



Use of the teeth whitening procedure by dental medicine students

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Introduction

Teeth Whitening is one of the most popular procedures in Aesthetic dentistry. Teeth can have various colors which are genetically determined. The color of the teeth is affected by many factors.

With whitening, the initial color is removed from the surface of the teeth. There are two processes approved by the FDA (Food Drug Administration), Teeth Whitening and Teeth Bleaching.



Materials and methods

The research was realized with questionnaire, which included questions about the procedures, their negative impact and factors that contribute to change the colors of the teeth.

Results

The results showed that small number of students do teeth whitening procedures because they know the negative consequences.

Conclusions

It is important to notice that the teeth color is determinate by the color of dentine and not by the enamel, so the patients should not have very big expectations.

This should be explained on every patient, which conditions lead to color change and whitening would not be so effective like would be at the surface coloring, but still can be achieved certain amount of color correction.

Aim

The goal of our study is to determine how much teeth whitening procedure is present with the students from third, fourth and fifth year of the studies, how much do they know about the color changing factors of the teeth.



Results

■ Yes ■ No

