



COMPARATIVE ANALYSIS FOR MACRO AND TRACE ELEMENTS CONTENT IN GOJI BERRIES BETWEEN VARIETIES FROM CHINA AND R. MACEDONIA

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Chemical elements and Goji Berries



WHY IS GOJI BERRY (*Lycium barbarum*) A SUPERFOOD?

Size does not matter!

- Goji Berry contains ~500 times more vitamin C than oranges!
- It packs ~15 times more iron than spinach!
- Contains 22 minerals including Zn, Fe, Ca..... and 11 amino acids!!

Benefits for
human health

Essential nutrients in human dietary



Chemical elements and Goji Berries



**Ag, B, Co, Cr,
Ni, Se, Rb, Ge
, Ti, Tl, Si, P**

**Identification of the GEOGRAPHICAL ORIGIN of
Goji berry, their purity or their adulteration**

**Certain forms of some metals/semimetals
can be TOXIC, even in relatively small
amounts, and therefore pose -**

**As, Cd,
Pb, Hg**

RISK TO THE HUMAN HEALTH



ANALYTICAL PROCEDURES

SAMPLE PRETREATMENT

DETERMINATION OF ELEMENTS CONTENTS

Hard organic content of the matrix

**Multi-element mass spectrometry
with ICP as introduction system**

Microwave digestion system

- Closed-high-pressure decomposition
- Mixture of reagents (HNO_3 , H_2O_2)

Model MARS 5, CEM Corporation, USA



Model 7500 cx Agilent, USA



SAMPLES DIGESTION

Dry SAMPLE 0.5 g

5 mL NITRIC acid - HNO_3 (trace select)
2 mL Hydrogen peroxide - H_2O_2 (trace select)

Placed in Teflon vessel

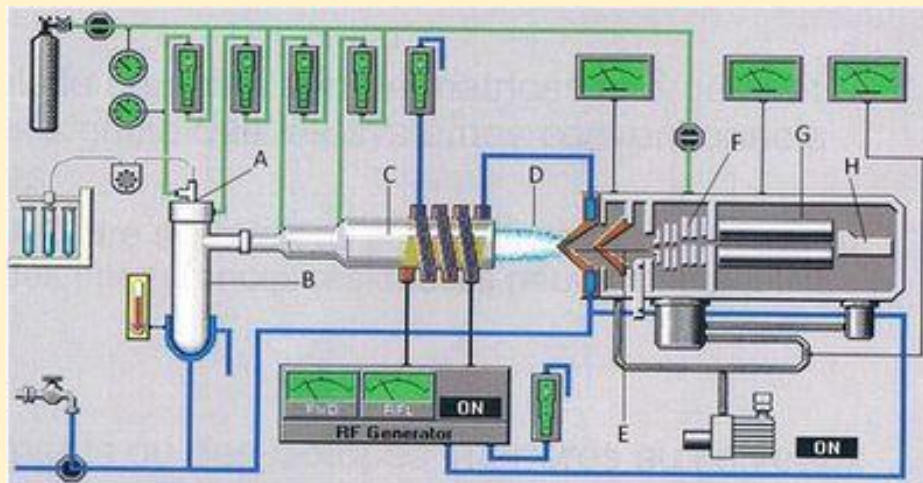
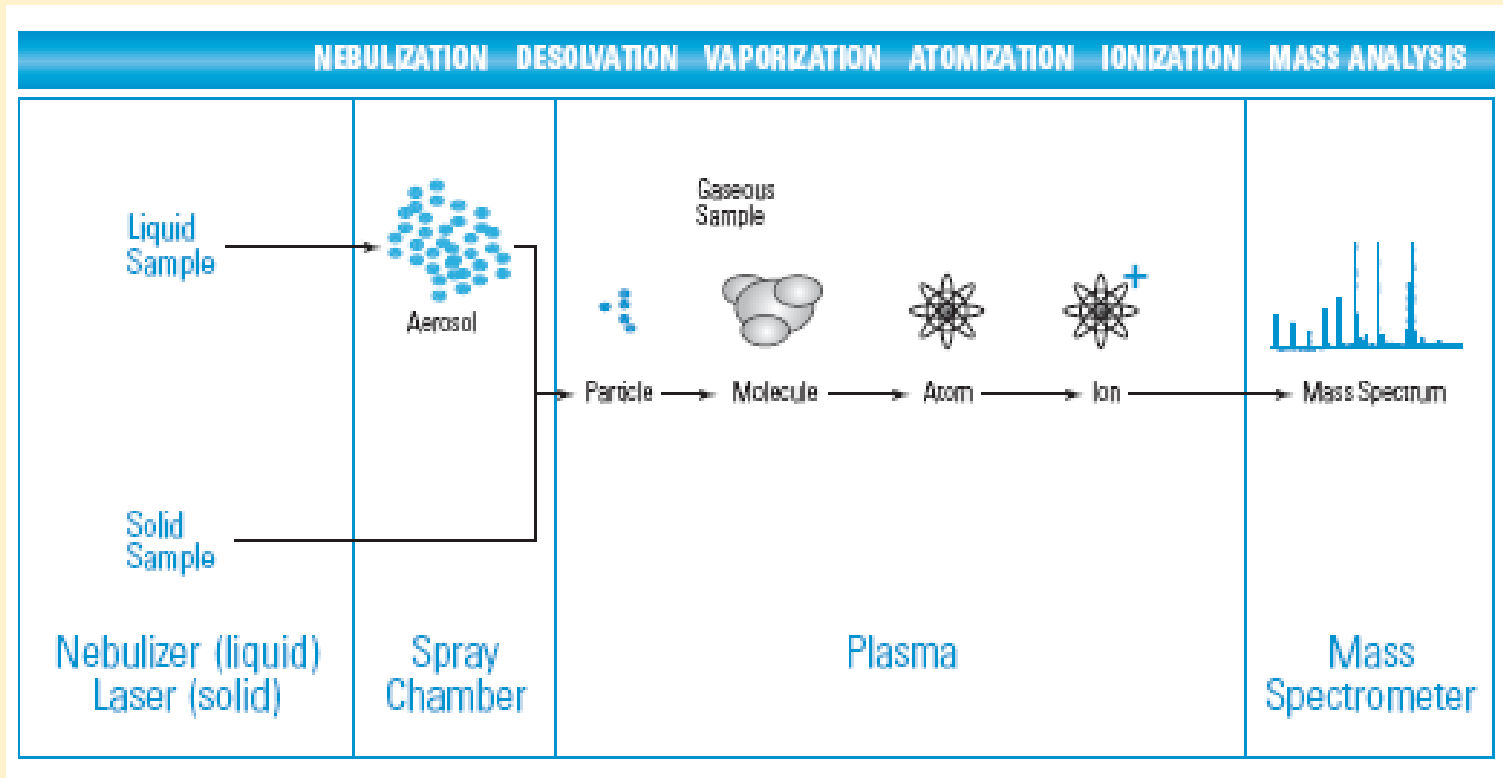
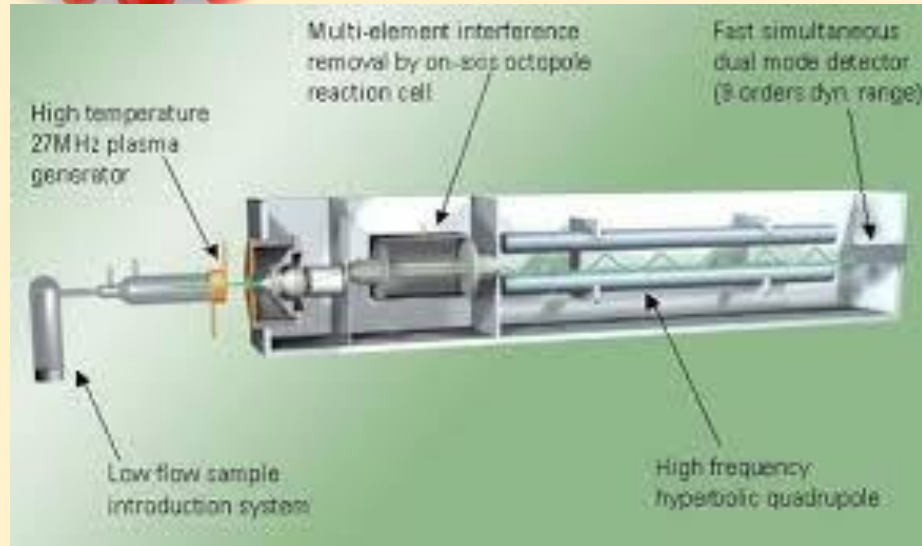
MICROWAVE DIGESTION PROGRAM



Step	Initial temperature	Final temperature	Applied power (W)	Time (min.)
1	25	150	600	15
2	150	150	600	5
3	150	180	800	10
4	180	180	800	10

Closed-high-pressure decomposition

General processes in ICP-MS





DETERMINATION OF ELEMENTS CONTENTS



Element	Isotope	LOQ (mg/kg)
Na	23	0.1
Mg	24	0.1
P	31	0.1
K	39	0.1
Ca	42	0.1
Fe	57	0.05
Ni	60	0.0008
Cu	63	0.0008
Zn	66	0.0009
Ge	72	0.0002
As	75	0.0002
Se	77	0.00015
Cd	111	0.0004
Hg	202	0.00005
Pb	208	0.00001
Bi	209	0.0005

QA/QC

Certified reference material:

SRM 3287 (blueberry)

(National Institute of Standards & Technology,
NIST, Charleston, CS, USA)

For: Ag, Ca, Cu, Fe, Mg, Ni, P, Pb, Zn

Recoveries ranges in 87.5-109%

t- test ($p > 0.05$)

no-significant differences were found

Standard addition method:

10 ppb; R (88.1-112%)

50 ppb; R (85.1-102%)

150 ppb; R (92-105%)

1 ppm; R (75.1-114%)

ICP-MS

INTERFERENCES in ICP-MS - MOLECULAR (POLYATOMIC)
ion at the same nominal mass as the isotope of interest

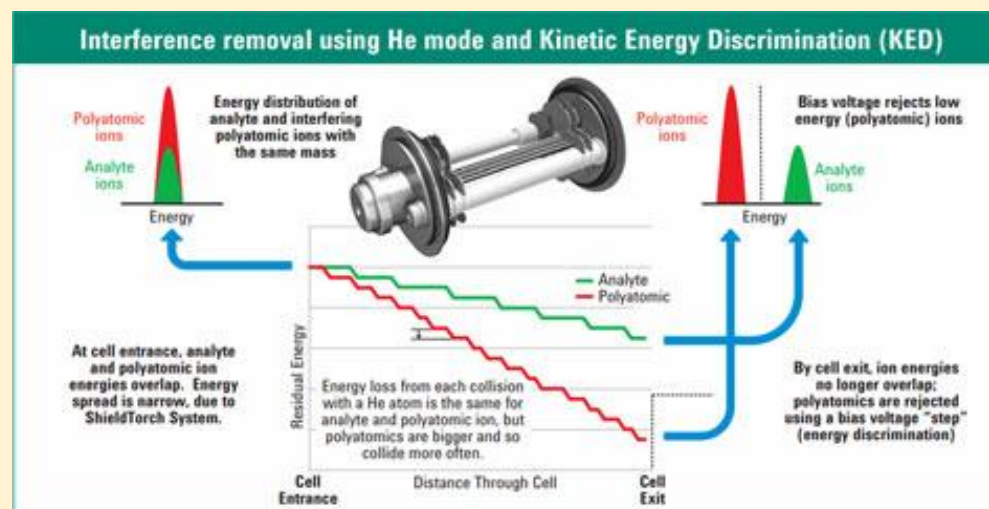


PLASMA-BASED: such as ^{40}Ar , $^{40}\text{Ar}^{16}\text{O}$, and $^{40}\text{Ar}^{38}\text{Ar}$

MATRIX-BASED: such as $^{35}\text{Cl}^{16}\text{O}$, and $^{32}\text{S}^{32}\text{S}$

COLLISION / REACTION CELL (CRS) with optional He gas

^{51}V , ^{53}Cr , ^{57}Fe , ^{60}Ni , ^{63}Cu , ^{66}Zn , ^{72}Ge , ^{75}As , ^{77}Se



Determination of elements contents



INSTRUMENT	
(ICP introduction system)	
Sampler	Cu (standard)
Skimmer	Ni (standard)
Nebulizer	MicroMist (standard)
Plasma torch	Quartz, 2.5 mm (standard)
Integration Time (for all analyzed elements)	0.3 sec x 1 point
Replication	3
Tune parameters	
RF power	1500 W
Sample depth	8.5 mm
Carrier gas	0.80 L/min
Makeup gas	0.23 L/min
Extract lens 1	-3 V
Extract lens 2	-150 V
Energy discriminator	2 V
Reaction gas	He 5.0 mL/min



BASIC STATISTICS

Values given
in mg/kg



Elements (Ch)	Na	Mg	P	K	Ca	Fe	Ni	Cu	Zn	Ge	Se	As	Cd	Hg	Pb	Bi
min	406	1009	1846	2261	507	63.3	1.67	8.91	10.4	0.12	0.025	0.007	0.003	<LOQ	0.015	0.001
max	816	1452	2541	3877	1034	82.6	4.87	14.3	17.6	0.34	0.061	0.036	0.033	0.00024	0.096	0.046
Average	638	1209	2258	3004	751	75.6	3.67	11.5	14.3	0.20	0.042	0.018	0.012	0.00008	0.054	0.012
SD	180	120	261	573	265	10.0	1.63	1.90	3.69	0.12	0.011	0.015	0.017	0.00014	0.028	0.025
Elements (Mk)	Na	Mg	P	K	Ca	Fe	Ni	Cu	Zn	Ge	Se	As	Cd	Hg	Pb	Bi
min	15.2	632	2059	3823	269	20.9	0.21	7.45	7.50	0.12	0.005	0.006	0.055	<LOQ	0.008	0.015
max	27.2	825	2781	5047	478	60.0	0.60	10.8	13.3	0.32	0.018	0.18	0.093	0.00025	0.028	0.060
Average	21.4	707	2234	4310	331	38.9	0.40	9.31	9.44	0.25	0.010	0.06	0.079	0.00006	0.022	0.039
SD	4.22	66.7	160	493	51	16.3	0.16	1.06	1.59	0.09	0.005	0.08	0.016	0.00012	0.010	0.014

Maximum permitted content for Pb and Cd (0.1 mg/kg)



Comparative analysis

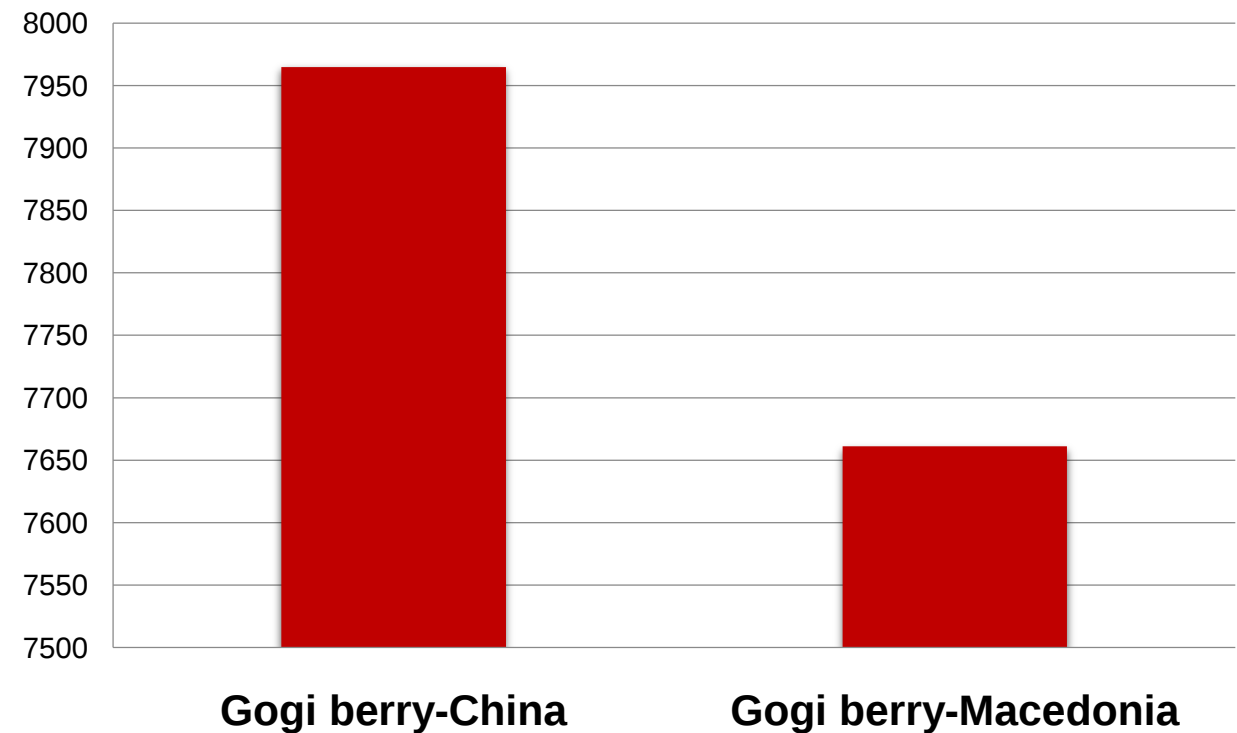


T-test for Dependent Samples

Element	t	p
Na	7.849	0.001
Mg	8.617	0.001
P	-0.700	0.523
K	-4.836	0.008
Ca	3.960	0.017
Fe	4.973	0.008
Ni	5.526	0.005
Cu	3.435	0.026
Zn	2.659	0.056
Ge	-0.923	0.408
Se	4.490	0.011
As	-1.044	0.356
Cd	-5.928	0.004
Hg	0.991	0.378
Pb	3.088	0.037
Bi	-1.952	0.123

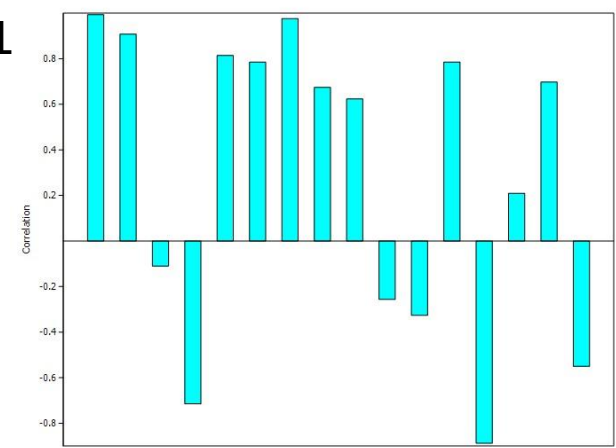
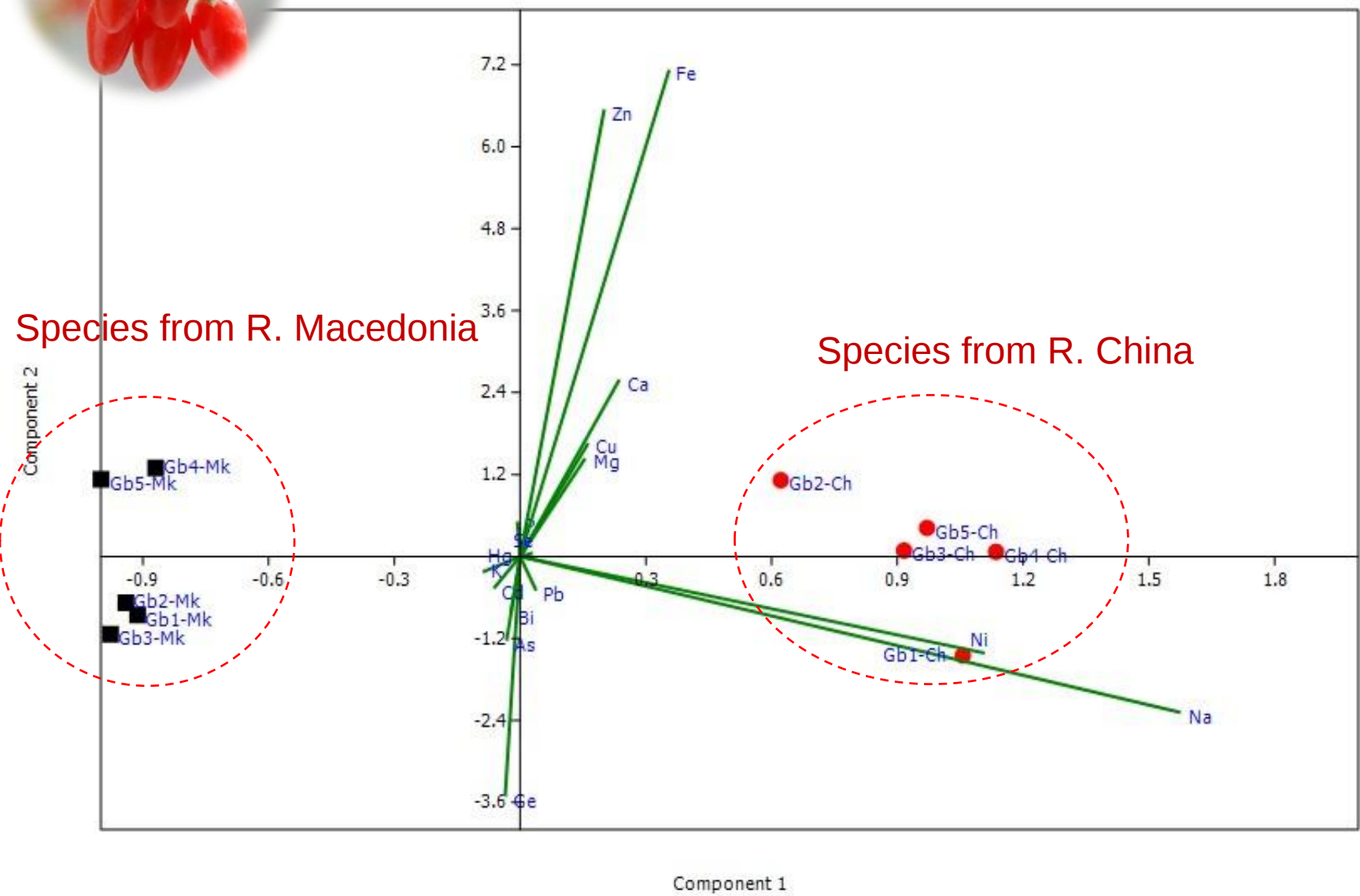
Marked differences are significant at $p < .05000$

Total elements content (mg/kg)

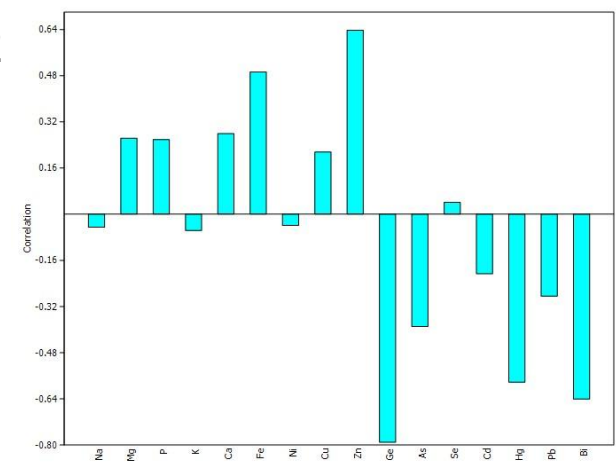




Principal component analysis^{PC1}



PC2



FACTOR ANALYSIS

Most expressed association:

F1: Na-Mg-Fe-Ni-Se-Bi

F2: Zn-Hg-Pb

F3: P-K

F4: Ca-Ge-Cd

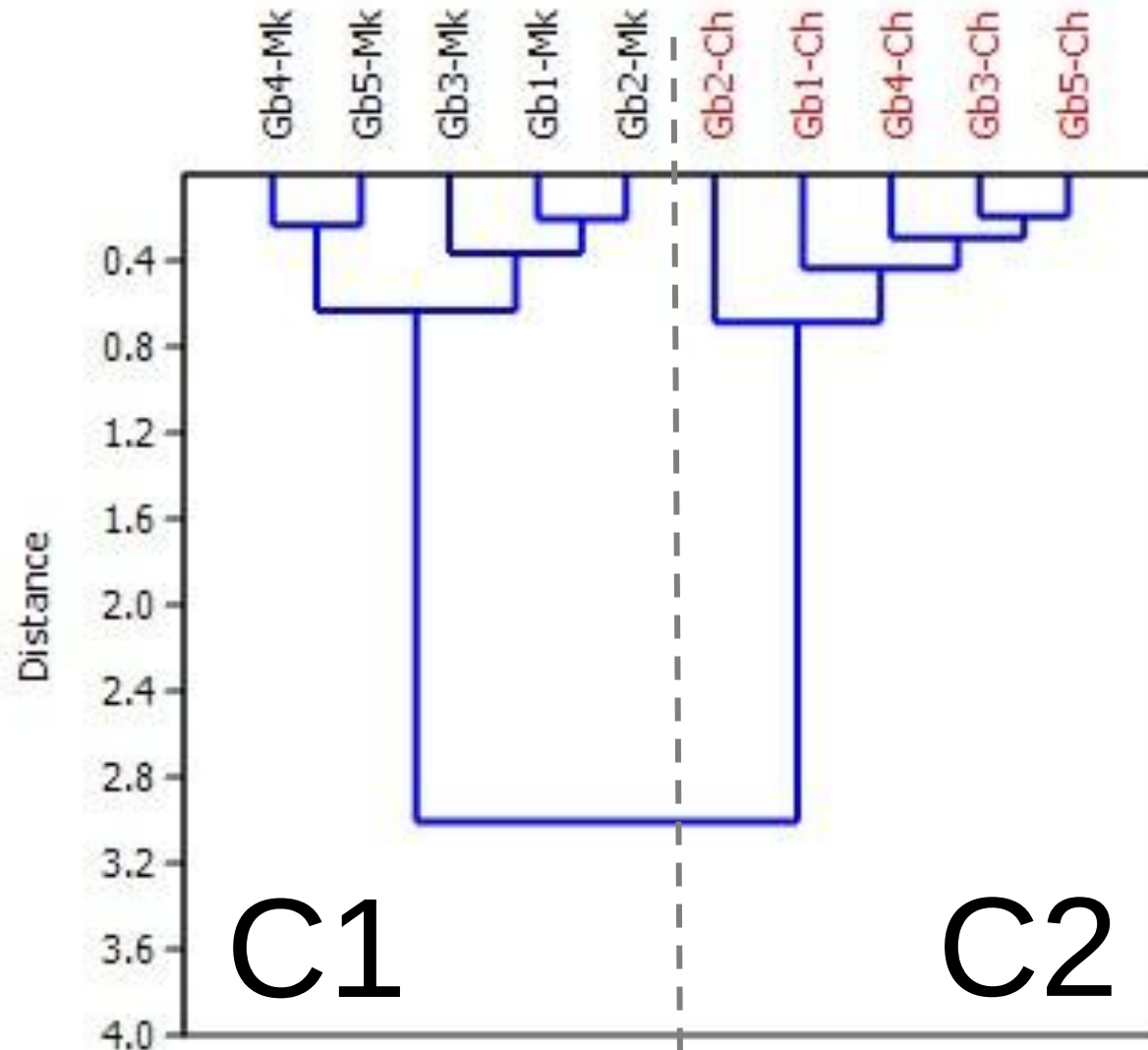
F5: As

Element	F1	F2	F3	F4	F5
Na	0.71	0.32	0.07	0.58	0.11
Mg	0.78	-0.11	0.15	0.49	0.20
P	0.04	-0.01	0.99	-0.05	0.09
K	-0.31	0.01	0.60	-0.70	0.04
Ca	0.20	-0.08	0.06	0.93	0.15
Fe	0.74	-0.15	-0.10	0.56	0.18
Ni	0.94	-0.15	-0.13	0.04	0.12
Cu	0.32	-0.39	0.15	0.70	0.42
Zn	-0.32	0.79	0.18	-0.20	-0.34
Ge	0.22	0.25	-0.28	0.87	0.03
Se	0.76	0.41	0.02	0.44	0.11
As	-0.17	0.02	-0.09	-0.13	-0.97
Cd	-0.54	0.05	0.15	-0.77	-0.09
Hg	0.03	0.92	-0.05	0.01	0.12
Pb	0.44	0.68	-0.18	0.40	-0.05
Bi	-0.59	0.49	-0.02	-0.45	-0.06
Variance	0.27	0.17	0.10	0.29	0.09

Total variance of factor loadings=85.9%



CLUSTER ANALYSES



SIGNIFICANT LOADING VALUES >60% OF THE LINKAGE

Distance measuring:
Ward's method
1-Pearson correlations

CONCLUSIONS

1. The proposed method shows advantages of using :

- Small amount of sample
- The shorter treatment time
- Sensitive method for determination of 16 elements –under same instrumental condition (tune conditions)

2. Monitoring the toxic elements contents (As, Cd, Hg, Pb) is ESSENCIAL – preventing excessive build up of these metals in the human chain

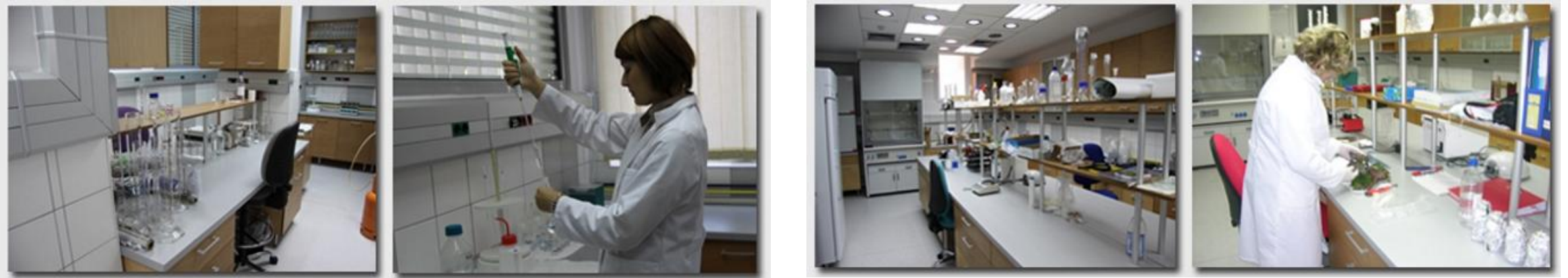
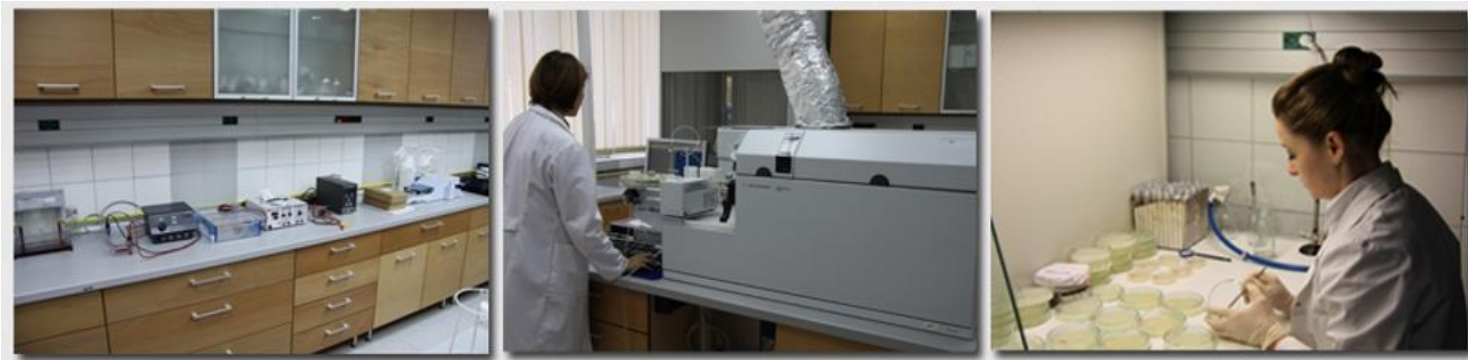
3. Determination of the geographical origin



Acknowledgment



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20 YEARS TRAKIA UNIVERSITY SCIENTIFIC ANNIVERSARY CONFERENCE, May 19 - 20, 2015, Stara Zagora



Thank you for your attention!