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ALVEOLAR RIDGE PRESERVATION USING PLATELET RICH FIBRIN AND BONE GRAFT

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Introduction

■ Platelet-rich fibrin (PRF) described by Choukroun et al. (Choukroun et al. 2000) is a second-generation platelet concentrate which allows one to obtain fibrin membranes enriched with platelets and growth factors, after starting from an anticoagulant-free blood harvest without any artificial biochemical modification.

■ PRF has a proliferative effect on different types of cells: dental pulp cells, (Huang et al. 2010) human osteoblasts, (Dohan et al. 2009) human gingival and periodontal ligament fibroblasts, (Chang et al. 2011) dermal prekeratinocytes, and preadipocytes. (Dohan et al. 2009; Wu et al. 2012)

■ PRF could serve as a resorbable membrane for guided bone regeneration (Chang et al. 2011), preventing the migration of non-desirable cells into bone defect and providing a space that allows the immigration of osteogenic and angiogenic cells and permits the underlying blood clot to mineralize. (Molly et al. 2006.)

Case report



Figure 1.
Orthopantomogram X-Ray shows bone loss around the second upper right molar



Figure 3.
Layers of centrifuged blood samples, tube with three fractions: a) acellular plasma at the top, b) fibrin clot in the middle of the tube, c) red corpuscles at the bottom.



Figure 2.
Preoperative view with expose of bone defect around tooth 17



Figure 4.
Preparation of sticky bone



Figure 6.
Surgical wound after removed sutures



Figure 5.
Application of "sticky" bone on surgical side for horizontal bone augmentation and guided bone regeneration (GBR)



Figure 7.
X-Ray taken after 6 months



Figure 8.
New prosthetic restoration.

Conclusion

Preparation of PRF is a simplified and efficient technique, with centrifugation in a single step, free and openly accessible for all clinicians. (Simonpieri et al. 2012; Dohan et al. 2007). It is obtained by autologous blood sample. (Choukroun et al. 2006)