over 2000 years, (TCM) evolves into a unique system of diagnosing and treating illnesses. However, it is a challenge to convey the fundamentals of this traditional medicine to our Western colleagues and practitioners because of the differences in language, philosophy and concept of diagnosis and treatment. Knowledge, usage and interest in traditional based approaches to managing oral health\pain is widespread all over China and is associated with age and educational attainment.



Material and method

This Eastern practice also takes an approach in Dental medicine. Traditional Chinese medicine holds that some mouth inflammation (non-decay and non-gum disease-related) is caused by kidney problems, since the kidney "governs" bones, teeth and gums. Healthy kidney energy, healthy teeth and gums. Deficient kidney Yin energy results in poor immunity in the oral cavity, weakened teeth and gums. Pathogenic heat and toxins, internal or, acute pain and the tendency to develop painful conditions are both external, then may invade teeth and gums, causing inflammation. In the meanwhile, according to TCM attributed to something called blood stagnation. Therefore, herbs may be an alternative form of treatment to help relieve tooth pain. Toothaches or tooth pain are common, but few people go to TCM doctors for solutions even though TCM has a few effective ways of dealing with toothaches.



Manipulation

Puncture Xiaguan (ST7) for 1cun. Electric stimulation can be used on ST7 and ST6(Jiache) on the same side. Location on ST7 is located in front of the ear and in the depression anterior to the condyloid process of the mandibulae. This point is located with mouth opened. Needling method: Perpendicular insertion 0.5 – 1.0cun. ST6 is located 1 finger-breadth anterior and superior of the lower angle of the mandibulae where m. masseter attaches at the prominence of the muscle, when the teeth are clenched. Cupping as an optional method can be used however the treatment can not last more than 5min.

LI4 - (HeGu) accu point is indicated to be used for headache, facial paralyses, trismus, mumps and toothache. Needling method: Perpendicular insertion 0.5-1cun. This point is prohibited in pregnancy.

SI18 or Quanliao – is located directly below the outer canthus, in the depression on the lower border of zygoma. Indication: Facial paralysis, toothache and swelling of cheeks. Needling method: Perpendicular insertion 0.3 – 0.5 cun oblique or subcutaneous insertion 0.5 – 0.8cun.