



Scientific Works of University of Food Technologies

Proceedings of the 64th Scientific Conference with
International Participation
"Food Science, Engineering and Technology – 2017"

VOLUME LXIV

ISSUE 1

2017

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Aco Mitev, Aco Kuzelov



Effect of goji berry on the qualitative properties of semi durable sausages

Aco Mitev¹, Aco Kuzelov²

Running title: **Quality, Properties, Semi Durable Sausages**

Abstract

The objective of this study was to determine the influence of dry minced goji berry fruits on the lipolytic (acid value) and oxidative (peroxide value) changes and microbiological status of vacuum-packed semi-durable sausage stored 35 days at 4°C. Therefore, four types of sausages' samples were examined. The first group was control sample (without addition of dry minced goji berry fruits). To the receipt of the rest three samples of bacon-folk sausage were added 0.1%, 0.3% and 0.5% dry minced goji berry fruits, resp. The experiments were done on the 1st, 10th, 25th and 35th day of the stored vacuum packed sausages. The acid value of all studied sausages' samples was increased, but the highest increase was determined in the control sample (2.08, 2.19, 2.39, and 2.65 resp.). A steady increase in the peroxide value of the examined samples sausage was found during their 35 day storage. The highest was the rise of peroxide value in the control group of sausages (1.02, 0.40, 1.04, 0.71) while the lowest in sausages with addition of 0.5% dry minced goji berry fruits (0.76, 0.47, 1.09, and 0.74). The microbiological status of the sausages were done on the 1st, 10th, 25th, and 35th day of the storage. At all the examined samples of bacon-folk sausage was not identified presence of *Listeria monocitogenes*, *Salmonella spp.*, *Escherihia coli*, and *Staphulococys aureus*. In none of the analyzed sausages' samples the number of aerobic bacteria was not exceed the recommended level of 7 log cfu/g. During the sausages' storage the number of aerobic bacteria increased from 2.08 to 2.93 log cfu/g. Based on the results obtained, the conclusion was made that the low acid and peroxide values are probably due to the low antioxidant effect of goji berry fruits. The fact that the pathogenic bacteria have not been identified in no one of studied sausages groups is probably the result of good hygiene practices in the plant where the sausages were produced and are unaffected by the antimicrobial effect of goji berry additives

Key words: Goji berry, Acid value, Peroxide value, Microbiological status, Bacon-folk sausage



Introduction

Recently, many authors did a research on the influence of various plants and their extracts (garlic, onion, basil, sage, green tea, pumpkin seeds and their extracts) over the oxidative changes and the microbiological status of the meat products (Prasad and Saharma 1981; Ankri and Mirelman, 1999; Burt 2004; Bozkurt 2006; Ashok Kumar et al. 2011; Savic and Danon 1985; Dragoev 2004; Nguefack et al. 2004; Nebedum et al. 2009; Sanchez et al. 2010; Viuda-Martos et al. 2009; Rohlik and Pipek 2011; Rohlik and Pipek 2012).

Studies were carried out on the influence of the fruits of goji over the resistance of the human organism and in general the improvement of the health of people. The fruits of goji berry as freshly squeezed fruit juices, concentrated drinks or in a dry form have been used for thousands of years in the traditional Chinese medicine. Studies show that fruits of goji berry contain a wide spectrum of phytochemicals, vitamins B1, B2 B6, minerals Fe, Zn, and Cu, amino acids (proteins), fatty acids and specific antioxidants so that many health experts call them “super food of berries”. They increase the resistance of the organism and influence on better food digestion (Bucheli et al. 2011; Bone et al. 2003; Potterat et al. 2008; Cucud and Sanlier 2017). There is a little data for the influence of the goji berries over the quality of meat (Serikaisai et al 2014; Bulambaeva et al. 2014). Since there is very little data in the literature on the influence of the fruits of the plant over the oxidative changes and the microbiological state of the meat products, the objective of our research was to investigate the influence of different concentrations of goji berries on the oxidative changes and the microbiological status of the semi-permanent roughly sliced bacon-folk Sausage.

Materials and Methods

As a material of research a semi-durable bacon-folk sausage was used. According to the requests for the quality of minced meat, preparations of meat and meat products (*Official Gazette of RM* No 63/29.04.2013) the bacon-folk sausage belongs to the group of semi-durable roughly minced sausages. The sausage was produced according to the sanitary veterinary regulations of Republic of Macedonia.

The sausage receipt was given in Table 1.

The goji berry dried fruits were minced with a mixer with an adding of sodium chloride as a bearer before they were applied. The so minced fruits of goji berries were applied during the preparation of the mixture. The mixture was filled in narrow pig entrails. For the experiment four groups of bacon-folk sausage were made.

I - group without adding of goji berry (control group)

II - group with adding of 0.1% goji berry

III - group with adding of 0.3 % goji berry

IV - group with adding of 0.5% goji berry

After the filling and draining of the sausage, its thermic processing was started.

The thermic processing was made according to the following formula:

- drying 35 min,
- smoking 20 min at 62°C,
- boiling 35 min at 78°C or until the temperature inside the product doesn't reach 69-72°C.

Following the thermic processing the sausages were vacuumed with a vacuum measure -Vebomak. After the vacuum packing the sausages were kept at 4°C.

Methods of analysis

The samples preparation

After the production, the sausage was stored at 4°C. The sampling for analysis was carried out according



officially recognized methods of analysis recommended by AOAC International (Latimer 2012).

Medium sized samples of mulching two times over an electric mixer.

Followed by any mildew, careful mixing was carried out.

Separate parts from the staple medium laboratory sample were taken for the analysis of chemical indicators.

Acid and peroxide values determination

The acid value was determined according to the MKC EN 1410:2007 method (2007). The peroxide value was examined according to the MKC ISO 27107:2011 method (2011).

Microbiological status

Within the microbiology analyses it was examined the presence of: *Listeria monocytogenes* according to the method MKC EN ISO 11290-1:2008;

Salmonella species according to the method MKC EN ISO 6579:2008; *Escherichia coli* according to the method MKC EN ISO 16649-2:2008; *Staphylococcus aureus* according to the method MKC EN ISO 6888-2:2008; the number of aerobe bacteria according to the method MKC EN ISO 4833-1:2013.

Statistical analysis

The received results were statistically processed by determining a mean value, variation measures, variation analysis, factor of the variation and statistic importance, Anova single factor (Excel MS Office 2003). Results were given as a average \pm standart divistion (SD). For the acidic level and the peroxide number, they were made after three repetitions (n=3). The microbiological status of the sausages samples was determined after five repetitions (n=5).

Results and Discusion

Determination of acid and peroxide value

The the acid value and peroxide value changes in the groups of folk-bacon sausage are presented on Figures 1 and 2. The acid value at all the groups of studied sausages was increased with the highest increase at the control group of sausages (2.08 - 2.65). The peroxide value at the beginning of the control test was $1.02 \text{ mmol/kg} \pm 0.07$ at the control group and $0.76 \text{ mmol/kg} \pm 0.04$ at group IV with an adding of 0.5% minced goji berry fruit. During 35 days sausages' storage at 4°C the peroxide value increases. The highest increase was found in control groups (1.02, 0.40, 1.04, 0.71) and the lowest - in group IV (0.76, 0.47, 1.09, 0.74). According to Matiasevic Biserka (1963) the sensor changes of the sausages are perceptible only when the peroxide value was higher than 5 mmol/kg. It can be concluded that oxidation process in the examined samples was not expressed. The determined lower acid and peroxide values probably are in a result of the small antioxidative activity of the applied minced fruits of goji berries and the vacuum packed sausages.

Seirkaisai et al. (2014) studied the influence of dry goji berry fruits and pumpkin seeds powder on the tability of smoked beef with decreased nitrites content. The addition of 1.0% goji berry and 0.5 % pumpkin seeds improved the sensory determined color of the smoked beef meat was determined (Seirkaisai et al. 2014). Thus it allows decreasing the nitrites content in a finish product characterized with very slight oxidative changes in whole meat product. Bulambaeva et al. (2014) found the use of goji berry and pumpkin seeds in the sausage production influences on the improvement of the sensory evaluated characteristics of the cooked sausages. Yu et al. (2006) determined that the goji berry extract influenced on the people stress decreases.



Determination of microbiological status

The results for microbiological status of the samples were given in Table 2. The results show that at all stages of research at none of the examined sausages it is not found the presence of *Listeria monocitogenes*, *Salmonella species*, *Escherihia coli*, *Staphylococcus aureus*. Only a number of aerobic bacteria is determined. Regarding the microbiological status there is no significant difference between five examined groups of sausages. At none of the analyzed groups of sausages the total number did not exceed the recommended level of 7 log cfu/g. During 35 days of refrigeration the total number of aerobic bacteria ranged from 2.08 ± 0.10 to 2.93 ± 0.18 log cfu/g which is probably due to the good hygiene practice at the production plant where the sausages were made.

Conclusions

The obtained results indicate that the low acid and peroxide values were probably a result of the small antioxidant activity of the applied minced goji berry fruits and the vacuum packing of the sausages. The fact that at none of the examined groups the bacteria mentioned above were not determined is due to the good hygiene practice in the plant production where the groups of sausages were produced, but not as a result of anti-microbial effect of the goji berries fruits.

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Table 1. Recipe of bacon-folk sausage

Raw materials	Group 1 Control sample without addition of dry minced goji berry fruits, %	Group 2 Sample of bacon- folk sausage with addition of 0.1%, dry minced goji berry fruits, %	Group 3 Sample of bacon-folk sausage with addition of 0.3% dry minced goji berry fruits, %	Group 4 Sample of bacon-folk sausage with addition of 0.5% dry minced goji berry fruits, %
Chicken MDM	3	3	3	3
Chicken over a duck	12	12	12	12
Pork trimmings	35	35	35	35
Hard fatty tissue	40	40	40	40
Lean meat	3	3	3	3
Dry minced goji berry fruits	0	0.1	0.3	0.5
Nitrite salt	1.7	1.7	1.7	1.7
Apice mixture Koleks	0.400	0.400	0.400	0.400
Sodium polyposphate	0.500	0.500	0.500	0.500
Emulsifier	2.0	2.0	2.0	2.0
Hard water- frost	5.0	5.0	5.0	5.0

Table 2. Microbiological status of four examined groups of vacuum packed bacon-folk sausage during 35 days of storage at 4°C

Day of storage at 4°C	The number of aerobic bacteria, log cfu/g				Significance
	Group 1 Control sample without addition of dry minced goji berry fruits, %	Group 2 Sample of bacon- folk sausage with addition of 0.1%, dry minced goji berry fruits, %	Group 3 Sample of bacon- folk sausage with addition of 0.3% dry minced goji berry fruits, %	Group 4 Sample of bacon- folk sausage with addition of 0.5% dry minced goji berry fruits, %	
1	2.93±0.18	2.53±0.12	2.18±0.20	2.76±0.28	NS
10	2.86±0.10	2.08±0.10	2.82±0.40	2.50±0.42	NS
25	2.52±0.14	2.11±0.12	2.68±0.48	2.72±0.20	NS
35	2.76±0.28	2.70±0.40	2.76±0.10	2.85±0.18	NS

Notes: In the cells are resented Means ± SD (standart diviation). NS – not significant

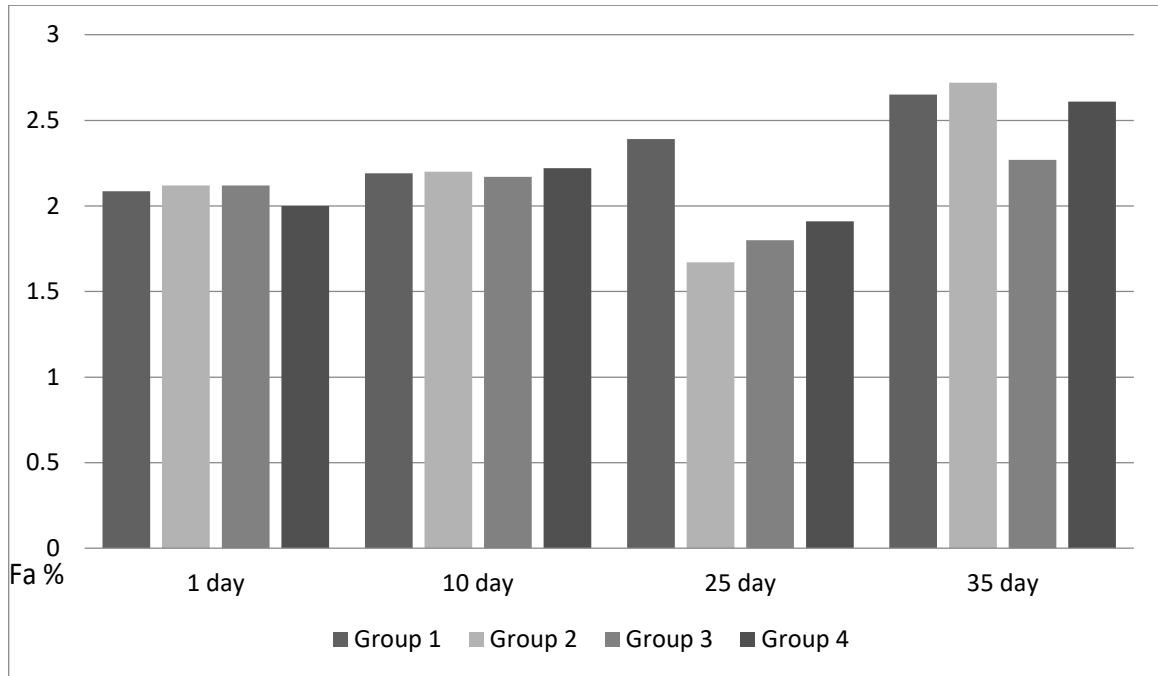


Figure 1. Changes of the acid value of four examined groups of vacuum packed bacon-folk sausage during 35 days of storage at 4°C

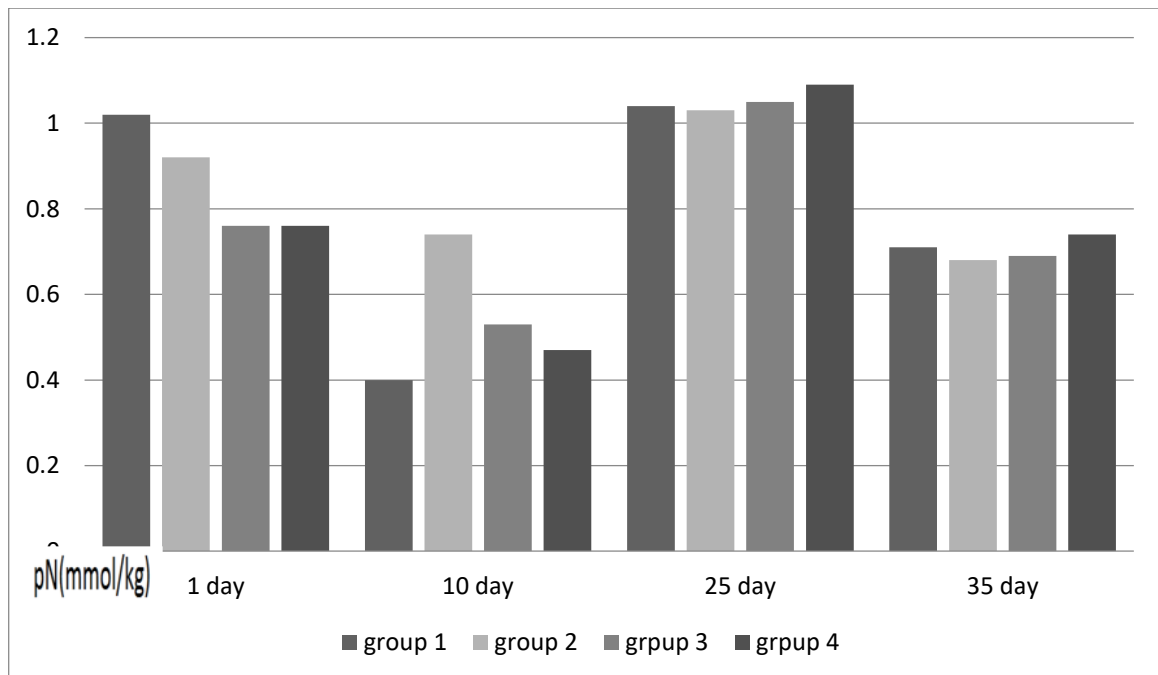


Figure 2. Changes of the peroxide value of four examined groups of vacuum packed bacon-folk sausage during 35 days of storage at 4°C