

Prove that in all triangles ABC holds the inequality

$$(1) \quad \sum \frac{1}{(\sin A + \sin B)^2} \geq 1.$$

Solution. We use the well-known inequality $a^2 + b^2 + c^2 \leq 9R^2$. Since $ab + bc + ca \leq a^2 + b^2 + c^2$, the inequality

$$\sum (a + b)^2 \leq 36R^2$$

holds. By the law of sines the inequality (1) is equivalent to

$$\sum \frac{1}{(a + b)^2} \geq \frac{1}{4R^2}.$$

By Cauchy-Schwarz

$$\sum \frac{1}{(a + b)^2} \geq \frac{9}{\sum (a + b)^2} \geq \frac{1}{4R^2},$$

and we are done.

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