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In  $\Delta ABC$ :

**CIOPLEA'S INEQUALITY – 1**

$$(\sqrt{\sin A} + \sqrt{\sin B} + \sqrt{\sin C}) \left( \frac{1}{\sqrt{\sin A}} + \frac{1}{\sqrt{\sin B}} + \frac{1}{\sqrt{\sin C}} \right) \leq \frac{9R}{2r}$$

*Proof 1 by Kevin Soto Palacios – Huarmey – Peru*

*Proof 2 by Myagmarsuren Yadamsuren-Ulanbataar-Mongolia*

*Proof 3 by Soumava Chakraborty – Kolkata – India*

*Proof 4 by Adil Abdullayev – Baku – Azerbaidian*

*Proof 5 by Martin Lukarevski-Stip-Macedonia*

*Proof 1 by Kevin Soto Palacios – Huarmey – Peru*

**Probar en un triángulo ABC:**

$$(\sqrt{\sin A} + \sqrt{\sin B} + \sqrt{\sin C}) \left( \frac{1}{\sqrt{\sin A}} + \frac{1}{\sqrt{\sin B}} + \frac{1}{\sqrt{\sin C}} \right) \leq \frac{9R}{2r}$$

**1) Tener en cuenta las siguientes desigualdades en un triángulo ABC que**

**han sido demostradas anteriormente:**

$$\frac{R}{r} \geq \frac{c}{b} + \frac{b}{c}, \frac{R}{r} \geq \frac{a}{c} + \frac{c}{a}, \frac{R}{r} \geq \frac{b}{a} + \frac{a}{b}, \frac{R}{r} \geq 2$$

$$\Rightarrow 3 + \sqrt{\frac{a}{b}} + \sqrt{\frac{b}{a}} + \sqrt{\frac{b}{c}} + \sqrt{\frac{c}{b}} + \sqrt{\frac{c}{a}} + \sqrt{\frac{a}{c}} \leq \frac{9R}{2r} \dots (A)$$

**Es suficiente probar que:**

$$\frac{a}{b} + \frac{b}{a} \geq \sqrt{\frac{a}{b}} + \sqrt{\frac{b}{a}} \rightarrow \left( \sqrt{\frac{a}{b}} + \sqrt{\frac{b}{a}} \right)^2 - \left( \sqrt{\frac{a}{b}} + \sqrt{\frac{b}{a}} \right) - 2 =$$



$$= \left( \sqrt{\frac{a}{b}} + \sqrt{\frac{b}{a}} - 2 \right) \left( \sqrt{\frac{a}{b}} + \sqrt{\frac{b}{a}} + 1 \right) \geq 0$$

Siendo esto ultimo verdadero ya que:  $\sqrt{\frac{a}{b}} + \sqrt{\frac{b}{a}} \geq 2 \rightarrow$

$\rightarrow$  (Válido por:  $MA \geq MG$ )

Por la tanto tenemos en ... (A)

$$\begin{aligned} &\Rightarrow 3 + \sqrt{\frac{a}{b}} + \sqrt{\frac{b}{a}} + \sqrt{\frac{b}{c}} + \sqrt{\frac{c}{b}} + \sqrt{\frac{c}{a}} + \sqrt{\frac{a}{c}} \leq \\ &\leq 3 + \left(\frac{a}{b} + \frac{b}{a}\right) + \left(\frac{c}{b} + \frac{b}{c}\right) + \left(\frac{a}{c} + \frac{c}{a}\right) \leq 3 + \frac{3R}{r} \leq \frac{3R}{2r} + \frac{6R}{2r} = \frac{9R}{2r} \dots \text{(LQGD)} \end{aligned}$$

Proof 2 by Myagmarsuren Yadamsuren-Ulanbataar-Mongolia

$$I = (\sqrt{\sin A} + \sqrt{\sin B} + \sqrt{\sin C}) \left( \frac{1}{\sqrt{\sin A}} + \frac{1}{\sqrt{\sin B}} + \frac{1}{\sqrt{\sin C}} \right) \leq \frac{9R}{2r}$$

$$1 \cdot \sqrt{\sin A} + 1 \cdot \sqrt{\sin B} + 1 \cdot \sqrt{\sin C} \leq \sqrt{(1^2 + 1^2 + 1^2)(\sin A + \sin B + \sin C)}$$

$$1 \cdot \sqrt{\sin A} + 1 \cdot \sqrt{\sin B} + 1 \cdot \sqrt{\sin C} \leq \sqrt{(1^2 + 1^2 + 1^2) \left( \frac{1}{\sin A} + \frac{1}{\sin B} + \frac{1}{\sin C} \right)}$$

$$I \leq 3 \cdot \sqrt{(\sin A + \sin B + \sin C) \left( \frac{1}{\sin A} + \frac{1}{\sin B} + \frac{1}{\sin C} \right)}$$

$$p = \frac{a + b + c}{2} = \frac{2R \cdot \sin A + 2R \cdot \sin B + 2R \cdot \sin C}{2}$$

$$1. \sin A + \sin B + \sin C = \frac{p}{R}$$

$$2. \frac{1}{\sin A} + \frac{1}{\sin B} + \frac{1}{\sin C} = \frac{bc}{2 \cdot bc \cdot \sin A} + \frac{ac}{2 \cdot ac \cdot \sin B} + \frac{ab}{2 \cdot ab \cdot \sin C} =$$



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$$\begin{aligned} &= \frac{bc}{2S} + \frac{ac}{2S} + \frac{ab}{2S} = \frac{ab + bc + ca}{2S} = \\ &= \frac{p^2 + 4R \cdot r + r^2}{2 \cdot p \cdot r} \end{aligned}$$

$$\begin{aligned} I &\leq 3 \cdot \sqrt{\frac{p}{R} \cdot \frac{p^2 + 4R \cdot r + r^2}{2p \cdot r}} = 3 \cdot \sqrt{\frac{p^2 + 4R \cdot r + r^2}{2rR}} \stackrel{\text{GERRETSEN}}{\leq} \\ &\leq 3 \cdot \sqrt{\frac{4R^2 + 8R \cdot r + 4r^2}{2R \cdot r}} = 3 \sqrt{\frac{2 \cdot (R + r)^2}{R \cdot r}} = 3 \cdot (R + r) \cdot \sqrt{\frac{2}{R \cdot r}} \stackrel{\text{Euler}}{\leq} \\ &\leq 3 \cdot \left(R + \frac{R}{2}\right) \cdot \sqrt{\frac{2}{(2r) \cdot r}} = \frac{9R}{2r} \end{aligned}$$

*Proof 3 by Soumava Chakraborty – Kolkata – India*

$$\begin{aligned} LHS &= \frac{1}{\sqrt{2R}} (\sqrt{a} + \sqrt{b} + \sqrt{c}) \sqrt{2R} \left( \frac{1}{\sqrt{a}} + \frac{1}{\sqrt{b}} + \frac{1}{\sqrt{c}} \right) = \\ &= 3 + \left( \sqrt{\frac{a}{b}} + \sqrt{\frac{b}{a}} \right) + \left( \sqrt{\frac{b}{c}} + \sqrt{\frac{c}{b}} \right) + \left( \sqrt{\frac{c}{a}} + \sqrt{\frac{a}{c}} \right) = \\ &= 3 + \frac{a+b}{\sqrt{ab}} + \frac{b+c}{\sqrt{bc}} + \frac{c+a}{\sqrt{ac}} = 3 + \frac{2s-c}{\sqrt{ab}} + \frac{2s-a}{\sqrt{bc}} + \frac{2s-b}{\sqrt{ac}} \\ &= 3 + 2s \left( \frac{1}{\sqrt{ab}} + \frac{1}{\sqrt{bc}} + \frac{1}{\sqrt{ca}} \right) - \left( \frac{c}{\sqrt{ab}} + \frac{a}{\sqrt{bc}} + \frac{b}{\sqrt{ca}} \right) \quad (A) \end{aligned}$$

$$\text{Now, } \frac{1}{\sqrt{ab}} + \frac{1}{\sqrt{bc}} + \frac{1}{\sqrt{ca}} \stackrel{CBS}{\leq} \frac{1}{a} + \frac{1}{b} + \frac{1}{c} \quad (1)$$

$$\text{Again, } \frac{c}{\sqrt{ab}} + \frac{a}{\sqrt{bc}} + \frac{b}{\sqrt{ca}} \geq 3 \sqrt[3]{\frac{abc}{abc}} = 3$$



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$$\Rightarrow -\left(\frac{c}{\sqrt{ab}} + \frac{a}{\sqrt{bc}} + \frac{b}{\sqrt{ca}}\right) \leq -3 \quad (2)$$

$$LHS \leq 3 + 2s\left(\frac{1}{a} + \frac{1}{b} + \frac{1}{c}\right) - 3 \quad (\text{using (A), (1) (2)})$$

$$\stackrel{\text{Luenberger}}{\leq} 2s\left(\frac{9R}{4\Delta}\right) = \frac{9Rs}{2rs} = \frac{9R}{2r}$$

(proved)

*Proof 4 by Adil Abdullayev – Baku – Azerbaidian*

$$LHS \leq RHS \Leftrightarrow (\sqrt{a} + \sqrt{b} + \sqrt{c})\left(\frac{1}{\sqrt{a}} + \frac{1}{\sqrt{b}} + \frac{1}{\sqrt{c}}\right) \leq \frac{9R}{2r} \Leftrightarrow$$

$$\Leftrightarrow A := (\sqrt{a} + \sqrt{b} + \sqrt{c})^2 \left(\frac{1}{\sqrt{a}} + \frac{1}{\sqrt{b}} + \frac{1}{\sqrt{c}}\right)^2 \leq \frac{81R^2}{4r^2}$$

$$A \stackrel{C-B-S}{\leq} 3(a+b+c)3\left(\frac{1}{a} + \frac{1}{b} + \frac{1}{c}\right) \leq \frac{81R^2}{4r^2} \Leftrightarrow$$

$$2p \cdot \frac{p^2 + r^2 + 4Rr}{4prR} \leq \frac{9r^2}{4r^2} \Leftrightarrow p^2 \leq \frac{9R^3}{2r} - r^2 - 4Rr$$

$$p^2 \stackrel{\text{GERRETSEN}}{\leq} 4R^2 + 4Rr + 3r^2 \leq \frac{9R^3}{2r} - r^2 - 4Rr \Leftrightarrow 9R^3 - 8r(R+r)^2 \geq 0$$



$$t := \frac{R}{r} \Rightarrow t \geq 2. \quad 9t^3 - 8(t+1)^2 \geq 0 \Leftrightarrow (t-2)(9t^2 + 10t + 4) \geq 0$$

$$\Leftrightarrow \text{EULER}$$

*Proof 5 by Martin Lukarevski-Stip-Macedonia*

**Cioplea's inequality.** In a triangle  $ABC$  let  $R$  and  $r$  denote the circumradius and inradius respectively. Prove that

$$(\sqrt{\sin A} + \sqrt{\sin B} + \sqrt{\sin C}) \left( \frac{1}{\sqrt{\sin A}} + \frac{1}{\sqrt{\sin B}} + \frac{1}{\sqrt{\sin C}} \right) \leq \frac{9R}{2r}.$$

Solution. Let  $a, b, c$  be the sides of the triangle and  $s$  its semiperimeter. The inequality is equivalent to

$$(\sqrt{a} + \sqrt{b} + \sqrt{c})^2 \left( \frac{1}{\sqrt{a}} + \frac{1}{\sqrt{b}} + \frac{1}{\sqrt{c}} \right)^2 \leq \frac{81R^2}{4r^2}.$$

We use the Leuenberger's inequality

$$\frac{1}{a} + \frac{1}{b} + \frac{1}{c} \leq \frac{\sqrt{3}}{2r}.$$

By Cauchy-Schwarz, we get

$$\begin{aligned} (\sqrt{a} + \sqrt{b} + \sqrt{c})^2 \left( \frac{1}{\sqrt{a}} + \frac{1}{\sqrt{b}} + \frac{1}{\sqrt{c}} \right)^2 &\leq 3(a+b+c) \cdot 3 \left( \frac{1}{a} + \frac{1}{b} + \frac{1}{c} \right) \\ &\leq 18s \cdot \frac{\sqrt{3}}{2r} \\ &\leq \frac{81R^2}{4r^2}, \end{aligned}$$

which proves the inequality. The last inequality follows from the well-known  $s \leq 3\sqrt{3}\frac{R}{2}$  and Euler's  $R \geq 2r$ .

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