

第 11 卷第 19 期
2015 年 10 月

亚太传统医药
Asia-Pacific Traditional Medicine

Vol.11 No.19
Oct. 2015

针灸治疗中风病临床研究进展与展望
Jihe Zhu, Ph. D MD1, Blagica Arsovska, B. Sc2

(1. Medical Faculty, "Goce Delcev" Stip, Stip 2000, Macedonia; 2. Faculty of Natural Sciences and Mathematics, University "SS. Cyril and Methodius", Skopje 1000, Macedonia)

摘要：中风患者起病急聚，一经发现需要立即治疗，但是临幊上仍有很高的死亡率和具有较严重的并发症，影响患者健康，极大降低了患者生活质量。目前已经研究出来的有关针灸法治疗中风病已经取得了显著疗效。主要对针灸针灸法治疗中风的临幊研究进行分析，并对未来的研究方向进行展望。

关键词：中风；针灸；临幊研究；研究进展

中图分类号：R255.2 文献标识码：A 文章编码：1673-2197（2015）
19-0039-02

DOI：10.11954/ytctyy.201519016

Progress and Prospect of Clinical Research on Acupuncture Treatment of Stroke
Jihe Zhu, Ph. D MD1, Blagica Arsovska, B. Sc2

(1. Medical Faculty, "Goce Delcev" Stip, Stip 2000, Macedonia; 2. Faculty of Natural Sciences and Mathematics, University "SS. Cyril and Methodius", Skopje 1000, Macedonia)

Abstract: Stroke patients with abrupt onset, a was found to need immediate treatment, but clinical still very high mortality and with more serious complications, affecting the health of patients, greatly reduces the quality of life of patients. Now out of the research on acupuncture treatment of stroke has achieved prominent curative effect. This article is mainly on acupuncture treatment of apoplectic disease clinical studies were analyzed, and the future research direction is discussed in this paper.

Keywords: Stroke; Acupuncture; Clinical Research; Research Progress

参考文献

- [1] 陆青, 韦含汐. 针灸治疗中风病的研究概况[J]. 现代中医药, 2014, 34(1):96-98.
- [2] 郭淑娟, 孙飒, 米勇. 近 5 年针灸治疗中风病恢复期的临床研究现况[J]. 新疆中医药, 2015, 33(1):80-82.
- [3] 杨继鹏, 刘璟莹, 谷红艳, 等. 针灸治疗中风后便秘随机对照临床研究文献 Meta 分析[J]. 中医针灸, 2014, 34(8):833-836.
- [4] 刘启, 唐巍. 针灸治疗中风后痉挛性瘫痪的临床研究进展[J]. 中医药临床杂志, 2014, 26(7): 749-751.
- [5] 孔婧研. 针灸治疗中风后假性球麻痹的临床研究进展[J]. 中国中医药现代远程教育, 2015, 13(1):144-146.
- [6] 励志英. 中医治疗中风后肩手综合征临床研究进展[J]. 河南中医, 2014, 34(6): 1064-1067.
- [7] 王晓华, 周震, 王颖. 针灸治疗中风后失眠临床研究进展[J]. 河北中医, 2014, 36(6): 950-951, 960.
- [8] 张怀艺, 郭耀光, 毛延丽, 等. 针灸治疗中风后失语的多种临床疗法研究近况[J]. 四川中医, 2014, 32(5): 182-184.
- [9] 申伟, 张永臣.《针灸大成》中风病用穴规律探讨 优先出版 [J]. 上海针灸杂志, 2014, 33(8): 775-777.
- [10] 朱根福, 谭玉群, 赵静, 等. 岭南地区近 10 年中风病中医用药规律分析[J]. 中国中医急症, 2014, 23(12): 2197-2199.
- [11] 乔士光. 针灸治疗中风后遗偏瘫临床观察[J]. 辽宁中医药大学学报, 2015, 17(5):115-117.
- [12] 戚秀中, 尤艳利. 针灸治疗缺血性中风从督脉论治探讨 优先出版[J]. 辽宁中医药大学学报, 2015, 17(4):213-215.
- [13] 朱根福, 谭玉群. 岭南地区近 10 年中风病中医症候规律分析[J]. 现代中西医结合杂志, 2015, 24(7): 694-695, 698.
- [14] 陈利芳, 方剑乔, 陈露妮, 等. 基于神经解剖学的现代针灸疗法治疗脑卒中的成果与启示[J]. 针刺研究, 2014, 39(2):164-168.
- [15] 高志群, 杨骏. 针灸治疗中风后痉挛性偏瘫研究进展[J]. 中医药临床杂志, 2014, 26(2):201-203.

- [16] 李节. 中医治疗中风后抑郁症研究进展 优先出版[J]. 辽宁中医药大学学报, 2014, 16(5):251-254.
- [17] 韩旭, 刘黎青. 中医药治疗脑卒中的研究进展[J]. 中医药信息, 2014, 31(4):193-195.
- [18] 田浩林, 韩为. 针灸治疗中风先兆研究概况[J]. 中医药临床杂志, 2015, 27(3):310-313.
- [19] 于波, 张勇. 中医综合康复疗法治疗中风病的研究概述与问题探讨[J]. 中国康复医学杂志, 2015, 30(1): 73-75.
- [20] 何邦睿. 中医分期治疗中风偏瘫研究现状[J]. 实用中医药杂志, 2014, 30(11):1070-1071.

References:

- [1] Lu Qing, Wei Hanxi. Research Summaries of Acupuncture Treatment for Stroke [J]. Modern Traditional Chinese Medicine, 2014, 34(1):96-98.
- [2] Guo Shujuan, Sun Sa, Mi Yong. Clinical Research Situation of Acupuncture Treatment for Stroke Recovery during the Past 5 Years [J]. Xinjiang Journal of Traditional Chinese Medicine and Pharmacy, 2015, 33(1):80-82.
- [3] Yang Jipeng, Liu Jingying, Gu Hongyan, etc. Randomized Controlled Trials of Acupuncture and Moxibustion for Post-stroke Constipation: A Meta Analysis [J]. Chinese Acupuncture & Moxibustion, 2014, 34(8):833-836.
- [4] Liu Qi, Tang Wei. Acupuncture Treatment of Spastic Paralysis after Stroke Clinical Research [J]. Clinical Journal of Traditional Chinese Medicine, 2014, 26(7): 749-751.
- [5] Kong Jingyan. Clinical Advances Research on Pseudo Bulbar Palsy after Stroke by Acupuncture [J]. Chinese Medicine Modern Distance Education of China, 2015, 13(1):144-146.
- [6] Li Zhiying. Clinical Advances Research on Acupuncture Treatment for Shoulder-Hand Syndrome after Stroke [J]. Henan Traditional Chinese Medicine, 2014, 34(6): 1064-1067.
- [7] Wang Xiaohua, Zhou Zhen, Wang Ying. Clinical Advances Research on Acupuncture Treatment for Anhypnia after Stroke [J]. Hebei Journal of Traditional Chinese Medicine, 2014, 36(6): 950-951, 960.
- [8] Zhang Huaiyi, Guo Yaoguang, Mao Tingli, etc. Current Research on Various Acupuncture Therapy in the Treatment of Post-stroke Aphasia [J]. Sichuan Traditional Chinese Medicine, 2014, 32(5): 182-184.

- [9] Shen Wei, Zhang Yongchen. Discussion on Acupoints-selecting Rules for Stroke in *Compendium of Acupuncture and Moxibustion*, , **Published ahead of Print** [J]. Shanghai Journal of Acupuncture and Moxibustion, 2014, 33(8): 775-777.
- [10] Zhu Genfu, Tan Yuqun, Zhao Jing, etc. The Analysis of the Drug Law of Treating Stroke in Lingnan Area during Recent 10 Years [J]. Journal of Emergency Syndromes in Chinese Medicine, 2014, 23(12): 2197-2199.
- [11] Qiao Shiguang. Clinical Observation of Acupuncture Treatment for Post-stroke Inherited Hemiplegia [J]. Journal of Liaoning University of Traditional Chinese Medicine, 2015, 17(5):115-117.
- [12] Qi Xiuzhong, You Yanli. Discussion on Acupuncture Treatment for Ischemic Stroke by Meridians-governing Diagnosis and Treatment, **Published ahead of Print** [J]. Journal of Liaoning University of Traditional Chinese Medicine, 2015, 17(4):213-215.
- [13] Zhu Genfu, Tan Yuqun. Regular Analysis of Stroke Syndromes at Lingnan Region in Nearly 10 Years [J]. Modern Journal of Integrated Traditional Chinese and Western Medicine, 2015, 24(7): 694-695, 698.
- [14] Chen Lifang, Fang Jianqiao, Chen Luni, etc. Achievements and Enlightenment of Modern Acupuncture Therapy for Stroke Based on the Neuroanatomy [J]. Acupuncture Research, 2014,39(2):164-168.
- [15] Gao Zhiqun, Yang Jun. Advances Research on Acupuncture Treatment for Post-stroke Spastic Hemiplegia [J]. Clinical Journal of Traditional Chinese Medicine, 2014,26(2):201-203.
- [16] Li Jie. Research Progress of Traditional Chinese Medicine in Treating Post-Stroke Depression, **Published ahead of Print** [J]. Journal of Liaoning University of Traditional Chinese Medicine, 2014, 16(5):251-254.
- [17] Han Xu, Liu Liqing. Advances Research on TCM Treatment for Cerebral Apoplexy [J]. Information on Traditional Chinese Medicine, 2014, 31(4):193-195.
- [18] Tian Haolin, Han Wei. Research Summaries of Acupuncture Treatment for the sign of Stroke [J]. Clinical Journal of Traditional Chinese Medicine, 2015,27(3):310-313.
- [19] Yu Bo, Zhang Yong. Research Summaries and Question Discussion on Stroke Treated by the Combination of TCM and Rehabilitation [J]. Chinese Journal of Rehabilitation Medicine,

2015, 30(1): 73-75.

- [20] He Bangrui. Research Situation on TCM Treatment Hemiplegia by Stages [J]. Journal of Practical Traditional Chinese Medicine, 2014, 30(11):1070-1071.