



MAINTENANCE OF ORAL HYGIENE OF DENTAL IMPLANTS

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Introduction: Proper medical approach to loss of teeth is by placing dental implants. They allow transmission of chewing pressure in bone tissue and thus stimulate the regeneration of bone after the loss of teeth. Bad oral hygiene is the most common cause of complications after implantation

Aim: Maintaining oral hygiene after the installation of dental implants is of great importance for the success of the implantation.

Materials and methods: In the period from year to year and a half after the burden on the implants as the most common complication of poor oral hygiene is periimplantitis. Therefore the training of the patient for maintaining oral hygiene is crucial. Check-ups are scheduled for 3 to 6 months and later on, when the patient will develop the technique of maintaining oral hygiene these check-ups can be performed once a year.

Regular brushing of the teeth i.e. of the prosthetic construction, flossing and antiseptic solvents for teeth at home is necessary as an imperative. We recommended that patients use tough antiseptics such as chlorhexidine, Listerine, Septodont and others. Smoking as a risk factor is excluded before placing the implants. The removal of soft deposits, rinsing with antiseptic was done by the therapist at every checkup and the state of the soft tissues around the implants was monitored as well as the osteointegration. The way to maintain oral hygiene is controlled and further instructions are provided.



Results: After the regular check-ups on 3 months, 6 months and a year at these patients with already placed implants we noticed oral hygiene on a very high level according to our instructions and that is one of the main things that the procedure of implanting depends on.

Conclusion: The good side is that the implant cannot be spoiled as natural tooth, but if proper oral hygiene is not maintained there is a risk of developing an infection and loss of the implant.

