

**GOCE DELCEV UNIVERSITY, STIP
FACULTY OF MEDICAL SCIENCES**

**First International Students' Symposium of Faculty of Medical
Sciences**

**CELEBRATING ACHIEVEMENTS IN MEDICINE, PROMOTING
HEALTH AND SHARING KNOWLEDGE**

**STIP, 20 APRIL 2016
MULTIMEDIA CENTRE – GOCE DELCEV UNIVERSITY, STIP**

09:00 – 09:10	Welcome note Prof. Blazo Boev Rector of the University	
09:10 – 09:40	<i>The road to science - for students</i>	Prof. Rubin Gulaboski Dean of the Faculty of Medical Sciences
First session		
Time	Title	Presenter
09:40 – 10:10	<i>Studying the cost of treating diabetes in Bulgaria</i>	Prof. Doneva Miglena
10:10 – 10:20	<i>Features and benefits of ²²³Ra radiopharmaceuticals for treatment of cancer</i>	Andonela Janeva Student
10:20 – 10:30	<i>Immunomodulatory effects of probiotics and their role in allergy</i>	Spase Stojanov Student
10:30 – 10:40	<i>Future therapies for neurodegenerative diseases using molecular tool for editing genes – CRISPR CAS 9</i>	Ana Nikolova Student
10:40 – 10:50	<i>Importance of quantum mechanical tunneling phenomena in life sciences</i>	Petar Davcev Student
10:50 – 11:30 Coffee break		
Second session		
11:30 – 12:00	<i>Regeneration of salivary glands – from in vitro to in vivo models</i>	Prof. Mihnea I. Nicolescu
12:00 – 12:10	<i>Oral health status among dental medicine students in the two final years of studying</i>	Natasa Arsova Student
12:10 – 12:20	<i>Effect of the mitotic inactivation on the properties and biologic activity of mesenchymal human stem cells</i>	Aleksandra Jakovleva Student

12:20 – 12:30	<i>Estimation of proangiogenic properties of artificial microvesicles from SHSY5Y cells</i>	Kristina Jakovleva Student
12:30 – 12:40	<i>Master plan for treatment – Challenge for the future of dentistry</i>	Stefan Kitanovski Student
12:40 – 14:30 Lunch time		
Third session		
14:30 – 15:00	<i>Community-acquired pneumonia</i>	Dr. Rich Wunderink
15:00 – 15:30	<i>Posterior tibial tendonitis and Hip fractures</i>	Dr. David Burandt
15:30 – 15:40	<i>Angiographic and procedural predictors of periprocedural complications</i>	Strahil Todorov Student
15:40 – 15:50	<i>Nonspecific low back pain treated with Kinesiotaping</i>	Kristijan Nikolov Student
15:50 – 16:00	<i>Abstinent syndrome and deviant behaviors investigated in opiate dependent individuals</i>	Martin Angjelov Student
16:00 – 16:10	<i>Acute coronary syndrome</i>	Matej Otjanski Student
16:10 – 16:20 Closing ceremony		
16:20 Awarding of certificates		

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*The organizers would like to acknowledge the support given from
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financial support.*

INTERNATIONAL STUDENTS' SYMPOSIUM OF FACULTY OF MEDICAL SCIENCES
“Celebrating achievements in medicine, promoting health and sharing knowledge”

APRIL 20, 2016 - STIP
ORAL PRESENTATIONS

- 1. The road to science – for students**
Rubin Gulaboski
- 2. Studying the cost of treating diabetes in Bulgaria**
Miglena Doneva
- 3. Features and benefits of ²²³Ra radiopharmaceuticals for treatment of cancer**
Andonela Janeva
- 4. Immunomodulatory effects of probiotics and their role in allergy**
Spase Stojanov
- 5. Future therapies for neurodegenerative diseases using molecular tool for editing genes – CRISPR CAS 9**
Ana Nikolova
- 6. Importance of quantum mechanical tunneling phenomena in life sciences**
Petar Davcev
- 7. Regeneration of salivary glands – from in vitro to in vivo models**
Mihnea I. Nicolescu
- 8. Oral health status among dental medicine students in the two final years of studying**
Natasa Arsova
- 9. Effect of the mitotic inactivation on the properties and biologic activity of mesenchymal human stem cells**
Aleksandra Jakovleva
- 10. Estimation of proangiogenic properties of artificial microvesicles from SHSY5Y cells**
Kristina Jakovleva
- 11. Master plan for treatment – Challenge for the future of dentistry**
Stefan Kitanovski
- 12. Community-acquired pneumonia**
Rich Wunderink
- 13. Posterior tibial tendonitis and Hip fractures**
David Burandt
- 14. Angiographic and procedural predictors of periprocedural complications**
Strahil Todorov
- 15. Nonspecific low back pain treated with Kinesiotapeing**
Kristijan Nikolov
- 16. Abstinent syndrome and deviant behaviors investigated in opiate dependent individuals**
Martin Angelov
- 17. Acute coronary syndrome**
Matej Otjanski

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APRIL 20, 2016 - STIP

POSTER PRESENTATIONS

1. "Incidence of large intestinal carcinoma in patients from Clinical Hospital - Stip for a period of 2010-2015"

Author: Nikola Stoilkovikj; Co-authors: Gjorgji Shumanov and Slobodan Rogac

2. "Oral cavity changes after radiotherapy"

Author: Nikolina Kochovska; Co-author: Darko Kochovski

3. "Doppler ultrasound: noninvasive way of imaging the blood flow"

Author: Aleksandra Ristova – Stojanova; Co-author: Oliver Ristov

4. "Comparison of dissolution test for metronidazole tablets in International and American Pharmacopoeia"

Author: Violeta Koneva; Co-authors: Biljana Gjorgjeska and Sofija Petkovska

5. "Gestational diabetes, experience of the Clinic for Gynecology in Skopje in the period 2013-2015"

Author: Vesna Mladenovska; Co-authors: Biljana Gjorgjeska and Sofija Petkovska

6. "Acupuncture treatment for lumbar disc herniation"

Author: Martin Karovski; Co-authors: Jihe Zhu and Blagica Arsovska

7. "Acupuncture points in treatment of adolescent depression"

Author: Angela Angelovska; Co-authors: Jihe Zhu and Blagica Arsovska

8. "High performance polymers in dental laboratory"

Author: Daniela Mickovska; Co-authors: Ivona Kovacevska, Natasha Denkova and Pavle Apostoloski

9. "Passive suicidal ideation as a risk factor for suicide among cancer patients"

Author: Dijana Miloseva; Co-authors: Lence Miloseva and Dajana Bopkovska

10. "Approximal margin adaptation on class II – posterior interproximal cavity restored with open and closed sandwich technique"

Author: Jane Nacevski; Co-authors: Hristijan Dimoski, Stefan Kitanovski, Ivona Kovacevska, Natasha Denkova and Kiril Mitevski

11. "Anesthetic buffering: new advances for use in dentistry"

Author: Ivana Bojchovska; Co-authors: Darko Kochovski, Sandra Atanasova and Mihajlo Petrovski

12. "Development of an electrochemical method for estimation of the antioxidative capacity of syringic and ferulic acid with ABTS as a redox mediator"

Author: Mihail Aleksandrov; Co-

authors: Viktorija Maksimova and
Rubin Gulaboski

13. **"Varicella in the region of Prilep"**

Author: Meri Stevanoska; Co-authors:
Vera Dzateva, Eva Markovska and
Velo Markovski

14. **"Treatment of insomnia
syndrome with Chinese medicine
and reflex therapy"**

Author: Todorche Monev; Co-author:
Jihe Zhu

15. **"Mandibular supraprosthesis
retained by dental implants - case
report"**

Author: Ljupka Lazarova; Co-author:
Evgenija Trajkoska

16. **"Analgesia during intraoperative
and postoperative period"**

Author: Marinela Popova; Co-authors:
Aleksandra Toneva and Jovanka
Stojmenova

17. **"Representation of different
techniques for determination of the
working length in endodontic
treatment"**

Author: Natasha Denkova; Co-authors:
Katerina Zlatanovska, Simon
Nadzenski, Dragan Spasov and
Mihajlo Petrovski

18. **"Types of toothbrushes"**

Authors: Marija Dejkoska and Andrej
Petrushevski; Co-authors: Sanja
Naskova, Cena Dimova, Verica
Toneva and Darko Kochovski

19. **"Contemporary classification of
supernumerary teeth"**

Author: Igor Cvetanoski; Co-authors:
Marko Petrovski, Sanja Naskova and
Cena Dimova

20. **"Artificial sweeteners and oral
health"**

Author: Ognen Cvetanoski; Co-
authors: Stefan Ilievski, Sanja
Naskova and Cena Dimova

21. **"Using of additional
supplements for oral hygiene"**

Author: Ivana Ristova; Co-authors:
Mihajlo Petrovski, Ivana Bojchovska
and Darko Kochovski

22. **"Anemia as a reason for
hospitalization in the region of
Kumanovo"**

Authors: Stefan Ilievski and Robert
Nikolovski; Co-authors: Kristina
Denchovska, Eva Markovska, Tomica
Anchevski and Velo Markovski

23. **"Prevalence of Down syndrome
in the city of Bitola"**

Author: Menche Petrovska; Co-author:
Nevenka Velichkova

24. **"Applying ROOTT implant
system directly after extraction of
teeth"**

Author: Sarita Kadrova; Co-authors:
Milan Dumitrashkovic, Sanja Naskova
and Cena Dimova

25. **"Epidemiological characteristics
of influenza virus in municipality of
Kumanovo"**

Authors: Robert Nikolovski and
Kristina Denchovska; Co-authors: Eva
Markovska and Velo Markovski

26. **"Gua Sha in back pain and neck
pain"**

Author: Ivana Filipovska; Co-authors:
Blagica Arsovska and Jihe Zhu



**Faculty of Medical Sciences
Goce Delcev University – Stip, Macedonia**

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Nonspecific low back pain treated with Kinesiotaping

Kristijan Nikolov, Tose Krstevski

Faculty of Medical Sciences, Goce Delcev University, Stip

Low back pain (LBP), is one of the most common causes and it's still a leading factor for absence from work.

On international level around 80% of the population has already experienced pain in the low back, furthermore millions of people around the world unfortunately suffer from LBP for more than 12 weeks (6 months a year) which is due to non-specific chronic processes with still unknown underlying pathoanatomic changes.

Although there is no widely adopted treatment protocol, the preferred approach is conservative including: electrotherapy, laser therapy, ultrasound, medications, rest, exercise, manual mobilizations and/or manipulations, acupuncture.

In this study we concentrated our efforts on assessing the effects of the Kinesio taping method. The Kinesio Tape (invented by Dr. & Chiropractor Kenzo Kase 1979) consisting of fine cotton fiber and low % of acryl on the under surface, achieves good adhesion to the cutaneous and under-cutaneous tissues which are its main target. In correlation with isokinetic exercises preformed three time a week, final outcomes have shown a significant decreasing of the pain.

According to this specific process we can infer that there is a significant decrease in pathological processes putting the emphasis on the Neuromuscular & Skeletal disorders and the lymph flow. But there still a need of further research in future so the final physiological process of this treatment could be well explained.